

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Women 100 Meter Dash Midget**

Name	Year	School	Finals	H#	Points
1 Boekestyn, Richelle		Heritage Chr	13.86	1	
2 Musca, Mireille		Blessed Trinity H S	13.91	2	
3 Mcclurken, Caitlyn		Grimsby D S S	14.03	4	
4 Edwards, Shadae		Denis Morris H S	14.05	3	
5 Mazzarella, Annika		Laura Secord S S	14.17	3	
6 McLaren, Kayla		Governor Simcoe S S	14.29	2	
7 Simpson, Chloe		Laura Secord S S	14.32	1	
7 Patterson, Carley		St. Francis S S	14.32	1	
9 Summers, Tiara		St. Catharin	14.45	1	
10 Dorin, Brianna		Blessed Trinity H S	14.52	1	
11 Trifunovic, Stacey		South Lincoln H S	14.56	4	
12 Hunter, Danielle		Holy Cross H S	14.62	3	
13 MacDonald, Molly		St. Francis S S	14.73	4	
14 Bartfai, Jula		Beamsville D S S	14.77	1	
15 Rodgers, Kelsey		Denis Morris H S	14.80	4	
16 Meeboer, Megan		Beamsville D S S	15.12	4	
17 Keller, Ashley		Niagara D S S	15.30	1	
18 Gibson, Chelsea		South Lincoln H S	15.52	3	
19 Gillis, Briar		Blessed Trinity H S	15.68	4	
20 Mantey, Nicole		St. Catharin	15.69	3	
21 Golfi, Lauren		Blessed Trinity H S	15.75	4	
22 Burtnik, Rebecca		St. Francis S S	15.78	2	
23 Tennant, Jenny		Grimsby D S S	15.81	3	
24 Martella, Nadia		Laura Secord S S	16.35	2	
25 Mancini, Alex		St. Francis S S	16.44	3	
26 Hibbo, Ali		St. Catharin	16.68	2	
27 Yoo, Kisook		Denis Morris H S	19.40	2	

Women 200 Meter Dash Midget

Name	Year	School	Finals	H#	Points
1 Edwards, Shadae		Denis Morris H S	27.54	4	
2 Rosts, Mikayla		Governor Simcoe S S	28.60	2	
3 Boekestyn, Richelle		Heritage Chr	28.88	1	
4 Musca, Mireille		Blessed Trinity H S	29.11	2	
5 Patterson, Carley		St. Francis S S	29.88	4	
6 Bajic, Melanie		Grimsby D S S	30.07	1	
7 Simpson, Chloe		Laura Secord S S	30.13	4	
8 Mazzarella, Annika		Laura Secord S S	30.25	3	
9 Hunter, Danielle		Holy Cross H S	30.42	1	
10 Bartfai, Jula		Beamsville D S S	30.85	4	
11 MacDonald, Molly		St. Francis S S	30.96	2	
12 Blayney-Calder, Sam		Grimsby D S S	31.02	4	
13 Gillis, Briar		Blessed Trinity H S	31.52	4	
14 McLaren, Kayla		Governor Simcoe S S	31.60	3	
15 Barich, Ally		Blessed Trinity H S	31.80	3	
16 Raschotte, Jillian		Blessed Trinity H S	32.10	1	
17 Thiessen, Adrienne		Laura Secord S S	32.15	1	
18 Burtnik, Rebecca		St. Francis S S	32.35	3	
19 Gibson, Chelsea		South Lincoln H S	32.38	3	
20 Mancini, Alex		St. Francis S S	34.96	1	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women 200 Meter Dash Midget**

21 Martella, Nadia	Laura Secord S S	35.80	2
22 Neves, Cristiana	Denis Morris H S	36.07	3
23 Kalabis, Ashley	Denis Morris H S	37.06	2
24 Yoo, Kisook	Denis Morris H S	41.41	1

Women 400 Meter Dash Midget

Name	Year School	Finals	H# Points
1 Rosts, Mikayla	Governor Simcoe S S	1:02.88	1
2 Mc William, Hailey	Laura Secord S S	1:07.45	1
3 Graziano, Katie	Holy Cross H S	1:09.50	2
4 Pot, Alanna	Smithville D	1:12.75	2
5 Kleemola, Sarah	Denis Morris H S	1:12.99	1
6 Keller, Ashley	Niagara D S S	1:13.03	1
7 Gilleta, Nicole	St. Catharin	1:13.13	2
8 Kalabis, Ashley	Denis Morris H S	1:21.93	2

Women 800 Meter Run Midget

Name	Year School	Finals	Points
1 Mc William, Hailey	Laura Secord S S	2:47.14	
2 Rosts, Mikayla	Governor Simcoe S S	2:47.17	
3 Ross, Raylene	Grimsby D S S	2:51.00	
4 Koudys, Jackie	Blessed Trinity H S	2:54.88	
5 Kleemola, Sarah	Denis Morris H S	2:58.42	
6 Graziano, Katie	Holy Cross H S	3:01.03	
7 Barrett, Sierra	Beamsville D S S	3:02.00	
8 Pot, Alanna	Smithville D	3:04.07	
9 Dempsey, Katie	Denis Morris H S	3:06.06	

Women 1500 Meter Run Midget

Name	Year School	Finals	Points
1 Wallace, Jessica	Churchill, S	5:31.72	
2 Kleemola, Sarah	Denis Morris H S	5:39.45	
3 Dagenais, Felicia	Churchill, S	5:40.54	
4 Mc William, Hailey	Laura Secord S S	5:40.94	
5 Gilleta, Nicole	St. Catharin	5:50.11	
6 Vindis, Katelyn	South Lincoln H S	5:53.45	
7 Andrews, Aleigh	Niagara D S S	5:54.74	
8 Greene, Emily	Denis Morris H S	5:56.08	
9 Ross, Raylene	Grimsby D S S	5:58.59	
10 Toderick, Carley	Denis Morris H S	6:05.34	
11 Thiessen, Adrienne	Laura Secord S S	6:11.23	
12 Vlaar-Philbrik, Janae	Beacon Chris	6:16.37	
13 Short, Sarah	West Park S S	7:05.17	

Women 3000 Meter Run Midget

Name	Year School	Finals	Points
1 Wallace, Jessica	Churchill, S	11:54.39	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women 3000 Meter Run Midget**

2	Dagenais, Felicia	Churchill, S	12:08.14
3	Andrews, Aleigh	Niagara D S S	12:47.87
4	Vindis, Katelyn	South Lincoln H S	12:48.84
5	Toderick, Carley	Denis Morris H S	13:17.93
6	Vlaar-Philbrik, Janae	Beacon Chris	13:23.40

Women 80 Meter Hurdles Midget

Name	Year	School	Finals	Points
1 Musca, Mireille		Blessed Trinity H S	13.58	
2 Lin, Sally		Laura Secord S S	14.85	
3 Meeboer, Megan		Beamsville D S S	15.79	
4 Golfi, Lauren		Blessed Trinity H S	16.69	
5 Koudys, Jackie		Blessed Trinity H S	16.92	
6 Wilson, Emily		Laura Secord S S	17.38	
7 Fischler, Jessica		Blessed Trinity H S	17.68	
8 Blayney-Calder, Sam		Grimsby D S S	18.06	

Women 300 Meter Hurdles Midget

Name	Year	School	Finals	Points
1 Blayney-Calder, Sam		Grimsby D S S	55.25	
2 Simpson, Chloe		Laura Secord S S	57.81	
3 Wilson, Emily		Laura Secord S S	58.80	
4 Thiessen, Adrienne		Laura Secord S S	59.37	
5 Barrett, Sierra		Beamsville D S S	1:00.14	
6 Keller, Ashley		Niagara D S S	1:02.73	
7 Fischler, Jessica		Blessed Trinity H S	1:03.76	

Women 4x100 Meter Relay Midget

School	Finals	Points
1 Laura Secord S S 'A'	55.13	
1) Simpson, Chloe		
3) Mc William, Hailey		
2 Grimsby D S S 'A'	56.72	
1) McClurken, Caitlyn		
3) Blayney-Calder, Sam		
3 Blessed Trinity H S 'A'	57.79	
1) Musca, Mireille		
3) Barich, Ally		
4 Holy Cross H S 'A'	58.23	
5 South Lincoln H S 'A'	59.06	
1) Fisher, Natalie		
3) Trifunovic, Stacey		
6 Denis Morris H S 'A'	59.65	
7 St. Francis S S 'A'	59.99	
1) MacDonald, Molly		
3) Patterson, Carley		
2) Lin, Sally		
4) Mazzarella, Annika		
2) Bajic, Melanie		
4) Vaughan, Joelle		
2) Golfi, Lauren		
4) Koudys, Jackie		
2) Vindis, Katelyn		
4) Gibson, Chelsea		
2) Mancini, Alex		
4) Burtnik, Rebecca		

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Women High Jump Midget**

Name	Year School	Finals	Points
1 Loff, Leanne	Eden High School	1.40m	
2 Biancaniello, Jessica	Holy Cross H S	1.30m	
2 Raschotte, Jillian	Blessed Trinity H S	1.30m	
2 McLaren, Kayla	Governor Simcoe S S	1.30m	
5 Martino, Amanda	Blessed Trinity H S	1.25m	
6 Lawther, Jackie	Blessed Trinity H S	1.20m	
6 Barrett, Sierra	Beamsville D S S	1.20m	
8 Elmers, Crystal	Smithville D	1.10m	
8 Neves, Cristiana	Denis Morris H S	1.10m	
8 Bajic, Melanie	Grimsby D S S	1.10m	
-- Graziano, Katie	Holy Cross H S	FAIL	

Women Long Jump Midget

Name	Year School	Finals	Points
1 McClurken, Caitlyn	Grimsby D S S	4.44m	
2 Elmers, Crystal	Smithville D	4.40m	
3 MacKay, Cassidy	Churchill, S	4.15m	
4 Trifunovic, Stacey	South Lincoln H S	4.13m	
5 Bajic, Melanie	Grimsby D S S	4.12m	
6 Slamka, Hailey	Holy Cross H S	4.02m	
7 Hogeveen, Jazmine	Smithville D	3.94m	
8 Bartfai, Julia	Beamsville D S S	3.93m	
9 Dunbar, Carly	West Park S S	3.91m	
10 Armes, Kori	Eden High School	3.88m	
11 Lin, Sally	Laura Secord S S	3.84m	
12 Kittl, Shae	Holy Cross H S	3.76m	
13 Summers, Tiara	St. Catharin	3.73m	
14 VanderVeen, Shannon	Smithville D	3.71m	
15 Vindis, Katelyn	South Lincoln H S	3.58m	
16 Haj-Ahmad, Lila	Churchill, S	3.52m	
17 Tennant, Jenny	Grimsby D S S	3.41m	
18 Divok, Jordyn	St. Catharin	3.36m	
19 Mantey, Nicole	St. Catharin	3.22m	
20 Dempsey, Katie	Denis Morris H S	3.08m	
21 Gibson, Chelsea	South Lincoln H S	2.99m	
22 Hibbo, Ali	St. Catharin	2.69m	
23 Meeboer, Megan	Beamsville D S S	2.67m	

Women Triple Jump Midget

Name	Year School	Finals	Points
1 McClurken, Caitlyn	Grimsby D S S	9.91m	
2 Dunbar, Carly	West Park S S	9.48m	
3 MacKay, Cassidy	Churchill, S	9.45m	
4 Boekestyn, Richelle	Heritage Chr	9.42m	
5 Elmers, Crystal	Smithville D	9.21m	
6 Trifunovic, Stacey	South Lincoln H S	9.07m	
7 Lin, Sally	Laura Secord S S	9.00m	
8 Summers, Tiara	St. Catharin	8.61m	
9 Dorin, Brianna	Blessed Trinity H S	J8.61m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women Triple Jump Midget**

10	Haj-Ahmad, Lila	Churchill, S	8.38m
11	Gilletta, Nicole	St. Catharin	8.15m
12	Divok, Jordyn	St. Catharin	8.00m
13	VanderVeen, Shannon	Smithville D	7.84m
14	Pot, Alanna	Smithville D	7.77m
15	Fowler, India	Laura Secord S S	7.49m
16	Martino, Amanda	Blessed Trinity H S	7.01m

Women Shot Put Midget

Name	Year	School	Finals	Points
1 Hogeveen, Jazmine		Smithville D	8.03m	
2 Miotto, Jamie		Laura Secord S S	7.79m	
3 Biancaniello, Jessica		Holy Cross H S	6.91m	
4 Rodgers, Kelsey		Denis Morris H S	6.70m	
5 Martella, Nadia		Laura Secord S S	6.42m	
6 Mazzarella, Annika		Laura Secord S S	5.84m	
7 Fowler, India		Laura Secord S S	5.34m	

Women Discus Throw Midget

Name	Year	School	Finals	Points
1 Hogeveen, Jazmine		Smithville D	16.09m	
2 Miotto, Jamie		Laura Secord S S	14.99m	
3 Fisher, Natalie		South Lincoln H S	13.55m	

Women Javelin Throw Midget

Name	Year	School	Finals	Points
1 Slamka, Hailey		Holy Cross H S	22.96m	
2 Fisher, Natalie		South Lincoln H S	21.37m	
3 Miotto, Jamie		Laura Secord S S	19.29m	
4 Rodgers, Kelsey		Denis Morris H S	18.90m	
5 Dusek, Janelle		Laura Secord S S	15.88m	
6 Short, Sarah		West Park S S	14.08m	
7 VanderVeen, Shannon		Smithville D	12.30m	

Women 100 Meter Dash Junior

Name	Year	School	Finals	H#	Points
1 Isenor, Jordan		Niagara D S S	13.86	1	
2 Boykin, Mercedes		St. Francis S S	14.16	1	
3 Beach, Morgan		Grimsby D S S	14.20	3	
4 Barnfield, Rebecca		Grimsby D S S	14.37	2	
5 Begin, Devin		St. Francis S S	14.62	2	
6 Bartlett, Renee		Beamsville D S S	14.70	2	
7 Read, Kristine		Beamsville D S S	14.74	1	
8 Raterink, LoAnn		South Lincoln H S	14.78	3	
9 Dugo, Carly		Denis Morris H S	14.89	1	
10 McAdam, Taneisha		Denis Morris H S	14.96	2	
11 Crouse, Haley		Grimsby D S S	14.97	1	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women 100 Meter Dash Junior**

12	Medeiros, Victoria	Blessed Trinity H S	15.09	1
13	Ziomick, Amber	Beamsville D S S	15.23	3
14	Williams, Lashaena	St. Francis S S	15.25	1
15	Lupul, Kassandra	Denis Morris H S	15.78	2
16	Kasamba, Sarah	Denis Morris H S	15.88	3
17	Hitchings, Meagan	Blessed Trinity H S	16.00	2
18	Librock, Shelby	St. Catharin	16.14	3

Women 200 Meter Dash Junior

Name	Year	School	Finals	H#	Points
1	Beach, Morgan	Grimsby D S S	30.12	2	
2	Mostert, Rachel	Beacon Chris	30.38	1	
3	Flockhart, Kayla	Blessed Trinity H S	30.55	1	
4	Bartlett, Renee	Beamsville D S S	30.74	2	
5	Begin, Devin	St. Francis S S	31.05	1	
6	Folkerts, Katelynn	Smithville D	31.15	2	
7	Raterink, LoAnn	South Lincoln H S	31.58	2	
8	Smith, Jessika	South Lincoln H S	31.66	1	
9	Medeiros, Victoria	Blessed Trinity H S	31.75	1	
10	Stec, Winsome	Denis Morris H S	32.28	1	
11	Williams, Lashaena	St. Francis S S	32.93	2	
12	Witten, Taylor	Denis Morris H S	33.14	1	
13	Lupul, Kassandra	Denis Morris H S	33.95	2	
14	Murphy, Christine	Denis Morris H S	34.34	1	
15	Hitchings, Meagan	Blessed Trinity H S	34.78	2	

Women 400 Meter Dash Junior

Name	Year	School	Finals	H#	Points
1	Vaughan, Olivia	Grimsby D S S	1:07.34	1	
2	Stec, Winsome	Denis Morris H S	1:10.65	1	
3	Read, Kristine	Beamsville D S S	1:11.71	2	
4	Smith, Jessika	South Lincoln H S	1:13.35	2	
5	McShannon, Victoria	Denis Morris H S	1:13.39	1	
6	Mostert, Rachel	Beacon Chris	1:14.18	1	
7	LaFratta, Rebecca	Denis Morris H S	1:18.33	2	
8	Temple, Jacqueline	St. Catharin	1:20.91	1	
9	Medalla, Yhael	Denis Morris H S	1:24.08	2	
10	Minda, Genevieve	Denis Morris H S	1:35.25	1	

Women 800 Meter Run Junior

Name	Year	School	Finals	Points
1	Beattie, Hillary	Grimsby D S S	2:37.72	
2	Snelgrove, Erin	Denis Morris H S	2:39.81	
3	Leask, Jenna	Churchill, S	2:45.38	
4	Karpyshyn, Taylor	Laura Secord S S	3:05.84	
5	Medalla, Yhael	Denis Morris H S	3:07.29	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Women 1500 Meter Run Junior**

Name	Year	School	Finals	Points
1 Snelgrove, Erin		Denis Morris H S	5:19.89	
2 Leask, Jenna		Churchill, S	5:42.89	
3 Attema, Alicia		South Lincoln H S	5:54.84	
4 Karpyshyn, Taylor		Laura Secord S S	6:26.09	
5 Amodeo, Sarah		Blessed Trinity H S	6:41.71	
6 Read, Kristine		Beamsville D S S	6:48.72	
7 Heins, Jennifer		Niagara D S S	7:22.16	
8 Heins, Nicole		Niagara D S S	7:50.61	

Women 3000 Meter Run Junior

Name	Year	School	Finals	Points
1 Mooradian, Laura		Denis Morris H S	11:39.73	
2 Attema, Alicia		South Lincoln H S	12:47.87	
3 Amodeo, Sarah		Blessed Trinity H S	14:54.84	

Women 80 Meter Hurdles Junior

Name	Year	School	Finals	H#	Points
1 Beattie, Hillary		Grimsby D S S	14.42	1	
2 Given, Lesley		South Lincoln H S	14.70	2	
3 Vaughan, Olivia		Grimsby D S S	14.78	1	
4 Isenor, Jordan		Niagara D S S	14.85	2	
5 Richardson, Michelle		Laura Secord S S	15.80	1	
6 Alblas, Mariah		Grimsby D S S	16.42	2	
7 Bartlett, Renee		Beamsville D S S	16.68	1	
8 Crouse, Haley		Grimsby D S S	16.99	1	
9 Soobramanie, Skye		Beamsville D S S	17.10	2	
10 Cornett, Colleen		Churchill, S	17.26	2	
11 Bond, Tavia		Beamsville D S S	19.47	1	
-- Raterink, LoAnn		South Lincoln H S	DNF	2	
-- Klunder, Rachael		South Lincoln H S	DQ	1	

Women 300 Meter Hurdles Junior

Name	Year	School	Finals	Points
1 Beattie, Hillary		Grimsby D S S	50.65	
2 Vaughan, Olivia		Grimsby D S S	55.77	
3 Alblas, Mariah		Grimsby D S S	56.55	
4 Given, Lesley		South Lincoln H S	56.65	
5 Smith, Jessika		South Lincoln H S	1:02.63	
6 Heins, Nicole		Niagara D S S	1:05.21	

Women 4x100 Meter Relay Junior

School	Finals	Points
1 Grimsby D S S 'A'	56.42	
1) Beach, Morgan		
2) Barnfield, Rebecca		
3) Beattie, Hillary		
4) Crouse, Haley		

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women 4x100 Meter Relay Junior**

2	Beamsville D S S 'A'	57.34
1)	Soobramanie, Skye	2) Bartlett, Renee
3)	Read, Kristine	4) Ziomick, Amber
3	South Lincoln H S 'A'	58.56
1)	Klunder, Rachael	2) Given, Lesley
3)	Raterink, LouAnn	4) Attema, Alicia
4	Denis Morris H S 'A'	58.85
5	Smithville District C H S 'A'	59.16
1)	VanderVeen, Shannon	2) Slappendel, Diana
3)	Pot, Alanna	4) Hogeveen, Jazmine

Women High Jump Junior

Name	Year	School	Finals	Points
1 Klunder, Rachael		South Lincoln H S	1.50m	
2 Folkerts, Katelynn		Smithville D	1.40m	
3 Dorin, Brook		Blessed Trinity H S	1.35m	
4 Bull, Caroline		Blessed Trinity H S	J1.35m	
-- Novarro, Michelle		Denis Morris H S	FAIL	
-- MacLeod, Melissa		Denis Morris H S	FAIL	
-- Dugo, Carly		Denis Morris H S	FAIL	
-- Minda, Genevieve		Denis Morris H S	FAIL	

Women Pole Vault Midget / Junior

Name	Year	School	Finals	Points
1 Richardson, Michelle		Laura Secord S S	2.00m	
1 Lafontaine, Shannon		Laura Secord S S	2.00m	

Women Long Jump Junior

Name	Year	School	Finals	Points
1 Theissen, Janelle		Eden High School	4.62m	
2 Soobramanie, Skye		Beamsville D S S	4.47m	
3 Lafontaine, Shannon		Laura Secord S S	4.20m	
4 Barnfield, Rebecca		Grimsby D S S	4.05m	
5 Boykin, Mercedes		St. Francis S S	3.81m	
6 Crouse, Haley		Grimsby D S S	3.76m	
7 Slappendel, Diana		Smithville D	3.75m	
8 Duck, Sarah		Smithville D	3.60m	
9 Temple, Nicole		St. Catharin	3.57m	
10 Dorin, Brook		Blessed Trinity H S	3.47m	
10 Temple, Jacqueline		St. Catharin	3.47m	
12 Ziomick, Amber		Beamsville D S S	3.43m	
13 Gifford, Katelyn		Eden High School	3.40m	
13 LaFratta, Rebecca		Denis Morris H S	3.40m	
15 Richardson, Michelle		Laura Secord S S	3.36m	
16 Libroek, Shelby		St. Catharin	3.09m	
17 Kasamba, Sarah		Denis Morris H S	3.04m	
18 MacLeod, Melissa		Denis Morris H S	2.98m	
19 Heins, Jennifer		Niagara D S S	2.97m	
20 Ahmed, Sara		Denis Morris H S	2.49m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Women Triple Jump Junior**

Name	Year	School	Finals	Points
1 Barnfield, Rebecca		Grimsby D S S	9.92m	
2 Lafontaine, Shannon		Laura Secord S S	9.51m	
3 Isenor, Jordan		Niagara D S S	9.42m	
4 Soobramanie, Skye		Beamsville D S S	9.00m	
5 Given, Lesley		South Lincoln H S	8.94m	
6 Beach, Morgan		Grimsby D S S	8.89m	
7 Slappendel, Diana		Smithville D	8.23m	
8 Ziomick, Amber		Beamsville D S S	7.82m	
9 Temple, Nicole		St. Catharin	7.56m	
10 Duck, Sarah		Smithville D	7.39m	
11 Bond, Tavia		Beamsville D S S	4.63m	

Women Shot Put Junior

Name	Year	School	Finals	Points
1 McAdam, Taneisha		Denis Morris H S	8.96m	
2 Kaple, Kathryn		Niagara D S S	7.86m	
3 Riebot, Leanne		Smithville D	6.97m	
4 MacLeod, Melissa		Denis Morris H S	6.77m	
5 Duck, Sarah		Smithville D	6.41m	
6 Langbroek, Allison		Beacon Chris	6.21m	
7 Novarro, Michelle		Denis Morris H S	5.15m	
8 Ahmed, Sara		Denis Morris H S	4.26m	

Women Discus Throw Junior

Name	Year	School	Finals	Points
1 Betz, Tess		Grimsby D S S	21.49m	
2 Riebot, Leanne		Smithville D	18.22m	

Women Javelin Throw Junior

Name	Year	School	Finals	Points
1 Klunder, Rachael		South Lincoln H S	20.42m	
2 LaFratta, Rebecca		Denis Morris H S	19.64m	
3 Murphy, Christine		Denis Morris H S	18.14m	
4 Karpysyn, Taylor		Laura Secord S S	17.31m	
5 Minda, Genevieve		Denis Morris H S	17.06m	
6 Betz, Tess		Grimsby D S S	16.59m	
7 Riebot, Leanne		Smithville D	16.12m	
8 Heins, Nicole		Niagara D S S	14.60m	
9 Folkerts, Katelynn		Smithville D	13.89m	
10 Langbroek, Allison		Beacon Chris	12.37m	
11 Ahmed, Sara		Denis Morris H S	8.23m	

Women 100 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1 Elmers, Dawn		Smithville D	13.52	1	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women 100 Meter Dash Senior**

2	Kasamba, Lorette	Denis Morris H S	13.57	1
3	Rose Smith, Deanna	South Lincoln H S	13.58	2
4	Grosskurth, Alex	Laura Secord S S	13.83	2
5	Janzen, Meredith	Eden High School	14.21	2
6	Schoppmann, Emily	Blessed Trinity H S	14.29	2
7	VanEgmond, Alysha	Eden High School	14.67	1
8	Fuenmayor, Paula	Denis Morris H S	14.69	1
9	McDonald, Shawna	Holy Cross H S	14.92	1
10	Clark, Erika	Denis Morris H S	15.08	2
11	Cano, Jenn	Blessed Trinity H S	15.72	1
12	Sheehan, Caitlin	Denis Morris H S	15.91	2
13	Downton, Alicia	Great Lakes	16.55	2

Women 200 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1	Elmers, Dawn	Smithville D	27.64	1	
2	Duncan, Chelsea	Churchill, S	27.68	2	
3	Giles, Alex	Governor Simcoe S S	27.96	1	
4	Gibson, Jamilee	Denis Morris H S	28.01	2	
5	Rose Smith, Deanna	South Lincoln H S	28.05	1	
6	Boyd, Ali	Governor Simcoe S S	28.32	2	
7	Kasamba, Lorette	Denis Morris H S	28.54	1	
8	Moussa, Hanan	West Park S S	29.90	2	
9	Kurpe, Erin	Grimsby D S S	31.13	1	
10	Adams, Carli	Blessed Trinity H S	31.20	2	
11	Sheehan, Caitlin	Denis Morris H S	31.85	2	
12	Anderson, Kelsey	Blessed Trinity H S	31.90	2	
13	Fuenmayor, Paula	Denis Morris H S	31.93	1	
14	Cano, Jenn	Blessed Trinity H S	31.94	1	

Women 400 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1	Duncan, Chelsea	Churchill, S	59.20	2	
2	Giles, Alex	Governor Simcoe S S	1:05.02	2	
3	Boyd, Ali	Governor Simcoe S S	1:07.74	1	
4	Adams, Carli	Blessed Trinity H S	1:10.96	1	
5	Kurpe, Erin	Grimsby D S S	1:11.32	2	
6	Henniges, Marieke	Smithville D	1:12.46	1	
7	Cano, Jenn	Blessed Trinity H S	1:14.93	1	
8	Hamilton, Jordan	Blessed Trinity H S	1:20.20	2	
9	White, Amanda	Denis Morris H S	1:22.21	1	

Women 800 Meter Run Senior

Name	Year	School	Finals	Points
1	Adams, Paris	Blessed Trinity H S	2:30.10	
2	Hamblton, Julie	Grimsby D S S	2:33.36	
3	Dunbar, Shelby	West Park S S	2:33.57	
4	Giles, Alex	Governor Simcoe S S	2:40.18	
5	Stuive, Monique	Eden High School	2:46.30	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women 800 Meter Run Senior**

6 Henniges, Marieke	Smithville D	2:47.28
7 Bracken, Kristia	Laura Secord S S	2:48.69
8 Adams, Carli	Blessed Trinity H S	2:48.96
9 Kurpe, Erin	Grimsby D S S	2:49.64

Women 1500 Meter Run Senior

Name	Year School	Finals	Points
1 Stuive, Heather	Eden High School	5:01.51	
2 Hamblton, Julie	Grimsby D S S	5:07.76	
3 Adams, Paris	Blessed Trinity H S	5:08.10	
4 Stuive, Monique	Eden High School	5:45.01	

Women 3000 Meter Run Senior

Name	Year School	Finals	Points
1 Stuive, Heather	Eden High School	10:47.45	
2 Hamblton, Brittany	Grimsby D S S	12:01.58	
3 Stuive, Monique	Eden High School	12:09.37	
4 Kalvaitis, Genna	Blessed Trinity H S	12:44.65	

Women 100 Meter Hurdles Senior

Name	Year School	Finals	Points
1 Glodziak, Devon	Grimsby D S S	15.73	
2 Miotto, Jessica	Laura Secord S S	16.27	
3 Elmers, Dawn	Smithville D	17.60	
4 Hicks, Heather	Grimsby D S S	17.62	
5 Macleod, Taylor	Grimsby D S S	17.84	
6 Schoppmann, Emily	Blessed Trinity H S	18.76	
7 Grosskurth, Alex	Laura Secord S S	18.92	
8 Macleod, Megan	Grimsby D S S	20.01	

Women 400 Meter Hurdles Senior

Name	Year School	Finals	Points
1 Schoppmann, Emily	Blessed Trinity H S	1:17.02	
2 Henniges, Marieke	Smithville D	1:33.84	

Women 4x100 Meter Relay Senior

School	Finals	Points
1 Grimsby D S S 'A'	53.12	
1) Hicks, Heather	2) Glodziak, Devon	
3) Macleod, Taylor	4) Macleod, Megan	
2 Denis Morris H S 'A'	58.30	
3 Laura Secord S S 'A'	58.53	
1) Grosskurth, Alex	2) Miotto, Jessica	
3) Bracken, Kristia	4) Warkholdt, Ellen	
4 Governor Simcoe S S 'A'	59.99	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women 4x100 Meter Relay Senior**

- | | |
|-------------------|-------------------|
| 1) Boyd, Ali | 2) Rosts, Mikayla |
| 3) McLaren, Kayla | 4) Giles, Alex |

Women High Jump Senior

Name	Year	School	Finals	Points
1 Hicks, Heather		Grimsby D S S	1.50m	
2 Yole, Courtney		Blessed Trinity H S	1.35m	
3 Hayden, Adrienne		Great Lakes	1.20m	
3 Anderson, Kelsey		Blessed Trinity H S	1.20m	

Women Pole Vault Senior

Name	Year	School	Finals	Points
1 Szymanski, Stephanie		Laura Secord S S	2.00m	
1 Warkholdt, Ellen		Laura Secord S S	2.00m	
1 Ali, Sophie		Laura Secord S S	2.00m	

Women Long Jump Senior

Name	Year	School	Finals	Points
1 Duncan, Chelsea		Churchill, S	5.15m	
2 Hicks, Heather		Grimsby D S S	4.85m	
3 Macleod, Taylor		Grimsby D S S	4.61m	
4 Glodziak, Devon		Grimsby D S S	4.60m	
5 Miotto, Jessica		Laura Secord S S	4.49m	
6 Boese, Margie		Niagara D S S	4.32m	
7 VanEgmond, Alysha		Eden High School	4.09m	
8 Rose Smith, Deanna		South Lincoln H S	4.07m	
9 Gough, Shyrell		West Park S S	4.06m	
10 Thomas, Stacie		Holy Cross H S	4.03m	
11 Fernick, Lauren		Blessed Trinity H S	3.74m	
12 Anderson, Kelsey		Blessed Trinity H S	3.67m	
13 Grosskurth, Alex		Laura Secord S S	3.61m	
14 Kasamba, Lorette		Denis Morris H S	3.45m	
15 Moussa, Hanan		West Park S S	3.38m	
16 Downton, Alicia		Great Lakes	3.29m	
17 Szymanski, Stephanie		Laura Secord S S	3.27m	
18 White, Amanda		Denis Morris H S	3.25m	
19 Warkholdt, Ellen		Laura Secord S S	3.07m	

Women Triple Jump Senior

Name	Year	School	Finals	Points
1 Glodziak, Devon		Grimsby D S S	10.36m	
2 Miotto, Jessica		Laura Secord S S	10.21m	
3 Gough, Shyrell		West Park S S	9.99m	
4 Boese, Margie		Niagara D S S	9.23m	
5 Moussa, Hanan		West Park S S	8.56m	
6 Kalvaitis, Genna		Blessed Trinity H S	8.20m	
7 Leslie, Madison		Grimsby D S S	7.76m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women Triple Jump Senior**

8	Hayden, Adrienne	Great Lakes	7.36m
9	Szymanski, Stephanie	Laura Secord S S	7.26m
10	Hamilton, Jordan	Blessed Trinity H S	7.12m
11	Ali, Sophie	Laura Secord S S	6.09m
12	Comfort, Justine	South Lincoln H S	5.63m

Women Shot Put Senior

Name	Year	School	Finals	Points
1	Koroll, Kortney	Governor Simcoe S S	9.28m	
2	MacKay, Kimi	Churchill, S	8.80m	
3	Gibson, Jamilee	Denis Morris H S	7.93m	
4	Reilly, Kyra	Blessed Trinity H S	7.81m	
5	Ridder, Jen	South Lincoln H S	7.18m	
6	Murre, Teresa	Eden High School	6.96m	
7	Traver, Trinkia	Smithville D	6.29m	
8	Colangelo, Alicia	Holy Cross H S	6.21m	
9	Vos, Julie	Smithville D	5.22m	
10	Wilson-Deboer, MaryAnna	Smithville D	5.15m	
11	Sendzik, Katrina	Holy Cross H S	5.04m	
12	Oosterhof, Kristi	Smithville D	3.76m	

Women Discus Throw Senior

Name	Year	School	Finals	Points
1	Klodnicki, Katie	Grimsby D S S	40.61m	
2	Alderman, Karie	Grimsby D S S	28.62m	
3	Koroll, Kortney	Governor Simcoe S S	24.37m	
4	Harris, Keesha	Blessed Trinity H S	20.58m	
5	Yole, Courtney	Blessed Trinity H S	19.28m	
6	Fernick, Lauren	Blessed Trinity H S	18.31m	
7	Murre, Teresa	Eden High School	17.68m	
8	Colling, Jen	Grimsby D S S	17.41m	
9	Vos, Julie	Smithville D	16.28m	
10	Ridder, Jen	South Lincoln H S	15.31m	
11	Kalvaitis, Genna	Blessed Trinity H S	15.05m	
12	Oosterhof, Kristi	Smithville D	6.52m	

Women Javelin Throw Senior

Name	Year	School	Finals	Points
1	Koroll, Kortney	Governor Simcoe S S	31.96m	
2	MacKay, Kimi	Churchill, S	27.74m	
3	Boese, Margie	Niagara D S S	22.75m	
4	Harris, Keesha	Blessed Trinity H S	22.23m	
5	Slamka, Amanda	Holy Cross H S	20.57m	
6	Colling, Jen	Grimsby D S S	19.64m	
7	Vos, Julie	Smithville D	19.20m	
8	Ridder, Jen	South Lincoln H S	18.42m	
9	Alderman, Karie	Grimsby D S S	18.01m	
10	Fuenmayor, Paula	Denis Morris H S	18.00m	
11	Traver, Trinkia	Smithville D	17.54m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Women Javelin Throw Senior**

12 Murre, Teresa	Eden High School	17.37m
13 Despres, Tina	St. Francis S S	17.20m
14 Fernick, Lauren	Blessed Trinity H S	16.95m
15 Wilson-Deboer, MaryAnna	Smithville D	16.33m
16 Colangelo, Alicia	Holy Cross H S	15.79m
17 Sendzik, Katrina	Holy Cross H S	13.03m
18 Reilly, Kyra	Blessed Trinity H S	12.47m
19 Clark, Erika	Denis Morris H S	11.34m
20 Bracken, Kristia	Laura Secord S S	9.74m

Women 1500 Meter Steeplechase Open

Name	Year School	Finals	Points
1 Mooradian, Laura	Denis Morris H S	5:51.91	
2 Hamblton, Brittany	Grimsby D S S	6:17.12	
3 Bracken, Kristia	Laura Secord S S	6:45.71	
4 Mostert, Rachel	Beacon Chris	6:46.28	

Women 4x400 Meter Relay Open

School	Finals	Points
1 Grimsby D S S 'A'	4:39.43	
1) Drake, Alannah	2) Hambleton, Julie	
3) Beattie, Hillary	4) Vaughan, Olivia	
2 Laura Secord S S 'A'	4:44.70	
3 Denis Morris H S 'A'	4:58.86	

Men 100 Meter Dash Midget

Name	Year School	Finals	H#	Points
1 McPherson, Blake	Governor Simcoe S S	12.23	3	
2 Domagala, Daniel	Holy Cross H S	12.49	4	
3 Mainse, David	Blessed Trinity H S	12.78	4	
4 Rana, Osman	Churchill, S	12.90	2	
5 Terrauds, Patrick	Grimsby D S S	12.91	1	
5 Christiansen, Thomas	Laura Secord S S	12.91	3	
7 Chia, Ryan	Governor Simcoe S S	12.94	1	
8 Ward, Jaleel	Denis Morris H S	13.38	4	
9 Cowan, Bradley	Niagara D S S	13.49	1	
10 Sandercock, Christian	Denis Morris H S	13.53	2	
10 McIntyre, Steve	Holy Cross H S	13.53	3	
12 Tadeson, Mark	Grimsby D S S	13.55	3	
13 Upshall, Tim	Niagara D S S	13.56	4	
14 Peralta, Abraham	Great Lakes	13.82	1	
15 Chaput, Matt	St. Francis S S	13.83	1	
16 Christiansen, Dylan	Laura Secord S S	13.84	4	
17 Serrano, Franklyn	Kernahan Park S S	13.87	2	
18 Bakker, Darryl	Heritage Chr	13.92	3	
19 Smith, Colin	Beamsville D S S	13.95	2	
19 Tan, Henry	Laura Secord S S	13.95	2	
21 Livinstone, David	Laura Secord S S	14.10	1	
22 Kerkhof, Brad	Smithville D	14.13	2	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men 100 Meter Dash Midget**

23	Antonides, Kaleb	Smithville D	14.28	4
24	Sayers, Jaylen	St. Francis S S	14.33	4
25	Hall, Brad	Governor Simcoe S S	15.04	2
26	Larouche, Mathew	Kernahan Park S S	15.69	4
27	Niesink, Josh	Denis Morris H S	15.70	3
28	Manseau, Michael	Denis Morris H S	16.12	1

Men 200 Meter Dash Midget

Name	Year	School	Finals	H#	Points
1 Krzeczowski, Andrew		Churchill, S	26.15	3	
2 Slessor, Ken		Grimsby D S S	26.20	2	
3 Rana, Osman		Churchill, S	26.37	2	
4 Christiansen, Thomas		Laura Secord S S	27.26	1	
5 Hoekstra, Alex		Smithville D	27.72	3	
6 Matasje, Spencer		Denis Morris H S	27.97	2	
7 Tadeson, Mark		Grimsby D S S	28.14	1	
8 Sandercott, Christian		Denis Morris H S	28.33	1	
9 McIntyre, Steve		Holy Cross H S	28.34	3	
10 Serrano, Franklyn		Kernahan Park S S	28.35	2	
11 Folkerts, Jacob		Smithville D	28.82	2	
12 Ward, Jaleel		Denis Morris H S	28.87	3	
13 Terrauds, Patrick		Grimsby D S S	29.00	3	
14 Smith, Colin		Beamsville D S S	29.10	1	
15 Tan, Henry		Laura Secord S S	29.15	3	
16 Livinstone, David		Laura Secord S S	29.21	2	
17 Van Wyck, Will		Blessed Trinity H S	29.29	3	
18 Sayers, Jaylen		St. Francis S S	29.67	2	
19 Chaput, Matt		St. Francis S S	29.68	1	

Men 400 Meter Dash Midget

Name	Year	School	Finals	H#	Points
1 Slessor, Ken		Grimsby D S S	55.91	3	
2 McKnight, Cole		Grimsby D S S	58.04	2	
3 Krzeczowski, Andrew		Churchill, S	58.42	1	
4 Maniccia, Chris		Denis Morris H S	1:00.54	2	
5 Saxton, Brett		Churchill, S	1:00.70	1	
6 Hoekstra, Alex		Smithville D	1:00.81	3	
7 Matasje, Spencer		Denis Morris H S	1:02.52	3	
8 Morris, Patrick		Denis Morris H S	1:03.62	2	
9 Ward, Jaleel		Denis Morris H S	1:04.86	1	
10 Tan, Henry		Laura Secord S S	1:05.36	1	
11 Bride, Nick		Churchill, S	1:05.72	3	
12 Schonewille, Owen		Beamsville D S S	1:06.81	1	
13 Honsberger, Kuke		Laura Secord S S	1:07.21	3	
14 Tiersma, Tyler		Smithville D	1:07.44	1	
15 Christiansen, Thomas		Laura Secord S S	1:07.76	2	
16 Thompson, Iain		Niagara D S S	1:07.93	3	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Men 800 Meter Run Midget**

Name	Year	School	Finals	Points
1 Hutton, Chris		Churchill, S	2:09.87	
2 McKnight, Cole		Grimsby D S S	2:18.18	
3 McKenzie-Lefurgey, Brann		Churchill, S	2:19.88	
4 Dover, Michael		Churchill, S	2:24.41	
5 Morris, Patrick		Denis Morris H S	2:28.67	
6 Saxton, Brett		Churchill, S	2:29.29	
6 Maniccia, Chris		Denis Morris H S	2:29.29	
8 Zantingh, Seth		Smithville D	2:30.03	
9 Mahler, Mike		Denis Morris H S	2:30.76	
10 Honsberger, Kuke		Laura Secord S S	2:31.88	
11 Zwiep, Aaron		Heritage Chr	2:32.28	
12 Matasje, Spencer		Denis Morris H S	2:33.33	
13 Etzl, Brandon		Eden High School	2:34.81	
14 Kerkhof, Brad		Smithville D	2:40.38	
15 Tiersma, Tyler		Smithville D	2:41.63	
16 Folkerts, Jacob		Smithville D	2:43.25	
17 Kralt, Matthew		Great Lakes	2:44.47	
18 Geraedts, Mark		Grimsby D S S	2:49.10	

Men 1500 Meter Run Midget

Name	Year	School	Finals	Points
1 McKnight, Cole		Grimsby D S S	4:43.87	
2 McKenzie-Lefurgey, Brann		Churchill, S	4:52.56	
3 Hutton, Chris		Churchill, S	4:52.86	
4 Palframan, Kyle		Churchill, S	4:57.22	
5 Dover, Michael		Churchill, S	5:00.93	
6 Coppola, Matt		Denis Morris H S	5:01.61	
7 Etzl, Brandon		Eden High School	5:06.30	
8 Zantingh, Seth		Smithville D	5:08.09	
9 Morris, Patrick		Denis Morris H S	5:12.99	
10 Honsberger, Kuke		Laura Secord S S	5:17.63	
11 Mahler, Mike		Denis Morris H S	5:17.83	
12 Wignall, Grant		Denis Morris H S	5:18.14	
13 Schonewille, Owen		Beamsville D S S	5:28.30	
14 Thompson, Iain		Niagara D S S	5:29.16	
15 Geraedts, Mark		Grimsby D S S	5:31.16	
16 Bull, Evan		Beamsville D S S	5:36.55	

Men 3000 Meter Run Midget

Name	Year	School	Finals	Points
1 Palframan, Kyle		Churchill, S	10:29.99	
2 Hutton, Chris		Churchill, S	11:27.38	
3 Rand, Jackson		Blessed Trinity H S	11:28.59	
4 Coppola, Matt		Denis Morris H S	11:35.69	
5 Wignall, Grant		Denis Morris H S	12:05.17	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Men 100 Meter Hurdles Midget**

Name	Year	School	Finals	Points
1 Falvo, Victor		Laura Secord S S	17.38	
2 Salter, Joe		Laura Secord S S	17.90	
3 Van Wyck, Will		Blessed Trinity H S	19.78	
4 Yakubiw, Zach		Niagara D S S	20.04	
4 Pozzebon, Aaron		Niagara D S S	20.04	
6 Livinstone, David		Laura Secord S S	21.96	

Men 300 Meter Hurdles Midget

Name	Year	School	Finals	Points
1 Slessor, Ken		Grimsby D S S	48.60	
2 Salter, Joe		Laura Secord S S	48.69	
3 Yakubiw, Zach		Niagara D S S	54.93	
4 Thompson, Iain		Niagara D S S	56.10	
5 Pozzebon, Aaron		Niagara D S S	56.36	

Men 4x100 Meter Relay Midget

School	Finals	Points
1 Sir Winston Churchill S S 'A'	50.66	
1) Saxton, Brett		
3) Krzeczowski, Andrew		
2) Bride, Nick		
4) Rana, Osman		
2 Grimsby D S S 'A'	51.03	
1) Slessor, Ken		
3) Tadeson, Mark		
2) Terrauds, Patrick		
4) Stirtzinger, Jesse		
3 Blessed Trinity H S 'A'	52.08	
1) Blackborow, Joe		
3) Rand, Jackson		
2) Mainse, David		
4) Van Wyck, Will		
4 Laura Secord S S 'A'	52.09	
1) Falvo, Victor		
3) Salter, Joe		
2) Christiansen, Thomas		
4) Christiansen, Dylan		
5 Denis Morris H S 'A'	54.48	
6 Smithville District C H S 'A'	55.06	
1) Scholman, Joshua		
3) Antonides, Kaleb		
2) Kerkhof, Brad		
4) Folkerts, Jacob		

Men High Jump Midget

Name	Year	School	Finals	Points
1 Dick, Austin		Eden High School	1.80m	
2 Schonewille, Owen		Beamsville D S S	1.55m	
3 Falvo, Victor		Laura Secord S S	J1.55m	
4 Stirtzinger, Jesse		Grimsby D S S	J1.55m	
5 VanHoffen, Devon		Smithville D	1.50m	
6 Chia, Ryan		Governor Simcoe S S	J1.50m	
7 McIntyre, Steve		Holy Cross H S	J1.50m	
8 Salter, Joe		Laura Secord S S	1.45m	
9 Bangs, Zack		Holy Cross H S	J1.45m	
10 Scholman, Joshua		Smithville D	J1.45m	
11 Snippe, Nathan		Smithville D	J1.45m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men High Jump Midget**

11 Maniccia, Chris	Denis Morris H S	J1.45m
13 Marshall, Tyler	Kernahan Park S S	J1.45m
14 Christiansen, Dylan	Laura Secord S S	1.40m
15 Bald, Austin	Blessed Trinity H S	J1.40m
15 Peralta, Abraham	Great Lakes	J1.40m
17 Manseau, Michael	Denis Morris H S	J1.40m

Men Long Jump Midget

Name	Year School	Finals	Points
1 McPherson, Blake	Governor Simcoe S S	5.42m	
2 Upshall, Tim	Niagara D S S	5.11m	
3 Pozzebon, Aaron	Niagara D S S	4.96m	
4 Stirtzinger, Jesse	Grimsby D S S	4.92m	
5 Veldman, Matthew	Smithville D	4.90m	
6 Bakker, Darryl	Heritage Chr	4.88m	
7 Chia, Ryan	Governor Simcoe S S	4.77m	
8 Parker, Jovan	West Park S S	4.61m	
9 Van Wyck, Will	Blessed Trinity H S	4.57m	
10 Falvo, Victor	Laura Secord S S	4.54m	
11 Scholman, Joshua	Smithville D	4.49m	
12 Bull, Evan	Beamsville D S S	4.36m	
13 Bald, Austin	Blessed Trinity H S	4.29m	
14 Terrauds, Patrick	Grimsby D S S	4.26m	
15 Rand, Jackson	Blessed Trinity H S	4.25m	
16 VanHoffen, Devon	Smithville D	4.18m	
17 Marshall, Tyler	Kernahan Park S S	4.04m	
18 Antonides, Kaleb	Smithville D	3.96m	
18 Cino, Marshall	Blessed Trinity H S	3.96m	
20 Kralt, Matthew	Great Lakes	3.87m	
21 Larouche, Mathew	Kernahan Park S S	3.60m	
22 Manseau, Michael	Denis Morris H S	3.42m	
23 Niesink, Josh	Denis Morris H S	3.22m	

Men Triple Jump Midget

Name	Year School	Finals	Points
1 McPherson, Blake	Governor Simcoe S S	11.69m	
2 Stirtzinger, Jesse	Grimsby D S S	10.89m	
3 Parker, Jovan	West Park S S	10.85m	
4 Veldman, Matthew	Smithville D	10.79m	
5 Bakker, Darryl	Heritage Chr	10.48m	
6 Tadeson, Mark	Grimsby D S S	9.58m	
7 Antonides, Kaleb	Smithville D	9.47m	
8 Bangs, Zack	Holy Cross H S	9.40m	
9 Snippe, Nathan	Smithville D	9.14m	
10 VanHoffen, Devon	Smithville D	8.89m	

Men Shot Put Midget

Name	Year School	Finals	Points
1 Mainse, David	Blessed Trinity H S	12.84m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men Shot Put Midget**

2	Bradford, Ben	Governor Simcoe S S	11.09m
3	Hill, Braedan	Laura Secord S S	10.28m
4	Peralta, Abraham	Great Lakes	9.86m
5	Glancie, Jarret	Laura Secord S S	9.74m
6	Larouche, Mathew	Kernahan Park S S	9.72m
7	Dykstra, Tom	Grimsby D S S	9.39m
8	Niesink, Josh	Denis Morris H S	9.34m
9	Bangs, Zack	Holy Cross H S	8.84m
10	Cino, Marshall	Blessed Trinity H S	8.81m
11	Korten, Ethan	Smithville D	8.64m
12	Kerkhof, Brad	Smithville D	7.51m
13	Boone, David	Laura Secord S S	7.05m
14	Aantjes, David	Smithville D	6.42m

Men Discus Throw Midget

Name	Year	School	Finals	Points
1	Upshall, Tim	Niagara D S S	37.04m	
2	Bradford, Ben	Governor Simcoe S S	29.14m	
3	Dykstra, Tom	Grimsby D S S	24.69m	
4	Aantjes, David	Smithville D	23.45m	
5	Hill, Braedan	Laura Secord S S	21.97m	
6	Glancie, Jarret	Laura Secord S S	20.15m	
7	Boone, David	Laura Secord S S	19.31m	
8	Veldman, Matthew	Smithville D	19.01m	
9	Korten, Ethan	Smithville D	16.49m	
--	Cino, Marshall	Blessed Trinity H S	FOUL	

Men Javelin Throw Midget

Name	Year	School	Finals	Points
1	Bride, Nick	Churchill, S	37.50m	
2	Glancie, Jarret	Laura Secord S S	33.72m	
3	Rand, Jackson	Blessed Trinity H S	28.75m	
4	Folkerts, Jacob	Smithville D	26.70m	
4	Yakubiw, Zach	Niagara D S S	26.70m	
6	Boone, David	Laura Secord S S	26.22m	
7	Roberto, Devon	West Park S S	26.04m	
8	Bradford, Ben	Governor Simcoe S S	24.24m	
9	Hall, Brad	Governor Simcoe S S	24.22m	
10	Zwiep, Aaron	Heritage Chr	23.52m	
11	Zantingh, Seth	Smithville D	22.97m	
12	Krzeczkowski, Andrew	Churchill, S	22.93m	
13	Hill, Braedan	Laura Secord S S	21.98m	
14	Dykstra, Tom	Grimsby D S S	21.13m	
15	Christiansen, Dylan	Laura Secord S S	17.89m	
16	Aantjes, David	Smithville D	15.78m	
17	Cowan, Bradley	Niagara D S S	13.52m	
--	Korten, Ethan	Smithville D	FOUL	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Men 100 Meter Dash Junior**

Name	Year	School	Finals	H#	Points
1 Forester, Josh		Blessed Trinity H S	12.05	2	
2 Moss, Tyler		St. Francis S S	12.27	3	
3 McAndrews, Dylan		West Park S S	12.44	3	
4 McAlpine, Travis		Governor Simcoe S S	12.51	1	
5 Spagnuolo, Lucas		Grimsby D S S	12.83	2	
6 Sharpe, Stephon		Denis Morris H S	12.89	2	
7 Turl, Jake		Grimsby D S S	13.01	3	
8 Rogers, Brandon		Governor Simcoe S S	13.09	2	
9 Jessome, Matt		St. Francis S S	13.11	2	
9 Evangelisto, Andrew		Blessed Trinity H S	13.11	1	
11 Wieler, Isaak		Niagara D S S	13.12	3	
12 Rutherford, Kurt		Smithville D	13.22	3	
13 Feddema, Peter		Smithville D	13.25	1	
14 Ahmed, Kadar		St. Francis S S	13.31	1	
15 TeDesco, Jacob		Denis Morris H S	13.32	2	
16 Lupul, Alex		Denis Morris H S	13.34	1	
17 DiSimoni, Tyler		Denis Morris H S	13.42	3	
18 Wilsher, Daniel		Kernahan Park S S	13.89	1	
19 DeMelo, Justin		Blessed Trinity H S	13.94	2	
20 Williams, Brandon		Holy Cross H S	14.13	1	
21 Morton, Miles		Blessed Trinity H S	14.79	3	
22 Bin Sadoon, Cubby		Churchill, S	15.12	1	

Men 200 Meter Dash Junior

Name	Year	School	Finals	H#	Points
1 Forester, Josh		Blessed Trinity H S	24.45	2	
2 Moss, Tyler		St. Francis S S	25.26	3	
3 Boeck, Jake		Grimsby D S S	25.88	3	
4 Spagnuolo, Lucas		Grimsby D S S	26.08	2	
5 McAlpine, Travis		Governor Simcoe S S	26.14	2	
6 Jones, Jeff		Blessed Trinity H S	26.60	1	
7 Feddema, Peter		Smithville D	26.91	2	
8 Turl, Jake		Grimsby D S S	26.92	1	
9 Rogers, Brandon		Governor Simcoe S S	27.13	1	
10 DiSimoni, Tyler		Denis Morris H S	27.28	2	
11 Jessome, Matt		St. Francis S S	27.37	1	
12 Rutherford, Kurt		Smithville D	27.49	3	
13 Lupul, Alex		Denis Morris H S	27.77	1	
14 Wilsher, Daniel		Kernahan Park S S	29.15	2	
15 Kretz, Alex		Denis Morris H S	29.55	3	
16 Yoo, Kimoon		Denis Morris H S	30.58	3	
17 Mutombo, Kevin		Holy Cross H S	31.76	2	

Men 400 Meter Dash Junior

Name	Year	School	Finals	Points
1 Johnson, Tyler		West Park S S	55.74	
2 Moss, Tyler		St. Francis S S	57.84	
3 Turl, Jake		Grimsby D S S	58.20	
4 VanBuuren, Brian		Smithville D	1:00.00	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men 400 Meter Dash Junior**

5	Ahmed, Kadar	St. Francis S S	1:01.59
6	Selby, Matt	Denis Morris H S	1:11.61

Men 800 Meter Run Junior

Name	Year	School	Finals	Points
1	Janssen, Trevor	Eden High School	2:09.85	
2	Giles, Cam	Eden High School	2:11.83	
3	Krogman, Isaac	Grimsby D S S	2:16.10	
4	Tweedle, Dan	Grimsby D S S	2:16.39	
5	Johnson, Tyler	West Park S S	2:17.72	
6	Doherty, Connor	Churchill, S	2:18.96	
7	Kamphuis, Jordan	Grimsby D S S	2:21.55	
8	Ahmed, Kadar	St. Francis S S	2:26.19	
9	Kenny, Jake	Denis Morris H S	2:29.40	
10	Smith, Brent	Blessed Trinity H S	2:45.74	
11	Grossi, Chad	Denis Morris H S	2:50.16	
--	Kaufhold, Dan	Grimsby D S S	DNF	

Men 1500 Meter Run Junior

Name	Year	School	Finals	Points
1	Janssen, Trevor	Eden High School	4:31.68	
2	Giles, Cam	Eden High School	4:38.72	
3	Kaufhold, Dan	Grimsby D S S	4:45.27	
4	Hodgson, Ian	Grimsby D S S	4:46.64	
5	VanBuuren, Brian	Smithville D	4:49.83	
6	Ahmed, Ibrahim	St. Francis S S	4:51.17	
7	Tweedle, Dan	Grimsby D S S	4:53.04	
8	Kamphuis, Jordan	Grimsby D S S	4:55.65	
9	Doherty, Connor	Churchill, S	4:57.15	
10	Poustie, Cam	Blessed Trinity H S	4:57.59	
11	Peters, Daniel	Denis Morris H S	4:59.00	
12	McMurtrie, Andrew	Beamsville D S S	5:15.01	
13	Grossi, Nick	Denis Morris H S	5:23.34	
14	McGee, Dan	Churchill, S	5:23.45	
15	Waugh, Isaac	Beamsville D S S	5:28.64	
16	Godden, Johnny	Beamsville D S S	5:37.61	
17	Grossi, Chad	Denis Morris H S	5:40.92	
18	Bishop-Branch, Juntin	West Park S S	5:46.05	
19	Smith, Brent	Blessed Trinity H S	5:49.23	
--	Corcoran, Hunter	Churchill, S	DNF	

Men 3000 Meter Run Junior

Name	Year	School	Finals	Points
1	Hodgson, Ian	Grimsby D S S	10:28.87	
2	Ahmed, Ibrahim	St. Francis S S	10:28.91	
3	Corcoran, Hunter	Churchill, S	10:39.54	
4	Krogman, Isaac	Grimsby D S S	10:55.86	
5	Peters, Daniel	Denis Morris H S	11:01.84	
6	Thompson, Ben	Blessed Trinity H S	11:09.56	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men 3000 Meter Run Junior**

7	Polly, Adam	Denis Morris H S	11:28.59
8	Doherty, Connor	Churchill, S	11:54.87
9	Napolitano, Antonio	Laura Secord S S	12:05.17
10	Grossi, Nick	Denis Morris H S	12:11.79
11	McGee, Dan	Churchill, S	12:12.94
12	Kenny, Jake	Denis Morris H S	12:14.82
13	Bishop-Branch, Juntin	West Park S S	12:56.77
--	Smith, Brent	Blessed Trinity H S	DNF

Men 100 Meter Hurdles Junior

Name	Year	School	Finals	Points
1	Lee, Vinh	Holy Cross H S	15.84	
2	Forester, Josh	Blessed Trinity H S	15.94	
3	DeVisser, James	Smithville D	18.16	
4	Babb, Colin	Grimsby D S S	18.17	

Men 300 Meter Hurdles Junior

Name	Year	School	Finals	Points
1	McMurtrie, Andrew	Beamsville D S S	48.95	
2	Babb, Colin	Grimsby D S S	49.03	

Men 4x100 Meter Relay Junior

School	Finals	Points
1 Governor Simcoe S S 'A'	48.82	
1) Chia, Ryan		
2) Rogers, Brandon		
3) McAlpine, Travis		
4) McPherson, Blake		
2 Grimsby D S S 'A'	49.43	
1) Turl, Jake		
2) Spagnuolo, Lucas		
3) Awram, Nathanyl		
4) Boeck, Jake		
3 Denis Morris H S 'A'	50.02	
4 Blessed Trinity H S 'A'	50.08	
1) Forester, Josh		
2) Morton, Miles		
3) Jones, Jeff		
4) Evangelisto, Andrew		
5 Smithville District C H S 'A'	50.51	
1) VanderMeer, Nick		
2) Riebot, Brad		
3) Rutherford, Kurt		
4) Feddema, Peter		
6 Holy Cross H S 'A'	51.11	
7 St. Francis S S 'A'	54.36	
1) Sayers, Jaylen		
2) Chaput, Matt		
3) Jessome, Matt		
4) Ahmed, Kadar		

Men High Jump Junior

Name	Year	School	Finals	Points
1	Lee, Alex	Holy Cross H S	1.60m	
2	Barkway, Brandon	Eden High School	1.55m	
3	Lahaie, Cody	Governor Simcoe S S	1.50m	
4	Wieler, Isaak	Niagara D S S	J1.50m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men High Jump Junior**

5 DeVellis, David	Holy Cross H S	1.45m
5 Spagnuolo, Lucas	Grimsby D S S	1.45m
7 VanderMeer, Nick	Smithville D	J1.45m
7 Awram, Nathanyl	Grimsby D S S	J1.45m
-- Lahaie, Zach	Governor Simcoe S S	FAIL
-- Yoo, Kimoon	Denis Morris H S	FAIL
-- DeMelo, Justin	Blessed Trinity H S	FAIL

Men Pole Vault Junior

Name	Year School	Finals	Points
1 Napolitano, Antonio	Laura Secord S S	2.00m	
1 Chanthaphonh, Season	Laura Secord S S	2.00m	

Men Long Jump Junior

Name	Year School	Finals	Points
1 Lee, Vinh	Holy Cross H S	5.91m	
2 McAlpine, Travis	Governor Simcoe S S	5.22m	
3 McAndrews, Dylan	West Park S S	5.15m	
4 VanderMeer, Nick	Smithville D	5.01m	
5 TeDesco, Jacob	Denis Morris H S	4.94m	
6 Kretz, Alex	Denis Morris H S	4.92m	
7 Mutombo, Kevin	Holy Cross H S	4.91m	
8 Feddema, Peter	Smithville D	4.82m	
9 Thompson, Ben	Blessed Trinity H S	4.81m	
10 Boeck, Jake	Grimsby D S S	4.79m	
11 Jessome, Matt	St. Francis S S	4.76m	
12 Riebot, Brad	Smithville D	4.72m	
13 Chanthaphonh, Season	Laura Secord S S	4.66m	
14 DeMelo, Justin	Blessed Trinity H S	4.63m	
14 Williams, Brandon	Holy Cross H S	4.63m	
16 Selby, Matt	Denis Morris H S	4.60m	
17 Baddwi, Ahmed	Laura Secord S S	4.32m	
18 Lahaie, Cody	Governor Simcoe S S	4.19m	
19 Lahaie, Zach	Governor Simcoe S S	4.03m	
20 Napolitano, Antonio	Laura Secord S S	3.93m	
21 Sosa, Rodrigo	Smithville D	3.51m	

Men Triple Jump Junior

Name	Year School	Finals	Points
1 Lee, Vinh	Holy Cross H S	12.16m	
2 Boeck, Jake	Grimsby D S S	11.02m	
3 Lahaie, Cody	Governor Simcoe S S	10.50m	
4 Riebot, Brad	Smithville D	10.28m	
5 Lahaie, Zach	Governor Simcoe S S	9.90m	
6 Wieler, Isaak	Niagara D S S	9.43m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Men Shot Put Junior**

Name	Year	School	Finals	Points
1 Scott, Nico		West Park S S	13.11m	
2 Giroux, Craig		Governor Simcoe S S	11.80m	
3 Hogeveen, Chad		Smithville D	11.53m	
4 Provost, Aaron		Kernahan Park S S	11.37m	
5 Selby, Matt		Denis Morris H S	11.13m	
6 Harder, Steven		Beamsville D S S	10.93m	
7 Spyker, Tyler		Smithville D	10.72m	
8 Zwier, Phil		Smithville D	10.46m	
9 DeHaan, Nick		Smithville D	9.97m	
10 Pobric, Amir		Governor Simcoe S S	9.58m	
11 Rankin, Brian		St. Francis S S	9.39m	
12 Sirignano, Matt		St. Francis S S	9.37m	
13 Dowd, Connor		Holy Cross H S	9.28m	
14 Evangelisto, Andrew		Blessed Trinity H S	9.20m	
15 Awram, Nathanyl		Grimsby D S S	9.05m	
16 Skiba, Greg		St. Francis S S	9.01m	
17 Crooks, James		Blessed Trinity H S	8.52m	
18 Kundai, Kahari		Laura Secord S S	8.09m	
19 Zaruk, Dan		Grimsby D S S	7.20m	

Men Discus Throw Junior

Name	Year	School	Finals	Points
1 Giroux, Craig		Governor Simcoe S S	37.28m	
2 Kuknta, Brandon		Blessed Trinity H S	34.04m	
3 Hogeveen, Chad		Smithville D	27.12m	
4 Zwier, Phil		Smithville D	24.48m	
5 Rutherford, Kurt		Smithville D	23.56m	
6 Awram, Nathanyl		Grimsby D S S	22.53m	
7 Pobric, Amir		Governor Simcoe S S	22.00m	
8 Harder, Steven		Beamsville D S S	21.70m	
9 Rankin, Brian		St. Francis S S	21.52m	
10 Sirignano, Matt		St. Francis S S	21.46m	
11 Spyker, Tyler		Smithville D	20.48m	
12 Kundai, Kahari		Laura Secord S S	18.92m	
13 Skiba, Greg		St. Francis S S	18.38m	
14 Zaruk, Dan		Grimsby D S S	17.61m	
15 Crooks, James		Blessed Trinity H S	17.02m	
-- Donnelly, David		St. Francis S S	FOUL	

Men Javelin Throw Junior

Name	Year	School	Finals	Points
1 VanderMeer, Nick		Smithville D	43.80m	
2 DeVisser, James		Smithville D	40.26m	
3 Babb, Colin		Grimsby D S S	39.75m	
4 Giroux, Craig		Governor Simcoe S S	36.90m	
5 Baddwi, Ahmed		Laura Secord S S	35.68m	
6 Harder, Steven		Beamsville D S S	33.97m	
7 Donnelly, David		St. Francis S S	32.18m	
8 Scott, Nico		West Park S S	30.45m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men Javelin Throw Junior**

9	Zaruk, Dan	Grimsby D S S	28.36m
10	Pobric, Amir	Governor Simcoe S S	27.35m
11	Sirignano, Matt	St. Francis S S	27.32m
12	Kundai, Kahari	Laura Secord S S	24.56m
13	Sosa, Rodrigo	Smithville D	24.43m
14	DeHaan, Nick	Smithville D	23.50m
15	Skiba, Greg	St. Francis S S	21.89m
16	McAndrews, Dylan	West Park S S	18.40m
17	DeVellis, David	Holy Cross H S	13.43m
--	Rankin, Brian	St. Francis S S	FOUL

Men 100 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1 Selman, Jabari		Laura Secord S S	11.84	4	
2 Emslie, Steve		Holy Cross H S	12.16	4	
3 St. Jean, Michael		Denis Morris H S	12.17	4	
4 Akhtar, Aazain		Churchill, S	12.27	3	
5 Sferrazza, Sandro		St. Francis S S	12.28	2	
6 Giraldi, John		Blessed Trinity H S	12.33	4	
7 Bokestyn, Mike		Heritage Chr	12.34	2	
8 Whitehouse, Kyle		Kernahan Park S S	12.39	3	
9 Williams, Akino		Grimsby D S S	12.46	1	
9 Haro, Ben		Holy Cross H S	12.46	2	
11 Oconner, Chris		St. Francis S S	12.47	1	
12 Keen, Anthony		Smithville D	12.49	1	
13 Zasucha, Tommy		Blessed Trinity H S	12.52	1	
14 Grant, Ben		Holy Cross H S	12.53	1	
15 Klyn-Hesselink, Dan		Heritage Chr	12.59	3	
15 Bokestyn, Steve		Heritage Chr	12.59	4	
17 Smith, Evan		Blessed Trinity H S	12.77	2	
18 Terryberry, TJ		Laura Secord S S	12.86	3	
19 Hoekstra, Greg		Smithville D	12.92	2	
20 Choi, Kelvin		Great Lakes	13.25	1	
21 Dale, Jacob		Great Lakes	13.41	4	
22 Mckeen, Jason		South Lincoln H S	13.50	4	
23 Barnes, Damien		Denis Morris H S	13.56	2	
24 Romano, Josh		Denis Morris H S	13.72	3	
25 Menchella, Jordan		St. Francis S S	13.81	3	
26 Khan, Fahim		St. Catharin	13.87	3	
27 Selman, Andwele		Kernahan Park S S	14.60	1	
28 Youssouf, Moktar		Kernahan Park S S	15.24	2	

Men 200 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1 Selman, Jabari		Laura Secord S S	23.84	4	
2 Easterbrook, Doug		Grimsby D S S	23.93	4	
3 Wojcik, Matt		Holy Cross H S	24.77	2	
4 Komodowski, Steve		Eden High School	24.88	1	
5 Trojner, Mat		Grimsby D S S	24.99	2	
6 Brouwer, Tony		Heritage Chr	25.02	3	
7 deBruyne, Dan		Beacon Chris	25.03	2	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men 200 Meter Dash Senior**

8	Akhtar, Aazain	Churchill, S	25.23	3
9	Boekestyn, Mike	Heritage Chr	25.27	1
10	Grant, Ben	Holy Cross H S	25.29	1
11	St. Jean, Michael	Denis Morris H S	25.50	4
12	Finora, Blake	West Park S S	25.57	1
13	McDonald, Shane	Denis Morris H S	25.58	2
14	Williams, Akino	Grimsby D S S	25.69	1
15	Keen, Anthony	Smithville D	25.72	1
16	Haro, Ben	Holy Cross H S	26.03	3
17	Boekestyn, Steve	Heritage Chr	26.04	4
18	Klyn-Hesselink, Dan	Heritage Chr	26.15	2
19	Whitehouse, Kyle	Kernahan Park S S	26.27	4
20	Oconner, Chris	St. Francis S S	26.51	2
21	Terryberry, TJ	Laura Secord S S	26.63	3
22	Hoekstra, Greg	Smithville D	26.64	4
23	Teeuwsen, Peter	Beacon Chris	26.75	1
24	Smith, Evan	Blessed Trinity H S	26.98	3
25	Dale, Jacob	Great Lakes	27.47	4
26	Romano, Josh	Denis Morris H S	29.04	3
27	Barnes, Damien	Denis Morris H S	29.13	1
28	Selman, Andwele	Kernahan Park S S	29.62	2
29	Khan, Fahim	St. Catharin	31.63	2
30	VanSoelen, Caleb	Smithville D	32.64	3

Men 400 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1	MacDonald, Matt	St. Francis S S	50.75	2	
2	Easterbrook, Doug	Grimsby D S S	50.98	2	
3	Mori, Lee	Denis Morris H S	52.05	2	
4	Kerry, Donovan	Denis Morris H S	52.66	1	
5	Komodowski, Steve	Eden High School	52.86	3	
6	Rousseau, Julien	Churchill, S	53.82	2	
7	Akhtar, Aazain	Churchill, S	55.27	1	
8	Wojcik, Matt	Holy Cross H S	55.51	3	
9	McDonald, Shane	Denis Morris H S	55.56	2	
10	Byskov, Brandon	Churchill, S	55.95	3	
11	Park, Broghan	Grimsby D S S	56.59	1	
12	Finora, Blake	West Park S S	56.64	3	
13	Whitehouse, Kyle	Kernahan Park S S	57.88	1	
14	Langendoen, Tim	Beacon Chris	58.20	2	
15	Hoekstra, Greg	Smithville D	58.28	3	
16	Jacobi, Devin	Heritage Chr	58.38	2	
17	Panasiuk, Aaron	Blessed Trinity H S	58.93	2	
18	Grubber, Patrick	Denis Morris H S	59.80	3	
19	Teeuwsen, Peter	Beacon Chris	59.93	1	
20	Choi, Kelvin	Great Lakes	1:01.04	3	
21	Dieleman, Cameron	Smithville D	1:03.66	1	

Men 800 Meter Run Senior

Name	Year	School	Finals	Points
1	Rousseau, Julien	Churchill, S	2:02.66	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men 800 Meter Run Senior**

2	MacDonald, Matt	St. Francis S S	2:03.08
3	Scholl, Paul	Churchill, S	2:07.17
4	Easterbrook, Doug	Grimsby D S S	2:08.20
5	Jacobi, Devin	Heritage Chr	2:17.44
6	Bergshoeff, Jon	Grimsby D S S	2:18.56
7	Park, Broghan	Grimsby D S S	2:22.08
8	Byskov, Brandon	Churchill, S	2:24.20
9	Wojcik, Matt	Holy Cross H S	2:33.39
10	Ahmed, Ahmed	St. Francis S S	2:38.15
11	Grubber, Patrick	Denis Morris H S	2:45.08
12	Dieleman, Cameron	Smithville D	2:47.58

Men 1500 Meter Run Senior

Name	Year	School	Finals	Points
1 Ahmed, Mohammed		St. Catharin	4:02.78	
2 Rousseau, Julien		Churchill, S	4:20.77	
3 Scholl, Paul		Churchill, S	4:21.99	
4 Murphy, Connor		Churchill, S	4:37.92	
5 Bergshoeff, Jon		Grimsby D S S	4:43.21	
6 Morrison, Billy		Niagara D S S	5:03.53	
7 Romano, Josh		Denis Morris H S	5:30.27	
8 Charlton, Josh		Denis Morris H S	5:40.11	
9 Dale, Joseph		Great Lakes	5:44.70	

Men 3000 Meter Run Senior

Name	Year	School	Finals	Points
1 Ahmed, Mohammed		St. Catharin	8:38.82	
2 Scholl, Paul		Churchill, S	9:56.81	
3 Albers, John		Grimsby D S S	10:05.03	
4 Murphy, Connor		Churchill, S	10:47.07	
5 Morrison, Billy		Niagara D S S	11:01.01	
6 Thomas, Ryan		Grimsby D S S	11:32.59	
7 Mackett, Mike		St. Francis S S	12:00.65	
8 Ashbourne, Charlie		Eden High School	12:30.82	
9 Charlton, Josh		Denis Morris H S	12:33.31	
10 Mackett, Steve		Eden High School	13:07.95	

Men 110 Meter Hurdles Senior

Name	Year	School	Finals	Points
1 Benard, Townsend		Laura Secord S S	14.85	
2 Selman, Jabari		Laura Secord S S	16.06	
3 Hind, Shawn		Holy Cross H S	18.77	

Men 400 Meter Hurdles Senior

Name	Year	School	Finals	Points
1 Sulkowski, Bryson		Holy Cross H S	1:07.07	
2 Grant, Ben		Holy Cross H S	1:10.96	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Men 4x100 Meter Relay Senior**

School		Finals	H#	Points
1	Laura Secord S S 'A'	47.03	2	
	1) Benard, Townsend			
	3) Schram, Mike			
2	St. Francis S S 'A'	47.35	2	
	1) Moss, Tyler			
	3) Oconner, Chris			
3	Denis Morris H S 'A'	47.79	1	
4	Heritage Christian School 'A'	48.30	1	
	1) Boekestyn, Mike			
	3) Brouwer, Tony			
5	Grimsby D S S 'A'	48.60	1	
	1) Williams, Akino			
	3) Trojner, Matt			
6	Eden High School 'A'	52.85	1	
	1) Alm, Mark			
	3) Ashbourne, Charlie			
--	Holy Cross H S 'A'	DNF	2	

Men High Jump Senior

Name	Year School	Finals	Points
1 Brouwer, Tony	Heritage Chr	1.70m	
2 Schram, Mike	Laura Secord S S	1.65m	
2 Ahmed, Ahmed	St. Francis S S	1.65m	
4 Zasucha, Tommy	Blessed Trinity H S	1.60m	
5 Roberto, Matt	West Park S S	1.55m	
5 Webb, Ryan	West Park S S	1.55m	
5 Vandenboogaard, Dan	Beacon Chris	1.55m	
8 Webb, Jeffery	Eden High School	1.50m	
-- Solouyev, Alex	Laura Secord S S	FAIL	
-- Haro, Ben	Holy Cross H S	FAIL	
-- Smith, Evan	Blessed Trinity H S	FAIL	
-- VanSoelen, Caleb	Smithville D	FAIL	

Men Pole Vault Senior

Name	Year School	Finals	Points
1 Haeni, Alex	Laura Secord S S	2.00m	
1 Shin, Hyun Bin	Laura Secord S S	2.00m	
1 Benard, Townsend	Laura Secord S S	2.00m	

Men Long Jump Senior

Name	Year School	Finals	Points
1 Hind, Shawn	Holy Cross H S	6.10m	
2 Atkinson, Cam	Grimsby D S S	5.87m	
3 Trojner, Mat	Grimsby D S S	5.77m	
4 Brouwer, Tony	Heritage Chr	5.71m	
5 Webb, Ryan	West Park S S	5.32m	
6 deBruyne, Dan	Beacon Chris	5.30m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men Long Jump Senior**

7	Dale, Joseph	Great Lakes	5.15m
8	Giraldi, John	Blessed Trinity H S	5.10m
9	MacFarlane, Josh	Great Lakes	5.04m
10	Vandenboogaard, Dan	Beacon Chris	4.97m
11	Schram, Mike	Laura Secord S S	4.95m
12	DeJonge, Edwin	Smithville D	4.60m
13	Webb, Jeffery	Eden High School	4.49m
14	Roberto, Matt	West Park S S	4.45m
15	Bommarito, Sam	Blessed Trinity H S	4.43m
16	Zwaan, Marc	Smithville D	4.23m
16	Terryberry, TJ	Laura Secord S S	4.23m
18	Solouyev, Alex	Laura Secord S S	4.05m
--	Langdon, Chris	Holy Cross H S	FOUL
--	Haro, Ben	Holy Cross H S	FOUL
--	Yousouf, Moktar	Kernahan Park S S	FOUL
--	Langendoen, Tim	Beacon Chris	FOUL

Men Triple Jump Senior

Name	Year	School	Finals	Points
1	Atkinson, Cam	Grimsby D S S	12.39m	
2	Webb, Ryan	West Park S S	11.41m	
3	MacFarlane, Josh	Great Lakes	11.07m	
3	deBruyne, Dan	Beacon Chris	11.07m	
5	Schram, Mike	Laura Secord S S	10.85m	
6	Roberto, Matt	West Park S S	10.39m	
7	McKeen, Jason	South Lincoln H S	10.36m	
8	Bommarito, Sam	Blessed Trinity H S	8.90m	
9	Solouyev, Alex	Laura Secord S S	8.15m	

Men Shot Put Senior

Name	Year	School	Finals	Points
1	Palios, Stefan	Grimsby D S S	14.63m	
2	Dykstra, Ray	Grimsby D S S	13.33m	
3	Duguay, Zack	Denis Morris H S	J13.33m	
4	Langdon, Chris	Holy Cross H S	13.29m	
5	Baird, Aaron	St. Francis S S	11.35m	
6	Doig, Dillon	West Park S S	10.83m	
7	Nunn, Jesse	Holy Cross H S	10.30m	
8	Gilbey, Dustin	St. Catharin	10.22m	
9	Plett, Will	St. Catharin	10.10m	
10	Jimenez, Gabe	Laura Secord S S	9.17m	
11	Scholman, Justin	Smithville D	9.12m	
12	Sirignano, Dan	St. Francis S S	9.06m	
13	Taylor, James	St. Catharin	8.89m	
14	Gonzalez-Hawkins, Montan	Laura Secord S S	8.84m	
15	Hoekstra, Nick	Smithville D	8.77m	
16	DeJonge, Edwin	Smithville D	8.68m	
17	Wensink, Matt	Heritage Chr	J8.68m	
18	MacFarlane, Josh	Great Lakes	8.45m	
19	Brenner, Garrett	St. Catharin	7.58m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****Men Discus Throw Senior**

Name	Year	School	Finals	Points
1 Palios, Stefan		Grimsby D S S	45.06m	
2 Dykstra, Ray		Grimsby D S S	36.93m	
3 Bradford, Kenny		Eden High School	30.75m	
4 Mckeen, Jason		South Lincoln H S	29.33m	
5 Strzalkowski, Patrick		Churchill, S	29.20m	
6 Webb, Jeffery		Eden High School	28.20m	
7 Baird, Aaron		St. Francis S S	27.85m	
8 Sirignano, Dan		St. Francis S S	26.82m	
9 Jimenez, Gabe		Laura Secord S S	25.50m	
10 Duguay, Zack		Denis Morris H S	25.37m	
11 Pasternak, Michal		Churchill, S	23.37m	
12 Haeni, Alex		Laura Secord S S	23.34m	
13 Hoekstra, Nick		Smithville D	23.05m	
14 Gonzalez-Hawkins, Montan		Laura Secord S S	21.34m	
15 Buma, Josh		Heritage Chr	20.81m	
16 McQuiggan, Curtis		Eden High School	20.25m	
17 Scholman, Justin		Smithville D	19.17m	
18 Zwaan, Marc		Smithville D	18.97m	
19 Thompson, Dylan		Grimsby D S S	17.95m	
20 Taylor, James		St. Catharin	17.92m	
21 Wittig, Jack		St. Francis S S	17.89m	
22 Delisle, Trevor		Blessed Trinity H S	17.55m	
23 Shin, Hyun Bin		Laura Secord S S	17.52m	
24 Bommarito, Sam		Blessed Trinity H S	17.35m	
-- Plett, Will		St. Catharin	FOUL	

Men Javelin Throw Senior

Name	Year	School	Finals	Points
1 Dykstra, Ray		Grimsby D S S	55.99m	
2 Bradford, Kenny		Eden High School	46.23m	
3 Calabrese, Nick		West Park S S	42.54m	
4 Baird, Aaron		St. Francis S S	40.72m	
5 Benard, Townsend		Laura Secord S S	39.85m	
6 Strzalkowski, Patrick		Churchill, S	39.05m	
7 Hind, Shawn		Holy Cross H S	37.24m	
8 Buma, Josh		Heritage Chr	35.31m	
9 Dieleman, Cameron		Smithville D	33.73m	
10 Wittig, Jack		St. Francis S S	31.82m	
11 Jimenez, Gabe		Laura Secord S S	31.80m	
12 Given, Duncan		South Lincoln H S	31.35m	
13 DeJonge, Edwin		Smithville D	31.21m	
14 Thompson, Dylan		Grimsby D S S	30.91m	
15 Zwaan, Marc		Smithville D	30.01m	
16 Gonzalez-Hawkins, Montan		Laura Secord S S	29.87m	
17 Fishler, Eric		South Lincoln H S	29.01m	
18 McQuiggan, Curtis		Eden High School	28.39m	
19 Hoekstra, Nick		Smithville D	28.02m	
20 Haeni, Alex		Laura Secord S S	27.37m	
21 Wensink, Matt		Heritage Chr	27.31m	
22 Delisle, Trevor		Blessed Trinity H S	27.30m	
23 Teeuwesen, Peter		Beacon Chris	26.90m	

2009 SOSSA ZONE IV PRELIMINARY MEET - 5/7/2009**Niagara Olympic Club T & F Centre - West Park****Results****....Men Javelin Throw Senior**

24 Taylor, James	St. Catharin	26.73m
25 Pasternak, Michal	Churchill, S	26.26m
26 Menchella, Jordan	St. Francis S S	24.83m
27 Sirignano, Dan	St. Francis S S	22.84m
28 Ruhloff, Nick	South Lincoln H S	21.94m
29 Plett, Will	St. Catharin	19.02m

Men 2000 Meter Steeplechase Open

Name	Year School	Finals	Points
1 Thomas, Ryan	Grimsby D S S	6:44.48	
2 Murphy, Connor	Churchill, S	6:53.35	
3 Albers, John	Grimsby D S S	6:54.41	
4 Kaufhold, Dan	Grimsby D S S	7:35.63	
5 Mackett, Mike	St. Francis S S	7:53.79	
6 Panasiuk, Aaron	Blessed Trinity H S	8:04.82	

Men 4x400 Meter Relay Open

School	Finals	Points
1 Sir Winston Churchill S S 'A'	3:41.41	
1) Scholl, Paul	2) Akhtar, Aazain	
3) Rousseau, Julien	4) Murphy, Connor	
2 Denis Morris H S 'A'	3:51.28	
3 Grimsby D S S 'A'	3:52.14	
1) Thomas, Ryan	2) Easterbrook, Doug	
3) Park, Broghan	4) Kaufhold, Dan	
4 Holy Cross H S 'A'	3:53.62	
5 Laura Secord S S 'A'	4:02.08	
6 Smithville District C H S 'A'	4:12.15	
1) Riebot, Brad	2) Hoekstra, Greg	
3) Zantingh, Seth	4) Dieleman, Cameron	