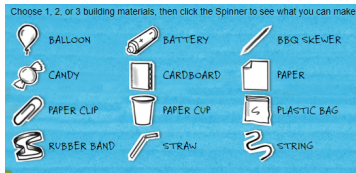


Choice Board

At Home Learning 1- Primary Grades (1 - 3)

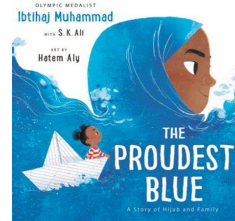
Please choose from the following optional learning activities.



What Do You Want to Make Today?

What can you build with stuff around your house? Use the build spinner to help you decide.

<https://pbskids.org/designsquad/build/spinner/>



Read and/or listen to the book [The Proudest Blue](#) by Ibtihaj Muhammad.

Why do you think the illustrator chose to include the ocean and a boat on the cover of the book?



Read about Snow!

Read [I Wish](#) at uniteforliteracy.com and watch [Winterful Day](#) at curio.ca (username: dsbn@curio.ca password: Dsbn2020). Get dressed in warm clothes just like in the book and go outside to enjoy your snowy winter day! When you come back in, write about one thing you did to share with your teacher.

Science: Read the Wonderopolis #1190:

[Why do the Seasons change?](#)

What looks different in your yard now than it did in the summer?

Look at this: [four picture slideshow](#).

How do seasonal changes and temperatures affect the squirrel? Think of more animals or plants that experience changes throughout the year.

What four pictures could you include in a slideshow or drawing to show the changes of your favourite plant or animal in spring, summer, winter and fall?

Visual Arts:

Draw a picture or make a collage showing what today's snow day looks like as you look outside. Your artwork can show what plants or trees look like, or what you see looking out your window. Choose different colours to show your feelings like happiness or excitement.



Physical Education: Get up and let's get active by simply clicking the links below. These follow along brain breaks will get your heart pumping, your feet moving and you're SURE to have some fun !! Before you start, please make sure 1. you have proper footwear (bare feet/running shoes), 2. the floor space is clear so you won't trip on anything and 3. the area around you is free from anything you may bump into. Participate in one activity in the morning and the other activity in the afternoon.

[ChaCha Slide](#)

[Tabata Workout](#)

Catch a snowflake!
What shapes do you see?



Indigenous Education

Listen to Monique Gray Smith's read-aloud of her book [My Heart Fills With Happiness](#) After listening to the book, draw a picture and write a sentence about something that fills your heart with happiness.

