

2017 ZONE 4 Championship Meet
Niagara Olympic Club
Results

Women 100 Meter Dash Midget

Name	Year School	Prelims	H#	Alternate
Preliminaries				
1 Mia Friesen	Gsss-St. Cath	13.45Q	3	
2 Devon Fiander	Dsbn Academy	13.95Q	4	
2 Chidera Onyegbule	Holy Cross-St. Cath	13.95Q	1	
4 Michelle Ludwig	Smithville Chs	15.07Q	2	
5 Merissa Spiers	Swcss-St. Cath	14.21q	3	
6 Kyrstn Nicole Smith	Denis Morris	14.25q	3	
7 Kristy-Lei Thom	Blessed Trin HS	14.34q	4	
8 Hannah Copeland	Gsss-St. Cath	14.82q	1	
9 Lauren Beaulieu	Slhs-Smithville	14.92	1	
10 Nikole Wassenaar	Smithville Chs	15.10	3	
11 Halle Zachar	Blessed Trin HS	15.20	1	
12 Julia Pozsonyi	St. Francis-St.Cath	15.37	1	
13 Selina Liu	Glchs	15.56	3	
14 Hailey Mitford	Blessed Trin HS	15.71	3	
15 Marissa Hagopian	St. Francis-St.Cath	15.81	4	
16 Avery Clark	Holy Cross-St. Cath	15.84	4	
17 Kasaundra Pariak	Holy Cross-St. Cath	15.87	3	
18 Keilah Quanico	Ehs	16.00	4	
19 Alysa Eizinga	Gsss-St. Cath	16.26	2	
20 Emily Dube	Ehs	16.46	1	
21 Josie Fuller	Blessed Trin HS	16.46	2	
22 Izirouwa Usanlele	Holy Cross-St. Cath	16.58	2	
23 Lindsay Vos	Ehs	16.63	2	

Women 100 Meter Dash Midget

Name	Year School	Finals	Alternate
Finals			
1 Mia Friesen	Gsss-St. Cath	13.20	
2 Devon Fiander	Dsbn Academy	13.62	
3 Chidera Onyegbule	Holy Cross-St. Cath	13.75	
4 Kristy-Lei Thom	Blessed Trin HS	13.91	
5 Merissa Spiers	Swcss-St. Cath	13.93	
6 Kyrstn Nicole Smith	Denis Morris	14.03	
7 Michelle Ludwig	Smithville Chs	14.58	
8 Hannah Copeland	Gsss-St. Cath	14.70	

Women 200 Meter Dash Midget

Name	Year School	Finals	H#	Alternate
1 Cassie Murphy	Thorold - Thorold	27.54	2	
2 Molly Koop	Ehs	28.39	2	
3 Jaden Bodogh De Lima	Denis Morris	29.62	2	
4 Ilijana Vukovic	Grimsby - Grimsby	29.87	3	
5 Izirouwa Usanlele	Holy Cross-St. Cath	30.03	3	
6 Nikole Wassenaar	Smithville Chs	30.90	2	
7 Annie Sterenberg	Glchs	31.78	2	
8 Marissa Hagopian	St. Francis-St.Cath	32.35	3	
9 Hailey Mitford	Blessed Trin HS	32.41	2	
10 Alysa Eizinga	Gsss-St. Cath	32.85	1	

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11	Katie Wilcox	Blessed Trin HS	33.12	1
12	Josie Fuller	Blessed Trin HS	33.55	3
13	Selina Liu	Glchs	38.96	1

Women 400 Meter Dash Midget

Name	Year School	Finals	H#	Alternate
1 Cassie Murphy	Thorold - Thorold	1:03.47	1	
2 Molly Koop	Ehs	1:05.31	1	
3 Jaden Bodogh De Lima	Denis Morris	1:08.53	2	
4 Bella McGinnis	Swcss-St. Cath	1:10.29	2	
5 Grace Voelkner	Swcss-St. Cath	1:10.62	1	
6 Emma Currie	Holy Cross-St. Cath	1:12.32	1	
7 Ilijana Vukovic	Grimsby - Grimsby	1:12.97	2	
8 Erika Aguillera	Denis Morris	1:15.11	1	
9 Tamlynn Kingsley	Ehs	1:16.26	2	
10 Safwa Liban	Denis Morris	1:26.31	1	
-- Kyrstn Nicole Smith	Denis Morris	DNF	2	

Women 800 Meter Run Midget

Name	Year School	Finals	Alternate
1 Bella McGinnis	Swcss-St. Cath	2:56.17	
2 Madeline Deboer	Blessed Trin HS	2:59.34	
3 Kristen Elver	St. Francis-St.Cath	3:04.80	
4 Katie Wilcox	Blessed Trin HS	3:11.30	
5 Nicole Beach	Blessed Trin HS	3:12.89	

Women 1500 Meter Run Midget

Name	Year School	Finals	Alternate
1 Victoria Scott	Grimsby - Grimsby	5:43.10	
2 Bella McGinnis	Swcss-St. Cath	5:46.04	
3 Breanna Smith	Dsbn Academy	5:49.75	
4 Olivia Morey	Ehs	5:59.77	
5 Sophie McMullin	Smithville Chs	6:00.14	
6 Madeline Deboer	Blessed Trin HS	6:00.38	
7 Janelle Buist	Smithville Chs	6:10.73	
8 Emma Thompson	Ehs	6:12.20	
9 Halle Zachar	Blessed Trin HS	6:13.50	
10 Clare Atreo	Swcss-St. Cath	6:18.60	
11 Kristen Elver	St. Francis-St.Cath	6:23.08	
12 Manal Salaam	Bdss-Beamsville	6:33.25	
13 Thompson Amy	Swcss-St. Cath	6:36.51	
14 Lillian McCallum	Blessed Trin HS	6:40.16	

Women 3000 Meter Run Midget

Name	Year School	Finals	Alternate
1 Halle Zachar	Blessed Trin HS	13:03.81	
2 Annie Sterenberg	Glchs	13:26.60	

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Women 80 Meter Hurdles Midget

Name	Year School	Finals	H#	Alternate
1 Mia Friesen	Gsss-St. Cath	13.32	2	
2 Charlotte Chan	Swcss-St. Cath	13.86	1	
3 Devon Fiander	Dsbn Academy	13.92	2	
4 Sierra Dykstra	Gsss-St. Cath	14.20	2	
5 Kristy-Lei Thom	Blessed Trin HS	15.77	1	
6 Katrina Shields	Blessed Trin HS	15.79	1	
7 Hannah Copeland	Gsss-St. Cath	16.41	1	
8 Victoria Balassone	Blessed Trin HS	16.67	2	
9 Katie Wilcox	Blessed Trin HS	18.83	1	

Women 300 Meter Hurdles Midget

Name	Year School	Finals	H#	Alternate
1 Sierra Dykstra	Gsss-St. Cath	50.65	1	
2 Devon Fiander	Dsbn Academy	51.96	1	
3 Charlotte Chan	Swcss-St. Cath	52.33	1	
4 Nicole Beach	Blessed Trin HS	55.42	2	
5 Merissa Spiers	Swcss-St. Cath	56.15	2	
6 Grace Voelkner	Swcss-St. Cath	57.22	1	
7 Erica Sumbler	Swcss-St. Cath	58.05	2	
8 Brooklyn Brown	Thorold - Thorold	58.67	1	
9 Shaylah Bastien	Thorold - Thorold	1:01.53	2	

Women 4x100 Meter Relay Midget

School	Finals	Alternate
1 Winston Churchill - St. Cath	56.47	
2 Holy Cross-St. Cath	58.43	
3 Blessed Trinity-Grimsby	1:01.32	

Women High Jump Midget

Name	Year School	Finals	Alternate
1 Maggie Weatherdon	Grimsby - Grimsby	1.45m	
1 Michelle Ludwig	Smithville Chs	1.45m	
3 Felicia Bouaban	Dsbn Academy	1.40m	
4 Merissa Spiers	Swcss-St. Cath	1.35m	
4 Erica Sumbler	Swcss-St. Cath	1.35m	
6 Marrin Haskell	Swcss-St. Cath	1.15m	

Women Long Jump Midget

Name	Year School	Finals	Alternate
1 Erika Aguilera	Denis Morris	4.15m	
2 Victoria Scott	Grimsby - Grimsby	4.07m	
3 Brooklyn Brown	Thorold - Thorold	4.04m	
4 Chidera Onyegbule	Holy Cross-St. Cath	4.03m	
5 Cree McNeil	Thorold - Thorold	3.94m	
6 Elana Smit	Smithville Chs	3.92m	

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....Women Long Jump Midget

7	Katrina Meinders	Smithville Chs	3.91m
8	Allyson Heida	Ehs	3.68m
9	Jordyn Britton	Denis Morris	3.59m
10	Erica Sumbler	Swcss-St. Cath	3.58m
11	Katrina Shields	Blessed Trin HS	3.57m
12	Emily Dube	Ehs	3.49m
12	Julia Pozsonyi	St. Francis-St.Cath	3.49m
14	Lindsay Vos	Ehs	3.45m
14	Annie Sterenberg	Glchs	3.45m
16	Julia Brgan	St. Francis-St.Cath	3.44m
17	Morgan VanderWier	Smithville Chs	3.42m
18	Selina Liu	Glchs	3.30m
19	Nicole Beach	Blessed Trin HS	3.16m
20	Kristy-Lei Thom	Blessed Trin HS	2.86m
21	Keirstin Gosselin	Thorold - Thorold	2.77m
22	Drewcilla Aaron	Dsbn Academy	2.76m
--	Ola Hamid	Denis Morris	DQ

Women Triple Jump Midget

Name	Year School	Finals	Alternate
1 Mia Friesen	Gsss-St. Cath	9.72m	
2 Felicia Bouaban	Dsbn Academy	8.79m	
3 Allyson Heida	Ehs	8.69m	
4 Victoria Balassone	Blessed Trin HS	8.63m	
5 Katrina Meinders	Smithville Chs	8.50m	
6 Brooklyn Brown	Thorold - Thorold	8.49m	
7 Elana Smit	Smithville Chs	8.28m	
8 Cree McNeil	Thorold - Thorold	8.21m	
9 Sierra Dykstra	Gsss-St. Cath	8.01m	
10 Julia Brgan	St. Francis-St.Cath	7.28m	
-- Fermisk Khairadast	Denis Morris	DQ	

Women Shot Put Midget

Name	Year School	Finals	Alternate
1 Belle Tostik	Smithville Chs	8.18m	
2 Ashley Harris	Swcss-St. Cath	8.05m	
3 Desiny Plamondon	Lsss-St. Cath	7.99m	
4 Sydney Alexendar	Thorold - Thorold	7.42m	
5 Angelique Merrill	Holy Cross-St. Cath	7.12m	
6 Sydney Westbury	Swcss-St. Cath	6.82m	
7 Drewcilla Aaron	Dsbn Academy	6.18m	

Women Discus Throw Midget

Name	Year School	Finals	Alternate
1 Desiny Plamondon	Lsss-St. Cath	20.33m	
2 Ashley Harris	Swcss-St. Cath	17.34m	
3 Fermisk Khairadast	Denis Morris	17.16m	
4 Belle Tostik	Smithville Chs	16.29m	
5 Sydney Alexendar	Thorold - Thorold	15.20m	

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....Women Discus Throw Midget

6 Sydney Westbury	Swcss-St. Cath	13.69m
-- Brooke Sitler	Thorold - Thorold	DQ

Women Javelin Throw Midget

Name	Year School	Finals	Alternate
1 Jordyn Britton	Denis Morris	21.91m	
2 Desiny Plamondon	Lsss-St. Cath	20.37m	
3 Felicia Bouaban	Dsbn Academy	20.25m	
4 Sydney Westbury	Swcss-St. Cath	17.00m	
5 Lauren Beaulieu	Slhs-Smithville	16.95m	
6 Ashley Harris	Swcss-St. Cath	16.62m	
7 Erika Aguilera	Denis Morris	16.58m	
8 Morgan VanderWier	Smithville Chs	15.97m	
9 Belle Tostik	Smithville Chs	13.67m	
-- Aliyah Ibrahim	Bdss-Beamsville	DQ	
-- Elana Smit	Smithville Chs	DQ	

Women 100 Meter Dash Junior

Name	Year School	Prelims	H#	Alternate
Preliminaries				
1 Mackenzie Barnard	Grimsby - Grimsby	13.02Q	2	
2 Terin Hultink	Smithville Chs	13.41Q	1	
3 Ilena Ricker-Sin	Blessed Trin HS	13.66q	2	
4 Lauren Adamson	Denis Morris	14.02q	1	
5 Jennika DeKorte	Hcs-Jordan Sta	14.12q	2	
6 Isabelle Marincic	Blessed Trin HS	14.25q	1	
7 Shawn Carr	Gsss-St. Cath	14.26q	1	
8 Julie Barker	Swcss-St. Cath	14.31q	2	
9 Lindsay Deptuck	Blessed Trin HS	14.49	1	
10 Victoria Archer	Ehs	14.85	2	
11 Nicole Salvisburg	Grimsby - Grimsby	15.71	1	
12 Olivia van der Beek	Smithville Chs	16.28	2	
13 Madison Zelichowski	Swcss-St. Cath	16.32	2	
14 Emma Stirling	Gsss-St. Cath	16.49	1	
15 Chelsea Barton	Gsss-St. Cath	17.26	2	

Women 100 Meter Dash Junior

Name	Year School	Finals	Alternate
Finals			
1 Mackenzie Barnard	Grimsby - Grimsby	12.87	
2 Terin Hultink	Smithville Chs	13.19	
3 Ilena Ricker-Sin	Blessed Trin HS	13.43	
4 Lauren Adamson	Denis Morris	13.64	
5 Julie Barker	Swcss-St. Cath	13.77	
6 Shawn Carr	Gsss-St. Cath	14.18	
7 Jennika DeKorte	Hcs-Jordan Sta	14.22	
8 Isabelle Marincic	Blessed Trin HS	14.69	

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Name	Year	School	Finals	H#	Alternate
1 Zoe Phillips		Ehs	26.48	2	
2 Faith Ludwig		Smithville Chs	27.19	2	
3 Terin Hultink		Smithville Chs	27.42	1	
4 Ilena Ricker-Sin		Blessed Trin HS	27.90	2	
5 Lauren Adamson		Denis Morris	29.38	1	
6 Lindsay Deptuck		Blessed Trin HS	30.04	1	
7 Madison Zelichowski		Swcss-St. Cath	34.01	1	
8 Anjelica Marr		Swcss-St. Cath	34.44	2	

Women 400 Meter Dash Junior

Name	Year	School	Finals	Alternate
1 Zoe Phillips		Ehs	1:01.22	
2 Faith Ludwig		Smithville Chs	1:03.42	
3 Charlize Breukelman		Glchs	1:03.80	
4 Kelsey Bowman		Swcss-St. Cath	1:08.62	
5 Jennika DeKorte		Hcs-Jordan Sta	1:14.43	
6 Kira Douce		Dsbn Academy	1:16.67	

Women 800 Meter Run Junior

Name	Year	School	Finals	Alternate
1 Charlize Breukelman		Glchs	2:41.75	
2 Taylor Huff		Grimsby - Grimsby	2:43.52	
3 Ava Ricker-Sin		Blessed Trin HS	2:45.06	
4 Andrea Miotto		Denis Morris	2:45.07	
5 Monica DeBoer		Smithville Chs	2:46.82	
6 Alysha Bachelor		Swcss-St. Cath	3:07.63	
7 Emma Kargus		Holy Cross-St. Cath	3:25.59	

Women 1500 Meter Run Junior

Name	Year	School	Finals	Alternate
1 Mackenzie Damiano		Lsss-St. Cath	5:28.05	
2 Andrea Miotto		Denis Morris	5:41.88	
3 Leah Klassen		Lsss-St. Cath	5:43.19	
4 Taylor Huff		Grimsby - Grimsby	5:45.48	
5 Shasta Ricker		Smithville Chs	6:21.19	
6 Alysha Bachelor		Swcss-St. Cath	6:24.09	
7 Payton Peters		Grimsby - Grimsby	6:51.61	
8 Emma Kargus		Holy Cross-St. Cath	6:57.92	

Women 3000 Meter Run Junior

Name	Year	School	Finals	Alternate
1 Mackenzie Damiano		Lsss-St. Cath	12:28.27	
2 Leah Klassen		Lsss-St. Cath	12:58.43	
3 Marlee Vanderlee		Smithville Chs	13:14.87	

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Women 80 Meter Hurdles Junior

Name	Year School	Finals	Alternate
1 Abi Macdonald	Bdss-Beamsville	12.82	
2 Alyssa Scott	Grimsby - Grimsby	13.81	
3 Cassandra Pugh	Swcss-St. Cath	16.33	
4 Emma Stirling	Gsss-St. Cath	17.07	
5 Olivia van der Beek	Smithville Chs	18.24	
6 Chelsea Barton	Gsss-St. Cath	22.12	

Women 300 Meter Hurdles Junior

Name	Year School	Finals	Alternate
1 Abi Macdonald	Bdss-Beamsville	47.25	
2 Ava Ricker-Sin	Blessed Trin HS	49.40	
3 Alyssa Scott	Grimsby - Grimsby	53.35	
4 Cassandra Pugh	Swcss-St. Cath	57.30	
5 Kristen Oudman	Smithville Chs	1:03.38	
6 Anjelica Marr	Swcss-St. Cath	1:23.74	

Women 4x100 Meter Relay Junior

School	Finals	Alternate
1 Governor Simcoe-St. Cath	54.68	
2 Blessed Trinity-Grimsby	54.90	
3 Grimsby - Grimsby	55.37	
4 Denis Morris St. Cath	1:01.11	
1) Fermisk Khairadast	2) Lauren Adamson	
3) Jordyn Britton	4) Safwa Liban	
5 Winston Churchill - St. Cath	1:02.03	

Women High Jump Junior

Name	Year School	Finals	Alternate
1 Autumn Biggar	Bdss-Beamsville	1.71m	
2 Gates MacPherson	Thorold - Thorold	1.40m	
2 Emily Cosby	Slhs-Smithville	1.40m	
4 Sadie Dick	Gsss-St. Cath	1.35m	

Women Long Jump Junior

Name	Year School	Finals	Alternate
1 Mackenzie Barnard	Grimsby - Grimsby	4.90m	
2 Katia Matveev	Ehs	4.49m	
3 Shawn Carr	Gsss-St. Cath	4.15m	
4 Victoria Archer	Ehs	4.12m	
5 Payton Peters	Grimsby - Grimsby	4.05m	
6 Jennika DeKorte	Hcs-Jordan Sta	3.95m	
7 Leah Wiens	Ehs	3.75m	
8 Nicole Salvisburg	Grimsby - Grimsby	3.35m	
9 Madison Zelichowski	Swcss-St. Cath	3.21m	
10 Taylor Fidler	Dsbn Academy	3.17m	

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....Women Long Jump Junior

11 Rachel Wagter	Smithville Chs	2.94m
12 Shasta Ricker	Smithville Chs	2.76m
13 Skye Diamond	Dsbn Academy	2.72m

Women Triple Jump Junior

Name	Year School	Finals	Alternate
1 Katia Matveev	Ehs	10.02m	
2 Faith Ludwig	Smithville Chs	9.95m	
3 Alyssa Scott	Grimsby - Grimsby	9.17m	
4 Payton Peters	Grimsby - Grimsby	8.46m	
5 Leah Wiens	Ehs	8.37m	
6 Emily Cosby	Slhs-Smithville	7.94m	
-- Taylor Fidler	Dsbn Academy	DQ	

Women Shot Put Junior

Name	Year School	Finals	Alternate
1 Maggie Bernier	Dsbn Academy	10.53m	
2 Erin Stockman	Bdss-Beamsville	9.89m	
3 Abby Cook	Swcss-St. Cath	9.48m	
4 Logan Ciancio	Denis Morris	8.93m	
5 Scheib Ryann	Swcss-St. Cath	8.24m	
6 Ally Lawson	Dsbn Academy	7.57m	
7 Katie Kathireson	Swcss-St. Cath	7.16m	
8 Christina Lott	Swcss-St. Cath	7.10m	
9 Ryshiah St. Amand-Roach	Denis Morris	6.25m	

Women Discus Throw Junior

Name	Year School	Finals	Alternate
1 Emma McDougall	Gsss-St. Cath	24.97m	
2 Sadie Dick	Gsss-St. Cath	24.51m	
3 Gates MacPherson	Thorold - Thorold	21.40m	
4 Katie Kathireson	Swcss-St. Cath	21.19m	
5 Maggie Bernier	Dsbn Academy	20.23m	
6 Scheib Ryann	Swcss-St. Cath	18.89m	
7 Dakota McRae	Dsbn Academy	17.65m	
8 Logan Ciancio	Denis Morris	17.41m	
9 Kira Douce	Dsbn Academy	16.07m	
10 Rebecca Wagter	Smithville Chs	16.02m	
11 Abby Cook	Swcss-St. Cath	14.18m	
12 Olivia van der Beek	Smithville Chs	14.01m	
13 Claire Hallsworth	Swcss-St. Cath	13.97m	
14 Welly Hanenberg	Smithville Chs	12.87m	
15 Ryshiah St. Amand-Roach	Denis Morris	11.92m	

Women Javelin Throw Junior

Name	Year School	Finals	Alternate
1 Emma McDougall	Gsss-St. Cath	35.29m	

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....Women Javelin Throw Junior

2	Sadie Dick	Gsss-St. Cath	29.06m
3	Colby Paterson	Blessed Trin HS	28.78m
4	Ally Lawson	Dsbn Academy	26.74m
5	Katie Kathireson	Swcss-St. Cath	23.65m
6	Claire Hallsworth	Swcss-St. Cath	22.51m
7	Rachel Wagter	Smithville Chs	21.33m
8	Lena Goliasch	Ehs	19.99m
9	Gates MacPherson	Thorold - Thorold	18.70m
10	Logan Ciancio	Denis Morris	18.46m
11	Abby Cook	Swcss-St. Cath	18.07m
12	Maggie Bernier	Dsbn Academy	17.85m
13	Mya Ibrahim	Bdss-Beamsville	17.75m
14	Erin Stockman	Bdss-Beamsville	17.37m
15	Rebecca Wagter	Smithville Chs	15.42m
16	Welly Hanenberg	Smithville Chs	13.94m
17	Christina Lott	Swcss-St. Cath	13.03m
18	Ryshiah St. Amand-Roach	Denis Morris	11.84m

Women 100 Meter Dash Senior

Name	Year School	Prelims	H#	Alternate
Preliminaries				
1	Kaelyn Emslie	Lsss-St. Cath	13.46Q	2
2	Shannon teBrake	Smithville Chs	13.82Q	3
3	Anu Situ	Glchs	14.30Q	1
4	Marissa Talsma	Smithville Chs	13.76q	2
5	Carlie White	Swcss-St. Cath	14.11q	3
6	Alex Macdonald	Bdss-Beamsville	14.14q	3
7	Triniti Morris-Burke	Dsbn Academy	14.54q	2
8	Hana Parkin	Gsss-St. Cath	14.67q	2
9	Rozana Ebrahim	Swcss-St. Cath	14.71	1
10	Maya Hines-Francis	Lsss-St. Cath	15.00	1
11	Jaelynn Roque	St. Francis-St.Cath	15.63	3
12	Miranda Bos	Smithville Chs	16.20	3
13	Larissa Bos	Smithville Chs	18.96	1

Women 100 Meter Dash Senior

Name	Year School	Finals	Alternate
Finals			
1	Kaelyn Emslie	Lsss-St. Cath	13.22
2	Marissa Talsma	Smithville Chs	13.48
3	Carlie White	Swcss-St. Cath	13.79
4	Alex Macdonald	Bdss-Beamsville	13.82
5	Shannon teBrake	Smithville Chs	13.97
6	Anu Situ	Glchs	14.28
7	Hana Parkin	Gsss-St. Cath	14.39

Women 200 Meter Dash Senior

Name	Year School	Finals	H#	Alternate
1	Ashlyn Beecroft	Ehs	26.32	2

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2	Kaelyn Emslie	Lsss-St. Cath	28.38	2
3	Shannon teBrake	Smithville Chs	28.60	2
4	Taylor Parker	Ehs	29.19	1
5	Anu Situ	Glchs	29.58	2
6	Katelyn Alderson	Blessed Trin HS	29.76	1
7	Rozana Ebrahim	Swcss-St. Cath	30.56	1
8	Mayenn Buist	Glchs	30.70	1
9	Trinity Gill-Knack	St. Francis-St.Cath	31.53	1
10	Kaylee Schrompf	Ehs	36.88	1

Women 400 Meter Dash Senior

Name	Year	School	Finals	Alternate
1	Sienna Lalonde	Grimsby - Grimsby	1:01.75	
2	Tori Hendriks	Blessed Trin HS	1:05.04	
3	Anu Situ	Glchs	1:10.39	
4	Katherine Namvar Azad	Swcss-St. Cath	1:11.26	
--	Shannon teBrake	Smithville Chs	DNF	

Women 800 Meter Run Senior

Name	Year	School	Finals	Alternate
1	Tori Hendriks	Blessed Trin HS	2:34.98	
2	Payton Smith	Dsbn Academy	2:43.74	
3	Hannah Hesch	Ehs	2:52.91	
4	Katie Simpson	Swcss-St. Cath	2:57.52	
5	Allison Ledda	Swcss-St. Cath	3:11.23	
6	Skynye Wang	Smithville Chs	3:23.68	
7	Sarah St. Angelo	Swcss-St. Cath	3:32.87	
--	Trinity Gill-Knack	St. Francis-St.Cath	DNF	

Women 1500 Meter Run Senior

Name	Year	School	Finals	Alternate
1	Avery Goertz	Gsss-St. Cath	4:55.84	
2	Madison Greenhough	Swcss-St. Cath	4:56.01	
3	Madeleine Nolan	St. Francis-St.Cath	5:04.58	
4	Kayla McGowan	Ehs	5:23.99	
5	Payton Smith	Dsbn Academy	5:35.76	
6	Hannah Hesch	Ehs	6:00.99	
7	Shannon Whitty	Swcss-St. Cath	6:17.47	
8	Allison Ledda	Swcss-St. Cath	6:52.05	
9	Tori Waite	Grimsby - Grimsby	6:55.55	
10	Sarah St. Angelo	Swcss-St. Cath	7:02.84	
11	Miranda Bos	Smithville Chs	7:20.30	
12	Larissa Bos	Smithville Chs	7:38.31	

Women 3000 Meter Run Senior

Name	Year	School	Finals	Alternate
1	Avery Goertz	Gsss-St. Cath	11:12.72	

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....Women 3000 Meter Run Senior

2	Madison Greenhough	Swcss-St. Cath	11:18.78
3	Madeleine Nolan	St. Francis-St.Cath	11:30.58
4	Kayla McGowan	Ehs	11:33.20
5	Taylor Ward	Grimsby - Grimsby	13:03.81
6	Brittany Smith	Swcss-St. Cath	13:27.36
7	Tori Waite	Grimsby - Grimsby	16:18.77

Women 100 Meter Hurdles Senior

Name	Year School	Finals	H# Alternate
1 Rowan Thomas	Gsss-St. Cath	17.15	2
2 Carlie White	Swcss-St. Cath	17.23	2
3 Sydney Kuhlberg	Dsbn Academy	19.14	2
4 Triniti Morris-Burke	Dsbn Academy	19.66	1
5 Emma Gordon	Gsss-St. Cath	19.81	1
6 Miranda Bos	Smithville Chs	22.45	1
-- Maya Hines-Francis	Lsss-St. Cath	DNF	2

Women 400 Meter Hurdles Senior

Name	Year School	Finals	Alternate
1 Sienna Lalonde	Grimsby - Grimsby	1:10.07	
2 Sydney Kuhlberg	Dsbn Academy	1:12.39	
3 Breanna Kuhlberg	Dsbn Academy	1:13.09	
4 Katelyn Alderson	Blessed Trin HS	1:29.21	
5 Katherine Namvar Azad	Swcss-St. Cath	1:39.10	

Women 4x100 Meter Relay Senior

School	Finals	Alternate
1 Winston Churchill - St. Cath	55.21	
2 Governor Simcoe-St. Cath	57.16	
3 Great Lakes Christian High	58.06	
1) Charlize Breukelman	2) Chioma Nwebube	
3) Anu Situ	4) Sierra Breukelman	
4 Laura Secord - St. Catharines	1:00.45	
1) Tori Lancaster	2) Kaelyn Emslie	
3) Maya Hines-Francis	4) Mackenzie Damiano	

Women High Jump Senior

Name	Year School	Finals	Alternate
1 Marissa Talsma	Smithville Chs	1.40m	
2 Courtney Thompson	Lsss-St. Cath	J1.40m	
3 Rowan Thomas	Gsss-St. Cath	1.30m	

Women Long Jump Senior

Name	Year School	Finals	Alternate
1 Mikayla Veldman	Smithville Chs	4.67m	

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....Women Long Jump Senior

2	Mikala Taylor	Ehs	4.63m
3	Alex Macdonald	Bdss-Beamsville	4.44m
4	Mayenn Buist	Glchs	4.22m
5	Emma Gordon	Gsss-St. Cath	4.21m
6	Ella Taylor	Ehs	4.17m
7	Ivona Palinkas	St. Francis-St.Cath	3.68m
8	Teils Sam	Swcss-St. Cath	3.39m
9	Jaelynn Roque	St. Francis-St.Cath	3.37m
10	Taylor Parker	Ehs	3.30m
11	Chioma Nwebube	Glchs	3.20m
12	Courtney Thompson	Lsss-St. Cath	3.06m
--	Maya Hines-Francis	Lsss-St. Cath	DQ

Women Triple Jump Senior

Name	Year	School	Finals	Alternate
1	Rowan Thomas	Gsss-St. Cath	10.66m	
2	Mikayla Veldman	Smithville Chs	10.55m	
3	Mikala Taylor	Ehs	10.37m	
4	Katie Elliott	Gsss-St. Cath	8.68m	
5	Ella Taylor	Ehs	8.42m	
6	Teils Sam	Swcss-St. Cath	7.36m	

Women Shot Put Senior

Name	Year	School	Finals	Alternate
1	Grace Tennant	Slhs-Smithville	12.67m	
2	Cierra Perron	Swcss-St. Cath	9.39m	
3	Alyssa Abernot	Grimsby - Grimsby	8.63m	
4	Emily Lacey	Ehs	8.00m	
5	Lia Rahmoun	Dsbn Academy	7.52m	
6	Tia Rahmoun	Dsbn Academy	7.18m	
7	Annelise Perron	Swcss-St. Cath	6.49m	
8	Leah Heinen	Slhs-Smithville	6.35m	
9	Morgan Glasbergen	Smithville Chs	5.91m	
10	Sam Abrunzo	Swcss-St. Cath	5.62m	
11	Shermaine Li	Glchs	5.47m	
12	McMormach Evy	Swcss-St. Cath	5.36m	
13	Skynye Wang	Smithville Chs	4.90m	

Women Discus Throw Senior

Name	Year	School	Finals	Alternate
1	Grace Tennant	Slhs-Smithville	42.59m	
2	Cierra Perron	Swcss-St. Cath	30.04m	
3	Leah Heinen	Slhs-Smithville	22.01m	
4	Alyssa Abernot	Grimsby - Grimsby	21.25m	
5	Annelise Perron	Swcss-St. Cath	20.94m	
6	Tia Rahmoun	Dsbn Academy	20.40m	
7	Morgan Glasbergen	Smithville Chs	20.26m	
8	Sierra Breukelman	Glchs	15.71m	
9	Taylor Young	Swcss-St. Cath	15.30m	

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....Women Discus Throw Senior

10	Keanna Mabon	Dsbn Academy	14.40m
11	Shermaine Li	Glchs	14.00m
--	Toyosi Famuyiwa	Glchs	DQ
--	Sam Abrunzo	Swcss-St. Cath	DQ

Women Javelin Throw Senior

Name	Year	School	Finals	Alternate
1 Grace Tennant		Slhs-Smithville	40.40m	
2 Cierra Perron		Swcss-St. Cath	32.80m	
3 Sierra Breukelman		Glchs	24.90m	
4 Olivia Bouaban		Dsbn Academy	24.38m	
5 Lia Rahmoun		Dsbn Academy	24.16m	
6 Morgan Glasbergen		Smithville Chs	22.30m	
7 Jeniah Wiens		Ehs	20.55m	
8 Trinita Morris-Burke		Dsbn Academy	19.82m	
9 Annelise Perron		Swcss-St. Cath	15.81m	
10 Sam Abrunzo		Swcss-St. Cath	15.28m	
-- Mayenn Buist		Glchs	DQ	
-- Toyosi Famuyiwa		Glchs	DQ	
-- Jennifer Nouanesengsy		Ehs	DQ	
-- Kayla Lyndon		Dsbn Academy	DQ	
-- Chioma Nwebube		Glchs	DQ	

Women 1500 Meter Steeplechase Open

Name	Year	School	Finals	Alternate
1 Madison Greenhough		Swcss-St. Cath	6:08.76	
2 Taylor Ward		Grimsby - Grimsby	6:29.85	
3 Janelle Buist		Smithville Chs	6:46.23	
4 Sophie McMullin		Smithville Chs	6:46.84	
5 Marlee Vanderlee		Smithville Chs	6:55.82	
6 Allison Ledda		Swcss-St. Cath	7:13.76	
7 Kristen Oudman		Smithville Chs	7:14.48	

Women 4x400 Meter Relay Open

School	Finals	Alternate
1 Dsbn Academy	4:31.44	
1) Breanna Smith	2) Payton Smith	
3) Breanna Kuhlberg	4) Sydney Kuhlberg	
2 Winston Churchill - St. Cath	4:44.07	
3 Governor Simcoe-St. Cath	4:53.29	

Women 200 Meter Dash Wheelchair Wheelchair

Name	Year	School	Finals	Alternate
1 Kanice McLean		Gsss-St. Cath	2:22.94	

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Women 100 Meter Dash Intellectual

Name	Year School	Finals	Alternate
1 Shannon Swinson	Bdss-Beamsville	16.15	

Women 800 Meter Run Intellectual

Name	Year School	Finals	Alternate
1 Shannon Swinson	Bdss-Beamsville	4:03.96	

Men 100 Meter Dash Midget

Name	Year School	Prelims	H#	Alternate
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Preliminaries

1 Aziz Basic	Swcss-St. Cath	12.67Q	1	
2 Curtis Neilson	Swcss-St. Cath	12.75Q	2	
3 Sam Nkomo	Lsss-St. Cath	13.03Q	3	
4 Avery Ferguson	Thorold - Thorold	12.82q	2	
5 Jesse Van De Laar	Holy Cross-St. Cath	13.06q	3	
6 George Warren	Holy Cross-St. Cath	13.22q	2	
7 Seth Pacquin	Smithville Chs	13.23q	1	
8 Jayden Talsma	Smithville Chs	13.37q	3	
9 Quinn Talukdar	Bdss-Beamsville	13.42	2	
10 Joseph Waterman	Sccivs-St. Cath	13.47	1	
11 Sebastian Vera Suarez	Holy Cross-St. Cath	13.68	3	
12 Lucas D'Elia	St. Francis-St.Cath	13.92	3	
13 Justin Moraal	Smithville Chs	14.00	1	
14 Immanuel Estrella	Glchs	14.01	1	
15 Bishop Agbaje-Williams	Lsss-St. Cath	14.06	2	
16 Allan Toussaint	Denis Morris	14.27	1	
17 James Dunn	Thorold - Thorold	14.37	1	
18 Jahmar Kennedy	Sccivs-St. Cath	14.59	3	
19 William Stark	Sccivs-St. Cath	14.62	2	
20 Leonardo Razon	Glchs	14.64	2	
21 Joshua Payson	Smithville Chs	14.69	2	
22 Sidney Mkeyenge	Holy Cross-St. Cath	14.93	1	
23 Gabriel Randen	Glchs	15.20	3	

Men 100 Meter Dash Midget

Name	Year School	Finals	Alternate
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Finals

1 Avery Ferguson	Thorold - Thorold	12.22	
2 Curtis Neilson	Swcss-St. Cath	12.29	
3 Sam Nkomo	Lsss-St. Cath	12.65	
4 Jesse Van De Laar	Holy Cross-St. Cath	12.77	
5 George Warren	Holy Cross-St. Cath	12.82	
6 Seth Pacquin	Smithville Chs	12.95	
7 Jayden Talsma	Smithville Chs	13.00	
8 Aziz Basic	Swcss-St. Cath	13.42	

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Men 200 Meter Dash Midget

Name	Year	School	Finals	H#	Alternate
1 Dante Kellar		Gsss-St. Cath	24.17	3	
2 Noah Dommasch		Swcss-St. Cath	24.90	1	
3 Sam Nkomo		Lsss-St. Cath	25.74	1	
4 Curtis Neilson		Swcss-St. Cath	25.78	1	
5 Jesse Van De Laar		Holy Cross-St. Cath	26.24	3	
6 Jayden Talsma		Smithville Chs	26.44	2	
7 Sebastian Vera Suarez		Holy Cross-St. Cath	26.51	2	
8 Mathias Kazlauskas		Holy Cross-St. Cath	26.99	1	
9 Sam Woodland		Smithville Chs	26.99	2	
10 Arhum Kiani		Swcss-St. Cath	27.11	1	
11 Quinn Talukdar		Bdss-Beamsville	27.30	3	
12 Jahmar Kennedy		Sccivs-St. Cath	28.13	2	
13 Justin Moraal		Smithville Chs	28.39	1	
14 William Stark		Sccivs-St. Cath	29.60	3	
15 Bishop Agbaje-Williams		Lsss-St. Cath	29.67	2	
16 James Dunn		Thorold - Thorold	29.91	2	
17 Joshua Payson		Smithville Chs	30.23	1	
18 Gabriel Randen		Glchs	30.54	3	

Men 400 Meter Dash Midget

Name	Year	School	Finals	H#	Alternate
1 Dante Kellar		Gsss-St. Cath	56.23	1	
2 Corbin Atkinson		Swcss-St. Cath	58.57	1	
3 Samuel Nolan		St. Francis-St.Cath	58.73	2	
4 Sam Woodland		Smithville Chs	59.33	1	
5 Joseph Waterman		Sccivs-St. Cath	1:00.49	2	
6 Keyes Matt		Swcss-St. Cath	1:00.67	2	
7 Stacey Lowe		Swcss-St. Cath	1:02.62	2	
8 Brendan Clark		Lsss-St. Cath	1:03.39	2	
9 Joshua Hopman		Grimsby - Grimsby	1:04.50	2	
10 Benjamin Niemi		Bdss-Beamsville	1:04.52	1	
11 Landon Homewood		Grimsby - Grimsby	1:05.17	1	

Men 800 Meter Run Midget

Name	Year	School	Finals	Alternate
1 Samuel Nolan		St. Francis-St.Cath	2:14.30	
2 Noah Lavoie		Holy Cross-St. Cath	2:15.37	
3 Corbin Atkinson		Swcss-St. Cath	2:16.84	
4 Keyes Matt		Swcss-St. Cath	2:22.50	
5 Brendan Clark		Lsss-St. Cath	2:24.20	
6 Stacey Lowe		Swcss-St. Cath	2:24.91	
7 Landon Homewood		Grimsby - Grimsby	2:27.82	
8 Joshua Hopman		Grimsby - Grimsby	2:35.90	
9 Nate Shirton		Smithville Chs	2:40.31	

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Men 1500 Meter Run Midget

Name	Year School	Finals	Alternate
1 Samuel Nolan	St. Francis-St.Cath	4:33.53	
2 Sasha Schimmelpenninck V	Swcss-St. Cath	4:34.94	
3 Corbin Atkinson	Swcss-St. Cath	4:36.69	
4 Carter McMaster	Ehs	4:47.24	
5 Noah Lavoie	Holy Cross-St. Cath	4:49.98	
6 Josh Bezanson	Swcss-St. Cath	5:00.89	
7 Landon Homewood	Grimsby - Grimsby	5:03.47	
8 Gavan Banga	Blessed Trin HS	5:08.97	
9 Joshua Hopman	Grimsby - Grimsby	5:09.03	
10 Evan Stewart	Ehs	5:12.10	
11 Owen Clavel	Dsbn Academy	5:27.39	
12 Adam Holstein	Bdss-Beamsville	5:27.39	
13 Mac Levesque	Sccivs-St. Cath	5:27.56	
14 Sam Meade	Ehs	5:58.26	

Men 3000 Meter Run Midget

Name	Year School	Finals	Alternate
1 Sasha Schimmelpenninck V	Swcss-St. Cath	11:23.48	
2 Carter McMaster	Ehs	11:49.84	
3 Cameron Burgess	Gsss-St. Cath	12:46.99	
4 Evan Stewart	Ehs	12:49.99	
5 Cole Arnold	Blessed Trin HS	12:59.06	
6 Braden DeHaan	Smithville Chs	13:20.20	
7 Mac Levesque	Sccivs-St. Cath	13:23.10	
8 Samson Iriarte	Smithville Chs	13:25.67	
9 Cole Salaerno	Swcss-St. Cath	13:44.88	
10 Adam Holstein	Bdss-Beamsville	14:00.32	
11 Nate Butler	Swcss-St. Cath	14:19.32	

Men 100 Meter Hurdles Midget

Name	Year School	Finals	Alternate
1 Avery Ferguson	Thorold - Thorold	19.11	
2 Sam Nkomo	Lsss-St. Cath	20.56	

Men 300 Meter Hurdles Midget

Name	Year School	Finals	Alternate
1 Avery Ferguson	Thorold - Thorold	48.55	
2 Carter Geoffroy	Swcss-St. Cath	48.64	
3 Curtis Neilson	Swcss-St. Cath	50.66	
4 Oreoluwa Fowler	Swcss-St. Cath	50.77	

Men 4x100 Meter Relay Midget

School	Finals	Alternate
1 Winston Churchill - St. Cath	51.77	
2 Holy Cross-St. Cath	53.89	

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....Men 4x100 Meter Relay Midget

3 Great Lakes Christian High	56.89
1) Gabriel Randen	2) Immanuel Estrella
3) Leonardo Razon	4) Nathan Stavinga
4 Beamsville - Beamsville	58.15

Men High Jump Midget

Name	Year School	Finals	Alternate
1 Noah Dommasch	Swcss-St. Cath	1.80m	
2 Quinton Duemo	St. Francis-St.Cath	1.75m	
3 Cole Duncanson	Ehs	1.70m	
4 Bishop Agbaje-Williams	Lsss-St. Cath	1.60m	
4 Nate Shirton	Smithville Chs	1.60m	
6 Kurt Zantingh	Smithville Chs	1.55m	
7 Cameron Krulik	Ehs	1.50m	
8 Nick Hudson	Bdss-Beamsville	1.45m	
8 Kerwin Felsburg	Bdss-Beamsville	1.45m	
8 Seth Pacquin	Smithville Chs	1.45m	
-- Owen Clavel	Dsbn Academy	DQ	

Men Pole Vault Midget

Name	Year School	Finals	Alternate
1 Cameron Burgess	Gsss-St. Cath	2.50m	

Men Long Jump Midget

Name	Year School	Finals	Alternate
1 Jesse Van De Laar	Holy Cross-St. Cath	5.35m	
2 George Warren	Holy Cross-St. Cath	5.25m	
3 Seth Pacquin	Smithville Chs	5.11m	
4 Gavan Banga	Blessed Trin HS	4.87m	
5 Lucas D'Elia	St. Francis-St.Cath	4.75m	
6 Cameron Krulik	Ehs	4.73m	
7 Allan Toussaint	Denis Morris	4.65m	
8 Luke Huinink	Smithville Chs	4.41m	
9 Immanuel Estrella	Glchs	4.19m	
10 Kurt Zantingh	Smithville Chs	4.02m	
11 Leonardo Razon	Glchs	3.96m	
12 Nathan Stavinga	Glchs	3.82m	
13 Jahmar Kennedy	Sccivs-St. Cath	3.77m	
-- Louie Miles	Denis Morris	DQ	
-- Sidney Mkeyenge	Holy Cross-St. Cath	DQ	
-- Spencer Gregson	Swcss-St. Cath	DQ	

Men Triple Jump Midget

Name	Year School	Finals	Alternate
1 Jayden Talsma	Smithville Chs	11.06m	
2 Ashton Nieuwets	Ehs	10.44m	
3 Mac Levesque	Sccivs-St. Cath	10.22m	

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....Men Triple Jump Midget

4	Luke Huinink	Smithville Chs	10.13m
5	Cole Arnold	Blessed Trin HS	10.07m
6	Justin Moraal	Smithville Chs	10.00m
7	Joseph Waterman	Sccivs-St. Cath	9.80m
8	Immanuel Estrella	Glchs	9.17m
9	Nathan Stavinga	Glchs	8.90m

Men Shot Put Midget

Name	Year	School	Finals	Alternate
1	Andrew Song	Swcss-St. Cath	11.66m	
2	Louie Miles	Denis Morris	10.80m	
3	Matthew Jefferies	Swcss-St. Cath	10.51m	
4	Nate Khul	Bdss-Beamsville	10.46m	
5	Nathan D'Costa	Gsss-St. Cath	10.20m	
6	Nick Hudson	Bdss-Beamsville	9.64m	
7	Griffen Whitehorne	Swcss-St. Cath	9.50m	
8	Matthew Shaver	Dsbn Academy	7.63m	

Men Discus Throw Midget

Name	Year	School	Finals	Alternate
1	Andrew Song	Swcss-St. Cath	32.40m	
2	Nathan D'Costa	Gsss-St. Cath	30.00m	
3	Samson Iriarte	Smithville Chs	17.90m	
4	Braden DeHaan	Smithville Chs	16.80m	

Men Javelin Throw Midget

Name	Year	School	Finals	Alternate
1	Nathan D'Costa	Gsss-St. Cath	41.72m	
2	Kerwin Felsburg	Bdss-Beamsville	39.66m	
3	Corbin Paterson	Blessed Trin HS	36.03m	
4	Matthew Jefferies	Swcss-St. Cath	32.34m	
5	Griffen Whitehorne	Swcss-St. Cath	31.01m	
6	Ashton Nieuwets	Ehs	30.42m	
7	Andrew Song	Swcss-St. Cath	29.21m	
8	Allan Toussaint	Denis Morris	27.78m	
9	Benjamin Niemi	Bdss-Beamsville	24.50m	
10	Louie Miles	Denis Morris	24.02m	
11	Samson Iriarte	Smithville Chs	21.89m	
12	Luke Huinink	Smithville Chs	20.52m	
13	Braden DeHaan	Smithville Chs	20.05m	
14	Nate Khul	Bdss-Beamsville	19.81m	
15	Matthew Shaver	Dsbn Academy	19.75m	
--	Nick Hudson	Bdss-Beamsville	DQ	

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Men 100 Meter Dash Junior

Name	Year School	Prelims	H#	Alternate
Preliminaries				
1 Josh Reid	Bdss-Beamsville	12.15Q	1	
2 Jason Mannella	Blessed Trin HS	12.49Q	2	
3 Owen Jones	Blessed Trin HS	12.65Q	3	
4 Adam Denee	Smithville Chs	12.66q	1	
5 Callum McNamera	Thorold - Thorold	12.70q	1	
6 Brayden Ferguson	Ehs	12.73q	2	
7 Cole Abernot	Grimsby - Grimsby	12.80q	2	
8 Logan Wells Musk	Bdss-Beamsville	12.86q	2	
9 Owen Livermore	Blessed Trin HS	13.07	3	
10 Tony VanRys	Smithville Chs	13.11	3	
11 Chamsie Loum	Grimsby - Grimsby	13.13	1	
12 Scott Hunter	Bdss-Beamsville	13.16	3	
13 Daryl Donato	Denis Morris	13.21	1	
14 Ian Kaytor	Denis Morris	13.23	2	
15 Isaiah Amio	Holy Cross-St. Cath	13.39	2	
16 Zach Travis	Grimsby - Grimsby	13.46	3	
17 Brady Beijes	Slhs-Smithville	13.71	2	
18 Spencer Dennie	Slhs-Smithville	13.85	1	
19 Kole Mellor	Slhs-Smithville	14.08	3	

Men 100 Meter Dash Junior

Name	Year School	Finals	Alternate
Finals			
1 Josh Reid	Bdss-Beamsville	12.07	
2 Owen Jones	Blessed Trin HS	12.31	
3 Jason Mannella	Blessed Trin HS	12.46	
4 Brayden Ferguson	Ehs	12.53	
5 Callum McNamera	Thorold - Thorold	12.59	
6 Cole Abernot	Grimsby - Grimsby	12.61	
7 Adam Denee	Smithville Chs	12.69	
8 Logan Wells Musk	Bdss-Beamsville	12.75	

Men 200 Meter Dash Junior

Name	Year School	Finals	H#	Alternate
1 Tristan Christie	Thorold - Thorold	24.49	3	
2 Adam Denee	Smithville Chs	25.42	2	
3 AJ Cook	Swcss-St. Cath	25.50	2	
4 Tony VanRys	Smithville Chs	25.78	1	
5 Callum McNamera	Thorold - Thorold	25.88	1	
6 Jason Mannella	Blessed Trin HS	25.98	2	
7 Owen Jones	Blessed Trin HS	26.00	2	
8 Owen Livermore	Blessed Trin HS	26.38	1	
9 Daryl Donato	Denis Morris	26.40	2	
10 Zach Travis	Grimsby - Grimsby	26.68	3	
11 Isaiah Amio	Holy Cross-St. Cath	27.12	1	
12 Christian Mesaglio	Blessed Trin HS	27.70	3	
13 Sean Liu	Glchs	28.13	3	
14 Samuel Unruh	Gsss-St. Cath	31.14	3	

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....Men 200 Meter Dash Junior

15 Kris Pidgeon	Sccivs-St. Cath	36.95	3
16 Connor Hendriks	Ehs	41.86	1

Men 400 Meter Dash Junior

Name	Year School	Finals	H# Alternate
1 Tristan Christie	Thorold - Thorold	53.97	2
2 Ethan Girard	Swcss-St. Cath	55.62	1
3 Samuel Unruh	Gsss-St. Cath	58.43	2
4 Taylor Mowat	Swcss-St. Cath	1:00.12	2
5 Issa Hatu	Bdss-Beamsville	1:01.60	1
6 Connor Hendriks	Ehs	1:02.65	2
7 Cole Abernot	Grimsby - Grimsby	1:02.81	1
8 Ian Kaytor	Denis Morris	1:04.40	1
9 Braydan Doucette	Slhs-Smithville	1:04.87	1
10 Sean Liu	Glchs	1:05.29	1
11 Zinan Ahmed	Blessed Trin HS	1:06.31	2
12 Brady Beijes	Slhs-Smithville	1:08.93	2
-- Nicholas Young	St. Francis-St.Cath	DNF	1

Men 800 Meter Run Junior

Name	Year School	Finals	Alternate
1 Nicholas Young	St. Francis-St.Cath	2:06.13	
2 Ethan Girard	Swcss-St. Cath	2:11.49	
3 Maxwell Horsely	Swcss-St. Cath	2:13.20	
4 Taylor Mowat	Swcss-St. Cath	2:13.23	
5 Caleb Szakacs	Ehs	2:24.42	
6 Caleb Moffett	Lsss-St. Cath	2:25.80	
7 Jared Pink	Gsss-St. Cath	2:28.10	
8 Carson Wills	Swcss-St. Cath	2:32.96	
9 Shuta Ando	Lsss-St. Cath	2:36.43	
10 Sean Liu	Glchs	2:46.84	
-- Connor Delage	Denis Morris	DNF	

Men 1500 Meter Run Junior

Name	Year School	Finals	Alternate
1 Nicholas Young	St. Francis-St.Cath	4:23.38	
2 Jared Attema	Smithville Chs	4:27.12	
3 Ethan Girard	Swcss-St. Cath	4:28.93	
4 Taylor Mowat	Swcss-St. Cath	4:37.19	
5 Maxwell Horsely	Swcss-St. Cath	4:40.88	
6 Caleb Moffett	Lsss-St. Cath	5:00.22	
7 Nolan Randall	Bdss-Beamsville	5:03.56	
8 Carson Wills	Swcss-St. Cath	5:06.60	
9 Caleb Szakacs	Ehs	5:10.38	
10 Shuta Ando	Lsss-St. Cath	5:12.38	
11 Robert Freeman	Bdss-Beamsville	5:18.69	
12 Connor Delage	Denis Morris	5:41.29	
13 Carl Jacob Warner	Dsbn Academy	6:01.64	
14 Kris Pidgeon	Sccivs-St. Cath	6:57.16	

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Men 3000 Meter Run Junior

Name	Year School	Finals	Alternate
1 Jared Attema	Smithville Chs	11:07.82	
2 Harry Lengyel	Swcss-St. Cath	11:36.26	
3 Alex Meffe	Swcss-St. Cath	11:40.82	
4 Nick Reimer	Swcss-St. Cath	11:46.38	
5 Ivan Fernandez	Gsss-St. Cath	12:12.67	
6 Robert Freeman	Bdss-Beamsville	13:31.08	
7 Nolan Randall	Bdss-Beamsville	13:33.44	
8 Connor Delage	Denis Morris	14:34.83	

Men 100 Meter Hurdles Junior

Name	Year School	Finals	Alternate
1 Jakob Brooman	Thorold - Thorold	15.68	
2 Remy Gavanac	Gsss-St. Cath	15.76	
3 Connor Davidson	Thorold - Thorold	17.27	
4 Tinashe Dandato	Holy Cross-St. Cath	17.34	
5 Vincent Fracchioni	Blessed Trin HS	18.51	
6 Giuseppe Ferreri	Blessed Trin HS	22.28	

Men 300 Meter Hurdles Junior

Name	Year School	Finals	Alternate
1 Remy Gavanac	Gsss-St. Cath	45.11	
2 Zinan Ahmed	Blessed Trin HS	49.57	
3 Jakob Brooman	Thorold - Thorold	50.15	
4 Noah Garnace	Swcss-St. Cath	52.07	

Men 4x100 Meter Relay Junior

School	Finals	Alternate
1 Governor Simcoe-St. Cath	47.86	
2 Winston Churchill - St. Cath	50.00	
3 Beamsville - Beamsville	50.06	
4 Grimsby - Grimsby	51.67	
5 Blessed Trinity-Grimsby	51.72	
6 Laura Secord - St. Catharines	55.79	
1) Bishop Agbaje-Williams	2) Brendan Clark	
3) Sam Nkomo	4) Kiefer Sonnenberg	

Men High Jump Junior

Name	Year School	Finals	Alternate
1 DeAndre Fournier	Thorold - Thorold	1.70m	
2 Justice Thompson	Dsbn Academy	1.50m	
3 Chamsie Loum	Grimsby - Grimsby	1.45m	
-- Ryan Taylor	Bdss-Beamsville	DNF	

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Men Pole Vault Junior

Name	Year School	Finals	Alternate
1 Remy Gavanac	Gsss-St. Cath	2.60m	
2 Connor Davidson	Thorold - Thorold	2.30m	

Men Long Jump Junior

Name	Year School	Finals	Alternate
1 DeAndre Fournier	Thorold - Thorold	5.34m	
2 Josh Reid	Bdss-Beamsville	5.16m	
3 Lucas Gerryts	Smithville Chs	4.99m	
4 Jake Boekestyn	Smithville Chs	4.94m	
5 Chamsie Loum	Grimsby - Grimsby	4.92m	
6 Jared Pink	Gsss-St. Cath	4.80m	
7 Vincent Fracchioni	Blessed Trin HS	4.64m	
8 Noah Garnace	Swcss-St. Cath	4.61m	
9 Samuel Unruh	Gsss-St. Cath	4.55m	
10 Cole Abernot	Grimsby - Grimsby	4.52m	
11 Kole Mellor	Slhs-Smithville	4.43m	
12 Grayson Crompton	Grimsby - Grimsby	4.18m	
13 Gabriel Boden	Glchs	4.14m	
14 Braydan Doucette	Slhs-Smithville	4.04m	
15 Ryan Taylor	Bdss-Beamsville	3.70m	
-- Jason Mannella	Blessed Trin HS	DQ	
-- Kris Pidgeon	Sccivs-St. Cath	DQ	

Men Triple Jump Junior

Name	Year School	Finals	Alternate
1 DeAndre Fournier	Thorold - Thorold	12.44m	
2 Jake Boekestyn	Smithville Chs	11.88m	
3 Josh Reid	Bdss-Beamsville	11.37m	
4 Lucas Gerryts	Smithville Chs	10.87m	
5 Noah Garnace	Swcss-St. Cath	10.65m	
6 Brady Beijes	Slhs-Smithville	10.18m	
7 Grayson Crompton	Grimsby - Grimsby	10.03m	
8 Zinan Ahmed	Blessed Trin HS	9.82m	

Men Shot Put Junior

Name	Year School	Finals	Alternate
1 Chris Black	Swcss-St. Cath	12.55m	
2 Caleb Gough	Thorold - Thorold	12.16m	
3 Jacob Turner	Thorold - Thorold	11.96m	
4 Mackenzie Muir	Dsbn Academy	10.98m	
5 Josh Ramnarain	Lsss-St. Cath	10.79m	
6 Sam Teeuwssen	Smithville Chs	9.10m	
7 Ali Imran	Swcss-St. Cath	6.50m	

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Men Discus Throw Junior

Name	Year School	Finals	Alternate
1 Caleb Gough	Thorold - Thorold	35.00m	
2 Jacob Turner	Thorold - Thorold	J35.00m	
3 Josh Ramnarain	Lsss-St. Cath	33.00m	
4 Mackenzie Muir	Dsbn Academy	30.00m	
5 Kiefer Sonnenberg	Lsss-St. Cath	26.00m	
6 Sam Teeuwsen	Smithville Chs	23.00m	
7 Ali Imran	Swcss-St. Cath	17.00m	
-- Jack Baran	Blessed Trin HS	DQ	
-- Carter Lagerstrom	Thorold - Thorold	DQ	
-- Giuseppe Ferreri	Blessed Trin HS	DQ	

Men Javelin Throw Junior

Name	Year School	Finals	Alternate
1 Tristan Christie	Thorold - Thorold	39.21m	
2 Caleb Gough	Thorold - Thorold	35.71m	
3 Kiefer Sonnenberg	Lsss-St. Cath	34.85m	
4 Connor Davidson	Thorold - Thorold	32.88m	
5 Josh Ramnarain	Lsss-St. Cath	32.75m	
6 Jake Boekestyn	Smithville Chs	30.48m	
7 Lucas Gerrys	Smithville Chs	30.36m	
8 Tinashe Dandato	Holy Cross-St. Cath	27.35m	
9 Giuseppe Ferreri	Blessed Trin HS	26.32m	
10 Sam Teeuwsen	Smithville Chs	20.01m	
11 Gabriel Boden	Glchs	19.27m	
12 Ryan Taylor	Bdss-Beamsville	18.80m	
13 Carl Jacob Warner	Dsbn Academy	18.38m	
14 Ali Imran	Swcss-St. Cath	17.00m	

Men 100 Meter Dash Senior

Name	Year School	Prelims	H#	Alternate
Preliminaries				
1 Jovan Griffiths	Dsbn Academy	11.46Q	3	
2 Adam McMaster	Bdss-Beamsville	11.87Q	4	
3 Holden Child	Swcss-St. Cath	11.97Q	2	
4 Bryan Crawford	Slhs-Smithville	11.98Q	1	
5 Tyler Broderick	Thorold - Thorold	11.73q	3	
6 Eric Laflamme	Holy Cross-St. Cath	12.00q	4	
7 Jacob Malaryk	Blessed Trin HS	12.03q	3	
8 Luis D'Arrigo	St. Francis-St.Cath	12.10q	4	
9 Sam Rabian	Swcss-St. Cath	12.44	1	
10 Hyo Jung	Denis Morris	12.47	3	
11 Jimmy Carbonel	Holy Cross-St. Cath	12.64	1	
12 Riley McKinnon	Swcss-St. Cath	12.68	3	
13 Ebube Esinnah	Glchs	12.69	1	
14 Elijah Kornelson	Gsss-St. Cath	12.79	1	
15 Joseph Jones	Blessed Trin HS	12.91	1	
16 Andrew Rees	Denis Morris	12.94	1	
17 Temi Adebukunola	Glchs	13.04	4	
18 Duncan Woods	Gsss-St. Cath	13.16	2	

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....Men 100 Meter Dash Senior

19	David Ekwueme	Glchs	13.24	3
20	Chris Loum	Grimsby - Grimsby	13.35	4
21	Matthew Andrews	Blessed Trin HS	13.37	2
22	Jason Zhuo	Smithville Chs	13.43	2
23	Minsu Kim	Denis Morris	13.52	2
24	Richard Pendlebury	Blessed Trin HS	13.80	4
25	Braeden Tuttle	Bdss-Beamsville	14.14	2

Men 100 Meter Dash Senior

Name	Year	School	Finals	Alternate
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Finals

1	Jovan Griffiths	Dsbn Academy	11.37	
2	Holden Child	Swcss-St. Cath	11.52	
3	Tyler Broderick	Thorold - Thorold	11.63	
4	Jacob Malaryk	Blessed Trin HS	11.72	
5	Bryan Crawford	Slhs-Smithville	11.78	
6	Adam McMaster	Bdss-Beamsville	11.84	
7	Eric Laflamme	Holy Cross-St. Cath	11.98	
8	Luis D'Arrigo	St. Francis-St.Cath	12.45	

Men 200 Meter Dash Senior

Name	Year	School	Finals	H#	Alternate
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1	Jovan Griffiths	Dsbn Academy	23.12	3	
2	Jacob Malaryk	Blessed Trin HS	23.66	1	
3	Holden Child	Swcss-St. Cath	23.73	1	
4	Esteban Sarmiento	Dsbn Academy	24.04	1	
5	John Riley	Swcss-St. Cath	24.45	1	
6	Eric Laflamme	Holy Cross-St. Cath	24.83	2	
7	Jonathan Othman	Gsss-St. Cath	25.45	3	
8	Sam Rabian	Swcss-St. Cath	25.50	2	
9	Riley McKinnon	Swcss-St. Cath	25.85	3	
10	Luis D'Arrigo	St. Francis-St.Cath	26.17	3	
11	Andrew Rees	Denis Morris	26.32	2	
12	Joseph Jones	Blessed Trin HS	26.86	3	
13	Matthew Andrews	Blessed Trin HS	26.86	2	
14	Jason Zhuo	Smithville Chs	28.07	1	
15	Richard Pendlebury	Blessed Trin HS	28.62	3	

Men 400 Meter Dash Senior

Name	Year	School	Finals	H#	Alternate
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1	Jovan Griffiths	Dsbn Academy	52.61	1	
2	John Riley	Swcss-St. Cath	53.93	1	
3	Cal Sentance	Denis Morris	54.32	2	
4	Reid Wiley	Swcss-St. Cath	55.27	1	
5	Esteban Sarmiento	Dsbn Academy	55.52	2	
6	Harrison Enns	Swcss-St. Cath	56.44	2	
7	Tanner Vail	Bdss-Beamsville	57.82	1	
8	Eric Bell	Bdss-Beamsville	57.91	2	
9	Evan Fitzgerald	Bdss-Beamsville	58.46	1	

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....Men 400 Meter Dash Senior

10	Max Roberts-Ramos	Holy Cross-St. Cath	59.65	2
11	Owen Van Huizen	Smithville Chs	59.66	1
12	Donny Bagozzi	Denis Morris	59.82	1
13	David Ekwueme	Glchs	1:05.65	2
14	Trevor Bylsma	Glchs	1:06.68	1
15	Hassan Malik	Dsbn Academy	1:07.34	2

Men 800 Meter Run Senior

Name	Year	School	Finals	Alternate
1 Logan Martineau		Holy Cross-St. Cath	2:16.46	
2 Harrison Enns		Swcss-St. Cath	2:17.37	
3 Robert Gray		Lsss-St. Cath	2:18.44	
4 Esteban Sarmiento		Dsbn Academy	2:22.68	
5 Donny Bagozzi		Denis Morris	2:23.82	
6 Nick Voelkner		Swcss-St. Cath	2:31.96	
7 Tyler Bastien		Denis Morris	2:33.99	
8 Ryan McIntyre		Blessed Trin HS	2:35.66	
9 Trevor Bylsma		Glchs	2:37.72	
10 Braeden Tuttle		Bdss-Beamsville	2:39.33	
11 Vincent Swayze		Dsbn Academy	2:41.16	
12 Jesus Hernandez		Thorold - Thorold	2:55.23	
-- Cal Sentance		Denis Morris	DNF	

Men 1500 Meter Run Senior

Name	Year	School	Finals	Alternate
1 Campbell Lee		Holy Cross-St. Cath	4:11.95	
2 Logan Martineau		Holy Cross-St. Cath	4:13.66	
3 Theo Hassim		Swcss-St. Cath	4:16.36	
4 Robert Gray		Lsss-St. Cath	4:55.23	
5 Owen Konkle		Bdss-Beamsville	5:00.30	
6 Jackson Friesen		Thorold - Thorold	5:02.55	
7 Zach Carrier		Bdss-Beamsville	5:15.74	
8 Nick Voelkner		Swcss-St. Cath	5:27.50	
9 Vincent Swayze		Dsbn Academy	5:28.61	
10 Tyler Bastien		Denis Morris	5:50.06	
11 Jesus Hernandez		Thorold - Thorold	5:58.62	

Men 3000 Meter Run Senior

Name	Year	School	Finals	Alternate
1 Campbell Lee		Holy Cross-St. Cath	9:44.53	
2 Theo Hassim		Swcss-St. Cath	9:45.17	
3 Logan Martineau		Holy Cross-St. Cath	9:45.20	
4 Owen Bachelor		Swcss-St. Cath	9:56.39	
5 Gavin McLaughlin		Ehs	10:04.01	
6 Matthew Dortono		Ehs	10:48.87	
7 Joshua Wood		Dsbn Academy	11:03.12	
8 Owen Ricker		Smithville Chs	11:29.13	
9 Jesus Hernandez		Thorold - Thorold	11:46.26	
10 Gerry Saporito		St. Francis-St.Cath	12:36.10	

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....Men 3000 Meter Run Senior

11 Hamza Ahmed St. Francis-St.Cath 13:13.62

Men 110 Meter Hurdles Senior

Name	Year School	Finals	Alternate
1 Colton Spencer	Thorold - Thorold	15.78	
2 Oliver Wolf	Thorold - Thorold	15.94	
3 Tristan Vermolen	Lsss-St. Cath	15.99	
4 Matt Nichols	Swcss-St. Cath	18.92	
5 Osaze Usuanlele	Holy Cross-St. Cath	18.94	
6 Jonathan Othman	Gsss-St. Cath	19.38	

Men 400 Meter Hurdles Senior

Name	Year School	Finals	Alternate
1 John Riley	Swcss-St. Cath	1:02.21	
2 Tristan Vermolen	Lsss-St. Cath	1:02.38	
3 Owen Bachelor	Swcss-St. Cath	1:02.54	
4 Jonathan Othman	Gsss-St. Cath	1:06.40	
5 Osaze Usuanlele	Holy Cross-St. Cath	1:10.41	
6 Kameron Hallas	Blessed Trin HS	1:18.62	

Men 4x100 Meter Relay Senior

School	Finals	H#	Alternate
1 Winston Churchill - St. Cath	47.09	2	
2 Holy Cross-St. Cath	49.85	1	
3 Blessed Trinity-Grimsby	51.13	1	
1) Matthew Memme	2) Ryan McIntyre		
3) Cole Arnold	4) Gavan Banga		
4 Beamsville - Beamsville	51.29	1	
5 Governor Simcoe-St. Cath	51.37	2	

Men High Jump Senior

Name	Year School	Finals	Alternate
1 Jake Lamb	Grimsby - Grimsby	1.80m	
2 Mendelt Elsinga	Ehs	J1.80m	
3 Tristan Vermolen	Lsss-St. Cath	1.75m	
4 Kyle Hewitt	Dsbn Academy	J1.75m	
5 Micah Nieuwets	Ehs	J1.75m	
6 Ryan Benevento	Swcss-St. Cath	J1.75m	
6 Omar Ridgway	Dsbn Academy	J1.75m	
8 Isaac McAlonan	Blessed Trin HS	1.60m	
9 Abdullh Mohamed	Swcss-St. Cath	J1.60m	
-- Colton Spencer	Thorold - Thorold	DQ	

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Men Long Jump Senior

Name	Year School	Finals	Alternate
1 Tyler Broderick	Thorold - Thorold	6.16m	
2 Jacob Malaryk	Blessed Trin HS	5.56m	
3 Sam Rabian	Swcss-St. Cath	5.46m	
4 Riley Daniels	Bdss-Beamsville	5.41m	
5 Osaze Usuanlele	Holy Cross-St. Cath	5.36m	
6 Madison Salmond	Ehs	5.35m	
7 Abdullh Mohamed	Swcss-St. Cath	5.23m	
8 Owen Van Huizen	Smithville Chs	5.20m	
9 Jimmy Carbonel	Holy Cross-St. Cath	5.18m	
10 Tyrell MacLennan	St. Francis-St.Cath	5.10m	
11 Chris Loum	Grimsby - Grimsby	5.06m	
11 Matthew Memme	Blessed Trin HS	5.06m	
11 Bryan Crawford	Slhs-Smithville	5.06m	
14 Peter Cojocari	Denis Morris	5.05m	
15 Hyo Jung	Denis Morris	5.02m	
16 Nick Stricko	Ehs	4.63m	
17 Trevor Bylsma	Glchs	4.62m	
17 Elijah Kornelson	Gsss-St. Cath	4.62m	
19 Nicholas Saweckzo	Swcss-St. Cath	4.55m	
20 Duncan Woods	Gsss-St. Cath	4.50m	
21 Jacob Smith	Dsbn Academy	4.45m	
22 Michael Mazzarella	Ehs	4.32m	
23 Minsu Kim	Denis Morris	4.19m	
-- Jeremy Denbok	Glchs	DQ	
-- Gerry Saporito	St. Francis-St.Cath	DQ	
-- Ebube Esinnah	Glchs	DQ	
-- Matthew Andrews	Blessed Trin HS	DQ	
-- Peter Villanueva	Slhs-Smithville	DQ	
-- Hamza Ahmed	St. Francis-St.Cath	DQ	
-- Adam McMaster	Bdss-Beamsville	DQ	

Men Triple Jump Senior

Name	Year School	Finals	Alternate
1 Tyler Broderick	Thorold - Thorold	12.58m	
2 Riley Daniels	Bdss-Beamsville	11.67m	
3 Chris Loum	Grimsby - Grimsby	11.60m	
4 Peter Cojocari	Denis Morris	11.50m	
5 Bryan Crawford	Slhs-Smithville	11.34m	
6 Tyrell MacLennan	St. Francis-St.Cath	11.32m	
7 Tanner Vail	Bdss-Beamsville	11.24m	
8 Eric Bell	Bdss-Beamsville	10.47m	
9 Nicholas Saweckzo	Swcss-St. Cath	10.46m	
10 Madison Salmond	Ehs	10.29m	
11 Peter Villanueva	Slhs-Smithville	8.40m	

Men Shot Put Senior

Name	Year School	Finals	Alternate
1 Carmine Spedalieri	St. Francis-St.Cath	13.28m	
2 Matthew Johnson	Swcss-St. Cath	12.36m	

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....Men Shot Put Senior

3	Ebube Esinnah	Glchs	12.35m
4	Riley Lepp	Gsss-St. Cath	12.25m
5	Evan Ferguson	Thorold - Thorold	12.02m
6	Dan Nejman	Denis Morris	12.00m
7	James Yu	Smithville Chs	10.31m
8	Chris Winstanley	Ehs	10.24m
9	Adam Bovine	Ehs	9.56m
10	Jeremy Denbok	Glchs	9.31m
11	Max Hwang	Smithville Chs	9.14m
12	Jack Lambert	Grimsby - Grimsby	8.66m
13	Ryan Kulakowski	Bdss-Beamsville	8.40m
14	Brian Knechtel	Bdss-Beamsville	8.02m

Men Discus Throw Senior

Name	Year School	Finals	Alternate
1 Carmine Spedaliere	St. Francis-St.Cath	39.10m	
2 Tyson Wagter	Smithville Chs	36.60m	
3 Dan Nejman	Denis Morris	33.80m	
4 Adam Bovine	Ehs	33.70m	
5 Riley Lepp	Gsss-St. Cath	30.00m	
6 Sean Houwer	Smithville Chs	29.40m	
7 Jack Lambert	Grimsby - Grimsby	25.00m	
8 Chris Winstanley	Ehs	21.30m	
9 Max Hwang	Smithville Chs	20.00m	
10 Troy Marshall	Slhs-Smithville	19.50m	
11 Calvin Dolinski	Gsss-St. Cath	18.20m	
12 Haben Johannes	Smithville Chs	18.00m	

Men Javelin Throw Senior

Name	Year School	Finals	Alternate
1 Colton Spencer	Thorold - Thorold	45.28m	
2 Joseph Jones	Blessed Trin HS	42.70m	
3 John Bunton	Dsbn Academy	42.06m	
4 Jacob Martens	Ehs	41.94m	
5 Liam Smith	Ehs	40.90m	
6 Max Beaudoin	Swcss-St. Cath	40.13m	
7 Kameron Hallas	Blessed Trin HS	38.42m	
8 Micah Nieuwets	Ehs	36.18m	
9 Troy Marshall	Slhs-Smithville	34.45m	
10 Jackson Friesen	Thorold - Thorold	33.88m	
11 Tyson Wagter	Smithville Chs	33.82m	
12 Sean Houwer	Smithville Chs	33.47m	
13 Christopher MacCarl	Blessed Trin HS	33.11m	
14 Jacob Smith	Dsbn Academy	31.11m	
15 Peter Cojocari	Denis Morris	30.96m	
16 James Yu	Smithville Chs	29.98m	
17 Matthew Johnson	Swcss-St. Cath	29.64m	
18 Calvin Dolinski	Gsss-St. Cath	25.58m	
19 Riley Daniels	Bdss-Beamsville	24.81m	
20 Jeremy Denbok	Glchs	24.67m	
-- Haben Johannes	Smithville Chs	DQ	

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....Men Javelin Throw Senior

-- Fred Loucks Swcss-St. Cath DQ

Men 2000 Meter Steeplechase Open

Name	Year School	Finals	Alternate
1 Theo Hassim	Swcss-St. Cath	6:39.01	
2 Owen Bachelor	Swcss-St. Cath	6:57.51	
3 Gavin McLaughlin	Ehs	7:06.30	
4 Joshua Wood	Dsbn Academy	7:34.39	
5 Owen Ricker	Smithville Chs	7:57.43	
6 Gavan Banga	Blessed Trin HS	7:58.69	
7 Ryan McIntyre	Blessed Trin HS	8:10.66	
8 Matthew Memme	Blessed Trin HS	8:33.27	
9 Carl Jacob Warner	Dsbn Academy	9:48.33	

Men 4x400 Meter Relay Open

School	Finals	Alternate
1 Winston Churchill - St. Cath	3:46.90	
2 Beamsville - Beamsville	4:06.73	
3 Governor Simcoe-St. Cath	4:13.89	
4 Blessed Trinity-Grimsby	4:19.53	
1) Matthew Memme	2) Ryan McIntyre	
3) Cole Arnold	4) Gavan Banga	

Men 100 Meter Run Intellectual

Name	Year School	Finals	Alternate
1 Owen Konkle	Bdss-Beamsville	12.80	
2 Brian Knechtel	Bdss-Beamsville	13.45	
3 Ryan Kulakowski	Bdss-Beamsville	14.08	
4 Joseph Nokeo	Ehs	15.04	

Men 800 Meter Run Intellectual

Name	Year School	Finals	Alternate
1 Owen Konkle	Bdss-Beamsville	2:33.64	
2 Brian Knechtel	Bdss-Beamsville	2:50.71	
3 Ryan Kulakowski	Bdss-Beamsville	3:26.09	
4 Isaac Rector-Bouchard	Thorold - Thorold	4:03.76	