

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track
Results

Women Open 100 Meter Dash Midget

SOSSA Inc.: 12.72 R 2013-05-23Viktoria Vanzanten

Name	School	Prelims
Preliminaries		
1 Mackenzie Barnard	GDSS-GRIMSBY	13.15Q
2 Kaillie Hall	SALTFLEET	13.24Q
3 Zoe Phillips	EHS-ST. CATHA	13.39Q
4 Monika Orsini	ANMSS-NIAGAF	13.56Q
5 Ilena Ricker-Singh	BLESSED TRIN	13.41Q
6 Audrey Morrison	ELCSS-FONTHII	13.61Q
7 Grace Otto	NDC-WELLAND	13.56q
8 Dax Chamot	WESTDALE	13.66q
9 Claire SutherlandCase	WESTDALE	13.74
10 Madison Small	GSSS-ST. CATHA	14.14
11 Laura Van Houten	HAMILTON DIS	14.21
12 Madison Ferrara	RCBHS-RIDGEW	14.26
13 Lindsay Deptuck	BLESSED TRIN	14.49
14 Abbey Dikaitis	MCKINNON PAF	14.54
15 Aliyah Glaze	SMHS-NIAGARA	14.62

Women Open 100 Meter Dash Midget

SOSSA Inc.: 12.72 R 2013-05-23Viktoria Vanzanten

Name	School	Finals
Finals		
1 Mackenzie Barnard	GDSS-GRIMSBY	12.97
2 Kaillie Hall	SALTFLEET	13.10
3 Ilena Ricker-Singh	BLESSED TRIN	13.32
4 Zoe Phillips	EHS-ST. CATHA	13.39
5 Monika Orsini	ANMSS-NIAGAF	13.45
6 Grace Otto	NDC-WELLAND	13.48
7 Audrey Morrison	ELCSS-FONTHII	13.58
8 Dax Chamot	WESTDALE	13.67

Women Open 200 Meter Dash Midget

SOSSA Inc.: 26.62 R 2013-05-23Victoria Vanzanten

Name	School	Finals
Finals		
1 Faith Ludwig	SMITHVILLE CF	27.57
2 Zoe Phillips	EHS-ST. CATHA	27.60
3 Monika Orsini	ANMSS-NIAGAF	28.05
4 Ilena Ricker-Singh	BLESSED TRIN	28.22
5 Sara Tuberfield	WESTDALE	28.47
6 Dax Chamot	WESTDALE	28.58
7 Emilie Hamilton	ELCSS-FONTHII	28.80
8 Lauren Adamson	DMHS-ST. CATH	29.02
9 Sara Vogel	DUNDAS VALLE	29.04
10 Madison Ferrara	RCBHS-RIDGEW	29.18
11 Laura Van Houten	HAMILTON DIS	29.37
12 Grace Garner	CSS-WELLAND	29.59
13 Jacqueline Boisvert	GUIDO DE BRE	29.60
14 Madison McKinney	BLESSED TRIN	29.81
15 Avery Pew	ELCSS-FONTHII	30.69

Women Open 400 Meter Dash Midget

SOSSA Inc.: 57.70 R 2013-05-23Jenna Smith

Name	School	Finals
Finals		
1 Rosie Tait	ANMSS-NIAGAF	1:03.64
2 Claire SutherlandCase	WESTDALE	1:05.07
3 Jenna Button	DUNDAS VALLE	1:05.55
4 Jessica Hils	DUNDAS VALLE	1:05.93
5 Sara Vogel	DUNDAS VALLE	1:06.04
6 Beth Vansydenborgh	GUIDO DE BRE	1:07.17
7 Lindsay Deptuck	BLESSED TRIN	1:09.65
8 Madison Small	GSSS-ST. CATHA	1:10.46
9 Margaret Taras	LCHS-PORT COI	1:11.70
10 Sahara Zingano	GDSS-GRIMSBY	1:11.78
11 Madison McKinney	BLESSED TRIN	1:12.23
12 Avery Pew	ELCSS-FONTHII	1:13.03
13 Shelby Wilson	ANMSS-NIAGAF	1:14.43
14 Amelia McNamee	RCBHS-RIDGEW	1:16.50
15 Luisamaria Vallecilla	SFSS-ST. CATHA	1:22.02

Women Open 800 Meter Run Midget

SOSSA Inc.: 2:19.47 R 2014-05-22Fin Adams

Name	School	Finals
Finals		
1 Allyson Sober	DUNDAS VALLE	2:32.40
2 Jenna Button	DUNDAS VALLE	2:34.36
3 Lexi Hale	LSSS-ST. CATHA	2:34.89
4 Charlize Breukelman	GREAT LAKES	2:35.49
5 Mackenzie Oliver	ANCASTER HIG	2:35.91
6 Kaitlyn Pressley	TSS-THOROLD	2:41.02
7 Amy Gilmore	ELCSS-FONTHII	2:43.07
8 Abigail Greenough	SWCSS-ST. CATI	2:44.04
9 Kristen deBoer	GUIDO DE BRE	2:44.71
10 Amber Hordyk	GUIDO DE BRE	2:44.74
11 Madalyn Noonan	GSSS-ST. CATHA	2:45.58
12 Mackenzie Martindale	CAYUGA	2:50.89
13 Taylor Doyle	FESS-FORT ERIE	2:50.92
14 Oksana Groch	NDC-WELLAND	2:52.80
15 Shelby Wilson	ANMSS-NIAGAF	2:55.06
16 Amelia McNamee	RCBHS-RIDGEW	3:09.38

Women Open 1500 Meter Run Midget

SOSSA Inc.: 4:49.63 R 2004-05-20Kelsie Slater

Name	School	Finals
Finals		
1 Taylor Nicholls	SPHS-NIAGARA	5:10.35
2 Kate Knafelc	ELCSS-FONTHII	5:16.08
3 Allyson Sober	DUNDAS VALLE	5:17.09
4 Lexi Hale	LSSS-ST. CATHA	5:19.96
5 Mackenzie Damiano	LSSS-ST. CATHA	5:20.45
6 Jenna Coles	SWCSS-ST. CATI	5:20.69
7 Mackenzie Oliver	ANCASTER HIG	5:22.72
8 Madalyn Noonan	GSSS-ST. CATHA	5:25.65
9 Amber Hordyk	GUIDO DE BRE	5:40.17

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Finals ... (Women Open 1500 Meter Run Midget)

Name	School	Finals
10 Kristen deBoer	GUIDO DE BRE	5:48.57
11 Taylor Huff	GDSS-GRIMSBY	5:49.89
12 Natasha Halavanja	ANMSS-NIAGARA	6:00.70
13 Margaret Taras	LCHS-PORT COI	6:08.50
14 Sarah Lanting	GUIDO DE BRE	6:12.61
15 Anjelaya Fulcher	WSS-NIAGARA	6:18.53

Women Open 3000 Meter Run Midget

SOSSA Inc.: 10:47.87 R 2012-05-24Stephanie Ryall

Name	School	Finals
Finals		
1 Kate Knafelc	ELCSS-FONTHILL	11:25.37
2 Taylor Nicholls	SPHS-NIAGARA	11:48.50
3 Mackenzie Damiano	LSSS-ST. CATHA	12:14.00
4 Taylor Huff	GDSS-GRIMSBY	13:15.86
5 Jenna Coles	SWCSS-ST. CATI	13:25.41
6 Marlee Vanderlee	SMITHVILLE CH	13:39.83
7 Anjelaya Fulcher	WSS-NIAGARA	14:49.24

Women Open 80 Meter Hurdles Midget

SOSSA Inc.: 12.24 R 2014-05-22Victoria Fair

Name	School	Prelims
Preliminaries		
1 Sarah Saldutto	NDC-WELLAND	12.21Q
2 Abi McDonald	BDSS-BEAMSVI	13.08Q
3 Alyssa Scott	GDSS-GRIMSBY	13.67Q
4 Grace Garner	CSS-WELLAND	13.78Q
5 Julia Sylvester	DUNDAS VALLE	14.68Q
6 Jennifer Vanschyndel	CSS-WELLAND	14.95Q
7 Ava Ricker-Singh	BLESSED TRIN	14.85q
8 Cassandra Pugh	SWCSS-ST. CATI	15.44q
9 Abbey Dikaitis	MCKINNON PAF	15.44
10 Jane Fox	WESTDALE	15.74
11 Lorelai Burke	CAYUGA	15.77
12 Viv Holmes	DUNDAS VALLE	15.79
13 Leila Rghei	ELCSS-FONTHILL	16.07
14 Taylor Pattison	CSS-WELLAND	16.67
15 Anna Belford	LSSS-ST. CATHA	17.03

Women Open 80 Meter Hurdles Midget

SOSSA Inc.: 12.24 R 2014-05-22Victoria Fair

Name	School	Finals
Finals		
1 Sarah Saldutto	NDC-WELLAND	12.02R
2 Abi McDonald	BDSS-BEAMSVI	12.80
3 Grace Garner	CSS-WELLAND	13.43
4 Alyssa Scott	GDSS-GRIMSBY	13.66
5 Jennifer Vanschyndel	CSS-WELLAND	14.35
6 Ava Ricker-Singh	BLESSED TRIN	14.45
7 Julia Sylvester	DUNDAS VALLE	14.48
8 Cassandra Pugh	SWCSS-ST. CATI	14.84

Women Open 300 Meter Hurdles Midget

SOSSA Inc.: 47.46 R 2005-05-19Ester Vermeer

Name	School	Finals
Finals		
1 Ava Ricker-Singh	BLESSED TRIN	48.68
2 Abi McDonald	BDSS-BEAMSVI	50.68
3 Emma Wright	CSS-WELLAND	50.76
4 Grace Garner	CSS-WELLAND	50.96
5 Jessica Hils	DUNDAS VALLE	51.17
6 Julia Sylvester	DUNDAS VALLE	52.98
7 Emilie Hamilton	ELCSS-FONTHILL	54.23
8 Emma Brownlee	ELCSS-FONTHILL	54.57
9 Beth Vansydenborgh	GUIDO DE BRE	54.81
10 Cassandra Pugh	SWCSS-ST. CATI	56.19
11 Amelia McNamee	RCBHS-RIDGEW	56.37
12 Robin Jones	ORCHARD PARK	57.66
13 Kaitlyn Pressley	TSS-THOROLD	58.20
14 Alysha Bachelor	SWCSS-ST. CATI	59.77

Women Open 4x100 Meter Relay Midget

SOSSA Inc.: 52.69 R 2008-05-22E. L. Crossley

SOSSA Ties: 50.81 r 5-2010 E.L. Crossley

Team	Relay	Finals
Finals		
1 WESTDALE		54.09
	2) Sage Kraftcheck	
	3) Dax Chamot	
	4) Lauren Patiakas	
2 ELCSS-FONTHILL		54.75
	1) Audrey Morrison	2) Emma Brownlee
	3) Emilie Hamilton	4) Jessica Konkle
	5) Kaileigh Smith	
3 DUNDAS VALLEY		55.12
	1) Jenna Button	2) Sara Vogel
	3) Viv Holmes	4) Jessica Hils
	5) Allyson Sober	6) Julia Sylvester
4 GUIDO DE BRES		55.33
	1) Kristen deBoer	2) Beth Vansydenborgh
	3) Olivia Chong	4) Kate Jonker
	5) Cherilyn Yeboah	
5 RIDGEWAY-CRYSTALB		56.00
	1) Madison Ferrara	2) Olivia Galas
	3) Breanna Habinski	4) Carlie Vandenburg Piques
	5) Amelia McNamee	
6 GSSS-ST. CATHARI		56.48
	1) Madison Small	2) Victoria Archer
	3) Emma McDougall	4) Victoria Balyk
	5) Chelsea Barton	
7 GRIMSBY - GRIMSBY		57.12
	1) Mackenzie Barnard	2) Sahara Zingano
	3) Alyssa Scott	4) Emma Couvesvek

SOSSA 2016 Championship
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Finals ... (Women Open 4x100 Meter Relay Midget)		
Team	Relay	Finals
8 ORCHARD PARK		57.99
1) Jeannie Nadorozny	2) Alannah Holman	
3) Robin Jones	4) Abby Clarke	
5) Mackenzie Budgell	6) Krishni Vithanage	
9 CAYUGA		58.72
1) Heather Tuck	2) Mackenzie Martindale	
3) Lorelai Burke	4) Maddison McCulloch	
5) Rebecca Van Donkersgoed		
10 SWCSS-ST. CATHAR		59.01
	2) Madison Zelichowski	
3) Katie Kathireson	4) Ryann Scheib	
5) Jenna Coles		
11 SMHS-NIAGARA FAL		1:00.17
1) Arianna Allan	2) Samantha Grenier	
3) Aliyah Glaze	4) Lynnoia Smith	

Women Open High Jump Midget

SOSSA Inc.: 1.70m R 2012-05-24Shyla Cardy

Name	School	Finals
Finals		
1 Autumn Bigger	BDSS-BEAMSVI	1.60m
2 Emma Wright	CSS-WELLAND	1.45m
2 Gates MacPherson	TSS-THOROLD	1.45m
4 Julia Sylvester	DUNDAS VALLE	1.40m
5 Mackenzie Hordyk	GUIDO DE BRE	1.40m
6 Alayna Battaglini	NDC-WELLAND	1.40m
7 Abigayle Bilotta	ESJV-WELLAND	1.35m
7 Alannah Holman	ORCHARD PARK	1.35m
7 Cassandra Pugh	SWCSS-ST. CATH	1.35m
10 Katherine Konkle	ELCSS-FONTHILL	1.30m
11 Taylor Schipper	GUIDO DE BRE	1.25m
--- Cassidy Rietveld	ELCSS-FONTHILL	NH

Women Open Pole Vault Midget

SOSSA Inc.: 2.60m R 2013-05-23Makiah Hunt

Name	School	Finals
Finals		
1 Maya Fetic	ANMSS-NIAGARA	3.05mR
2 Amy Gilmore	ELCSS-FONTHILL	2.10m
3 Hailey Bronn	ELCSS-FONTHILL	1.90m
4 Kate Knafelc	ELCSS-FONTHILL	1.70m

Women Open Long Jump Midget

SOSSA Inc.: 5.03m R 2012-05-24Savannah Allen

Name	School	Finals
Finals		
1 Sarah Saldutto	NDC-WELLAND	5.38mR
2 Mackenzie Barnard	GDSS-GRIMSBY	4.82m
3 Katia Matveev	EHS-ST. CATHAR	4.78m
4 Jordyn Goins	PCHS-PORT COIL	4.72m
5 Audrey Morrison	ELCSS-FONTHILL	4.69m
6 Olivia Galas	RCBHS-RIDGEW	4.65m
7 Faith Ludwig	SMITHVILLE CF	4.65m

8 Dax Chamot	WESTDALE	4.44m
9 Ava Ricker-Singh	BLESSED TRIN	4.44m
10 Jessica Konkle	ELCSS-FONTHILL	4.36m
11 Mackenzie Hordyk	GUIDO DE BRE	4.13m
12 Laura Van Houten	HAMILTON DIS	3.96m
13 Kate Jonker	GUIDO DE BRE	3.87m
14 Kaitlyn Pressley	TSS-THOROLD	3.85m

Women Open Triple Jump Midget

SOSSA Inc.: 11.14m R 2015-05-21Caitlyn Hamm

Name	School	Finals
Finals		
1 Katia Matveev	EHS-ST. CATHAR	10.50m
2 Audrey Morrison	ELCSS-FONTHILL	10.29m
3 Olivia Galas	RCBHS-RIDGEW	10.07m
4 Alyssa Scott	GDSS-GRIMSBY	10.06m
5 Faith Ludwig	SMITHVILLE CF	9.74m
5 Madison Ferrara	RCBHS-RIDGEW	9.74m
7 Alicia Ritskes	HAMILTON DIS	9.32m
8 Ilena Ricker-Singh	BLESSED TRIN	9.25m
9 Jordyn Goins	PCHS-PORT COIL	9.10m
10 Riley Humaniski	TSS-THOROLD	8.96m
11 Amy Gilmore	ELCSS-FONTHILL	8.93m
12 Cherilyn Yeboah	GUIDO DE BRE	8.91m
13 Mackenzie Martindale	CAYUGA	8.59m
14 Mackenzie Hordyk	GUIDO DE BRE	8.42m
15 Jane Fox	WESTDALE	8.17m
16 Taylor Schipper	GUIDO DE BRE	8.03m

Women Open Shot Put 3 kg Midget

SOSSA Inc.: 15.22m R 2015-05-21Trinity Tutti

SOSSA Ties: 11.86m r 5-2014 *4kg* Grace Tennant

Name	School	Finals
Finals		
1 Victoria Balyk	GSSS-ST. CATHAR	10.04m
2 Erin Stockman	BDSS-BEAMSVI	9.98m
3 Jessica Hils	DUNDAS VALLE	9.91m
4 Jasmine Flagg	PCHS-PORT COIL	9.86m
5 Maggie Bernier	DSBN ACADEMY	9.65m
6 Logan Cianco	DMHS-ST. CATH	9.47m
7 Joanie Hart	HAMILTON DIS	9.29m
8 Colby Paterson	BLESSED TRIN	9.10m
9 Lindsay Townsend	CAYUGA	8.88m
10 Destiny Paquin	CSS-WELLAND	8.56m
11 Hailey Bartels	GUIDO DE BRE	8.26m
12 Mattaya Hamer	RCBHS-RIDGEW	8.15m
13 Lauren Vanderwoude	GUIDO DE BRE	7.88m
14 Chaise Major	ELCSS-FONTHILL	7.55m
15 Olivia Detlor	RCBHS-RIDGEW	7.53m
16 Nicole Brown	DUNNVILLE	7.26m

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track

Results

Women Open Discus Throw 1kg Midget

SOSSA Inc.: 40.81m R 2015-05-21Trinity Tutti

Name	School	Finals
Finals		
1 Emma McDougall	GSSS-ST. CATHA	27.36m
2 Brenna Ferrara	CSS-WELLAND	25.40m
3 Colby Paterson	BLESSED TRIN	24.23m
4 Destiny Paquin	CSS-WELLAND	21.63m
5 Logan Cianco	DMHS-ST. CATH	21.04m
6 Olivia Detlor	RCBHS-RIDGEW	20.97m
7 Gates MacPherson	TSS-THOROLD	20.76m
8 Addie Hambly	CSS-WELLAND	20.69m
9 Katie Kathireson	SWCSS-ST. CATI	19.46m
10 Joanie Hart	HAMILTON DIS	19.07m
11 Hailey Bartels	GUIDO DE BRE	18.60m
12 Laura Bishop	DUNDAS VALLE	18.34m
13 Cara Hill	MCKINNON PAF	18.29m
14 Sophie Wright	DUNDAS VALLE	15.23m
15 Ciara Korda	DUNDAS VALLE	13.93m

Women Open Javelin Throw 600g Midget

SOSSA Inc.: 36.64m R 2015-05-21Trinity Tutti

Name	School	Finals
Finals		
1 Emma McDougall	GSSS-ST. CATHA	30.49m
2 Melissa Loeffen	LCHS-PORT COI	27.93m
3 Colby Paterson	BLESSED TRIN	27.32m
4 Katie Young	LCHS-PORT COI	24.50m
5 Laura Bishop	DUNDAS VALLE	24.30m
6 Kate McPhail	SALTFLEET	23.91m
7 Brenna Ferrara	CSS-WELLAND	23.06m
8 Logan Cianco	DMHS-ST. CATH	21.15m
9 Maya Madjercic	SALTFLEET	20.94m
10 Chaise Major	ELCSS-FONTHII	20.82m
11 Emma Wintle	ELCSS-FONTHII	20.57m
12 Nicole Brown	SALTFLEET	20.22m
13 Victoria Balyk	GSSS-ST. CATHA	20.02m
14 Lauren Vanderwoude	GUIDO DE BRE	19.93m
15 Melissa Tougher	SALTFLEET	19.02m
15 Welly Hanenberg	SMITHVILLE CF	19.02m

Women Open 100 Meter Dash Junior

SOSSA Inc.: 12.74 R 2008-05-22Emma Roung

Name	School	Prelims
Preliminaries		
1 Cree Bell	MACNAB	12.75Q
2 Olivia Chen	WSS-NIAGARA I	12.90Q
3 Kaelyn Emslie	LSSS-ST. CATHA	13.23Q
4 Katelyn Kennedy	ANCASTER HIG	13.43Q
5 Shannon teBrake	SMITHVILLE CF	13.72Q
6 Payton Midgley	RCBHS-RIDGEW	13.87Q
7 Kirzty de Torres	HCSS-ST. CATHA	13.85q
8 Taylor Freeman-Wills	SHERWOOD	14.00q
9 Razan Ebrahim	SWCSS-ST. CATI	14.00

10 Paige Faith	WATERDOWN	14.04
11 Natalie Pizzacalla	SPHS-NIAGARA	14.13
12 Marissa Talsma	SMITHVILLE CF	14.14
13 Ireland Fitzgerald	ELCSS-FONTHII	14.18
14 Magda Teeuwesen	HAMILTON DIS	14.30
15 Tiffany Cheung	NIAGARA COLL	14.77

Women Open 100 Meter Dash Junior

SOSSA Inc.: 12.74 R 2008-05-22Emma Roung

Name	School	Finals
Finals		
1 Cree Bell	MACNAB	12.55R
2 Olivia Chen	WSS-NIAGARA I	12.83
3 Kaelyn Emslie	LSSS-ST. CATHA	13.10
4 Katelyn Kennedy	ANCASTER HIG	13.23
5 Shannon teBrake	SMITHVILLE CF	13.58
6 Kirzty de Torres	HCSS-ST. CATHA	13.63
7 Taylor Freeman-Wills	SHERWOOD	13.67
8 Payton Midgley	RCBHS-RIDGEW	13.84

Women Open 200 Meter Dash Junior

SOSSA Inc.: 26.09 R 2013-05-23Savannah Rainford-Allen

Name	School	Finals
Finals		
1 Cree Bell	MACNAB	25.70R
2 Jessie Fennell	ELCSS-FONTHII	26.44
3 Alexandra Hebert	ESJV-WELLAND	26.59
4 Kaelyn Emslie	LSSS-ST. CATHA	27.49
5 Katelyn Kennedy	ANCASTER HIG	28.22
6 Paige Faith	WATERDOWN	28.77
7 Keisha Pascall	HCSS-ST. CATHA	28.77
8 Taylor Parker	EHS-ST. CATHA	29.27
9 Jessica Woodworth	DUNDAS VALLE	29.68
10 Katelyn Alderson	BLESSED TRIN	29.76
11 Autumn Bland	SWCSS-ST. CATI	29.87
12 Emma Clapham	ANCASTER HIG	30.08
13 Emily Robertson	NORA HENDERS	30.71
14 Delaney MacLean	LCHS-PORT COI	31.86
15 Avery Baxter	ESS-WELLAND	33.23

Women Open 400 Meter Dash Junior

SOSSA Inc.: 58.22 R 2014-05-22Jenna Smith

Name	School	Finals
Finals		
1 Jessie Fennell	ELCSS-FONTHII	1:01.34
2 Alexandra Hebert	ESJV-WELLAND	1:01.75
3 Tori Hendriks	BLESSED TRIN	1:04.04
4 Sydney Kuhlberg	DSBN ACADEM	1:05.04
5 Keisha Pascall	HCSS-ST. CATHA	1:07.03
6 Kaelyn Emslie	LSSS-ST. CATHA	1:08.50
7 Katharine Namvar	SWCSS-ST. CATI	1:08.97
8 Aven Blanchard	MCKINNON PAF	1:10.17
9 Debbie Hart	HAMILTON DIS	1:12.15
10 Delaney MacLean	LCHS-PORT COI	1:12.49
11 Eden Bayer	WSS-NIAGARA I	1:15.33

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Finals ... (Women Open 400 Meter Dash Junior)

Name	School	Finals
12 Janel Humphrey	DUNDAS VALLE	1:16.58
13 Natasha Hillman	ANCASTER HIG	1:17.30
--- Jaiden Maunder	WATERDOWN	DNF

Women Open 800 Meter Run Junior

SOSSA Inc.: 2:19.68 R 2010-05-20Alannah MacDonald

Name	School	Finals
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Finals

1 Cate Gualtieri	ELCSS-FONTHII	2:28.14
2 Tori Hendriks	BLESSED TRIN	2:31.60
3 Brittany Johnstone	ANCASTER HIG	2:32.42
4 Jessie Fennell	ELCSS-FONTHII	2:32.58
5 Meaghan Boatsmith	WESTDALE	2:32.64
6 Payton Smith	DSBN ACADEM	2:34.88
7 Ashley Lof	GUIDO DE BRE	2:40.55
8 Elianna VanRaalte	GUIDO DE BRE	2:43.67
9 Breanna Kuhlberg	DSBN ACADEM	2:44.57
10 Danielle Orlando	DMHS-ST. CATH	2:44.74
11 Hannah Hesch	EHS-ST. CATHA	2:47.04
12 Alysha Wira	ORCHARD PARF	2:52.05
13 Rachel Brown	WATERDOWN	2:57.84
14 Gabriela Johnston	FESS-FORT ERIE	2:59.95

Women Open 1500 Meter Run Junior

SOSSA Inc.: 4:46.01 R 2005-05-19Kelsie Slater

Name	School	Finals
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Finals

1 Madison Johnstone	ANCASTER HIG	5:00.22
2 Cate Gualtieri	ELCSS-FONTHII	5:00.24
3 Kayleigh Bush	ANMSS-NIAGAF	5:11.13
4 Brittany Johnstone	ANCASTER HIG	5:19.34
5 Payton Smith	DSBN ACADEM	5:20.91
6 Ashley Lof	GUIDO DE BRE	5:27.15
7 Emma Clapham	ANCASTER HIG	5:34.28
8 Hannah Hesch	EHS-ST. CATHA	5:40.11
9 Danielle Orlando	DMHS-ST. CATH	5:41.88
10 Brittany Weninger	GDSS-GRIMSBY	5:53.97
11 Hailey Adzija	ORCHARD PARF	6:00.00
12 Paige Epp	GDSS-GRIMSBY	6:03.97
13 Rachel Brown	WATERDOWN	6:21.27

Women Open 3000 Meter Run Junior

SOSSA Inc.: 10:38.76 R 2011-05-19Phoebe Cseresnyes

Name	School	Finals
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Finals

1 Madison Johnstone	ANCASTER HIG	11:13.16
2 Kayleigh Bush	ANMSS-NIAGAF	11:17.43
3 Cate Gualtieri	ELCSS-FONTHII	11:44.21
4 Abbey Gauthier	ORCHARD PARF	12:22.81
5 Megan Richer	DUNDAS VALLB	12:23.10
6 Brittney Smith	SWCSS-ST. CATI	12:54.11
7 Kira McPherson	SLHS-SMITHVII	13:11.62
8 Elianna VanRaalte	GUIDO DE BRE	13:45.81

9 Shannon Mellema	SMITHVILLE CH	4:08.19
10 Clare Flynn	DMHS-ST. CATH	4:14.52

Women Open 80 Meter Hurdles Junior

SOSSA Inc.: 11.98 R 2014-05-22Brittany Stenekes

Name	School	Prelims
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Preliminaries

1 Sienna Lalonde	GDSS-GRIMSBY	13.48Q
2 Aven Blanchard	MCKINNON PAR	14.73Q
3 Sarah Watson	RCBHS-RIDGEW	15.04Q
4 Emma Gordon	GSSS-ST. CATH	15.10Q
5 Shaela Frado	ELCSS-FONTHII	15.97Q
6 Ally Taylor	ANMSS-NIAGAF	16.24Q
7 Marisa Giammarco	ELCSS-FONTHII	16.25q
8 Ireland Fitzgerald	ELCSS-FONTHII	16.26q
9 Aislin Osbourne	DUNDAS VALLE	16.27
10 Triniti Morris-Burke	DSBN ACADEM	16.55
11 Katelyn Alderson	BLESSED TRIN	16.56
12 Olivia Ferney	DUNDAS VALLE	16.96
13 Shannon Mellema	SMITHVILLE CF	18.54
--- Hailey Adzija	ORCHARD PARF	DQ

Women Open 80 Meter Hurdles Junior

SOSSA Inc.: 11.98 R 2014-05-22Brittany Stenekes

Name	School	Finals
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Finals

1 Sienna Lalonde	GDSS-GRIMSBY	13.03
2 Sarah Watson	RCBHS-RIDGEW	14.57
3 Emma Gordon	GSSS-ST. CATH	14.69
4 Aven Blanchard	MCKINNON PAR	14.80
5 Ally Taylor	ANMSS-NIAGAF	15.19
6 Shaela Frado	ELCSS-FONTHII	15.91
7 Marisa Giammarco	ELCSS-FONTHII	16.01

Women Open 300 Meter Hurdles Junior

SOSSA Inc.: 46.00 R 2011-05-19Mary Ollier

Name	School	Finals
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Finals

1 Sienna Lalonde	GDSS-GRIMSBY	48.12
2 Sydney Kuhlberg	DSBN ACADEM	49.45
3 Aven Blanchard	MCKINNON PAR	50.31
4 Breanna Kuhlberg	DSBN ACADEM	50.94
5 Hailey Adzija	ORCHARD PARF	56.28
6 Katharine Namvar	SWCSS-ST. CATI	57.91
7 Olivia Ferney	DUNDAS VALLE	57.99
8 Alysha Wira	ORCHARD PARF	58.84
9 Ally Taylor	ANMSS-NIAGAF	59.07

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track
Results

Women Open 4x100 Meter Relay Junior

SOSSA Inc.: 51.08 R 2015-05-21 Notre Dame College - Welland
 K Sadlo, C Obdeyn, L Frasca, K Leger

Team	Relay	Finals
Finals		
1 SWCSS-ST. CATHAR		53.66
1) Natalie Weber	2) Katharine Namvar	
3) Emma Davies	4) Razan Ebrahim	
5) Autumn Bland		
2 SMITHVILLE CHS		54.92
1) Faith Ludwig	2) Shannon teBrake	
3) Marissa Talsma	4) Mikayla Veldman	
5) Shannon Mellema	6) Rebecca Wagter	
3 ELCSS-FONTHILL		56.26
1) Kaileigh Smith	2) Mikyla Balicki	
3) Ireland Fitzgerald	4) Rebecca Hatt	
5) Audrey Morrison		
4 DUNDAS VALLEY		56.52
1) Naomi Terlhjan	2) Jessica Woodworth	
3) Zoe Lawrence	4) Janel Humphrey	
5) Aislin Osbourne		
5 RIDGEWAY-CRYSTALB		56.98
1) Caitlyn Hamm	2) Payton Midgley	
3) Laynie Muma	4) Sarah Velemirovich	
5) Sarah Watson		
6 ANCASTER HIGH		57.26
1) Emma Clapham	2) Hannah Raymond	
3) Brittany Johnstone	4) Katelyn Kennedy	
5) Madison Johnstone	6) Natasha Hillman	
7 GREAT LAKES		57.80
1) Sierra Breukelman	2) Charlyze Breukelman	
3) Chioma Nwebube	4) Saira Lopez	
8 BDSS-BEAMSVILLE		58.21
1) Alex McDonald	2) Zoe Allister	
3) Chantel Pottie	4) Madison O'Brien	
5) Abi McDonald	6) Shannon Swinson	
9 WATERDOWN		58.27
1) Rachel Brown	2) Katie East	
3) Jaiden Maunder	4) Erin Gull	
5) Hanna Hetel	6) Vivien Schnitzler	
10 GUIDO DE BRES		58.76
1) Ashley Lof	2) Elianna VanRaalte	
3) Annika Daddazio	4) Taylor Wielink	
11 WSS-NIAGARA FALL		58.90
1) Olivia Chen	2) Anjelaya Fulcher	
3) Eden Bayer	4) Julie Dube	
12 HAMILTON DISTRICT		59.15
1) Magda Teeuwsen	2) Alicia Ritskes	
3) Debbie Hart	4) Edora Awi	
13 SPSHS-NIAGARA FAL		59.37
1) Natalie Pizzacalla	2) Kate Dunn	
3) Ceara Johnson	4) Julianna Camissa	
5) Ivana Kesete		

Women Open High Jump Junior

SOSSA Inc.: 1.65m R 2010-05-20 Michelle VanderMeer

SOSSA Ties: 1.65m r 5-2013 Shyla Cardy

Name	School	Finals
Finals		
1 Marissa Talsma	SMITHVILLE CF	1.57m
2 Courtney Thompson	LSSS-ST. CATHA	1.50m
3 Shannon teBrake	SMITHVILLE CF	1.40m
4 Megan Heemskerck	GUIDO DE BRE	1.40m
5 Emily Teasdale	RCBHS-RIDGEW	1.35m
6 Ashley Gibson	ESS-WELLAND	1.30m
6 Shaela Frado	ELCSS-FONTHII	1.30m

Women Open Pole Vault Junior

SOSSA Inc.: 3.30m R 2014-05-22 Makiah Hunt

Name	School	Finals
Finals		
1 Shaela Frado	ELCSS-FONTHII	1.70m

Women Open Long Jump Junior

SOSSA Inc.: 5.33m R 2014-05-22 Brittany Stenekes

Name	School	Finals
Finals		
1 Olivia Chen	WSS-NIAGARA I	4.79m
2 Caitlyn Hamm	RCBHS-RIDGEW	4.59m
3 Mikala Taylor	EHS-ST. CATHA	4.56m
4 Emily Teasdale	RCBHS-RIDGEW	4.51m
5 Daina Thompson	ESS-WELLAND	4.49m
6 Mikayla Veldman	SMITHVILLE CF	4.44m
7 Naomi Terlhjan	DUNDAS VALLE	4.30m
8 Alyce Andrews	PCHS-PORT COI	4.21m
9 Alex McDonald	BDSS-BEAMSVI	4.07m
10 Ella Taylor	EHS-ST. CATHA	4.05m
11 Ife Soji	SFSS-ST. CATHA	3.96m
12 Jess Star	HAMILTON DIS	3.91m
13 Aislin Osbourne	DUNDAS VALLE	3.91m
14 Emma Clapham	ANCASTER HIG	3.89m
15 Isabella Brukker	DUNDAS VALLE	3.52m
16 Emma Johnston	DUNDAS VALLE	3.43m

Women Open Triple Jump Junior

SOSSA Inc.: 11.09m R 2010-05-20 Mireille Musca

Name	School	Finals
Finals		
1 Caitlyn Hamm	RCBHS-RIDGEW	11.06m
2 Daina Thompson	ESS-WELLAND	10.07m
3 Mikayla Veldman	SMITHVILLE CF	9.92m
4 Mikala Taylor	EHS-ST. CATHA	9.68m
5 Eden Bayer	WSS-NIAGARA I	9.51m
6 Shellony Charles	NDC-WELLAND	9.39m
7 Naomi Terlhjan	DUNDAS VALLE	9.28m
8 Elianna VanRaalte	GUIDO DE BRE	8.75m
9 Alyce Andrews	PCHS-PORT COI	8.61m
10 Zoe Allister	BDSS-BEAMSVI	8.37m

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track

Results

Finals ... (Women Open Triple Jump Junior)

Name	School	Finals
11 Paige Epp	GDSS-GRIMSBY	8.26m
12 Jess Star	HAMILTON DIS	7.92m
13 Emma Johnston	DUNDAS VALLE	7.82m
14 Isabella Brukker	DUNDAS VALLE	7.67m
15 Courtney Thompson	LSSS-ST. CATHA	7.44m

Women Open Shot Put 3 kg Junior

SOSSA Inc.: 14.30m R 2015-05-21Grace Tennant

SOSSA Ties: 10.82m r 5-2010 *4kg* Sarah Moss

Name	School	Finals
Finals		
1 Trinity Tutti	ESS-WELLAND	16.18mR
2 Emma Leger	NDC-WELLAND	11.16mr
3 Cierra Perron	SWCSS-ST. CATI	10.94mr
4 Emily Gondar	ORCHARD PARF	10.00m
5 Mikayla Bright	TSS-THOROLD	9.31m
6 Lia Rahmoun	DSBN ACADEM'	8.99m
7 Kirzty de Torres	HCSS-ST. CATH	8.92m
8 Tia Rahmoun	DSBN ACADEM'	8.84m
9 Deanna Hutten	GUIDO DE BRE	7.94m
10 Kiara Parlevliet	ANMSS-NIAGAF	7.78m
11 Ciara Johnson	SPHS-NIAGARA	7.72m
12 Rachel Kudrenski	NORA HENDERS	7.68m
13 Nikki Jamieson	MCKINNON PAF	7.64m
14 Brianna Petrie	CHURCHILL	7.23m
15 Sam Crawford	DUNDAS VALLE	6.88m

Women Open Discus Throw 1kg Junior

SOSSA Inc.: 45.72m R 2015-05-21Grace Tennant

Name	School	Finals
Finals		
1 Trinity Tutti	ESS-WELLAND	45.40m
2 Cierra Perron	SWCSS-ST. CATI	28.05m
3 Emma Leger	NDC-WELLAND	27.56m
4 Natalie Weber	SWCSS-ST. CATI	23.45m
5 Tia Rahmoun	DSBN ACADEM'	22.77m
6 Veja Lianga	ELCSS-FONTHII	22.10m
7 Mikayla Bright	TSS-THOROLD	21.78m
8 Gracie Furlong	ELCSS-FONTHII	21.09m
9 Taylor Wielink	GUIDO DE BRE	19.44m
10 Deanna Hutten	GUIDO DE BRE	19.43m
11 Leah Heinen	SLHS-SMITHVII	19.02m
12 Megan White	SHERWOOD	18.09m
13 Nikki Jamieson	MCKINNON PAF	17.96m
14 Sam Crawford	DUNDAS VALLE	17.87m
15 Carrie Plante	CSS-WELLAND	16.72m
16 Zoe Lawrence	DUNDAS VALLE	16.56m

Women Open Javelin Throw 600g Junior

SOSSA Inc.: 38.84m R 2014-05-22Alexis Brenzil

Name	School	Finals
Finals		
1 Cierra Perron	SWCSS-ST. CATI	30.48m

2 Gracie Furlong	ELCSS-FONTHII	28.93m
3 Caitlyn Hamm	RCBHS-RIDGEW	28.40m
4 Emma Leger	NDC-WELLAND	27.88m
5 Emily Gondar	ORCHARD PARF	26.73m
6 Joey Hewick	WATERDOWN	24.61m
7 Lia Rahmoun	DSBN ACADEM'	24.47m
8 Ally Taylor	ANMSS-NIAGAF	22.97m
9 Emily Matsell	SALTFLEET	20.27m
10 Trinit Morris-Burke	DSBN ACADEM'	19.91m
11 Sierra Breukelman	GREAT LAKES	18.44m
12 Sam Crawford	DUNDAS VALLE	18.44m
13 Jennifer Reid	ELCSS-FONTHII	17.44m
14 Taylor Wielink	GUIDO DE BRE	16.84m
15 Zoe John	DSBN ACADEM'	15.78m
16 Rachel Rioux	SALTFLEET	15.71m

Women Open 100 Meter Dash Senior

SOSSA Inc.: 12.65 R 2005-05-19Bethany Moes

Name	School	Prelims
Preliminaries		
1 Kendra Leger	NDC-WELLAND	R 12.64Q
2 Lauren Frasca	NDC-WELLAND	12.84Q
3 Marissa Dubois	WESTDALE	12.82Q
4 Eryn Reader	MACNAB	13.04Q
5 Viktoria VanZanten	HCS-JORDAN S1	13.07Q
6 Kamille Reaker	CSS-WELLAND	13.26Q
7 Sarah Coburn	DMHS-ST. CATH	13.18q
8 Brooke Bottos	WATERDOWN	13.32q
9 Georgia Temush	DUNDAS VALLE	13.49
10 Sarah Incretolli	SALTFLEET	13.52
11 Kachi Opara	NIAGARA COLL	13.59
12 Carlie White	SWCSS-ST. CATI	13.74
13 Kate Carter	SWCSS-ST. CATI	13.77
14 Rysa DelMundo	SMHS-NIAGARA	A 13.81
15 Olivia Davis	GDSS-GRIMSBY	14.16

Women Open 100 Meter Dash Senior

SOSSA Inc.: 12.65 R 2005-05-19Bethany Moes

Name	School	Finals
Finals		
1 Kendra Leger	NDC-WELLAND	12.59R
2 Lauren Frasca	NDC-WELLAND	12.84
3 Marissa Dubois	WESTDALE	12.87
4 Viktoria VanZanten	HCS-JORDAN S1	13.01
5 Sarah Coburn	DMHS-ST. CATH	13.09
6 Eryn Reader	MACNAB	13.12
7 Kamille Reaker	CSS-WELLAND	13.20
8 Brooke Bottos	WATERDOWN	13.54

Women Open 200 Meter Dash Senior

SOSSA Inc.: 25.94 R 2005-05-19Shaneka Knight

Name	School	Finals
Finals		
1 Jenna Smith	DUNDAS VALLE	25.20R
2 Brittany Stenekes	DUNDAS VALLE	25.74R

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track
Results

Finals ... (Women Open 200 Meter Dash Senior)

Name	School	Finals
3 Kendra Leger	NDC-WELLAND	25.89R
4 Eryn Reader	MACNAB	26.91
5 Ashlyn Beecroft	EHS-ST. CATHA	26.96
6 Viktoria VanZanten	HCS-JORDAN ST	27.43
7 Sarah Incretolli	SALTFLEET	27.65
8 Rysa DelMundo	SMHS-NIAGARA	28.07
9 Kamille Reaker	CSS-WELLAND	28.07
10 Mikayla Sonneberg	LSSS-ST. CATHA	28.13
11 Sophia Winter	HAMILTON DIS	28.48
12 Sydney Turpin	DUNDAS VALLE	28.73
13 Ceara Obdeyn	NDC-WELLAND	28.76
14 Olivia Davis	GDSS-GRIMSBY	29.39
15 Kachi Opara	NIAGARA COLL	29.66
16 Rileigh McNeil	HCSS-ST. CATHA	30.09

Women Open 400 Meter Dash Senior

SOSSA Inc.: 57.48 R 2015-05-21 Jenna Smith

Name	School	Finals
1 Jenna Smith	DUNDAS VALLE	57.05R
2 Chloe Hewitt	WESTDALE	58.47
3 Abegale Rodrigues	CSS-WELLAND	1:01.81
4 Mikayla Sonneberg	LSSS-ST. CATHA	1:04.57
5 Peipei Wang	WESTDALE	1:06.74
6 Marissa Dakin-Lachanche	ESJV-WELLAND	1:08.90
7 Rileigh McNeil	HCSS-ST. CATHA	1:09.42
8 Ashley Ligtenberg	GUIDO DE BRE	1:09.76
9 Jenna Angrilli	DMHS-ST. CATH	1:11.90
10 Ciera Lundy	NDC-WELLAND	1:14.12
11 Anna-May Hill	MCKINNON PAF	1:16.51
12 Jeanette Derksen	ELCSS-FONTHILL	1:17.95
13 Kaylee White	DMHS-ST. CATH	1:21.08
--- Lexy Packingham-troth	GDSS-GRIMSBY	DNF
--- Kamea Crowe	SMHS-NIAGARA	DNF

Women Open 800 Meter Run Senior

SOSSA Inc.: 2:14.76 R 2010-05-20 Michelle Molodynia

Name	School	Finals
1 Kennedy Thomson	SWCSS-ST. CATI	2:16.34
2 Chloe Hewitt	WESTDALE	2:17.52
3 Avery Goertz	GSSS-ST. CATHA	2:24.74
4 Jasmine Buckridge	WESTDALE	2:29.64
5 Madeleine Nolan	SFSS-ST. CATHA	2:30.36
6 Beth Vanderbrugghen	GUIDO DE BRE	2:38.72
7 Hayley McMillan	GDSS-GRIMSBY	2:41.91
8 Hailey Yang	GREAT LAKES	2:46.16
9 Bethany Mostert	HAMILTON DIS	2:46.36
10 Tessa Sherk	ELCSS-FONTHILL	2:49.20
11 Anna-May Hill	MCKINNON PAF	3:08.16

Women Open 1500 Meter Run Senior

SOSSA Inc.: 4:41.60 R 2007-05-24 Jillian Wyman

Name	School	Finals
1 Kennedy Thomson	SWCSS-ST. CATI	4:52.60
2 Avery Goertz	GSSS-ST. CATHA	5:05.22
3 Jasmine Buckridge	WESTDALE	5:08.49
4 Madeleine Nolan	SFSS-ST. CATHA	5:14.33
5 Ida Mesfin	HCSS-ST. CATHA	5:14.59
6 Hayley McMillan	GDSS-GRIMSBY	5:41.63
7 Megan Norton	ELCSS-FONTHILL	5:44.81
8 Tessa Sherk	ELCSS-FONTHILL	5:55.98
9 Mary Petriw	NDC-WELLAND	6:47.29

Women Open 3000 Meter Run Senior

SOSSA Inc.: 10:19.95 R 2014-05-22 Laura Korsmit

Name	School	Finals
1 Madison Greenough	SWCSS-ST. CATI	11:01.94
2 Emma Waddington	WESTDALE	11:09.95
3 Rachel Langelaan	BLESSED TRIN	11:15.89
4 Kayla Bevaqua	NDC-WELLAND	11:37.88
5 Megan Norton	ELCSS-FONTHILL	1:41.48
6 Ida Mesfin	HCSS-ST. CATHA	1:59.85
7 Tessa Sherk	ELCSS-FONTHILL	3:01.03
8 Lucy Hilbert	WESTDALE	13:17.43
9 Caitlyn Tardif	RCBHS-RIDGEW	3:51.29

Women Open 100 Meter Hurdles Senior

SOSSA Inc.: 14.26 R 2015-05-21 Brittany Stenekes

Name	School	Prelims
1 Brittany Stenekes	DUNDAS VALLE	14.38Q
2 Charlie Poretti	NDC-WELLAND	15.93Q
3 Abby Bolton	RCBHS-RIDGEW	15.95Q
4 Carlie White	SWCSS-ST. CATI	16.47Q
5 Laura Ferreira	LCHS-PORT COI	17.76Q
6 Jami Godin	GSSS-ST. CATHA	17.98Q
7 Rowan Thomas	GSSS-ST. CATHA	17.98q
8 Anna Nero	CSS-WELLAND	18.86q
9 Eryn Reader	MACNAB	20.44
10 Tori Lancaster	LSSS-ST. CATHA	20.44
--- Sarah Hackney	BDSS-BEAMSVI	DQ

Women Open 100 Meter Hurdles Senior

SOSSA Inc.: 14.26 R 2015-05-21 Brittany Stenekes

Name	School	Finals
1 Brittany Stenekes	DUNDAS VALLE	13.87R
2 Charlie Poretti	NDC-WELLAND	15.48
3 Rowan Thomas	GSSS-ST. CATHA	16.07
4 Abby Bolton	RCBHS-RIDGEW	16.28
5 Carlie White	SWCSS-ST. CATI	16.37
6 Jami Godin	GSSS-ST. CATHA	17.19

**SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track**

Results

Finals ... (Women Open 100 Meter Hurdles Senior)

Name	School	Finals
7 Laura Ferreira	LCHS-PORT COI	17.66
8 Anna Nero	CSS-WELLAND	18.17

Women Open 400 Meter Hurdles Senior

SOSSA Inc.: 1:06.13 R 2006-05-18Kelsie Slater

Name	School	Finals
Finals		
1 Alanna Peplinski	ELCSS-FONTHILL	1:07.20
2 Abegale Rodriques	CSS-WELLAND	1:07.91
3 Sophie Pauls	ELCSS-FONTHILL	1:11.87
4 Lexy Packingham-troth	GDSS-GRIMSBY	1:13.47
5 Fatima DeFreitas	NORA HENDERS	1:14.08
6 Georgia Temush	DUNDAS VALLE	1:16.91
7 Ashley Ligtenberg	GUIDO DE BRE	1:17.60
8 Skyler Goudswaard	GDSS-GRIMSBY	1:17.66
9 Hailey Orosz	SLHS-SMITHVIL	1:23.45
10 Michelle Maecker	ELCSS-FONTHILL	1:28.02
--- Abby Bolton	RCBHS-RIDGEW	DNF

Women Open 4x100 Meter Relay Senior

SOSSA Inc.: 50.33 R 2015-05-21Westdale

M Dubois, C Hewitt, M Balvers, R Stanga

SOSSA Ties: 50.81 r 5-2007 Sir John A MACDONALD

Team	Relay	Finals
Finals		
1 DUNDAS VALLEY		49.83R
1) Jenna Smith	2) Brittany Stenekes	
3) Sydney Turpin	4) Georgia Temush	
5) Naomi Terlhjan		
2 NDC-WELLAND		51.28
1) Lauren Frasca	2) Kendra Sadlo	
3) Charlie Poretti	4) Ceara Obdeyn	
5) Kendra Leger	6) Camille Waldeck	
3 ELCSS-FONTHILL		52.65
1) Jessie Fennell	2) Alanna Peplinski	
3) Sophie Pauls	4) Kaye Chang	
5) Ireland Fitzgerald	6) Michelle Maecker	
4 CENTENNIAL - WELLA		53.99
1) Anna Nero	2) Bianca Gage	
3) Kamille Reaker	4) Abegale Rodriques	
5 SIR ALLAN MACNAB		54.39
1) Cree Bell	2) Mimi Hassan	
3) Eryn Reader	4) Chelsey Laufer	
5) Tricia Raynsford	6) Souad Kurani	
6 LSSS-ST. CATHARI		54.43
1) Maya Hines-Francis	2) Tori Lancaster	
3) Mikayla Sonneberg	4) Kaelyn Emslie	
5) Anna Belford		
7 HCSS-ST. CATHARI		55.08
1) Kirzty de Torres	2) Rileigh McNeil	
3) Michelle O'Rourke	4) Keisha Pascall	
5) Diane Nsudila		

8 DMHS-ST. CATHARI		55.38
1) Lauren Adamson	2) Erica Simminavong	
3) Michelle Rodriguez	4) Sarah Coburn	
5) Jenna Angrilli		
9 RIDGEWAY-CRYSTALB		55.91
1) Leticia Archambault	2) Abby Bolton	
3) Breanne Maidens	4) Shelby Palmer	
5) Teigan Lashford	6) Emily Teasdale	
10 GSSS-ST. CATHARI		56.05
1) Rowan Thomas	2) Emma Gordon	
3) Madeline Freeman-Coutts	4) Rebecca Maclean	
5) Jami Godin		
11 WESTMOUNT		56.83
1) Sarah Butts	2) Kiara Daw	
3) Elissa Tantar	4) Aniyah Claxton-Dwyer	
5) Danielle Datzkiw		
12 GUIDO DE BRES		57.02
1) Jen Hutten	2) Ashley Ligtenberg	
3) Karissa Stegenga	4) Debra Vanderlaan	
5) Katarina Post	6) Beth Vanderbrugghen	
13 HAMILTON DISTRICT		57.27
1) Bethany Mostert	2) Sophia Winter	
3) Sarah Young	4) Summer Bassie	
14 SFSS-ST. CATHARI		58.10
1) Mya Ledl	2) Ivona Palinkas	
3) Trinity Gill-Knack	4) Ife Soji	
5) Jaelynn Roque		
15 ESJV-WELLAND		58.98
1) Marissa Dakin-Lachanche	2) Alexandra White	
3) Taylor Corriveau	4) Danica Rodgers	
5) Michaela Ferguson	6) Brianne Boudreau	
16 MCKINNON PARK		1:00.34
1) Jenna Beemer	2) Aven Blanchard	
3) Jazzmine Thomas	4) Anna-May Hill	
5) Abbey Dikaitis	6) Cara Hill	

Women Open High Jump Senior

SOSSA Inc.: 1.72m R 2010-05-20Emma Siuciak

SOSSA Ties: 1.72m r 5-2010 Courtney Olah

Name	School	Finals
Finals		
1 Rowan Thomas	GSSS-ST. CATHA	1.63m
2 Abegale Rodriques	CSS-WELLAND	1.55m
3 Cailyn deBoer	GUIDO DE BRE	1.55m
4 Jazmine AlmaguerSheldric	WESTDALE	1.50m
5 Tori Lancaster	LSSS-ST. CATHA	1.50m
6 Karsyn Venus	TSS-THOROLD	1.45m
7 Katarina Post	GUIDO DE BRE	1.45m
7 Kaye Chang	ELCSS-FONTHILL	1.45m
9 Carlie White	SWCSS-ST. CATI	1.40m
9 Kandyce Heard	SPHS-NIAGARA	1.40m
9 Teagan Soni	WATERDOWN	1.40m
12 Jess Tenhage	GUIDO DE BRE	1.35m
13 Kim Anicette	SPHS-NIAGARA	1.30m

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track

Results

Women Open Pole Vault Senior

SOSSA Inc.: 3.30m R 2015-05-21Makiah Hunt

Name	School	Finals
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Finals

1	Angel Koch	ELCSS-FONTHII	2.10m
2	Maya Hines-Francis	LSSS-ST. CATHA	1.70m
3	Neenah Williams	ELCSS-FONTHII	1.50m
3	Makiah Hunt	SMHS-NIAGARA	1.50m

Women Open Long Jump Senior

SOSSA Inc.: 5.39m R 2015-05-21Marissa Dubois

Name	School	Finals
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Finals

1	Brittany Stenekes	DUNDAS VALLE	5.62mR
2	Marissa Dubois	WESTDALE	5.37m
3	Jacquelyn Spadzinski	ANMSS-NIAGAF	5.19m
4	Victoria Fair	ELCSS-FONTHII	5.17m
5	Kendra Sadlo	NDC-WELLAND	4.90m
6	Sarah Coburn	DMHS-ST. CATH	4.89m
7	Brooke Bottos	WATERDOWN	4.73m
8	Jummy Oladipo	SWCSS-ST. CATI	4.69m
9	Bella Wylie	WATERDOWN	4.64m
10	Kiara Daw	WESTMOUNT	4.63m
11	Katie Hunter	BDSS-BEAMSVI	4.25m
12	Jazmine AlmaguerSheldric	WESTDALE	4.21m
13	Jami Godin	GSSS-ST. CATH/	4.15m
14	Tori Lancaster	LSSS-ST. CATHA	4.13m
15	Laura Ferreira	LCHS-PORT COI	4.01m

Women Open Triple Jump Senior

SOSSA Inc.: 11.60m R 2015-05-21Sara Kovac

Name	School	Finals
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Finals

1	Jacquelyn Spadzinski	ANMSS-NIAGAF	11.16m
2	Rowan Thomas	GSSS-ST. CATH/	11.08m
3	Marissa Dubois	WESTDALE	10.85m
4	Kendra Sadlo	NDC-WELLAND	10.42m
5	Jummy Oladipo	SWCSS-ST. CATI	10.23m
6	Laura Ferreira	LCHS-PORT COI	10.00m
7	Sarah Young	HAMILTON DIS	9.69m
8	Katarina Post	GUIDO DE BRE	9.35m
9	Katie Hunter	BDSS-BEAMSVI	9.04m
10	Ciera Lundy	NDC-WELLAND	8.89m
11	Jess Tenhage	GUIDO DE BRE	8.86m
12	Emily Koopman	HAMILTON DIS	8.76m
13	Allyssah Martel	LSSS-ST. CATHA	8.28m
---	Hailey Bowen	SHERWOOD	FOUL

Women Open Shot Put 4 kg Senior

SOSSA Inc.: 12.73m R 2011-05-19Sarah Moss

Name	School	Finals
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Finals

1	Grace Tennamt	SLHS-SMITHVII	12.52m
2	Cassandra Plute	BLESSED TRIN	10.92m

3	Kambrie Luciani	CSS-WELLAND	10.57m
4	Sydneyy Mires	LSSS-ST. CATHA	9.93m
5	Tia Stys	HCSS-ST. CATH/	9.50m
6	Sensia Lampman	PCHS-PORT COI	8.93m
7	Shirley Hill	MCKINNON PAF	8.42m
8	Rebecca Balyk	GSSS-ST. CATH/	8.22m
9	Mikaela Turkovich	NDC-WELLAND	8.07m
9	Daniella Sottile	ANMSS-NIAGAF	8.07m
11	Robin Johnson	WESTMOUNT	8.05m
12	Shemiah McDonald	SPHS-NIAGARA	7.32m
13	Frieda Sinclair	WESTMOUNT	7.19m
14	Joelle Easter	WATERDOWN	6.53m
15	Emily Doucet	MACNAB	6.51m

Women Open Discus Throw 1kg Senior

SOSSA Inc.: 44.89m R 2011-05-19Sarah Moss

Name	School	Finals
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Finals

1	Kambrie Luciani	CSS-WELLAND	41.26m
2	Grace Tennamt	SLHS-SMITHVII	41.13m
3	Cassandra Plute	BLESSED TRIN	31.30m
4	Sensia Lampman	PCHS-PORT COI	29.95m
5	Angel Koch	ELCSS-FONTHII	27.25m
6	Ibukin Obidi	SALTFLEET	26.82m
7	Liz Isbister	SALTFLEET	26.22m
8	Emily Taylor	SLHS-SMITHVII	25.43m
9	Kiara Daw	WESTMOUNT	25.39m
10	Shannon Troupe	FESS-FORT ERIE	24.91m
11	Sydneyy Mires	LSSS-ST. CATHA	24.40m
12	Robin Johnson	WESTMOUNT	24.18m
13	Samantha Flint	SLHS-SMITHVII	23.71m
14	Sarah Jerome	SALTFLEET	22.31m
15	Miranda Mann	ELCSS-FONTHII	22.14m
16	Danielle Datzkiw	WESTMOUNT	21.14m

Women Open Javelin Throw 600g Senior

SOSSA Inc.: 39.85m R 2013-05-23Victoria Schoonings

Name	School	Finals
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Finals

1	Kambrie Luciani	CSS-WELLAND	41.25mR
2	Grace Tennamt	SLHS-SMITHVII	37.54m
3	Briana Wice	SALTFLEET	37.26m
4	Charlie Poretti	NDC-WELLAND	36.47m
5	Erin Kenny	DMHS-ST. CATH	31.85m
6	Angel Koch	ELCSS-FONTHII	29.78m
7	Sydneyy Mires	LSSS-ST. CATHA	28.96m
8	Joelle Easter	WATERDOWN	27.87m
9	Lauren Dempsey	SPHS-NIAGARA	26.92m
10	Kallie Charette	DMHS-ST. CATH	25.88m
11	Emily Koopman	HAMILTON DIS	25.62m
12	Kiara Daw	WESTMOUNT	25.39m
13	Madison Bell	DMHS-ST. CATH	24.01m
14	Jazmin Brown	MACDONALD	22.94m
15	Shirley Hill	MCKINNON PAF	13.95m
---	Frieda Sinclair	WESTMOUNT	FOUL

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track
Results

Women Open 1500 Meter Steeplechase Open

SOSSA Inc.: 5:17.97 R 2006-05-18Kelsie Slater

Name	School	Finals
Finals		
1 Madison Greenough	SWCSS-ST. CATI	5:27.28
2 Emma Waddington	WESTDALE	5:35.12
3 Rachel Langelaan	BLESSED TRIN	5:42.34
4 Kayla Bevaqua	NDC-WELLAND	5:53.66
5 Beth Vanderbrugghen	GUIDO DE BRE	5:53.89
6 Skyler Goudswaard	GDSS-GRIMSBY	6:19.48
7 Megan Richer	DUNDAS VALLE	6:27.65
8 Sarah Incretolli	SALTFLEET	6:32.55
9 Mackenzie Campbell	ANMSS-NIAGAF	6:36.13
10 Caitlyn Tardif	RCBHS-RIDGEW	6:38.56
11 Taylor Campbell	ANMSS-NIAGAF	6:45.51
12 Sarah St. Angelo	SWCSS-ST. CATI	7:07.52
--- Lucy Hilbert	WESTDALE	DNF

Women Open 4x400 Meter Relay Open

SOSSA Inc.: 4:08.72 R 2010-05-20Westdale

Team	Relay	Finals
Finals		
1 SWCSS-ST. CATHAR		4:09.32
1) Kennedy Thomson	2) Brenna Wills	
3) Madison Greenough	4) Emma Davies	
5) Carlie White	6) Jenna Coles	
2 DUNDAS VALLEY		4:09.84
1) Jenna Smith	2) Brittany Stenekes	
3) Georgia Temush	4) Sydney Turpin	
5) Allyson Sober	6) Jessica Hils	
3 ELCSS-FONTHILL		4:19.24
1) Alanna Peplinski	2) Jessie Fennell	
3) Cate Gualtieri	4) Kate Knafelc	
5) Emilie Hamilton	6) Megan Norton	
4 ANMSS-NIAGARA FA		4:20.35
1) Kayleigh Bush	2) Jacquelyn Spadzinski	
3) Shelby Wilson	4) Rosie Tait	
5) Mackenzie Campbell	6) Taylor Campbell	
5 WESTDALE		4:29.21
1) Chloe Hewitt	2) Peipei Wang	
3) Meaghan Boatsmith	4) Claire SutherlandCase	
5) Sara Tuberfield		
6 GUIDO DE BRES		4:33.27
1) Ashley Lof	2) Amber Hordyk	
3) Ashley Ligtenberg	4) Beth Vanderbrugghen	
7 LSSS-ST. CATHARI		4:38.12
1) Mikayla Sonneberg	2) Kaelyn Emslie	
3) Lexi Hale	4) Mackenzie Damiano	
5) Tori Lancaster		

Women Open 100 Meter Dash Intellectual I

SOSSA Inc.: 15.98 R 2015-05-21Talin Najarian

Name	School	Finals
Finals		
1 Julianne Miskz	SMHS-NIAGARA ^A	15.94R
2 Shannon Swinson	BDSS-BEAMSVI	16.43

Women Open 800 Meter Run Intellectual I

Name	School	Finals
Finals		
1 Julianne Miskz	SMHS-NIAGARA ^A	3:09.03

Women Open 200 Meter Dash Wheelchair Wheelchair

SOSSA Ties: 6:38.42 r 5-2006 *800m* Natasha Southwell

Name	School	Finals
Finals		
1 Kanice McLean	GSSS-ST. CATH ^A	2:22.38r

Men Open 100 Meter Dash Midget

SOSSA Inc.: 11.38 R 2004-05-20Hussein AbuHarb

Name	School	Prelims
Preliminaries		
1 Myles MisenerDaley	WESTDALE	11.41Q
2 Christian Pavely	CSS-WELLAND	11.88Q
3 Clayton Roperti	SMHS-NIAGARA ^A	11.81Q
4 Callum McNamara	TSS-THOROLD	12.12Q
5 Joe Morocco	SPHS-NIAGARA	12.09Q
6 Luca Timpano	NDC-WELLAND	12.15Q
7 Mike Navarolli	SPHS-NIAGARA	12.16q
8 Owen Jones	BLESSED TRIN	12.30q
9 Owen Sandy-Wood	GSSS-ST. CATH ^A	12.37
10 Zachary Brown	MACDONALD	12.46
11 Ryan Nienhuis	GUIDO DE BRE	12.49
12 Malik Blunt	SALTFLEET	12.62
13 Ryan Holland	GDSS-GRIMSBY	12.70
14 Matthew Wolfe	SALTFLEET	12.72
15 Anthony Puglielli	ORCHARD PARF	13.31
16 Eric Neilson	SWCSS-ST. CATI	13.32

Men Open 100 Meter Dash Midget

SOSSA Inc.: 11.38 R 2004-05-20Hussein AbuHarb

Name	School	Finals
Finals		
1 Myles MisenerDaley	WESTDALE	11.32R
2 Clayton Roperti	SMHS-NIAGARA ^A	11.78
3 Christian Pavely	CSS-WELLAND	11.92
4 Mike Navarolli	SPHS-NIAGARA	12.08
5 Callum McNamara	TSS-THOROLD	12.09
6 Joe Morocco	SPHS-NIAGARA	12.12
7 Luca Timpano	NDC-WELLAND	12.21
8 Owen Jones	BLESSED TRIN	12.66

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track

Results**Men Open 200 Meter Dash Midget**

SOSSA Inc.: 24.01 R 2011-05-19 Michael Young

Name	School	Finals
Finals		
1 Myles MisenerDaley	WESTDALE	22.99R
2 Christian Pavely	CSS-WELLAND	24.28
3 Blake Devinyey	CSS-WELLAND	24.61
4 Joe Morocco	SPHS-NIAGARA	24.89
5 Nathaniel Steele	MACDONALD	25.08
6 Clayton Roperti	SMHS-NIAGARA	25.12
7 Luca Timpano	NDC-WELLAND	25.26
8 Owen Sandy-Wood	GSSS-ST. CATHA	25.40
9 Callum McNamara	TSS-THOROLD	25.44
10 Ryan Holland	GDSS-GRIMSBY	25.85
11 Ash Brookson	EHS-ST. CATHA	25.97
12 Nick Pasaluko	GDSS-GRIMSBY	26.06
13 Reid Baker	DUNDAS VALLE	26.27
14 Zachary Brown	MACDONALD	26.34
15 Abdullah Dwyer	MACNAB	26.93

Men Open 400 Meter Dash Midget

SOSSA Inc.: 52.54 R 2015-05-21 Alec Purnell

Name	School	Finals
Finals		
1 Zachary Brown	MACDONALD	57.23
2 Matthew Riva	SMHS-NIAGARA	57.94
3 Aidan van Arragon	DELTA	58.60
4 Samuel Unruh	GSSS-ST. CATHA	58.72
5 Grant Shewchuk	DUNDAS VALLE	59.74
6 Adam Lamb	ANMSS-NIAGARA	59.81
7 Noah Sharp	ANMSS-NIAGARA	1:00.84
8 Malcolm Green	WESTDALE	1:00.96
9 Justin Nilligan	NORA HENDERSON	1:01.22
10 Simon Hendriks	DUNDAS VALLE	1:01.94
11 Liam Armstrong	SWCSS-ST. CATHA	1:02.32
12 Bradyn Beijes	SLHS-SMITHVILLE	1:06.08
13 Cameron Patterson	TSS-THOROLD	1:07.08
14 Brice Maidens	NDC-WELLAND	1:12.43
15 Issa Hatu	BDSS-BEAMSVILLE	1:23.23

Men Open 800 Meter Run Midget

SOSSA Inc.: 2:03.63 R 2015-05-21 Alec Purnell

Name	School	Finals
Finals		
1 Nicholas Young	SFSS-ST. CATHA	2:03.07R
2 Chase Lupton	GDSS-GRIMSBY	2:14.04
3 Henry Allan	SWCSS-ST. CATHA	2:16.49
4 Alex Meffe	SWCSS-ST. CATHA	2:17.00
5 Justin Nilligan	NORA HENDERSON	2:17.75
6 Malcolm Green	WESTDALE	2:22.48
7 Dean Muis	GUIDO DE BRE	2:27.27
8 Simon Hendriks	DUNDAS VALLE	2:31.56
9 Evan Carbert	NORA HENDERSON	2:32.06
10 Liam Armstrong	SWCSS-ST. CATHA	2:32.07

11 Evan Kernaghan	NDC-WELLAND	2:33.29
12 Scott Justason	DUNDAS VALLE	2:33.36
13 Cole Mackinnon	FESS-FORT ERIE	2:52.24

Men Open 1500 Meter Run Midget

SOSSA Inc.: 4:16.93 R 2010-05-20 Liam Smith

Name	School	Finals
Finals		
1 Nicholas Young	SFSS-ST. CATHA	4:23.83
2 Santiago Gaitan	NDC-WELLAND	4:27.45
3 Derian Free	ELCSS-FONTHILL	4:28.79
4 Ethan Girard	SWCSS-ST. CATHA	4:30.84
5 Jared Attema	SMITHVILLE CATHA	4:33.02
6 Nathaniel Leighninger	WESTDALE	4:36.10
7 Chase Lupton	GDSS-GRIMSBY	4:40.80
8 Tristan Richards	DUNDAS VALLE	4:44.47
9 LaShaw DavidsonThomas	WESTDALE	4:50.98
10 Ivan Fernandez	GSSS-ST. CATHA	4:56.98
11 Connor Ogg	WATERDOWN	5:15.83
12 Brice Maidens	NDC-WELLAND	5:16.56
13 Evan Kernaghan	NDC-WELLAND	5:18.77
14 Hudson Schulenberg	GUIDO DE BRE	5:19.06
15 Greg Forester	NORA HENDERSON	5:50.66

Men Open 3000 Meter Run Midget

SOSSA Inc.: 9:27.55 R 2006-05-18 Mohammed Ahmed

Name	School	Finals
Finals		
1 Santiago Gaitan	NDC-WELLAND	9:30.64
2 Derian Free	ELCSS-FONTHILL	9:44.90
3 Nathaniel Leighninger	WESTDALE	9:56.87
4 Jared Attema	SMITHVILLE CATHA	10:02.60
5 Sam Graef	GDSS-GRIMSBY	10:06.63
6 Tristan Richards	DUNDAS VALLE	10:14.16
7 Ethan Girard	SWCSS-ST. CATHA	10:15.37
8 Peyton Enns	SWCSS-ST. CATHA	10:29.94
9 Harry Lengyl	SWCSS-ST. CATHA	10:31.73
10 Cian Burke	SPHS-NIAGARA	11:23.18
11 Simon Veillette	ESJV-WELLAND	11:23.44
12 Jordan Beijes	GUIDO DE BRE	13:16.02

Men Open 100 Meter Hurdles Midget

SOSSA Inc.: 14.98 R 2009-05-21 Nicholas Katulic-Ducharme

Name	School	Prelims
Preliminaries		
1 Andrew Smith	WSS-NIAGARA	16.15Q
2 Remy Gavanac	GSSS-ST. CATHA	16.38Q
3 Anthony Puglielli	ORCHARD PARK	16.82Q
4 Jakob Brooman	TSS-THOROLD	18.39Q
5 Connor Davidson	TSS-THOROLD	16.88Q
6 Braydan Mattice	CAYUGA	18.87Q
--- Giuseppe Ferreri	BLESSED TRINITY	DQ
--- Cole Pont	CAYUGA	DQ

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track
Results

Men Open 100 Meter Hurdles Midget

SOSSA Inc.: 14.98 R 2009-05-21 Nicholas Katulic-Ducharme

Name	School	Finals
Finals		
1 Remy Gavanac	GSSS-ST. CATHA	15.79
2 Connor Davidson	TSS-THOROLD	16.45
3 Jakob Brooman	TSS-THOROLD	17.53
4 Anthony Puglielli	ORCHARD PAR	18.28
5 Braydan Mattice	CAYUGA	18.34
6 Andrew Smith	WSS-NIAGARA I	18.72

Men Open 300 Meter Hurdles Midget

SOSSA Inc.: 43.03 R 2004-05-20 Adam Simpson

Name	School	Finals
Finals		
1 Blake Devinney	CSS-WELLAND	44.28
2 Remy Gavanac	GSSS-ST. CATHA	45.37
3 Henry Allan	SWCSS-ST. CATI	48.87
4 Zinan Ahmed	BLESSED TRIN	49.59
5 Owen Blokker	GUIDO DE BRE	50.54
6 Connor Davidson	TSS-THOROLD	50.77
7 Anthony Beijes	GUIDO DE BRE	51.47
8 Scott Justason	DUNDAS VALLE	52.24

Men Open 4x100 Meter Relay Midget

SOSSA Inc.: 47.42 R 2010-05-20 Sir Winston Churchill

Team	Relay	Finals
Finals		
1 NDC-WELLAND		47.64
1) Luca Timpano	2) Tom Myslowka	
3) Brice Maidens	4) Alex Root	
5) Santiago Gaitan		
2 SWCSS-ST. CATHAR		48.38
1) Eric Neilson	2) Henry Allan	
3) Ethan Girard	4) Noah Garnace	
3 SMHS-NIAGARA FAL		48.66
1) Qasim Khan	2) Clayton Roperti	
3) R.J. Derhodge	4) Matthew Riva	
4 ELCSS-FONTHILL		49.94
1) Aidan Clarke	2) Josh Schooley	
3) Josh Glen	4) Tyler Dobbie	
5) Jeremy Pollard		
5 THOROLD - THOROLD		50.26
1) Jakob Brooman	2) Chris Berryman	
3) Quinn Bryans	4) Callum McNamara	
5) Connor Davidson		
6 GUIDO DE BRES		50.46
1) Ryan Nienhuis	2) Calvin Bartels	
3) Dustin Spoelstra	4) Christian Ligtenberg	
5) Jordan Schutten		
7 BDSS-BEAMSVILLE		50.72
1) Josh Reid	2) Scott Hunter	
3) Chamsie Loum	4) Nolan Randall	
5) Issa Hatu		

8 GSSS-ST. CATHARI 50.93

1) Remy Gavanac 2) Owen Sandy-Wood
3) Samuel Unruh 4) Ivan Fernandez

9 WESTDALE 53.09

1) Daniel Lesuik 2) Thomas Hatch
3) Dennis Linkert 4) Josh Rey
5) Liam Boatman 6) Malcolm Green

10 NORA HENDERSON 53.21

1) Greg Forester 2) Evan Carbert
3) Justin Nilligan 4) Shane Fleming

11 SALT FLEET 58.32

1) Malik Blunt 2) Johnny Kanagaratnam
3) Jonas Mallett 4) Matthew Wolfe**Men Open High Jump Midget**

SOSSA Inc.: 1.95m R 2007-05-24 Jeff Webb

Name	School	Finals
Finals		
1 Alex Kobosovich	DUNDAS VALLE	1.68m
2 Scott Jenkins	MACNAB	1.65m
3 Anthony Beijes	GUIDO DE BRE	1.60m
3 Nick Murdaca	ANMSS-NIAGAR	1.60m
5 Tyler Dobbie	ELCSS-FONTHIL	1.60m
6 Josh Schooley	ELCSS-FONTHIL	1.60m
7 Zack Cooper	RCBHS-RIDGEW	1.60m
8 Qasim Khan	SMHS-NIAGARA	1.55m
8 DeAndre Fournier	TSS-THOROLD	1.55m
10 Andrew Berisha	DSBN ACADEM	1.50m
10 Devon Maltby	TSS-THOROLD	1.50m
--- Hawkin Paleczny	SWCSS-ST. CATI	NH
--- Nick Pasaluko	GDSS-GRIMSBY	NH
--- Ezekiel Kennedy	ROBERT LAND	NH
--- Lucas Bezemer	DUNDAS VALLE	NH

Men Open Pole Vault Midget

SOSSA Inc.: 3.65m R 2012-05-24 Joel Mueller

Name	School	Finals
Finals		
1 Tyler Dobbie	ELCSS-FONTHIL	2.70m
2 Andrew Smith	WSS-NIAGARA I	2.50m
3 Aidan Clarke	ELCSS-FONTHIL	2.30m
4 Adrian Papez	ELCSS-FONTHIL	2.10m
5 Jon Higenall	ELCSS-FONTHIL	1.90m

Men Open Long Jump Midget

SOSSA Inc.: 6.10m R 2007-05-24 Jean-Paul Lauzon

Name	School	Finals
Finals		
1 Qasim Khan	SMHS-NIAGARA	5.79m
2 Spencer Murray	WESTMOUNT	5.72m
3 Johnathan Jacob	LCHS-PORT COI	5.53m
4 Elijah Mitchell	TSS-THOROLD	5.51m
5 DeAndre Fournier	TSS-THOROLD	5.38m
6 Nathaniel Steele	MACDONALD	5.36m
7 Tom Myslowka	NDC-WELLAND	5.33m

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track
Results

Finals ... (Men Open Long Jump Midget)

Name	School	Finals
8 Nick Murdaca	ANMSS-NIAGARA	5.05m
9 Josh Reid	BDSS-BEAMSVI	5.00m
10 Anthony Puglielli	ORCHARD PARK	4.97m
11 Alex Kobosuvich	DUNDAS VALLE	4.95m
12 Mike Navarolli	SPHS-NIAGARA	4.90m
12 Dean Muis	GUIDO DE BRE	4.90m
14 AJ Choi	DSBN ACADEMY	4.81m
15 Thomas Sant	ANCASTER HIG	4.72m
--- Owen Jones	BLESSED TRIN	FOUL

Men Open Triple Jump Midget

SOSSA Inc.: 12.27m R 2010-05-20Nathan Merritt

Name	School	Finals
1 Johnathan Jacob	LCHS-PORT COI	11.59m
2 Elijah Mitchell	TSS-THOROLD	11.37m
3 DeAndre Fournier	TSS-THOROLD	11.34m
4 Josh Glen	ELCSS-FONTHILL	11.21m
5 Josh Reid	BDSS-BEAMSVI	10.62m
6 Jordan Schutten	GUIDO DE BRE	10.57m
7 Alex Kobosuvich	DUNDAS VALLE	10.45m
8 Aidan Clarke	ELCSS-FONTHILL	10.40m
9 Thomas Sant	ANCASTER HIG	10.14m
10 Lucas Gerrys	SMITHVILLE CF	9.92m
11 Dean Muis	GUIDO DE BRE	9.88m
12 Grayson Crompton	GDSS-GRIMSBY	9.72m
13 Simon Veillette	ESJV-WELLAND	9.55m
14 Cyprus Green	LCHS-PORT COI	9.52m
15 Anthony Beijes	GUIDO DE BRE	9.26m
16 Dennis Linkert	WESTDALE	8.77m

Men Open Shot Put 4 kg Midget

SOSSA Inc.: 14.80m R 2004-05-20Josh Moes

Name	School	Finals
1 David Mendez	MACDONALD	12.93m
2 Caleb Gough	TSS-THOROLD	11.92m
3 Ezekiel Kennedy	ROBERT LAND	11.87m
4 Bruce Bryan	PCHS-PORT COI	11.66m
5 Grant Shewchuk	DUNDAS VALLE	11.12m
6 Jacob Turner	TSS-THOROLD	10.60m
7 Calvin Bartels	GUIDO DE BRE	10.40m
8 Jacob Eden	LCHS-PORT COI	10.29m
9 Jesse Murphy	SPHS-NIAGARA	9.99m
10 Josh Ramnarain	LSSS-ST. CATHA	9.90m
11 Dustin Spoelstra	GUIDO DE BRE	9.71m
12 William Beldman	HAMILTON DIS	9.36m
13 Daniel Krowchuk	WSS-NIAGARA I	8.94m
14 Carter Lagerstrom	TSS-THOROLD	8.87m
15 Matthew Chmielewski	LCHS-PORT COI	8.82m
16 Cameron Hunt	DSBN ACADEMY	7.90m

Men Open Discus Throw 1kg Midget

SOSSA Inc.: 51.97m R 2007-05-24Stefan Palios

Name	School	Finals
1 Caleb Gough	TSS-THOROLD	39.79m
2 Jake Richard	PCHS-PORT COI	34.46m
3 Bruce Bryan	PCHS-PORT COI	31.70m
4 David Mendez	MACDONALD	30.40m
5 Kyle Baker	DSBN ACADEMY	30.25m
6 Markian Hawrylyshyn	SMHS-NIAGARA	27.86m
7 Josh Ramnarain	LSSS-ST. CATHA	26.95m
8 Matthew Chmielewski	LCHS-PORT COI	24.70m
9 Dan Durkin	NDC-WELLAND	24.35m
10 Jacob Turner	TSS-THOROLD	23.53m
11 Carter Lagerstrom	TSS-THOROLD	22.15m
12 William Beldman	HAMILTON DIS	15.27m

Men Open Javelin Throw 600g Midget

SOSSA Inc.: 47.72m R 2008-05-22Alex McGowan

Name	School	Finals
1 Jacob Eden	LCHS-PORT COI	38.98m
2 Dan Durkin	NDC-WELLAND	36.33m
3 Dustin Spoelstra	GUIDO DE BRE	35.01m
4 Jesse Murphy	SPHS-NIAGARA	34.33m
5 Johnathan Jacob	LCHS-PORT COI	33.20m
6 Kiefer Sonnenberg	LSSS-ST. CATHA	33.08m
7 Jack Baran	BLESSED TRIN	31.30m
8 Connor Davidson	TSS-THOROLD	31.00m
9 John Mason	NIAGARA COLL	30.39m
10 Zachary Brown	MACDONALD	29.83m
11 Caleb Gough	TSS-THOROLD	28.67m
12 Liam Boatman	WESTDALE	25.11m
12 Josh Ramnarain	LSSS-ST. CATHA	25.11m
14 William Beldman	HAMILTON DIS	23.14m

Men Open 100 Meter Dash Junior

SOSSA Inc.: 11.02 R 2014-05-22Trent Snyder

Name	School	Prelims
1 Ethan Pasco	SPHS-NIAGARA	11.26Q
2 Chase Osinga	SWCSS-ST. CATI	11.51Q
3 Tyler Broderick	TSS-THOROLD	11.71Q
4 Owen Protulipac	ANMSS-NIAGARA	11.85Q
5 Patrick Harrisson	DUNDAS VALLE	11.82Q
6 Esteban Sarminento	DSBN ACADEMY	11.97Q
7 Glenn Butler	BLESSED TRIN	12.04q
8 Rovenston Jean Baptiste	NDC-WELLAND	12.09q
9 Carter Routlodge	WATERDOWN	12.34
10 Diego Ruiz	SWCSS-ST. CATI	12.43
11 Justin Day	CAYUGA	12.54
11 Kaymel King	SALTFLEET	12.54
13 Devon Steele	MACNAB	39.19
--- Tomi Toyon	NIAGARA COLL	DNF

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track
Results

Men Open 100 Meter Dash Junior

SOSSA Inc.: 11.02 R 2014-05-22 Trent Snyder

Name	School	Finals
Finals		
1 Ethan Pasco	SPHS-NIAGARA	11.12
2 Chase Osinga	SWCSS-ST. CATI	11.33
3 Tyler Broderick	TSS-THOROLD	11.52
4 Patrick Harrison	DUNDAS VALLE	11.63
5 Owen Protulipac	ANMSS-NIAGAF	11.65
6 Esteban Sarminento	DSBN ACADEM	11.72
7 Glenn Butler	BLESSED TRIN	11.81

Men Open 200 Meter Dash Junior

SOSSA Inc.: 23.15 R 2005-05-19 Tanner Goode

Name	School	Finals
Finals		
1 Ethan Pasco	SPHS-NIAGARA	23.05R
2 Owen Protulipac	ANMSS-NIAGAF	24.11
3 Esteban Sarminento	DSBN ACADEM	24.33
4 Glenn Butler	BLESSED TRIN	24.68
5 Dalton Mashenko	ELCSS-FONTHII	25.15
6 Drew Ruigrok	BLESSED TRIN	25.21
7 Marcus Hale	LSSS-ST. CATHA	25.29
8 Justin Day	CAYUGA	25.45
9 Adam Topolinsky	HCSS-ST. CATH/	25.54
10 Luke Vanspronsen	GUIDO DE BRE	25.94
11 Evan Dobbie	ELCSS-FONTHII	25.95
12 Mirza Berberovic	ORCHARD PARI	26.25
13 Akshay Maharaj	ANCASTER HIG	28.22

Men Open 400 Meter Dash Junior

SOSSA Inc.: 52.06 R 2009-05-21 Kristpher Birch

Name	School	Finals
Finals		
1 Alec Purnell	DUNDAS VALLE	51.73R
2 Isaac Lapp	RCBHS-RIDGEW	53.85
3 Esteban Sarminento	DSBN ACADEM	54.46
4 Eric Bell	BDSS-BEAMSVI	55.26
5 Brendan Guignard	GSSS-ST. CATH/	55.79
6 Drew Ruigrok	BLESSED TRIN	57.01
7 Dean Miller	PCHS-PORT COI	57.22
8 Mirza Berberovic	ORCHARD PARI	58.00
9 Jimmy Cushnie	WATERDOWN	58.00
10 Evan Dobbie	ELCSS-FONTHII	58.60
11 Marcus Hale	LSSS-ST. CATHA	59.48
12 Eric Justason	DUNDAS VALLE	59.86
13 Williston Goodfellow	CSS-WELLAND	1:00.32

Men Open 800 Meter Run Junior

SOSSA Inc.: 1:58.48 R 2010-05-20 Chris Hutton

Name	School	Finals
Finals		
1 Brock Deba	ELCSS-FONTHII	1:58.36R
2 Alec Purnell	DUNDAS VALLE	1:59.99

3 Finn Mills	ANCASTER HIG	2:04.54
4 Isaac Lapp	RCBHS-RIDGEW	2:05.20
5 Luke Vandervelde	GUIDO DE BRE	2:12.79
6 Ian Klassen	DUNDAS VALLE	2:16.18
7 Robert Gray	LSSS-ST. CATHA	2:16.37
8 Spencer Laveck (Hudspidt)	LSSS-ST. CATHA	2:23.18
9 Hunter Zimmerman	RCBHS-RIDGEW	2:28.39
10 Abdifatah Mahdi Mohamn	MACDONALD	2:28.49
11 Kevin Diep	LSSS-ST. CATHA	2:34.91
12 Carson Wills	SWCSS-ST. CATI	2:40.24
13 Michael Russiani	SMHS-NIAGARA	2:40.79
--- Dean Miller	PCHS-PORT COI	DNF

Men Open 1500 Meter Run Junior

SOSSA Inc.: 4:06.21 R 2007-05-24 Mohammed Ahmed

Name	School	Finals
Finals		
1 Brock Deba	ELCSS-FONTHII	4:16.00
2 Finn Mills	ANCASTER HIG	4:20.00
3 Campbell Lee	HCSS-ST. CATH/	4:25.25
4 Ian Klassen	DUNDAS VALLE	4:31.53
5 Abdifatah Mahdi Mohamn	MACDONALD	4:32.50
6 Dean Miller	PCHS-PORT COI	4:39.17
7 Robert Gray	LSSS-ST. CATHA	4:40.31
8 Luke Vandervelde	GUIDO DE BRE	4:45.55
9 Spencer Laveck (Hudspidt)	LSSS-ST. CATHA	4:46.31
10 Jackson Friesen	TSS-THOROLD	5:04.73
11 Raymond Stearns	LSSS-ST. CATHA	5:06.52
12 Jake Nunn	ELCSS-FONTHII	5:10.77

Men Open 3000 Meter Run Junior

SOSSA Inc.: 9:08.95 R 2007-05-24 Mohammed Ahmed

Name	School	Finals
Finals		
1 Campbell Lee	HCSS-ST. CATH/	9:43.19
2 Alex Seguin	WATERDOWN	9:43.35
3 Doug Keen	DUNDAS VALLE	9:53.71
4 Abdifatah Mahdi Mohamn	MACDONALD	9:54.03
5 Gavin McLaughlin	EHS-ST. CATHA	9:57.51
6 Spencer Laveck (Hudspidt)	LSSS-ST. CATHA	10:00.70
7 Donald Bagozzi	DMHS-ST. CATHO	10:20.34
8 Zac Hennessey	WATERDOWN	10:26.91
9 Davis Shepherd	ELCSS-FONTHII	10:41.92
10 Carter Knox	DUNDAS VALLE	10:44.92
11 T.D Whittaker	WESTMOUNT	10:47.51
12 Owen Ricker	SMITHVILLE CH1	11:11.37
13 Jake Nunn	ELCSS-FONTHII	11:17.98

Men Open 100 Meter Hurdles Junior

SOSSA Inc.: 14.38 R 2007-05-24 Townsend Benard

Name	School	Prelims
Preliminaries		
1 Mack Jasinkas	CSS-WELLAND	14.90Q
2 Colton Spencer	TSS-THOROLD	15.36Q
3 Berwick Patterson	RCBHS-RIDGEW	14.94Q

**SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track**

Results

Preliminaries ... (Men Open 100 Meter Hurdles Junior)

Name	School	Prelims
4 Matt Nichols	SWCSS-ST. CATI	16.03Q
5 Jonathan Othman	GSSS-ST. CATH/	15.83Q
6 Nathan Sneath	SWCSS-ST. CATI	16.71Q
7 Aman Chera	ELCSS-FONTHII	17.35q
8 Osaze Usuanlele	HCSSS-ST. CATH/	17.35q
9 Michael Walters	ANCASTER HIG	17.43
10 Peyton Meloche	NORA HENDER	19.83

Men Open 100 Meter Hurdles Junior

SOSSA Inc.: 14.38 R 2007-05-24 Townsend Benard

Name	School	Finals
Finals		
1 Mack Jasinskis	CSS-WELLAND	14.68
2 Berwick Patterson	RCBHS-RIDGEW	14.71
3 Colton Spencer	TSS-THOROLD	14.99
4 Matt Nichols	SWCSS-ST. CATI	15.58
5 Nathan Sneath	SWCSS-ST. CATI	15.89
6 Osaze Usuanlele	HCSSS-ST. CATH/	16.71
7 Aman Chera	ELCSS-FONTHII	17.13
--- Jonathan Othman	GSSS-ST. CATH/	DQ

Men Open 300 Meter Hurdles Junior

SOSSA Inc.: 41.62 R 2009-05-21 Sam Testa

Name	School	Finals
Finals		
1 Mack Jasinskis	CSS-WELLAND	42.83
2 Nathan Sneath	SWCSS-ST. CATI	43.88
3 Cameron McLeod	NORA HENDER	43.94
4 Aman Chera	ELCSS-FONTHII	45.33
5 Luke Vanspronsen	GUIDO DE BRE	45.34
6 Eric Justason	DUNDAS VALLE	45.57
7 Myko Smid	GUIDO DE BRE	46.12
8 Matthew Memme	BLESSED TRIN	46.16
9 Williston Goodfellow	CSS-WELLAND	46.20
10 Shane Furnival	TSS-THOROLD	46.74
11 Jonathan Othman	GSSS-ST. CATH/	48.27
12 Gideon Nijenhuis	GUIDO DE BRE	48.50
13 Spencer McLucas	WESTMOUNT	48.95
14 Matt Nichols	SWCSS-ST. CATI	49.90

Men Open 4x100 Meter Relay Junior

SOSSA Inc.: 45.89 R 2010-05-20 Notre Dame

Team	Relay	Finals
Finals		
1 SWCSS-ST. CATHAR		45.92
	1) Chase Osinga	
	2) Matt Nichols	
	3) Nathan Sneath	
	4) Diego Ruiz	
2 BLESSED TRINITY H S		47.76
	1) Glenn Butler	
	2) Isaac McAlonan	
	3) Xavier Hamidu	
	4) Drew Ruigrok	
3 CENTENNIAL - WELLA		48.14
	1) Christian Pavely	
	2) Williston Goodfellow	
	3) Blake Devinney	
	4) Mack Jasinskis	

4 RIDGEWAY-CRYSTALB	49.23
1) Matthew Bolton	
2) Thomas Cochrane	
3) Berwick Patterson	
4) Ethan VanNatter	
5) Carter Seguin	

5 GUIDO DE BRES	49.80
1) Luke Vanspronsen	
2) Gideon Nijenhuis	
3) Kenton Slaa	
4) Cole Spoelstra	
5) Luke Vandervelde	

6 ANCASTER HIGH	50.35
1) Akshay Maharaj	
2) Michael Walters	
3) Liam Garcia	
4) Finn Mills	
5) Zack Stevens	

7 HAMILTON DISTRICT	52.57
1) Nick Terpstra	
2) Tim Bruulsema	
3) Lucas Eising	
4) Gerrit Verrips	

Men Open High Jump Junior

SOSSA Inc.: 1.95m R 2008-05-22 Jeff Webb

Name	School	Finals
Finals		
1 Tyler Broderick	TSS-THOROLD	1.75m
2 Colton Spencer	TSS-THOROLD	1.75m
3 Omar Ridgeway	DSBN ACADEM	1.75m
4 Scott Leduc	ELCSS-FONTHII	1.65m
4 Rovenston Jean Baptiste	NDC-WELLAND	1.65m
6 Richard Warner	SPHS-NIAGARA	1.65m
7 Isaac McAlonan	BLESSED TRIN	1.65m
8 Abdul Mohamad	SWCSS-ST. CATI	1.55m
9 Jonathan Spears	HAMILTON DIS	1.55m
10 Cole Spoelstra	GUIDO DE BRE	1.55m
11 Gideon Nijenhuis	GUIDO DE BRE	1.55m
12 Sebastian Mitchell	NDC-WELLAND	1.45m

Men Open Pole Vault Junior

SOSSA Inc.: 4.00m R 2013-05-23 Joel Mueller

Name	School	Finals
Finals		
1 Dylan Biggar	ELCSS-FONTHII	2.70m
2 Scott Leduc	ELCSS-FONTHII	2.50m
3 Aman Chera	ELCSS-FONTHII	2.30m
4 Max Crowder	ELCSS-FONTHII	2.30m
5 Chase Osinga	SWCSS-ST. CATI	2.30m
6 Josiah Royal	LSSS-ST. CATHA	2.10m

Men Open Long Jump Junior

SOSSA Inc.: 6.37m R 2007-05-24 Carlin McLean

Name	School	Finals
Finals		
1 Tyler Broderick	TSS-THOROLD	5.95m
2 Carter Routlodge	WATERDOWN	5.74m
3 Brendan Guignard	GSSS-ST. CATH/	5.63m
4 Gideon Nijenhuis	GUIDO DE BRE	5.40m
5 Hansley Leclair	ESJV-WELLAND	5.37m
6 Lucas Eising	HAMILTON DIS	5.14m
7 Sebastian Mitchell	NDC-WELLAND	5.10m

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track

Results

Finals ... (Men Open Long Jump Junior)

Name	School	Finals
8 Zack Stevens	ANCASTER HIG	4.99m
9 Berwick Patterson	RCBHS-RIDGEW	4.92m
10 Isaac McAlonan	BLESSED TRIN	4.79m
11 Jimmy Carbonel	HCSS-ST. CATH	4.70m
12 Drew Ruigrok	BLESSED TRIN	4.65m
13 Htoo Nay Moo	MACDONALD	4.55m
--- Abdullah Khan	SMHS-NIAGARA	FOUL
--- Ebuka Okonkwo	NIAGARA COLL	FOUL

Men Open Triple Jump Junior

SOSSA Inc.: 13.00m R 2013-05-23Twanell Bell

Name	School	Finals
1 Abdullah Khan	SMHS-NIAGARA	11.92m
2 Eric Bell	BDSS-BEAMSVI	11.54m
3 Lucas Eising	HAMILTON DIS	11.18m
4 Hansley Leclair	ESJV-WELLAND	11.15m
5 Piotr Cojocari	DMHS-ST. CATH	11.04m
6 Sebastian Mitchell	NDC-WELLAND	11.03m
7 Zack Stevens	ANCASTER HIG	10.86m
8 Madison Salmond	EHS-ST. CATH	10.65m
9 Nick Terpstra	HAMILTON DIS	10.43m
10 Kenton Slaa	GUIDO DE BRE	10.42m
11 Braydon Harrietha	TSS-THOROLD	10.26m
12 Tim Bruulsema	HAMILTON DIS	10.10m
13 Max Crowder	ELCSS-FONTHIL	9.63m

Men Open Shot Put 4kg Junior

SOSSA Inc.: 16.51m R 2008-05-22Stefan Palios

Name	School	Finals
1 Matt Johnston	SWCSS-ST. CATI	13.67m
2 Evan Ferguson	TSS-THOROLD	13.01m
3 Samsom Kennedy	ROBERT LAND	12.82m
4 Bayley Burchell	GDSS-GRIMSBY	12.58m
5 Blake Thompson	CSS-WELLAND	12.43m
6 Eric Wilson	LSSS-ST. CATH	12.34m
7 Alex Mrkalj	SWCSS-ST. CATI	11.74m
8 Asare Otchere	SPHS-NIAGARA	11.44m
9 Ebuka Okonkwo	NIAGARA COLL	11.28m
10 Brad Wright	DUNDAS VALLE	10.99m
11 Thomas Slater	PCHS-PORT COI	10.89m
12 Kyle Detenbeck	RCBHS-RIDGEW	10.78m
13 Coby Trotman	NORA HENDER	10.71m
14 Marcus Rosetto	DUNDAS VALLE	10.54m
15 Tristan Burr	DUNDAS VALLE	9.85m
16 Logan Harnett	NORA HENDER	9.77m

Men Open Discus Throw 1kg Junior

SOSSA Inc.: 55.23m R 2010-05-20Rob Osborn

Name	School	Finals
1 Sauli Lianga	ELCSS-FONTHIL	41.86m

2 Tyler Summerfield	TSS-THOROLD	38.72m
3 Braydon Harrietha	TSS-THOROLD	37.00m
4 Alex Mrkalj	SWCSS-ST. CATI	36.62m
5 Blake Thompson	CSS-WELLAND	34.37m
6 Bailly Stewart	TSS-THOROLD	33.30m
7 Thomas Cochrane	RCBHS-RIDGEW	32.39m
8 Gabriel Grigorov	RCBHS-RIDGEW	32.14m
9 Tristan Burr	DUNDAS VALLE	25.80m
10 Jonathan Spears	HAMILTON DIS	25.46m
11 Josh Dibellonia	ANMSS-NIAGAF	24.46m
12 Michael Walters	ANCASTER HIG	23.87m
13 Marcus Rosetto	DUNDAS VALLE	22.11m
14 Logan Jonker	GUIDO DE BRE	21.93m
15 Conrad VonPallske	DUNDAS VALLE	19.77m

Men Open Javelin Throw 600g Junior

SOSSA Inc.: 54.90m R 2008-05-22Ray Dykstra

Name	School	Finals
1 Colton Spencer	TSS-THOROLD	46.25m
2 Conrad VonPallske	DUNDAS VALLE	45.58m
3 Berwick Patterson	RCBHS-RIDGEW	39.73m
4 Chris MacCarl	BLESSED TRIN	38.94m
5 Liam Polden	ESC-WELLAND	38.80m
6 Dylan Biggar	ELCSS-FONTHIL	37.59m
7 Braydon Harrietha	TSS-THOROLD	36.85m
8 Zack Stevens	ANCASTER HIG	34.25m
9 Jacob Barnowski	DMHS-ST. CATH	33.42m
10 Tanner Vail	BDSS-BEAMSVI	33.25m
11 Marcus Rosetto	DUNDAS VALLE	33.08m
12 Scott Leduc	ELCSS-FONTHIL	32.96m
13 Cole Spoelstra	GUIDO DE BRE	32.31m
14 Jesse Davis	DUNDAS VALLE	29.56m

Men Open 100 Meter Dash Senior

SOSSA Inc.: 10.98 R 2014-05-22Shane Decker

Name	School	Prelims
Preliminaries		
1 Toye Odusanya	NIAGARA COLL	11.08Q
2 Jerome Davis	BLESSED TRIN	11.15Q
3 Seth Long	SPHS-NIAGARA	11.13Q
4 Trent Snyder	GDSS-GRIMSBY	11.30Q
5 Jaquan Selman	DMHS-ST. CATH	11.28Q
6 Tre Ford	ANMSS-NIAGAF	11.36Q
7 Jovan Griffiths	DSBN ACADEM'	11.32q
8 Will Kandeya	SPHS-NIAGARA	11.48q
9 Tre Avery	BLESSED TRIN	11.62
10 Kevaughn Ellis	MACNAB	11.66
11 Christopher Parlevliet	ANMSS-NIAGAF	11.67
12 Tyler Ternowski	MACNAB	11.75
13 Joshua Keogh	SHERWOOD	11.82
14 Kyle Greene	WESTDALE	11.85
15 Denzel Wallace	MACNAB	12.16

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track
Results

Men Open 100 Meter Dash Senior

SOSSA Inc.: 10.98 R 2014-05-22Shane Decker

Name	School	Finals
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Finals

1	Jerome Davis	BLESSED TRIN	10.99
2	Seth Long	SPHS-NIAGARA	11.12
3	Toye Odusanya	NIAGARA COLL	11.15
4	Jaquan Selman	DMHS-ST. CATH	11.22
5	Tre Ford	ANMSS-NIAGAF	11.35
6	Jovan Griffiths	DSBN ACADEM	11.35
7	Will Kandeya	SPHS-NIAGARA	11.49
8	Trent Snyder	GDSS-GRIMSBY	59.89

Men Open 200 Meter Dash Senior

SOSSA Inc.: 22.23 R 2005-05-19Mario Rigby

Name	School	Finals
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Finals

1	Jerome Davis	BLESSED TRIN	22.68
2	Seth Long	SPHS-NIAGARA	22.79
3	Toye Odusanya	NIAGARA COLL	23.06
4	Tre Ford	ANMSS-NIAGAF	23.08
5	Jovan Griffiths	DSBN ACADEM	23.15
6	Jaquan Selman	DMHS-ST. CATH	23.27
7	Will Kandeya	SPHS-NIAGARA	23.47
8	Joshua Keogh	SHERWOOD	23.84
9	Kevaughn Ellis	MACNAB	23.86
10	Holden Child	SWCSS-ST. CATI	24.02
11	Tyrell Ford	ANMSS-NIAGAF	24.14
12	Tyler Ternowski	MACNAB	24.49
13	Andy Groenwold	GUIDO DE BRE	24.55

Men Open 400 Meter Dash Senior

SOSSA Inc.: 49.00 R 2010-05-20Cody Boyd

Name	School	Finals
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Finals

1	Jerome Davis	BLESSED TRIN	50.81
2	Connor Russell	ANCASTER HIG	51.41
3	Jovan Griffiths	DSBN ACADEM	52.24
4	Levi Fretz	RCBHS-RIDGEW	52.49
5	Brent Smyth	WESTMOUNT	52.94
6	John Riley	SWCSS-ST. CATI	53.11
7	Andy Groenwold	GUIDO DE BRE	54.40
8	Joel Ingram	ANMSS-NIAGAF	55.66
9	Blake Hambly	HAMILTON DIS	56.52
10	Colton Mason	MCKINNON PAF	57.06
11	Daniel Harper	SHERWOOD	57.95
12	Ross Halfyard	SWCSS-ST. CATI	59.45
13	Jordan Anderson	WSS-NIAGARA I	1:00.70
14	Timothy Turner	FESS-FORT ERIE	1:00.99
---	Alexander Jacques-McClai	RCBHS-RIDGEW	DNF

Men Open 800 Meter Run Senior

SOSSA Inc.: 1:53.97 R 2010-05-20Chris Meidema

Name	School	Finals
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Finals

1	Levi Fretz	RCBHS-RIDGEW	1:58.05
2	Nick Dalessandro	NORA HENDERS	1:58.36
3	Gavin Smith	GDSS-GRIMSBY	1:59.04
4	Owen Opie	WESTDALE	1:59.36
5	Yahia Liban	DMHS-ST. CATH	2:04.34
6	Harrison Enns	SWCSS-ST. CATI	2:04.82
7	Blake Hambly	HAMILTON DIS	2:12.24
8	Abdulkadir Adam	WSS-NIAGARA I	2:14.69
9	Tyler Bastien	DMHS-ST. CATH	2:16.40
10	Ben Krowchuk	WSS-NIAGARA I	2:19.34
11	Tai Daly	WESTDALE	2:25.67
12	Harris Wilkinson	NDC-WELLAND	2:27.71

Men Open 1500 Meter Run Senior

SOSSA Inc.: 3:55.18 R 2009-05-21Jeremy Rae

Name	School	Finals
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Finals

1	Nick Dalessandro	NORA HENDERS	4:05.86
2	Gavin Smith	GDSS-GRIMSBY	4:08.33
3	Miller Coveney	SWCSS-ST. CATI	4:11.76
4	Logan Martineau	HCSS-ST. CATH	4:17.91
5	Yahia Liban	DMHS-ST. CATH	4:20.12
6	Harrison Enns	SWCSS-ST. CATI	4:30.91
7	Callum Darby	SHERWOOD	4:32.08
8	Owen Grabel	ELCSS-FONTHILL	4:42.74
9	Jared Carter	ELCSS-FONTHILL	4:47.93
10	Blake Hambly	HAMILTON DIS	4:50.95
11	Ben Krowchuk	WSS-NIAGARA I	4:56.09
12	Stephen Taylor	NDC-WELLAND	4:56.42
13	Reuben Jonker	GUIDO DE BRE	4:59.43
14	Bryan Mann	WATERDOWN	5:54.60

Men Open 3000 Meter Run Senior

SOSSA Inc.: 8:31.82 R 2009-05-21Mohammed Ahmed

Name	School	Finals
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Finals

1	Theo Hassim	SWCSS-ST. CATI	9:20.99
2	Jonas Braun	SWCSS-ST. CATI	9:23.61
3	Logan Martineau	HCSS-ST. CATH	9:34.58
4	Owen Bachelor	SWCSS-ST. CATI	9:37.83
5	Miller Coveney	SWCSS-ST. CATI	9:38.68
6	Ryan Kort	ELCSS-FONTHILL	9:59.85
7	Callum Darby	SHERWOOD	10:07.09
8	Owen Grabel	ELCSS-FONTHILL	10:15.22
9	Jared Carter	ELCSS-FONTHILL	10:50.27
10	Michael O'Rourke	ANMSS-NIAGAF	11:11.90
11	Aaron Huinink	HAMILTON DIS	11:20.02
---	Justin Andree	WATERDOWN	DNF
---	Donovan Beatty	WSS-NIAGARA I	DNF
---	Bryan Mann	WATERDOWN	DNF

**SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track**

Results

Men Open 110 Meter Hurdles Senior

SOSSA Inc.: 14.58 R 2009-05-21 Townsend Benard

Name	School	Finals
Finals		
1 Cade Scott	SWCSS-ST. CATI	15.95
2 Oliver Wolf	TSS-THOROLD	16.21
3 Kyle Craig	LSSS-ST. CATHA	16.26
4 Raymond Lee Hok Him	NIAGARA COLL	18.08
5 Quinn Martin	BDSS-BEAMSVI	18.29
6 Tristan Vermolen	LSSS-ST. CATHA	18.36

Men Open 400 Meter Hurdles Senior

SOSSA Inc.: 56.87 R 2009-05-21 Connor Fanning

Name	School	Finals
Finals		
1 Tyler Thomson	ANMSS-NIAGAF	58.99
2 John Riley	SWCSS-ST. CATI	59.10
3 Alexander Jacques-McClai	RCBHS-RIDGEW	1:01.75
4 Owen Bachelor	SWCSS-ST. CATI	1:04.71
5 Ross Halfyard	SWCSS-ST. CATI	1:06.99
6 Kwesi Andrews	MACNAB	1:09.76
7 Tristan Vermolen	LSSS-ST. CATHA	1:10.28

Men Open 4x100 Meter Relay Senior

SOSSA Inc.: 44.34 R 2015-05-21 Denis Morris Catholic HS

A Somerville, T Bell, J Selman, S Decker

SOSSA Inc.: 44.34 R 2014-05-22 Denis Morris

Team	Relay	Finals
Finals		
1 ANMSS-NIAGARA FA		43.82R
1) Christopher Parlevliet	2) Joel Ingram	
3) Tre Ford	4) Tyrell Ford	
5) Tyler Thomson	6) Owen Protulipac	
2 SPHS-NIAGARA FAL		44.21R
1) Seth Long	2) Ethan Pasco	
3) Will Kandeya	4) Anthony Cirillo	
5) Cameron Lang	6) Sefa Otchere	
3 SWCSS-ST. CATHAR		44.51
1) Holden Child	2) Cade Scott	
3) John Riley	4) Riley Mackinnon	
5) Hunter Osinga		
4 SIR ALLAN MACNAB		45.64
1) Kevaghnn Ellis	2) Tyler Ternowski	
3) Denzel Wallace	4) Andre Dixon	
5) Tajara Chademana		
5 WESTDALE		46.00
1) Kyle Greene	2) Jacob Rashid	
3) Keegan Roughsedge	4) Willis Sloan	
5) Myles Misener Daley		
6 BDSS-BEAMSVILLE		46.22
1) Adam McMaster	2) Chase Cosman	
3) Isiah Henry	4) Zach Carrier	
5) Eric Bell	6) Evan Fitzgerald	

7 DSBN ACADEMY		46.29
1) Jovan Griffiths	2) Esteban Sarmento	
3) AJ Choi	4) Kelvin Buljubasic	
5) Josh Wood	6) Omar Ridgeway	
8 THOROLD - THOROLD		46.39
1) Colton Spencer	2) Oliver Wolf	
3) Brian Cartmell	4) Tyler Broderick	
9 NDC-WELLAND		47.61
1) Harris Wilkinson	2) Tyler Iuduciani	
3) Taylor Pupo	4) Jacob Belanger	
5) Rovenston Jean Baptiste		
10 MCKINNON PARK		48.50
1) Colton Mason	2) Joshua Boisvert	
3) Samuel Richardson	4) Mitchell Szarko	
5) Dave (James) Skye	6) Josh Kelly	
--- BLESSED TRINITY H S		DQ
1) Tre Avery	2) Anthony Izzo	
3) Jacob Malaryk	4) Jerome Davis	

Men Open High Jump Senior

SOSSA Inc.: 2.00m R 2012-05-24 J.T. Hunt

Name	School	Finals
Finals		
1 Lucas Mazzone	ANMSS-NIAGAF	1.94m
2 Cole Forster	GDSS-GRIMSBY	1.85m
3 Jake Lamb	GDSS-GRIMSBY	1.85m
4 Sean Holmes	ANCASTER HIG	1.85m
5 Joseph Murdaca	ANMSS-NIAGAF	1.80m
6 Mendelt Elsinga	EHS-ST. CATHA	1.75m
7 Solomon Ebata	NIAGARA COLL	1.75m
8 Caswell Falconer	MACNAB	1.70m
8 Ryan Benevento	SWCSS-ST. CATI	1.70m
8 Daniel Steele	DUNNVILLE	1.70m
8 Will Fledderus	HAMILTON DIS	1.70m
8 Joshua Boisvert	MCKINNON PAF	1.70m
13 Mike Sutherland	NIAGARA COLL	1.65m
14 Kevaghnn Ellis	MACNAB	1.50m
--- Chase Cosman	BDSS-BEAMSVI	FAIL

Men Open Pole Vault Senior

SOSSA Inc.: 4.20m R 2013-05-23 Jesse Marcil

SOSSA Ties: 4.20m r 5-2007

Name	School	Finals
Finals		
1 Brayden Crowder	ELCSS-FONTHII	3.70m
2 Spencer Shoalts	ELCSS-FONTHII	3.00m
3 Ben Wayda	ELCSS-FONTHII	2.80m
4 Jake Day	LSSS-ST. CATHA	2.80m
5 Wes Osborne	ELCSS-FONTHII	2.60m
6 Adam Zammitt	LSSS-ST. CATHA	2.40m

SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track

Results

Men Open Long Jump Senior

SOSSA Inc.: 6.79m R 2010-05-20 Carlin McLean

Name	School	Finals
Finals		
1 Kyle Craig	LSSS-ST. CATHA	6.19m
2 Jake Andrews	ANMSS-NIAGAF	6.08m
3 Tyrell Ford	ANMSS-NIAGAF	6.06m
3 Joseph Murdaca	ANMSS-NIAGAF	6.06m
5 Seth Long	SPHS-NIAGARA	5.91m
6 Brian Cartmell	TSS-THOROLD	5.85m
7 Christopher Parlevliet	ANMSS-NIAGAF	5.83m
8 Ryan Rigby	WATERDOWN	5.64m
9 Colton Mason	MCKINNON PAF	5.51m
10 Brent Smyth	WESTMOUNT	5.50m
11 Trevor Hopkins	DUNDAS VALLE	5.35m
12 Christian Janzen	WESTMOUNT	5.31m
13 Chase Cosman	BDSS-BEAMSVI	5.27m
14 Kyle Vanbuuren	GDSS-GRIMSBY	5.26m
15 Riley Daniels	BDSS-BEAMSVI	5.12m

Men Open Triple Jump Senior

SOSSA Inc.: 13.85m R 2014-05-22 Jaquan Selman

Name	School	Finals
Finals		
1 Jaquan Selman	DMHS-ST. CATH	12.96m
2 Kyle Craig	LSSS-ST. CATHA	12.43m
3 Jake Andrews	ANMSS-NIAGAF	12.18m
4 Liam Mackey	CAYUGA	12.04m
5 Tyler Ternowski	MACNAB	11.82m
6 Riley Daniels	BDSS-BEAMSVI	11.73m
7 Darren Zylstra	HCS-JORDAN S7	11.63m
8 Chad Bartels	GUIDO DE BRE	11.46m
9 Kyle Vanbuuren	GDSS-GRIMSBY	11.38m
10 Confidence Okonkwo	NIAGARA COLL	11.32m
11 Donovan Beatty	WSS-NIAGARA I	11.26m
12 Mike Sutherland	NIAGARA COLL	11.09m
13 Nick Lodde	ELCSS-FONTHII	10.34m
14 Joey Crouse	CHURCHILL	9.97m
--- Jack Staz	DUNDAS VALLE	ND
--- Ryan Groenwold	GUIDO DE BRE	ND

Men Open Shot Put 12 lb Senior

SOSSA Inc.: 19.35m R 2005-05-19 Mike Barnes

Name	School	Finals
Finals		
1 Alessandro Krick	SPHS-NIAGARA	13.33m
2 Nick Petrick	ANMSS-NIAGAF	13.06m
3 Ryan Dendy	PCHS-PORT COI	12.62m
4 Ker-Yung Hong	WATERDOWN	11.90m
5 Daniel Francis	SMHS-NIAGARA	11.63m
6 Matteo Colavecchio	SFSS-ST. CATHA	11.36m
7 Riley Lepp	GSSS-ST. CATHA	11.28m
8 Dawson Bourdages	MACNAB	11.05m
9 Carmine Spedaliere	SFSS-ST. CATHA	10.90m

10 Anthony Izzo	BLESSED TRIN	10.47m
11 Zac Korialian	WATERDOWN	9.87m
12 Thomas Jonasson	HAMILTON DIS	8.38m
--- Quinn Tucker	ELCSS-FONTHII	FOUL
--- Rylan Marr	DUNNVILLE	FOUL

Men Open Discus Throw 1.613kg Senior

SOSSA Inc.: 53.93m R 2005-05-19 Mike Barnes

Name	School	Finals
Finals		
1 Matteo Colavecchio	SFSS-ST. CATHA	47.58m
2 Bryce Martin	RCBHS-RIDGEW	44.31m
3 Trystan Hinks	PCHS-PORT COI	38.07m
4 Spencer Shoalts	ELCSS-FONTHII	36.30m
5 Ethan Tupala	RCBHS-RIDGEW	35.86m
6 Carmine Spedaliere	SFSS-ST. CATHA	35.81m
7 Tyson Wagter	SMITHVILLE CF	33.68m
8 Cayden Lapcevich	SLHS-SMITHVII	33.22m
9 Christian Janzen	WESTMOUNT	31.67m
10 Ryan Dendy	PCHS-PORT COI	31.60m
11 David Humaniski	TSS-THOROLD	29.81m
12 Dawson Bourdages	MACNAB	29.14m
13 Brandon Wysocki	ROBERT LAND	27.86m
14 Chris Buccella	WESTMOUNT	26.34m
15 Geoffrey Haylock	ROBERT LAND	25.80m
16 Brandon Feenstra	GUIDO DE BRE	24.30m

Men Open Javelin Throw 800g Senior

SOSSA Inc.: 68.38m R 2010-05-20 Ray Dykstra

Name	School	Finals
Finals		
1 Tyler Scholz	ANMSS-NIAGAF	42.49m
2 Tyler Hildebrand	ANMSS-NIAGAF	42.46m
3 Jacob Martens	EHS-ST. CATHA	42.30m
4 Edward Liu	SPHS-NIAGARA	41.27m
5 Wyatt Flagg	ELCSS-FONTHII	40.58m
6 Tyson Wagter	SMITHVILLE CF	39.41m
7 Sefa Otchere	SPHS-NIAGARA	38.09m
8 Joseph Jones	BLESSED TRIN	36.26m
9 Max Beaudouin	SWCSS-ST. CATI	35.60m
10 Thaw Tee Tun	CHURCHILL	35.57m
11 Brodie Mougeneut	WATERDOWN	35.37m
12 David Humaniski	TSS-THOROLD	34.84m
13 Hunter Treneer	WATERDOWN	32.05m
14 Brent Smyth	WESTMOUNT	30.25m
15 Thomas Jonasson	HAMILTON DIS	29.05m
--- Jake Crouse	CHURCHILL	FOUL

Men Open 2000 Meter Steeplechase Open

SOSSA Inc.: 6:15.44 R 2015-05-21 Cain Hassim

Name	School	Finals
Finals		
1 Theo Hassim	SWCSS-ST. CATI	6:26.63
2 Jonas Braun	SWCSS-ST. CATI	6:29.55
3 Cal Sentance	DMHS-ST. CATH	6:35.20

**SOSSA 2016 Championship
Track and Field - 2016-05-19
Niagara Olympic Club Track**

Results

Finals ... (Men Open 2000 Meter Steeplechase Open)

Name	School	Finals
4 Owen Bachelor	SWCSS-ST. CATI	6:40.72
5 Ryan Kort	ELCSS-FONTHILL	6:43.06
6 Owen Opie	WESTDALE	6:50.20
7 Gavin McLaughlin	EHS-ST. CATHAI	7:08.37
8 Donovan Beatty	WSS-NIAGARA I	7:36.43
9 Neil Wangler	NIAGARA COLL	7:37.95
10 Blair McNeill	FESS-FORT ERIE	7:50.41
11 Owen Powell	SMHS-NIAGARA ^A	8:04.14
12 Jacob Roussel	DELTA	8:10.20

Men Open 4x400 Meter Relay Open

SOSSA Inc.: 3:28.83 R 2005-05-19 Barton

Team	Relay	Finals
Finals		
1 RIDGEWAY-CRYSTALB		3:37.31
1) Levi Fretz	2) Isaac Lapp	
3) Alexander Jacques-McClary	4) Tanner Schinkel	
5) Ethan VanNatter	6) Matthew Bolton	
2 SWCSS-ST. CATHAR		3:43.55
1) Theo Hassim	2) John Riley	
3) Miller Coveney	4) Peyton Enns	
5) Ross Halfyard		
3 ELCSS-FONTHILL		3:43.90
1) Brock Deba	2) Mitchell Frick	
3) Ryan Kort	4) Aman Chera	
5) Evan Dobbie	6) Owen Grabel	
4 DUNDAS VALLEY		3:46.37
1) Alec Purnell	2) Eric Justason	
3) Alex McClung	4) Ian Klassen	
5) Doug Keen	6) Grant Shewchuk	
5 NORA HENDERSON		3:47.39
1) Peyton Meloche	2) Omar Ulloa	
3) Nick Dalessandro	4) Cameron McLeod	
5) Justin Nilligan	6) Shane Fleming	
6 DMHS-ST. CATHARI		3:48.14
1) Mohammad Hariri	2) Cal Sentance	
3) Carter Rudge	4) Gregory Orlando	
5) Donald Bagozzi	6) Yahia Liban	
7 GSSS-ST. CATHARI		3:55.18
1) Aidan Loughlin	2) Chris Puskar	
3) Brendan Guignard	4) Jonathan Othman	
5) Samuel Unruh	6) Owen Sandy-Wood	
8 GUIDO DE BRES		3:56.28
1) Andy Groenwold	2) Luke Vandervelde	
3) Luke Vanspronsen	4) Cole Spoelstra	
5) Chad Bartels	6) Reuben Jonker	
9 MCKINNON PARK		3:59.25
1) Colton Mason	2) Joshua Boisvert	
3) Samuel Richardson	4) Mitchell Szarko	
5) Dave (James) Skye	6) Josh Kelly	

10 BDSS-BEAMSVILLE	3:59.60
1) Adam McMaster	2) Chase Cosman
3) Evan Fitzgerald	4) Zach Carrier
5) Eric Bell	6) Cripps Callum
11 WATERDOWN	4:09.14
1) Hunter Treneer	2) Justin Andree
3) Bryan Mann	4) Alex Booker
5) Ryan Gray	

Men Open 100 Meter Dash Intellectual I

SOSSA Inc.: 13.70 R 2015-05-21 Owen Konkle

SOSSA Inc.: 13.70 R 2015-05-21 Owen Konkle

Name	School	Finals
Finals		
1 Owen Konkle	BDSS-BEAMSVI	12.63R
2 Grant Flagg	PCHS-PORT COI	13.50R
3 Brian Knechtel	BDSS-BEAMSVI	14.02
4 Ryan Kulikowski	BDSS-BEAMSVI	14.17
5 Eric Kuchman	NDC-WELLAND	14.20
6 Chandler Ladd	LCHS-PORT COI	14.56
7 Andrew McIntyre	SMHS-NIAGARA ^A	14.60
8 Alexi Liszt	NDC-WELLAND	15.76

Men Open 800 Meter Run Intellectual I

Name	School	Finals
Finals		
1 Owen Konkle	BDSS-BEAMSVI	2:38.41
2 Brian Knechtel	BDSS-BEAMSVI	2:41.20
3 Andrew McIntyre	SMHS-NIAGARA ^A	2:51.01
4 Chandler Ladd	LCHS-PORT COI	3:04.06
5 Ryan Kulikowski	BDSS-BEAMSVI	3:16.52