

SOSSA 2017 Championship
Track and Field - 2017-05-18
Niagara Olympic Club Track
Results

Women Open 100 Meter Dash Midget

SOSSA Inc.: 12.72 R 2013-05-23 Viktoria Vanzanten, Heritage Christian

Name	School	Prelims	H#
Preliminaries			
1 Grace Teal	E. L. CROSSLEY - FONTHILL	13.53 Q	2
2 Mia Friesen	GOVERNOR SIMCOE-ST. CAT	13.64 Q	1
3 Chidera Onyegbule	HOLY CROSS-ST. CATH	13.61 Q	2
4 Nina Shaikh	A.N. MYER - NIAGARA FALLS	13.77 Q	1
5 Meaghan Koning	GUIDO DE BRES	13.63 Q	2
6 Jordyn Devries	A.N. MYER - NIAGARA FALLS	13.86 Q	1
7 Devon Fiander	DSBN ACADEMY	13.85 q	2
8 Clare Malhinha	WATERDOWN	13.87 q	1
9 Jordan Rogers	WESTMOUNT	13.91	2
10 Kristy-Lei Thom	BLESSED TRINITY-GRIMSBY	14.00	1
11 Kiernan Knight	ANCASTER HIGH	14.04	2
12 Megan Louws	FORT ERIE - FORT ERIE	14.06	1
13 Merissa Spiers	WINSTON CHURCHILL - ST. C	14.19	2
14 Emma Kalailieff	E. L. CROSSLEY - FONTHILL	14.37	1
--- Patrice Temush	DUNDAS VALLEY	DQ	1

Women Open 100 Meter Dash Midget

SOSSA Inc.: 12.72 R 2013-05-23 Viktoria Vanzanten, Heritage Christian

Name	School	Finals	
Finals			
1 Meaghan Koning	GUIDO DE BRES	13.38	
2 Mia Friesen	GOVERNOR SIMCOE-ST. CAT	13.48	
3 Grace Teal	E. L. CROSSLEY - FONTHILL	13.49	
4 Chidera Onyegbule	HOLY CROSS-ST. CATH	13.68	
5 Clare Malhinha	WATERDOWN	13.79	
6 Nina Shaikh	A.N. MYER - NIAGARA FALLS	13.89	
7 Jordyn Devries	A.N. MYER - NIAGARA FALLS	13.91	
--- Devon Fiander	DSBN ACADEMY	DNF	

Women Open 200 Meter Dash Midget

SOSSA Inc.: 26.62 R 2013-05-23 Viktoria Vanzanten, Heritage Christian

Name	School	Finals	H#
Finals			
1 Grace Teal	E. L. CROSSLEY - FONTHILL	27.95	2
2 Meaghan Koning	GUIDO DE BRES	28.08	2
3 Cassie Murphy	THOROLD - THOROLD	28.12	2
4 Clare Malhinha	WATERDOWN	28.85	2
5 Molly Koop	EDEN HIGH SCHOOL - ST. CA'	29.18	2
6 Kiernan Knight	ANCASTER HIGH	29.43	2
7 Milady Adema	WESTLANE - NIAGARA FALL	29.48	1
8 Jordan Rogers	WESTMOUNT	29.62	1
9 Sarah Bland	WESTMOUNT	29.69	1
10 Josee Severin	SAINT PAUL -NIAGARAFALLS	29.74	2
11 Jordyn Devries	A.N. MYER - NIAGARA FALLS	29.89	2
12 Addi Smith	WATERDOWN	30.74	1
13 Jaden Bodogh De Lima	DENIS MORRIS ST. CATH	31.05	1

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Finals ... (Women Open 200 Meter Dash Midget)

Name	School	Finals	H#
14 Izirouwa Usanlele	HOLY CROSS-ST. CATH	31.07	1
15 Kira Cherevaty	CENTENNIAL - WELLAND	32.81	1

Women Open 400 Meter Dash Midget

SOSSA Inc.: 57.70 R 2013-05-23 Jenna Smith, Highland

Name	School	Finals	H#
Finals			
1 Sofia Labricciosa	E. L. CROSSLEY - FONTHILL	59.81	2
2 Cassie Murphy	THOROLD - THOROLD	1:02.27	2
3 Molly Koop	EDEN HIGH SCHOOL - ST. CA	1:03.80	2
4 Emily Law	DUNDAS VALLEY	1:03.85	2
5 Jaden Bodogh De Lima	DENIS MORRIS ST. CATH	1:06.26	2
6 Josee Severin	SAINT PAUL -NIAGARAFALLS	1:06.36	2
7 Grace Voelkner	WINSTON CHURCHILL - ST. C	1:09.34	2
8 Kira Cherevaty	CENTENNIAL - WELLAND	1:11.35	1
9 Jillian Vescio	SAINT PAUL -NIAGARAFALLS	1:11.54	1
10 Courtney Widmer	GUIDO DE BRES	1:26.20	1
11 Claudia Aguilera	LAKESHORE CATHOLIC-POR	1:26.43	1
--- Bella McGinnis	WINSTON CHURCHILL - ST. C	DNF	2

Women Open 800 Meter Run Midget

SOSSA Inc.: 2:19.47 R 2014-05-22 Fin Adams, Highland

Name	School	Finals	H#
Finals			
1 Brenna Ainslie	WESTLANE - NIAGARA FALL	2:30.21	2
2 Bella McGinnis	WINSTON CHURCHILL - ST. C	2:44.81	2
3 Lauren Macsai	LAKESHORE CATHOLIC-POR	2:47.26	2
4 Lexie Anonech	DUNDAS VALLEY	2:48.89	2
5 Nicole Beach	BLESSED TRINITY-GRIMSBY	2:48.92	1
6 Madeline Deboer	BLESSED TRINITY-GRIMSBY	2:51.03	2
7 Courtney Widmer	GUIDO DE BRES	2:51.98	1
8 Sydney Matheson	WESTMOUNT	2:53.76	1
9 Kristen Elver	ST. FRANCIS-ST.CATH	2:55.62	1
10 Cori Macsai	LAKESHORE CATHOLIC-POR	2:56.23	1
11 Samantha Murray	SIR JOHN A MACDONALD	2:58.34	2
12 Julia Maves	A.N. MYER - NIAGARA FALLS	3:03.74	2
13 Katie Wilcox	BLESSED TRINITY-GRIMSBY	3:04.33	1
14 Ajin Saidali	NORA FRANCES HENDERSON	3:06.53	1
15 Jillian Vescio	SAINT PAUL -NIAGARAFALLS	3:27.89	2

Women Open 1500 Meter Run Midget

SOSSA Inc.: 4:49.63 R 2004-05-20 Kelsie Slater, Grimsby

Name	School	Finals	H#
Finals			
1 Sarah Cushnie	WESTDALE	5:14.22	
2 Brenna Ainslie	WESTLANE - NIAGARA FALL	5:20.25	
3 Sydney Grummett	E. L. CROSSLEY - FONTHILL	5:29.56	
4 Lauren Macsai	LAKESHORE CATHOLIC-POR	5:33.63	
5 Victoria Scott	GRIMSBY - GRIMSBY	5:35.83	

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Finals ... (Women Open 1500 Meter Run Midget)

Name	School	Finals
6 Keerit Shergill	SALTFLEET	5:42.44
7 Courtney Widmer	GUIDO DE BRES	5:43.52
8 Lexie Anonech	DUNDAS VALLEY	5:45.80
9 Jessica Acaster	CENTENNIAL - WELLAND	5:46.63
10 Bella McGinnis	WINSTON CHURCHILL - ST. C	5:47.91
11 Olivia Morey	EDEN HIGH SCHOOL - ST. CA'	5:52.48
12 Breanna Smith	DSBN ACADEMY	5:57.68
13 Sophie McMullin	SMITHVILLE CHRIST HS -SMI	5:58.10
14 Cori Macsai	LAKESHORE CATHOLIC-POR'	6:01.95
15 Emily Cox	DUNDAS VALLEY	6:08.06
16 Samantha Murray	SIR JOHN A MACDONALD	6:08.95

Women Open 3000 Meter Run Midget

SOSSA Inc.: 10:47.87 R 2012-05-24 Stephanie Ryall, Westdale

Name	School	Finals
Finals		
1 Sarah Cushnie	WESTDALE	12:02.28
2 Brenna Ainslie	WESTLANE - NIAGARA FALL	13:17.13
3 Jessica Acaster	CENTENNIAL - WELLAND	13:22.17
4 Emily Cox	DUNDAS VALLEY	13:41.04
5 Ashley Leggett	CENTENNIAL - WELLAND	14:35.13
6 Annie Sterenberg	GREAT LAKES CHRISTIAN HI	14:40.00

Women Open 80 Meter Hurdles Midget

SOSSA Inc.: 12.02 R 2016-05-19 Sarah Saldutto, NDC-Welland

Name	School	Prelims	H#
Preliminaries			
1 Sofia Labricciosa	E. L. CROSSLEY - FONTHILL	13.27 Q	1
2 Mia Friesen	GOVERNOR SIMCOE-ST. CAT	13.28 Q	2
3 Patrice Temush	DUNDAS VALLEY	13.45 Q	1
4 Charlotte Chan	WINSTON CHURCHILL - ST. C	13.59 Q	2
5 Sierra Dykstra	GOVERNOR SIMCOE-ST. CAT	14.27 Q	1
6 Devon Fiander	DSBN ACADEMY	14.73 Q	2
7 Sydney Grummett	E. L. CROSSLEY - FONTHILL	14.85 q	1
8 Kristy-Lei Thom	BLESSED TRINITY-GRIMSBY	14.91 q	2
9 Sophia Wilson	DUNDAS VALLEY	15.14	2
10 Regan Berlin	DUNDAS VALLEY	16.94	2
11 Hannah Wolfenden	HAMILTON DISTRICT	17.14	1
12 Vanessa Olayiwola	NORA FRANCES HENDERSON	17.48	2
13 Madelynne Davis	E. L. CROSSLEY - FONTHILL	18.54	1
--- Makayla SahsBandy	RIDGEWAY-CRYSTAL-BEACH	DNF	1

Women Open 80 Meter Hurdles Midget

SOSSA Inc.: 12.02 R 2016-05-19 Sarah Saldutto, NDC-Welland

Name	School	Finals
Finals		
1 Sofia Labricciosa	E. L. CROSSLEY - FONTHILL	13.14
2 Patrice Temush	DUNDAS VALLEY	13.35
3 Sierra Dykstra	GOVERNOR SIMCOE-ST. CAT	13.41

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Name	School	Finals
4 Charlotte Chan	WINSTON CHURCHILL - ST. C	13.45
5 Mia Friesen	GOVERNOR SIMCOE-ST. CAT	13.52
6 Kristy-Lei Thom	BLESSED TRINITY-GRIMSBY	14.20
7 Devon Fiander	DSBN ACADEMY	14.22
8 Sydney Grummett	E. L. CROSSLEY - FONTHILL	14.55

Women Open 300 Meter Hurdles Midget

SOSSA Inc.: 47.46 R 2005-05-19 Ester Vermeer, Smithville Christian

Name	School	Finals	H#
Finals			
1 Sofia Labricciosa	E. L. CROSSLEY - FONTHILL	48.43	2
2 Sierra Dykstra	GOVERNOR SIMCOE-ST. CAT	49.92	2
3 Devon Fiander	DSBN ACADEMY	52.77	2
4 Emily Law	DUNDAS VALLEY	53.31	2
5 Megan Louws	FORT ERIE - FORT ERIE	53.44	2
6 Charlotte Chan	WINSTON CHURCHILL - ST. C	54.86	2
7 Sommer Newton	CENTENNIAL - WELLAND	56.03	1
8 Sydney Grummett	E. L. CROSSLEY - FONTHILL	56.11	2
9 Nicole Beach	BLESSED TRINITY-GRIMSBY	56.53	2
10 Ashley Leggett	CENTENNIAL - WELLAND	58.64	1
11 Regan Berlin	DUNDAS VALLEY	1:02.19	1
12 Vanessa Olayiwola	NORA FRANCES HENDERSON	1:05.21	1

Women Open 4x100 Meter Relay Midget

SOSSA Inc.: 52.25 R 2017-05-18 E. L. Crossley - Fonthill, ELCSS-Fonthill

G Teal, S Labricciosa, E Kalailieff, P Clements

SOSSA Ties: 50.81 T 5-2010 E.L. Crossley

Team	Relay	Finals	H#
Finals			
1 E. L. CROSSLEY - FONTHILL		52.25 R	2
1) Grace Teal	2) Sofia Labricciosa	3) Emma Kalailieff	4) Paige Clements
5) Nicole Jimenez	6) Sydney Grummett		
2 DUNDAS VALLEY		54.82	2
1) Sophia Wilson	2) Emily Law	3) Patrice Temush	4) Victoria Gyoffrey
5) Emma Smith			
3 WATERDOWN		55.58	2
1) Bailey Lowe	2) Addi Smith	3) Mya Markewich	4) Clare Malhinha
4 HOLY CROSS-ST. CATH		55.68	2
1) Kasaundra Pariak	2) Emma Currie	3) Uwa Usanele	4) Chidera Onyegbule
5) Avery Clark			
5 WESTMOUNT		56.98	2
1) Sarah Bland	2) Sydney Matheson	3) Emily Holjack	4) Jordan Rogers
5) Cassandra Joseph			
6 WINSTON CHURCHILL - ST		58.30	2
1) Charlotte Chan	2) Grace Voelkner	3) Merissa Spiers	4) Marrin Haskill
5) Bella McGinnis	6) Claire Atero		
7 NORA FRANCES HENDERSO		58.91	1
1) Dema Darwish	2) Vanessa Olayiwola	3) Emma Cooper	4) Lilian Tran
5) Jaden Tomlinson			
8 ES JEAN VANIER - WELLAN		59.70	2
1) Jenna Vandenbosch	2) Briane Humble	3) Kaija Douthwright	4) Heather Buller

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Finals ... (Women Open 4x100 Meter Relay Midget)

Team	Relay	Finals	H#
9 BLESSED TRINITY-GRIMSBY		1:01.14	1
1) Nicole Beach	2) Kristy-Lei Thom	3) Josie Fuller	4) Hailey Mitford
--- SALT FLEET		DQ	1
1) Hannah Fletcher	2) Janea Achiosio	3) Nikki Kim	4) Anusha Khalid
5) Priya Noranyan			
--- CENTENNIAL - WELLAND		DQ	2
1) Desha Abbot	2) Kira Cherevaty	3) Ashley Leggett	4) Sommer Newton
5) Jessica Acaster			

Women Open High Jump Midget

SOSSA Inc.: 1.70m R 2012-05-24 Shyla Cardy, EL Crossley

Name	School	Finals
Finals		
1 Maggie Weatherdon	GRIMSBY - GRIMSBY	1.58m
2 Michelle Ludwig	SMITHVILLE CHRIST HS -SMI	1.49m
3 Felicia Bouaban	DSBN ACADEMY	1.43m
4 Erica Sumbler	WINSTON CHURCHILL - ST. C	1.35m
4 Emma Smith	DUNDAS VALLEY	1.35m
4 Sommer Newton	CENTENNIAL - WELLAND	1.35m
7 Merissa Spiers	WINSTON CHURCHILL - ST. C	1.30m
--- Lauren Gauthier	NOTRE DAME COLLEGE - WE	FAIL

Women Open Pole Vault Midget

SOSSA Inc.: 3.05m R 2016-05-19 Maya Fetic, ANMSS-Niagara Fa

Name	School	Finals
Finals		
1 Paige Clements	E. L. CROSSLEY - FONTHILL	1.80m
2 Emma Hilts	E. L. CROSSLEY - FONTHILL	1.70m

Women Open Long Jump Midget

SOSSA Inc.: 5.38m R 2016-05-19 Sarah Saldutto, NDC-Welland

Name	School	Finals
Finals		
1 Grace Cooper	MCKINNON PARK - CALEDON	4.54m
2 Grace Teal	E. L. CROSSLEY - FONTHILL	4.38m
3 Brooklin Duff	MCKINNON PARK - CALEDON	4.30m
4 Chidera Onyegbule	HOLY CROSS-ST. CATH	4.29m
5 Victoria Scott	GRIMSBY - GRIMSBY	4.28m
6 Sommer Newton	CENTENNIAL - WELLAND	4.25m
7 Cassandra Joseph	WESTMOUNT	4.19m
8 Heidi Nelson	WESTDALE	4.12m
9 Makayla Sahsbandy	RIDGEWAY-CRYSTAL-BEACH	4.00m
10 Brooklyn Brown	THOROLD - THOROLD	3.99m
11 Maddison Coleman	PORT COLBORNE - PORT COL	3.98m
12 Emma Hilts	E. L. CROSSLEY - FONTHILL	3.96m
13 Cree McNeil	THOROLD - THOROLD	3.93m
14 Erika Aguilera	DENIS MORRIS ST. CATH	3.86m
15 Lea Vaillant	A.N. MYER - NIAGARA FALLS	3.79m
16 Emma Smith	DUNDAS VALLEY	3.75m
17 Ella Oucharek	SIR JOHN A MACDONALD	3.62m

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Women Open Triple Jump Midget

SOSSA Inc.: 11.14m R 2015-05-21 Caitlyn Hamm, RCBHS

Name	School	Finals
Finals		
1 Grace Cooper	MCKINNON PARK - CALEDON	10.48m
2 Mia Friesen	GOVERNOR SIMCOE-ST. CAT	10.38m
3 Nina Shaikh	A.N. MYER - NIAGARA FALLS	9.50m
4 Brooklin Duff	MCKINNON PARK - CALEDON	9.27m
5 Ellie McMaster	MCKINNON PARK - CALEDON	9.12m
6 Allyson Heida	EDEN HIGH SCHOOL - ST. CA	8.91m
7 Felicia Bouaban	DSBN ACADEMY	8.87m
8 Katrina Meinders	SMITHVILLE CHRIST HS -SMI	8.76m
9 Amber Swent	CAYUGA	8.60m
10 Lea Vaillant	A.N. MYER - NIAGARA FALLS	8.52m
11 Jenna Vandenbosch	ES JEAN VANIER - WELLAND	8.40m
12 Victoria Balassone	BLESSED TRINITY-GRIMSBY	8.38m
13 Katherine Kononyuk	A.N. MYER - NIAGARA FALLS	7.92m
14 Isabelle Sinclair	ES JEAN VANIER - WELLAND	7.61m
--- Rachel Kampen	GUIDO DE BRES	FOUL

Women Open Shot Put 3 kg Midget

SOSSA Inc.: 15.22m R 2015-05-21 Trinity Tutti, Eastdale

SOSSA Ties: 11.86m T 5-2014 *4kg* Grace Tennant, South Lincoln

Name	School	Finals
Finals		
1 Beth Hunter-French	A.N. MYER - NIAGARA FALLS	10.35m
2 Theodora Mollicone	FORT ERIE - FORT ERIE	10.17m
3 Jahnee Edwards	NORA FRANCES HENDERSON	10.00m
4 Tia Chan	WESTMOUNT	9.92m
5 Jordan Matthews	DUNDAS VALLEY	9.90m
6 Savannah Richardson	CENTENNIAL - WELLAND	8.73m
7 Ashley Harris	WINSTON CHURCHILL - ST. C	8.70m
8 Faith Ingebrigtsen	CENTENNIAL - WELLAND	8.42m
9 Larissa Howard	NORA FRANCES HENDERSON	8.31m
10 Desiny Plamondon	LAURA SECORD - ST. CATHA	8.02m
10 Kaylin Loeb	EASTDALE - WELLAND	8.02m
12 Kyra Guzylak-Nessam	SIR ALLAN MACNAB	7.85m
13 Belle Tostik	SMITHVILLE CHRIST HS -SMI	7.33m
14 Angelique Merrill	HOLY CROSS-ST. CATH	7.31m
15 Maddie Disalvo	DUNDAS VALLEY	7.03m
16 Sydney Alexendar	THOROLD - THOROLD	6.71m

Women Open Discus Throw 1kg Midget

SOSSA Inc.: 40.81m R 2015-05-21 Trinity Tutti, Eastdale

Name	School	Finals
Finals		
1 Savannah Richardson	CENTENNIAL - WELLAND	24.02m
2 Candice Goulding	FORT ERIE - FORT ERIE	23.00m
3 Desha Abbot	CENTENNIAL - WELLAND	22.93m
4 Danielle Larocque	FORT ERIE - FORT ERIE	22.91m

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Name	School	Finals
5 Desiny Plamondon	LAURA SECORD - ST. CATHA	22.05m
6 Tia Chan	WESTMOUNT	21.19m
7 Jordan Matthews	DUNDAS VALLEY	19.51m
8 Jahnee Edwards	NORA FRANCES HENDERSON	19.08m
9 Kyra Guzylak-Nessam	SIR ALLAN MACNAB	17.74m
10 Ashley Harris	WINSTON CHURCHILL - ST. C	17.08m
11 Maddie Disalvo	DUNDAS VALLEY	16.93m
12 Belle Tostik	SMITHVILLE CHRIST HS -SMI	16.89m
13 Cassandra Joseph	WESTMOUNT	16.24m
14 Theodora Mollicone	FORT ERIE - FORT ERIE	15.64m
15 Sydney Alexendar	THOROLD - THOROLD	15.18m
16 Fermisk Khairadast	DENIS MORRIS ST. CATH	14.80m

Women Open Javelin Throw 600g Midget

SOSSA Inc.: 36.64m R 2015-05-21 Trinity Tutti, Eastdale

Name	School	Finals
Finals		
1 Tia Chan	WESTMOUNT	28.65m
2 Leslie Buck	PORT COLBORNE - PORT COL	26.56m
3 Grace Cooper	MCKINNON PARK - CALEDON	24.53m
4 Desiny Plamondon	LAURA SECORD - ST. CATHA	22.56m
5 Lauren Beaulieu	SOUTH LINCOLN - SMITHVIL	21.72m
5 Janea Achioso	SALTFLEET	21.72m
7 Madysen Smith	E. L. CROSSLEY - FONTHILL	21.60m
8 Kyra Guzylak-Nessam	SIR ALLAN MACNAB	19.62m
9 Kaylin Loeb	EASTDALE - WELLAND	19.20m
10 Jordyn Britton	DENIS MORRIS ST. CATH	18.44m
11 Larissa Howard	NORA FRANCES HENDERSON	18.43m
12 Felicia Bouaban	DSBN ACADEMY	17.34m
13 Danielle Larocque	FORT ERIE - FORT ERIE	17.13m
14 Theodora Mollicone	FORT ERIE - FORT ERIE	16.82m
15 Sydney Westbury	WINSTON CHURCHILL - ST. C	16.73m

Women Open 100 Meter Dash Junior

SOSSA Inc.: 12.55 R 2016-05-19 Cree Bell, MacNab

Name	School	Prelims	H#
Preliminaries			
1 Mackenzie Barnard	GRIMSBY - GRIMSBY	12.79 Q	2
2 Sarah Saldutto	NOTRE DAME COLLEGE - WE	12.94 Q	1
3 Emma Greenhough	ANCASTER HIGH	13.41 Q	1
4 Monika Orsini	A.N. MYER - NIAGARA FALLS	13.50 Q	2
5 Terin Hultink	SMITHVILLE CHRIST HS -SMI	13.45 Q	1
6 Ilena Ricker-Sin	BLESSED TRINITY-GRIMSBY	13.60 Q	2
7 Laura Van Houten	HAMILTON DISTRICT	13.61 q	2
8 Audrey Morrison	E. L. CROSSLEY - FONTHILL	13.64 q	1
9 Miranda Burke	WATERDOWN	13.66	2
10 Lauren Adamson	DENIS MORRIS ST. CATH	13.84	2
11 Abbey Dikaitis	MCKINNON PARK - CALEDON	13.89	1
12 Sage Kraftcheck	WESTDALE	14.04	2

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Name	School	Prelims	H#
13 Kristen deBoer	GUIDO DE BRES	14.16	1
14 Sara Ferro	SAINT PAUL -NIAGARAFALLS	14.36	1
15 Brooke Albano	LAKESHORE CATHOLIC-POR	14.90	2

Women Open 100 Meter Dash Junior

SOSSA Inc.: 12.55 R 2016-05-19 Cree Bell, MacNab

Name	School	Finals	H#
Finals			
1 Mackenzie Barnard	GRIMSBY - GRIMSBY	12.74	
2 Sarah Saldutto	NOTRE DAME COLLEGE - WE	12.80	
3 Ilena Ricker-Sin	BLESSED TRINITY-GRIMSBY	13.30	
4 Emma Greenhough	ANCASTER HIGH	13.36	
5 Terin Hultink	SMITHVILLE CHRIST HS -SMI	13.38	
6 Monika Orsini	A.N. MYER - NIAGARA FALLS	13.46	
7 Audrey Morrison	E. L. CROSSLEY - FONTHILL	13.53	
8 Laura Van Houten	HAMILTON DISTRICT	13.67	

Women Open 200 Meter Dash Junior

SOSSA Inc.: 25.70 R 2016-05-19 Cree Bell, MacNab

Name	School	Finals	H#
Finals			
1 Zoe Phillips	EDEN HIGH SCHOOL - ST. CA	26.94	2
2 Emma Greenhough	ANCASTER HIGH	27.53	2
3 Terin Hultink	SMITHVILLE CHRIST HS -SMI	27.61	2
4 Ilena Ricker-Sin	BLESSED TRINITY-GRIMSBY	27.63	2
5 Faith Ludwig	SMITHVILLE CHRIST HS -SMI	27.66	2
6 Monika Orsini	A.N. MYER - NIAGARA FALLS	28.33	2
7 Emilie Hamilton	E. L. CROSSLEY - FONTHILL	28.84	2
8 Sage Kraftchek	WESTDALE	29.31	2
9 Miranda Burke	WATERDOWN	29.74	1
10 Laura Van Houten	HAMILTON DISTRICT	30.15	1
11 Lauren Adamson	DENIS MORRIS ST. CATH	30.44	1
12 Sara Ferro	SAINT PAUL -NIAGARAFALLS	30.82	1
13 Sarah Bernier	E. L. CROSSLEY - FONTHILL	30.92	1
14 Sarah Brophy	WATERDOWN	31.31	1

Women Open 400 Meter Dash Junior

SOSSA Inc.: 58.22 R 2014-05-22 Jenna Smith, Highland

Name	School	Finals	H#
Finals			
1 Zoe Phillips	EDEN HIGH SCHOOL - ST. CA	1:01.28	2
2 Allyson Sober	DUNDAS VALLEY	1:03.61	2
3 Charlize Breukelman	GREAT LAKES CHRISTIAN HI	1:03.96	2
4 Rosie Tait	A.N. MYER - NIAGARA FALLS	1:03.98	2
5 Faith Ludwig	SMITHVILLE CHRIST HS -SMI	1:04.07	2
6 Beth Vansydenborgh	GUIDO DE BRES	1:06.35	2
7 Jenna Button	DUNDAS VALLEY	1:06.50	2
8 Jennika DeKorte	HERITAGE CHRISTIAN-JORD	1:08.38	1
9 Maddy Moschos	ANCASTER HIGH	1:11.67	1

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Name	School	Finals	H#
10 Margaret Taras	LAKESHORE CATHOLIC-POR'	1:14.05	1
11 Amelia McNamee	RIDGEWAY-CRYSTAL-BEACH	1:15.18	1
12 Marisa Giammarco	E. L. CROSSLEY - FONTHILL	1:17.81	1
13 Gabrielle Audette	LAKESHORE CATHOLIC-POR'	1:24.08	1

Women Open 800 Meter Run Junior

SOSSA Inc.: 2:19.68 R 2010-05-20 Alannah MacDonald, ELCrossley

Name	School	Finals	H#
Finals			
1 Allyson Sober	DUNDAS VALLEY	2:36.39	2
2 Charlize Breukelman	GREAT LAKES CHRISTIAN HI	2:37.46	2
3 Jenna Button	DUNDAS VALLEY	2:37.94	2
4 Taylor Huff	GRIMSBY - GRIMSBY	2:38.75	2
5 Ava Ricker-Sin	BLESSED TRINITY-GRIMSBY	2:43.14	2
6 Monica DeBoer	SMITHVILLE CHRIST HS -SMI	2:45.60	2
7 Kristen deBoer	GUIDO DE BRES	2:50.97	1
8 Amy Gilmore	E. L. CROSSLEY - FONTHILL	2:58.18	1
9 Maddy Moschos	ANCASTER HIGH	3:01.18	1
10 Andrea Miotto	DENIS MORRIS ST. CATH	3:02.63	2
11 Margaret Taras	LAKESHORE CATHOLIC-POR'	3:02.79	1
12 Mackenzie Martindale	CAYUGA	3:03.45	1
13 Taylor Nicholls	SAINT PAUL -NIAGARAFALLS	3:07.27	2
14 Megan Helmeczi	SAINT PAUL -NIAGARAFALLS	3:08.64	1

Women Open 1500 Meter Run Junior

SOSSA Inc.: 4:46.01 R 2005-05-19 Kelsie Slater, Grimsby

Name	School	Finals
Finals		
1 Leah Klassen	LAURA SECORD - ST. CATHA	5:28.95
2 Taylor Nicholls	SAINT PAUL -NIAGARAFALLS	5:29.69
3 Finn Sulentic	DUNDAS VALLEY	5:33.67
4 Mackenzie Damiano	LAURA SECORD - ST. CATHA	5:35.44
5 Deanna Wardell	WESTMOUNT	5:37.10
6 Kristen deBoer	GUIDO DE BRES	5:41.66
7 Andrea Miotto	DENIS MORRIS ST. CATH	5:44.09
8 Taylor Huff	GRIMSBY - GRIMSBY	5:50.56
9 Amber Hordyk	GUIDO DE BRES	5:57.58
10 Madilyn Carey	WATERDOWN	6:01.64
11 Megan Helmeczi	SAINT PAUL -NIAGARAFALLS	6:18.55
12 Amber Hewitt	SHERWOOD	6:18.58
13 Anjelaya Fulcher	WESTLANE - NIAGARA FALL	6:41.17
14 Shasta Ricker	SMITHVILLE CHRIST HS -SMI	6:45.94
15 Maya Khodr-Ali	ES JEAN VANIER - WELLAND	6:47.56

Women Open 3000 Meter Run Junior

SOSSA Inc.: 10:38.76 R 2011-05-19 Phoebe Cseresnyes, Westdale

Name	School	Finals
Finals		
1 Kate Knafelc	E. L. CROSSLEY - FONTHILL	11:36.22

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Name	School	Finals
2 Finn Sulentic	DUNDAS VALLEY	12:02.28
3 Madeleine Rule	WESTMOUNT	12:49.11
4 Amber Hordyk	GUIDO DE BRES	12:57.10
5 Mackenzie Damiano	LAURA SECORD - ST. CATHA	13:10.93
6 Taylor Doyle	FORT ERIE - FORT ERIE	14:03.05
7 Leah Klassen	LAURA SECORD - ST. CATHA	14:17.03
8 Marlee Vanderlee	SMITHVILLE CHRIST HS -SMI	14:37.00
9 Madilyn Carey	WATERDOWN	14:48.48

Women Open 80 Meter Hurdles Junior

SOSSA Inc.: 11.77 R 2017-05-18 Sarah Saldutto, NotreDame-Wella

Name	School	Prelims	H#
Preliminaries			
1 Sarah Saldutto	NOTRE DAME COLLEGE - WE	11.81 Q	2
2 Abi Macdonald	BEAMSVILLE - BEAMSVILLE	12.73 Q	1
3 Alyssa Scott	GRIMSBY - GRIMSBY	13.48 Q	1
4 Grace Garner	CENTENNIAL - WELLAND	13.65 Q	2
5 Lauren Reeves	DUNDAS VALLEY	14.44 Q	1
6 Abbey Dikaitis	MCKINNON PARK - CALEDON	15.28 Q	2
7 Lorelai Burke	CAYUGA	14.83 q	1
8 Gwen Gibson	E. L. CROSSLEY - FONTHILL	15.26 q	1
9 Marisa Giammarco	E. L. CROSSLEY - FONTHILL	15.51	2
10 Sarah Bernier	E. L. CROSSLEY - FONTHILL	15.85	2
11 Amanda Marshall	SIR ALLAN MACNAB	17.38	2
12 Olivia van der Beek	SMITHVILLE CHRIST HS -SMI	17.42	1
13 Cassandra Pugh	WINSTON CHURCHILL - ST. C	17.72	1
14 Zainab Chaudri	WESTMOUNT	20.47	1

Women Open 80 Meter Hurdles Junior

SOSSA Inc.: 11.77 R 2017-05-18 Sarah Saldutto, NotreDame-Wella

Name	School	Finals
Finals		
1 Sarah Saldutto	NOTRE DAME COLLEGE - WE	11.77 R
2 Abi Macdonald	BEAMSVILLE - BEAMSVILLE	12.56
3 Grace Garner	CENTENNIAL - WELLAND	13.25
4 Alyssa Scott	GRIMSBY - GRIMSBY	13.33
5 Lauren Reeves	DUNDAS VALLEY	14.33
6 Lorelai Burke	CAYUGA	14.81
7 Gwen Gibson	E. L. CROSSLEY - FONTHILL	15.35
8 Abbey Dikaitis	MCKINNON PARK - CALEDON	15.44

Women Open 300 Meter Hurdles Junior

SOSSA Inc.: 46.00 R 2011-05-19 Mary Ollier, Grimsby

Name	School	Finals	H#
Finals			
1 Abi Macdonald	BEAMSVILLE - BEAMSVILLE	48.63	2
2 Ava Ricker-Sin	BLESSED TRINITY-GRIMSBY	50.91	2
3 Grace Garner	CENTENNIAL - WELLAND	52.72	2
4 Rosie Tait	A.N. MYER - NIAGARA FALLS	52.73	2

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Finals ... (Women Open 300 Meter Hurdles Junior)

Name	School	Finals	H#
5 Alyssa Scott	GRIMSBY - GRIMSBY	53.74	2
6 Emma Wright	CENTENNIAL - WELLAND	54.30	1
7 Emilie Hamilton	E. L. CROSSLEY - FONTHILL	54.37	2
8 Beth Vansydenborgh	GUIDO DE BRES	55.39	1
9 Mackenzie Martindale	CAYUGA	57.14	1
10 Sara Vogel	DUNDAS VALLEY	57.75	2
11 Cassandra Pugh	WINSTON CHURCHILL - ST. C	59.37	1
12 Abby McEwan	WESTMOUNT	59.83	1
13 Kristen Oudman	SMITHVILLE CHRIST HS -SMI	1:01.13	1
--- Lyric Douglas	FORT ERIE - FORT ERIE	DNF	2

Women Open 4x100 Meter Relay Junior

SOSSA Inc.: 51.08 R 2015-05-21 Notre Dame College - Welland, Notre Dame
K Sadlo, C Obdeyn, L Frasca, K Leger

Team	Relay	Finals	H#
Finals			
1 GOVERNOR SIMCOE-ST. CATHERINE		52.77	2
1) Shawn Carr	2) Hannah Copeland	3) Sierra Dykstra	4) Alysa Eizinga
5) Mia Friesen	6) Emma McDougall		
2 GUIDO DE BRES		53.00	2
1) Meaghan Koning	2) Kristen deBoer	3) Beth Vansydenborgh	4) Mackenzie Hordyk
5) Cherilyn Yeboah			
3 E. L. CROSSLEY - FONTHILL		53.43	2
1) Audrey Morrison	2) Kate Knafelc	3) Kaileigh Smith	4) Emilie Hamilton
5) Mikyla Balicki	6) Rebecca Hatt		
4 GRIMSBY - GRIMSBY		53.46	2
1) Alyssa Scott	2) Victoria Scott	3) Sahara Zingano	4) Mackenzie Barnard
5) Jordyn Devries			
5 A.N. MYER - NIAGARA FALLS		53.86	2
1) Monika Orsini	2) Hannah Hong	3) Nina Shaikh	4) Tiffany Leung
5) Jordyn Devries			
6 BLESSED TRINITY-GRIMSBY		54.24	2
1) Ava Ricker-Sin	2) Ilena Ricker-Sin	3) Lindsay Deptuck	4) Colby Paterson
5) Heidi Nelson	6) Anne Clock		
7 WESTDALE		54.25	2
1) Claire Sutherland Case	2) Dax Chamot	3) Lauren Patiakas	4) Sage Kraftcheck
5) Heidi Nelson	6) Anne Clock		
8 DUNDAS VALLEY		54.38	2
1) Megan Stager	2) Lauren Reeves	3) Megan Cameron	4) Sara Vogel
5) Jenna Button	6) Jessica Hils		
9 RIDGEWAY-CRYSTAL-BEACH		55.21	1
1) Olivia Galas	2) Madison Ferrara	3) Carlie Vandenburg-Piques	4) Makayla Sahsbandy
5) Jessica Dion	6) Amelia McNamee		
10 WATERDOWN		55.49	1
1) Miranda Burke	2) Sarah Brophy	3) Anna Chernobab	4) Madilyn Carey
5) Reagan Selinger	6) Lauren Dee		
11 DENIS MORRIS ST. CATHARINE		56.09	1
1) Jordyn Britton	2) Jaden Bodogh De Lima	3) Kyrstn Nicole Smith	4) Lauren Adamson
5) Fermisk Khairadast	6) Erika Aguilera		
12 SAINT PAUL -NIAGARAFALLS		56.35	1
1) Sara Ferro	2) Megan Helmeczi	3) Josee Severin	4) Taylor Nicholls
5) Jillian Vescio			

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Finals ... (Women Open 4x100 Meter Relay Junior)

Team	Relay	Finals	H#
13 CAYUGA		56.56	1
	1) Lorelai Burke 2) Mackenzie Martindale 3) Juliet Kett		4) Heather Tuck
	5) Maddison McCulloch 6) Lily Kuilboer		
14 ST. MICHAEL - NIAGARAF ^A		1:00.14	1
	1) Inara Meghani 2) Lynnoia Smith 3) Kaitlin Clarke		4) Marissa Dammizio
	5) Jana Majed,		
15 WINSTON CHURCHILL - ST		1:00.59	1
	1) Madison Zelichowski 2) Katie Kathireson 3) Eliyah Carron		4) Angelica Marr
	5) Cassandra Pugh 6) Abby Cook		

Women Open High Jump Junior

SOSSA Inc.: 1.70m R 2017-05-18 Autumn Biggar, BDSS-Beamsville

SOSSA Ties: 1.65m T 5-2013 Shyla Cardy

Name	School	Finals
Finals		
1 Autumn Biggar	BEAMSVILLE - BEAMSVILLE	1.70m R
2 Gates MacPherson	THOROLD - THOROLD	1.50m
3 Emily Cosby	SOUTH LINCOLN - SMITHVIL	1.45m
4 Emma Wright	CENTENNIAL - WELLAND	1.45m
5 Mackenzie Hordyk	GUIDO DE BRES	1.45m
6 Jamie Bouwman	GUIDO DE BRES	1.45m
7 Emma Vanderwoude	GUIDO DE BRES	1.40m
8 Katie Young	LAKESHORE CATHOLIC-POR'	1.30m
--- Melissa Loeffen	LAKESHORE CATHOLIC-POR'	FAIL
--- Sadie Dick	GOVERNOR SIMCOE-ST. CAT	FAIL

Women Open Pole Vault Junior

SOSSA Inc.: 3.30m R 2014-05-22 Makiah Hunt, St. Michael

Name	School	Finals
Finals		
1 Hailey Bronn	E. L. CROSSLEY - FONTHILL	2.30m
2 Amy Gilmore	E. L. CROSSLEY - FONTHILL	2.00m
3 Hailey Kleiboer	E. L. CROSSLEY - FONTHILL	1.80m
3 Maya Fetic	A.N. MYER - NIAGARA FALLS	1.80m
5 Zivi Schaffer	E. L. CROSSLEY - FONTHILL	1.50m

Women Open Long Jump Junior

SOSSA Inc.: 5.33m R 2014-05-22 Brittany Stenekes, Highland

Name	School	Finals
Finals		
1 Sarah Saldutto	NOTRE DAME COLLEGE - WE	5.02m
2 Mackenzie Barnard	GRIMSBY - GRIMSBY	4.69m
3 Olivia Galas	RIDGEWAY-CRYSTAL-BEACH	4.56m
4 Audrey Morrison	E. L. CROSSLEY - FONTHILL	4.51m
5 Katia Matveev	EDEN HIGH SCHOOL - ST. CA'	4.43m
6 Megan Cameron	DUNDAS VALLEY	4.37m
7 Shawn Carr	GOVERNOR SIMCOE-ST. CAT	4.13m
8 Mackenzie Hordyk	GUIDO DE BRES	4.07m
9 Jordyn Goins	PORT COLBORNE - PORT COL	4.02m
10 Heather Tuck	CAYUGA	3.92m

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Finals ... (Women Open Long Jump Junior)

Name	School	Finals
11 Payton Peters	GRIMSBY - GRIMSBY	3.90m
12 Victoria Archer	EDEN HIGH SCHOOL - ST. CA	3.88m
13 Sarah Bernier	E. L. CROSSLEY - FONTHILL	3.72m
14 Laura Van Houten	HAMILTON DISTRICT	3.71m
15 Lauren Reeves	DUNDAS VALLEY	3.59m

Women Open Triple Jump Junior

SOSSA Inc.: 11.09m R 2010-05-20 Mireille Musca, Blessed Trinity

Name	School	Finals
Finals		
1 Faith Ludwig	SMITHVILLE CHRIST HS -SMI	10.45m
2 Megan Cameron	DUNDAS VALLEY	10.39m
3 Audrey Morrison	E. L. CROSSLEY - FONTHILL	10.36m
4 Madison Ferrara	RIDGEWAY-CRYSTAL-BEACH	10.34m
5 Katia Matveev	EDEN HIGH SCHOOL - ST. CA	10.31m
6 Alyssa Scott	GRIMSBY - GRIMSBY	10.00m
7 Olivia Galas	RIDGEWAY-CRYSTAL-BEACH	9.85m
8 Jordyn Goins	PORT COLBORNE - PORT COL	9.71m
9 Alicia Ritskes	HAMILTON DISTRICT	9.41m
10 Mackenzie Martindale	CAYUGA	9.34m
11 Hunter Corriveau	ES JEAN VANIER - WELLAND	9.20m
12 Leah Wiens	EDEN HIGH SCHOOL - ST. CA	8.45m
13 Payton Peters	GRIMSBY - GRIMSBY	8.39m
14 Mackenzie Hordyk	GUIDO DE BRES	8.36m
15 Morgan Kuepfer	MCKINNON PARK - CALEDON	8.20m
16 Amy VanEs	GUIDO DE BRES	8.10m

Women Open Shot Put 3 kg Junior

SOSSA Inc.: 16.18m R 2016-05-19 Trinity Tutti, ESS-Welland

SOSSA Ties: 10.82m T 5-2010 *4kg* Sarah Moss

Name	School	Finals
Finals		
1 Maggie Bernier	DSBN ACADEMY	11.60m T
2 Jessica Dion	RIDGEWAY-CRYSTAL-BEACH	10.97m T
3 Destiny Paquin	CENTENNIAL - WELLAND	10.45m
4 Jessica Hils	DUNDAS VALLEY	10.21m
5 Erin Stockman	BEAMSVILLE - BEAMSVILLE	9.80m
6 Logan Ciancio	DENIS MORRIS ST. CATH	9.47m
7 Abby Cook	WINSTON CHURCHILL - ST. C	9.16m
8 Joanie Hart	HAMILTON DISTRICT	8.72m
9 Lindsay Townsend	CAYUGA	8.59m
10 Nicole Brown	DUNNVILLE - DUNNVILLE	8.56m
11 Mattaya Hamer	RIDGEWAY-CRYSTAL-BEACH	8.53m
12 Jennifer Kozelj	PORT COLBORNE - PORT COL	8.34m
13 Scheib Ryann	WINSTON CHURCHILL - ST. C	8.09m
14 Hailey Bartels	GUIDO DE BRES	7.88m
15 Caitlin MacMaster	E. L. CROSSLEY - FONTHILL	7.86m
16 Ruth VanVliet	GUIDO DE BRES	7.29m

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Women Open Discus Throw 1kg Junior

SOSSA Inc.: 45.72m R 2015-05-21 Grace Tennant, South Lincoln

Name	School	Finals
Finals		
1 Gates MacPherson	THOROLD - THOROLD	28.94m
2 Emma McDougall	GOVERNOR SIMCOE-ST. CAT	24.31m
3 Mattaya Hamer	RIDGEWAY-CRYSTAL-BEACH	24.30m
4 Katie Kathireson	WINSTON CHURCHILL - ST. C	24.13m
5 Addie Hambly	CENTENNIAL - WELLAND	23.89m
6 Lindsay Townsend	CAYUGA	22.70m
7 Sadie Dick	GOVERNOR SIMCOE-ST. CAT	22.12m
8 Kaitlyn Gregory	FORT ERIE - FORT ERIE	21.45m
9 Hailey Bartels	GUIDO DE BRES	21.16m
10 Jessica Dion	RIDGEWAY-CRYSTAL-BEACH	20.73m
11 Maggie Bernier	DSBN ACADEMY	20.71m
12 Cara Hill	MCKINNON PARK - CALEDON	20.33m
13 Emily Babyak	CENTENNIAL - WELLAND	19.76m
14 Jessica Hils	DUNDAS VALLEY	19.35m
15 Laura Bishop	DUNDAS VALLEY	18.75m
16 Joanie Hart	HAMILTON DISTRICT	17.38m

Women Open Javelin Throw 600g Junior

SOSSA Inc.: 38.84m R 2014-05-22 Alexis Brenzil, Centennial Welland

Name	School	Finals
Finals		
1 Emma McDougall	GOVERNOR SIMCOE-ST. CAT	36.68m
2 Laura Bishop	DUNDAS VALLEY	29.12m
3 Sadie Dick	GOVERNOR SIMCOE-ST. CAT	27.16m
4 Ally Lawson	DSBN ACADEMY	26.61m
5 Morgan Kuepfer	MCKINNON PARK - CALEDON	23.85m
6 Colby Paterson	BLESSED TRINITY-GRIMSBY	23.30m
7 Kate Phillips	A.N. MYER - NIAGARA FALLS	22.92m
8 Katie Kathireson	WINSTON CHURCHILL - ST. C	21.98m
9 Melissa Loeffen	LAKESHORE CATHOLIC-POR'	21.79m
10 Caitlin MacMaster	E. L. CROSSLEY - FONTHILL	21.67m
11 Olivia Galas	RIDGEWAY-CRYSTAL-BEACH	21.04m
12 Emma Wintle	E. L. CROSSLEY - FONTHILL	20.86m
13 Abby McEwan	WESTMOUNT	20.45m
14 Nicole Brown	DUNNVILLE - DUNNVILLE	18.68m
15 Arissa VandeBurgt	GUIDO DE BRES	18.45m
16 Cara Hill	MCKINNON PARK - CALEDON	15.03m

Women Open 100 Meter Dash Senior

SOSSA Inc.: 12.30 R 2017-05-18 Kendra Leger, NotreDame-Wella

Name	School	Prelims	H#
Preliminaries			
1 Kendra Leger	NOTRE DAME COLLEGE - WE	12.38 Q	2
2 Cree Bell	SIR ALLAN MACNAB	12.92 Q	1
3 Olivia Chen	WESTLANE - NIAGARA FALL	12.98 Q	1
4 Kamille Reaker	CENTENNIAL - WELLAND	13.33 Q	2

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Name	School	Prelims	H#
5 Georgia Temush	DUNDAS VALLEY	13.50 Q	2
6 Katelyn Kennedy	ANCASTER HIGH	13.56 Q	1
7 Kaelyn Emslie	LAURA SECORD - ST. CATHA	13.64 q	1
8 Kiana McCarthy	ST. MICHAEL - NIAGARAFAL	13.67 q	2
9 Shannon teBrake	SMITHVILLE CHRIST HS -SMI	13.85	1
10 Marissa Talsma	SMITHVILLE CHRIST HS -SMI	13.92	2
11 Alex Macdonald	BEAMSVILLE - BEAMSVILLE	14.08	2
12 Brittany Bouteiller	WATERDOWN	14.11	1
13 Anna Nero	CENTENNIAL - WELLAND	14.25	2
14 Carlie White	WINSTON CHURCHILL - ST. C	14.26	1
15 Mackenzie McQueen	SALTFLEET	14.34	1
16 Hannah Smith	ANCASTER HIGH	14.71	2

Women Open 100 Meter Dash Senior

SOSSA Inc.: 12.30 R 2017-05-18 Kendra Leger, NotreDame-Wella

Name	School	Finals
Finals		
1 Kendra Leger	NOTRE DAME COLLEGE - WE	12.30 R
2 Olivia Chen	WESTLANE - NIAGARA FALL	12.83
3 Cree Bell	SIR ALLAN MACNAB	12.98
4 Kamille Reaker	CENTENNIAL - WELLAND	13.32
5 Kaelyn Emslie	LAURA SECORD - ST. CATHA	13.44
6 Kiana McCarthy	ST. MICHAEL - NIAGARAFAL	13.50
7 Georgia Temush	DUNDAS VALLEY	13.53
8 Katelyn Kennedy	ANCASTER HIGH	13.62

Women Open 200 Meter Dash Senior

SOSSA Inc.: 25.20 R 2016-05-19 Jenna Smith, Dundas Valley

Name	School	Finals	H#
Finals			
1 Cree Bell	SIR ALLAN MACNAB	26.42	2
2 Ashlyn Beecroft	EDEN HIGH SCHOOL - ST. CA	26.79	2
3 Alexandra Hebert	ES JEAN VANIER - WELLAND	27.67	2
4 Katelyn Kennedy	ANCASTER HIGH	28.54	2
5 Kamille Reaker	CENTENNIAL - WELLAND	29.19	2
6 Kaelyn Emslie	LAURA SECORD - ST. CATHA	29.21	2
7 Shannon teBrake	SMITHVILLE CHRIST HS -SMI	29.31	2
8 Anu Situ	GREAT LAKES CHRISTIAN HI	29.34	1
9 Ceara Obdeyn	NOTRE DAME COLLEGE - WE	29.36	1
10 Kiana McCarthy	ST. MICHAEL - NIAGARAFAL	29.74	1
11 Taylor Parker	EDEN HIGH SCHOOL - ST. CA	30.41	1
12 Emily Moffat	WATERDOWN	30.97	1
13 Karissa Stegenga	GUIDO DE BRES	31.53	1
14 Debra Vanderlaan	GUIDO DE BRES	32.65	1

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Women Open 400 Meter Dash Senior

SOSSA Inc.: 57.05 R 2016-05-19 Jenna Smith, Dundas Valley

Name	School	Finals	H#
Finals			
1 Jessie Fennell	E. L. CROSSLEY - FONTHILL	59.38	2
2 Sienna Lalonde	GRIMSBY - GRIMSBY	59.99	2
3 Alexandra Hebert	ES JEAN VANIER - WELLAND	1:02.38	2
4 Tori Hendriks	BLESSED TRINITY-GRIMSBY	1:04.76	2
5 Kassandra Nolet	A.N. MYER - NIAGARA FALLS	1:04.80	2
6 Anu Situ	GREAT LAKES CHRISTIAN HI	1:06.36	2
7 Peipei Wang	WESTDALE	1:06.78	2
8 Taya Evans	MCKINNON PARK - CALEDON	1:11.83	1
9 Katherine Namvar Azad	WINSTON CHURCHILL - ST. C	1:12.20	1
10 Marissa Dakin-Lachance	ES JEAN VANIER - WELLAND	1:12.59	1
11 Emmily Husdon	ST. MICHAEL - NIAGARAFAL	1:16.87	1

Women Open 800 Meter Run Senior

SOSSA Inc.: 2:14.76 R 2010-05-20 Michelle Molodynia, AN Myer

Name	School	Finals	H#
Finals			
1 Jessie Fennell	E. L. CROSSLEY - FONTHILL	2:28.12	2
2 Cate Gualtieri	E. L. CROSSLEY - FONTHILL	2:29.08	2
3 Kayleigh Bush	A.N. MYER - NIAGARA FALLS	2:31.58	2
4 Jasmine Buckridge	WESTDALE	2:32.28	2
5 Tori Hendriks	BLESSED TRINITY-GRIMSBY	2:34.46	2
6 Meaghan Boatsmith	WESTDALE	2:34.57	2
7 Chloe Nolet	A.N. MYER - NIAGARA FALLS	2:40.09	2
8 Payton Smith	DSBN ACADEMY	2:40.64	1
9 Kassandra Nolet	A.N. MYER - NIAGARA FALLS	2:43.64	2
10 Katie Simpson	WINSTON CHURCHILL - ST. C	2:58.90	1
11 Hannah Hesch	EDEN HIGH SCHOOL - ST. CA	3:03.44	1
12 Allison Ledda	WINSTON CHURCHILL - ST. C	3:07.96	1
--- Nadeen Abdalaal	ANCASTER HIGH	DNF	1

Women Open 1500 Meter Run Senior

SOSSA Inc.: 4:41.60 R 2007-05-24 Jillian Wyman, Westdale

Name	School	Finals
Finals		
1 Avery Goertz	GOVERNOR SIMCOE-ST. CAT	4:57.95
2 Jasmine Buckridge	WESTDALE	5:04.95
3 Kayleigh Bush	A.N. MYER - NIAGARA FALLS	5:05.41
4 Madeleine Nolan	ST. FRANCIS-ST.CATH	5:06.06
5 Cate Gualtieri	E. L. CROSSLEY - FONTHILL	5:13.85
6 Ashley Lof	GUIDO DE BRES	5:23.01
7 Payton Smith	DSBN ACADEMY	5:41.21
8 Debbie Hart	HAMILTON DISTRICT	5:43.69
9 Danielle Erb	WATERDOWN	5:59.76
10 Ana Groch	NOTRE DAME COLLEGE - WE	6:33.14
11 Michelle Cheung	NIAGARA CHRISTIAN COLLE	6:52.51

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SOSSA Inc.: 10:19.95 R 2014-05-22 Laura Korsmit, Holy Cross

Name	School	Finals
Finals		
1 Avery Goertz	GOVERNOR SIMCOE-ST. CAT	11:28.65
2 Madison Greenhough	WINSTON CHURCHILL - ST. C	11:35.51
3 Madeleine Nolan	ST. FRANCIS-ST.CATH	11:53.28
4 Ashley Lof	GUIDO DE BRES	12:05.69
5 Olivia Baker	WATERDOWN	12:12.31
6 Debbie Hart	HAMILTON DISTRICT	13:00.62

Women Open 100 Meter Hurdles Senior

SOSSA Inc.: 13.87 R 2016-05-19 Brittany Stenekes, Dundas Valley

Name	School	Prelims	H#
Preliminaries			
1 Kendra Leger	NOTRE DAME COLLEGE - WE	14.29 Q	1
2 Charlie Poretti	NOTRE DAME COLLEGE - WE	15.30 Q	2
3 Carlie White	WINSTON CHURCHILL - ST. C	16.84 Q	1
4 Laura Ferreira	LAKESHORE CATHOLIC-POR	18.64 Q	2
5 Rowan Thomas	GOVERNOR SIMCOE-ST. CAT	17.38 Q	1
6 Triniti Morris-Burke	DSBN ACADEMY	19.95 Q	2
7 Anna Nero	CENTENNIAL - WELLAND	18.03 q	1
8 Neenah Williams	E. L. CROSSLEY - FONTHILL	19.99 q	2
9 Aislin Osborne	DUNDAS VALLEY	20.15	1
10 Erika Ecklund	WESTMOUNT	20.22	1
11 Jenah Viquiera	WESTMOUNT	21.10	1
12 Tatyana Remani	NORA FRANCES HENDERSON	21.28	2
13 Emma Gordon	GOVERNOR SIMCOE-ST. CAT	21.46	2
14 Chelsea Chorley	MCKINNON PARK - CALEDON	21.64	2
15 Sydney Kuhlberg	DSBN ACADEMY	23.20	1

Women Open 100 Meter Hurdles Senior

SOSSA Inc.: 13.87 R 2016-05-19 Brittany Stenekes, Dundas Valley

Name	School	Finals
Finals		
1 Kendra Leger	NOTRE DAME COLLEGE - WE	14.01
2 Rowan Thomas	GOVERNOR SIMCOE-ST. CAT	16.51
3 Carlie White	WINSTON CHURCHILL - ST. C	16.79
4 Anna Nero	CENTENNIAL - WELLAND	18.33
5 Neenah Williams	E. L. CROSSLEY - FONTHILL	18.79
6 Laura Ferreira	LAKESHORE CATHOLIC-POR	20.12
7 Triniti Morris-Burke	DSBN ACADEMY	29.62

Women Open 400 Meter Hurdles Senior

SOSSA Inc.: 1:06.13 R 2006-05-18 Kelsie Slater, Grimsby

Name	School	Finals	H#
Finals			
1 Sienna Lalonde	GRIMSBY - GRIMSBY	1:06.48	2
2 Breanna Kuhlberg	DSBN ACADEMY	1:12.10	2
3 Sydney Kuhlberg	DSBN ACADEMY	1:12.22	2
4 Kassandra Nolet	A.N. MYER - NIAGARA FALLS	1:15.38	2

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Finals ... (Women Open 400 Meter Hurdles Senior)

Name	School	Finals	H#
5 Georgia Temush	DUNDAS VALLEY	1:17.73	2
6 Taya Evans	MCKINNON PARK - CALEDON	1:22.76	1
7 Katelyn Alderson	BLESSED TRINITY-GRIMSBY	1:29.53	1
8 Katherine Namvar Azad	WINSTON CHURCHILL - ST. C	1:40.60	1

Women Open 4x100 Meter Relay Senior

SOSSA Inc.: 49.83 R 2016-05-19 Dundas Valley, Dundas Valley
J Smith, B Stenekes, S Turpin, G Temush

SOSSA Ties: 50.81 T 5-2007 Sir John A MACDONALD

Team	Relay	Finals	H#
Finals			
1 NOTRE DAME COLLEGE - V		50.39 T	2
1) Charlie Poretti	2) Kendra Sadlo	3) Kendra Leger	4) Ceara Obdeyn
2 CENTENNIAL - WELLAND		52.51	2
1) Anna Nero	2) Kamille Reaker	3) Grace Garner	4) Emma Wright
5) Addie Hambly			
3 E. L. CROSSLEY - FONTHIL		54.65	2
1) Jessie Fennell	2) Neenah Williams	3) Sydney Grummett	4) Mikyla Balicki
5) Rebecca Hatt			
4 WINSTON CHURCHILL - ST		55.08	2
1) Carlie White	2) Rozana Ebrahim	3) Katherine Namvar Azad	4) Julie Barker
5) Madison Greenhough	6) Kelsey Bowman		
5 RIDGEWAY-CRYSTAL-BEAC		55.32	2
1) Payton Midgeley	2) Emily Teasdale	3) Laynie Muma	4) Sarah Velemirovich
5) Caitlyn Hamm	6) Teigan Lashford		
6 MCKINNON PARK - CALEDON		55.36	2
1) Taya Evans	2) Abbey Dikaitis	3) Halle Blanchard	4) Aven Blanchard
5) Ellie McMaster	6) Grace Cooper		
7 DUNDAS VALLEY		55.48	2
1) Georgia Temush	2) Naomi Terlhjan	3) Jessica Woodsworth	4) Zoe Lawrence
5) Aislin Osbourne			
8 GOVERNOR SIMCOE-ST. CATH		55.82	2
1) Chelsea Barton	2) Katie Elliott	3) Emma Gordon	4) Avery Goertz
5) Hana Parkin	6) Rowan Thomas		
9 GREAT LAKES CHRISTIAN		55.93	1
1) Charlize Breukelman	2) Chioma Nwebube	3) Anu Situ	4) Sierra Breukelman
5) Annie Sterenberg	6) Selina Liu		
10 WATERDOWN		56.43	1
1) Danielle Erb	2) Brittany Bouteiller	3) Emily Moffat	4) Ashley Hood
5) Olivia Baker			
11 LAURA SECORD - ST. CATH		57.32	1
1) Leah Klassen	2) Kaelyn Emslie	3) Maya Hines-Francis	4) Mackenzie Damiano
5) Tori Lancaster			
12 ES JEAN VANIER - WELLAND		59.54	1
1) Michaela Ferguson	2) Hunter Corriveau	3) Taylor Corriveau	4) Alexandra White
5) Marissa Dakin-Lachance			

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Women Open High Jump Senior

SOSSA Inc.: 1.72m R 2010-05-20 Emma Siuciak, EL Crossley

SOSSA Ties: 1.72m T 5-2010 Courtney Olah

Name	School	Finals
Finals		
1 Marissa Talsma	SMITHVILLE CHRIST HS -SMI	1.60m
2 Rowan Thomas	GOVERNOR SIMCOE-ST. CAT	1.60m
3 Courtney Thompson	LAURA SECORD - ST. CATHA	1.55m
4 Jasmine Almagner Sheldrek	WESTDALE	1.50m
5 Cailyn deBoer	GUIDO DE BRES	1.50m
6 Emily Teasdale	RIDGEWAY-CRYSTAL-BEACH	1.45m
7 Sarah Velemirovich	RIDGEWAY-CRYSTAL-BEACH	1.45m
8 Laynie Muma	RIDGEWAY-CRYSTAL-BEACH	1.40m

Women Open Pole Vault Senior

SOSSA Inc.: 3.30m R 2015-05-21 Makiah Hunt, St. Michael HS

Name	School	Finals
Finals		
1 Angel Koch	E. L. CROSSLEY - FONTHILL	2.10m
2 Neenah Williams	E. L. CROSSLEY - FONTHILL	1.80m
3 Hailey Ruzgys	E. L. CROSSLEY - FONTHILL	1.70m

Women Open Long Jump Senior

SOSSA Inc.: 5.62m R 2016-05-19 Brittany Stenekes, Dundas Valley

Name	School	Finals
Finals		
1 Charlie Poretti	NOTRE DAME COLLEGE - WE	5.16m
2 Mikayla Veldman	SMITHVILLE CHRIST HS -SMI	4.79m
3 Mikala Taylor	EDEN HIGH SCHOOL - ST. CA	4.74m
4 Kendra Sadlo	NOTRE DAME COLLEGE - WE	4.64m
5 Olivia Chen	WESTLANE - NIAGARA FALL	4.54m
6 Caitlin Deruiter	LAKESHORE CATHOLIC-POR'	4.52m
7 Alex Macdonald	BEAMSVILLE - BEAMSVILLE	4.30m
8 Naomi Terhljan	DUNDAS VALLEY	4.28m
9 Aislin Osborne	DUNDAS VALLEY	4.22m
10 Brittany Bouteiller	WATERDOWN	4.21m
11 Mayenn Buist	GREAT LAKES CHRISTIAN HI	4.20m
12 Emily Teasdale	RIDGEWAY-CRYSTAL-BEACH	4.15m
13 Emma Gordon	GOVERNOR SIMCOE-ST. CAT	3.91m
14 Hannah Smith	ANCASTER HIGH	3.83m
15 Laela Shibli	SIR ALLAN MACNAB	3.75m
16 Chelsea Chorley	MCKINNON PARK - CALEDON	3.72m

Women Open Triple Jump Senior

SOSSA Inc.: 11.60m R 2015-05-21 Sara Kovac, EDEN

Name	School	Finals
Finals		
1 Caitlyn Hamm	RIDGEWAY-CRYSTAL-BEACH	10.67m
2 Rowan Thomas	GOVERNOR SIMCOE-ST. CAT	10.63m
3 Mikala Taylor	EDEN HIGH SCHOOL - ST. CA	10.34m
4 Daina Thompson	EASTDALE - WELLAND	10.30m

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Finals ... (Women Open Triple Jump Senior)

Name	School	Finals
5 Mikayla Veldman	SMITHVILLE CHRIST HS -SMI	10.24m
6 Laura Ferreira	LAKESHORE CATHOLIC-POR	10.07m
7 Kendra Sadlo	NOTRE DAME COLLEGE - WE	10.04m
8 Naomi Terhijan	DUNDAS VALLEY	9.35m
9 Emily Teasdale	RIDGEWAY-CRYSTAL-BEACH	8.88m
10 Aislin Osborne	DUNDAS VALLEY	8.68m
11 Chelsea Chorley	MCKINNON PARK - CALEDON	8.23m
12 Ella Taylor	EDEN HIGH SCHOOL - ST. CA	7.80m
13 Katie Elliott	GOVERNOR SIMCOE-ST. CAT	7.45m

Women Open Shot Put 4 kg Senior

SOSSA Inc.: 14.51m R 2017-05-18 Trinity Tutti, ESS-Welland

Name	School	Finals
Finals		
1 Trinity Tutti	EASTDALE - WELLAND	14.51m R
2 Grace Tennant	SOUTH LINCOLN - SMITHVIL	11.43m
3 Sencia Lampman	PORT COLBORNE - PORT COL	9.69m
4 Cierra Perron	WINSTON CHURCHILL - ST. C	9.54m
5 Jessica Foest	NOTRE DAME COLLEGE - WE	9.40m
6 Emily Gondar	ORCHARD PARK	9.01m
7 Chelsea Dugan	SAINT PAUL -NIAGARAFALLS	8.49m
8 Emily Lacey	EDEN HIGH SCHOOL - ST. CA	8.40m
9 Lia Rahmoun	DSBN ACADEMY	8.26m
10 Shirley Hill	MCKINNON PARK - CALEDON	8.14m
11 Cieara Johnson	SAINT PAUL -NIAGARAFALLS	7.94m
12 Monica Urbina	WESTMOUNT	7.18m
13 Tia Rahmoun	DSBN ACADEMY	6.66m
14 Rachel Kudrenski	NORA FRANCES HENDERSON	6.65m

Women Open Discus Throw 1kg Senior

SOSSA Inc.: 51.04m R 2017-05-18 Trinity Tutti, ESS-Welland

Name	School	Finals
Finals		
1 Trinity Tutti	EASTDALE - WELLAND	51.04m R
2 Grace Tennant	SOUTH LINCOLN - SMITHVIL	46.26m
3 Kambrie Luciani	CENTENNIAL - WELLAND	41.81m
4 Sencia Lampman	PORT COLBORNE - PORT COL	30.19m
5 Angel Koch	E. L. CROSSLEY - FONTHILL	26.96m
6 Leah Heinen	SOUTH LINCOLN - SMITHVIL	26.41m
7 Jessica Foest	NOTRE DAME COLLEGE - WE	25.17m
8 Tia Rahmoun	DSBN ACADEMY	23.88m
9 Annelise Perron	WINSTON CHURCHILL - ST. C	20.99m
10 Shirley Hill	MCKINNON PARK - CALEDON	20.14m
11 Cierra Perron	WINSTON CHURCHILL - ST. C	20.02m
12 Deanna Hutten	GUIDO DE BRES	19.12m
13 Monica Urbina	WESTMOUNT	17.26m

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Women Open Javelin Throw 600g Senior

SOSSA Inc.: 41.25m R 2016-05-19 Kambrie Luciani, CSS-Welland

Name	School	Finals
Finals		
1 Kambrie Luciani	CENTENNIAL - WELLAND	39.86m
2 Grace Tennant	SOUTH LINCOLN - SMITHVIL	37.45m
3 Angel Koch	E. L. CROSSLEY - FONTHILL	32.68m
4 Cierra Perron	WINSTON CHURCHILL - ST. C	31.94m
5 Gracie Furlong	E. L. CROSSLEY - FONTHILL	29.80m
6 Emily Gondar	ORCHARD PARK	27.81m
7 Nicole Pilote	ES CONFEDERATION - WELL	25.98m
8 Sierra Breukelman	GREAT LAKES CHRISTIAN HI	24.30m
9 Neenah Williams	E. L. CROSSLEY - FONTHILL	24.02m
10 Emily Matsell	SALTFLEET	23.58m
11 Olivia Bouaban	DSBN ACADEMY	23.57m
12 Hannah Smith	ANCASTER HIGH	22.98m
13 Lia Rahmoun	DSBN ACADEMY	21.15m
14 Rachel Rioux	SALTFLEET	17.55m
15 Zoe Lawrence	DUNDAS VALLEY	13.54m
--- Isabelle Zubyk	SALTFLEET	FOUL

Women Open 1500 Meter Steeplechase Open

SOSSA Inc.: 5:17.97 R 2006-05-18 Kelsie Slater, Grimsby

Name	School	Finals
Finals		
1 Kate Knafelc	E. L. CROSSLEY - FONTHILL	5:22.70
2 Madison Greenhough	WINSTON CHURCHILL - ST. C	5:23.10
3 Chloe Nolet	A.N. MYER - NIAGARA FALLS	6:13.70
4 Taylor Ward	GRIMSBY - GRIMSBY	6:15.70
5 Anjelaya Fulcher	WESTLANE - NIAGARA FALL	6:21.60
6 Sophie McMullin	SMITHVILLE CHRIST HS -SM	6:30.80
7 Janelle Buist	SMITHVILLE CHRIST HS -SM	6:46.80
8 Marlee Vanderlee	SMITHVILLE CHRIST HS -SM	6:59.20

Women Open 4x400 Meter Relay Open

SOSSA Inc.: 4:08.72 R 2010-05-20 Westdale

Team	Relay	Finals	H#
Finals			
1 E. L. CROSSLEY - FONTHIL		4:15.14	2
1) Jessie Fennell	2) Sofia Labricciosa	3) Kate Knafelc	4) Cate Gualtieri
5) Emilie Hamilton	6) Sydney Grummett		
2 A.N. MYER - NIAGARA FAL		4:19.25	2
1) Cassandra Nolet	2) Kayleigh Bush	3) Chloe Nolet	4) Rosie Tait
3 WESTDALE		4:25.73	2
1) Jasmine Buckridge	2) Claire Sutherland Case	3) Peipei Wang	4) Meaghan Boatsmith
5) Sarah Cushnie	6) Beth Cushnie		
4 DSBN ACADEMY		4:26.85	2
1) Breanna Smith	2) Payton Smith	3) Breanna Kuhlberg	4) Sydney Kuhlberg
5) Kira Douce			

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Team	Relay	Finals	H#
5 DUNDAS VALLEY		4:29.67	2
1) Allyson Sober	2) Jenna Button		
5) Sara Vogel	6) Jessica Hils		
3) Georgia Temush	4) Patrice Temush		
6 GUIDO DE BRES		4:34.37	2
7 WINSTON CHURCHILL - ST		4:38.79	2
1) Carlie White	2) Katherine Namvar Azad		
5) Kelsey Bowman	6) Bella McGinnis		
3) Julie Barker	4) Madison Greenhough		
8 GOVERNOR SIMCOE-ST. CAT		4:43.47	1
1) Sierra Dykstra	2) Katie Elliott		
5) Rowan Thomas	3) Avery Goertz		
4) Hana Parkin			
9 WESTLANE - NIAGARA FAI		4:48.84	1
1) Anjelaya Fulcher	2) Olivia Chen		
5) Eden Bayer	3) Raquel Knott		
4) Brenna Ainslie			
10 MCKINNON PARK - CALEDON		4:50.63	1
1) Taya Evans	2) Abbey Dikaitis		
5) Grace Cooper	6) Chelsea Chorley		
3) Halle Blanchard	4) Aven Blanchard		

Women Open 100 Meter Dash Intellectual I

SOSSA Inc.: 15.94 R 2016-05-19 Julianne Miskz, SMHS-Niagara Fal

Name	School	Finals
Finals		
1 Shannon Swinson	BEAMSVILLE - BEAMSVILLE	16.47
2 Julianne Miskz	ST. MICHAEL - NIAGARAFAL	17.24

Women Open 800 Meter Run Intellectual I

SOSSA Inc.: 3:09.03 R 2016-05-19 Julianne Miskz, SMHS-Niagara Fal

Name	School	Finals
Finals		
1 Julianne Miskz	ST. MICHAEL - NIAGARAFAL	3:39.50
2 Shannon Swinson	BEAMSVILLE - BEAMSVILLE	4:23.29

Women Open 200 Meter Dash Wheelchair Wheelchair

SOSSA Inc.: 2:22.38 R 2016-05-19 Kanice McLean, GSSS-St. Cathari

SOSSA Ties: 6:38.42 T 5-2006 *800m* Natasha Southwell, EL Crossley

Name	School	Finals
Finals		
1 Kanice McLean	GOVERNOR SIMCOE-ST. CAT	2:31.51 T

Men Open 100 Meter Dash Midget

SOSSA Inc.: 11.32 R 2016-05-19 Myles MisenerDaley, Westdale

Name	School	Prelims	H#
Preliminaries			
1 Nifaiya Robinson	SHERWOOD	11.67 Q	2
2 Carter Teal	E. L. CROSSLEY - FONTHILL	11.96 Q	1
3 David Jones	NOTRE DAME COLLEGE - WE	12.04 Q	1
4 T.J. Cronkwright	A.N. MYER - NIAGARA FALLS	12.22 Q	2
5 Denver Reitsma	ANCASTER HIGH	12.43 Q	1
6 Harmon Narbonne	E. L. CROSSLEY - FONTHILL	12.53 Q	2
7 Elijah Martineau	WATERDOWN	12.53 q	1
8 Evan Regnerus	MCKINNON PARK - CALEDON	12.58 q	1
9 Curtis Neilson	WINSTON CHURCHILL - ST. C	12.60	1

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Name	School	Prelims	H#
10 Avery Ferguson	THOROLD - THOROLD	12.90	2
11 Jesse Van De Laar	HOLY CROSS-ST. CATH	12.95	1
12 George Warren	HOLY CROSS-ST. CATH	12.98	2
13 Matthew Mills	A.N. MYER - NIAGARA FALLS	13.01	1
14 Sam Nkomo	LAURA SECORD - ST. CATHA	13.18	2

Men Open 100 Meter Dash Midget

SOSSA Inc.: 11.32 R 2016-05-19 Myles MisenerDaley, Westdale

Name	School	Finals	H#
Finals			
1 Nifaiya Robinson	SHERWOOD	11.82	
2 David Jones	NOTRE DAME COLLEGE - WE	12.13	
3 Carter Teal	E. L. CROSSLEY - FONTHILL	12.16	
4 T.J. Cronkwright	A.N. MYER - NIAGARA FALLS	12.30	
5 Elijah Martineau	WATERDOWN	12.42	
6 Denver Reitsma	ANCASTER HIGH	12.62	
7 Evan Regnerus	MCKINNON PARK - CALEDON	12.63	
8 Harmon Narbonne	E. L. CROSSLEY - FONTHILL	12.87	

Men Open 200 Meter Dash Midget

SOSSA Inc.: 22.99 R 2016-05-19 Myles MisenerDaley, Westdale

Name	School	Finals	H#
Finals			
1 Nifaiya Robinson	SHERWOOD	23.80	2
2 Dante Kellar	GOVERNOR SIMCOE-ST. CAT	24.04	2
3 Carter Teal	E. L. CROSSLEY - FONTHILL	24.67	2
4 David Jones	NOTRE DAME COLLEGE - WE	24.86	2
5 Elijah Martineau	WATERDOWN	25.16	2
6 Declan Sutherland Case	WESTDALE	25.43	2
7 Denver Reitsma	ANCASTER HIGH	25.70	1
8 Noah Dommasch	WINSTON CHURCHILL - ST. C	25.87	2
9 T.J. Cronkwright	A.N. MYER - NIAGARA FALLS	25.98	1
10 Harmon Narbonne	E. L. CROSSLEY - FONTHILL	26.22	1
11 Curtis Neilson	WINSTON CHURCHILL - ST. C	26.59	1
12 Sam Nkomo	LAURA SECORD - ST. CATHA	26.73	1
13 Jordan Gilbert	A.N. MYER - NIAGARA FALLS	26.78	1
14 Kelvin Luu	SIR JOHN A MACDONALD	27.16	1
15 Noah Mulkewich	WESTDALE	27.53	2
16 Jesse Van De Laar	HOLY CROSS-ST. CATH	27.86	1

Men Open 400 Meter Dash Midget

SOSSA Inc.: 52.54 R 2015-05-21 Alec Purnell, Dundas Valley

Name	School	Finals	H#
Finals			
1 Dante Kellar	GOVERNOR SIMCOE-ST. CAT	53.11	2
2 Declan Sutherland Case	WESTDALE	53.33	2
3 Leikeze Cheruiyot	SIR ALLAN MACNAB	54.92	2
4 Noah Mulkewich	WESTDALE	57.01	2
5 Jordan Gilbert	A.N. MYER - NIAGARA FALLS	57.30	2

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Finals ... (Men Open 400 Meter Dash Midget)

Name	School	Finals	H#
6 Joseph Waterman	ST. CATHARINES COLL.	57.75	1
7 Owen Chapman	MCKINNON PARK - CALEDON	57.87	1
8 DaCosta Trotman	NORA FRANCES HENDERSON	57.99	1
9 Ayden Nicoletta	RIDGEWAY-CRYSTAL-BEACH	58.05	1
10 Sam Woodland	SMITHVILLE CHRIST HS -SMI	59.18	2
11 Ethan May	WESTMOUNT	59.89	1
12 Ryan Belovari	E. L. CROSSLEY - FONTHILL	1:01.37	1
13 Sammy Ugulini	E. L. CROSSLEY - FONTHILL	1:04.56	1

Men Open 800 Meter Run Midget

SOSSA Inc.: 2:03.07 R 2016-05-19 Nicholas Young, SFSS-St. Cathari

Name	School	Finals	H#
Finals			
1 Samuel Nolan	ST. FRANCIS-ST.CATH	2:12.76	2
2 Noah Lavoie	HOLY CROSS-ST. CATH	2:14.35	2
3 Corbin Atkinson	WINSTON CHURCHILL - ST. C	2:14.94	2
4 Logan Yates	DUNDAS VALLEY	2:16.49	2
5 Keyes Matt	WINSTON CHURCHILL - ST. C	2:17.90	2
6 Ethan Summerhays	HAMILTON DISTRICT	2:18.16	2
7 Brendan Clark	LAURA SECORD - ST. CATHA	2:22.77	2
8 Zachary Briggs	RIDGEWAY-CRYSTAL-BEACH	2:26.13	1
9 Evan Lacroix	E. L. CROSSLEY - FONTHILL	2:27.53	2
10 Patrick Kirby	ES JEAN VANIER - WELLAND	2:28.00	1
11 Lukas Brooks	DUNDAS VALLEY	2:28.93	1
12 Cooper MacJanet	CENTENNIAL - WELLAND	2:29.81	1
13 Dan Vanderwal	GUIDO DE BRES	2:30.08	1
14 Dylan Mitha	SHERWOOD	2:30.60	1
15 Levi VanVeen	GUIDO DE BRES	2:41.89	1

Men Open 1500 Meter Run Midget

SOSSA Inc.: 4:16.93 R 2010-05-20 Liam Smith, Highland

Name	School	Finals
Finals		
1 Samuel Nolan	ST. FRANCIS-ST.CATH	4:32.23
2 Sasha Schimmelpenninck Van	WINSTON CHURCHILL - ST. C	4:35.99
3 Corbin Atkinson	WINSTON CHURCHILL - ST. C	4:36.29
4 Kyle Hannon	NOTRE DAME COLLEGE - WE	4:37.81
5 Carter McMaster	EDEN HIGH SCHOOL - ST. CA	4:38.46
6 Ethan Summerhays	HAMILTON DISTRICT	4:39.12
7 Logan Yates	DUNDAS VALLEY	4:40.74
8 Sam Mills	ANCASTER HIGH	4:43.94
9 Rayane Sennaoui	ORCHARD PARK	4:44.24
10 Noah Lavoie	HOLY CROSS-ST. CATH	4:44.93
11 Patrick Kirby	ES JEAN VANIER - WELLAND	5:03.49
12 Cooper MacJanet	CENTENNIAL - WELLAND	5:05.03
13 Evan Lacroix	E. L. CROSSLEY - FONTHILL	5:05.91
14 Nick Moore	SIR ALLAN MACNAB	5:06.03
15 Josiah Forde	NIAGARA CHRISTIAN COLLE	5:06.67
16 Troy Bowden	ANCASTER HIGH	5:09.77

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Men Open 3000 Meter Run Midget

SOSSA Inc.: 9:27.55 R 2006-05-18 Mohammed Ahmed, St. Catharines C.I.

Name	School	Finals
Finals		
1 Sasha Schimmelpenninck Van	WINSTON CHURCHILL - ST. C	10:07.93
2 Kyle Hannon	NOTRE DAME COLLEGE - WE	10:11.29
3 Carter McMaster	EDEN HIGH SCHOOL - ST. CA'	10:11.70
4 Rayane Sennaoui	ORCHARD PARK	10:16.22
5 Sam Mills	ANCASTER HIGH	10:17.84
6 Gerrit Oldejans	DUNDAS VALLEY	10:25.55
7 Cameron Burgess	GOVERNOR SIMCOE-ST. CAT	10:30.12
8 Justin Vanderwoude	GUIDO DE BRES	10:39.03
9 Caleb Vermeulen	GUIDO DE BRES	10:39.79
10 Evan Stewart	EDEN HIGH SCHOOL - ST. CA'	10:47.59
11 Liam Yoell	WESTDALE	11:01.99
12 Cole Arnold	BLESSED TRINITY-GRIMSBY	11:04.53
13 Zachary Tyrrell	RIDGEWAY-CRYSTAL-BEACH	11:05.16
14 Caleb Pitchko	CENTENNIAL - WELLAND	11:05.38
15 Sam Csuka	NOTRE DAME COLLEGE - WE	14:14.81
--- Jacob McCracken	FORT ERIE - FORT ERIE	DNF

Men Open 100 Meter Hurdles Midget

SOSSA Inc.: 14.98 R 2009-05-21 Nicholas Katulic-Ducharme, Centennial Welland

Name	School	Finals
Finals		
1 Callan Saldutto	NOTRE DAME COLLEGE - WE	15.27
2 Kelvin Luu	SIR JOHN A MACDONALD	17.15
3 Avery Ferguson	THOROLD - THOROLD	18.74
4 Logan Butler	DUNDAS VALLEY	19.04
5 Ethan May	WESTMOUNT	19.72
6 Sam Nkomo	LAURA SECORD - ST. CATHA'	19.89
7 Carter Gyori	DUNDAS VALLEY	21.54

Men Open 300 Meter Hurdles Midget

SOSSA Inc.: 43.03 R 2004-05-20 Adam Simpson, Ridgeway-Crystal B

Name	School	Finals	H#
Finals			
1 Leikeze Cheruiyot	SIR ALLAN MACNAB	44.39	2
2 DaCosta Trotman	NORA FRANCES HENDERSON	46.60	2
3 Jonathon Kort	CENTENNIAL - WELLAND	47.24	2
4 Dawsen Schutten	GUIDO DE BRES	47.68	2
5 Avery Ferguson	THOROLD - THOROLD	48.06	2
6 Ryan Belovari	E. L. CROSSLEY - FONTHILL	48.71	2
7 Carter Geoffroy	WINSTON CHURCHILL - ST. C	48.74	2
8 T.J. Cronkwright	A.N. MYER - NIAGARA FALLS	48.78	2
9 Curtis Neilson	WINSTON CHURCHILL - ST. C	49.56	1
10 Ethan Hossack	MCKINNON PARK - CALEDON	50.45	1
11 Logan Butler	DUNDAS VALLEY	50.58	1
12 Tristan Sorge	LAKESHORE CATHOLIC-POR'	51.00	1
13 Oreoluwa Fowler	WINSTON CHURCHILL - ST. C	51.15	1

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Finals ... (Men Open 300 Meter Hurdles Midget)

Name	School	Finals	H#
14 Brayden Schutten	GUIDO DE BRES	52.83	1
15 Mason Sterr	E. L. CROSSLEY - FONTHILL	53.87	1

Men Open 4x100 Meter Relay Midget

SOSSA Inc.: 47.42 R 2010-05-20 Sir Winston Churchill, St. Catharines

Team	Relay	Finals	H#
Finals			
1 A.N. MYER - NIAGARA FALLS		48.30	2
1) Daniel Soppitt	2) Matthew Mills	3) T.J. Cronkwright	4) Jordan Gilbert
2 WINSTON CHURCHILL - ST		48.45	2
1) Aziz Basic	2) Noah Dommasch	3) Carter Geoffroy	
5) Curtis Neilson	6) Arhum Kiani		
3 E. L. CROSSLEY - FONTHILL		48.50	2
1) Harmon Narbonne	2) Carter Teal	3) Sammy Ugulini	4) Nathan Schooley
5) Carson Stolk			
4 WESTDALE		49.04	2
1) Noah Mulkewich	2) Declan Sutherland-Case	3) Demarco Lawrence	4) Raiyan Sayeed
5) Liam Yoell	6) Ehsaan M Khan		
5 DUNDAS VALLEY		49.08	2
1) Derek Nash	2) Carter Gyori	3) Logan Butler	4) Lukas Brooks
5) Logan Yates			
6 RIDGEWAY-CRYSTAL-BEACH		49.36	2
1) Zachary Briggs	2) William Schultz	3) Adriel Castellanos	4) Ayden Nicoletta
5) Zachary Tyrrell	6) Cody Miskolcezi		
7 GUIDO DE BRES		50.14	2
1) Brayden Schutten	2) Dawsen Schutten	3) Caleb Schulenberg	4) Ben Vos
5) Dan Vanderwal			
8 MCKINNON PARK - CALEDONIA		50.65	1
1) Ethan Hossack	2) Jacob Dutcher	3) Owen Chapman	4) Evan Regnerus
5) Mason Oxley	6) Mitchell Sauve		
9 HOLY CROSS-ST. CATHARINES		51.64	1
1) George Warren	2) Jesse Van De Laar	3) Mathias Kaziauskas	4) Seb Vera
10 SMITHVILLE CHRIST HS - SMITHVILLE		52.28	1
1) Nate Shirton	2) Seth Pacquin	3) Sam Woodland	4) Kurt Zantingh
11 GREAT LAKES CHRISTIAN CHURCH		55.54	1
1) Gabriel Randen	2) Immanuel Estrella	3) Leonardo Razon	4) Nathan Stavinga
12 BEAMSVILLE - BEAMSVILLE		55.62	1
1) Adam Holstein	2) Nick Hudson	3) Nate Khul	4) Quinn Talukdar
5) Benjamin Niemi	6) Kerwin Felsburg		
--- SAINT PAUL -NIAGARA FALLS		DQ	2
1) Reece Beaupit	2) Endy Youyoute	3) Anthony Palmieri	4) Kyle Narsansky
5) Josh Lennox			

Men Open High Jump Midget

SOSSA Inc.: 1.95m R 2007-05-24 Jeff Webb, Eden HS

Name	School	Finals
Finals		
1 Noah Dommasch	WINSTON CHURCHILL - ST. C	1.79m
2 Quinton Duemo	ST. FRANCIS-ST.CATH	1.76m
3 Cole Duncanson	EDEN HIGH SCHOOL - ST. CA	1.65m
4 Aydan Doschner	DUNNVILLE - DUNNVILLE	1.60m
5 Bryce Drennan	ES JEAN VANIER - WELLAND	1.60m

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Finals ... (Men Open High Jump Midget)

Name	School	Finals
6 Fred Fledderus	HAMILTON DISTRICT	1.60m
7 Bishop Agbaje-Williams	LAURA SECORD - ST. CATHA	1.55m
8 Michael Barry	SIR ALLAN MACNAB	1.55m
8 Nate Shirton	SMITHVILLE CHRIST HS -SMI	1.55m
10 Jacob Dutcher	MCKINNON PARK - CALEDON	1.50m

Men Open Pole Vault Midget

SOSSA Inc.: 3.65m R 2012-05-24 Joel Mueller, Ridgeway-Crystal B

Name	School	Finals
Finals		
1 Cameron Burgess	GOVERNOR SIMCOE-ST. CAT	2.50m

Men Open Long Jump Midget

SOSSA Inc.: 6.10m R 2007-05-24 Jean-Paul Lauzon, St. Paul

Name	School	Finals
Finals		
1 David Jones	NOTRE DAME COLLEGE - WE	5.93m
2 Carter Teal	E. L. CROSSLEY - FONTHILL	5.67m
3 Kelvin Luu	SIR JOHN A MACDONALD	5.39m
4 Endy Youyoute	SAINT PAUL -NIAGARAFALLS	5.20m
5 Ryan Saxe	WESTLANE - NIAGARA FALL	5.18m
5 Daniel Soppitt	A.N. MYER - NIAGARA FALLS	5.18m
7 Jesse Van De Laar	HOLY CROSS-ST. CATH	5.14m
8 George Warren	HOLY CROSS-ST. CATH	4.93m
9 Elijah Martineau	WATERDOWN	4.84m
10 Gavan Banga	BLESSED TRINITY-GRIMSBY	4.78m
11 Michael Barry	SIR ALLAN MACNAB	4.73m
12 Mason Oxley	MCKINNON PARK - CALEDON	4.72m
13 Lucas D'Elia	ST. FRANCIS-ST.CATH	4.64m
14 Noah Frise	SIR WINSTON CHURCHILL	4.60m
15 Seth Pacquin	SMITHVILLE CHRIST HS -SMI	4.59m
16 Carter Gyori	DUNDAS VALLEY	4.46m

Men Open Triple Jump Midget

SOSSA Inc.: 12.27m R 2010-05-20 Nathan Merritt, Ridgeway-Crystal B

Name	School	Finals
Finals		
1 Jayden Talsma	SMITHVILLE CHRIST HS -SMI	11.37m
2 Leikeze Cheruiyot	SIR ALLAN MACNAB	11.34m
3 Michael Barry	SIR ALLAN MACNAB	11.10m
4 Evan Regnerus	MCKINNON PARK - CALEDON	10.74m
5 Tristan Sorge	LAKESHORE CATHOLIC-POR	10.74m
6 Ryan Belovari	E. L. CROSSLEY - FONTHILL	10.65m
7 Jacob Dutcher	MCKINNON PARK - CALEDON	10.38m
8 Evan Bartok	ES JEAN VANIER - WELLAND	10.37m
9 Ashton Nieuwets	EDEN HIGH SCHOOL - ST. CA	10.16m
10 Owen Chapman	MCKINNON PARK - CALEDON	10.11m
11 Cole Arnold	BLESSED TRINITY-GRIMSBY	10.03m
12 Owen Darling	E. L. CROSSLEY - FONTHILL	10.01m

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Finals ... (Men Open Triple Jump Midget)

Name	School	Finals
13 Mac Levesque	ST. CATHARINES COLL.	9.81m
14 Luke Huinink	SMITHVILLE CHRIST HS -SMI	9.66m

Men Open Shot Put 4 kg Midget

SOSSA Inc.: 14.80m R 2004-05-20 Josh Moes, Heritage Christian

Name	School	Finals
Finals		
1 Thomas Matsell	SALTFLEET	14.62m
2 Jordan Gilbert	A.N. MYER - NIAGARA FALLS	12.09m
3 Josh Lennox	SAINT PAUL -NIAGARAFALLS	11.33m
4 Andrew Song	WINSTON CHURCHILL - ST. C	11.28m
5 Nate Khul	BEAMSVILLE - BEAMSVILLE	11.10m
6 Cameron Lof	GUIDO DE BRES	10.63m
7 Jahdiel Chipembere	SIR ALLAN MACNAB	10.48m
8 Aydan Doschner	DUNNVILLE - DUNNVILLE	10.40m
9 Bryce Drennan	ES JEAN VANIER - WELLAND	10.32m
10 Nathan D'Costa	GOVERNOR SIMCOE-ST. CAT	10.27m
11 Owen Durand	WESTLANE - NIAGARA FALL	10.05m
12 Louie Miles	DENIS MORRIS ST. CATH	9.47m
13 Nick Hudson	BEAMSVILLE - BEAMSVILLE	9.26m
14 Ethan Cardwell	EASTDALE - WELLAND	9.23m
15 Malachi Lodder	GUIDO DE BRES	8.96m

Men Open Discus Throw 1kg Midget

SOSSA Inc.: 58.48m R 2017-05-18 Callan Saldutto, NotreDame-Wella

Name	School	Finals
Finals		
1 Callan Saldutto	NOTRE DAME COLLEGE - WE	58.48m R
2 Zachary Briggs	RIDGEWAY-CRYSTAL-BEACH	38.32m
3 Thomas Matsell	SALTFLEET	32.10m
4 Nathan D'Costa	GOVERNOR SIMCOE-ST. CAT	30.30m
5 Aidan Schenkel	GUIDO DE BRES	30.16m
6 Adriel Castellanos	RIDGEWAY-CRYSTAL-BEACH	29.71m
7 Jonathon Kort	CENTENNIAL - WELLAND	27.60m
8 Andrew Song	WINSTON CHURCHILL - ST. C	27.53m
9 Cameron Lof	GUIDO DE BRES	26.27m
10 Rory Faraquer	DUNDAS VALLEY	23.01m
11 Tawhid Ahmed	SIR JOHN A MACDONALD	20.51m
12 Braden DeHaan	SMITHVILLE CHRIST HS -SMI	19.15m
13 Samson Iriarte	SMITHVILLE CHRIST HS -SMI	18.37m
14 Zubin Bulsara	SIR JOHN A MACDONALD	17.35m
--- Kyle Skulj	CENTENNIAL - WELLAND	FOUL

Men Open Javelin Throw 600g Midget

SOSSA Inc.: 47.72m R 2008-05-22 Alex McGowan, Stamford

Name	School	Finals
Finals		
1 Nathan D'Costa	GOVERNOR SIMCOE-ST. CAT	44.39m
2 Colin Ratcliffe	E. L. CROSSLEY - FONTHILL	41.83m

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Name	School	Finals
3 Corbin Paterson	BLESSED TRINITY-GRIMSBY	40.34m
4 Callan Saldutto	NOTRE DAME COLLEGE - WE	40.31m
5 Thomas Matsell	SALTFLEET	39.95m
6 Kerwin Felsburg	BEAMSVILLE - BEAMSVILLE	37.20m
7 Matthew Mills	A.N. MYER - NIAGARA FALLS	33.29m
8 Griffen Whitehorne	WINSTON CHURCHILL - ST. C	33.06m
9 Derek Nash	DUNDAS VALLEY	31.09m
10 Cameron Lof	GUIDO DE BRES	30.69m
11 Jacob Dutcher	MCKINNON PARK - CALEDON	29.53m
12 Ashton Nieuwets	EDEN HIGH SCHOOL - ST. CA'	29.38m
13 William Schultz	RIDGEWAY-CRYSTAL-BEACH	25.85m
14 Nathan Surla	STAMFORD - NIAGARA FALLS	24.97m
15 Zubin Bulsara	SIR JOHN A MACDONALD	24.56m
16 Aidan Schenkel	GUIDO DE BRES	19.07m

Men Open 100 Meter Dash Junior

SOSSA Inc.: 11.02 R 2014-05-22 Trent Snyder, Grimsby

Name	School	Prelims	H#
Preliminaries			
1 Myles Misener-Daley	WESTDALE	11.11 Q	1
2 Clayton Roperti	ST. MICHAEL - NIAGARAFAL	11.83 Q	2
3 Jevon Lennox	SIR ALLAN MACNAB	11.88 Q	1
4 Christian Pavely	CENTENNIAL - WELLAND	11.97 Q	2
5 Mateo Corritore	A.N. MYER - NIAGARA FALLS	12.09 Q	2
6 Max Schiff-Malins	A.N. MYER - NIAGARA FALLS	12.23 Q	1
7 Blake Dunford	WESTMOUNT	12.22 q	2
8 Ryan Nienhuis	GUIDO DE BRES	12.25 q	1
9 Matthew Wolfe	SALTFLEET	12.29	2
10 Josh Reid	BEAMSVILLE - BEAMSVILLE	12.34	2
11 Eric Joyce	LAKESHORE CATHOLIC-POR	12.50	1
12 Owen Jones	BLESSED TRINITY-GRIMSBY	12.53	1
13 Jason Mannella	BLESSED TRINITY-GRIMSBY	12.57	2
14 Brayden Ferguson	EDEN HIGH SCHOOL - ST. CA'	12.82	2
15 Callum McNamera	THOROLD - THOROLD	13.02	1

Men Open 100 Meter Dash Junior

SOSSA Inc.: 11.02 R 2014-05-22 Trent Snyder, Grimsby

Name	School	Finals
Finals		
1 Myles Misener-Daley	WESTDALE	11.19
2 Jevon Lennox	SIR ALLAN MACNAB	11.85
3 Clayton Roperti	ST. MICHAEL - NIAGARAFAL	11.92
4 Christian Pavely	CENTENNIAL - WELLAND	12.03
5 Mateo Corritore	A.N. MYER - NIAGARA FALLS	12.24
6 Blake Dunford	WESTMOUNT	12.28
7 Ryan Nienhuis	GUIDO DE BRES	12.44
8 Max Schiff-Malins	A.N. MYER - NIAGARA FALLS	12.47

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Men Open 200 Meter Dash Junior

SOSSA Inc.: 22.46 R 2017-05-18 Myles Misener-Daley, Westdale

Name	School	Finals	H#
Finals			
1 Myles Misener-Daley	WESTDALE	22.46 R	2
2 Jevon Lennox	SIR ALLAN MACNAB	24.38	2
3 Christian Pavely	CENTENNIAL - WELLAND	24.62	2
4 Blake Devinney	CENTENNIAL - WELLAND	24.65	2
5 Tyler Dobbie	E. L. CROSSLEY - FONTHILL	25.17	2
6 Tristan Christie	THOROLD - THOROLD	25.37	2
7 Nathaniel Steele	SIR JOHN A MACDONALD	25.54	1
8 Kyle Nordeman	GUIDO DE BRES	25.60	2
9 Abdullah Dwyer	SIR ALLAN MACNAB	25.70	1
10 Adam Denee	SMITHVILLE CHRIST HS -SMI	26.05	1
11 Luca Timpano	NOTRE DAME COLLEGE - WE	26.33	2
12 AJ Cook	WINSTON CHURCHILL - ST. C	26.96	1
13 Malik Blunt	SALTFLEET	27.56	1

Men Open 400 Meter Dash Junior

SOSSA Inc.: 51.73 R 2016-05-19 Alec Purnell, Dundas Valley

Name	School	Finals	H#
Finals			
1 Myles Misener-Daley	WESTDALE	51.91	2
2 Tristan Christie	THOROLD - THOROLD	54.29	2
3 Nathaniel Steele	SIR JOHN A MACDONALD	54.77	2
4 Zachary Brown	SIR JOHN A MACDONALD	56.13	2
5 Braydan Mattice	CAYUGA	56.94	2
6 Malcolm Green	WESTDALE	58.05	1
7 R.J. Derhodge	ST. MICHAEL - NIAGARAFAL	59.26	2
8 Jorge Rodriguez	A.N. MYER - NIAGARA FALLS	1:00.15	1
9 Samuel Unruh	GOVERNOR SIMCOE-ST. CAT	1:03.11	2
10 Issa Hatu	BEAMSVILLE - BEAMSVILLE	1:04.14	1

Men Open 800 Meter Run Junior

SOSSA Inc.: 1:58.36 R 2016-05-19 Brock Deba, ELCSS-Fonthill

Name	School	Finals	H#
Finals			
1 Nicholas Young	ST. FRANCIS-ST.CATH	2:05.86	2
2 Derian Free	E. L. CROSSLEY - FONTHILL	2:08.40	2
3 Maxwell Horsely	WINSTON CHURCHILL - ST. C	2:09.05	2
4 Ethan Girard	WINSTON CHURCHILL - ST. C	2:09.64	2
5 Zachary Brown	SIR JOHN A MACDONALD	2:12.54	2
6 Christian Ligtenberg	GUIDO DE BRES	2:13.25	2
7 Taylor Mowat	WINSTON CHURCHILL - ST. C	2:15.83	2
8 Malcolm Green	WESTDALE	2:16.96	1
9 Ethan RoseteartSmith	DUNDAS VALLEY	2:19.07	2
10 Caleb Szakacs	EDEN HIGH SCHOOL - ST. CA	2:26.11	1
11 Evan Carbert	NORA FRANCES HENDERSON	2:29.17	1
12 Evan Kernaghan	NOTRE DAME COLLEGE - WE	2:31.54	1
13 Simon Veillette	ES JEAN VANIER - WELLAND	2:35.78	1

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Finals ... (Men Open 800 Meter Run Junior)

Name	School	Finals	H#
14 Shane Fleming	NORA FRANCES HENDERSON	2:37.50	1

Men Open 1500 Meter Run Junior

SOSSA Inc.: 4:06.21 R 2007-05-24 Mohammed Ahmed, St. Catharines C.I.

Name	School	Finals
Finals		
1 Nicholas Young	ST. FRANCIS-ST.CATH	4:25.44
2 Santiago Gaitan	NOTRE DAME COLLEGE - WE	4:27.68
3 Jared Attema	SMITHVILLE CHRIST HS -SMI	4:28.64
4 Derian Free	E. L. CROSSLEY - FONTHILL	4:29.35
5 Ethan Girard	WINSTON CHURCHILL - ST. C	4:30.37
6 Taylor Mowat	WINSTON CHURCHILL - ST. C	4:35.03
7 Nathaniel Leighninger	WESTDALE	4:36.60
8 Tristan Richards	DUNDAS VALLEY	4:40.01
9 Ethan RoseteartSmith	DUNDAS VALLEY	4:47.02
10 Christian Ligtenberg	GUIDO DE BRES	4:47.46
11 Nelson Collee	NOTRE DAME COLLEGE - WE	5:06.44
12 Evan Kernaghan	NOTRE DAME COLLEGE - WE	5:08.71
13 Evan Carbert	NORA FRANCES HENDERSON	5:10.06
14 Elliott Song	E. L. CROSSLEY - FONTHILL	5:20.94
15 Greg Forester	NORA FRANCES HENDERSON	5:26.30

Men Open 3000 Meter Run Junior

SOSSA Inc.: 9:08.95 R 2007-05-24 Mohammed Ahmed, St. Catharines C.I.

Name	School	Finals
Finals		
1 Santiago Gaitan	NOTRE DAME COLLEGE - WE	9:56.30
2 Derian Free	E. L. CROSSLEY - FONTHILL	10:00.97
3 Jared Attema	SMITHVILLE CHRIST HS -SMI	10:01.36
4 Nathaniel Leighninger	WESTDALE	10:07.79
5 Tristan Richards	DUNDAS VALLEY	10:27.69
6 Alex Meffe	WINSTON CHURCHILL - ST. C	10:28.40
7 Harry Lengyel	WINSTON CHURCHILL - ST. C	10:30.56
8 Nick Reimer	WINSTON CHURCHILL - ST. C	10:57.26
9 Jordan Lablanc	CENTENNIAL - WELLAND	11:31.99
10 Cian Burke	SAINT PAUL -NIAGARAFALLS	12:05.18
11 Jordan Beijes	GUIDO DE BRES	13:07.73
12 Hunnaan Arif	WESTMOUNT	13:11.49

Men Open 100 Meter Hurdles Junior

SOSSA Inc.: 14.38 R 2007-05-24 Townsend Benard, Laura Secord

Name	School	Prelims	H#
Preliminaries			
1 Remy Gavanac	GOVERNOR SIMCOE-ST. CAT	15.91 Q	1
2 Jakob Brooman	THOROLD - THOROLD	16.31 Q	2
3 Tinashe Dandato	HOLY CROSS-ST. CATH	16.80 Q	2
4 Cole Pont	CAYUGA	18.17 Q	1
5 Vincent Fracchioni	BLESSED TRINITY-GRIMSBY	18.77 Q	2
6 Braydan Mattice	CAYUGA	19.17 Q	1

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Name	School	Prelims	H#
7 Dabira Akinwumi	NIAGARA CHRISTIAN COLLEGE	19.92 q	2
8 Zachary Pasma	E. L. CROSSLEY - FONTHILL	20.27 q	2
--- Connor Davidson	THOROLD - THOROLD	DQ	1

Men Open 100 Meter Hurdles Junior

SOSSA Inc.: 14.38 R 2007-05-24 Townsend Benard, Laura Secord

Name	School	Finals	H#
Finals			
1 Remy Gavanac	GOVERNOR SIMCOE-ST. CAT	15.35	
2 Jakob Brooman	THOROLD - THOROLD	15.67	
3 Tinashe Dandato	HOLY CROSS-ST. CATH	16.67	
4 Cole Pont	CAYUGA	17.63	
5 Vincent Fracchioni	BLESSED TRINITY-GRIMSBY	18.11	
6 Dabira Akinwumi	NIAGARA CHRISTIAN COLLEGE	19.55	
7 Zachary Pasma	E. L. CROSSLEY - FONTHILL	20.54	

Men Open 300 Meter Hurdles Junior

SOSSA Inc.: 41.62 R 2009-05-21 Sam Testa, Ridgeway-Crystal B

Name	School	Finals	H#
Finals			
1 Remy Gavanac	GOVERNOR SIMCOE-ST. CAT	42.76	2
2 Blake Devinney	CENTENNIAL - WELLAND	43.70	2
3 Abdullah Dwyer	SIR ALLAN MACNAB	45.53	2
4 Aidan Clarke	E. L. CROSSLEY - FONTHILL	46.01	2
5 Owen Blokker	GUIDO DE BRES	46.13	2
6 Zinan Ahmed	BLESSED TRINITY-GRIMSBY	48.41	2
7 Jakob Brooman	THOROLD - THOROLD	49.40	2
8 Braydan Mattice	CAYUGA	50.49	1
9 Zachary Pasma	E. L. CROSSLEY - FONTHILL	50.51	2
10 Elliott Song	E. L. CROSSLEY - FONTHILL	52.70	1

Men Open 4x100 Meter Relay Junior

SOSSA Inc.: 45.89 R 2010-05-20 Notre Dame

Team	Relay	Finals	H#
Finals			
1 NOTRE DAME COLLEGE - V		46.33	2
1) Luca Timpano	2) Tom (byron) Myslowka	3) David Jones	4) Jacob Succar
5) Quentin Annunziata			
2 ST. MICHAEL - NIAGARA FALLS		46.64	2
1) Matthew Riva	2) R.J. Derhodge	3) Qasim Khan	4) Clayton Roperti
5) Daniel Burlak	6) Nicholas Kubushesky		
3 GOVERNOR SIMCOE-ST. CATHARINES		47.01	2
1) Ivan Fernandez	2) Dante Kellar	3) Remy Gavanac	4) Jared Pink
5) Samuel Unruh			
4 A.N. MYER - NIAGARA FALLS		47.17	2
1) Max Schiff-Malins	2) Mateo Corritore	3) Jorge Rodriguez	4) William Widner
5 E. L. CROSSLEY - FONTHILL		47.50	2
1) Aidan Clarke	2) Josh Schooley	3) Tyler Dobbie	4) Brett Young
5) Josh Glen	6) Ross Michalko		

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Finals ... (Men Open 4x100 Meter Relay Junior)

Team	Relay	Finals	H#
6 WINSTON CHURCHILL - ST		47.66	2
1) Noah Garnace	2) Will Brooks	3) AJ Cook	4) Ethan Girard
5) Taylor Mowat	6) Alex Meffe		
7 WESTDALE		47.76	1
1) Remi Jarvis	2) Jacob Cheng	3) Alex Nevills	4) Liam Boatsmith
5) Daniel Lesiuk	6) Myles Misener-Daley		
8 GUIDO DE BRES		48.19	2
1) Kyle Nordeman	2) Ryan Nienhuis	3) Calvin Bartels	4) Dustin Spoolsta
5) Nathan Wanders			
9 SIR ALLAN MACNAB		48.82	1
1) Aaron Johnson	2) Michael Barry	3) Nick Moore	4) Keaun Clarke
5) Abdullah Dwyer	6) Jevon Lennox		
10 RIDGEWAY-CRYSTAL-BEAC		49.48	2
1) Lucas Vail	2) Matthew Tatarnuk	3) Alex Giampaolo	4) Trey Fischer
5) Zachary Cooper			
11 BEAMSVILLE - BEAMSVILI		50.03	1
1) Logan Wells Musk	2) Josh Reid	3) Nolan Randall	4) Scott Hunter
5) Issa Hatu	6) Robert Freeman		
12 SALTFLEET		50.20	1
1) Malik Blunt	2) Matthew Wolfe	3) Johnny Kanagaratnam	4) Jonas Mallett
--- CAYUGA		DQ	1
1) Cole Pont	2) Ashton Murray	3) Decoda Jacysyn	4) Braydan Mattice
5) Dallas Abbott			

Men Open High Jump Junior

SOSSA Inc.: 1.95m R 2008-05-22 Jeff Webb, Eden

Name	School	Finals
Finals		
1 Anthony Beijes	GUIDO DE BRES	1.75m
2 Owen Blokker	GUIDO DE BRES	1.70m
3 Nicholas Murdaca	A.N. MYER - NIAGARA FALLS	1.70m
4 DeAndre Fournier	THOROLD - THOROLD	1.65m
5 Johnny Jacob	LAKESHORE CATHOLIC-POR'	1.65m
6 Nelson Collee	NOTRE DAME COLLEGE - WE	1.60m
7 Alex Kosobuvich	DUNDAS VALLEY	1.55m
7 Josh Schooley	E. L. CROSSLEY - FONTHILL	1.55m
7 Neil Wangler	NIAGARA CHRISTIAN COLLE	1.55m
10 Chamsie Loum	GRIMSBY - GRIMSBY	1.50m
11 Gideon Vanderwoude	GUIDO DE BRES	1.45m
11 Justice Thompson	DSBN ACADEMY	1.45m

Men Open Pole Vault Junior

SOSSA Inc.: 4.00m R 2013-05-23 Joel Mueller, Ridgeway-Crystal B

Name	School	Finals
Finals		
1 Tyler Dobbie	E. L. CROSSLEY - FONTHILL	3.30m
2 Brett Young	E. L. CROSSLEY - FONTHILL	2.60m
2 Remy Gavanac	GOVERNOR SIMCOE-ST. CAT	2.60m
4 Connor Davidson	THOROLD - THOROLD	2.30m
4 Adrian Papez	E. L. CROSSLEY - FONTHILL	2.30m
6 Aidan Clarke	E. L. CROSSLEY - FONTHILL	2.00m

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Men Open Long Jump Junior

SOSSA Inc.: 6.37m R 2007-05-24 Carlin McLean, Orchard Park

Name	School	Finals
Finals		
1 Spencer Murray	WESTMOUNT	5.97m
2 Blake Dunford	WESTMOUNT	5.88m
3 Qasim Khan	ST. MICHAEL - NIAGARAFAL	5.41m
4 Alex Root	NOTRE DAME COLLEGE - WE	5.40m
5 Nicholas Murdaca	A.N. MYER - NIAGARA FALLS	5.34m
6 Nathaniel Steele	SIR JOHN A MACDONALD	5.25m
6 Tom (byron) Myslowka	NOTRE DAME COLLEGE - WE	5.25m
8 DeAndre Fournier	THOROLD - THOROLD	5.18m
9 Johnny Jacob	LAKESHORE CATHOLIC-POR'	5.04m
10 Noah Spanninga	GUIDO DE BRES	4.96m
11 Josh Reid	BEAMSVILLE - BEAMSVILLE	4.83m
12 Abdullah Dwyer	SIR ALLAN MACNAB	4.75m
13 Lucas Gerryts	SMITHVILLE CHRIST HS -SMI	4.55m
14 Jake Boekestyn	SMITHVILLE CHRIST HS -SMI	4.54m
15 Chamsie Loum	GRIMSBY - GRIMSBY	4.45m
16 Greg Garson	MCKINNON PARK - CALEDON	4.35m

Men Open Triple Jump Junior

SOSSA Inc.: 13.00m R 2013-05-23 Twanell Bell, Denis Morris

Name	School	Finals
Finals		
1 DeAndre Fournier	THOROLD - THOROLD	12.72m
2 Johnny Jacob	LAKESHORE CATHOLIC-POR'	12.67m
3 Qasim Khan	ST. MICHAEL - NIAGARAFAL	11.81m
4 Jake Boekestyn	SMITHVILLE CHRIST HS -SMI	11.54m
5 Alex Root	NOTRE DAME COLLEGE - WE	11.43m
6 William Widner	A.N. MYER - NIAGARA FALLS	11.26m
7 Josh Reid	BEAMSVILLE - BEAMSVILLE	10.94m
8 Josh Glen	E. L. CROSSLEY - FONTHILL	10.65m
9 Greg Garson	MCKINNON PARK - CALEDON	10.57m
10 Garret Vandervelde	GUIDO DE BRES	10.56m
11 Noah Garnace	WINSTON CHURCHILL - ST. C	10.42m
12 Noah Spanninga	GUIDO DE BRES	10.37m
13 Lucas Gerryts	SMITHVILLE CHRIST HS -SMI	10.33m
14 Dennis Linkert	WESTDALE	9.37m

Men Open Shot Put 4kg Junior

SOSSA Inc.: 16.51m R 2008-05-22 Stefan Palios, Grimsby

Name	School	Finals
Finals		
1 Joshua Bigelow	WESTLANE - NIAGARA FALL	15.26m
2 Ezekiel Kennedy	ROBERT LAND ACADEMY	14.69m
3 Bruce Bryan	PORT COLBORNE - PORT COL	14.20m
4 Colin Howe	FORT ERIE - FORT ERIE	12.85m
5 Daniel Burlak	ST. MICHAEL - NIAGARAFAL	12.77m
6 Chris Black	WINSTON CHURCHILL - ST. C	12.62m

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Finals ... (Men Open Shot Put 4kg Junior)

Name	School	Finals
7 Garret Vandervelde	GUIDO DE BRES	12.09m
8 Caleb Gough	THOROLD - THOROLD	12.03m
9 Jesse Murphy	SAINT PAUL -NIAGARAFALLS	11.80m
10 Jacob Turner	THOROLD - THOROLD	11.75m
11 Calvin Bartels	GUIDO DE BRES	11.28m
12 Josh Ramnarain	LAURA SECORD - ST. CATHA	10.11m

Men Open Discus Throw 1kg Junior

SOSSA Inc.: 55.23m R 2010-05-20 Rob Osborn, Ridgeway-Crystal B

Name	School	Finals
Finals		
1 Kyle Baker	RIDGEWAY-CRYSTAL-BEACH	42.30m
2 Joshua Bigelow	WESTLANE - NIAGARA FALL	37.35m
3 Bruce Bryan	PORT COLBORNE - PORT COL	37.19m
4 Jake Richard	PORT COLBORNE - PORT COL	36.85m
5 Caleb Gough	THOROLD - THOROLD	36.65m
6 Kiefer Sonnenberg	LAURA SECORD - ST. CATHA	33.96m
7 Jeremy Pollard	E. L. CROSSLEY - FONTHILL	32.91m
8 Jacob Turner	THOROLD - THOROLD	32.22m
9 Josh Ramnarain	LAURA SECORD - ST. CATHA	31.12m
10 Mackenzie Muir	DSBN ACADEMY	28.37m
11 Alex Nevills	WESTDALE	25.51m
12 Dustin Spoolstra	GUIDO DE BRES	24.47m
--- Ezekiel Kennedy	ROBERT LAND ACADEMY	FOUL

Men Open Javelin Throw 600g Junior

SOSSA Inc.: 54.90m R 2008-05-22 Ray Dykstra, Grimsby

Name	School	Finals
Finals		
1 Dan Durkin	NOTRE DAME COLLEGE - WE	45.96m
2 Joel Coopman	FORT ERIE - FORT ERIE	38.36m
3 Kiefer Sonnenberg	LAURA SECORD - ST. CATHA	37.99m
4 Jakob Baumgartner	RIDGEWAY-CRYSTAL-BEACH	37.83m
5 Dustin Spoolstra	GUIDO DE BRES	36.89m
6 Greg Garson	MCKINNON PARK - CALEDON	36.70m
7 Jeremy Pollard	E. L. CROSSLEY - FONTHILL	36.27m
8 Liam Boatman	WESTDALE	32.86m
9 Josh Ramnarain	LAURA SECORD - ST. CATHA	31.58m
10 Gideon Vanderwoude	GUIDO DE BRES	31.48m
11 Connor Davidson	THOROLD - THOROLD	28.36m
12 Ezekiel Kennedy	ROBERT LAND ACADEMY	28.08m
13 Jake Richard	PORT COLBORNE - PORT COL	24.16m
14 Christopher Ellul	ROBERT LAND ACADEMY	24.08m

Men Open 100 Meter Dash Senior

SOSSA Inc.: 10.98 R 2014-05-22 Shane Decker, Denis Morris

Name	School	Prelims	H#
Preliminaries			
1 Ethan Pasco	SAINT PAUL -NIAGARAFALLS	11.27 Q	2

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Preliminaries ... (Men Open 100 Meter Dash Senior)

Name	School	Prelims	H#
2 Tre Ford	A.N. MYER - NIAGARA FALLS	11.28 Q	1
3 Jovan Griffiths	DSBN ACADEMY	11.46 Q	1
4 Tyrell Ford	A.N. MYER - NIAGARA FALLS	11.65 Q	2
5 Holden Child	WINSTON CHURCHILL - ST. C	11.68 Q	1
6 Rachat Bechir	WESTDALE	11.78 Q	2
7 Owen Protulipac	A.N. MYER - NIAGARA FALLS	11.69 q	1
8 Bryan Crawford	SOUTH LINCOLN - SMITHVIL	11.80 q	1
9 Tyler Broderick	THOROLD - THOROLD	11.87	1
10 Jacob Malaryk	BLESSED TRINITY-GRIMSBY	11.93	1
11 Eric Justason	DUNDAS VALLEY	11.96	2
12 Colton Mason	MCKINNON PARK - CALEDON	11.99	2
13 Patrick Harrison	DUNDAS VALLEY	12.16	2
14 Justin Succar	NOTRE DAME COLLEGE - WE	12.19	2
15 Troy Bromfield	WESTMOUNT	12.39	1
16 Joshua Perl	WESTMOUNT	12.47	2

Men Open 100 Meter Dash Senior

SOSSA Inc.: 10.98 R 2014-05-22 Shane Decker, Denis Morris

Name	School	Finals
Finals		
1 Tre Ford	A.N. MYER - NIAGARA FALLS	11.33
2 Ethan Pasco	SAINT PAUL -NIAGARAFALLS	11.37
3 Tyrell Ford	A.N. MYER - NIAGARA FALLS	11.58
4 Jovan Griffiths	DSBN ACADEMY	11.60
5 Rachat Bechir	WESTDALE	11.84
6 Holden Child	WINSTON CHURCHILL - ST. C	11.86
7 Owen Protulipac	A.N. MYER - NIAGARA FALLS	12.07
8 Bryan Crawford	SOUTH LINCOLN - SMITHVIL	12.12

Men Open 200 Meter Dash Senior

SOSSA Inc.: 22.23 R 2005-05-19 Mario Rigby, Westdale

Name	School	Finals	H#
Finals			
1 Ethan Pasco	SAINT PAUL -NIAGARAFALLS	22.68	2
2 Tre Ford	A.N. MYER - NIAGARA FALLS	23.09	2
3 Jovan Griffiths	DSBN ACADEMY	23.13	2
4 Rachat Bechir	WESTDALE	23.82	2
5 Cameron McLeod	NORA FRANCES HENDERSON	24.19	2
6 Holden Child	WINSTON CHURCHILL - ST. C	24.20	2
7 Eric Justason	DUNDAS VALLEY	24.45	1
8 Owen Protulipac	A.N. MYER - NIAGARA FALLS	24.59	1
9 Joel Ingram	A.N. MYER - NIAGARA FALLS	24.75	1
10 Colton Mason	MCKINNON PARK - CALEDON	24.78	1
11 Mitchell Hicks	WESTLANE - NIAGARA FALL	24.80	1
12 Patrick Harrison	DUNDAS VALLEY	24.97	2
13 Esteban Sarmiento	DSBN ACADEMY	25.01	1
14 Jacob Malaryk	BLESSED TRINITY-GRIMSBY	25.29	2
15 Troy Bromfield	WESTMOUNT	26.48	1

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Men Open 400 Meter Dash Senior

SOSSA Inc.: 49.00 R 2010-05-20 Cody Boyd, Sir Winston Churchill

Name	School	Finals	H#
Finals			
1 Brock Deba	E. L. CROSSLEY - FONTHILL	51.02	2
2 Alec Purnell	DUNDAS VALLEY	51.32	2
3 Jovan Griffiths	DSBN ACADEMY	51.66	2
4 Ethan Pasco	SAINT PAUL -NIAGARAFALLS	51.80	2
5 Owen Opie	WESTDALE	52.06	2
6 John Riley	WINSTON CHURCHILL - ST. C	53.15	2
7 Owen Protulipac	A.N. MYER - NIAGARA FALLS	53.33	1
8 Josh Boisvert	HAGERSVILLE SECONDARY	53.88	1
9 Joel Ingram	A.N. MYER - NIAGARA FALLS	54.01	1
10 Isaac Lapp	RIDGEWAY-CRYSTAL-BEACH	54.35	2
11 Esteban Sarmiento	DSBN ACADEMY	54.79	1
12 Cal Sentance	DENIS MORRIS ST. CATH	54.88	2
13 Reid Wiley	WINSTON CHURCHILL - ST. C	59.59	1

Men Open 800 Meter Run Senior

SOSSA Inc.: 1:53.97 R 2010-05-20 Chris Meidema, Lakeshore CHS

Name	School	Finals	H#
Finals			
1 Brock Deba	E. L. CROSSLEY - FONTHILL	2:01.60	1
2 Alec Purnell	DUNDAS VALLEY	2:02.79	2
3 Owen Opie	WESTDALE	2:03.01	2
4 Logan Martineau	HOLY CROSS-ST. CATH	2:05.57	2
5 Isaac Lapp	RIDGEWAY-CRYSTAL-BEACH	2:07.43	2
6 Ian Klassen	DUNDAS VALLEY	2:10.81	2
7 Omar Ulloa	NORA FRANCES HENDERSON	2:16.12	2
8 Natsumi Sugasaki	NIAGARA CHRISTIAN COLLE	2:18.54	1
9 Harrison Enns	WINSTON CHURCHILL - ST. C	2:19.39	2
10 Evan Potts	SHERWOOD	2:22.32	1
11 Jack Buitenhuis	GUIDO DE BRES	2:24.19	1
12 Jake Nunn	E. L. CROSSLEY - FONTHILL	2:31.08	1
13 Austin Gilby	NOTRE DAME COLLEGE - WE	2:41.05	1

Men Open 1500 Meter Run Senior

SOSSA Inc.: 3:55.18 R 2009-05-21 Jeremy Rae, Lakeshore CHS

Name	School	Finals
Finals		
1 Campbell Lee	HOLY CROSS-ST. CATH	4:16.05
2 Logan Martineau	HOLY CROSS-ST. CATH	4:24.40
3 Ian Klassen	DUNDAS VALLEY	4:25.09
4 Justin DeJong	HAMILTON DISTRICT	4:36.75
5 Owen Grabell	E. L. CROSSLEY - FONTHILL	4:38.32
6 Finn Mills	ANCASTER HIGH	4:48.76
7 Jake Nunn	E. L. CROSSLEY - FONTHILL	4:56.79
8 Nick Song	E. L. CROSSLEY - FONTHILL	4:59.70
9 Jackson Friesen	THOROLD - THOROLD	5:03.09
10 DJ Behal	NIAGARA CHRISTIAN COLLE	5:07.83

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Finals ... (Men Open 1500 Meter Run Senior)

Name	School	Finals
11 Robert Gray	LAURA SECORD - ST. CATHA	5:10.93
12 Stephen Taylor	NOTRE DAME COLLEGE - WE	5:14.49
13 Owen Konkle	BEAMSVILLE - BEAMSVILLE	5:20.18
--- Steve Bruun	ANCASTER HIGH	DNF

Men Open 3000 Meter Run Senior

SOSSA Inc.: 8:31.82 R 2009-05-21 Mohammed Ahmed, St. Catharines C.I.

Name	School	Finals
Finals		
1 Campbell Lee	HOLY CROSS-ST. CATH	9:23.85
2 Theo Hassim	WINSTON CHURCHILL - ST. C	9:33.10
3 Steve Bruun	ANCASTER HIGH	9:38.77
4 Alex Seguin	WATERDOWN	9:41.51
5 Logan Martineau	HOLY CROSS-ST. CATH	9:48.73
6 Justin DeJong	HAMILTON DISTRICT	9:48.96
7 Owen Bachelor	WINSTON CHURCHILL - ST. C	9:49.36
8 Doug Keen	DUNDAS VALLEY	9:53.00
9 Owen Grabell	E. L. CROSSLEY - FONTHILL	9:53.10
10 Gavin McLaughlin	EDEN HIGH SCHOOL - ST. CA	9:55.00
11 Jared Carter	E. L. CROSSLEY - FONTHILL	10:00.75
12 Ryan Kort	E. L. CROSSLEY - FONTHILL	10:11.72
13 Jacob Roussel	DELTA	10:12.94

Men Open 110 Meter Hurdles Senior

SOSSA Inc.: 14.58 R 2009-05-21 Townsend Benard, Laura Secord

Name	School	Prelims	H#
Preliminaries			
1 Oliver Wolf	THOROLD - THOROLD	15.89 Q	1
2 Colton Spencer	THOROLD - THOROLD	16.00 Q	2
3 Tristan Vermolen	LAURA SECORD - ST. CATHA	16.30 Q	2
4 Troy Bromfield	WESTMOUNT	16.46 Q	1
5 Matt Nichols	WINSTON CHURCHILL - ST. C	16.60 Q	1
6 Osaze Usuanlele	HOLY CROSS-ST. CATH	18.01 Q	2
7 Aman Chera	E. L. CROSSLEY - FONTHILL	17.97 q	1
8 Sebastian Michel	NOTRE DAME COLLEGE - WE	18.20 q	2
9 Zach Mumby	MCKINNON PARK - CALEDON	20.22	1
10 Nick Myke	WESTMOUNT	20.25	2
11 TD Whittaker	WESTMOUNT	20.75	2
12 Ali Khodr-Ali	ES JEAN VANIER - WELLAND	21.79	1

Men Open 110 Meter Hurdles Senior

SOSSA Inc.: 14.58 R 2009-05-21 Townsend Benard, Laura Secord

Name	School	Finals
Finals		
1 Tristan Vermolen	LAURA SECORD - ST. CATHA	15.74
2 Colton Spencer	THOROLD - THOROLD	15.82
3 Oliver Wolf	THOROLD - THOROLD	15.97
4 Troy Bromfield	WESTMOUNT	16.41
5 Matt Nichols	WINSTON CHURCHILL - ST. C	16.47

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Finals ... (Men Open 110 Meter Hurdles Senior)

Name	School	Finals
6 Sebastian Michel	NOTRE DAME COLLEGE - WF	17.77
7 Aman Chera	E. L. CROSSLEY - FONTHILL	17.79
8 Osaze Usuanlele	HOLY CROSS-ST. CATH	17.85

Men Open 400 Meter Hurdles Senior

SOSSA Inc.: 56.87 R 2009-05-21 Connor Fanning, Highland

Name	School	Finals	H#
Finals			
1 John Riley	WINSTON CHURCHILL - ST. C	1:00.30	2
2 Cameron McLeod	NORA FRANCES HENDERSON	1:00.37	2
3 Mackenzie Jasinskas	CENTENNIAL - WELLAND	1:02.56	2
4 Tristan Vermolen	LAURA SECORD - ST. CATHA	1:03.71	2
5 Owen Bachelor	WINSTON CHURCHILL - ST. C	1:05.87	2
6 Jonathan Othman	GOVERNOR SIMCOE-ST. CAT	1:07.48	2
7 Williston Goodfellow	CENTENNIAL - WELLAND	1:07.95	2
8 TD Whittaker	WESTMOUNT	1:09.39	2
9 Zach Mumby	MCKINNON PARK - CALEDON	1:11.42	1
10 Osaze Usuanlele	HOLY CROSS-ST. CATH	1:13.08	1
--- Aman Chera	E. L. CROSSLEY - FONTHILL	DNF	1

Men Open 4x100 Meter Relay SeniorSOSSA Inc.: 43.82 R 2016-05-19 A.N. Myer - Niagara Falls, ANMSS-Niagara Falls
C Parlevliet, J Ingram, T Ford, T Ford

Team	Relay	Finals	H#
Finals			
1 A.N. MYER - NIAGARA FALLS		44.54	2
1) Tre Ford	2) Tyrell Ford	3) Joel Ingram	4) Owen Protulipac
5) Tyler Hildebrand	6) Rushon Dageleman		
2 WINSTON CHURCHILL - ST		46.69	2
1) Holden Child	2) Riley MacKinnon	3) Matt Nichols	4) John Riley
5) Sam Rabian	6) Reid Wiley		
3 SAINT PAUL - NIAGARA FALLS		46.79	2
1) Cameron Lang	2) Enzey Youyouite	3) Michael Whelan	4) Ethan Pasco
5) Justin Narsansky	6) Austin Benevides		
4 DUNDAS VALLEY		47.06	2
2) Brad Wright	3) Noah Doan	4) Trevor Hopkins	
5) Patrick Harrison	6) Conrad Von		
5 BEAMSVILLE - BEAMSVILLE		47.13	1
1) Tanner Vail	2) Adam McMaster	3) Zach Carrier	4) Riley Daniels
5) Eric Bell	6) Evan Fitzgerald		
6 NIAGARA CHRISTIAN COLLEGE		47.31	2
1) Natsumi Sugusaki	2) Daniel Oluwayomi	3) Francis Kamsi Ajaero	4) Tomi Toyon
5) Tito Orunesago			
7 RIDGEWAY-CRYSTAL-BEAMSVILLE		48.07	2
1) Matthew Bolton	2) Thomas Cochrane	3) Ethan VanNatter	4) Alex Jaques-McClary
5) Carter Seguin	6) Isaac Lapp		
8 WESTDALE		48.21	2
1) Rachat Bechir	2) Stephane Nzpa	3) Wilson Neves	4) Malcolm Green
5) Liam Curran	6) Jordie Morgan		

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Finals ... (Men Open 4x100 Meter Relay Senior)

Team	Relay	Finals	H#
9 MCKINNON PARK - CALED		48.29	1
	1) Zach Mumby 2) Mitchell Szarko 3) Sam Richardson 4) Colton Mason		
	5) Greg Garson 6) Carter Gray		
10 HOLY CROSS-ST. CATH		48.30	1
	1) Eric LaFlamme 2) Tinashe Dandato 3) Max Roberts-Ramos 4) Jim Carbonel		
	5) Isaiah Anamio		
11 WESTMOUNT		48.53	1
	1) Maxwell Gyimah 2) TD Whittaker 3) Jack Corr 4) Josh Perl		
	5) Troy Bromfield 6) Ayaat Mehdi		
12 NOTRE DAME COLLEGE - V		49.00	1
	1) Harris Wilkinson 2) Rovenston Jeanbaptiste 3) Mahed Mohamed 4) Justin Succar		
13 GOVERNOR SIMCOE-ST. CA		49.78	1
	1) Calvin Dolinski 2) Elijah Kornelson 3) Riley Lepp 4) Jonathan Othman		
	5) Duncan Woods		
14 BLESSED TRINITY-GRIMSB		49.89	1
	1) Joseph Jones 2) Jacob Malaryk 3) Richard Pendlebury 4) Matt Andrews		
15 NORA FRANCES HENDERS		50.60	1
	1) William Loi 2) Peyton Meloche 3) Cameron McLeod 4) Omar Ulloa		
	5) Jason Flores 6) Shane Fleming		

Men Open High Jump Senior

SOSSA Inc.: 2.00m R 2012-05-24 J.T. Hunt, St. Michael

SOSSA Ties: 2.00m T 2017-05-18 Quinn Hiemstra, Waterdown

Name	School	Finals
Finals		
1 Quinn Hiemstra	WATERDOWN	2.00m R
2 Lucas Mazzone	A.N. MYER - NIAGARA FALLS	1.85m
2 Jake Lamb	GRIMSBY - GRIMSBY	1.85m
4 Rovenston Jeanbaptiste	NOTRE DAME COLLEGE - WE	1.80m
5 Devon Steele	SIR ALLAN MACNAB	1.80m
6 Mendelt Elsinga	EDEN HIGH SCHOOL - ST. CA	1.80m
6 Josh Boisvert	HAGERSVILLE SECONDARY	1.80m
8 Micah Nieuwets	EDEN HIGH SCHOOL - ST. CA	1.75m
9 Kyle Hewitt	DSBN ACADEMY	1.75m
10 Jonas Vanden Brink	HAMILTON DISTRICT	1.70m
10 Tristan Vermolen	LAURA SECORD - ST. CATHA	1.70m
12 Will Fledderus	HAMILTON DISTRICT	1.65m
--- Ty Cirasolo	LAKESHORE CATHOLIC-POR	FAIL

Men Open Pole Vault Senior

SOSSA Inc.: 4.20m R 2013-05-23 Jesse Marcil, Ridgeway-Crystal B

SOSSA Ties: 4.20m T 5-2007 , Ridgeway-Crystal B

Name	School	Finals
Finals		
1 Jacob Mergl	E. L. CROSSLEY - FONTHILL	3.20m
2 Spencer Shoalts	E. L. CROSSLEY - FONTHILL	2.60m
2 Aman Chera	E. L. CROSSLEY - FONTHILL	2.60m

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Men Open Long Jump Senior

SOSSA Inc.: 6.79m R 2010-05-20 Carlin McLean, Orchard Park

Name	School	Finals
Finals		
1 Jacob Andrews	A.N. MYER - NIAGARA FALLS	6.38m
2 Tre Ford	A.N. MYER - NIAGARA FALLS	6.25m
3 Tyrell Ford	A.N. MYER - NIAGARA FALLS	6.20m
4 Colton Mason	MCKINNON PARK - CALEDON	6.11m
5 Trevor Hopkins	DUNDAS VALLEY	6.02m
6 Tyler Broderick	THOROLD - THOROLD	6.00m
7 Josh Boisvert	HAGERSVILLE SECONDARY	5.95m
8 Sebastian Michel	NOTRE DAME COLLEGE - WE	5.74m
9 Devon Steele	SIR ALLAN MACNAB	5.64m
10 Justin Succar	NOTRE DAME COLLEGE - WE	5.56m
11 Ker Yung Hong	WATERDOWN	5.55m
12 Riley Daniels	BEAMSVILLE - BEAMSVILLE	5.43m
13 Jacob Malaryk	BLESSED TRINITY-GRIMSBY	5.23m
14 Osaze Usuanlele	HOLY CROSS-ST. CATH	4.98m

Men Open Triple Jump Senior

SOSSA Inc.: 13.85m R 2014-05-22 Jaquan Selman, Denis Morris

Name	School	Finals
Finals		
1 Tyler Broderick	THOROLD - THOROLD	12.72m
2 Tyrell Ford	A.N. MYER - NIAGARA FALLS	12.46m
3 Abdullah Khan	ST. MICHAEL - NIAGARAFALLS	12.05m
4 Riley Daniels	BEAMSVILLE - BEAMSVILLE	11.88m
5 Rushon Dageleman	A.N. MYER - NIAGARA FALLS	11.84m
6 Carter Gray	MCKINNON PARK - CALEDON	11.69m
7 Zach Mumby	MCKINNON PARK - CALEDON	11.64m
8 Peter Cojocari	DENIS MORRIS ST. CATH	11.62m
9 Sebastian Michel	NOTRE DAME COLLEGE - WE	11.22m
10 Bryan Crawford	SOUTH LINCOLN - SMITHVIL	11.03m
11 Jonas Vanden Brink	HAMILTON DISTRICT	11.02m
12 Lucas Eising	HAMILTON DISTRICT	10.84m
13 Ty Cirasolo	LAKESHORE CATHOLIC-POR	10.83m
--- Chris Loum	GRIMSBY - GRIMSBY	FOUL

Men Open Shot Put 12 lb Senior

SOSSA Inc.: 19.35m R 2005-05-19 Mike Barnes, Saltfleet

Name	School	Finals
Finals		
1 Nick Petrick	A.N. MYER - NIAGARA FALLS	14.63m
2 Carmine Spedaliere	ST. FRANCIS-ST.CATH	13.82m
3 Quinn Tucker	E. L. CROSSLEY - FONTHILL	13.48m
4 Austin Benevides	SAINT PAUL -NIAGARAFALLS	13.00m
5 Ebube Esinnah	GREAT LAKES CHRISTIAN HI	12.16m
6 Riley Lepp	GOVERNOR SIMCOE-ST. CAT	12.12m
7 Matthew Johnson	WINSTON CHURCHILL - ST. C	11.86m
8 Samson Kennedy	ROBERT LAND ACADEMY	11.70m

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Finals ... (Men Open Shot Put 12 lb Senior)

Name	School	Finals
9 Justin Narsansky	SAINT PAUL -NIAGARAFALLS	11.38m
10 Jacob Andrews	A.N. MYER - NIAGARA FALLS	11.35m
11 Ryan MacDonald	CAYUGA	10.62m
12 Parsa Narouzian	DUNDAS VALLEY	10.47m
13 Ahmed Alreada	DUNDAS VALLEY	9.92m
14 Paul Pyrcz	SIR ALLAN MACNAB	9.55m

Men Open Discus Throw 1.613kg Senior

SOSSA Inc.: 53.93m R 2005-05-19 Mike Barnes, Saltfleet

Name	School	Finals
Finals		
1 Carmine Spedaliere	ST. FRANCIS-ST.CATH	40.99m
2 Spencer Shoalts	E. L. CROSSLEY - FONTHILL	40.30m
3 Dan Neiman	DENIS MORRIS ST. CATH	37.20m
4 Christian Janzen	WESTMOUNT	36.98m
5 Curtis Egert	CENTENNIAL - WELLAND	35.49m
6 Tyson Wagter	SMITHVILLE CHRIST HS -SMI	33.58m
7 Austin Benevides	SAINT PAUL -NIAGARAFALLS	32.11m
8 Quinn Tucker	E. L. CROSSLEY - FONTHILL	31.36m
9 Samson Kennedy	ROBERT LAND ACADEMY	29.85m
10 Chris Buccella	WESTMOUNT	29.45m
11 Adam Bovine	EDEN HIGH SCHOOL - ST. CA	28.89m
12 Riley Lepp	GOVERNOR SIMCOE-ST. CAT	28.39m
13 Wyatt Flagg	E. L. CROSSLEY - FONTHILL	28.19m
14 Nik Martindale	CAYUGA	27.67m
15 Geoffrey Haylock	ROBERT LAND ACADEMY	27.59m
16 Darrin Bethlehem	GUIDO DE BRES	20.94m

Men Open Javelin Throw 800g Senior

SOSSA Inc.: 68.38m R 2010-05-20 Ray Dykstra, Grimsby

Name	School	Finals
Finals		
1 Colton Spencer	THOROLD - THOROLD	45.54m
2 Curtis Egert	CENTENNIAL - WELLAND	45.13m
3 John Bunton	DSBN ACADEMY	44.01m
4 Tyler Hildebrand	A.N. MYER - NIAGARA FALLS	43.97m
5 Jacob Martens	EDEN HIGH SCHOOL - ST. CA	43.19m
6 Wyatt Flagg	E. L. CROSSLEY - FONTHILL	43.09m
7 Conrad Vonpalleske	DUNDAS VALLEY	42.52m
8 Joseph Jones	BLESSED TRINITY-GRIMSBY	40.41m
9 Tyler Scholz	A.N. MYER - NIAGARA FALLS	39.70m
10 Brendan Peck	DUNDAS VALLEY	37.87m
11 Holand Lung	NIAGARA CHRISTIAN COLLE	35.83m
12 Samson Kennedy	ROBERT LAND ACADEMY	35.59m
13 Liam Smith	EDEN HIGH SCHOOL - ST. CA	35.53m
14 Darrin Bethlehem	GUIDO DE BRES	33.93m
15 Carter Gray	MCKINNON PARK - CALEDON	33.20m
16 Marcus Rosetto	DUNDAS VALLEY	32.71m

**SOSSA 2017 Championship
Track and Field - 2017-05-18
Niagara Olympic Club Track
Results**

Men Open 2000 Meter Steeplechase Open

SOSSA Inc.: 6:15.44 R 2015-05-21 Cain Hassim, SWC (St.Cath)

Name	School	Finals
Finals		
1 Theo Hassim	WINSTON CHURCHILL - ST. C	6:39.78
2 Gavin McLaughlin	EDEN HIGH SCHOOL - ST. CA'	6:59.03
3 Owen Bachelor	WINSTON CHURCHILL - ST. C	7:04.10
4 Doug Keen	DUNDAS VALLEY	7:15.94
5 Finn Mills	ANCASTER HIGH	7:16.13
6 Joshua Wood	DSBN ACADEMY	7:18.22
7 Neil Wangler	NIAGARA CHRISTIAN COLLE	7:22.28
8 Wilson Neves	WESTDALE	7:27.24
9 Dennis Linkert	WESTDALE	7:40.96
10 Ryan Kort	E. L. CROSSLEY - FONTHILL	7:48.07
11 Owen Ricker	SMITHVILLE CHRIST HS -SMI	7:51.23
12 Carter Knox	DUNDAS VALLEY	8:09.84
13 Riley McConachie	DUNNVILLE - DUNNVILLE	8:17.08
14 Adam Johnston	DUNDAS VALLEY	8:17.60
15 Zachary Offerrmann	RIDGEWAY-CRYSTAL-BEACH	8:18.79
16 John Mason	NIAGARA CHRISTIAN COLLE	8:19.63
17 Owen Powell	ST. MICHAEL - NIAGARAFAL	8:21.59
18 Aaron Huinink	HAMILTON DISTRICT	9:10.05

Men Open 4x400 Meter Relay Open

SOSSA Inc.: 3:28.83 R 2005-05-19 Barton

Team	Relay	Finals	H#
Finals			
1 WINSTON CHURCHILL - ST		3:35.89	2
1) Holden Child	2) Ethan Girard	3) Theo Hassim	4) John Riley
5) Harrison Enns	6) Reid Wiley		
2 DUNDAS VALLEY		3:38.72	2
1) Alec Purnell	2) Eric Justason	3) Ethan RoseteartSmith	4) Ian Klassen
5) Doug Keen	6) Logan Yates		
3 CENTENNIAL - WELLAND		3:39.19	2
1) Mackenzie Jasinskas	2) Williston Goodfellow	3) Blake Devinney	4) Christian Pavely
5) Juntae Kim	6) Jonathon Kort		
4 RIDGEWAY-CRYSTAL-BEAC		3:44.33	2
1) Matthew Bolton	2) Isaac Lapp	3) Alex Jaques-McClary	4) Ethan VanNatter
5) Thomas Cochrane	6) Gabriel Grigorov		
5 NORA FRANCES HENDERSI		3:49.74	2
1) Cameron McLeod	2) Omar Ulloa	3) DaCosta Trotman	4) Greg Forester
5) Shane Fleming	6) Evan Carbert		
6 BEAMSVILLE - BEAMSVILI		3:49.96	1
1) Tanner Vail	2) Adam McMaster	3) Zach Carrier	4) Riley Daniels
5) Eric Bell	6) Evan Fitzgerald		
7 WATERDOWN		4:00.46	1
1) Elijah Martineau	2) Keith Will	3) Ker Yung Hong	4) Bryan Mann
5) Alex Seguin			
8 WESTDALE		4:00.50	2
1) Owen Opie	2) Malcolm Green	3) Dennis Linkert	4) Declan Sutherland-Case
5) Noah Mulkewich	6) Ehsaan M Khan		

**SOSSA 2017 Championship
Track and Field - 2017-05-18
Niagara Olympic Club Track
Results**

Finals ... (Men Open 4x400 Meter Relay Open)

Team	Relay	Finals	H#
9	GOVERNOR SIMCOE-ST. CATHERINE 1) Remy Gavanac 2) Dante Kellar 5) Samuel Unruh 6) Duncan Woods	4:00.80	1
	3) Jonathan Othman 4) Jared Pink		
10	E. L. CROSSLEY - FONTHIL 1) Brock Deba 2) Derian Free 5) Ryan Belovari 6) Jared Carter	4:02.65	2
11	MCKINNON PARK - CALEDONIA 1) Zach Mumby 2) Sam Richardson 5) Evan Regnerus 6) Jacob Dutcher	4:04.68	1
	3) Owen Chapman 4) Colton Mason		
12	BLESSED TRINITY-GRIMSBY 1) Gavan Banga 2) Cole Arnold 3) Matthew Memme 4) Ryan McIntyre	4:07.87	1

Men Open 100 Meter Dash Ambulatory Ambulatory

SOSSA Inc.: 12.43 R 2010-05-20 Kyle Whithouse, West Park

Name	School	Finals
Finals		
1 Erik Kuchman	NOTRE DAME COLLEGE - WEST	15.54

Men Open 100 Meter Dash Intellectual I

SOSSA Inc.: 12.63 R 2016-05-19 Owen Konkle, BDSS-Beamsville

Name	School	Finals
Finals		
1 Owen Konkle	BEAMSVILLE - BEAMSVILLE	13.05
2 Grant Flagg	PORT COLBORNE - PORT COLBORNE	13.76
3 Brian Knechtel	BEAMSVILLE - BEAMSVILLE	14.12
4 Andrew McIntyre	ST. MICHAEL - NIAGARAFALLS	14.24
5 Ryan Kulakowski	BEAMSVILLE - BEAMSVILLE	14.53
6 Joseph Nokeo	EDEN HIGH SCHOOL - ST. CATHARINES	14.95
7 Brandon Molnar	NOTRE DAME COLLEGE - WEST	20.75

Men Open 800 Meter Run Intellectual I

SOSSA Inc.: 2:38.41 R 2016-05-19 Owen Konkle, BDSS-Beamsville

Name	School	Finals
Finals		
1 Owen Konkle	BEAMSVILLE - BEAMSVILLE	2:38.51
2 Grant Flagg	PORT COLBORNE - PORT COLBORNE	2:41.43
3 Andrew McIntyre	ST. MICHAEL - NIAGARAFALLS	2:49.84
4 Brian Knechtel	BEAMSVILLE - BEAMSVILLE	2:54.77
5 Ryan Kulakowski	BEAMSVILLE - BEAMSVILLE	3:16.37