

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Women Open 100 Meter Dash Midget**

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SOSSA Inc.:	R 12.72	23/05/2013	Viktoria Vanzanten,	Heritage Christian	
Name	Year	School	Seed	Prelims	H#
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Preliminaries					
1	192	Cree Bell	DUNDAS VALLEY	13.17	13.24Q 1
2	532	Kaelyn Emslie	LAURA SECORD	13.42	13.44Q 2
3	846	Olivia Chen	WESTLANE	13.51	13.57Q 2
4	44	Katelynn Kennedy	ANCASTER HIGH	13.60	13.70Q 1
5	810	Paige Faith	WATERDOWN	13.55	13.72Q 1
6	727	Shannon teBrake	SMITHVILLE CHS	13.62	13.92Q 2
7	756	Juliana Camisa	ST.PAUL HS	14.01	13.94q 1
8	552	Aven Blanchard	MCKINNON PARK	13.97	14.00q 1
9	458	Magda Teeuwssen	HAMILTON DISTRICT	14.04	14.09 2
10	782	Natalie Pizzacalla	ST.PAUL HS	14.21	14.17 1
11	282	Katie Millen	ELCROSSLEY	14.32	14.24 1
12	361	Alyssa Abernot	GRIMSBY - GRIMSBY	14.20	14.26 1
13	636	Payton Midgley	RCBHS	14.28	14.29 2
14	890	Razan Ebrahim	SWC (ST.CATH)	14.23	14.39 2

Women Open 100 Meter Dash Midget

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SOSSA Inc.:	R 12.72	23/05/2013	Viktoria Vanzanten,	Heritage Christian	
Name	Year	School		Prelims	Finals
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Finals					
1	192	Cree Bell	DUNDAS VALLEY	13.24	13.19
2	532	Kaelyn Emslie	LAURA SECORD	13.44	13.59
3	846	Olivia Chen	WESTLANE	13.57	13.60
4	810	Paige Faith	WATERDOWN	13.72	13.72
5	44	Katelynn Kennedy	ANCASTER HIGH	13.70	13.89
6	727	Shannon teBrake	SMITHVILLE CHS	13.92	13.98
7	552	Aven Blanchard	MCKINNON PARK	14.00	14.08
8	756	Juliana Camisa	ST.PAUL HS	13.94	14.11

Women Open 200 Meter Run Midget

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SOSSA Inc.:	R 26.62	23/05/2013	Victoria Vanzanten,	Heritage Christian	
Name	Year	School	Seed	Finals	H#
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1	192	Cree Bell	DUNDAS VALLEY	26.48	27.05 2
2	256	Jessie Fennell	ELCROSSLEY	28.06	27.79 2
3	329	Alexandra Hebert	ESJV-WELLAND	28.43	27.84 2
4	814	Shannon Johnston	WATERDOWN	29.04	28.79 2
5	44	Katelynn Kennedy	ANCASTER HIGH	28.17	28.86 2
6	532	Kaelyn Emslie	LAURA SECORD	28.03	28.88 2
7	810	Paige Faith	WATERDOWN	28.23	29.06 2
8	727	Shannon teBrake	SMITHVILLE CHS	29.09	29.11 1
9	458	Magda Teeuwssen	HAMILTON DISTRICT	29.58	29.43 1
10	96	Abbie Nickerson	BLESSED TRINITY H S	28.80	29.64 2
11	487	Keisha Pascall	HOLY CROSS	29.63	29.67 1
12	472	Rahshonah Hines	HOLY CROSS	29.73	30.38 1
13	509	Delaney MacLean	LAKESHORE CHS	30.69	30.67 1
14	33	Emma Wilson	AN MYER	30.95	30.91 1
15	649	Sarah Watson	RCBHS	31.39	31.39 1

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16	294	Amber Snyder	ELCROSSLEY	31.05	31.48	1
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Women Open 400 Meter Run Midget

SOSSA Inc.: R 57.70 23/05/2013 Jenna Smith, Highland

	Name	Year	School	Seed	Finals	H#
1	256	Jessie Fennell	ELCROSSLEY	1:02.37	1:01.81	2
2	79	Tori Hendriks	BLESSED TRINITY H S	1:03.53	1:02.52	2
3	329	Alexandra Hebert	ESJV-WELLAND	1:08.78	1:02.62	1
4	96	Abbie Nickerson	BLESSED TRINITY H S	1:05.12	1:03.29	2
5	368	Sienna Lalonde	GRIMSBY - GRIMSBY	1:04.19	1:03.87	2
6	814	Shannon Johnston	WATERDOWN	1:06.32	1:04.93	2
7	183	Sydney Kuhlberg	DSBN ACADEMY	1:05.36	1:05.52	2
8	552	Aven Blanchard	MCKINNON PARK	1:15.25	1:06.20	1
9	487	Keisha Pascall	HOLY CROSS	1:08.40	1:07.22	2
10	853	Bailey Bovell	WESTMOUNT	1:08.77	1:07.34	1
11	509	Delaney MacLean	LAKESHORE CHS	1:09.63	1:07.42	1
12	207	Janel Humphrey	DUNDAS VALLEY	1:09.19	1:08.25	1
13	216	Joelle Mcarthur	DUNDAS VALLEY	1:08.76	1:08.98	2
14	439	Elianna VanRaalte	GUIDO DE BRES	1:10.40	1:10.05	1
15	559	Sabrina Hunter	MCKINNON PARK	1:14.44	1:15.24	1
--	3	Olivia Buchanan	AN MYER	1:15.11	DNF	1

Women Open 800 Meter Run Midget

SOSSA Inc.: R 2:19.47 22/05/2014 Fin Adams, Highland

	Name	Year	School	Seed	Finals	H#
1	268	Cate Gualtieri	ELCROSSLEY	2:27.97	2:24.32	2
2	79	Tori Hendriks	BLESSED TRINITY H S	2:30.07	2:26.98	2
3	42	Madison Johnstone	ANCASTER HIGH	2:32.47	2:32.29	2
4	6	Kayleigh Bush	AN MYER	2:36.76	2:33.47	2
5	256	Jessie Fennell	ELCROSSLEY	2:36.67	2:38.36	2
6	825	Meaghan Boatsmith	WESTDALE	2:40.51	2:40.20	2
7	53	Jessica Roberts	ANCASTER HIGH	2:47.74	2:40.61	1
8	410	Ashley Lof	GUIDO DE BRES	2:40.70	2:40.69	2
9	163	Danielle Orlando	DENIS MORRIS	2:39.95	2:40.80	2
10	803	Rachel Brown	WATERDOWN	2:45.32	2:44.25	1
11	183	Sydney Kuhlberg	DSBN ACADEMY	2:41.31	2:44.27	1
12	312	Hannah Hesch	EDEN	2:41.88	2:45.52	1
13	182	Breanna Kuhlberg	DSBN ACADEMY	2:42.13	2:47.59	1
14	629	Gabriella Johnson	FORT ERIE SS	2:56.52	2:54.98	1
--	329	Alexandra Hebert	ESJV-WELLAND	3:19.54	DNF	1
--	580	Hollie Warkentin	NIAGARA CC	2:52.37	DNF	1

Women Open 1500 Meter Run Midget

SOSSA Inc.: R 4:49.63 20/05/2004 Kelsie Slater, Grimsby

	Name	Year	School	Seed	Finals
1	42	Madison Johnstone	ANCASTER HIGH	5:00.43	4:58.80
2	268	Cate Gualtieri	ELCROSSLEY	5:18.14	5:02.69
3	6	Kayleigh Bush	AN MYER	5:22.73	5:10.56

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open 1500 Meter Run Midget**

4	738 Kira McPherson	SOUTH LINCOLN	5:28.00	5:16.25
5	410 Ashley Lof	GUIDO DE BRES	5:25.13	5:16.78
6	163 Danielle Orlando	DENIS MORRIS	5:31.95	5:29.80
7	312 Hannah Hesch	EDEN	5:30.49	5:31.88
8	53 Jessica Roberts	ANCASTER HIGH	5:31.82	5:36.19
9	188 Payton Smith	DSBN ACADEMY	5:49.19	5:51.52
10	370 Taylor Lanosky	GRIMSBY - GRIMSBY	5:53.73	5:53.67
11	821 Ericka Simmons	WATERDOWN	5:50.40	6:00.21
12	225 Megan Richer	DUNDAS VALLEY	5:58.22	6:00.91
13	516 Caitlin Putney	LAKESHORE CHS	7:05.12	6:55.70

Women Open 3000 Meter Run Midget

SOSSA Inc.: R 10:47.87 24/05/2012 Stephanie Ryall, Westdale

Name	Year	School	Seed	Finals
1	268 Cate Gualtieri	ELCROSSLEY	11:48.73	12:10.43
2	738 Kira McPherson	SOUTH LINCOLN	12:33.60	12:21.31
3	821 Ericka Simmons	WATERDOWN	12:04.97	12:46.59
4	793 Alyssa Pressley	THOROLD - THOROLD	12:37.68	12:52.18
5	613 Abbey Gauthier	ORCHARD PARK	13:23.42	13:12.68
6	225 Megan Richer	DUNDAS VALLEY	13:45.11	13:26.80
7	580 Hollie Warkentin	NIAGARA CC	14:36.56	13:37.47
--	817 Jaiden Maunder	WATERDOWN	14:41.38	DNF

Women Open 80 Meter Hurdles Midget

SOSSA Inc.: R 12.24 22/05/2014 Victoria Fair, EL Crossley

Name	Year	School	Seed	Finals
1	794 Cinthia Rougoor	THOROLD - THOROLD	14.85	14.33
2	368 Sienna Lalonde	GRIMSBY - GRIMSBY	14.76	15.32
3	649 Sarah Watson	RCBHS	15.88	15.34
4	3 Olivia Buchanan	AN MYER	17.29	15.84
5	878 Keyanna Ballard	SWC (ST.CATH)	16.97	16.06
6	31 Ally Taylor	AN MYER	19.65	16.17
7	201 Olivia Ferney	DUNDAS VALLEY	16.63	16.65
8	725 Marissa Talsma	SMITHVILLE CHS	17.12	16.81

Women Open 300 Meter Hurdles Midget

SOSSA Inc.: R 47.46 19/05/2005 Ester Vermeer, Smithville Christian

Name	Year	School	Seed	Finals	H#
1	96 Abbie Nickerson	BLESSED TRINITY H S	51.57	50.45	2
2	368 Sienna Lalonde	GRIMSBY - GRIMSBY	51.56	50.69	2
3	183 Sydney Kuhlberg	DSBN ACADEMY	51.40	52.73	2
4	201 Olivia Ferney	DUNDAS VALLEY	55.77	54.19	2
5	182 Breanna Kuhlberg	DSBN ACADEMY	55.35	54.25	2
6	647 Emily Teasdale	RCBHS	57.65	54.84	2
7	893 Andie Gordon	SWC (ST.CATH)	55.86	55.52	2
8	127 Kristie McCrone	CENTENNIAL	55.57	56.09	2
9	282 Katie Millen	ELCROSSLEY	59.33	57.96	1
10	611 Hailey Adzija	ORCHARD PARK	59.72	59.65	1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open 300 Meter Hurdles Midget**

11	421 Julie Selles	GUIDO DE BRES	1:03.24	1:03.99	1
12	396 Megan Heemskerck	GUIDO DE BRES	1:01.93	1:04.23	1

Women Open 4x100 Meter Relay Midget

SOSSA Inc.: R 52.69 22/05/2008 E. L. Crossley, Fonthill

SOSSA Ties: r 50.81 5/2010 E.L. Crossley

School		Seed	Finals	H#
1	WINSTON CHURCHILL - ST. CATHAR 'A'	55.92	54.94	2
	1) 878 Keyanna Ballard	2) 912 Katherine Namvar Azad		
	3) 890 Razan Ebrahim	4) 931 Natalie Weber		
2	DUNDAS VALLEY 'A'	55.10	55.08	2
	1) 192 Cree Bell	2) 211 Zoe Lawrence		
	3) 216 Joelle Mcarthur	4) 207 Janel Humphrey		
	5) 237 Jesse Woodworth	6) 232 Naomi Terhljan		
3	E. L. CROSSLEY - FONTHILL 'A'	57.14	55.72	2
	1) 258 Ireland Fitzgerald	2) 282 Katie Millen		
	3) 256 Jessie Fennell	4) 294 Amber Snyder		
4	RIDGEWAY-CRYSTAL BHS- RIDGEWAY 'A'	58.10	56.22	2
	1) 626 Caitlyn Hamm	2) 638 Hannah Muileboom		
	3) 639 Laynie Muma	4) 636 Payton Midgley		
	5) 649 Sarah Watson	6) 647 Emily Teasdale		
5	WATERDOWN 'A'	56.69	56.31	2
	1) 803 Rachel Brown	2) 810 Paige Faith		
	3) 814 Shannon Johnston	4) 817 Jaiden Maunder		
	5) 816 Sophia Martineau	6) 821 Ericka Simmons		
6	GUIDO DE BRES 'A'	57.91	56.69	2
	1) 419 Brooke Schulenberg	2) 383 Katie Bartels		
	3) 446 Kayla Werkman	4) 389 Annika Daddazio		
7	HOLY CROSS - ST. CATHARINES 'A'	58.05	56.83	2
	1) 467 Kirztyn De Torres	2) 469 Alicia Farinacci		
	3) 472 Rahshonah Hines	4)		
	5) 486 Shelby Parker	6) 487 Keisha Pascall		
8	ST. PAUL HS - NIAGARA FALLS 'A'	59.23	57.70	2
	1) 782 Natalie Pizzacalla	2) 754 Alexis Baird		
	3) 786 Natalia Visca	4) 758 Kate Dunn		
	5) 756 Juliana Camisa	6) 765 Cieara Johnson		
9	SHERWOOD 'A'	1:03.17	59.11	1
	1) 692 Samantha Kunz	2) 688 Taylor Freeman-Wills		
	3) 684 Hope Ecker	4) 687 Piper Flagg		
	5) 689 Alex Godkin	6)		
10	SMITHVILLE CHRISTIAN 'A'	1:01.19	59.41	1
	1) 732 Hannah Zondag	2) 725 Marissa Talsma		
	3) 727 Shannon teBrake	4) 729 Nanya Udezue		

Women Open High Jump Midget

SOSSA Inc.: R 1.70m 24/05/2012 Shyla Cardy, EL Crossley

Name		Year School	Seed	Finals
1	547 Courtney Thompson	LAURA SECORD	1.48m	1.53m
2	725 Marissa Talsma	SMITHVILLE CHS	1.40m	1.50m
3	727 Shannon teBrake	SMITHVILLE CHS	1.54m	1.40m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open High Jump Midget**

4	647 Emily Teasdale	RCBHS	1.36m	1.35m
5	396 Megan Heemskerk	GUIDO DE BRES	1.30m	1.32m
6	421 Julie Selles	GUIDO DE BRES	1.30m	1.25m
7	304 Ashley Gibson	EASTDALE - WELLAND	1.34m	J1.25m
--	111 Bianca Lastella	CAYUGA - CAYUGA	1.15m	FAIL
--	134 Vani Sharma	CENTENNIAL	1.25m	FAIL
--	195 Izabella Bruckner	DUNDAS VALLEY	1.30m	FAIL

Women Open Long Jump Midget

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SOSSA Inc.: R 5.03m 24/05/2012 Savannah Allen, Denis Morris				
Name	Year	School	Seed	Finals
=====				
1	626 Caitlyn Hamm	RCBHS	4.52m	4.81m
2	846 Olivia Chen	WESTLANE	4.42m	4.61m
3	305 Daina Thompson	EASTDALE - WELLAND	4.26m	4.44m
4	170 Ife Soji	DENIS MORRIS	4.30m	4.16m
5	79 Tori Hendriks	BLESSED TRINITY H S	4.34m	4.15m
6	552 Aven Blanchard	MCKINNON PARK	4.18m	4.10m
7	469 Alicia Farinacci	HOLY CROSS	4.19m	4.06m
8	321 Mikala Taylor	EDEN	4.17m	3.97m
9	616 Allyce Andrews	PORT C HS	4.34m	3.92m
10	456 Jessica Star	HAMILTON DISTRICT	3.90m	3.91m
11	193 Tanya Bell	DUNDAS VALLEY	3.98m	3.87m
12	445 Katrina Wanders	GUIDO DE BRES	4.05m	3.82m
13	647 Emily Teasdale	RCBHS	4.30m	3.78m
14	60 Zoe Allister	BDSS	4.09m	3.71m
14	853 Bailey Bovell	WESTMOUNT	3.84m	3.71m
16	407 Miranda Kampen	GUIDO DE BRES	3.98m	3.50m

Women Open Triple Jump Midget

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SOSSA Inc.: R 11.08m 20/05/2010 Alexandra Symonds, Notre Dame				
Name	Year	School	Seed	Finals
=====				
1	626 Caitlyn Hamm	RCBHS	10.65m	11.14mR
2	794 Cinthia Rougoor	THOROLD - THOROLD	10.14m	10.09m
3	305 Daina Thompson	EASTDALE - WELLAND	9.50m	9.86m
4	321 Mikala Taylor	EDEN	9.59m	9.31m
5	594 Shelloney Charles	NOTRE DAME	8.72m	9.30m
6	616 Allyce Andrews	PORT C HS	8.85m	9.14m
7	782 Natalie Pizzacalla	ST.PAUL HS	8.77m	9.11m
8	188 Payton Smith	DSBN ACADEMY	9.19m	9.02m
9	439 Elianna VanRaalte	GUIDO DE BRES	8.20m	8.72m
10	430 Tarissa Tenhage	GUIDO DE BRES	7.76m	8.53m
11	407 Miranda Kampen	GUIDO DE BRES	7.89m	8.37m
12	456 Jessica Star	HAMILTON DISTRICT	8.36m	8.09m
13	60 Zoe Allister	BDSS	8.53m	8.03m
14	193 Tanya Bell	DUNDAS VALLEY	7.80m	7.59m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Women Open Shot Put 3 kg Midget**

SOSSA Inc.: R 0.01m					newweight 3kg in 2015, new				
SOSSA Ties: r 11.86m 5/2014					*4kg* Grace Tennant, South Lincoln				
Name			Year	School	Seed		Finals		
1	306	Trinity Tutti		EASTDALE - WELLAND	15.99m		15.22mr		
2	614	Emily Gondar		ORCHARD PARK	9.65m		10.06mR		
3	361	Alyssa Abernot		GRIMSBY - GRIMSBY	9.64m		10.05mR		
4	918	Cierra Perron		SWC (ST.CATH)	9.33m		9.69mR		
5	598	Emma Leger		NOTRE DAME	9.26m		9.57mR		
6	512	Emily McKnight		LAKESHORE CHS	8.44m		8.79mR		
7	788	Mikayla Bright		THOROLD - THOROLD	8.95m		8.66mR		
8	239	Sabrina Barnes		ELCROSSLEY	8.79m		8.31mR		
9	185	Tia Rahmoun		DSBN ACADEMY	8.30m		8.20mR		
10	445	Katrina Wanders		GUIDO DE BRES	7.58m		8.13mR		
11	184	Lia Rahmoun		DSBN ACADEMY	8.59m		7.99mR		
12	324	Elise Bartok		ESJV-WELLAND	7.70m		7.77mR		
13	211	Zoe Lawrence		DUNDAS VALLEY	7.76m		7.45mR		
14	223	Katie Pathak		DUNDAS VALLEY	8.07m		7.44mR		
15	416	Rebekkah Redwood		GUIDO DE BRES	7.88m		7.39mR		
--	558	Shirley Hill		MCKINNON PARK	10.20m		DQ		

Women Open Discus Throw 1kg Midget

SOSSA Inc.: R 35.64m 21/05/2009 Sarah Moss, Notre Dame					
Name		Year	School	Seed	Finals
1	306	Trinity Tutti	EASTDALE - WELLAND	41.93m	40.81mR
2	931	Natalie Weber	SWC (ST.CATH)	23.05m	24.53m
3	918	Cierra Perron	SWC (ST.CATH)	20.56m	24.51m
4	274	Veja Lianga	ELCROSSLEY	21.25m	23.46m
5	598	Emma Leger	NOTRE DAME	22.55m	22.78m
6	626	Caitlyn Hamm	RCBHS	20.83m	22.57m
7	185	Tia Rahmoun	DSBN ACADEMY	18.84m	21.11m
8	447	Taylor Wielink	GUIDO DE BRES	18.04m	19.92m
9	736	Leah Heinen	SOUTH LINCOLN	17.56m	19.00m
10	54	Nicole Robertson	ANCASTER HIGH	17.05m	18.44m
11	788	Mikayla Bright	THOROLD - THOROLD	19.43m	18.27m
12	261	Gracie Furlong	ELCROSSLEY	19.58m	14.22m
13	401	Deanna Hutten	GUIDO DE BRES	16.52m	12.45m

Women Open Javelin Throw 600g Midget

SOSSA Inc.: R 34.64m 23/05/2013 Alexis Brenzil, Centennial Welland					
Name		Year	School	Seed	Finals
1	306	Trinity Tutti	EASTDALE - WELLAND	35.44m	36.64mR
2	261	Gracie Furlong	ELCROSSLEY	24.36m	27.15m
3	918	Cierra Perron	SWC (ST.CATH)	25.66m	26.50m
4	614	Emily Gondar	ORCHARD PARK	24.78m	24.66m
5	598	Emma Leger	NOTRE DAME	20.83m	23.52m
6	211	Zoe Lawrence	DUNDAS VALLEY	21.28m	23.03m
7	179	Triniti Burke	DSBN ACADEMY	21.66m	22.60m
8	825	Meaghan Boatsmith	WESTDALE	18.87m	21.73m
9	732	Hannah Zondag	SMITHVILLE CHS	16.66m	19.77m

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10	672 Emily Matsell	SALTFLEET	18.39m	18.05m
11	185 Tia Rahmoun	DSBN ACADEMY	21.90m	17.89m
12	681 Isabelle Zubyk	SALTFLEET	18.85m	17.82m
13	274 Veja Lianga	ELCROSSLEY	17.82m	17.52m
14	594 Shelloney Charles	NOTRE DAME	17.72m	17.51m
15	31 Ally Taylor	AN MYER	17.83m	17.15m
16	184 Lia Rahmoun	DSBN ACADEMY	15.91m	16.10m

Women Open 100 Meter Dash Junior

SOSSA Inc.: R 12.74 22/05/2008 Emma Rount, Ancaster

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	599 Kendra Leger	NOTRE DAME	12.82	12.79Q	1
2	597 Lauren Frasca	NOTRE DAME	13.21	12.99Q	2
3	707 Eryn Reader	SIR ALLAN MACNAB	13.43	13.40Q	1
4	932 Carlisle White	SWC (ST.CATH)	13.43	13.55Q	2
5	830 Laura Garber	WESTDALE	13.50	13.56Q	2
5	132 Kamille Reaker	CENTENNIAL	13.72	13.56Q	2
7	833 Madeline Leek	WESTDALE	13.47	13.65Q	1
8	4 Tyra Burch	AN MYER	14.05	13.59q	2
9	839 Zoe Sirko	WESTDALE	13.78	13.78	1
10	382 Jane Bartels	GUIDO DE BRES	14.14	13.94	2
11	627 Leticia Hill	RCBHS	14.19	14.07	1
12	604 Ceara Obdeyn	NOTRE DAME	13.94	14.10	2
13	315 Nicole Krause	EDEN	13.85	14.11	2
14	495 Taylor Wiebe	HOLY CROSS	14.04	14.27	1
15	72 Sierra Davies-Barl	BLESSED TRINITY H S	13.73	14.31	1
16	496 Olha Wloch	HOLY CROSS	13.97	14.60	1

Women Open 100 Meter Dash Junior

SOSSA Inc.: R 12.74 22/05/2008 Emma Rount, Ancaster

Name	Year	School	Prelims	Finals
Finals				
1	599 Kendra Leger	NOTRE DAME	12.79	12.90
2	597 Lauren Frasca	NOTRE DAME	12.99	13.23
3	707 Eryn Reader	SIR ALLAN MACNAB	13.40	13.72
4	132 Kamille Reaker	CENTENNIAL	13.56	13.75
5	833 Madeline Leek	WESTDALE	13.65	13.83
6	932 Carlisle White	SWC (ST.CATH)	13.55	13.96
7	830 Laura Garber	WESTDALE	13.56	14.05
8	4 Tyra Burch	AN MYER	13.59	14.20

Women Open 200 Meter Run Junior

SOSSA Inc.: R 26.09 23/05/2013 Savannah Rainford-Allen, Denis Morris

Name	Year	School	Seed	Finals	H#
1	307 Ashlyn Beecroft	EDEN	27.17	27.24	2
2	707 Eryn Reader	SIR ALLAN MACNAB	27.37	27.63	2
3	604 Ceara Obdeyn	NOTRE DAME	29.59	28.08	2

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4	374	Gabi Paupst	GRIMSBY - GRIMSBY	28.74	28.32	2
5	234	Sydney Turpin	DUNDAS VALLEY	28.01	28.43	2
6	382	Jane Bartels	GUIDO DE BRES	29.00	28.70	2
7	795	Eryka Sneath	THOROLD - THOROLD	29.32	28.92	2
8	4	Tyra Burch	AN MYER	30.19	29.03	1
9	627	Leticia Hill	RCBHS	30.69	29.93	1
10	698	Alexandra Wong	SHERWOOD	29.70	30.17	1
11	315	Nicole Krause	EDEN	30.01	30.25	1
12	172	Brittany Tanouye	DENIS MORRIS	30.78	31.10	1
13	610	Camille Waldeck	NOTRE DAME	32.06	31.61	1
14	120	Rachel Della Valle	CENTENNIAL	31.66	31.64	1
15	830	Laura Garber	WESTDALE	28.54	33.78	2

Women Open 400 Meter Run Junior

SOSSA Inc.: R 58.22 22/05/2014 Jenna Smith, Highland

Name		Year	School	Seed	Finals	H#
1	234	Sydney Turpin	DUNDAS VALLEY	1:03.18	1:02.72	2
2	374	Gabi Paupst	GRIMSBY – GRIMSBY	1:05.15	1:03.97	2
3	231	Georgia Temush	DUNDAS VALLEY	1:06.55	1:05.26	2
4	481	Rileigh McNeil	HOLY CROSS	1:07.27	1:05.70	2
5	843	Peiyao Wang	WESTDALE	1:08.23	1:06.68	2
6	338	Kassandra Nolet	ESJV-WELLAND	1:09.79	1:07.00	2
7	327	Marissa Dakin-Lach	ESJV-WELLAND	1:13.28	1:11.20	1
8	172	Brittany Tanouye	DENIS MORRIS	1:11.11	1:11.63	2
9	435	Debra Vanderlaan	GUIDO DE BRES	1:12.51	1:11.90	1
10	600	Ciera Lundy	NOTRE DAME	1:17.52	1:14.51	1
--	503	Larissa Giliforte	LAKESHORE CHS	1:12.53	DNF	1
--	160	Riley Monaghan	DENIS MORRIS	1:17.59	DNF	1

Women Open 800 Meter Run Junior

SOSSA Inc.: R 2:19.68 20/05/2010 Alannah MacDonald, ELCrossley

	Name	Year	School	Seed	Finals	H#
1	348 Avery Goertz		GOV.SIMCOE	2:26.20	2:26.39	2
2	313 Brooke Ianiero		EDEN	2:28.82	2:31.80	2
3	285 Megan Norton		ELCROSSLEY	2:35.43	2:35.88	2
4	933 Brenna Wills		SWC (ST.CATH)	2:41.37	2:37.97	2
5	337 Chloe Nolet		ESJV-WELLAND	2:45.40	2:39.62	2
6	923 Katharine Simpson		SWC (ST.CATH)	2:54.90	2:51.55	2
7	557 Anna-May Hill		MCKINNON PARK	2:58.13	2:51.94	1
8	320 Cailen Rotz		EDEN	2:56.29	2:54.22	1
9	34 Nadeen Abdalaal		ANCASTER HIGH	3:06.19	3:03.44	1
10	658 Caitlin Davidson		ST. MICHAEL HS	2:52.31	3:06.55	2
11	131 Makenna Noyes		CENTENNIAL	3:02.29	3:07.64	1
12	408 Mackwiz Kasweka		GUIDO DE BRES	3:16.63	3:08.50	1
13	555 Breanne Davis		MCKINNON PARK	3:36.87	3:52.52	1
--	678 Simona Tomic		SALTFLEET	3:25.22	DNF	1
--	190 Fin Adams		DUNDAS VALLEY	2:16.96	DNF	2
--	387 Rachel Bosscher		GUIDO DE BRES	3:06.22	DNF	1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Women Open 1500 Meter Run Junior**

SOSSA Inc.: R 4:46.01 19/05/2005 Kelsie Slater, Grimsby				
Name	Year	School	Seed	Finals
1	348	Avery Goertz	GOV.SIMCOE	4:51.92
2	316	Kayla McGowan	EDEN	4:56.22
3	285	Megan Norton	ELCROSSLEY	5:26.52
4	310	Haley Esau	EDEN	4:53.25
5	894	Madison Greenough	SWC (ST.CATH)	5:44.73
6	313	Brooke Ianiero	EDEN	5:06.73
7	497	Brooke Andrus	LAKESHORE CHS	5:51.92
8	595	Caila Coyne	NOTRE DAME	5:51.88
9	658	Caitlin Davidson	ST. MICHAEL HS	6:06.05
10	34	Nadeen Abdalaal	ANCMASTER HIGH	6:19.08
11	865	Naya Nouredin	WESTMOUNT	6:43.41
12	437	Karissa Vanegmond	GUIDO DE BRES	6:42.58
--	337	Chloe Nolet	ESJV-WELLAND	5:56.33
				DNF

Women Open 3000 Meter Run Junior

SOSSA Inc.: R 10:38.76 19/05/2011 Phoebe Cseresnyes, Westdale				
Name	Year	School	Seed	Finals
1	316	Kayla McGowan	EDEN	10:42.03
2	310	Haley Esau	EDEN	11:09.20
3	894	Madison Greenough	SWC (ST.CATH)	14:09.75
4	592	Kayla Bevacqua	NOTRE DAME	11:51.46
5	497	Brooke Andrus	LAKESHORE CHS	12:35.21
6	595	Caila Coyne	NOTRE DAME	12:33.90
7	658	Caitlin Davidson	ST. MICHAEL HS	13:25.99
8	926	Sarah St. Angelo	SWC (ST.CATH)	14:08.96
9	327	Marissa Dakin-Lach	ESJV-WELLAND	13:33.07
				14:58.33

Women Open 80 Meter Hurdles Junior

SOSSA Inc.: R 11.98 22/05/2014 Brittany Stenekes, Highland					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	538	Trinity Loughheed	LAURA SECORD	12.61	12.80Q 2
2	932	Carlie White	SWC (ST.CATH)	12.90	12.95Q 1
3	358	Rowan Thomas	GOV.SIMCOE	13.51	13.14Q 2
4	289	Alanna Peplinski	ELCROSSLEY	13.09	13.38Q 1
5	627	Leticia Hill	RCBHS	14.06	13.64Q 1
6	129	Anna Nero	CENTENNIAL	14.00	14.29Q 2
7	230	Lara Swanborough	DUNDAS VALLEY	14.59	14.51q 1
8	502	Laura Ferreira	LAKESHORE CHS	14.54	14.63q 2
9	537	Tori Lancaster	LAURA SECORD	14.38	14.65 1
10	233	Katie Tsounis	DUNDAS VALLEY	16.28	15.91 2
11	283	Cassidy Montgomery	ELCROSSLEY	15.90	16.27 1
12	246	Manpreet Chera	ELCROSSLEY	16.10	16.52 2
13	67	Riley Baran	BLESSED TRINITY H S	16.34	21.30 1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Women Open 80 Meter Hurdles Junior**

=====				
SOSSA Inc.: R 11.98 22/05/2014 Brittany Stenekes, Highland				
Name	Year	School	Prelims	Finals
=====				
Finals				
1	538	Trinity Loughheed	LAURA SECORD	12.80 12.59
2	932	Carlie White	SWC (ST.CATH)	12.95 13.04
3	358	Rowan Thomas	GOV.SIMCOE	13.14 13.09
4	289	Alanna Peplinski	ELCROSSLEY	13.38 13.24
5	129	Anna Nero	CENTENNIAL	14.29 14.05
6	230	Lara Swanborough	DUNDAS VALLEY	14.51 14.60
7	502	Laura Ferreira	LAKESHORE CHS	14.63 14.61
8	627	Leticia Hill	RCBHS	13.64 14.88

Women Open 300 Meter Hurdles Junior

=====					
SOSSA Inc.: R 46.00 19/05/2011 Mary Ollier, Grimsby					
Name	Year	School	Seed	Finals	H#
=====					
1	538	Trinity Loughheed	LAURA SECORD	48.29	47.93 2
2	289	Alanna Peplinski	ELCROSSLEY	51.95	48.21 2
3	231	Georgia Temush	DUNDAS VALLEY	50.39	50.26 2
4	230	Lara Swanborough	DUNDAS VALLEY	50.31	51.14 2
5	503	Larissa Giliforte	LAKESHORE CHS	58.32	55.29 2
6	283	Cassidy Montgomery	ELCROSSLEY	57.73	58.83 2
7	425	Sarah Spanninga	GUIDO DE BRES	56.63	58.85 2
8	278	Michelle Maecker	ELCROSSLEY	59.32	1:00.63 1
9	929	Megan Verbeek	SWC (ST.CATH)	1:00.59	1:01.24 1

Women Open 4x100 Meter Relay Junior

=====				
SOSSA Inc.: R 51.18 22/05/2014 Westdale				
School		Seed	Finals	H#
=====				
1	NOTRE DAME COLLEGE - WELLAND 'A'	51.83	51.08R	2
	1) 607 Kendra Sadlo			
	3) 597 Lauren Frasca			
	5) 600 Ciera Lundy			
2	DUNDAS VALLEY 'A'	55.49	53.89	2
	1) 230 Lara Swanborough			
	3) 233 Katie Tsounis			
	5) 201 Olivia Ferney			
3	BLESSED TRINITY H S 'A'	55.62	55.40	2
	1) 72 Sierra Davies-Barlow			
	3) 105 Nicole Whetton			
	5) 78 Rebecca Hendriks			
4	E. L. CROSSLEY - FONTHILL 'A'	56.72	56.07	2
	1) 289 Alanna Peplinski			
	3) 246 Manpreet Chera			
	5) 288 Sophie Pauls			
5	GUIDO DE BRES 'A'	57.22	56.49	2
	1) 427 Karissa Stegenga			
	3) 403 Esther Jager			
	5) 425 Sarah Spanninga			
6	HOLY CROSS - ST. CATHARINES 'A'	57.17	56.52	2

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open 4x100 Meter Relay Junior**

1) 466 Tessa Czerlau	2) 481 Rileigh McNeil			
3) 495 Taylor Wiebe	4) 496 Olha Wloch			
7 ANCASTER HIGH 'A'		58.47	57.95	2
1) 44 Katelynn Kennedy	2) 52 Madison Osborne			
3) 53 Jessica Roberts	4) 42 Madison Johnstone			
5) 34 Nadeen Abdalaal	6)			
8 ES JEAN VANIER - WELLAND 'A'		58.61	58.17	2
1) 338 Kassandra Nolet	2) 337 Chloe Nolet			
3) 340 Alexandra White	4) 333 Natalie Lefebvre			
5) 327 Marissa Dakin-Lachance	6)			
9 WINSTON CHURCHILL - ST. CATHAR 'A'		58.74	58.21	1
1) 900 Caroline Head	2) 914 Heidi Nickel			
3) 906 Olivia Lu	4) 932 Carlie White			
5) 929 Megan Verbeek	6) 923 Katharine Simpson			
10 WESTMOUNT 'A'		59.71	58.87	1
1) 864 Jennifer Moore	2) 870 Elissa Tantararu			
3) 865 Naya Nouredin	4) 859 Mikayla Jones			
-- DENIS MORRIS CATHOLIC HS 'A'		58.80	DQ	1
1) 143 Jenna Angrilli	2) 146 Maddison Bell			
3) 160 Riley Monaghan	4) 175 Therese Zamora			
5) 157 Erin Kenny	6) 166 Olga Rapita			
-- MCKINNON PARK - CALEDONIA 'A'		59.38	DQ	1
1) 567 Jazzmine Thomas	2) 557 Anna-May Hill			
3) 552 Aven Blanchard	4) 559 Sabrina Hunter			
5) 568 Rebecca Woodall	6) 560 Raquel Johnson			

Women Open High Jump Junior

SOSSA Inc.: R 1.65m 20/05/2010 Michelle VanderMeer, Hamilton District

SOSSA Ties: r 1.65m 5/2013 Shyla Cardy

Name	Year	School	Seed	Finals
1 319 Jenneke Pilling		EDEN	1.52m	1.56m
2 358 Rowan Thomas		GOV.SIMCOE	1.55m	1.45m
3 244 Kaye Chang		ELCROSSLEY	1.45m	J1.45m
4 838 Jasmine Sheldrick		WESTDALE	1.45m	J1.45m
5 72 Sierra Davies-Barl		BLESSED TRINITY H S	1.35m	J1.45m
6 390 Cailyn DeBoer		GUIDO DE BRES	1.40m	1.40m
7 799 Karsyn Venus		THOROLD - THOROLD	1.35m	1.35m
8 408 Mackwiz Kasweka		GUIDO DE BRES	1.30m	1.30m
8 176 Olivia Bouaban		DSBN ACADEMY	1.35m	1.30m
10 698 Alexandra Wong		SHERWOOD	1.35m	1.20m

Women Open Pole Vault Junior

SOSSA Inc.: R 3.30m 22/05/2014 Makiah Hunt, St. Michael

Name	Year	School	Seed	Finals
1 289 Alanna Peplinski		ELCROSSLEY	1.80m	1.80m
2 299 Angel Whitfield-Ko		ELCROSSLEY	1.75m	1.75m
3 240 Clare Benson		ELCROSSLEY	1.65m	1.65m
3 283 Cassidy Montgomery		ELCROSSLEY	1.65m	1.65m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Women Open Long Jump Junior**

SOSSA Inc.: R 5.33m 22/05/2014 Brittany Stenekes, Highland				
Name	Year	School	Seed	Finals
1	319	Jenneke Pilling	EDEN	4.83m
2	501	Caitlin Deruiter	LAKESHORE CHS	4.53m
3	599	Kendra Leger	NOTRE DAME	4.45m
4	600	Ciera Lundy	NOTRE DAME	4.73m
5	607	Kendra Sadlo	NOTRE DAME	4.47m
6	795	Eryka Sneath	THOROLD - THOROLD	4.71m
7	682	Hailey Bowen	SHERWOOD	4.34m
8	675	Jenna Rainville	SALTFLEET	4.62m
9	707	Eryn Reader	SIR ALLAN MACNAB	4.12m
10	838	Jasmine Sheldrick	WESTDALE	4.44m
11	244	Kaye Chang	ELCROSSLEY	4.36m
12	290	Lannie Seddon	ELCROSSLEY	4.10m
13	448	Kara Awi	HAMILTON DISTRICT	4.39m
14	537	Tori Lancaster	LAURA SECORD	4.19m
15	166	Olga Rapita	DENIS MORRIS	4.07m
16	143	Jenna Angrilli	DENIS MORRIS	3.52m

Women Open Triple Jump Junior

SOSSA Inc.: R 11.09m 20/05/2010 Mireille Musca, Blessed Trinity				
Name	Year	School	Seed	Finals
1	358	Rowan Thomas	GOV.SIMCOE	10.81m
2	319	Jenneke Pilling	EDEN	10.11m
3	607	Kendra Sadlo	NOTRE DAME	9.73m
4	795	Eryka Sneath	THOROLD - THOROLD	9.58m
5	501	Caitlin Deruiter	LAKESHORE CHS	9.89m
6	600	Ciera Lundy	NOTRE DAME	9.62m
7	675	Jenna Rainville	SALTFLEET	9.27m
8	132	Kamille Reaker	CENTENNIAL	9.01m
9	290	Lannie Seddon	ELCROSSLEY	9.36m
10	502	Laura Ferreira	LAKESHORE CHS	9.36m
11	382	Jane Bartels	GUIDO DE BRES	8.35m
12	448	Kara Awi	HAMILTON DISTRICT	8.87m
13	682	Hailey Bowen	SHERWOOD	8.72m
14	146	Maddison Bell	DENIS MORRIS	7.79m
15	425	Sarah Spanninga	GUIDO DE BRES	8.04m

Women Open Shot Put 3 kg Junior

SOSSA Inc.: R 0.01m new weight 3kg, new 2015				
SOSSA Ties: r 10.82m 5/2010 *4kg* Sarah Moss				
Name	Year	School	Seed	Finals
1	743	Grace Tennant	SOUTH LINCOLN	14.38m
2	359	Alexa Vasko	GOV.SIMCOE	11.40m
3	386	Ang Boeringa	GUIDO DE BRES	10.30m
4	596	Jessica Foest	NOTRE DAME	10.18m
5	619	Sencia Lampman	PORT C HS	9.76m
6	346	Rebecca Balyk	GOV.SIMCOE	9.12m
7	299	Angel Whitfield-Ko	ELCROSSLEY	9.25m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open Shot Put 3 kg Junior**

8	760	Julia Ford	ST.PAUL HS	9.34m	8.97mR
9	601	Courtney Mancuso	NOTRE DAME	8.31m	8.71mR
10	466	Tessa Czerlau	HOLY CROSS	9.00m	8.45mR
11	157	Erin Kenny	DENIS MORRIS	8.87m	8.42mR
12	858	Robin Johnson	WESTMOUNT	8.29m	8.40mR
13	398	Erin Heikamp	GUIDO DE BRES	7.92m	7.88mR
14	235	Mady Walker	DUNDAS VALLEY	7.94m	7.47mR
15	433	Sarah Vandaselaar	GUIDO DE BRES	6.40m	6.19mR
--	757	Chelsea Dugan	ST.PAUL HS	7.95m	FOUL

Women Open Discus Throw 1kg Junior

SOSSA Inc.: R 41.91m 20/05/2010 Sarah Moss, Notre Dame

	Name	Year	School	Seed	Finals
1	743	Grace Tennant	SOUTH LINCOLN	44.27m	45.72mR
2	126	Kambrie Luciani	CENTENNIAL	34.41m	31.00m
3	619	Sencia Lampman	PORT C HS	26.32m	27.61m
4	359	Alexa Vasko	GOV.SIMCOE	25.50m	26.20m
5	299	Angel Whitfield-Ko	ELCROSSLEY	26.54m	26.05m
6	742	Emily Taylor	SOUTH LINCOLN	22.19m	25.06m
7	241	Hope Brownlee	ELCROSSLEY	22.85m	22.94m
8	858	Robin Johnson	WESTMOUNT	19.16m	20.07m
9	885	Breanna Chenier	SWC (ST.CATH)	20.79m	19.81m
10	157	Erin Kenny	DENIS MORRIS	21.09m	19.28m
11	498	Andrea Benner	LAKESHORE CHS	20.00m	18.69m
12	235	Mady Walker	DUNDAS VALLEY	14.64m	16.64m
13	386	Ang Boeringa	GUIDO DE BRES	18.64m	15.64m
14	433	Sarah Vandaselaar	GUIDO DE BRES	13.78m	14.29m

Women Open Javelin Throw 600g Junior

SOSSA Inc.: R 38.84m 22/05/2014 Alexis Brenzil, Centennial Welland

	Name	Year	School	Seed	Finals
1	743	Grace Tennant	SOUTH LINCOLN	38.49m	38.72m
2	157	Erin Kenny	DENIS MORRIS	25.40m	27.31m
3	778	Lauren Oreskovich	ST.PAUL HS	25.60m	25.96m
4	252	Dallas Deamude	ELCROSSLEY	26.34m	25.13m
5	126	Kambrie Luciani	CENTENNIAL	28.40m	24.95m
6	241	Hope Brownlee	ELCROSSLEY	25.55m	23.92m
7	146	Maddison Bell	DENIS MORRIS	21.96m	23.76m
8	667	Talia Hoffman	SALTFLEET	21.09m	23.75m
9	676	Alexis Skirrow	SALTFLEET	21.95m	23.74m
10	322	Nicole Pilote	ES CONFEDERATION	25.42m	23.41m
11	596	Jessica Foest	NOTRE DAME	24.17m	22.51m
12	366	Jessica Garr	GRIMSBY – GRIMSBY	23.61m	20.88m
13	885	Breanna Chenier	SWC (ST.CATH)	22.70m	20.24m
14	385	Madison Blokker	GUIDO DE BRES	16.39m	15.27m
15	398	Erin Heikamp	GUIDO DE BRES	17.82m	15.14m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Women Open 100 Meter Dash Senior**

=====					
SOSSA Inc.: R 12.65 19/05/2005 Bethany Moes, Eden					
Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	130	Emma Nero	CENTENNIAL	12.88	12.92Q 1
2	35	Monica Binotto	ANCASTER HIGH	12.99	13.16Q 2
3	802	Brooke Bottos	WATERDOWN	13.24	13.61Q 2
4	659	Rysa DelMundo	ST. MICHAEL HS	13.59	13.78Q 1
5	259	Autumn-Skye Flagg	ELCROSSLEY	13.62	13.64Q 2
6	519	Michaela Stratton	LAKESHORE CHS	13.74	13.92Q 1
7	541	Lynda Othman	LAURA SECORD	13.53	13.68q 2
8	362	Olivia Davis	GRIMSBY - GRIMSBY	13.47	14.00q 1
9	915	Jummy Oladipo	SWC (ST.CATH)	13.50	14.01 2
10	873	Jessica Wiskar	WESTMOUNT	13.77	14.16 1
11	887	Sarah Choi	SWC (ST.CATH)	13.67	14.17 2
12	883	Kate Carter	SWC (ST.CATH)	13.61	14.19 1
13	449	Sierra Bassie	HAMILTON DISTRICT	13.80	14.26 2
14	591	Sarah Armstrong	NOTRE DAME	14.13	14.51 1
15	462	Sophia Winter	HAMILTON DISTRICT	13.49	15.62 1

Women Open 100 Meter Dash Senior

=====					
SOSSA Inc.: R 12.65 19/05/2005 Bethany Moes, Eden					
Name	Year	School	Prelims	Finals	
=====					
Finals					
1	130	Emma Nero	CENTENNIAL	12.92	12.79
2	35	Monica Binotto	ANCASTER HIGH	13.16	13.20
3	802	Brooke Bottos	WATERDOWN	13.61	13.65
4	659	Rysa DelMundo	ST. MICHAEL HS	13.78	13.73
5	519	Michaela Stratton	LAKESHORE CHS	13.92	13.81
6	541	Lynda Othman	LAURA SECORD	13.68	13.88
7	259	Autumn-Skye Flagg	ELCROSSLEY	13.64	13.89
8	362	Olivia Davis	GRIMSBY - GRIMSBY	14.00	13.97

Women Open 200 Meter Run Senior

=====					
SOSSA Inc.: R 25.94 19/05/2005 Shaneka Knight, Barton					
Name	Year	School	Seed	Finals	H#
=====					
1	227	Jenna Smith	DUNDAS VALLEY	25.18	26.02 2
2	228	Brittany Stenekes	DUNDAS VALLEY	25.21	26.54 2
3	840	Rachel Stanga	WESTDALE	27.17	27.55 2
4	328	Alysha Fontaine	ESJV-WELLAND	27.83	27.64 2
5	829	Marissa Dubois	WESTDALE	26.76	27.76 2
6	705	Hailey Hemerica	SIR ALLAN MACNAB	27.12	27.78 2
7	544	Mikayla Sonnenberg	LAURA SECORD	28.06	28.52 2
8	659	Rysa DelMundo	ST. MICHAEL HS	28.37	28.53 2
9	784	Felicia Scaringi	ST.PAUL HS	29.18	28.78 1
10	661	Makiah Hunt	ST. MICHAEL HS	29.15	29.12 1
11	541	Lynda Othman	LAURA SECORD	29.04	29.33 1
12	362	Olivia Davis	GRIMSBY - GRIMSBY	28.50	29.42 1
13	519	Michaela Stratton	LAKESHORE CHS	29.47	29.52 1
14	151	Sarah Coburn	DENIS MORRIS	28.74	30.81 1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open 200 Meter Run Senior**

15	373 Lexy Parkenham-Tro	GRIMSBY - GRIMSBY	29.94	31.07	1
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Women Open 400 Meter Run Senior

=====					
SOSSA Inc.: R 58.02 24/05/2007 Esther Vermeer, Smithville Christian					
Name	Year	School	Seed	Finals	H#
=====					
1	227 Jenna Smith	DUNDAS VALLEY	57.44	57.48R	2
2	831 Chloe Hewitt	WESTDALE	59.87	59.42	2
3	209 Ryann Johnston	DUNDAS VALLEY	1:00.30	59.78	2
4	544 Mikayla Sonnenberg	LAURA SECORD	1:01.96	1:00.25	2
5	705 Hailey Hemerica	SIR ALLAN MACNAB	1:02.09	1:03.10	2
6	677 Rachel Sorley	SALTFLEET	1:06.84	1:06.70	2
7	526 Brooke-Lynne Augus	LAURA SECORD	1:06.11	1:07.09	2
8	254 Jeanette Derkson	ELCROSSLEY	1:11.64	1:09.16	1
9	521 Mandy Taylor	LAKESHORE CHS	1:10.60	1:10.38	1
10	561 Hannah Julseth	MCKINNON PARK	1:13.63	1:10.77	1
11	103 Taylor Thomson	BLESSED TRINITY H S	1:10.15	1:10.80	1
12	573 Jessica Lai	NIAGARA CC	1:18.37	1:17.19	1
13	326 Amy Cianflone	ESJV-WELLAND	1:19.32	1:20.03	1
--	373 Lexy Parkenham-Tro	GRIMSBY - GRIMSBY	1:06.29	DNF	2

Women Open 800 Meter Run Senior

=====					
SOSSA Inc.: R 2:14.76 20/05/2010 Michelle Molodynia, AN Myer					
Name	Year	School	Seed	Finals	H#
=====					
1	927 Kennedy Thomson	SWC (ST.CATH)	2:24.21	2:20.73	2
2	831 Chloe Hewitt	WESTDALE	2:23.25	2:21.24	2
3	209 Ryann Johnston	DUNDAS VALLEY	2:25.06	2:26.24	2
4	434 Beth Vanderbrugghe	GUIDO DE BRES	2:29.80	2:36.41	2
5	36 Anya De Beer	ANCASTER HIGH	2:31.68	2:37.64	2
6	828 Kyra Cummings	WESTDALE	2:36.55	2:40.75	2
7	292 Tessa Sherk	ELCROSSLEY	2:41.49	2:42.66	2
8	924 Maddy Smith	SWC (ST.CATH)	2:45.63	2:43.02	1
9	372 Hayley McMillan	GRIMSBY - GRIMSBY	2:54.20	2:46.87	1
10	569 Dara Akinwumi	NIAGARA CC	2:44.06	2:51.03	2
11	360 Hailey Yang	GREAT LAKES	2:56.06	2:52.64	1
12	330 Karlie Horrocks	ESJV-WELLAND	3:20.29	2:57.11	1
13	174 Kaylee White	DENIS MORRIS	2:59.49	2:58.64	1
14	574 Soheyla Mohammadi	NIAGARA CC	2:58.59	3:03.51	1
15	665 Julianne Misk	ST. MICHAEL HS	3:11.56	3:10.03	1

Women Open 1500 Meter Run Senior

=====					
SOSSA Inc.: R 4:41.60 24/05/2007 Jillian Wyman, Westdale					
Name	Year	School	Seed	Finals	
=====					
1	68 Rachel Barich	BLESSED TRINITY H S	4:56.25	4:47.85	
2	927 Kennedy Thomson	SWC (ST.CATH)	4:49.33	4:54.08	
3	36 Anya De Beer	ANCASTER HIGH	5:07.01	5:07.01	
4	632 Mary Lapp	RCBHS	5:24.54	5:20.02	
5	37 Camille Dehghan	ANCASTER HIGH	5:24.34	5:25.54	
6	866 Mary Orr	WESTMOUNT	5:38.36	5:34.80	

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open 1500 Meter Run Senior**

7	517	Samantha Ramirez	LAKESHORE CHS	5:42.63	5:38.93
8	292	Tessa Sherk	ELCROSSLEY	5:38.24	5:40.11
9	924	Maddy Smith	SWC (ST.CATH)	5:44.05	5:43.40
10	103	Taylor Thomson	BLESSED TRINITY H S	5:47.23	5:52.23
11	511	Courtney McKee	LAKESHORE CHS	5:45.62	5:53.29
12	646	Caitlyn Tardif	RCBHS	5:52.13	5:54.51
13	669	Sarah Incretolli	SALTFLEET	5:48.11	6:00.42
14	360	Hailey Yang	GREAT LAKES	6:00.46	6:06.69

Women Open 3000 Meter Run Senior

SOSSA Inc.: R 10:19.95 22/05/2014 Laura Korsmit, Holy Cross

Name	Year	School	Seed	Finals
1	68	Rachel Barich	BLESSED TRINITY H S	10:40.12
2	842	Emma Waddington	WESTDALE	11:13.51
3	832	Madeline Kennedy	WESTDALE	11:15.97
4	517	Samantha Ramirez	LAKESHORE CHS	12:33.67
5	86	Rachel Langelaan	BLESSED TRINITY H S	11:28.29
6	632	Mary Lapp	RCBHS	11:28.77
7	37	Camille Dehghan	ANCASTER HIGH	12:04.26
8	511	Courtney McKee	LAKESHORE CHS	12:36.63
9	669	Sarah Incretolli	SALTFLEET	12:40.85
10	482	Ida Mesfin	HOLY CROSS	13:16.74
11	908	Julia May	SWC (ST.CATH)	14:53.49
12	26	Chanell Rocco	AN MYER	13:40.75
13	115	Emily Watson	CAYUGA - CAYUGA	13:40.63
--	837	Stephanie Ryall	WESTDALE	10:38.90
				DNF

Women Open 100 Meter Hurdles Senior

SOSSA Inc.: R 14.65 19/05/2005 Emily Dumitru, Westmount

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	228	Brittany Stenekes	DUNDAS VALLEY	14.44	R 14.26Q 2
2	840	Rachel Stanga	WESTDALE	15.24	15.44Q 1
3	130	Emma Nero	CENTENNIAL	14.70	R 14.52Q 2
4	35	Monica Binotto	ANCASTER HIGH	15.70	15.89Q 1
5	118	Alexis Brenzil	CENTENNIAL	16.12	15.32Q 2
6	621	Abby Bolton	RCBHS	15.69	16.25Q 1
7	265	Regan Glen	ELCROSSLEY	16.04	16.96q 1
8	378	Victoria Tarsaw	GRIMSBY - GRIMSBY	16.20	17.00q 2
9	541	Lynda Othman	LAURA SECORD	18.30	17.37 1
10	584	Fatima DeFrietis	NORA HENDERSON	17.54	17.90 1
11	101	Amanda Sipos	BLESSED TRINITY H S	19.06	19.21 1
12	526	Brooke-Lynne Augus	LAURA SECORD	18.85	19.80 2
13	739	Hailey Orosz	SOUTH LINCOLN	20.22	20.53 2
14	566	Jenna Shemmans	MCKINNON PARK	21.18	21.20 2
--	18	Nikki Klassen	AN MYER	18.77	DNF 1
--	462	Sophia Winter	HAMILTON DISTRICT	18.56	DNF 2

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Women Open 100 Meter Hurdles Senior**

SOSSA Inc.: R 14.65 19/05/2005 Emily Dumitru, Westmount
 Name Year School Prelims Finals

Finals

1	228	Brittany Stenekes	DUNDAS VALLEY	14.26	14.30R
2	130	Emma Nero	CENTENNIAL	14.52	14.63R
3	118	Alexis Brenzil	CENTENNIAL	15.32	15.33
4	840	Rachel Stanga	WESTDALE	15.44	15.48
5	35	Monica Binotto	ANCASTER HIGH	15.89	15.61
6	621	Abby Bolton	RCBHS	16.25	15.73
7	265	Regan Glen	ELCROSSLEY	16.96	16.61
8	378	Victoria Tarsaw	GRIMSBY - GRIMSBY	17.00	17.17

Women Open 400 Meter Hurdles Senior

SOSSA Inc.: R 1:06.13 18/05/2006 Kelsie Slater, Grimsby
 Name Year School Seed Finals H#

1	133	Abegale Rodriguez	CENTENNIAL	1:10.58	1:06.46	2
2	35	Monica Binotto	ANCASTER HIGH	1:09.00	1:07.23	2
3	705	Hailey Hemerica	SIR ALLAN MACNAB	1:07.95	1:07.26	2
4	584	Fatima DeFrietis	NORA HENDERSON	1:11.74	1:10.38	2
5	621	Abby Bolton	RCBHS	1:11.74	1:10.75	2
6	526	Brooke-Lynne Augus	LAURA SECORD	1:12.97	1:12.02	2
7	373	Lexy Parkenham-Tro	GRIMSBY - GRIMSBY	1:15.55	1:13.18	2
8	101	Amanda Sipos	BLESSED TRINITY H S	1:17.08	1:15.59	1
9	409	Ashley Ligtenberg	GUIDO DE BRES	1:16.78	1:17.00	1
10	554	Thyra Chisholm	MCKINNON PARK	1:25.31	1:21.92	1
11	733	Elizabeth Bernard	SOUTH LINCOLN	1:21.81	1:22.10	1
12	561	Hannah Julseth	MCKINNON PARK	1:27.06	1:27.06	1
13	798	Samantha Tufford	STAMFORD COLLEGIATE	1:30.55	1:27.60	1
14	566	Jenna Shemmans	MCKINNON PARK	1:28.04	1:28.87	1

Women Open 4x100 Meter Relay Senior

SOSSA Inc.: R 50.81 20/05/2010 EL Crossley
 SOSSA Ties: r 50.81 5/2007 Sir John A MACDONALD
 School Seed Finals H#

1	WESTDALE 'A'	50.62	50.33R	2
	1) 829 Marissa Dubois	2) 831 Chloe Hewitt		
	3) 824 Mara Balvers	4) 840 Rachel Stanga		
2	DUNDAS VALLEY 'A'	51.85	51.21	2
	1) 227 Jenna Smith	2) 228 Brittany Stenekes		
	3) 221 Heather Nichols	4) 209 Ryann Johnston		
	5) 234 Sydney Turpin	6) 192 Cree Bell		
3	E. L. CROSSLEY - FONTHILL 'A'	52.38	51.82	2
	1) 265 Regan Glen	2) 259 Autumn-Skye Flagg		
	3) 242 Kylie Butler	4) 300 Erica Wilson		
	5) 248 Keagin Collie	6)		
4	RIDGEWAY-CRYSTAL BHS- RIDGEWAY 'A'	55.47	53.66	2
	1) 621 Abby Bolton	2) 633 Breanne Maidens		
	3) 645 Hailey Tabbert	4) 640 Shelby Palmer		
	5) 627 Leticia Hill	6)		

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open 4x100 Meter Relay Senior**

5	CENTENNIAL SS - WELLAND 'A'	51.56	54.75	2
	1) 118 Alexis Brenzil	2) 130 Emma Nero		
	3) 132 Kamille Reaker	4) 133 Abegale Rodriguez		
	5) 129 Anna Nero	6)		
6	GUIDO DE BRES 'A'	55.41	54.89	2
	1) 402 Jen Hutten	2) 409 Ashley Ligtenberg		
	3) 414 Katarina Post	4) 434 Beth Vanderbrugghen		
7	WATERDOWN 'A'	55.61	54.96	1
	1) 805 Allison Columbus	2) 807 Samantha East		
	3) 809 Macey Faith	4) 802 Brooke Bottos		
8	NOTRE DAME COLLEGE - WELLAND 'A'	56.09	55.10	1
	1) 591 Sarah Armstrong	2) 606 Kristen Power		
	3) 600 Ciera Lundy	4) 592 Kayla Bevacqua		
9	WINSTON CHURCHILL - ST. CATHAR 'A'	55.84	55.27	1
	1) 883 Kate Carter	2) 887 Sarah Choi		
	3) 889 Isabelle Dick	4) 915 Jummy Oladipo		
	5) 896 Kestra Harris	6)		
10	SALTFLEET 'A'	56.94	55.43	1
	1) 668 Rheem Hussein	2) 671 Sierra Mackie		
	3) 673 Alysha McKay	4) 680 Briana Wice		
	5) 670 Elizabeth Isbister	6)		
11	BLESSED TRINITY H S 'A'	55.68	55.56	1
	1) 83 Krista Jones	2) 69 Daniella Barichello		
	3) 95 Cassidy Murray	4) 101 Amanda Sipos		
12	GRIMSBY - GRIMSBY 'A'	55.07	55.71	2
	1) 373 Lexy Parkenham-Troth	2) 362 Olivia Davis		
	3) 374 Gabi Paupst	4) 361 Alyssa Abernot		
13	DENIS MORRIS CATHOLIC HS 'A'	57.14	55.87	1
	1) 149 Kallie Charette	2) 159 Josie McDonald		
	3) 148 Celena Boyd-Galego	4) 151 Sarah Coburn		
	5) 174 Kaylee White	6) 165 Savanah Rainford-Allen		
14	A.N. MYER - NIAGARA FALLS 'A'	57.32	56.73	1
	1) 30 Jacquelyn Spadzinski	2) 18 Nikki Klassen		
	3) 33 Emma Wilson	4) 8 Taylor Campbell		
	5) 4 Tyra Burch	6) 7 Mackenzie Campbell		
15	MCKINNON PARK - CALEDONIA 'A'	57.51	56.74	1
	1) 943 Jenna Beemer	2) 554 Thyra Chisholm		
	3) 561 Hannah Julseth	4) 565 Mackenzie Regnerus		
	5) 566 Jenna Shemmans	6)		
--	LAURA SECORD - ST. CATHARINES 'A'	53.64	DNF	2
	1) 541 Lynda Othman	2) 544 Mikayla Sonnenberg		
	3) 537 Tori Lancaster	4) 538 Trinity Loughheed		
	5) 527 Michalla Bent	6) 532 Kaelyn Emslie		

Women Open High Jump Senior

SOSSA Inc.: R 1.72m 20/05/2010 Emma Siuciak, EL Crossley

SOSSA Ties: r 1.72m 5/2010 Courtney Olah

Name	Year	School	Seed	Finals
1	18	Nikki Klassen	AN MYER	1.50m
2	133	Abegale Rodriguez	CENTENNIAL	1.50m
3	575	Meso Nwokolo	NIAGARA CC	1.45m
4	311	Olivia Hamlyn	EDEN	1.43m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open High Jump Senior**

5	764	Kandyce Heard	ST.PAUL HS	1.40m	1.40m
6	428	Jess Tenhage	GUIDO DE BRES	1.35m	J1.40m
7	414	Katarina Post	GUIDO DE BRES	1.40m	1.35m
7	326	Amy Cianflone	ESJV-WELLAND	1.30m	1.35m
7	415	Shayla Post	GUIDO DE BRES	1.35m	1.35m
10	116	Jasmine Axnix	CENTENNIAL	1.20m	1.15m

Women Open Pole Vault Senior

SOSSA Inc.: R 3.25m 19/05/2011 Kendall Darnay, St. Michael

Season 1994-1995					
1995, 2011					
Renaldi Burnay, St. Michael					
Name	Year	School	Seed	Finals	
1	661	Makiah Hunt	ST. MICHAEL HS	3.30m	3.30mR
2	265	Regan Glen	ELCROSSLEY	2.80m	2.80m
3	135	Lee-Ann Skulj	CENTENNIAL	2.20m	2.20m
3	286	Cassie Osterlund	ELCROSSLEY	2.20m	2.20m
5	527	Michalla Bent	LAURA SECORD	1.75m	1.75m

Women Open Long Jump Senior

SOSSA Inc.: R 5.33m 24/05/2012 Caitlin McClurkin, Grimsby

Name		Year	School	Seed	Finals
1	829	Marissa Dubois	WESTDALE	5.24m	5.39mR
2	228	Brittany Stenekes	DUNDAS VALLEY	5.21m	5.12m
3	165	Savanah Rainford-A	DENIS MORRIS	4.97m	4.97m
4	151	Sarah Coburn	DENIS MORRIS	4.74m	4.91m
5	314	Sara Kovac	EDEN	4.76m	4.85m
6	618	Emily Gamble	PORT C HS	4.84m	4.76m
7	499	Alissa Corey	LAKESHORE CHS	4.81m	4.75m
8	915	Jummy Oladipo	SWC (ST.CATH)	4.70m	4.60m
9	824	Mara Balvers	WESTDALE	4.45m	4.50m
10	221	Heather Nichols	DUNDAS VALLEY	4.30m	4.48m
11	18	Nikki Klassen	AN MYER	4.41m	4.47m
12	633	Breanne Maidens	RCBHS	4.58m	4.39m
13	133	Abegale Rodriguez	CENTENNIAL	4.70m	4.35m
14	784	Felicia Scaringi	ST.PAUL HS	4.38m	4.32m
15	66	Ryleigh Unrau	BDSS	4.39m	4.26m
16	804	Allie Columbus	WATERDOWN	4.11m	4.17m

Women Open Triple Jump Senior

SOSSA Inc.: R 11.37m 24/05/2007 Lydia Steele, SirJohnAMacDonald

	Name	Year	School	Seed	Finals
1	314	Sara Kovac	EDEN	11.03m	11.60mR
2	30	Jacquelyn Spadzins	AN MYER	10.42m	10.66m
3	829	Marissa Dubois	WESTDALE	10.36m	10.61m
4	378	Victoria Tarsaw	GRIMSBY – GRIMSBY	9.79m	10.35m
5	915	Jummy Oladipo	SWC (ST.CATH)	10.54m	10.30m
6	618	Emily Gamble	PORT C HS	10.19m	10.16m
7	565	Mackenzie Regnerus	MCKINNON PARK	9.40m	9.52m
8	221	Heather Nichols	DUNDAS VALLEY	9.23m	9.37m
8	733	Elizabeth Bernard	SOUTH LINCOLN	9.61m	9.37m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open Triple Jump Senior**

10	414 Katarina Post	GUIDO DE BRES	8.60m	9.20m
11	362 Olivia Davis	GRIMSBY - GRIMSBY	9.47m	9.17m
12	520 Morgan Tartaglia	LAKESHORE CHS	9.00m	8.78m
13	108 Nikayla Fox	CAYUGA - CAYUGA	8.49m	8.64m
14	806 Sam East	WATERDOWN	8.81m	8.51m
--	499 Alissa Corey	LAKESHORE CHS	9.69m	FOUL

Women Open Shot Put 4 kg Senior

SOSSA Inc.: R 12.73m 19/05/2011 Sarah Moss, Notre Dame

Name		Year	School	Seed	Finals	
1	98	Cassandra	Plute	BLESSED TRINITY H S	11.18m	11.62m
2	118	Alexis	Brenzil	CENTENNIAL	10.60m	10.70m
3	492	Tianna	Stys	HOLY CROSS	9.75m	9.78m
4	674	Ibukin	Obidi	SALTFLEET	7.30m	9.66m
5	248	Keagin	Collie	ELCROSSLEY	9.35m	9.37m
6	752	Stefanie	Nguyen	ST. FRANCIS	9.02m	9.20m
7	540	Sydney	Mires	LAURA SECORD	8.74m	8.96m
8	620	Nicole	VanNatter	PORT C HS	8.53m	8.66m
9	29	Daniella	Sottile	AN MYER	7.75m	8.27m
10	575	Meso	Nwokolo	NIAGARA CC	7.56m	7.97m
11	868	Frieda	Sinclair	WESTMOUNT	8.45m	7.96m
12	535	Alexander	Hill	LAURA SECORD	8.08m	7.89m
13	442	Jenna	VanVeen	GUIDO DE BRES	8.40m	7.54m
14	808	Joelle	Easter	WATERDOWN	7.15m	7.20m

Women Open Discus Throw 1kg Senior

SOSSA Inc.: R 44.89m 19/05/2011 Sarah Moss, Notre Dame

	Name	Year	School	Seed	Finals
1	98	Cassandra Plute	BLESSED TRINITY H S	32.41m	34.11m
2	620	Nicole VanNatter	PORT C HS	29.80m	29.48m
3	248	Keagin Collie	ELCROSSLEY	29.39m	27.46m
4	674	Ibukin Obidi	SALTFLEET	23.49m	26.68m
5	345	Shannon Troupe	FORT ERIE SS	25.39m	25.66m
6	643	Demi Quinn	RCBHS	27.78m	25.41m
7	343	Vanessa Larochelle	FORT ERIE SS	25.44m	24.87m
8	670	Elizabeth Isbister	SALTFLEET	21.32m	23.62m
9	855	Kiara Daw	WESTMOUNT	23.45m	23.29m
10	367	Olivia Garr	GRIMSBY – GRIMSBY	23.98m	22.15m
11	716	Brittany Robson	SIR WINSTON (HAM)	25.63m	21.06m
12	748	Chrissa Sinnett	ST.C.C.I.	20.46m	20.51m
13	535	Alexander Hill	LAURA SECORD	21.56m	19.98m
14	355	Hayley Nicholas	ELCROSSLEY	23.70m	19.72m
15	542	Montana Riley	LAURA SECORD	22.50m	18.89m
16	808	Joelle Easter	WATERDOWN	21.12m	15.33m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Women Open Javelin Throw 600g Senior**

SOSSA Inc.: R 39.85m 23/05/2013 Victoria Schoonings, AN Myer					
Name		Year	School	Seed	Finals
1	118	Alexis Brenzil	CENTENNIAL	38.12m	38.23m
2	242	Kylie Butler	ELCROSSLEY	30.13m	33.27m
3	680	Briana Wice	SALTFLEET	31.93m	33.10m
4	135	Lee-Ann Skulj	CENTENNIAL	28.93m	31.66m
5	339	Stephanie Tardif	ESJV-WELLAND	28.85m	31.54m
6	855	Kiara Daw	WESTMOUNT	27.01m	30.82m
7	881	Danielle Bridle	SWC (ST.CATH)	29.92m	28.49m
8	546	Delaney Spencer	LAURA SECORD	29.02m	27.74m
9	150	Nicole Chiesa	DENIS MORRIS	27.63m	26.85m
10	471	Olivia Franko	HOLY CROSS	25.66m	25.94m
11	808	Joelle Easter	WATERDOWN	25.03m	25.53m
12	102	Nicole Spadaro	BLESSED TRINITY H S	28.08m	24.86m
13	518	Allie Reddon	LAKESHORE CHS	24.98m	22.89m
14	854	Sarah Butts	WESTMOUNT	20.11m	16.38m
--	248	Keagin Collie	ELCROSSLEY	24.87m	FOUL

Women Open 1500 Meter Steeplechase Open

SOSSA Inc.: R 5:17.97 18/05/2006 Kelsie Slater, Grimsby				
Name		Year School	Seed	Finals
1	842 Emma Waddington	WESTDALE	5:31.58	5:33.34
2	434 Beth Vanderbrugghe	GUIDO DE BRES	5:44.46	5:41.00
3	86 Rachel Langelaan	BLESSED TRINITY H S	5:54.34	5:45.00
4	592 Kayla Bevacqua	NOTRE DAME	6:01.79	5:49.00
5	866 Mary Orr	WESTMOUNT	5:51.52	5:49.50
6	20 Bryanna McCabe	AN MYER	6:09.06	6:10.00
7	669 Sarah Incretolli	SALTFLEET	6:12.72	6:27.00
8	923 Katharine Simpson	SWC (ST.CATH)	6:58.87	6:27.50
9	595 Caila Coyne	NOTRE DAME	6:35.58	6:36.00
10	761 Olivia Garisto	ST.PAUL HS	7:01.71	7:00.00
11	926 Sarah St. Angelo	SWC (ST.CATH)	7:13.05	7:08.00
12	379 Taylor Ward	GRIMSBY - GRIMSBY	7:28.86	7:11.50
--	764 Kandyce Heard	ST.PAUL HS	7:46.86	DNF
--	190 Fin Adams	DUNDAS VALLEY	5:04.07	DNF

Women Open 4x400 Meter Relay Open

SOSSA Inc.: R 4:08.72 20/05/2010 Westdale				
School		Seed	Finals	H#
1	DUNDAS VALLEY 'A'	4:12.39	4:12.48	2
	1) 227 Jenna Smith			
	3) 209 Ryann Johnston			
	5) 234 Sydney Turpin			
2	WESTDALE 'A'	4:40.57	4:20.90	1
	1) 829 Marissa Dubois			
	3) 824 Mara Balvers			
3	WINSTON CHURCHILL - ST. CATHAR 'A'	4:27.32	4:22.66	2
	1) 924 Maddy Smith			
	3) 933 Brenna Wills			
	2) 228 Brittany Stenekes			
	4) 190 Fin Adams			
	6) 231 Georgia Temush			
	2) 840 Rachel Stanga			
	4) 831 Chloe Hewitt			
	2) 894 Madison Greenough			
	4) 927 Kennedy Thomson			

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Women Open 4x400 Meter Relay Open**

5) 923 Katharine Simpson	6)			
4 LAURA SECORD - ST. CATHARINES 'A'		4:24.68	4:24.51	2
1) 526 Brooke-Lynne Augustus	2) 527 Michalla Bent			
3) 538 Trinity Loughheed	4) 537 Tori Lancaster			
5) 544 Mikayla Sonnenberg	6) 532 Kaelyn Emslie			
5 E. L. CROSSLEY - FONTHILL 'A'		4:40.63	4:25.07	1
1) 285 Megan Norton	2) 268 Cate Gualtieri			
3) 256 Jessie Fennell	4) 289 Alanna Peplinski			
5) 292 Tessa Sherk	6) 254 Jeanette Derkson			
6 CENTENNIAL SS - WELLAND 'A'		4:31.53	4:32.03	2
1) 127 Kristie McCrone	2) 133 Abegale Rodriguez			
3) 137 Sammi Wong	4) 130 Emma Nero			
5) 118 Alexis Brenzil	6) 132 Kamille Reaker			
7 BLESSED TRINITY H S 'A'		4:29.71	4:32.45	2
1) 79 Tori Hendriks	2) 78 Rebecca Hendriks			
3) 97 Haille Nickerson	4) 96 Abbie Nickerson			
8 GUIDO DE BRES 'A'		4:29.61	4:32.95	2
1) 410 Ashley Lof	2) 409 Ashley Ligtenberg			
3) 434 Beth Vanderbrugghen	4) 428 Jess Tenhage			
5) 382 Jane Bartels	6)			
9 ES JEAN VANIER - WELLAND 'A'		4:39.09	4:41.25	1
1) 328 Alysha Fontaine	2) 338 Kassandra Nolet			
3) 337 Chloe Nolet	4) 329 Alexandra Hebert			
5) 330 Karlie Horrocks	6)			
10 GRIMSBY - GRIMSBY 'A'		4:35.31	4:41.60	2
1) 372 Hayley McMillan	2) 373 Lexy Parkenham-Troth			
3) 370 Taylor Lanosky	4) 368 Sienna Lalonde			
5) 374 Gabi Paupst	6)			
11 RIDGEWAY-CRYSTAL BHS- RIDGEWAY 'A'		4:49.04	4:44.56	1
1) 632 Mary Lapp	2) 621 Abby Bolton			
3) 633 Breanne Maidens	4) 646 Caitlyn Tardif			
5) 645 Hailey Tabbert	6)			
12 DSNB ACADEMY 'A'		4:47.39	4:54.00	1
1) 182 Breanna Kuhlberg	2) 183 Sydney Kuhlberg			
3) 188 Payton Smith	4) 184 Lia Rahmoun			
5) 185 Tia Rahmoun	6) 179 Trinitati Burke			
13 ORCHARD PARK 'A'		5:08.89	4:57.77	1

Women Open 100 Meter Dash Intellectual I

=====				
SOSSA Inc.: R 16.36 23/05/2013 Talin Najarian, Gov. Simcoe				
Name	Year School	Seed	Finals	
=====				
1	353 Talin Najarian	GOV.SIMCOE	15.78	15.98R
2	665 Julianne Misk	ST. MICHAEL HS	16.24	16.32R
3	354 Tanya Najarian	GOV.SIMCOE	17.04	16.96
4	660 Amen Ehi	ST. MICHAEL HS	18.87	19.48

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open 100 Meter Dash Midget**

=====					
SOSSA Inc.: R 11.38 20/05/2004 Hussein AbuHarb, Glendale					
Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	781	Ethan Pasco	ST.PAUL HS	11.73	11.73Q 2
2	916	Chase Osinga	SWC (ST.CATH)	11.71	11.93Q 1
3	789	Tyler Broderick	THOROLD - THOROLD	11.89	12.27Q 2
4	204	Patrick Harrison	DUNDAS VALLEY	12.13	12.37Q 1
5	904	Leith Khalid	SWC (ST.CATH)	12.20	12.33Q 2
6	279	Dalton Malaschenko	ELCROSSLEY	12.41	12.41Q 1
7	461	Brad Vandermeulen	HAMILTON DISTRICT	12.46	12.70q 2
8	25	Owen Protulipac	AN MYER	12.54	12.71q 1
9	107	Justin Day	CAYUGA - CAYUGA	12.76	12.91 2
10	787	Lani Babajide	THOROLD - THOROLD	12.64	12.96 1
11	334	Di'Andre McDonald	ESJV-WELLAND	12.99	12.98 1
12	534	Markus Hale	LAURA SECORD	12.47	13.07 1
13	608	Justin Succar	NOTRE DAME	12.86	13.08 2
14	46	Akshay Maharaj	ANCASTER HIGH	13.11	13.40 2
15	426	Cole Spoelstra	GUIDO DE BRES	13.69	13.51 1
16	862	Ayaat Mehdi	WESTMOUNT	13.52	13.87 2

Men Open 100 Meter Dash Midget

=====					
SOSSA Inc.: R 11.38 20/05/2004 Hussein AbuHarb, Glendale					
Name	Year	School	Prelims	Finals	
=====					
Finals					
1	781	Ethan Pasco	ST.PAUL HS	11.73	11.57
2	916	Chase Osinga	SWC (ST.CATH)	11.93	11.76
3	789	Tyler Broderick	THOROLD - THOROLD	12.27	12.12
4	204	Patrick Harrison	DUNDAS VALLEY	12.37	12.18
5	904	Leith Khalid	SWC (ST.CATH)	12.33	12.24
6	279	Dalton Malaschenko	ELCROSSLEY	12.41	12.39
7	25	Owen Protulipac	AN MYER	12.71	12.53
8	461	Brad Vandermeulen	HAMILTON DISTRICT	12.70	12.58

Men Open 200 Meter Run Midget

=====					
SOSSA Inc.: R 24.01 19/05/2011 Michael Young, Gov. Simcoe					
Name	Year	School	Seed	Finals	H#
=====					
1	781	Ethan Pasco	ST.PAUL HS	24.83	24.26 2
2	916	Chase Osinga	SWC (ST.CATH)	24.32	25.03 2
3	124	Mackenzie Jasinska	CENTENNIAL	25.82	25.15 1
4	25	Owen Protulipac	AN MYER	25.81	25.16 1
5	789	Tyler Broderick	THOROLD - THOROLD	24.51	25.20 2
6	904	Leith Khalid	SWC (ST.CATH)	24.93	25.42 2
7	204	Patrick Harrison	DUNDAS VALLEY	25.04	25.49 2
8	493	Adam Topolinsky	HOLY CROSS	25.71	26.04 1
9	534	Markus Hale	LAURA SECORD	25.37	26.25 2
10	588	Cameron McLeod	NORA HENDERSON	26.20	26.47 1
11	210	Eric Justason	DUNDAS VALLEY	25.53	26.55 2
12	107	Justin Day	CAYUGA - CAYUGA	27.37	26.66 1
13	279	Dalton Malaschenko	ELCROSSLEY	27.06	26.92 1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open 200 Meter Run Midget**

14	440 Luke Vanspronsen	GUIDO DE BRES	27.11	28.18	1
--	461 Brad Vandermeulen	HAMILTON DISTRICT	25.56	DNF	2

Men Open 400 Meter Run Midget

SOSSA Inc.: R 52.82 23/05/2013 Brent Smyth, Westmount

	Name	Year School	Seed	Finals	H#
1	224 Alec Purnell	DUNDAS VALLEY	52.94	52.54R	2
2	781 Ethan Pasco	ST.PAUL HS	59.23	53.89	2
3	61 Eric Bell	BDSS	59.01	56.22	2
4	187 Esteban Sarmiento	DSBN ACADEMY	57.59	57.18	2
5	210 Eric Justason	DUNDAS VALLEY	57.86	57.54	2
6	349 Brendon Guignard	GOV.SIMCOE	58.54	58.03	2
7	424 Myko Smid	GUIDO DE BRES	1:00.72	59.82	2
8	849 Dylan Lapere	WESTLANE	1:01.94	1:01.60	1
9	122 Williston Goodfell	CENTENNIAL	1:03.10	1:02.01	1
10	861 Spencer McLucas	WESTMOUNT	1:02.73	1:02.09	1
11	489 Max Roberts-Ramos	HOLY CROSS	1:01.50	1:02.46	2
12	930 Zac Vrhovsek	SWC (ST.CATH)	1:01.84	1:03.62	1
13	411 Sam Malda	GUIDO DE BRES	1:04.08	1:05.21	1
14	564 Dylan O'Rourke-Gil	MCKINNON PARK	1:08.89	1:07.60	1

Men Open 800 Meter Run Midget

SOSSA Inc.: R 2:04.64 20/05/2010 Liam Smith, Highland

	Name	Year School	Seed	Finals	H#
1	224 Alec Purnell	DUNDAS VALLEY	2:03.59	2:03.63R	2
2	253 Brock Deba	ELCROSSLEY	2:10.29	2:04.05R	2
3	51 Finn Mills	ANCASTER HIGH	2:12.49	2:12.89	2
4	513 Dean Miller	LAKESHORE CHS	2:23.79	2:15.73	1
5	17 Omesh Jayaweera	AN MYER	3:04.07	2:16.72	1
6	436 Luke Vandervelde	GUIDO DE BRES	2:17.27	2:17.06	2
7	693 Jorge Lopez	SHERWOOD	2:20.51	2:17.26	2
8	820 Alexander Seguin	WATERDOWN	2:15.87	2:19.32	2
9	477 Campbell Lee	HOLY CROSS	2:17.98	2:19.67	2
10	317 Gavin McLaughlin	EDEN	2:24.06	2:21.32	1
11	533 Robert Gray	LAURA SECORD	2:25.24	2:21.66	1
12	653 Brandon Holland	ROBERT LAND ACADEMY	2:30.87	2:33.37	1
13	851 Gavin Rolls	WESTLANE	2:50.96	2:38.23	1

Men Open 1500 Meter Run Midget

SOSSA Inc.: R 4:16.93 20/05/2010 Liam Smith, Highland

	Name	Year School	Seed	Finals
1	253 Brock Deba	ELCROSSLEY	4:53.65	4:18.18
2	51 Finn Mills	ANCASTER HIGH	4:28.82	4:18.93
3	513 Dean Miller	LAKESHORE CHS	4:44.75	4:30.62
4	820 Alexander Seguin	WATERDOWN	4:39.68	4:31.16
5	477 Campbell Lee	HOLY CROSS	4:43.84	4:37.27
6	631 Isaac Lapp	RCBHS	4:49.34	4:40.88
7	436 Luke Vandervelde	GUIDO DE BRES	4:40.82	4:41.80

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open 1500 Meter Run Midget**

8	710 Abdifatah Mahdi-Mo	SIR JA MACDONALD	4:49.11	4:42.70
9	317 Gavin McLaughlin	EDEN	4:48.65	4:46.43
10	536 Spencer Hudspidth	LAURA SECORD	4:52.58	4:47.71
11	57 Bardaysun Talya	ANCASTER HIGH	4:53.27	4:48.20
12	533 Robert Gray	LAURA SECORD	4:55.02	4:48.34
13	255 Charlie deVries	ELCROSSLEY	4:58.90	4:53.57
14	272 Scott Leduc	ELCROSSLEY	5:13.13	4:59.29
15	122 Williston Goodfell	CENTENNIAL	4:57.52	5:03.10
16	144 Donny Bagozzi	DENIS MORRIS	5:00.08	5:24.16

Men Open 3000 Meter Run Midget

SOSSA Inc.: R 9:27.55 18/05/2006 Mohammed Ahmed, St. Catharines C.I.

Name	Year	School	Seed	Finals
1	631 Isaac Lapp	RCBHS	10:06.08	9:56.52
2	536 Spencer Hudspidth	LAURA SECORD	10:46.27	10:03.00
3	710 Abdifatah Mahdi-Mo	SIR JA MACDONALD	10:31.69	10:07.19
4	872 TD Whittaker	WESTMOUNT	10:33.70	10:25.07
5	813 Zac Hennessey	WATERDOWN	11:11.46	10:27.08
6	255 Charlie deVries	ELCROSSLEY	10:39.89	10:29.96
7	593 Zach Browne	NOTRE DAME	10:56.35	10:44.51
8	533 Robert Gray	LAURA SECORD	10:56.71	10:47.53
9	272 Scott Leduc	ELCROSSLEY	10:52.78	11:08.05
10	145 Jacob Barnowski	DENIS MORRIS	11:36.19	11:16.85
11	142 Jacob Roussel	DELTA	11:27.66	11:19.07
12	744 Ben Whattam	SOUTH LINCOLN	11:41.49	11:42.47
13	429 Lucas Tenhage	GUIDO DE BRES	12:21.05	12:19.59
--	144 Donny Bagozzi	DENIS MORRIS	10:59.40	DNF

Men Open 100 Meter Hurdles Midget

SOSSA Inc.: R 14.98 21/05/2009 Nicholas Katulic-Ducharme, Centennial Wel

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	124 Mackenzie Jasinska	CENTENNIAL	15.68	15.80Q	2
2	913 Matt Nichols	SWC (ST.CATH)	15.73	16.59Q	1
3	641 Berwick Patterson	RCBHS	15.80	16.07Q	2
4	550 Alexander Yap	LAURA SECORD	16.60	17.03Q	1
5	796 Colton Spencer	THOROLD - THOROLD	15.88	16.84Q	2
6	279 Dalton Malaschenko	ELCROSSLEY	17.87	17.90Q	1
7	262 Liam Gaudet	ELCROSSLEY	17.70	17.80q	2
8	356 Johnathan Othman	GOV.SIMCOE	16.76	18.00q	1
9	245 Aman Chera	ELCROSSLEY	17.77	18.30	2
10	623 Matthew Bolton	RCBHS	18.49	18.49	1
11	861 Spencer McLucas	WESTMOUNT	19.45	18.89	2
12	59 Michael Walters	ANCASTER HIGH	18.58	19.11	2
13	871 Thomas Turner	WESTMOUNT	20.69	20.17	2
14	46 Akshay Maharaj	ANCASTER HIGH	20.51	20.62	1
15	397 Brent Heeringa	GUIDO DE BRES	20.61	20.81	1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open 100 Meter Hurdles Midget**

Name	Year	School	Prelims	Finals
SOSSA Inc.:	R 14.98	21/05/2009	Nicholas Katulic-Ducharme,	Centennial

Finals

1	124 Mackenzie Jasinska	CENTENNIAL	15.80	15.70
2	641 Berwick Patterson	RCBHS	16.07	16.27
3	913 Matt Nichols	SWC (ST.CATH)	16.59	16.81
4	796 Colton Spencer	THOROLD - THOROLD	16.84	17.28
5	262 Liam Gaudet	ELCROSSLEY	17.80	17.29
6	550 Alexander Yap	LAURA SECORD	17.03	17.64
7	279 Dalton Malaschenko	ELCROSSLEY	17.90	18.00
8	356 Johnathan Othman	GOV.SIMCOE	18.00	18.15

Men Open 300 Meter Hurdles Midget

Name	Year	School	Seed	Finals	H#
SOSSA Inc.:	R 43.03	20/05/2004	Adam Simpson,	Ridgeway-Crystal B	

1	124 Mackenzie Jasinska	CENTENNIAL	44.90	43.86	2
2	588 Cameron McLeod	NORA HENDERSON	46.13	46.23	2
3	122 Williston Goodfell	CENTENNIAL	48.71	46.25	2
4	262 Liam Gaudet	ELCROSSLEY	46.69	47.38	2
5	440 Luke Vanspronsen	GUIDO DE BRES	49.79	47.41	2
6	913 Matt Nichols	SWC (ST.CATH)	49.91	47.75	1
7	424 Myko Smid	GUIDO DE BRES	50.78	47.95	1
8	550 Alexander Yap	LAURA SECORD	49.29	48.36	2
9	513 Dean Miller	LAKESHORE CHS	48.17	48.43	2
10	412 Gideon Nijenhuis	GUIDO DE BRES	50.75	48.91	1
11	94 Myles Mueller	BLESSED TRINITY H S	50.69	49.64	1
12	494 Osazomwanogie Usua	HOLY CROSS	50.52	50.19	1
13	59 Michael Walters	ANCASTER HIGH	52.83	51.11	1
14	245 Aman Chera	ELCROSSLEY	51.22	51.51	1

Men Open 4x100 Meter Relay Midget

School	Seed	Finals	H#
SOSSA Inc.:	R 47.42	20/05/2010	Sir Winston Churchill, St. Catharines

1	WINSTON CHURCHILL - ST. CATHAR 'A'	48.74	48.62	2
	1) 921 Diego Ruiz	2) 913 Matt Nichols		
	3) 925 Nathan Sneath	4) 904 Leith Khalid		
	5) 916 Chase Osinga	6)		
2	E. L. CROSSLEY - FONTHILL 'A'	50.32	50.74	2
	1) 245 Aman Chera	2) 262 Liam Gaudet		
	3) 279 Dalton Malaschenko	4) 264 Duncan Glancy		
	5) 249 Jacob Combe	6)		
3	HOLY CROSS - ST. CATHARINES 'A'	50.85	50.92	2
	1) 470 Dylan Fillion	2)		
	3) 473 Randy Ilunga Mabika	4) 484 Hudson Parker		
	5) 485 Reece Parker	6) 493 Adam Topolinsky		
4	BLESSED TRINITY H S 'A'	51.26	51.17	2
	1) 88 Isaac McAlonan	2) 74 Eddie De la Garza		
	3) 75 Nico DiLettera	4) 94 Myles Mueller		
	5) 92 Max Mosquite	6)		

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open 4x100 Meter Relay Midget**

5	RIDGEWAY-CRYSTAL BHS- RIDGEWAY 'A'	51.17	51.20	2
	1) 641 Berwick Patterson	2) 623 Matthew Bolton		
	3) 631 Isaac Lapp	4) 630 Raymond Keating		
	5) 650 Aron Weaver	6)		
6	GUIDO DE BRES 'A'	53.26	51.73	1
	1) 443 Titus VanVeen	2) 412 Gideon Nijenhuis		
	3) 424 Myko Smid	4) 431 Tyler Tenhage		
7	ANCASTER HIGH 'A'	52.31	52.27	2
	1) 38 Liam Garcia	2) 46 Akshay Maharaj		
	3) 51 Finn Mills	4) 59 Michael Walters		
	5) 57 Bardaysun Talya	6)		
8	DUNDAS VALLEY 'A'	51.15	52.31	2
	1) 204 Patrick Harrison	2) 212 Adam Lennox		
	3) 224 Alec Purnell	4) 199 Duncan Eldredge		
	5) 200 Guilian Evans	6)		
9	WESTMOUNT 'A'	52.63	52.46	1
	1) 861 Spencer McLucas	2) 862 Ayaat Mehdi		
	3) 863 Nathan Miller	4) 871 Thomas Turner		
10	DENIS MORRIS CATHOLIC HS 'A'	52.56	53.53	2
	1) 145 Jacob Barnowski	2) 154 Riley Eberhardt		
	3) 152 Piotr Cojocari	4) 173 Aidan van Steekelenburg		
	5) 144 Donny Bagozzi	6)		
11	LAURA SECORD - ST. CATHARINES 'A'	56.11	55.86	1
	1) 531 Kevin Diep	2) 533 Robert Gray		
	3) 536 Spencer Hudspidth	4) 524 Aws Al-Jumaily		
	5) 545 Omar Sono	6) 550 Alexander Yap		

Men Open High Jump Midget

SOSSA Inc.: R 1.95m 24/05/2007 Jeff Webb, Eden HS

Name	Year School	Seed	Finals
1 789 Tyler Broderick	THOROLD - THOROLD	1.65m	1.68m
2 186 Omar Ridgway	DSBN ACADEMY	1.50m	1.60m
3 88 Isaac McAlonan	BLESSED TRINITY H S	1.55m	J1.60m
4 796 Colton Spencer	THOROLD - THOROLD	1.50m	1.55m
5 272 Scott Leduc	ELCROSSLEY	1.53m	J1.55m
6 426 Cole Spoelstra	GUIDO DE BRES	1.45m	1.50m
7 412 Gideon Nijenhuis	GUIDO DE BRES	1.40m	J1.50m
8 318 Micah Nieuwets	EDEN	1.55m	J1.50m
9 641 Berwick Patterson	RCBHS	1.56m	1.45m

Men Open Pole Vault Midget

SOSSA Inc.: R 3.65m 24/05/2012 Joel Meuller, Ridgeway-Crystal B

Name	Year School	Seed	Finals
1 262 Liam Gaudet	ELCROSSLEY	2.30m	2.30m
2 245 Aman Chera	ELCROSSLEY	2.15m	2.15m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open Long Jump Midget**

SOSSA Inc.: R 6.10m 24/05/2007 Jean-Paul Lauzon, St. Paul				
Name	Year	School	Seed	Finals
1	65	Adam McMaster	BDSS	5.43m
2	251	Fraser Darling	ELCROSSLEY	5.25m
3	641	Berwick Patterson	RCBHS	5.05m
4	349	Brendon Guignard	GOV.SIMCOE	5.21m
5	451	Lucas Eising	HAMILTON DISTRICT	4.74m
6	588	Cameron McLeod	NORA HENDERSON	5.02m
7	483	Kristian Nicholson	HOLY CROSS	5.01m
8	909	Abdullah Mohmed	SWC (ST.CATH)	4.92m
9	603	Sebastien Michel	NOTRE DAME	4.87m
10	323	Liam Polden	ES CONFEDERATION	4.66m
11	849	Dylan Lapere	WESTLANE	4.81m
12	724	Joshua Moraal	SMITHVILLE CHS	4.84m
13	443	Titus VanVeen	GUIDO DE BRES	4.60m
14	56	Zack Stevens	ANCASTER HIGH	4.58m
15	431	Tyler Tenhage	GUIDO DE BRES	4.86m
--	657	Carlos Calderon	ST. MICHAEL HS	4.74m
				FOUL

Men Open Triple Jump Midget

SOSSA Inc.: R 12.27m 20/05/2010 Nathan Merritt, Ridgeway-Crystal B				
Name	Year	School	Seed	Finals
1	251	Fraser Darling	ELCROSSLEY	11.81m
2	65	Adam McMaster	BDSS	11.55m
3	318	Micah Nieuwets	EDEN	11.89m
4	663	Abdullah Khan	ST. MICHAEL HS	10.93m
5	724	Joshua Moraal	SMITHVILLE CHS	11.01m
6	323	Liam Polden	ES CONFEDERATION	11.06m
7	422	Kenton Slaa	GUIDO DE BRES	9.92m
8	791	Braydon Harrietha	THOROLD - THOROLD	10.70m
9	451	Lucas Eising	HAMILTON DISTRICT	9.86m
9	431	Tyler Tenhage	GUIDO DE BRES	10.15m
11	459	Nick Terpstra	HAMILTON DISTRICT	9.49m
12	152	Piotr Cojocari	DENIS MORRIS	10.04m
13	56	Zack Stevens	ANCASTER HIGH	9.51m
14	852	Mackenzie Rowley	WESTLANE	10.02m
15	249	Jacob Combe	ELCROSSLEY	9.63m

Men Open Shot Put 4 kg Midget

SOSSA Inc.: R 14.80m 20/05/2004 Josh Moes, Heritage Christian				
Name	Year	School	Seed	Finals
1	911	Alexander Mrkalj	SWC (ST.CATH)	11.69m
2	136	Blake Thompson	CENTENNIAL	10.89m
3	902	Matt Johnston	SWC (ST.CATH)	11.79m
4	797	Tyler Summerfield	THOROLD - THOROLD	12.06m
5	779	Asare Otchere	ST.PAUL HS	10.70m
6	200	Guilian Evans	DUNDAS VALLEY	10.24m
7	196	Tristan Burr	DUNDAS VALLEY	10.41m
8	336	Justin Neudorf	ESJV-WELLAND	10.43m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open Shot Put 4 kg Midget**

9	125 Nigel Lamb	CENTENNIAL	8.80m	9.29m
10	440 Luke Vanspronsen	GUIDO DE BRES	8.94m	9.07m
11	515 Morgan Papineau	LAKESHORE CHS	9.35m	8.98m
12	11 Josh Dibellonia	AN MYER	9.23m	8.97m
13	154 Riley Eberhardt	DENIS MORRIS	9.21m	8.81m
14	392 Jordan deRuiter	GUIDO DE BRES	8.30m	8.19m
15	524 Aws Al-Jumaily	LAURA SECORD	9.25m	8.06m
16	405 Logan Jonker	GUIDO DE BRES	7.91m	7.58m

Men Open Discus Throw 1kg Midget

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SOSSA Inc.: R 51.97m 24/05/2007 Stefan Palios, Grimsby

	Name	Year School	Seed	Finals
=====	=====	=====	=====	=====
1	797 Tyler Summerfield	THOROLD - THOROLD	33.53m	42.67m
2	251 Fraser Darling	ELCROSSLEY	36.77m	38.15m
3	911 Alexander Mrkalj	SWC (ST.CATH)	33.09m	35.11m
4	273 Sauli Lianga	ELCROSSLEY	33.80m	34.84m
5	791 Braydon Harrietha	THOROLD - THOROLD	34.20m	33.23m
6	136 Blake Thompson	CENTENNIAL	31.30m	32.38m
7	11 Josh Dibellonia	AN MYER	30.70m	30.38m
8	92 Max Mosquite	BLESSED TRINITY H S	26.91m	27.58m
9	455 Jonathan Spears	HAMILTON DISTRICT	23.27m	26.52m
10	196 Tristan Burr	DUNDAS VALLEY	28.71m	26.28m
11	336 Justin Neudorf	ESJV-WELLAND	32.70m	24.29m
12	397 Brent Heeringa	GUIDO DE BRES	21.50m	20.63m
13	405 Logan Jonker	GUIDO DE BRES	20.77m	19.89m

Men Open Javelin Throw 600g Midget

=====

SOSSA Inc.: R 47.72m 22/05/2008 Alex McGowan, Stamford

	Name	Year School	Seed	Finals
=====	=====	=====	=====	=====
1	323 Liam Polden	ES CONFEDERATION	27.37m	38.31m
2	796 Colton Spencer	THOROLD - THOROLD	35.44m	34.42m
3	90 Kevin Moriarity	BLESSED TRINITY H S	33.57m	33.08m
4	89 Chris McCarl	BLESSED TRINITY H S	30.37m	30.35m
5	426 Cole Spoelstra	GUIDO DE BRES	26.86m	28.67m
6	797 Tyler Summerfield	THOROLD - THOROLD	32.02m	27.75m
7	200 Guilian Evans	DUNDAS VALLEY	28.38m	27.58m
8	196 Tristan Burr	DUNDAS VALLEY	28.30m	27.39m
9	347 Calvin Dolinski	GOV.SIMCOE	28.25m	25.31m
10	779 Asare Otchere	ST.PAUL HS	26.42m	22.55m
11	273 Sauli Lianga	ELCROSSLEY	23.85m	21.68m
12	608 Justin Succar	NOTRE DAME	21.33m	20.94m
13	336 Justin Neudorf	ESJV-WELLAND	21.98m	18.49m
14	140 CJ Fortrin	DELTA	15.67m	14.09m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open 100 Meter Dash Junior**

=====					
SOSSA Inc.: R 11.02 22/05/2014 Trent Snyder, Grimsby					
Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	180	Jovan Griffiths	DSBN ACADEMY	11.42	11.63Q 1
2	171	Andrew Somerville	DENIS MORRIS	11.52	11.71Q 2
3	766	Will Kandaya	ST.PAUL HS	11.82	11.69Q 1
4	71	Cole Burniston	BLESSED TRINITY H S	11.89	11.80Q 2
5	691	Josh Keogh	SHERWOOD	11.86	12.02Q 1
6	886	Holden Child	SWC (ST.CATH)	11.63	12.05Q 2
7	769	Cameron Lang	ST.PAUL HS	12.18	12.24q 1
8	847	Mitchell Hicks	WESTLANE	12.16	12.30q 1
9	15	Tyler Hildebrand	AN MYER	12.50	12.38 2
10	40	Eric Huynh	ANCASTER HIGH	12.21	12.39 2
11	666	Maksym Nazartchuk	ST. MICHAEL HS	12.41	12.49 1
12	203	Mitchell Gregory	DUNDAS VALLEY	12.34	12.51 2
13	87	Jacob Malaryk	BLESSED TRINITY H S	12.15	12.52 2
14	695	Nigel Price	SHERWOOD	12.48	12.63 1
15	940	Thaw Tee Tun	SIR WINSTON (HAM)	12.54	12.69 2
15	263	Adam Gilmore	ELCROSSLEY	12.76	12.69 1

Men Open 100 Meter Dash Junior

=====					
SOSSA Inc.: R 11.02 22/05/2014 Trent Snyder, Grimsby					
Name	Year	School	Prelims	Finals	
=====					
Finals					
1	180	Jovan Griffiths	DSBN ACADEMY	11.63	11.54
2	766	Will Kandaya	ST.PAUL HS	11.69	11.57
3	171	Andrew Somerville	DENIS MORRIS	11.71	11.61
4	71	Cole Burniston	BLESSED TRINITY H S	11.80	11.84
5	886	Holden Child	SWC (ST.CATH)	12.05	11.88
6	691	Josh Keogh	SHERWOOD	12.02	12.09
7	847	Mitchell Hicks	WESTLANE	12.30	12.15
8	769	Cameron Lang	ST.PAUL HS	12.24	12.27

Men Open 200 Meter Run Junior

=====					
SOSSA Inc.: R 23.15 19/05/2005 Tanner Goode, St. Francis					
Name	Year	School	Seed	Finals	H#
=====					
1	180	Jovan Griffiths	DSBN ACADEMY	23.67	23.62 2
2	691	Josh Keogh	SHERWOOD	24.11	24.32 2
3	171	Andrew Somerville	DENIS MORRIS	24.21	24.60 2
4	847	Mitchell Hicks	WESTLANE	25.14	24.88 2
5	769	Cameron Lang	ST.PAUL HS	25.67	25.25 1
6	40	Eric Huynh	ANCASTER HIGH	25.23	25.39 2
7	177	Kelvin Buljubasic	DSBN ACADEMY	25.28	25.73 2
8	740	Peter Pasaluko	SOUTH LINCOLN	25.61	25.77 2
9	690	Daniel Harper	SHERWOOD	25.74	25.95 1
10	652	Raphael Cote	ROBERT LAND ACADEMY	27.12	26.04 1
11	87	Jacob Malaryk	BLESSED TRINITY H S	25.20	26.19 2
12	269	Logan Karasz	ELCROSSLEY	26.60	26.38 1
13	28	Ben Simmonds	AN MYER	26.32	26.48 1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open 200 Meter Run Junior**

14	714 Nathan McDonald	SIR WINSTON (HAM)	26.14	26.69	1
15	772 Devon Long	ST. PAUL HS	27.28	26.88	1
--	218 Gabriel Millikan	DUNDAS VALLEY	25.86	DNF	1

Men Open 400 Meter Run Junior

SOSSA Inc.: R 52.06 21/05/2009 Kristpher Birch, Sir Allan MacNab					
	Name	Year School	Seed	Finals	H#
1	920 John Riley	SWC (ST.CATH)	55.18	53.97	2
2	697 Jared Walkling	SHERWOOD	54.51	53.98	2
3	628 Alexander Jacques-	RCBHS	55.04	54.06	2
4	80 Jackson Holloway	BLESSED TRINITY H S	55.94	55.10	2
5	220 Derek Mizener	DUNDAS VALLEY	56.87	55.91	2
6	652 Raphael Cote	ROBERT LAND ACADEMY	1:00.23	56.07	1
7	351 Aidan Laughlin	GOV. SIMCOE	58.06	56.22	1
7	690 Daniel Harper	SHERWOOD	56.05	56.22	2
9	755 Dean Bartolini	ST. PAUL HS	57.33	56.80	2
10	438 Joe VanHuisstede	GUIDO DE BRES	57.78	57.42	1
11	177 Kelvin Buljubasic	DSBN ACADEMY	57.98	57.72	1
12	28 Ben Simmonds	AN MYER	59.04	59.11	1
13	295 Raj Sohi	ELCROSSLEY	1:01.50	1:00.57	1
14	332 Conner Kudeba	ESJV-WELLAND	1:02.59	1:02.60	1

Men Open 800 Meter Run Junior

SOSSA Inc.: R 1:58.48 20/05/2010 Chris Hutton, Sir Winston Churchill					
	Name	Year School	Seed	Finals	H#
1	836 Owen Opie	WESTDALE	2:09.84	2:07.91	2
2	899 Theo Hassim	SWC (ST.CATH)	2:08.51	2:09.23	2
3	697 Jared Walkling	SHERWOOD	2:07.08	2:09.51	2
4	479 Logan Martineau	HOLY CROSS	2:10.41	2:09.82	2
5	80 Jackson Holloway	BLESSED TRINITY H S	2:13.34	2:13.60	2
6	602 Andrew McClemont	NOTRE DAME	2:41.81	2:41.27	1
7	138 David Cromwell	DELTA	2:51.06	2:44.64	1

Men Open 1500 Meter Run Junior

SOSSA Inc.: R 4:06.21 24/05/2007 Mohammed Ahmed, St. Catharines C.I.					
	Name	Year School	Seed	Finals	
1	169 Cal Sentance	DENIS MORRIS	4:17.05	4:16.59	
2	899 Theo Hassim	SWC (ST.CATH)	4:16.02	4:22.43	
3	891 Harrison Enns	SWC (ST.CATH)	4:40.22	4:24.26	
4	479 Logan Martineau	HOLY CROSS	4:21.49	4:24.99	
5	271 Ryan Kort	ELCROSSLEY	4:42.88	4:29.48	
6	194 Jordan Bowers	DUNDAS VALLEY	4:32.98	4:36.22	
7	243 Jared Carter	ELCROSSLEY	5:03.66	4:50.16	
8	222 Tobias Noack	DUNDAS VALLEY	5:06.51	5:04.56	
9	47 John Maheu	ANCASTER HIGH	5:02.41	5:05.03	
10	296 Nick Song	ELCROSSLEY	5:07.92	5:08.15	
11	711 Draik Maskell	SIR JA MACDONALD	5:38.72	5:16.82	
12	266 Owen Grabell	ELCROSSLEY	4:59.92	5:19.33	

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open 1500 Meter Run Junior**

13	602 Andrew McClemont	NOTRE DAME	5:23.15	5:29.41
14	770 Cameron Lenartowic	ST.PAUL HS	5:27.60	5:29.58
--	876 Owen Bachelor	SWC (ST.CATH)	4:56.57	DNF

Men Open 3000 Meter Run Junior

=====				
SOSSA Inc.: R 9:08.95 24/05/2007 Mohammed Ahmed, St. Catharines C.I.				
	Name	Year School	Seed	Finals
=====				
1	899 Theo Hassim	SWC (ST.CATH)	9:45.32	9:32.32
2	879 Jonas Braun	SWC (ST.CATH)	9:46.58	9:34.97
3	169 Cal Sentance	DENIS MORRIS	9:42.45	9:38.24
4	876 Owen Bachelor	SWC (ST.CATH)	9:47.24	9:40.14
5	194 Jordan Bowers	DUNDAS VALLEY	10:55.16	9:43.54
6	891 Harrison Enns	SWC (ST.CATH)	9:47.17	10:00.46
7	271 Ryan Kort	ELCROSSLEY	10:25.86	10:05.12
8	191 Nick Bajaikine	DUNDAS VALLEY	10:20.62	10:10.43
9	266 Owen Grabell	ELCROSSLEY	10:40.22	10:49.91
10	243 Jared Carter	ELCROSSLEY	10:49.06	10:52.26
11	296 Nick Song	ELCROSSLEY	10:50.97	10:56.26
12	222 Tobias Noack	DUNDAS VALLEY	11:23.17	11:00.90
13	331 Devon Ingribelli	ESJV-WELLAND	11:24.04	11:43.21

Men Open 100 Meter Hurdles Junior

=====				
SOSSA Inc.: R 14.38 24/05/2007 Townsend Benard, Laura Secord				
	Name	Year School	Seed	Prelims H#
=====				
Preliminaries				
1	801 Oliver Wolf	THOROLD - THOROLD	15.73	15.15Q 1
2	886 Holden Child	SWC (ST.CATH)	15.39	15.52Q 2
3	548 Tristan Vermolen	LAURA SECORD	15.74	15.49Q 1
4	364 Cole Forster	GRIMSBY - GRIMSBY	17.59	17.12Q 2
5	662 Nicholas Ierfino	ST. MICHAEL HS	18.29	17.56Q 1
6	106 Bryce Booker	CAYUGA - CAYUGA	16.29	19.45Q 2
7	867 Nick Reid	WESTMOUNT	18.71	18.53q 1
8	726 Damian teBrake	SMITHVILLE CHS	21.08	20.91q 2
9	14 Elijah Glasgow	AN MYER	21.28	J20.91 2

Men Open 100 Meter Hurdles Junior

=====				
SOSSA Inc.: R 14.38 24/05/2007 Townsend Benard, Laura Secord				
	Name	Year School	Prelims	Finals
=====				
Finals				
1	801 Oliver Wolf	THOROLD - THOROLD	15.15	15.29
2	548 Tristan Vermolen	LAURA SECORD	15.49	15.61
3	886 Holden Child	SWC (ST.CATH)	15.52	15.66
4	106 Bryce Booker	CAYUGA - CAYUGA	19.45	16.71
5	662 Nicholas Ierfino	ST. MICHAEL HS	17.56	16.96
6	867 Nick Reid	WESTMOUNT	18.53	18.54
7	14 Elijah Glasgow	AN MYER	20.91	20.87
8	364 Cole Forster	GRIMSBY - GRIMSBY	17.12	23.29

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open 300 Meter Hurdles Junior**

=====						
SOSSA Inc.: R 41.62 21/05/2009 Sam Testa, Ridgeway-Crystal B						
Name		Year	School	Seed	Finals	H#
=====						
1	548	Tristan Vermolen	LAURA SECORD	42.31	42.08	2
2	628	Alexander Jacques-	RCBHS	43.02	42.66	2
3	920	John Riley	SWC (ST.CATH)	44.11	43.25	2
4	886	Holden Child	SWC (ST.CATH)	46.34	43.86	2
5	801	Oliver Wolf	THOROLD - THOROLD	45.21	45.33	2
6	740	Peter Pasaluko	SOUTH LINCOLN	46.74	46.31	2
7	662	Nicholas Ierfino	ST. MICHAEL HS	47.54	46.42	2
8	236	Silas WaubenScott	DUNDAS VALLEY	55.50	47.46	1
9	14	Elijah Glasgow	AN MYER	53.14	50.18	1
10	106	Bryce Booker	CAYUGA - CAYUGA	49.10	59.49	1

Men Open 4x100 Meter Relay Junior

=====					
SOSSA Inc.: R 45.89 20/05/2010 Notre Dame					
School			Seed	Finals	H#
=====					
1	WINSTON CHURCHILL - ST. CATHAR	'A'	47.08	46.40	2
	1) 874 Jack Allen	2) 920 John Riley			
	3) 884 Damon Chapman	4) 886 Holden Child			
	5) 875 Mohammed Awad	6)			
2	ST. PAUL HS - NIAGARA FALLS	'A'	47.60	46.47	2
	1) 769 Cameron Lang	2) 763 Jon Haw			
	3) 781 Ethan Pasco	4) 766 Will Kandaya			
	5) 772 Devon Long	6) 939 Alex Cianfagna			
3	DSBN ACADEMY	'A'	48.09	47.32	2
	1) 177 Kelvin Buljubasic	2) 180 Jovan Griffiths			
	3) 181 Kyle Hewitt	4) 186 Omar Ridgway			
	5) 187 Esteban Sarmiento	6) 189 Joshua Wood			
4	SHERWOOD	'A'	49.47	47.83	2
	1) 694 Malik Mott	2) 697 Jared Walkling			
	3) 690 Daniel Harper	4) 691 Josh Keogh			
	5) 695 Nigel Price	6) 685 Sullivan Edwards			
5	BLESSED TRINITY H S	'A'	48.69	48.15	2
	1) 71 Cole Burniston	2) 87 Jacob Malaryk			
	3) 80 Jackson Holloway	4) 84 Austin Kennedy			
	5) 945 Jacob Abrams	6)			
6	THOROLD - THOROLD	'A'	49.59	49.59	2
	1) 796 Colton Spencer	2) 801 Oliver Wolf			
	3) 790 Brian Cartmell	4) 789 Tyler Broderick			
7	DUNDAS VALLEY	'A'	50.32	49.66	2
	1) 236 Silas WaubenScott	2) 214 Issac Lodge			
	3) 218 Gabriel Millikan	4) 226 Evan Shewchuk			
	5) 219 Gregory Mitchell	6) 220 Derek Mizener			
8	GUIDO DE BRES	'A'	53.46	52.96	1
	1) 423 Tristan Sloots	2) 438 Joe VanHuisstede			
	3) 404 Justin Jongsma	4) 418 Josh Schenkel			
9	HOLY CROSS - ST. CATHARINES	'A'	50.98	53.50	2
	1) 476 Eric Laflamme	2) 474 Jason-Lee Jones			
	3) 488 Zackery Pietras	4) 475 Alexander Kedzierski			
	5) 490 Dante Samiels	6)			
10	ES JEAN VANIER - WELLAND	'A'	56.24	53.63	1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open 4x100 Meter Relay Junior**

1) 332 Conner Kudeba	2) 335 Cristhian Murillo			
3) 331 Devon Ingribelli	4) 325 Shane Burgess			
11 DELTA 'A'	1:09.19	1:08.26	1	
1) 139 Ali Currie	2) 140 CJ Fortrin			
3) 142 Jacob Roussel	4) 138 David Cromwell			
5) 141 Bradon Guyatt	6)			

Men Open High Jump Junior

SOSSA Inc.: R 1.95m 22/05/2008 Jeff Webb, Eden				
Name	Year	School	Seed	Finals
1 404 Justin Jongsma		GUIDO DE BRES	1.70m	1.80m
2 364 Cole Forster		GRIMSBY - GRIMSBY	1.80m	1.75m
2 369 Jakob Lamb		GRIMSBY - GRIMSBY	1.70m	1.75m
4 309 Mendelt Elzinga		EDEN	1.70m	1.70m
5 579 Mike Sutherland		NIAGARA CC	1.65m	1.65m
6 280 Ryan McClay		ELCROSSLEY	1.60m	J1.65m
6 452 Will Fledderus		HAMILTON DISTRICT	1.60m	J1.65m
7 460 Jonas VandenBrink		HAMILTON DISTRICT	1.65m	J1.65m
9 181 Kyle Hewitt		DSBN ACADEMY	1.60m	1.60m
10 308 Adam Bovine		EDEN	1.60m	1.55m

Men Open Pole Vault Junior

SOSSA Inc.: R 4.00m 23/05/2013 Joel Mueller, Ridgeway-Crystal B				
Name	Year	School	Seed	Finals
1 281 Jacob Mergl		ELCROSSLEY	3.05m	3.05m
2 293 Spencer Shoalts		ELCROSSLEY	2.60m	2.60m
3 287 Richie Pauls		ELCROSSLEY	2.45m	2.45m
4 298 Ben Wayda		ELCROSSLEY	2.30m	2.30m

Men Open Long Jump Junior

SOSSA Inc.: R 6.37m 24/05/2007 Carlin McLean, Orchard Park				
Name	Year	School	Seed	Finals
1 1 Jake Andrews		AN MYER	5.76m	6.20m
2 87 Jacob Malaryk		BLESSED TRINITY H S	5.48m	5.81m
3 666 Maksym Nazartchuk		ST. MICHAEL HS	5.47m	5.65m
4 790 Brian Cartmell		THOROLD - THOROLD	5.38m	J5.65m
5 857 Christian Janzen		WESTMOUNT	5.50m	5.62m
6 579 Mike Sutherland		NIAGARA CC	5.04m	5.59m
7 15 Tyler Hildebrand		AN MYER	5.42m	5.35m
8 664 Edrick Macdon		ST. MICHAEL HS	5.12m	5.28m
9 452 Will Fledderus		HAMILTON DISTRICT	4.90m	5.14m
10 679 Jacob Webb		SALT FLEET	5.37m	5.11m
11 475 Alexander Kedziers		HOLY CROSS	5.15m	5.10m
12 270 Ethan Keus		ELCROSSLEY	5.23m	5.06m
13 694 Malik Mott		SHERWOOD	5.13m	5.04m
14 371 Chris Loum		GRIMSBY - GRIMSBY	5.34m	5.00m
15 404 Justin Jongsma		GUIDO DE BRES	5.55m	4.88m
16 84 Austin Kennedy		BLESSED TRINITY H S		4.77m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open Triple Jump Junior**

SOSSA Inc.: R 13.00m 23/05/2013 Twanell Bell, Denis Morris						
Name			Year	School	Seed	Finals
1	570	Solomon Awobem		NIAGARA CC	11.75m	12.55m
2	404	Justin Jongsma		GUIDO DE BRES	11.54m	12.36m
3	548	Tristan Vermolen		LAURA SECORD	12.11m	11.88m
4	579	Mike Sutherland		NIAGARA CC	11.50m	11.84m
5	666	Maksym Nazartchyk		ST. MICHAEL HS	11.36m	11.69m
6	1	Jake Andrews		AN MYER	11.58m	11.63m
7	790	Brian Cartmell		THOROLD - THOROLD	11.61m	11.61m
8	270	Ethan Keus		ELCROSSLEY	11.58m	11.52m
9	371	Chris Loum		GRIMSBY - GRIMSBY	11.15m	11.13m
10	751	Tyrell MacKennan		ST. FRANCIS	11.29m	11.06m
11	181	Kyle Hewitt		DSBN ACADEMY	11.17m	10.52m
12	220	Derek Mizener		DUNDAS VALLEY	10.63m	10.34m
13	45	Zain Lapsley		ANCASTER HIGH	10.32m	10.17m
14	679	Jacob Webb		SALTFLEET	10.19m	10.16m
15	867	Nick Reid		WESTMOUNT	10.14m	10.11m

Men Open Shot Put 4kg Junior

SOSSA Inc.: R 16.51m 22/05/2008 Stefan Palios, Grimsby					
Name			Year School	Seed	Finals
1	753	Carmine Spedaliere	ST. FRANCIS	14.31m	14.47m
2	24	Nick Petrick	AN MYER	13.39m	13.87m
3	444	Tim Vanwoudenberg	GUIDO DE BRES	13.48m	13.35m
4	84	Austin Kennedy	BLESSED TRINITY H S	12.12m	12.71m
5	81	Anthony Izzo	BLESSED TRINITY H S	12.63m	12.41m
6	352	Riley Lepp	GOV.SIMCOE	11.91m	12.37m
7	857	Christian Janzen	WESTMOUNT	12.51m	12.28m
8	654	Samson Kennedy	ROBERT LAND ACADEMY	12.15m	12.10m
9	297	Quinn Tucker	ELCROSSLEY	12.28m	11.92m
10	775	Justin Narsanski	ST.PAUL HS	12.12m	11.65m
11	399	Douglas Hoeksema	GUIDO DE BRES	11.34m	11.56m
12	158	Jake Mastrangelo	DENIS MORRIS	11.30m	10.85m
12	123	Alexander Hollinsh	CENTENNIAL	12.28m	10.85m
14	384	Darrin Bethlehem	GUIDO DE BRES	10.80m	10.50m
15	342	Duncan Hines	FORT ERIE SS	10.77m	10.41m
16	395	Ryan Groenwold	GUIDO DE BRES	10.20m	9.68m

Men Open Discus Throw 1kg Junior

SOSSA Inc.: R 55.23m 20/05/2010 Rob Osborn, Ridgeway-Crystal B					
Name	Year	School	Seed	Finals	
1	857	Christian Janzen	WESTMOUNT	39.36m	48.33m
2	121	Curtis Egert	CENTENNIAL	46.68m	46.09m
3	753	Carmine Spedaliere	ST. FRANCIS	46.14m	44.57m
4	123	Alexander Hollinsh	CENTENNIAL	40.01m	39.67m
5	731	Tyson Wagter	SMITHVILLE CHS	36.12m	38.90m
6	792	David Humaniski	THOROLD - THOROLD	37.35m	38.37m
7	737	Cayden Lapcevich	SOUTH LINCOLN	39.74m	38.15m
8	734	Liam Black	SOUTH LINCOLN	35.55m	35.46m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open Discus Throw 1kg Junior**

9	293	Spencer Shoalts	ELCROSSLEY	40.03m	34.48m
10	24	Nick Petrick	AN MYER	33.54m	32.72m
11	110	Avery Hartwick	CAYUGA - CAYUGA	36.08m	32.62m
12	393	Brandon Feenstra	GUIDO DE BRES	34.60m	32.55m
13	399	Douglas Hoeksema	GUIDO DE BRES	30.69m	31.01m
14	444	Tim Vanwoudenberg	GUIDO DE BRES	31.78m	30.95m
15	384	Darrin Bethlehem	GUIDO DE BRES	30.25m	30.29m

Men Open Javelin Throw 600g Junior

SOSSA Inc.: R 54.90m 22/05/2008 Ray Dykstra, Grimsby

	Name	Year	School	Seed	Finals
1	260 Wyatt Flagg		ELCROSSLEY	40.79m	44.34m
2	277 Keynen Lynett		ELCROSSLEY	40.29m	41.57m
3	82 Joseph Jones		BLESSED TRINITY H S	41.93m	41.21m
4	178 John Bunton		DSBN ACADEMY	41.05m	40.20m
5	15 Tyler Hildebrand		AN MYER	38.06m	39.60m
6	780 Sefa Otchere		ST.PAUL HS	35.44m	39.52m
7	737 Cayden Lapceovich		SOUTH LINCOLN	39.85m	38.48m
8	444 Tim Vanwoudenberg		GUIDO DE BRES	34.70m	37.03m
9	745 Rein Zenka		SOUTH LINCOLN	35.80m	36.93m
10	375 Will Riel		GRIMSBY – GRIMSBY	38.78m	34.05m
11	418 Josh Schenkel		GUIDO DE BRES	35.05m	32.75m
12	393 Brandon Feenstra		GUIDO DE BRES	33.10m	31.60m
13	522 Dawson Thompson		LAKESHORE CHS	35.95m	31.45m
14	197 Ethan Cox		DUNDAS VALLEY	34.43m	30.21m
15	612 Carson Carne		ORCHARD PARK	28.42m	25.79m

Men Open 100 Meter Dash Senior

SOSSA Inc.: R 10.98 22/05/2014 Shane Decker, Denis Morris

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	153	Shane Decker	DENIS MORRIS	10.97	11.24Q 2
2	73	Jay Davis	BLESSED TRINITY H S	11.14	11.40Q 1
3	773	Seth Long	ST.PAUL HS	11.53	11.27Q 2
4	506	Quintin Jarrett	LAKESHORE CHS	11.61	11.45Q 1
5	504	Shane Harding	LAKESHORE CHS	11.66	11.51Q 2
6	147	Twanell Bell	DENIS MORRIS	11.53	11.58Q 1
7	576	Toye Odusanya	NIAGARA CC	11.60	11.61q 2
8	12	Tre Ford	AN MYER	11.55	11.67q 1
9	217	Alex Mcclung	DUNDAS VALLEY	11.61	11.83 2
10	464	Robert Barbas	HOLY CROSS	11.54	11.95 2
11	785	Jordan Terrio	ST.PAUL HS	11.75	12.02 1
12	686	Brent Ellis	SHERWOOD	12.08	12.08 1
13	39	Austin Hampel	ANCASTER HIGH	12.13	12.09 2
13	377	Trent Snyder	GRIMSBY - GRIMSBY	11.25	12.09 1
15	708	Tyler Ternowski	SIR ALLAN MACNAB	11.94	12.18 2
16	700	Adre Dixon	SIR ALLAN MACNAB	12.14	12.34 1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open 100 Meter Dash Senior**

=====					
SOSSA Inc.: R 10.98 22/05/2014 Shane Decker, Denis Morris					
Name	Year	School	Prelims	Finals	
=====					
Finals					
1	153	Shane Decker	DENIS MORRIS	11.24	11.05
2	773	Seth Long	ST.PAUL HS	11.27	11.20
3	73	Jay Davis	BLESSED TRINITY H S	11.40	11.44
4	12	Tre Ford	AN MYER	11.67	11.55
5	504	Shane Harding	LAKESHORE CHS	11.51	11.56
6	147	Twanell Bell	DENIS MORRIS	11.58	11.83
7	506	Quintin Jarrett	LAKESHORE CHS	11.45	12.49
--	576	Toye Odusanya	NIAGARA CC	11.61	DNF

Men Open 200 Meter Run Senior

=====					
SOSSA Inc.: R 22.23 19/05/2005 Mario Rigby, Westdale					
Name	Year	School	Seed	Finals	H#
=====					
1	153	Shane Decker	DENIS MORRIS	22.26	22.62 2
2	773	Seth Long	ST.PAUL HS	23.21	22.88 2
3	73	Jay Davis	BLESSED TRINITY H S	22.66	23.13 2
4	168	Jaquan Selman	DENIS MORRIS	23.46	23.85 2
5	217	Alex Mcclung	DUNDAS VALLEY	23.83	23.90 2
6	23	Christopher Parlev	AN MYER	24.15	24.33 1
7	464	Robert Barbas	HOLY CROSS	23.93	24.77 2
8	16	Joel Ingram	AN MYER	25.15	25.33 1
9	686	Brent Ellis	SHERWOOD	24.90	25.55 1
10	706	Ahmed Maklab	SIR ALLAN MACNAB	25.09	27.45 1
11	394	Andy Groenwold	GUIDO DE BRES	24.63	29.12 1
12	504	Shane Harding	LAKESHORE CHS	23.85	45.73 2
--	708	Tyler Ternowski	SIR ALLAN MACNAB	24.29	DNF 1
--	377	Trent Snyder	GRIMSBY - GRIMSBY	23.10	DNF 2
--	506	Quintin Jarrett	LAKESHORE CHS	24.20	DNF 1

Men Open 400 Meter Run Senior

=====					
SOSSA Inc.: R 49.00 20/05/2010 Cody Boyd, Sir Winston Churchill					
Name	Year	School	Seed	Finals	H#
=====					
1	55	Connor Russell	ANCASTER HIGH	51.66	51.33 2
2	215	Tom Manson	DUNDAS VALLEY	52.31	52.03 2
3	468	Nicholas Dhannyam	HOLY CROSS	52.35	52.15 2
4	529	Will Cowling	LAURA SECORD	53.81	53.19 2
5	571	Victor Bilaniyi	NIAGARA CC	55.76	54.78 1
6	528	Terrence Chan	LAURA SECORD	55.47	55.23 1
7	205	Erik Heidebrecht	DUNDAS VALLEY	55.50	55.73 1
8	16	Joel Ingram	AN MYER	55.73	56.17 1
9	563	Colton Mason	MCKINNON PARK	57.43	56.47 1
10	581	Thiago Zhang	NIAGARA CC	57.10	57.59 1
--	702	Hamid Dwyer	SIR ALLAN MACNAB	55.05	DNF 2
--	910	Jack Moncur	SWC (ST.CATH)	54.73	DNF 2
--	905	Justin Lawless	SWC (ST.CATH)	54.63	DNF 2

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open 800 Meter Run Senior**

SOSSA Inc.: R 1:53.97 20/05/2010 Chris Meidema, Lakeshore CHS						
Name	Year	School	Seed	Finals	H#	
1	834	Ian MacKinnon	WESTDALE	2:03.89	2:00.46	2
2	215	Tom Manson	DUNDAS VALLEY	2:05.79	2:01.11	2
3	583	Nick Dalessandro	NORA HENDERSON	2:05.00	2:02.23	2
4	376	Gavin Smith	GRIMSBY - GRIMSBY	2:03.41	2:02.85	2
5	905	Justin Lawless	SWC (ST.CATH)	2:03.62	2:03.00	2
6	625	Levi Fretz	RCBHS	2:10.76	2:03.75	1
7	529	Will Cowling	LAURA SECORD	2:07.40	2:04.99	2
8	910	Jack Moncur	SWC (ST.CATH)	2:10.32	2:06.25	1
9	835	Max Margetts	WESTDALE	2:06.87	2:06.51	2
10	759	Daniel Ferro	ST.PAUL HS	2:25.54	2:21.08	1
11	651	Geoff Borda	ROBERT LAND ACADEMY	2:26.98	2:25.57	1
12	9	Braeden Corr	AN MYER	2:24.36	2:28.75	1
13	344	Blair McNeill	FORT ERIE SS	2:26.23	2:32.35	1
--	523	Matt Traynor	LAKESHORE CHS	2:28.08	DNF	1
--	888	Millar Coveney	SWC (ST.CATH)	2:07.77	DNF	1

Men Open 1500 Meter Run Senior

SOSSA Inc.: R 3:55.18 21/05/2009 Jeremy Rae, Lakeshore CHS					
Name	Year	School	Seed	Finals	
1	888	Millar Coveney	SWC (ST.CATH)	4:10.49	4:08.59
2	376	Gavin Smith	GRIMSBY - GRIMSBY	4:13.53	4:11.26
3	583	Nick Dalessandro	NORA HENDERSON	4:16.88	4:14.05
4	905	Justin Lawless	SWC (ST.CATH)	4:15.61	4:18.76
5	844	Braedon Witt	WESTDALE	4:32.55	4:41.73
6	229	Graym Stewart	DUNDAS VALLEY	4:39.86	4:45.78
7	759	Daniel Ferro	ST.PAUL HS	5:08.92	4:51.60
8	944	Yahia Leban	DENIS MORRIS		4:55.74
9	848	Benjamin Krowchuk	WESTLANE	5:11.75	4:56.18
10	406	Reuben Jonker	GUIDO DE BRES	4:50.44	5:01.57
11	344	Blair McNeill	FORT ERIE SS	4:54.82	5:03.88
12	510	Matt McBurney	LAKESHORE CHS	5:14.47	5:20.60
13	562	Josh Kelly	MCKINNON PARK	5:24.52	5:39.43
--	898	Cain Hassim	SWC (ST.CATH)	4:16.63	DNF
--	683	Callum Darby	SHERWOOD	4:27.05	DNF

Men Open 3000 Meter Run Senior

SOSSA Inc.: R 8:31.82 21/05/2009 Mohammed Ahmed, St. Catharines C.I.					
Name	Year	School	Seed	Finals	
1	898	Cain Hassim	SWC (ST.CATH)	9:12.78	9:15.54
2	888	Millar Coveney	SWC (ST.CATH)	9:44.73	9:19.59
3	450	Aaron DeJong	HAMILTON DISTRICT	9:29.37	9:29.37
4	164	Greg Orlando	DENIS MORRIS	9:48.61	9:58.55
5	683	Callum Darby	SHERWOOD	9:54.43	10:08.28
6	895	Ross Halfyard	SWC (ST.CATH)	10:50.92	10:41.21
7	22	Michael O'Rourke	AN MYER	10:58.97	10:47.40
8	406	Reuben Jonker	GUIDO DE BRES	11:15.52	10:59.70
9	112	Owen Lymburner	CAYUGA - CAYUGA	11:04.58	11:06.98

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open 3000 Meter Run Senior**

10	275	Ross Lodde	ELCROSSLEY	11:24.94	11:13.78
11	768	Brandon Lanese	ST.PAUL HS	11:17.87	11:17.09
12	826	Jason Connelly	WESTDALE	11:27.79	11:23.38
13	523	Matt Traynor	LAKESHORE CHS	11:54.95	11:28.06
14	720	Benjamin Bonsma	SMITHVILLE CHS	11:02.55	11:32.73

Men Open 110 Meter Hurdles Senior

SOSSA Inc.: R 14.58 21/05/2009 Townsend Benard, Laura Secord

Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	43	Michael Kehinde	ANCASTER HIGH	16.31	15.95Q 2
2	530	Kyle Craig	LAURA SECORD	17.05	16.49Q 1
3	506	Quintin Jarrett	LAKESHORE CHS	16.92	16.28Q 2
4	539	Andrew McKay-Cotto	LAURA SECORD	16.80	16.84Q 1
5	850	Duan Parchment	WESTLANE	17.71	16.75Q 2
6	735	Liam Burrows	SOUTH LINCOLN	17.96	17.94Q 1
7	357	Zach Taylor	GOV.SIMCOE	17.31	17.16q 2
8	856	Matt Fliss	WESTMOUNT	18.21	17.74q 2
9	582	Jevaughn Campbell	NORA HENDERSON	17.84	17.82 2
10	58	Ryan Tomalin	ANCASTER HIGH	17.57	18.29 1
11	109	James Garrish	CAYUGA - CAYUGA	20.28	18.66 2
12	119	Kyle Collard	CENTENNIAL	19.68	19.64 1
13	500	Madison Delay	LAKESHORE CHS	20.15	19.73 1
14	562	Josh Kelly	MCKINNON PARK	27.46	25.46 1
--	922	Cade Scott	SWC (ST.CATH)	16.45	DQ 1

Men Open 110 Meter Hurdles Senior

SOSSA Inc.: R 14.58 21/05/2009 Townsend Benard, Laura Secord

Name	Year	School	Prelims	Finals
=====				
Finals				
1	43	Michael Kehinde	ANCASTER HIGH	15.95 16.07
2	539	Andrew McKay-Cotto	LAURA SECORD	16.84 16.36
3	530	Kyle Craig	LAURA SECORD	16.49 16.66
4	850	Duan Parchment	WESTLANE	16.75 16.83
5	357	Zach Taylor	GOV.SIMCOE	17.16 17.71
6	735	Liam Burrows	SOUTH LINCOLN	17.94 17.93
7	856	Matt Fliss	WESTMOUNT	17.74 18.07
8	506	Quintin Jarrett	LAKESHORE CHS	16.28 26.98

Men Open 400 Meter Hurdles Senior

SOSSA Inc.: R 56.87 21/05/2009 Connor Fanning, Highland

Name	Year	School	Seed	Finals	H#
=====					
1	257	Sam Fennell	ELCROSSLEY	1:00.86	58.94 2
2	702	Hamid Dwyer	SIR ALLAN MACNAB	1:01.47	59.83 2
3	206	Jack Holmes	DUNDAS VALLEY	1:00.27	1:00.93 2
4	32	Tyler Thomson	AN MYER	1:01.85	1:01.20 2
5	380	Sid Alkema	GUIDO DE BRES	1:02.12	1:01.71 2
6	850	Duan Parchment	WESTLANE	1:05.40	1:02.61 1

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open 400 Meter Hurdles Senior**

7	856 Matt Fliss	WESTMOUNT	1:04.98	1:02.96	2
8	539 Andrew McKay-Cotto	LAURA SECORD	1:04.62	1:04.27	2
9	585 Abid Doust	NORA HENDERSON	1:04.37	1:04.32	2
10	109 James Garrish	CAYUGA - CAYUGA	1:08.98	1:05.87	1
11	93 Mitch Mueller	BLESSED TRINITY H S	1:12.63	1:08.39	1
12	117 Nathaniel Baker	CENTENNIAL	1:06.82	1:11.66	1
13	551 Adam Zammitt	LAURA SECORD	1:15.15	1:14.69	1

Men Open 4x100 Meter Relay Senior

=====					
SOSSA Inc.: R 44.34 22/05/2014 Denis Morris					
School		Seed	Finals	H#	
=====					
1 DENIS MORRIS CATHOLIC HS 'A'		43.53	44.34R	2	
1) 171 Andrew Somerville	2) 147 Twanell Bell				
3) 168 Jaquan Selman	4) 153 Shane Decker				
5) 156 Mohammad Hariri	6) 164 Greg Orlando				
2 A.N. MYER - NIAGARA FALLS 'A'		45.21	44.54	2	
1) 23 Christopher Parlevliet	2) 16 Joel Ingram				
3) 13 Tyrell Ford	4) 12 Tre Ford				
5) 32 Tyler Thomson	6) 21 Joseph Murdaca				
3 BLESSED TRINITY H S 'A'		44.83	44.83	2	
1) 73 Jay Davis	2) 85 Nathan Kennedy				
3) 941 Tre Avery	4) 104 Austin Whetton				
5) 91 Jack Mosquite	6)				
4 E. L. CROSSLEY - FONTHILL 'A'		46.13	45.18	2	
1) 284 Cole Montgomery	2) 276 Scott Lodde				
3) 257 Sam Fennell	4) 301 Carter Zides				
5) 267 Tyler Grummett	6) 263 Adam Gilmore				
5 WINSTON CHURCHILL - ST. CATHAR 'A'		45.25	45.57	2	
1) 907 Riley MacKinnon	2) 922 Cade Scott				
3) 882 Paul Burbulea	4) 928 Allen Vary				
5) 897 Alex Haslam	6)				
6 GUIDO DE BRES 'A'		48.49	47.63	1	
1) 388 Jared Bultje	2) 441 Joel Vansydenborgh				
3) 417 Logan Reinink	4) 394 Andy Groenwold				
7 LAURA SECORD - ST. CATHARINES 'A'		47.98	47.98	1	
1) 529 Will Cowling	2) 539 Andrew McKay-Cotton				
3) 528 Terrence Chan	4) 543 Jared Sisler				
5) 525 Carter Andres	6) 530 Kyle Craig				
8 NIAGARA CHRISTIAN COLLEGI 'A'		47.76	48.26	1	
1) 576 Toye Odusanya	2) 571 Victor Bilaniyi				
3) 578 Hollis Shin	4) 581 Thiago Zhang				
9 DUNDAS VALLEY 'A'		48.24	48.32	1	
1) 213 Nick Leslie	2) 229 Graym Stewart				
3) 217 Alex Mcclung	4) 202 Owen Fisher				
10 WESTLANE - NIAGARA FALLS 'A'		49.08	50.33	1	
1) 847 Mitchell Hicks	2) 848 Benjamin Krowchuk				
3)	4) 850 Duan Parchment				
5) 937 Donald Jones	6) 936 Lai Patel				
11 WESTDALE 'A'		49.01	50.39	1	
1) 947 Willis Sloan	2) 948 Keegan Roughsedge				
3) 949 Jacob Rashid	4) 951 Ben Frager-Wells				

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open High Jump Senior**

SOSSA Inc.: R 2.00m 24/05/2012 J.T. Hunt, St. Michael				
Name	Year	School	Seed	Finals
1	267	Tyler Grummett	ELCROSSLEY	1.80m
2	284	Cole Montgomery	ELCROSSLEY	1.85m
3	783	Cameron Pow	ST.PAUL HS	1.80m
4	877	David Bailey	SWC (ST.CATH)	1.85m
5	357	Zach Taylor	GOV.SIMCOE	1.80m
6	43	Michael Kehinde	ANCASTER HIGH	1.85m
7	800	Issac Whitty	THOROLD - THOROLD	1.75m
8	276	Scott Lodde	ELCROSSLEY	1.80m
8	823	Alex Wylie	WATERDOWN	1.70m
8	746	Damon Johnson	ST.C.C.I.	1.65m
11	114	Colin Schaeffer	CAYUGA - CAYUGA	1.70m
11	213	Nick Leslie	DUNDAS VALLEY	1.70m
13	728	Sean Thiessen	SMITHVILLE CHS	1.60m
--	39	Austin Hampel	ANCASTER HIGH	1.65m
--	841	Jet Tadgell	WESTDALE	1.65m

Men Open Pole Vault Senior

SOSSA Inc.: R 4.20m 23/05/2013 Jesse Marcil, Ridgeway-Crystal B				
SOSSA Ties: r 4.20m 5/2007 , Ridgeway-Crystal B				
Name	Year	School	Seed	Finals
1	637	Joel Mueller	RCBHS	4.00m
2	267	Tyler Grummett	ELCROSSLEY	3.50m
3	250	Brayden Crowder	ELCROSSLEY	3.20m
4	622	Andrew Bolton	RCBHS	2.90m
4	257	Sam Fennell	ELCROSSLEY	2.90m
6	938	Andrew Pauls	ELCROSSLEY	2.75m
7	551	Adam Zammitt	LAURA SECORD	2.45m

Men Open Long Jump Senior

SOSSA Inc.: R 6.79m 20/05/2010 Carlin McLean, Orchard Park				
Name	Year	School	Seed	Finals
1	147	Twanell Bell	DENIS MORRIS	6.36m
2	284	Cole Montgomery	ELCROSSLEY	6.13m
3	21	Joseph Murdaca	AN MYER	5.59m
4	13	Tyrell Ford	AN MYER	5.96m
5	892	Alvin Fortaleza	SWC (ST.CATH)	6.25m
6	12	Tre Ford	AN MYER	5.91m
7	276	Scott Lodde	ELCROSSLEY	5.78m
8	530	Kyle Craig	LAURA SECORD	5.89m
9	394	Andy Groenwold	GUIDO DE BRES	5.55m
10	217	Alex Mcclung	DUNDAS VALLEY	5.18m
11	785	Jordan Terrio	ST.PAUL HS	5.54m
12	919	Dan Pogrzebski	SWC (ST.CATH)	5.55m
13	213	Nick Leslie	DUNDAS VALLEY	5.23m
14	381	Chad Bartels	GUIDO DE BRES	5.11m
15	746	Damon Johnson	ST.C.C.I.	5.54m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open Triple Jump Senior**

SOSSA Inc.: R 13.85m 22/05/2014 Jaquan Selman, Denis Morris				
Name	Year	School	Seed	Finals
1	168	Jaquan Selman	DENIS MORRIS	13.73m
2	147	Twanell Bell	DENIS MORRIS	13.36m
3	892	Alvin Fortaleza	SWC (ST.CATH)	12.64m
4	357	Zach Taylor	GOV.SIMCOE	12.19m
5	577	Confidence Okonkwo	NIAGARA CC	11.79m
6	21	Joseph Murdaca	AN MYER	11.92m
7	942	Mack Jones	LAKESHORE CHS	11.32m
8	850	Duan Parchment	WESTLANE	11.41m
9	530	Kyle Craig	LAURA SECORD	12.20m
10	113	Liam Mackey	CAYUGA - CAYUGA	11.69m
11	381	Chad Bartels	GUIDO DE BRES	11.59m
12	715	Josh Paghubasan	SIR WINSTON (HAM)	10.90m
13	413	Kyle Oosterhoff	GUIDO DE BRES	10.42m

Men Open Shot Put 12 lb Senior

SOSSA Inc.: R 19.35m 19/05/2005 Mike Barnes, Saltfleet				
Name	Year	School	Seed	Finals
1	363	Liam Dunda	GRIMSBY - GRIMSBY	13.81m
2	767	Alessandro Krick	ST.PAUL HS	12.21m
3	617	Luke Clattenburg	PORT C HS	11.78m
4	934	Bradley Crewe	STAMFORD COLLEGIATE	11.57m
5	161	Nolan Nardangeli	DENIS MORRIS	12.67m
6	880	Lukas Brennan	SWC (ST.CATH)	12.28m
7	350	Alex Jobson	GOV.SIMCOE	11.88m
8	648	Ethan Tupala	RCBHS	11.85m
9	155	Tanner Geddes	DENIS MORRIS	11.40m
10	774	Brett Messing	ST.PAUL HS	11.88m
11	812	Austen Gosney	WATERDOWN	11.02m
12	717	Austin Romikat	SIR WINSTON (HAM)	10.44m
13	457	Dylan Stryker	HAMILTON DISTRICT	10.55m
14	49	Ryan Matthews	ANCASTER HIGH	10.13m
15	718	James Urkevich	SIR WINSTON (HAM)	10.33m

Men Open Discus Throw 1.613kg Senior

SOSSA Inc.: R 53.93m 19/05/2005 Mike Barnes, Saltfleet				
Name	Year	School	Seed	Finals
1	750	Matteo Colavecchio	ST. FRANCIS	45.30m
2	617	Luke Clattenburg	PORT C HS	40.12m
3	634	Bryce Martin	RCBHS	38.69m
4	648	Ethan Tupala	RCBHS	35.16m
5	480	Braden McKie	HOLY CROSS	35.73m
6	656	Nathaniel Wingrove	ROBERT LAND ACADEMY	31.83m
7	917	Jeremy Penner	SWC (ST.CATH)	38.08m
8	556	Brian Elgersma	MCKINNON PARK	34.58m
9	741	Brock Speller	SOUTH LINCOLN	32.30m
10	635	Dalton Matiasz	RCBHS	33.23m
11	815	Evan Marshall	WATERDOWN	28.00m

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****....Men Open Discus Throw 1.613kg Senior**

12	812 Austen Gosney	WATERDOWN	31.70m	28.05m
13	549 Tyler Waliki	LAURA SECORD	31.46m	27.00m
14	391 Luke DeBoer	GUIDO DE BRES	27.35m	23.67m
15	717 Austin Romikat	SIR WINSTON (HAM)	25.98m	21.68m
16	718 James Urkevich	SIR WINSTON (HAM)	25.34m	18.36m

Men Open Javelin Throw 800g Senior

SOSSA Inc.: R 68.38m 20/05/2010 Ray Dykstra, Grimsby

	Name	Year	School	Seed	Finals
1	549	Tyler Waliki	LAURA SECORD	47.19m	47.91m
2	257	Sam Fennell	ELCROSSLEY	47.44m	45.90m
3	722	Simon Folkerts	SMITHVILLE CHS	40.50m	45.64m
4	771	Ed Liu	ST.PAUL HS	41.52m	42.04m
5	917	Jeremy Penner	SWC (ST.CATH)	42.14m	41.03m
6	901	Evan Hills	SWC (ST.CATH)	41.17m	40.83m
7	27	Tyler Scholz	AN MYER	38.74m	40.56m
8	514	Dave Moore	LAKESHORE CHS	37.54m	37.49m
9	815	Evan Marshall	WATERDOWN	42.10m	36.33m
10	777	Justin Oreskovich	ST.PAUL HS	37.20m	35.15m
11	391	Luke DeBoer	GUIDO DE BRES	35.70m	34.79m
12	605	Ethan Poirier	NOTRE DAME	34.12m	34.55m
13	818	Brodie Mougnot	WATERDOWN	36.00m	33.92m
14	712	Garnet Batrynychuk	SIR WINSTON (HAM)	34.31m	31.60m
15	104	Austin Whetton	BLESSED TRINITY H.S	38.30m	30.30m

Men Open 2000 Meter Steeplechase Open

SOSSA Inc.: R 6:16.11 24/05/2007 Ahmed Khalif, SirJohnAMacDonald

	Name	Year	School	Seed	Finals
1	898	Cain Hassim	SWC (ST.CATH)	6:25.50	6:15.44R
2	876	Owen Bachelor	SWC (ST.CATH)	6:44.32	6:34.00
3	625	Levi Fretz	RCBHS	6:39.35	6:36.00
4	32	Tyler Thomson	AN MYER	6:52.26	6:36.30
5	879	Jonas Braun	SWC (ST.CATH)	7:02.01	6:40.60
6	450	Aaron DeJong	HAMILTON DISTRICT	6:51.83	6:45.00
7	683	Callum Darby	SHERWOOD	6:55.97	6:53.00
8	271	Ryan Kort	ELCROSSLEY	7:14.53	6:59.00
9	191	Nick Bajaikine	DUNDAS VALLEY	7:05.94	7:11.00
10	117	Nathaniel Baker	CENTENNIAL	7:23.88	7:26.00
11	827	Alexander Cooper	WESTDALE	7:16.06	7:30.00
12	441	Joel Vansydenborgh	GUIDO DE BRES	7:06.92	7:43.00
13	61	Eric Bell	BDSS	7:30.91	7:48.50
14	719	Alex Boekestyn	SMITHVILLE CHS	7:35.54	7:55.00
15	768	Brandon Lanese	ST.PAUL HS	7:48.74	8:05.00
16	935	Justin Gauthier	ROBERT LAND ACADEMY	8:19.63	8:19.00

SOSSA Inc. Championship - 21/05/2015**Track and Field****Niagara Olympic Club Track Facility****Results****Men Open 4x400 Meter Relay Open**

=====				
SOSSA Inc.: R 3:28.83 19/05/2005 Barton				
School	Seed	Finals	H#	
=====				
1 DUNDAS VALLEY 'A'	3:40.77	3:32.31	2	
1) 202 Owen Fisher	2) 205 Erik Heidebrecht			
3) 206 Jack Holmes	4) 215 Tom Manson			
5) 224 Alec Purnell	6) 217 Alex Mcclung			
2 WINSTON CHURCHILL - ST. CATHAR 'A'	3:39.86	3:36.41	2	
1) 905 Justin Lawless	2) 920 John Riley			
3) 910 Jack Moncur	4) 899 Theo Hassim			
5) 888 Millar Coveney	6) 898 Cain Hassim			
3 RIDGEWAY-CRYSTAL BHS- RIDGEWAY 'A'	3:42.90	3:37.53	2	
1) 635 Dalton Matiasz	2) 644 Tanner Schinkel			
3) 628 Alexander Jacques-McClary	4) 625 Levi Fretz			
5) 631 Isaac Lapp	6)			
4 LAURA SECORD - ST. CATHARINES 'A'	3:42.06	3:42.00	2	
1) 529 Will Cowling	2) 539 Andrew McKay-Cotton			
3) 528 Terrence Chan	4) 543 Jared Sisler			
5) 549 Tyler Waliki	6) 525 Carter Andres			
5 GUIDO DE BRES 'A'	3:52.92	3:44.39	2	
1) 420 Conner Schulenberg	2) 441 Joel Vansydenborgh			
3) 380 Sid Alkema	4) 395 Ryan Groenwold			
5) 417 Logan Reinink	6)			
6 E. L. CROSSLEY - FONTHILL 'A'	3:52.78	3:46.71	2	
1) 257 Sam Fennell	2) 253 Brock Deba			
3) 271 Ryan Kort	4) 247 Noah Christensen			
5) 298 Ben Wayda	6) 295 Raj Sohi			
7 ANCASTER HIGH 'A'	3:58.74	3:56.76	1	
1) 43 Michael Kehinde	2) 55 Connor Russell			
3) 51 Finn Mills	4) 57 Bardaysun Talya			
5) 48 Eeshan Mahmud	6) 39 Austin Hampel			
8 BLESSED TRINITY H S 'A'	3:57.80	3:58.52	2	
1) 80 Jackson Holloway	2) 70 Connor Book			
3) 100 David Siena	4) 91 Jack Mosquite			
5) 76 Patrick Hanna	6)			
9 SMITHVILLE CHRISTIAN 'A'	4:14.21	4:02.39	1	
1) 719 Alex Bokestyn	2) 730 Ethan Vanderlee			
3) 724 Joshua Moraal	4) 720 Benjamin Bonsma			
5) 723 Joseph Mergl	6) 721 Joseph Falzone			
10 DENIS MORRIS CATHOLIC HS 'A'	3:56.68	4:08.54	2	
1) 156 Mohammad Hariri	2) 169 Cal Sentance			
3) 167 Carter Rudge	4) 164 Greg Orlando			
5) 162 Zack Neufeld	6)			

Men Open 100 Meter Dash Intellectual I

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SOSSA Inc.: R 14.86 23/05/2013 Chandler Ladd, Lakeshore CHS				
Name	Year School	Seed	Finals	
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1 63 Owen Konkle	BDSS	13.50	13.70R	
2 64 Ryan Kulikowski	BDSS	14.39	14.57R	
3 62 Brian Knechtel	BDSS	14.39	14.68R	
4 507 Chandler Ladd	LAKESHORE CHS		15.04	