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## 2026 DSBN REGIONAL AESTHETICS SKILLS CHALLENGE SECONDARY LEVEL SCOPE

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### SKILLS AND KNOWLEDGE TO BE TESTED:

This level of competition will allow young aestheticians to demonstrate their aesthetics skills in the following testing area, which represents fashion and well-being conscience client's requests, found in upscale salons and spas.

- Manicure with Red Polish Application
- Facial
- Bridal Make-up

No written test will be administered. The theoretical knowledge will be relevant in the performance of the practical examinations.

### EVENT DETAILS:

**Date:** Tuesday March 10, 2026

**Time:** 8:00am

**Location:** Stamford Collegiate Secondary School

**COMPETITION AGENDA:**

8:30 am	Arrival and Set-up When all competitors are present, and the set-up is completed, the challenge will begin
9:00 am	Official Start Time
9:00 - 10:15 am	Manicure
10:15 - 10:30 am	Clean Up/Set Up
10:30 - 11:45 am	Facial
11:45 - 12:15	Lunch
12:15 - 12:30 pm	Set Up for the next challenge
12:30 - 1:45pm	Bridal Make-Up
1:45 pm - 2:00pm	Clean Up and Judging

**SAFETY REQUIREMENTS:**

Competitors are required to follow all industry safety standards during the competition.

**EQUIPMENT, MATERIALS, TOOLS, AND SUPPLIES:**

Please Note:

- All services will be performed on a model
- Instruction and training from professionals within the trade is encouraged prior to the commencement of this contest only
- Competitors cannot borrow tools or supplies from others

**Supplied by Committee:**

- All skin care products
- All manicure products
- Aesthetics beds
- Trolleys
- Magnifying lamps
- Step stools
- Manicure tables
- Lights for manicure tables
- Manicure chair

It is up to the competitor to become familiar with the products prior to the Skills Ontario Competition.

**Supplied by Competitor:**

- Hand sanitizer
- White towels – Large and Small
- Facial sponges/cloths
- Spatulas
- Dispensing bowls for facial products
- Stainless steel bowls for facials (water)
- Scissors
- Tweezers
- Q tips
- Kleenex
- Cotton pads
- Client robes
- Client wrap
- Client headband
- One WHITE fitted sheet for the aesthetic bed
- Two WHITE flat sheets
- Blanket (white or light colour)
- Manicure Bowl
- Dispensing bowls for manicure products
- Manicure tooling/implements:
  - Cuticle nippers, nail cutter, nail file, buffer, orangewood stick, spatulas, steel pusher, nail brush
- Make-up kit/Pallet
- Make-up brushes/sponges/applicators
- Eyelashes/glue/eyelash curler
- Hair clip or headband
- Make-up drape
- Sanitizing agents for tools, implements, and surfaces
- Clipboard
- Pens
- Personal Protective Equipment (non-latex gloves, finger cots)
- Refillable water bottle

**CLOTHING REQUIREMENTS:**

- Black pants (no denim or rips)
- Skills T-shirt that was supplied by DSBN
- If wearing a sweater it must be black
- Black closed toed shoes
- **HAIR MUST BE TIED BACK**

## PROJECT AND COMPETITION EXPECTATIONS:

### Test 1: Manicure with Red Polish Application

(75 Minutes)

1. SET UP WORK-STATION- Have all tools, implements, and supplies ready and organized on your work-station. Penalties will be given for any tools/implements/supplies that are missing.
2. NAIL LENGTH- Nails must be the desired shape and length that client requested. Sages will check the length and shape of the nails at the beginning of the competition and again at the end to assure that the length and shape have visibly changed.
3. NAIL COLOUR- Nails must be polished with red polish.  
**\*COMPETITORS MUST BE ABLE TO HOLD THE POLISH BOTTLE DURING APPLICATION. POINTS WILL BE DEDUCTED IF NOT FOLLOWED.**
4. CLOTHING- Must comply with day fashion and be appropriate.

#### Objectives:

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- Cutting of nails (if necessary)
- Shaping the nails
- Cuticle work (including nipping if necessary)
- Buffing
- Hand and arm massage
- Completion of the manicure must include a proper nail polish application

\*The order of the treatment steps and products may vary but must follow a logical sequence

### Test 2: Facial

(75 Minutes)

1. SET UP WORK-STATION- Have all tools, implements, and supplies ready and organized. Penalties will be given for any tools/implements/supplies that are missing.
2. SKIN ANALYSIS- Skin analysis must be done prior to beginning the service. Sages will check the technical chart to assure that the proper information has been recorded.
3. PRODUCTS- All facial products must be used during the service.
4. CLOTHING- Model must be in proper attire (facial wrap and headband).

#### Objectives:

- Skin analysis before beginning facial
- Record observations
- Exfoliation
- Cleanse
- Tone
- Serum Application
- Basic mask application
- Hand and arm massage during mask
- Application of appropriate day moisturizer

\*The order of the treatment steps and products may vary but must follow a logical sequence

### **Test 3: Bridal Make-up**

**(75 Minutes)**

Make-up must be trendy, bridal and colours must be complementary to the model. The make-up must show definition to the eyes, make the eyes stand out and show flawless skin which is ideal for wedding photography.

1. REPORT TO THE FLOOR- Model will be with a clean and moisturized face.
2. SET UP WORK STATION- Have make-up, brushes, and supplies ready and organized.  
Penalties will be given for any make-up, brushes or supplies that are missing.
3. CONSULTATION- Aesthetician will conduct a consultation with the model to determine the desired look and make-up goals. Be prepared to discuss these goals with the judges.
4. EYELASHES- Artificial eyelashes must be used.

### **Objectives:**

#### **Application must include**

- Foundation
- Highlighting/Shading
- Concealer
- Powder
- Blush
- Eye make-up, including shadows, mascara and brow colour
- Lip colour
- Artificial lashes

### **JUDGING CRITERIA:**

Judging will be performance-based and ranked according to the "30 Point International System". The top three competitors with the highest cumulative average of all average of all testing units will rank into the following categories:

- 1- Gold Medalist
- 2- Silver Medalist
- 3- Bronze Medalist

Demerits may be given for any rule infractions. Any communication between competitors and audience during contest times may be seen as coaching and could cause demerits to be awarded.

### **Penalty Points:**

- Nail colour = 1 point
- Nail length = 1-5 points
- Not holding polish bottle = 1-5 points
- Use of tools/supplies = 1 point
- Not completing skin analysis chart = 1 point
- Use of products = 1 point
- Not completing make-up consultation = 1 point

## **ENTRY:**

Please connect with a teacher advisor at your school to complete your registration for this competition to be eligible to participate. Teachers should also forward a list of competitors participating from their school to the contest Advisor 7 days prior to the date of the contest. Deadline for registration is January 30, 2026.

## **TRANSPORTATION:**

Students are responsible for their own transportation.

## **TEACHER'S ROLE:**

Instructors are expected to acquaint their student participants with all of the enclosed guidelines. Teachers may accompany their students or visit any time during the competition but may not assist the competitors during the challenge.

**\*\* Competitors must be on time for their contest and may be disqualified if they do not sign-in at their contest site prior to the start of orientation. At the discretion of the technical committee chair, the competitor may be permitted to compete but would not receive any additional time. Each competitor will be given a number by their coordinator upon registration at the location and will be judged anonymously during the competition.**