

2012 SOSSA ZONE IV PRELIMINARY MEET - 2012/05/10  
Niagara Olympic Club T & F Centre - West Park  
Results

Women 100 Meter Dash Midget

| Name                     | Year School  | Finals | H# | Points |
|--------------------------|--------------|--------|----|--------|
| 1 Allen, Savanah         | Denis Morris | 13.41  | 1  |        |
| 2 Barichello, Daniella   | Blessed Trin | 13.77  | 2  |        |
| 3 Kovac, Sara            | Eden High Sc | 13.89  | 3  |        |
| 4 Visecek, Vanessa       | Denis Morris | 14.34  | 2  |        |
| 5 Othman, Lynda          | Laura Secord | 14.36  | 3  |        |
| 6 Kurpe, Hannah          | Blessed Trin | 14.46  | 3  |        |
| 7 Loon, Taylor           | Eden High Sc | 14.47  | 1  |        |
| 8 Edwards, Alexys        | Thorold Ss-T | 14.57  | 3  |        |
| 9 Skirrow, Hannah        | Eden High Sc | 14.62  | 2  |        |
| 10 deSouza, Raiven       | Eden High Sc | 14.68  | 1  |        |
| 11 Evans, Mercedes       | Blessed Trin | 14.70  | 1  |        |
| 12 Trivieri, Alex        | Holy Cross H | 15.46  | 3  |        |
| 13 Johnston, Bronte      | Grimsby Dss  | 15.55  | 2  |        |
| 14 Hill, Alexandra       | Laura Secord | 15.88  | 2  |        |
| 15 Junior-Brown, Shalika | Denis Morris | 16.19  | 3  |        |
| 16 Klassen, Kiki         | Holy Cross H | 16.26  | 1  |        |
| 17 Smith, Madison        | Thorold Ss-T | 16.84  | 2  |        |
| 18 Truong, Jenny         | Laura Secord | 17.45  | 1  |        |

Women 200 Meter Dash Midget

| Name                   | Year School  | Finals | H# | Points |
|------------------------|--------------|--------|----|--------|
| 1 Allen, Savanah       | Denis Morris | 26.74  | 1  |        |
| 2 Barichello, Daniella | Blessed Trin | 29.08  | 1  |        |
| 3 deSouza, Raiven      | Eden High Sc | 30.12  | 2  |        |
| 4 Othman, Lynda        | Laura Secord | 30.34  | 1  |        |
| 5 Christopher, Pylin   | Holy Cross H | 30.60  | 1  |        |
| 6 Tousaw, Victoria     | Grimsby Dss  | 30.70  | 1  |        |
| 7 Evans, Mercedes      | Blessed Trin | 31.47  | 2  |        |
| 8 Spadaro, Nicole      | Blessed Trin | 32.16  | 2  |        |
| 9 Trivieri, Alex       | Holy Cross H | 32.35  | 2  |        |
| 10 Naccaroto, Emily    | Holy Cross H | 32.41  | 1  |        |
| 11 DeGiovanni, Abbey   | Eden High Sc | 32.81  | 1  |        |
| 12 Johnston, Bronte    | Grimsby Dss  | 33.21  | 2  |        |
| 13 Bullata, Natalie    | Denis Morris | 34.56  | 1  |        |
| 14 Smith, Madison      | Thorold Ss-T | 36.21  | 2  |        |
| 15 Kurpe, Hannah       | Blessed Trin | 36.95  | 2  |        |

Women 400 Meter Dash Midget

| Name                  | Year School  | Finals  | Points |
|-----------------------|--------------|---------|--------|
| 1 Spadaro, Nicole     | Blessed Trin | 1:14.59 |        |
| 2 Woodhouse, Rachael  | Denis Morris | 1:15.95 |        |
| 3 Westbrook, Courtney | Churchill, S | 1:21.16 |        |

Women 800 Meter Run Midget

| Name                     | Year School  | Finals  | Points |
|--------------------------|--------------|---------|--------|
| 1 Myers, Tracey          | Blessed Trin | 2:31.62 |        |
| 2 Nickerson, Haille      | Blessed Trin | 2:53.98 |        |
| 3 Augustus, Brooke-Lynne | Laura Secord | 2:54.13 |        |
| 4 Dagenais, Bridget      | Thorold Ss-T | 3:00.50 |        |
| 5 Bent, Michalla         | Laura Secord | 3:12.90 |        |
| 6 Westbrook, Courtney    | Churchill, S | 3:42.80 |        |
| 7 Groff, Stephanie       | Kernahan Par | 3:58.50 |        |

Women 1500 Meter Run Midget

| Name                 | Year School  | Finals  | Points |
|----------------------|--------------|---------|--------|
| 1 Myers, Tracey      | Blessed Trin | 5:16.01 |        |
| 2 McLachlan, Jordan  | Governor Sim | 5:45.87 |        |
| 3 Randall, Ceili     | Beamsville D | 6:03.74 |        |
| 4 Khnanisho, Ramona  | Denis Morris | 6:09.48 |        |
| 5 Dagenais, Bridget  | Thorold Ss-T | 6:10.20 |        |
| 6 Davidson, Ashleigh | St. Catharin | 6:21.11 |        |
| 7 pasaluko, lauren   | South Lincol | 6:30.03 |        |
| 8 Brasz, Faith       | Heritage Chr | 6:45.22 |        |

Women 3000 Meter Run Midget

| Name                | Year School  | Finals   | Points |
|---------------------|--------------|----------|--------|
| 1 Khnanisho, Ramona | Denis Morris | 13:20.50 |        |
| 2 pasaluko, lauren  | South Lincol | 14:37.27 |        |

Women 80 Meter Hurdles Midget

| Name                | Year School  | Finals | Points |
|---------------------|--------------|--------|--------|
| 1 Othman, Lynda     | Laura Secord | 14.47  |        |
| 2 Hendriks, Ally    | Blessed Trin | 15.39  |        |
| 3 Obrien, Hailie    | Beamsville D | 15.51  |        |
| 4 Bouwers, Naomi    | Heritage Chr | 16.08  |        |
| 5 Nickerson, Haille | Blessed Trin | 16.98  |        |
| 6 Tousaw, Victoria  | Grimsby Dss  | 17.04  |        |
| 7 Dunn, Zoe         | Grimsby Dss  | 17.60  |        |
| 8 Culp, Maggie      | Grimsby Dss  | 18.48  |        |

Women 300 Meter Hurdles Midget

| Name                     | Year School  | Finals  | H# | Points |
|--------------------------|--------------|---------|----|--------|
| 1 Mooradian, Katie       | Churchill, S | 56.38   | 1  |        |
| 2 Tousaw, Victoria       | Grimsby Dss  | 56.59   | 2  |        |
| 3 Hendriks, Ally         | Blessed Trin | 58.39   | 1  |        |
| 4 Obrien, Hailie         | Beamsville D | 58.43   | 2  |        |
| 5 lechowicz, jessie      | South Lincol | 59.05   | 1  |        |
| 6 Augustus, Brooke-Lynne | Laura Secord | 59.52   | 2  |        |
| 7 Bent, Michalla         | Laura Secord | 1:03.02 | 1  |        |

|                        |              |         |   |
|------------------------|--------------|---------|---|
| 8 Culp, Maggie         | Grimsby Dss  | 1:04.18 | 2 |
| 9 Dunn, Zoe            | Grimsby Dss  | 1:06.10 | 1 |
| 10 Westbrook, Courtney | Churchill, S | 1:07.25 | 2 |

#### Women 4x100 Meter Relay Midget

| School                     | Finals                  | Points |
|----------------------------|-------------------------|--------|
| 1 Denis Morris H S 'A'     | 57.30                   |        |
| 2 Eden High School 'A'     | 59.11                   |        |
| 1) Loon, Taylor            | 2) Skirrow, Hannah      |        |
| 3) DeGiovanni, Abbey       | 4) deSouza, Raiven      |        |
| 5) Kovacs, Sara            | 6) Vlatkovic, Tea       |        |
| 3 Grimsby D S S 'A'        | 1:00.89                 |        |
| 1) Tousaw, Victoria        | 2) Dunn, Zoe            |        |
| 3) Johnston, Bronte        | 4) Culp, Maggie         |        |
| 5) Dukes, Emma             | 6)                      |        |
| 4 Laura Secord S S 'A'     | 1:01.30                 |        |
| -- Blessed Trinity H S 'A' | DQ                      |        |
| 1) Kurpe, Hannah           | 2) Spadaro, Nicole      |        |
| 3) Evans, Mercedes         | 4) Barichello, Daniella |        |

#### Women High Jump Midget

| Name               | Year School  | Finals | Points |
|--------------------|--------------|--------|--------|
| 1 Hendriks, Ally   | Blessed Trin | 1.40m  |        |
| 2 Edwards, Alexys  | Thorold Ss-T | 1.35m  |        |
| 2 Dukes, Emma      | Grimsby Dss  | 1.35m  |        |
| 4 Naccaroto, Emily | Holy Cross H | J1.35m |        |
| 5 Webb, Lauren     | St. Francis  | 1.30m  |        |
| 6 Mooradian, Katie | Churchill, S | 1.25m  |        |
| 7 Klassen, Kiki    | Holy Cross H | J1.25m |        |

#### Women Long Jump Midget

| Name                     | Year School  | Finals | Points |
|--------------------------|--------------|--------|--------|
| 1 Allen, Savannah        | Denis Morris | 4.74m  |        |
| 2 Kovac, Sara            | Eden High Sc | 4.38m  |        |
| 3 Veldman, Danielle      | Smithville D | 4.08m  |        |
| 4 Korsmit, Jennifer      | Holy Cross H | 3.95m  |        |
| 5 Haight, Brooke         | Eden High Sc | 3.94m  |        |
| 6 Skirrow, Hannah        | Eden High Sc | 3.90m  |        |
| 7 Viscek, Vanessa        | Denis Morris | 3.88m  |        |
| 8 Godin, Megan           | Churchill, S | 3.85m  |        |
| 9 Dukes, Emma            | Grimsby Dss  | 3.81m  |        |
| 10 lechowicz, jessie     | South Lincol | 3.56m  |        |
| 11 Guerra, Talia         | Holy Cross H | 3.52m  |        |
| 12 Bucalova, Emilia      | Eden High Sc | 3.31m  |        |
| 13 McMurray, Amanda      | Blessed Trin | 3.30m  |        |
| 14 Mambella, Justine     | Denis Morris | 3.21m  |        |
| 15 Soobramanie, Jasmine  | Beamsville D | 3.19m  |        |
| 16 Smith, Madison        | Thorold Ss-T | 2.80m  |        |
| 17 Groff, Stephanie      | Kernahan Par | 2.10m  |        |
| 18 Junior-Brown, Shalika | Denis Morris | 2.07m  |        |

# Women Triple Jump Midget

| Name                   | Year School  | Finals | Points |
|------------------------|--------------|--------|--------|
| 1 Kovac, Sara          | Eden High Sc | 10.07m |        |
| 2 Godin, Megan         | Churchill, S | 9.13m  |        |
| 3 Loon, Taylor         | Eden High Sc | J9.13m |        |
| 4 Bouwers, Naomi       | Heritage Chr | 8.69m  |        |
| 5 Haight, Brooke       | Eden High Sc | 8.33m  |        |
| 6 Skirrow, Hannah      | Eden High Sc | 8.19m  |        |
| 7 Veldman, Danielle    | Smithville D | 8.14m  |        |
| 8 Christopher, Pylin   | Holy Cross H | 7.81m  |        |
| 9 Soobramanie, Jasmine | Beamsville D | 7.39m  |        |
| 10 Davidson, Ashleigh  | St. Catharin | 7.32m  |        |
| 11 lechowicz, jessie   | South Lincol | 7.27m  |        |

# Women Shot Put Midget

| Name               | Year School  | Finals | Points |
|--------------------|--------------|--------|--------|
| 1 Bullata, Natalie | Denis Morris | 8.01m  |        |
| 2 Hill, Alexandra  | Laura Secord | 7.82m  |        |
| 3 Elliot, Shannon  | Beamsville D | 7.72m  |        |
| 4 ohoski, rachel   | South Lincol | 6.81m  |        |
| 5 Strojin, Alana   | Denis Morris | 6.42m  |        |
| 6 Book, Emily      | Eden High Sc | 6.26m  |        |
| 7 hillman, sarah   | South Lincol | 5.21m  |        |
| 8 cosgrove, ally   | South Lincol | 4.96m  |        |
| 9 Truong, Jenny    | Laura Secord | 4.47m  |        |

# Women Discus Throw Midget

| Name               | Year School  | Finals | Points |
|--------------------|--------------|--------|--------|
| 1 Book, Emily      | Eden High Sc | 19.31m |        |
| 2 Strojin, Alana   | Denis Morris | 17.24m |        |
| 3 ohoski, rachel   | South Lincol | 16.93m |        |
| 4 hillman, sarah   | South Lincol | 12.39m |        |
| 5 pasaluko, lauren | South Lincol | 12.03m |        |
| 6 cosgrove, ally   | South Lincol | 11.49m |        |

# Women Javelin Throw Midget

| Name                | Year School  | Finals | Points |
|---------------------|--------------|--------|--------|
| 1 Vlatkovic, Tea    | Eden High Sc | 22.39m |        |
| 2 Mambella, Justine | Denis Morris | 19.19m |        |
| 3 Viscek, Vanessa   | Denis Morris | 17.79m |        |
| 4 hillman, sarah    | South Lincol | 17.32m |        |
| 5 Randall, Ceili    | Beamsville D | 17.29m |        |
| 6 Hill, Alexandra   | Laura Secord | 17.05m |        |
| 7 Elliot, Shannon   | Beamsville D | 15.87m |        |
| 8 Strojin, Alana    | Denis Morris | 15.19m |        |
| 9 cosgrove, ally    | South Lincol | 8.36m  |        |
| 10 Truong, Jenny    | Laura Secord | 2.84m  |        |
| 11 ohoski, rachel   | South Lincol | 1.08m  |        |

Women 100 Meter Dash Junior

| Name                  | Year School  | Finals | H# | Points |
|-----------------------|--------------|--------|----|--------|
| 1 Boekestyn, Brooke   | Heritage Chr | 13.44  | 3  |        |
| 2 Nwebube, Chinwe     | Great Lakes  | 14.02  | 2  |        |
| 3 Dion, Julie         | Churchill, S | 14.05  | 2  |        |
| 4 Dano, Ashling       | St. Francis  | 14.07  | 3  |        |
| 5 Szabo, Danielle     | Blessed Trin | 14.13  | 1  |        |
| 6 Pinfold, Hayley     | Denis Morris | 14.23  | 2  |        |
| 7 Tamayo, Karen       | Churchill, S | 14.27  | 3  |        |
| 8 Krause, Rachel      | Eden High Sc | 14.49  | 1  |        |
| 9 Brown, Monique      | Denis Morris | 14.50  | 1  |        |
| 10 Wall, Maegan       | Eden High Sc | 14.59  | 1  |        |
| 11 McLeod, Erin       | Churchill, S | 14.67  | 2  |        |
| 12 Matthews, Carly    | Eden High Sc | 14.68  | 2  |        |
| 13 Nichols, Kiana     | Grimsby Dss  | 14.81  | 3  |        |
| 14 Dunlop, Mary Jane  | Churchill, S | 14.85  | 1  |        |
| 15 Dykun, Ashley      | Blessed Trin | 15.24  | 1  |        |
| 16 Pagendam, Victoria | Denis Morris | 15.33  | 3  |        |
| 17 Gallway, Sarah     | St. Francis  | 15.51  | 2  |        |
| 18 Overholt, Cassie   | Blessed Trin | 15.53  | 3  |        |
| 19 Servos, Danielle   | Holy Cross H | 15.54  | 3  |        |
| 20 Anderson, Angelica | Eden High Sc | 15.67  | 3  |        |
| 21 Elias, Alyssia     | Blessed Trin | 16.09  | 2  |        |

Women 200 Meter Dash Junior

| Name                 | Year School  | Finals | H# | Points |
|----------------------|--------------|--------|----|--------|
| 1 Boekestyn, Brooke  | Heritage Chr | 27.53  | 2  |        |
| 2 Nwebube, Chinwe    | Great Lakes  | 28.90  | 2  |        |
| 3 Szabo, Danielle    | Blessed Trin | 29.27  | 1  |        |
| 4 Tamayo, Karen      | Churchill, S | 29.90  | 2  |        |
| 5 Soppitt, Mary      | Eden High Sc | 30.15  | 2  |        |
| 6 McLeod, Erin       | Churchill, S | 30.24  | 1  |        |
| 7 Nichols, Kiana     | Grimsby Dss  | 30.67  | 2  |        |
| 8 thomas, kendra     | South Lincol | 30.90  | 1  |        |
| 9 Bergin, Raquel     | Blessed Trin | 31.22  | 2  |        |
| 10 Dunlop, Mary Jane | Churchill, S | 32.06  | 1  |        |
| 11 Gallway, Sarah    | St. Francis  | 33.67  | 1  |        |
| 12 Galindo, Jada     | Denis Morris | 33.71  | 2  |        |
| 13 Skurnac, Nicole   | Blessed Trin | 34.42  | 2  |        |
| 14 Elias, Alyssia    | Blessed Trin | 36.13  | 1  |        |

Women 400 Meter Dash Junior

| Name                    | Year School  | Finals  | H# | Points |
|-------------------------|--------------|---------|----|--------|
| 1 Pio, Nila             | Denis Morris | 1:07.03 | 1  |        |
| 2 Dano, Ashling         | St. Francis  | 1:08.63 | 2  |        |
| 3 Beatty, Emily         | Laura Secord | 1:09.82 | 1  |        |
| 4 Majerovich, Katherine | Grimsby Dss  | 1:10.64 | 1  |        |
| 5 Watts, Sydney         | Denis Morris | 1:14.62 | 1  |        |
| 6 Huys, Victoria        | Eden High Sc | 1:17.35 | 2  |        |
| 7 robertson, jessie     | South Lincol | 1:17.80 | 2  |        |
| 8 Skurnac, Nicole       | Blessed Trin | 1:23.22 | 2  |        |

Women 800 Meter Run Junior

| Name              | Year School  | Finals  | Points |
|-------------------|--------------|---------|--------|
| 1 Korsmit, Laura  | Holy Cross H | 2:33.83 |        |
| 2 Pedwell, Amelia | Eden High Sc | 2:54.91 |        |
| 3 Pio, Nila       | Denis Morris | 2:55.47 |        |

Women 1500 Meter Run Junior

| Name                | Year School  | Finals  | Points |
|---------------------|--------------|---------|--------|
| 1 Korsmit, Laura    | Holy Cross H | 5:09.88 |        |
| 2 Woodhouse, Alysa  | Denis Morris | 5:20.92 |        |
| 3 Ianiero, Breanna  | Eden High Sc | 5:30.32 |        |
| 4 Wiley, Elise      | Churchill, S | 5:48.49 |        |
| 5 Gallagher, Olivia | Blessed Trin | 5:59.75 |        |
| 6 Pedwell, Amelia   | Eden High Sc | 6:06.10 |        |
| 7 Teils, Hannah     | West Park    | 6:06.72 |        |
| 8 mccollum, carly   | South Lincol | 6:10.09 |        |
| 9 Cunningham, Taryn | Blessed Trin | 6:21.00 |        |
| 10 Mills, Leah      | Blessed Trin | 6:23.52 |        |
| 11 Allan, Rachel    | Blessed Trin | 6:46.99 |        |

Women 3000 Meter Run Junior

| Name                | Year School  | Finals   | Points |
|---------------------|--------------|----------|--------|
| 1 Woodhouse, Alysa  | Denis Morris | 11:48.82 |        |
| 2 Ianiero, Breanna  | Eden High Sc | 12:43.54 |        |
| 3 Gallagher, Olivia | Blessed Trin | 12:51.60 |        |
| 4 Wiley, Elise      | Churchill, S | 13:26.56 |        |
| 5 Mills, Leah       | Blessed Trin | 13:49.85 |        |
| 6 mccollum, carly   | South Lincol | 13:58.80 |        |
| 7 Allan, Rachel     | Blessed Trin | 15:05.36 |        |

Women 80 Meter Hurdles Junior

| Name                 | Year School  | Finals | Points |
|----------------------|--------------|--------|--------|
| 1 Bittner, Kayla     | Beamsville D | 15.59  |        |
| 2 Weber, Christina   | Grimsby Dss  | 16.50  |        |
| 3 Soppitt, Mary      | Eden High Sc | 16.88  |        |
| 4 Schoppmann, Bailey | Blessed Trin | 16.98  |        |
| 5 Persia, Eily       | Blessed Trin | 17.02  |        |

Women 300 Meter Hurdles Junior

| Name                    | Year School  | Finals  | Points |
|-------------------------|--------------|---------|--------|
| 1 Dion, Julie           | Churchill, S | 56.24   |        |
| 2 Majerovich, Katherine | Grimsby Dss  | 57.71   |        |
| 3 Bittner, Kayla        | Beamsville D | 58.96   |        |
| 4 Weber, Christina      | Grimsby Dss  | 1:02.32 |        |
| 5 robertson, jessie     | South Lincol | 1:03.90 |        |
| 6 shortridge, alex      | South Lincol | 1:05.58 |        |

7 Schoppmann, Bailey

Blessed Trin

1:05.94

## Women 4x100 Meter Relay Junior

| School                          | Finals              | Points |
|---------------------------------|---------------------|--------|
| 1 Sir Winston Churchill S S 'A' | 55.79               |        |
| 2 Denis Morris H S 'A'          | 56.99               |        |
| 3 Grimsby D S S 'A'             | 57.77               |        |
| 1) Nichols, Kiana               | 2) Weber, Christina |        |
| 3) Majerovich, Katherine        | 4) Jacques, Morgan  |        |
| 4 Eden High School 'A'          | 58.33               |        |
| 1) Anderson, Angelica           | 2) Krause, Rachel   |        |
| 3) Matthews, Carly              | 4) Soppitt, Mary    |        |
| 5 Beamsville D S S 'A'          | 59.16               |        |
| 1) Randall, Ceili               | 2)                  |        |
| 3) Obrien, Hailie               | 4) Bittner, Kayla   |        |
| 5) Soobramanie, Jasmine         | 6)                  |        |
| -- Blessed Trinity H S 'A'      | DNF                 |        |
| 1) Overholt, Cassie             | 2) Dykun, Ashley    |        |
| 3) Szabo, Danielle              | 4) Bergin, Raquel   |        |

## Women High Jump Junior

| Name                 | Year School  | Finals | Points |
|----------------------|--------------|--------|--------|
| 1 Ianiero, Breanna   | Eden High Sc | 1.40m  |        |
| 1 Dion, Julie        | Churchill, S | 1.40m  |        |
| 3 Jacques, Morgan    | Grimsby Dss  | J1.40m |        |
| 4 shortridge, alex   | South Lincol | 1.35m  |        |
| 5 MacNiven, Courtney | Blessed Trin | 1.30m  |        |
| 6 Kares, Brooke      | Thorold Ss-T | 1.25m  |        |
| 7 Laus, Lexie        | Blessed Trin | J1.25m |        |

## Women Long Jump Junior

| Name                     | Year School  | Finals | Points |
|--------------------------|--------------|--------|--------|
| 1 Eagles, Rachel         | Beamsville D | 4.47m  |        |
| 2 Tamayo, Karen          | Churchill, S | 4.25m  |        |
| 3 Jacques, Morgan        | Grimsby Dss  | 4.17m  |        |
| 4 Soppitt, Mary          | Eden High Sc | 4.11m  |        |
| 5 Matthews, Carly        | Eden High Sc | 4.08m  |        |
| 6 Dewar, Annie           | Denis Morris | 4.07m  |        |
| 7 Pinfold, Hayley        | Denis Morris | 3.85m  |        |
| 8 Brown, Monique         | Denis Morris | 3.83m  |        |
| 9 Nwebube, Chinwe        | Great Lakes  | 3.81m  |        |
| 10 thomas, kendra        | South Lincol | 3.72m  |        |
| 11 Majerovich, Katherine | Grimsby Dss  | J3.72m |        |
| 12 Child, Kinsley        | Churchill, S | 3.70m  |        |
| 13 Persia, Eily          | Blessed Trin | 3.58m  |        |
| 14 Galindo, Jada         | Denis Morris | 3.51m  |        |
| 15 McAulay, Shawna       | Blessed Trin | 3.49m  |        |
| 16 Servos, Danielle      | Holy Cross H | 3.47m  |        |
| 17 Beatty, Emily         | Laura Secord | 3.38m  |        |
| 18 robertson, jessie     | South Lincol | 3.31m  |        |
| 19 McLeod, Erin          | Churchill, S | 3.25m  |        |

-- Mudrik, Madelen

Holy Cross H

FOUL

Women Triple Jump Junior

| Name                | Year School  | Finals | Points |
|---------------------|--------------|--------|--------|
| 1 Beatty, Emily     | Laura Secord | 9.41m  |        |
| 2 Jacques, Morgan   | Grimsby Dss  | 9.35m  |        |
| 3 Eagles, Rachel    | Beamsville D | 9.18m  |        |
| 4 Child, Kinsley    | Churchill, S | 8.63m  |        |
| 5 trifunavic, kassy | South Lincol | 8.54m  |        |
| 6 Weber, Christina  | Grimsby Dss  | 8.19m  |        |
| 7 Krause, Rachel    | Eden High Sc | 8.05m  |        |
| 8 Cunningham, Taryn | Blessed Trin | 7.89m  |        |
| 9 Yakubiw, Zoe      | Laura Secord | 7.75m  |        |
| 10 thomas, kendra   | South Lincol | 7.61m  |        |
| 11 shortridge, alex | South Lincol | 7.34m  |        |
| 12 Brown, Monique   | Denis Morris | 7.24m  |        |
| 13 Galindo, Jada    | Denis Morris | 7.13m  |        |
| 14 McAulay, Shawna  | Blessed Trin | 7.11m  |        |
| 15 Addabbo, Alyssa  | Denis Morris | 6.51m  |        |

Women Shot Put Junior

| Name                 | Year School  | Finals | Points |
|----------------------|--------------|--------|--------|
| 1 Anderson, Angelica | Eden High Sc | 7.37m  |        |
| 2 Short, Rebecca     | Grimsby Dss  | 7.17m  |        |
| 3 trifunavic, kassy  | South Lincol | 7.16m  |        |
| 4 Collison, Leanne   | St. Francis  | 7.12m  |        |
| 5 wellings, codie    | South Lincol | 6.92m  |        |
| 6 Wiebe, Rachel      | Eden High Sc | 6.77m  |        |
| 7 Fast, Victoria     | West Park    | 6.53m  |        |
| 8 Bieksa, Miranda    | Blessed Trin | 6.38m  |        |
| 9 Vinagre, Hannah    | Churchill, S | 6.17m  |        |
| 10 Badgerow, Emily   | Grimsby Dss  | 6.09m  |        |
| 11 Veenhof, Sara     | Smithville D | 6.08m  |        |
| 12 vickers, kayla    | South Lincol | 6.05m  |        |
| 13 Balt, Jessica     | Grimsby Dss  | 5.41m  |        |
| 14 Regehr, Chelsea   | Eden High Sc | 4.73m  |        |

Women Discus Throw Junior

| Name                | Year School  | Finals | Points |
|---------------------|--------------|--------|--------|
| 1 Yakubiw, Zoe      | Laura Secord | 18.75m |        |
| 2 Short, Rebecca    | Grimsby Dss  | 18.51m |        |
| 3 Bieksa, Miranda   | Blessed Trin | 18.25m |        |
| 4 Balt, Jessica     | Grimsby Dss  | 18.12m |        |
| 5 trifunavic, kassy | South Lincol | 16.94m |        |
| 6 Collison, Leanne  | St. Francis  | 16.58m |        |
| 7 wellings, codie   | South Lincol | 16.28m |        |
| 8 Vinagre, Hannah   | Churchill, S | 16.05m |        |
| 9 vickers, kayla    | South Lincol | 15.32m |        |
| 10 Badgerow, Emily  | Grimsby Dss  | 12.76m |        |
| 11 Addabbo, Alyssa  | Denis Morris | 11.02m |        |

# Women Javelin Throw Junior

| Name               | Year School  | Finals | Points |
|--------------------|--------------|--------|--------|
| 1 Yakubiw, Zoe     | Laura Secord | 24.15m |        |
| 2 Dewar, Annie     | Denis Morris | 20.18m |        |
| 3 Wiebe, Rachel    | Eden High Sc | 18.03m |        |
| 4 Vinagre, Hannah  | Churchill, S | 16.85m |        |
| 5 Short, Rebecca   | Grimsby Dss  | 15.92m |        |
| 6 Balt, Jessica    | Grimsby Dss  | 15.45m |        |
| 7 Pinfold, Hayley  | Denis Morris | 15.07m |        |
| 8 Veenhof, Sara    | Smithville D | 14.85m |        |
| 9 Addabbo, Alyssa  | Denis Morris | 13.24m |        |
| 10 Badgerow, Emily | Grimsby Dss  | 12.63m |        |
| 11 Regehr, Chelsea | Eden High Sc | 11.64m |        |
| 12 vickers, kayla  | South Lincol | 10.76m |        |
| 13 wellings, codie | South Lincol | 9.45m  |        |

# Women 100 Meter Dash Senior

| Name                   | Year School  | Finals | H# | Points |
|------------------------|--------------|--------|----|--------|
| 1 Edwards, Shadae      | Denis Morris | 12.74  | 3  |        |
| 2 McClurkin, Caitlin   | Grimsby Dss  | 13.21  | 2  |        |
| 3 Mazzarella, Annika   | Laura Secord | 13.46  | 1  |        |
| 4 Boekestyn, Richelle  | Heritage Chr | 13.78  | 3  |        |
| 5 Gionet, Casey        | Holy Cross H | 13.82  | 1  |        |
| 6 Teeuwsen, Christina  | Smithville D | 14.26  | 1  |        |
| 7 Hutchinson, Jessica  | Blessed Trin | 14.49  | 1  |        |
| 8 Simpson, Chloe       | Laura Secord | 14.61  | 2  |        |
| 9 Uskin, Kelly         | St. Francis  | 14.65  | 3  |        |
| 10 Beattie, Hilary     | Blessed Trin | 14.71  | 2  |        |
| 11 Browett, Amy        | Thorold Ss-T | 14.85  | 2  |        |
| 12 Needham, Cara       | Smithville D | 15.21  | 3  |        |
| 13 Holodnuik, Leah     | Grimsby Dss  | 15.62  | 3  |        |
| 14 Usuanlele, Uyi      | Denis Morris | 15.73  | 2  |        |
| 15 Loughheed, Chantara | Laura Secord | 15.75  | 3  |        |
| 16 Cuadros, Jennifer   | Holy Cross H | 15.75  | 3  |        |
| 17 Burkart, Nicole     | Governor Sim | 16.44  | 2  |        |
| 18 West, Jamie         | Governor Sim | 16.49  | 1  |        |
| 19 McNulty, Caitlin    | Holy Cross H | 16.94  | 2  |        |
| 20 Khnanisho, Sharona  | Denis Morris | 17.25  | 1  |        |

# Women 200 Meter Dash Senior

| Name                  | Year School  | Finals | H# | Points |
|-----------------------|--------------|--------|----|--------|
| 1 Edwards, Shadae     | Denis Morris | 26.48  | 2  |        |
| 2 Mazzarella, Annika  | Laura Secord | 27.50  | 1  |        |
| 3 Ollier, Mary        | Grimsby Dss  | 28.25  | 3  |        |
| 4 Musca, Mireille     | Blessed Trin | 28.49  | 3  |        |
| 5 Boekestyn, Richelle | Heritage Chr | 28.74  | 3  |        |
| 6 Mihelcic, Maja      | Blessed Trin | 28.95  | 3  |        |
| 7 Gionet, Casey       | Holy Cross H | 28.97  | 2  |        |
| 8 Hutchinson, Jessica | Blessed Trin | 29.54  | 1  |        |
| 9 Teeuwsen, Christina | Smithville D | 29.95  | 1  |        |
| 10 Thiessen, Adrienne | Laura Secord | 30.03  | 2  |        |

|    |                      |              |       |   |
|----|----------------------|--------------|-------|---|
| 11 | Cheliak, Katie       | Denis Morris | 30.17 | 1 |
| 12 | Sisavath, Sheena     | Laura Secord | 30.42 | 3 |
| 13 | Gaio, Hailey         | Holy Cross H | 30.53 | 2 |
| 14 | Hawkhisstone, Ashley | St. Francis  | 30.54 | 3 |
| 15 | Schenck, Rachel      | St. Francis  | 31.51 | 2 |
| 16 | Holodniuk, Leah      | Grimsby Dss  | 32.51 | 1 |
| 17 | Gillis, Alysha       | Denis Morris | 32.59 | 3 |
| 18 | Zanon, Sarah         | Blessed Trin | 32.59 | 2 |
| 19 | Usuanlele, Uyi       | Denis Morris | 32.73 | 2 |
| 20 | Lougheed, Chantara   | Laura Secord | 33.33 | 2 |
| 21 | Cuadros, Jennifer    | Holy Cross H | 36.46 | 3 |

#### Women 400 Meter Dash Senior

| Name                   | Year School  | Finals  | H# | Points |
|------------------------|--------------|---------|----|--------|
| 1 McWilliam, Hailey    | Laura Secord | 1:04.67 | 2  |        |
| 2 Chivalan, Selena     | Denis Morris | 1:06.53 | 1  |        |
| 3 Laughlin, Erin       | Blessed Trin | 1:09.15 | 2  |        |
| 4 Hawkhisstone, Ashley | St. Francis  | 1:09.34 | 1  |        |
| 5 Koudys, Jackie       | Blessed Trin | 1:11.94 | 1  |        |
| 6 Cheliak, Katie       | Denis Morris | 1:12.31 | 2  |        |
| 7 Browett, Amy         | Thorold Ss-T | 1:12.40 | 1  |        |
| 8 Uskin, Kelly         | St. Francis  | 1:12.47 | 2  |        |
| 9 Gillis, Alysha       | Denis Morris | 1:17.33 | 2  |        |
| 10 Zanon, Sarah        | Blessed Trin | 1:19.80 | 1  |        |
| 11 Jennings, Sam       | Beamsville D | 1:21.43 | 2  |        |
| 12 Cotnam, Taylor      | Denis Morris | 1:22.98 | 1  |        |

#### Women 800 Meter Run Senior

| Name                   | Year School  | Finals  | Points |
|------------------------|--------------|---------|--------|
| 1 Eizenga, Talasia     | Churchill, S | 2:33.45 |        |
| 2 Chivalan, Selena     | Denis Morris | 2:35.89 |        |
| 3 McWilliam, Hailey    | Laura Secord | 2:53.50 |        |
| 4 Wachner, Rachel      | Blessed Trin | 2:56.54 |        |
| 5 Laughlin, Erin       | Blessed Trin | 2:58.23 |        |
| 6 Koudys, Jackie       | Blessed Trin | 2:58.26 |        |
| 7 kruickshank, catrina | South Lincol | 3:01.44 |        |
| 8 Koudijs, Emily       | Great Lakes  | 3:04.39 |        |
| 9 Zanon, Sarah         | Blessed Trin | 3:09.48 |        |
| 10 Buist, Kathryn      | Smithville D | 3:09.52 |        |
| 11 High, Thalia        | Beamsville D | 3:15.63 |        |
| 12 Gillis, Alysha      | Denis Morris | 3:21.27 |        |
| 13 Howes, Allison      | Denis Morris | 3:27.21 |        |
| 14 Cotnam, Taylor      | Denis Morris | 3:36.15 |        |
| 15 Jennings, Sam       | Beamsville D | 3:37.92 |        |

#### Women 1500 Meter Run Senior

| Name                   | Year School  | Finals  | Points |
|------------------------|--------------|---------|--------|
| 1 Eizenga, Talasia     | Churchill, S | 5:14.70 |        |
| 2 Lawless, Nicole      | Churchill, S | 5:19.31 |        |
| 3 kruickshank, catrina | South Lincol | 6:18.43 |        |
| 4 Buist, Kathryn       | Smithville D | 6:21.44 |        |

|                  |              |         |
|------------------|--------------|---------|
| 5 High, Thalia   | Beamsville D | 6:42.79 |
| 6 Celetti, Alex  | Denis Morris | 6:55.07 |
| 7 Howes, Allison | Denis Morris | 7:06.21 |

#### Women 3000 Meter Run Senior

| Name                   | Year School  | Finals   | Points |
|------------------------|--------------|----------|--------|
| 1 Lawless, Nicole      | Churchill, S | 11:33.28 |        |
| 2 kruickshank, catrina | South Lincol | 14:11.54 |        |
| 3 Koudijs, Emily       | Great Lakes  | 14:29.14 |        |

#### Women 100 Meter Hurdles Senior

| Name                   | Year School  | Finals | H# | Points |
|------------------------|--------------|--------|----|--------|
| 1 Ollier, Mary         | Grimsby Dss  | 16.15  | 2  |        |
| 2 Lin, Sally           | Laura Secord | 16.56  | 1  |        |
| 3 Thiessen, Adrienne   | Laura Secord | 17.04  | 2  |        |
| 4 Ross, Raylene        | Grimsby Dss  | 17.70  | 1  |        |
| 5 Sisavath, Sheena     | Laura Secord | 18.87  | 1  |        |
| 6 Paduano, Lauren      | Grimsby Dss  | 19.53  | 2  |        |
| 7 Beattie, Hilary      | Blessed Trin | 20.06  | 2  |        |
| 8 Buist, Kathryn       | Smithville D | 23.54  | 2  |        |
| 9 Needham, Cara        | Smithville D | 23.67  | 1  |        |
| 10 Nittel, Alena       | Smithville D | 24.99  | 1  |        |
| 11 Loughheed, Chantara | Laura Secord | 26.00  | 2  |        |

#### Women 400 Meter Hurdles Senior

| Name                 | Year School  | Finals  | Points |
|----------------------|--------------|---------|--------|
| 1 Musca, Mireille    | Blessed Trin | 1:11.89 |        |
| 2 McWilliam, Hailey  | Laura Secord | 1:12.32 |        |
| 3 Ross, Raylene      | Grimsby Dss  | 1:16.25 |        |
| 4 Thiessen, Adrienne | Laura Secord | 1:17.22 |        |
| 5 Paduano, Lauren    | Grimsby Dss  | 1:20.05 |        |
| 6 Stuart, Savannah   | Laura Secord | 1:25.97 |        |
| 7 Hogg, Laura        | Laura Secord | 1:47.15 |        |

#### Women 4x100 Meter Relay Senior

| School                 | Finals  | Points |
|------------------------|---------|--------|
| 1 Grimsby D S S 'A'    | 53.39   |        |
| 1) Paduano, Lauren     |         |        |
| 2) Ross, Raylene       |         |        |
| 3) McClurkin, Caitlin  |         |        |
| 4) Ollier, Mary        |         |        |
| 2 Laura Secord S S 'A' | 53.51   |        |
| 3 St. Francis S S 'A'  | 58.47   |        |
| 4 Denis Morris H S 'A' | 59.94   |        |
| 5 Holy Cross H S 'A'   | 1:00.54 |        |

#### Women High Jump Senior

| Name            | Year School  | Finals | Points |
|-----------------|--------------|--------|--------|
| 1 Divok, Jordyn | St. Catharin | 1.25m  |        |

# Women Long Jump Senior

| Name                    | Year School  | Finals | Points |
|-------------------------|--------------|--------|--------|
| 1 McClurkin, Caitlin    | Grimsby Dss  | 4.99m  |        |
| 2 Mary, Ollier          | Grimsby Dss  | 4.68m  |        |
| 3 trifunavic, stacey    | South Lincol | 4.36m  |        |
| 4 Lin, Sally            | Laura Secord | 4.29m  |        |
| 5 Ross, Raylene         | Grimsby Dss  | 3.95m  |        |
| 6 Middleton, Sierra     | St. Catharin | 3.54m  |        |
| 7 Gaio, Danielle        | Holy Cross H | 3.47m  |        |
| 8 Needham, Cara         | Smithville D | 3.45m  |        |
| 9 Leger, Samantha       | Grimsby Dss  | 3.40m  |        |
| 10 Nittel, Alena        | Smithville D | 3.33m  |        |
| 11 Petrovitsch, Marlene | Smithville D | 3.01m  |        |
| 12 Blatchley, Taylor    | Beamsville D | 2.98m  |        |
| 13 West, Jamie          | Governor Sim | 2.91m  |        |
| 14 Burkart, Nicole      | Governor Sim | 2.79m  |        |
| 15 Henry, Natasha       | St. Catharin | 2.72m  |        |
| 16 Khnanisho, Sharona   | Denis Morris | 2.59m  |        |

# Women Triple Jump Senior

| Name                 | Year School  | Finals  | Points |
|----------------------|--------------|---------|--------|
| 1 Lin, Sally         | Laura Secord | 10.13m  |        |
| 2 trifunavic, stacey | South Lincol | J10.13m |        |
| 3 Musca, Mireille    | Blessed Trin | 9.87m   |        |
| 4 Middleton, Sierra  | St. Catharin | 8.10m   |        |
| 5 Leger, Samantha    | Grimsby Dss  | 8.06m   |        |
| 6 Simpson, Chloe     | Laura Secord | 7.27m   |        |
| 7 Holodnuik, Leah    | Grimsby Dss  | 6.80m   |        |
| 8 Blatchley, Taylor  | Beamsville D | 6.49m   |        |

# Women Shot Put Senior

| Name                    | Year School  | Finals | Points |
|-------------------------|--------------|--------|--------|
| 1 denHollander, Jocelyn | Denis Morris | 8.59m  |        |
| 2 Badgerow, Olivia      | Grimsby Dss  | 7.81m  |        |
| 3 Carr, Carling         | Holy Cross H | 7.80m  |        |
| 4 Cain, Carly           | Blessed Trin | 7.65m  |        |
| 5 Bokestyn, Richelle    | Heritage Chr | 7.60m  |        |
| 6 Mazzarella, Annika    | Laura Secord | 7.50m  |        |
| 7 Middleton, Sierra     | St. Catharin | 7.23m  |        |
| 8 McKay, Cassidy        | Churchill, S | 6.69m  |        |
| 9 Gionet, Casey         | Holy Cross H | 6.65m  |        |
| 10 Teeuwsen, Christina  | Smithville D | 6.47m  |        |
| 11 Gaio, Hailey         | Holy Cross H | 6.43m  |        |
| 12 Nittel, Alena        | Smithville D | 6.40m  |        |
| 13 Howcroft, Jessica    | Blessed Trin | 6.25m  |        |
| 14 Petrovitsch, Marlene | Smithville D | 5.09m  |        |
| 15 Renaud, Karle        | Grimsby Dss  | 4.98m  |        |
| 16 Gaio, Danielle       | Holy Cross H | 4.80m  |        |

# Women Discus Throw Senior

| Name                    | Year School  | Finals | Points |
|-------------------------|--------------|--------|--------|
| 1 Cain, Carly           | Blessed Trin | 27.72m |        |
| 2 Mihelcic, Maja        | Blessed Trin | 21.27m |        |
| 3 denHollander, Jocelyn | Denis Morris | 20.51m |        |
| 4 Badgerow, Olivia      | Grimsby Dss  | 17.39m |        |
| 5 Howcroft, Jessica     | Blessed Trin | 16.67m |        |
| -- McKay, Cassidy       | Churchill, S | FOUL   |        |
| -- Short, Alyssa        | Grimsby Dss  | FOUL   |        |

#### Women Javelin Throw Senior

| Name                    | Year School  | Finals | Points |
|-------------------------|--------------|--------|--------|
| 1 McKay, Cassidy        | Churchill, S | 30.80m |        |
| 2 Slamka, Hailey        | Holy Cross H | 25.58m |        |
| 3 denHollander, Jocelyn | Denis Morris | 20.71m |        |
| 4 Badgerow, Olivia      | Grimsby Dss  | 20.02m |        |
| 5 Michalko, Christy     | West Park    | 18.32m |        |
| 6 Simpson, Chloe        | Laura Secord | 17.26m |        |
| 6 Short, Alyssa         | Grimsby Dss  | 17.26m |        |
| 8 Kathy, Procyk         | West Park    | 16.52m |        |
| 9 Carr, Carling         | Holy Cross H | 14.68m |        |
| 10 Dunbar, Carly        | West Park    | 14.15m |        |
| 11 Howes, Allison       | Denis Morris | 13.92m |        |
| 12 Khnanisho, Sharona   | Denis Morris | 10.74m |        |

#### Women 1500 Meter Steeplechase Open

| Name                     | Year School  | Finals  | Points |
|--------------------------|--------------|---------|--------|
| 1 Eizenga, Talasia       | Churchill, S | 5:37.21 |        |
| 2 Laughlin, Erin         | Blessed Trin | 6:23.12 |        |
| 3 Koudys, Jackie         | Blessed Trin | 6:34.67 |        |
| 4 Wachner, Rachel        | Blessed Trin | 6:42.75 |        |
| 5 Augustus, Brooke-Lynne | Laura Secord | 6:44.99 |        |
| 6 Hogg, Laura            | Laura Secord | 7:04.02 |        |
| 7 Bent, Michalla         | Laura Secord | 7:10.88 |        |
| 8 Bucalova, Emilia       | Eden High Sc | 7:24.37 |        |

#### Women 4x400 Meter Relay Open

| School                    | Finals  | Points |
|---------------------------|---------|--------|
| 1 Laura Secord S S 'A'    | 4:46.02 |        |
| 2 Denis Morris H S 'A'    | 4:50.00 |        |
| 3 Blessed Trinity H S 'A' | 5:03.84 |        |

#### Men 100 Meter Dash Midget

| Name              | Year School  | Finals | H# | Points |
|-------------------|--------------|--------|----|--------|
| 1 Bell, Twanell   | St. Catharin | 12.21  | 3  |        |
| 2 Kennedy, Nathan | Blessed Trin | 12.22  | 3  |        |
| 3 Campbell, Danny | Governor Sim | 12.48  | 1  |        |
| 4 Wilson, Akeem   | Denis Morris | 12.52  | 2  |        |

|    |                     |              |       |   |
|----|---------------------|--------------|-------|---|
| 5  | Selman, Jaquan      | Denis Morris | 12.55 | 2 |
| 6  | Cowling, Will       | Laura Secord | 12.64 | 3 |
| 7  | Greenlaw, Sam       | Governor Sim | 12.65 | 1 |
| 8  | Whetton, Austin     | Blessed Trin | 12.76 | 2 |
| 9  | Cojocari, Vladamir  | Denis Morris | 12.80 | 3 |
| 10 | Dhannyram, Nicholas | Holy Cross H | 13.02 | 1 |
| 11 | Chan, Terrence      | Laura Secord | 13.27 | 2 |
| 12 | Chambers, Jake      | Denis Morris | 13.39 | 2 |
| 13 | Hoekstra, Curtis    | Smithville D | 13.51 | 1 |
| 14 | Denee, Eric         | Smithville D | 13.99 | 3 |
| 15 | Anderson, Tyler     | Laura Secord | 14.12 | 1 |
| 16 | Mackie, Billy       | Grimsby Dss  | 14.21 | 2 |
| 17 | Smith, Drew         | West Park    | 14.55 | 1 |
| 18 | Bell, John          | Grimsby Dss  | 14.65 | 3 |

#### Men 200 Meter Dash Midget

| Name | Year                | School       | Finals | H# | Points |
|------|---------------------|--------------|--------|----|--------|
| 1    | Wilson, Akeem       | Denis Morris | 25.17  | 1  |        |
| 2    | Campbell, Danny     | Governor Sim | 25.27  | 1  |        |
| 3    | Kennedy, Nathan     | Blessed Trin | 25.48  | 2  |        |
| 4    | Greenlaw, Sam       | Governor Sim | 25.56  | 2  |        |
| 5    | Selman, Jaquan      | Denis Morris | 25.81  | 3  |        |
| 6    | Cowling, Will       | Laura Secord | 25.97  | 1  |        |
| 7    | Dhannyram, Nicholas | Holy Cross H | 26.30  | 2  |        |
| 8    | Chan, Terrence      | Laura Secord | 27.42  | 3  |        |
| 9    | Miller, Edvin       | Laura Secord | 27.51  | 2  |        |
| 10   | hardt, nolan        | South Lincol | 27.77  | 3  |        |
| 11   | Anderson, Tyler     | Laura Secord | 27.79  | 3  |        |
| 12   | Falzone, Joe        | Smithville D | 28.50  | 1  |        |
| 13   | Brennan, Lukas      | West Park    | 29.10  | 1  |        |
| 14   | Vaccaro, Daniel     | West Park    | 29.55  | 3  |        |
| 15   | An, Daniel          | Eden High Sc | 29.58  | 2  |        |
| 16   | Dubon, George       | West Park    | 31.58  | 2  |        |
| 17   | Sciarra, Brandon    | Blessed Trin | 31.99  | 3  |        |
| 18   | Heinrichs, Tyler    | Eden High Sc | 32.56  | 1  |        |

#### Men 400 Meter Dash Midget

| Name | Year             | School       | Finals  | H# | Points |
|------|------------------|--------------|---------|----|--------|
| 1    | Cowling, Will    | Laura Secord | 56.95   | 1  |        |
| 2    | Chan, Terrence   | Laura Secord | 1:00.01 | 2  |        |
| 3    | Miller, Edvin    | Laura Secord | 1:01.45 | 1  |        |
| 4    | Bonsma, Ben      | Smithville D | 1:03.17 | 2  |        |
| 5    | hardt, nolan     | South Lincol | 1:04.75 | 2  |        |
| 6    | Kieffer, Bryce   | Blessed Trin | 1:05.30 | 2  |        |
| 7    | kajaste, kyle    | South Lincol | 1:06.61 | 1  |        |
| 8    | An, Daniel       | Eden High Sc | 1:07.44 | 1  |        |
| 9    | Vickers, Liam    | West Park    | 1:07.91 | 1  |        |
| 10   | Smith, Drew      | West Park    | 1:09.28 | 2  |        |
| 11   | Vaccaro, Daniel  | West Park    | 1:09.66 | 2  |        |
| 12   | sisler, clayton  | South Lincol | 1:10.61 | 2  |        |
| 13   | Dubon, George    | West Park    | 1:12.06 | 1  |        |
| 14   | Heinrichs, Tyler | Eden High Sc | 1:14.34 | 1  |        |

# Men 800 Meter Run Midget

| Name                    | Year School  | Finals  | Points |
|-------------------------|--------------|---------|--------|
| 1 Lawless, Justin       | Churchill, S | 2:14.69 |        |
| 2 Hassim, Cain          | Churchill, S | 2:17.27 |        |
| 3 Flood, Jacob          | Beamsville D | 2:27.54 |        |
| 4 Altamirano, David     | Denis Morris | 2:29.20 |        |
| 5 Marshall-Young, Tyler | Laura Secord | 2:33.96 |        |
| 6 McShannon, David      | Denis Morris | 2:42.20 |        |
| 7 goeree, john          | South Lincol | 2:44.34 |        |
| 8 grant, josh           | South Lincol | 2:44.82 |        |
| 9 kajaste, kyle         | South Lincol | 2:51.49 |        |
| 10 sisler, clayton      | South Lincol | 2:57.27 |        |
| 11 Dubon, George        | West Park    | 2:58.56 |        |
| 12 Sciarra, Brandon     | Blessed Trin | 3:00.75 |        |
| 13 Vickers, Liam        | West Park    | 3:05.50 |        |

# Men 1500 Meter Run Midget

| Name                 | Year School  | Finals  | Points |
|----------------------|--------------|---------|--------|
| 1 Hassim, Cain       | Churchill, S | 4:33.55 |        |
| 2 Lawless, Justin    | Churchill, S | 4:36.34 |        |
| 3 Flood, Jacob       | Beamsville D | 4:59.57 |        |
| 4 Attema, Quinten    | Smithville D | 5:04.09 |        |
| 5 Altamirano, David  | Denis Morris | 5:15.63 |        |
| 6 Clute, Nicolas     | Holy Cross H | 5:28.95 |        |
| 7 Honsberger, Curtis | Denis Morris | 5:32.36 |        |
| 8 McShannon, David   | Denis Morris | 5:35.52 |        |
| 9 kajaste, kyle      | South Lincol | 5:36.49 |        |
| 10 grant, josh       | South Lincol | 5:37.23 |        |
| 11 goeree, john      | South Lincol | 5:37.32 |        |
| 12 Bell, John        | Grimsby Dss  | 5:43.14 |        |

# Men 3000 Meter Run Midget

| Name                 | Year School  | Finals   | Points |
|----------------------|--------------|----------|--------|
| 1 Hassim, Cain       | Churchill, S | 10:34.11 |        |
| 2 Lawless, Justin    | Churchill, S | 10:43.90 |        |
| 3 Altamirano, David  | Denis Morris | 10:55.28 |        |
| 4 Honsberger, Curtis | Denis Morris | 11:28.12 |        |
| 5 Bonsma, Ben        | Smithville D | 11:32.21 |        |
| 6 Attema, Quinten    | Smithville D | 11:40.11 |        |
| 7 MacMillan, Cam     | Denis Morris | 11:43.79 |        |
| 8 goeree, john       | South Lincol | 11:48.03 |        |
| 9 Clute, Nicolas     | Holy Cross H | 11:54.25 |        |

# Men 100 Meter Hurdles Midget

| Name              | Year School  | Finals | Points |
|-------------------|--------------|--------|--------|
| 1 Wilson, Mack    | Laura Secord | 16.31  |        |
| 2 Parchment, Duan | Laura Secord | 17.16  |        |
| 3 Kennedy, Nathan | Blessed Trin | 17.18  |        |
| 4 Kieffer, Bryce  | Blessed Trin | 18.22  |        |

|   |                      |              |       |
|---|----------------------|--------------|-------|
| 5 | Stewart, Jordan      | Laura Secord | 19.52 |
| 6 | McKay-Cotton, Andrew | Laura Secord | 20.27 |

#### Men 300 Meter Hurdles Midget

| Name                   | Year School  | Finals | H# | Points |
|------------------------|--------------|--------|----|--------|
| 1 Wilson, Mack         | Laura Secord | 48.03  | 1  |        |
| 2 Parchment, Duan      | Laura Secord | 50.48  | 2  |        |
| 3 Stewart, Jordan      | Laura Secord | 51.04  | 2  |        |
| 4 McKay-Cotton, Andrew | Laura Secord | 52.12  | 1  |        |
| 5 cole, josh           | South Lincol | 53.76  | 2  |        |
| 6 Bonsma, Ben          | Smithville D | 54.75  | 1  |        |
| 7 Mackie, Billy        | Grimsby Dss  | 55.25  | 1  |        |
| 8 Lillo, David         | Churchill, S | 56.12  | 2  |        |
| 9 Kieffer, Bryce       | Blessed Trin | 57.59  | 2  |        |

#### Men 4x100 Meter Relay Midget

| School                           | Finals | Points |
|----------------------------------|--------|--------|
| 1 Laura Secord S S 'A'           | 51.11  |        |
| 2 Denis Morris H S 'A'           | 52.21  |        |
| -- Smithville District C H S 'A' | DQ     |        |

#### Men High Jump Midget

| Name               | Year School  | Finals | Points |
|--------------------|--------------|--------|--------|
| 1 Fortaleza, Alvin | Churchill, S | 1.70m  |        |
| 2 Bell, Twanell    | St. Catharin | 1.65m  |        |
| 2 Bailey, David    | West Park    | 1.65m  |        |
| 4 Winger, Mitchell | Churchill, S | 1.55m  |        |
| 5 Shaw, Austin     | Thorold Ss-T | 1.45m  |        |
| 6 McMullin, Sean   | Eden High Sc | J1.45m |        |
| 7 Vanderlaan, Ben  | Denis Morris | 1.40m  |        |
| 8 Lillo, David     | Churchill, S | 1.35m  |        |
| -- cole, josh      | South Lincol | DNF    |        |

#### Men Long Jump Midget

| Name                     | Year School  | Finals | Points |
|--------------------------|--------------|--------|--------|
| 1 Fortaleza, Alvin       | Churchill, S | 5.43m  |        |
| 2 Wilson, Akeem          | Denis Morris | 4.81m  |        |
| 3 hardt, nolan           | South Lincol | 4.73m  |        |
| 4 Chambers, Jake         | Denis Morris | 4.64m  |        |
| 5 Folkerts, Simon        | Smithville D | 4.54m  |        |
| 6 Bailey, David          | West Park    | 4.49m  |        |
| 7 Anderson, Tyler        | Laura Secord | 4.40m  |        |
| 8 Whetton, Austin        | Blessed Trin | 4.37m  |        |
| 9 Hoekstra, Curtis       | Smithville D | 4.32m  |        |
| 10 Vanderlaan, Ben       | Denis Morris | 4.29m  |        |
| 11 Marshall-Young, Tyler | Laura Secord | 4.20m  |        |
| 12 Mackie, Billy         | Grimsby Dss  | J4.20m |        |
| 13 Sawyer, Alfonso       | Blessed Trin | 4.16m  |        |
| 14 Katzman, Jack         | West Park    | 4.11m  |        |

|    |                    |              |       |
|----|--------------------|--------------|-------|
| 15 | VanderMeer, Eric   | Smithville D | 4.06m |
| 16 | Smith, Drew        | West Park    | 3.73m |
| 17 | Sciarra, Brandon   | Blessed Trin | 3.69m |
| 18 | sisler, clayton    | South Lincol | 3.68m |
| 19 | Wininger, Mitchell | Churchill, S | 3.50m |
| 20 | Storin, Kenny      | Laura Secord | 2.88m |

#### Men Triple Jump Midget

| Name                 | Year | School       | Finals | Points |
|----------------------|------|--------------|--------|--------|
| 1 Fortaleza, Alvin   |      | Churchill, S | 12.19m |        |
| 2 Miller, Edvin      |      | Laura Secord | 11.56m |        |
| 3 McMullin, Sean     |      | Eden High Sc | 9.93m  |        |
| 4 Shaw, Austin       |      | Thorold Ss-T | 9.33m  |        |
| 5 Wininger, Mitchell |      | Churchill, S | 8.25m  |        |
| 6 Lillo, David       |      | Churchill, S | 7.92m  |        |

#### Men Shot Put Midget

| Name                   | Year | School       | Finals | Points |
|------------------------|------|--------------|--------|--------|
| 1 Jobson, Alex         |      | Governor Sim | 11.63m |        |
| 2 Ferrara, Benny       |      | Blessed Trin | 10.58m |        |
| 3 Katzman, Jack        |      | West Park    | 10.03m |        |
| 4 Penner, Jeremy       |      | Churchill, S | 9.87m  |        |
| 5 Denee, Eric          |      | Smithville D | 9.42m  |        |
| 6 Cruz, Douglas        |      | St. Catharin | 9.35m  |        |
| 7 Shaw, Austin         |      | Thorold Ss-T | 9.03m  |        |
| 8 Cojocari, Vladamir   |      | Denis Morris | 9.00m  |        |
| 9 Dekker, Sam          |      | Smithville D | 8.75m  |        |
| 10 Wheeler, Austin     |      | West Park    | 8.25m  |        |
| 11 Boese, Abe          |      | Laura Secord | 8.07m  |        |
| 12 Storin, Kenny       |      | Laura Secord | 7.80m  |        |
| 13 Sawyer, Alfonso     |      | Blessed Trin | 7.70m  |        |
| 14 Brazeau, Zack       |      | Kernahan Par | 6.18m  |        |
| 15 Ferrusi, Josh       |      | Blessed Trin | 5.80m  |        |
| 16 Posavad, Ben        |      | Beamsville D | 4.22m  |        |
| -- Dhannyram, Nicholas |      | Holy Cross H | DNF    |        |
| -- Jackson, Blake      |      | Beamsville D | DNF    |        |

#### Men Discus Throw Midget

| Name                 | Year | School       | Finals | Points |
|----------------------|------|--------------|--------|--------|
| 1 Penner, Jeremy     |      | Churchill, S | 30.61m |        |
| 2 Cruz, Douglas      |      | St. Catharin | 29.37m |        |
| 3 Cojocari, Vladamir |      | Denis Morris | 27.68m |        |
| 4 Ferrara, Benny     |      | Blessed Trin | 27.00m |        |
| 5 Dekker, Sam        |      | Smithville D | 24.77m |        |
| 6 Boese, Abe         |      | Laura Secord | 23.98m |        |
| 7 Ferrusi, Josh      |      | Blessed Trin | 22.70m |        |
| 8 Storin, Kenny      |      | Laura Secord | 21.75m |        |
| 9 VanderMeer, Eric   |      | Smithville D | 18.10m |        |
| 10 Wheeler, Austin   |      | West Park    | 12.08m |        |
| 11 cole, josh        |      | South Lincol | 5.68m  |        |

# Men Javelin Throw Midget

| Name                     | Year School  | Finals | Points |
|--------------------------|--------------|--------|--------|
| 1 Folkerts, Simon        | Smithville D | 41.83m |        |
| 2 Lane, Noah             | Blessed Trin | 41.23m |        |
| 3 Penner, Jeremy         | Churchill, S | 38.70m |        |
| 4 Falzone, Joe           | Smithville D | 31.88m |        |
| 5 Bell, Twanell          | St. Catharin | 31.54m |        |
| 6 Stewart, Jordan        | Laura Secord | 30.65m |        |
| 7 Boese, Abe             | Laura Secord | 29.71m |        |
| 8 Wheeler, Austin        | West Park    | 28.89m |        |
| 9 VanderMeer, Eric       | Smithville D | 27.72m |        |
| 10 Hutton, Jake          | Blessed Trin | 27.47m |        |
| 11 Whetton, Austin       | Blessed Trin | 27.13m |        |
| 12 Parchment, Duan       | Laura Secord | 25.75m |        |
| 13 Marshall-Young, Tyler | Laura Secord | 24.58m |        |
| 14 Cruz, Douglas         | St. Catharin | 23.65m |        |
| 15 Brazeau, Zack         | Kernahan Par | 13.83m |        |

# Men 100 Meter Dash Junior

| Name                       | Year School  | Finals | H# | Points |
|----------------------------|--------------|--------|----|--------|
| 1 Young, Michael           | Governor Sim | 11.69  | 3  |        |
| 2 Decker, Shane            | Denis Morris | 12.13  | 1  |        |
| 3 Bonneau, Kevin           | Grimsby Dss  | 12.16  | 2  |        |
| 4 Camejo, Robin            | Denis Morris | 12.33  | 2  |        |
| 5 joyner, Stewart          | South Lincol | 12.61  | 3  |        |
| 6 Lown, Keegan             | Churchill, S | 12.85  | 3  |        |
| 7 Dowd, Graham             | Holy Cross H | 12.94  | 3  |        |
| 8 Hagadorn, Dylan          | Laura Secord | 12.96  | 1  |        |
| 9 Upper, Josh              | Thorold Ss-T | 12.96  | 2  |        |
| 10 Lashington, LeVar       | Blessed Trin | 13.01  | 1  |        |
| 11 McFarlane, Liam         | Grimsby Dss  | 13.02  | 1  |        |
| 12 Malangis-Valdes, Cedric | Denis Morris | 13.14  | 3  |        |
| 13 Reid, Jared             | Eden High Sc | 13.17  | 3  |        |
| 14 Abdulla, Adam           | Churchill, S | 13.20  | 2  |        |
| 15 Zang-Eva, Ray           | Blessed Trin | 13.30  | 2  |        |
| 16 Chouinard, joel         | St. Francis  | 13.42  | 2  |        |
| 17 Ball, Tim               | Denis Morris | 13.90  | 3  |        |
| 18 Oh, Alex                | Great Lakes  | 14.10  | 1  |        |

# Men 200 Meter Dash Junior

| Name                      | Year School  | Finals | H# | Points |
|---------------------------|--------------|--------|----|--------|
| 1 Decker, Shane           | Denis Morris | 24.55  | 1  |        |
| 2 Young, Michael          | Governor Sim | 24.67  | 1  |        |
| 3 Camejo, Robin           | Denis Morris | 24.82  | 2  |        |
| 4 Ali, Siddique           | Governor Sim | 24.95  | 2  |        |
| 5 Bonneau, Kevin          | Grimsby Dss  | 25.00  | 2  |        |
| 6 Lyes, Attou             | Churchill, S | 25.44  | 2  |        |
| 7 Lown, Keegan            | Churchill, S | 26.41  | 1  |        |
| 8 Upper, Josh             | Thorold Ss-T | 26.64  | 2  |        |
| 9 Malangis Valdes, Cedric | Denis Morris | 27.73  | 1  |        |
| 10 Ball, Tim              | Denis Morris | 29.40  | 2  |        |

|                    |              |       |   |
|--------------------|--------------|-------|---|
| 11 Hamilton, Clark | Blessed Trin | 29.75 | 1 |
|--------------------|--------------|-------|---|

#### Men 400 Meter Dash Junior

| Name                      | Year School  | Finals  | H# Points |
|---------------------------|--------------|---------|-----------|
| 1 Lyes, Attou             | Churchill, S | 57.08   | 2         |
| 2 Ali, Siddique           | Governor Sim | 57.84   | 1         |
| 3 Elgersma, John          | Heritage Chr | 59.24   | 2         |
| 4 Li, Peter               | Churchill, S | 59.70   | 2         |
| 5 Rozon, Eric             | Churchill, S | 59.80   | 1         |
| 6 Malangis-Valdes, Cedric | Denis Morris | 1:06.88 | 1         |
| 7 Continisio, Daniel      | Blessed Trin | 1:12.39 | 2         |

#### Men 800 Meter Run Junior

| Name                 | Year School  | Finals  | Points |
|----------------------|--------------|---------|--------|
| 1 Nebel, Andrew      | Churchill, S | 2:15.13 |        |
| 2 Li, Peter          | Churchill, S | 2:20.70 |        |
| 3 Rozon, Eric        | Churchill, S | 2:24.22 |        |
| 4 Scapillato, Harlie | Thorold Ss-T | 2:28.45 |        |
| 5 Emmanuel, Jon      | Heritage Chr | 2:30.10 |        |
| 6 Zwiep, Noah        | Heritage Chr | 2:48.81 |        |
| 7 Chouinard, joel    | St. Francis  | 2:50.22 |        |
| 8 Continisio, Daniel | Blessed Trin | 3:03.15 |        |

#### Men 1500 Meter Run Junior

| Name               | Year School  | Finals  | Points |
|--------------------|--------------|---------|--------|
| 1 Nebel, Andrew    | Churchill, S | 4:31.65 |        |
| 2 Rozon, Eric      | Churchill, S | 4:36.99 |        |
| 3 Raby, Spencer    | Churchill, S | 4:37.48 |        |
| 4 Kenny, Braden    | Denis Morris | 4:39.31 |        |
| 5 Turner, Josh     | Grimsby Dss  | 4:42.40 |        |
| 6 Cormier, Matthew | Churchill, S | 4:52.15 |        |
| 7 Procyk, Roman    | West Park    | 5:01.91 |        |
| 8 Fedosov, Alex    | West Park    | 5:29.18 |        |
| 9 White, Adam      | West Park    | 5:31.03 |        |
| 10 Emmanuel, Jon   | Heritage Chr | 5:35.80 |        |
| 11 Zwiep, Noah     | Heritage Chr | 5:42.43 |        |
| 12 Chernick, Gavin | West Park    | 5:42.67 |        |
| -- Tusha, Agush    | St. Catharin | DNF     |        |

#### Men 3000 Meter Run Junior

| Name               | Year School  | Finals   | Points |
|--------------------|--------------|----------|--------|
| 1 Turner, Josh     | Grimsby Dss  | 10:15.29 |        |
| 2 Wilson, Landon   | Eden High Sc | 10:26.93 |        |
| 3 Kenny, Braden    | Denis Morris | 10:36.65 |        |
| 4 Cormier, Matthew | Churchill, S | 10:37.21 |        |
| 5 Walicki, Dylan   | Eden High Sc | 10:38.95 |        |
| 6 Nebel, Andrew    | Churchill, S | 10:53.69 |        |
| 7 Raby, Spencer    | Churchill, S | 11:09.04 |        |
| 8 Kielstra, Tom    | Great Lakes  | 11:58.11 |        |

-- Tusha, Agush

St. Catharin

DNF

Men 100 Meter Hurdles Junior

| Name                 | Year School  | Finals | Points |
|----------------------|--------------|--------|--------|
| 1 Bonneau, Kevin     | Grimsby Dss  | 15.97  |        |
| 2 Tadeson, Adam      | Grimsby Dss  | 18.06  |        |
| 3 Hagadorn, Dylan    | Laura Secord | 18.58  |        |
| 4 Allingham, Michael | Grimsby Dss  | 20.41  |        |
| 5 McFarlane, Liam    | Grimsby Dss  | 20.87  |        |

Men 300 Meter Hurdles Junior

| Name                 | Year School | Finals | Points |
|----------------------|-------------|--------|--------|
| 1 Tadeson, Adam      | Grimsby Dss | 48.70  |        |
| 2 McIntyre, Braedan  | Grimsby Dss | 50.77  |        |
| 3 Allingham, Michael | Grimsby Dss | 55.49  |        |

Men 4x100 Meter Relay Junior

| School                          | Finals               | Points |
|---------------------------------|----------------------|--------|
| 1 Governor Simcoe S S 'A'       | 47.65                |        |
| 2 Blessed Trinity H S 'A'       | 48.89                |        |
| 1) Kennedy, Nathan              | 2) Lashington, LeVar |        |
| 3) Zang-Eva, Ray                | 4) Whetton, Austin   |        |
| 5) Kieffer, Bryce               | 6)                   |        |
| 3 Sir Winston Churchill S S 'A' | 48.93                |        |
| 4 Denis Morris H S 'A'          | 50.21                |        |
| 5 Grimsby D S S 'A'             | 52.62                |        |
| 1) McFarlane, Liam              | 2) Bonneau, Kevin    |        |
| 3) Allingham, Mike              | 4) Mackie, Billy     |        |
| 5) Tadeson, Adam                | 6) McIntyre, Braedan |        |

Men High Jump Junior

| Name                | Year School  | Finals | Points |
|---------------------|--------------|--------|--------|
| 1 Zantingh, Joe     | Smithville D | 1.60m  |        |
| 2 Cudney, Sebastian | St. Catharin | 1.55m  |        |
| 2 Vaters, Colton    | Holy Cross H | 1.55m  |        |
| 4 Reid, Jared       | Eden High Sc | 1.50m  |        |
| 5 Chouinard, joel   | St. Francis  | 1.45m  |        |

Men Long Jump Junior

| Name              | Year School  | Finals | Points |
|-------------------|--------------|--------|--------|
| 1 hall, dan       | South Lincol | 5.49m  |        |
| 2 Hodges, Dylan   | Governor Sim | 5.45m  |        |
| 3 Zantingh, Joe   | Smithville D | 5.39m  |        |
| 4 Elgersma, John  | Heritage Chr | 5.01m  |        |
| 5 Amalsad, Warren | Great Lakes  | 4.79m  |        |
| 6 Abdulla, Adam   | Churchill, S | 4.59m  |        |
| 7 Lepp, Carter    | Governor Sim | 4.57m  |        |

|                       |              |        |
|-----------------------|--------------|--------|
| 8 Attou, Lyes         | Churchill, S | 4.55m  |
| 9 Lashington, LeVar   | Blessed Trin | 4.53m  |
| 10 Kielstra, Tom      | Great Lakes  | 4.46m  |
| 11 Dowd, Graham       | Holy Cross H | 4.37m  |
| 12 Tadeson, Adam      | Grimsby Dss  | 4.35m  |
| 13 Ball, Tim          | Denis Morris | 4.27m  |
| 14 Allingham, Michael | Grimsby Dss  | J4.27m |
| 15 arnold, josh       | South Lincol | 3.97m  |
| 16 Hamilton, Clark    | Blessed Trin | 3.70m  |

#### Men Triple Jump Junior

| Name                 | Year School  | Finals Points |
|----------------------|--------------|---------------|
| 1 Elgersma, John     | Heritage Chr | 11.88m        |
| 2 Hodges, Dylan      | Governor Sim | 11.70m        |
| 3 hall, dan          | South Lincol | 11.68m        |
| 4 Zantingh, Joe      | Smithville D | 11.35m        |
| 5 Lepp, Carter       | Governor Sim | 10.45m        |
| 6 Abdulla, Adam      | Churchill, S | 10.14m        |
| 7 joyner, stewart    | South Lincol | 9.85m         |
| 8 Kielstra, Tom      | Great Lakes  | 9.37m         |
| 9 Amalsad, Warren    | Great Lakes  | 9.20m         |
| 10 McIntyre, Braedan | Grimsby Dss  | 8.97m         |

#### Men Shot Put Junior

| Name               | Year School  | Finals Points |
|--------------------|--------------|---------------|
| 1 Brew, Mychael    | St. Catharin | 13.60m        |
| 2 McFarlane, Liam  | Grimsby Dss  | 12.85m        |
| 3 mceneny, trevor  | South Lincol | 12.66m        |
| 4 Lisoy, Colin     | Churchill, S | 12.45m        |
| 5 Felker, Justin   | Churchill, S | 12.39m        |
| 6 Pearson, Eric    | Churchill, S | 12.22m        |
| 7 arnold, josh     | South Lincol | 11.61m        |
| 8 MacMillan, Ian   | Denis Morris | 11.58m        |
| 9 Vlajkov, Evan    | Grimsby Dss  | 10.95m        |
| 10 Reilly, Kael    | Blessed Trin | 10.92m        |
| 11 Martynek, Alex  | Holy Cross H | 10.48m        |
| 12 Monych, Kyle    | Laura Secord | 9.92m         |
| 13 Martin, Paul    | Churchill, S | 9.43m         |
| 14 Cooper, James   | Laura Secord | 9.10m         |
| 15 Susnyar, Nick   | Grimsby Dss  | 8.94m         |
| 16 MacGregor, Ryan | Blessed Trin | 8.48m         |

#### Men Discus Throw Junior

| Name              | Year School  | Finals Points |
|-------------------|--------------|---------------|
| 1 Brew, Mychael   | St. Catharin | 39.77m        |
| 2 Felker, Justin  | Churchill, S | 38.20m        |
| 3 Lisoy, Colin    | Churchill, S | J38.20m       |
| 4 arnold, josh    | South Lincol | 33.10m        |
| 5 mceneny, trevor | South Lincol | 30.99m        |
| 6 joyner, stewart | South Lincol | 30.98m        |
| 7 Martin, Paul    | Churchill, S | 30.30m        |

|    |                |              |        |
|----|----------------|--------------|--------|
| 8  | Susnyar, Nick  | Grimsby Dss  | 28.06m |
| 9  | Zamfir, Dan    | St. Francis  | 27.90m |
| 10 | Vlajkov, Evan  | Grimsby Dss  | 27.58m |
| 11 | Pearson, Eric  | Churchill, S | 26.40m |
| 12 | MacMillan, Ian | Denis Morris | 23.59m |
| 13 | Cooper, James  | Laura Secord | 22.97m |
| 14 | Monych, Kyle   | Laura Secord | 22.62m |
| 15 | Hicks, Max     | Grimsby Dss  | 11.10m |

#### Men Javelin Throw Junior

| Name                | Year School  | Finals | Points |
|---------------------|--------------|--------|--------|
| 1 Felker, Justin    | Churchill, S | 39.67m |        |
| 2 Lisoy, Colin      | Churchill, S | 39.40m |        |
| 3 Brew, Mychael     | St. Catharin | 39.39m |        |
| 4 Hicks, Max        | Grimsby Dss  | 35.62m |        |
| 5 McIntyre, Braedan | Grimsby Dss  | 35.58m |        |
| 6 Susnyar, Nick     | Grimsby Dss  | 35.51m |        |
| 7 Pearson, Eric     | Churchill, S | 33.18m |        |
| 8 Vaters, Colton    | Holy Cross H | 31.92m |        |
| 9 Reilly, Kael      | Blessed Trin | 31.59m |        |
| 10 Zamfir, Dan      | St. Francis  | 28.35m |        |
| 11 mceneny, trevor  | South Lincol | 26.15m |        |
| 12 Hagadorn, Dylan  | Laura Secord | 25.17m |        |
| 13 Vlajkov, Evan    | Grimsby Dss  | 24.45m |        |
| 14 MacGregor, Ryan  | Blessed Trin | 23.85m |        |
| 15 Cooper, James    | Laura Secord | 23.59m |        |
| 16 Monych, Kyle     | Laura Secord | 23.45m |        |
| 17 Martin, Paul     | Churchill, S | 23.36m |        |
| 18 Hamilton, Clark  | Blessed Trin | 19.62m |        |
| -- Zwiép, Noah      | Heritage Chr | FOUL   |        |

#### Men 100 Meter Dash Senior

| Name                   | Year School  | Finals | H# | Points |
|------------------------|--------------|--------|----|--------|
| 1 Francis, Matt        | Denis Morris | 11.64  | 2  |        |
| 2 Forester, Josh       | Blessed Trin | 11.70  | 3  |        |
| 3 Bartlett, Nick       | Beamsville D | 11.93  | 4  |        |
| 4 Christiansen, Thomas | Laura Secord | 11.99  | 1  |        |
| 5 Idowu, Lekan         | Denis Morris | 12.02  | 4  |        |
| 6 George, Jabari       | Denis Morris | 12.06  | 3  |        |
| 7 Gadsby, Ben          | Beamsville D | 12.15  | 2  |        |
| 8 Domagala, Dan        | Holy Cross H | 12.19  | 4  |        |
| 9 Firth, Carson        | Grimsby Dss  | 12.28  | 2  |        |
| 10 Christiansen, Dylan | Laura Secord | 12.38  | 1  |        |
| 11 Espino, Jeremy      | St. Francis  | 12.41  | 1  |        |
| 12 VanBeek, Devane     | Thorold Ss-T | 12.57  | 3  |        |
| 13 Escudero, Andony    | Great Lakes  | 12.72  | 3  |        |
| 14 Hawryluk, Avery     | Churchill, S | 12.77  | 2  |        |
| 15 Damiano, Alex       | St. Francis  | 12.79  | 2  |        |
| 16 Donato, Edward      | Denis Morris | 13.00  | 1  |        |
| 17 Ippolito, Evan      | St. Francis  | 13.04  | 4  |        |
| 18 Pedro, Ryan         | St. Francis  | 13.05  | 3  |        |
| 19 Verkyle, Corey      | Holy Cross H | 13.15  | 3  |        |
| 20 Chung, Hung         | Laura Secord | 14.14  | 4  |        |

# Men 200 Meter Dash Senior

| Name                   | Year School  | Finals | H# | Points |
|------------------------|--------------|--------|----|--------|
| 1 Francis, Matt        | Denis Morris | 23.59  | 2  |        |
| 2 Westbrook, Calum     | Churchill, S | 23.89  | 3  |        |
| 3 Bartlett, Nick       | Beamsville D | 24.13  | 2  |        |
| 4 George, Jabari       | Denis Morris | 24.32  | 1  |        |
| 5 Gadsby, Ben          | Beamsville D | 24.45  | 3  |        |
| 6 Firth, Carson        | Grimsby Dss  | 24.79  | 4  |        |
| 7 Christiansen, Thomas | Laura Secord | 24.81  | 2  |        |
| 8 Krzeczkowski, Andrew | Churchill, S | 24.83  | 1  |        |
| 9 Idowu, Lekan         | Denis Morris | 25.10  | 3  |        |
| 10 MacDougall, Brett   | Grimsby Dss  | 25.31  | 1  |        |
| 11 Davey, Nicholas     | St. Catharin | 25.69  | 3  |        |
| 12 VanBeek, Devane     | Thorold Ss-T | 25.82  | 4  |        |
| 13 Burla, Alex         | Blessed Trin | 25.84  | 2  |        |
| 14 Hawryluk, Avery     | Churchill, S | 26.41  | 4  |        |
| 15 Scott, Conner       | West Park    | 26.79  | 4  |        |
| 16 Co, Kevin           | St. Francis  | 27.30  | 4  |        |
| 17 Pedro, Ryan         | St. Francis  | 27.47  | 2  |        |
| 18 Chanh savang, Kevin | Laura Secord | 27.53  | 3  |        |
| 19 Donato, Edward      | Denis Morris | 27.93  | 4  |        |
| 20 Narcisse, Guichard  | St. Francis  | 29.10  | 1  |        |
| 21 Johnston, Nick      | St. Francis  | 33.35  | 3  |        |

# Men 400 Meter Dash Senior

| Name                    | Year School  | Finals  | H# | Points |
|-------------------------|--------------|---------|----|--------|
| 1 Hutton, Chris         | Churchill, S | 51.17   | 2  |        |
| 2 Slessor, Kenneth      | Grimsby Dss  | 52.55   | 2  |        |
| 3 Dion, Garrett         | Churchill, S | 53.06   | 1  |        |
| 4 Westbrook, Calum      | Churchill, S | 54.56   | 3  |        |
| 5 Honsberger, Luke      | Laura Secord | 55.61   | 2  |        |
| 6 Mol, Jeremy           | St. Francis  | 55.82   | 3  |        |
| 7 Bartlett, Nick        | Beamsville D | 56.01   | 2  |        |
| 8 Martin, Brock         | Grimsby Dss  | 56.26   | 3  |        |
| 9 Krzeczkowski, Andrew  | Churchill, S | 58.09   | 1  |        |
| 10 Degraaf, Mike        | Heritage Chr | 58.33   | 1  |        |
| 11 Bond, Calvin         | Beamsville D | 59.16   | 1  |        |
| 12 Davey, Nicholas      | St. Catharin | 59.67   | 3  |        |
| 13 Chanh savang, Kevin  | Laura Secord | 59.99   | 3  |        |
| 14 Stewart, Desmond     | Laura Secord | 1:00.39 | 1  |        |
| 15 Mahmoud, Imadine     | Denis Morris | 1:01.04 | 1  |        |
| 16 VanBeek, Devane      | Thorold Ss-T | 1:01.08 | 3  |        |
| 17 Brown, Kyle          | Thorold Ss-T | 1:01.15 | 1  |        |
| 18 Timothee, Job        | Governor Sim | 1:01.82 | 1  |        |
| 19 Martinson, Mackenzie | Thorold Ss-T | 1:03.52 | 2  |        |
| 20 Donato, Edward       | Denis Morris | 1:05.55 | 3  |        |
| 21 Bokma, Luke          | Heritage Chr | 1:08.37 | 3  |        |
| 22 Ahmed, Abdisalam     | Denis Morris | 1:13.18 | 2  |        |
| 23 Kolbuc, John         | Denis Morris | 1:18.95 | 2  |        |

# Men 800 Meter Run Senior

| Name                     | Year | School       | Finals  | Points |
|--------------------------|------|--------------|---------|--------|
| 1 Laekeman, Taylor       |      | Churchill, S | 2:01.72 |        |
| 2 Hutton, Chris          |      | Churchill, S | 2:03.91 |        |
| 3 Fortaleza, Mike        |      | Churchill, S | 2:14.97 |        |
| 4 Mol, Jeremy            |      | St. Francis  | 2:15.25 |        |
| 5 Janssen, Trevor        |      | Eden High Sc | 2:16.94 |        |
| 6 Martin, Brock          |      | Grimsby Dss  | 2:17.16 |        |
| 7 Timothee, Job          |      | Governor Sim | 2:20.65 |        |
| 8 Godin, Zach            |      | Churchill, S | 2:20.79 |        |
| 9 Mahmoud, Imadine       |      | Denis Morris | 2:25.21 |        |
| 10 Hassan, Nasrudin      |      | Laura Secord | 2:27.65 |        |
| 11 McArthur, Rick        |      | Thorold Ss-T | 2:28.57 |        |
| 12 Tallman, Mitchell     |      | Great Lakes  | 2:28.57 |        |
| 13 Dale, Ben             |      | Great Lakes  | 2:29.87 |        |
| 14 Nufio Escobar, Lemuel |      | Denis Morris | 2:32.71 |        |
| 15 Davey, Nicholas       |      | St. Catharin | 2:37.63 |        |
| 16 davis, luke           |      | South Lincol | 2:40.95 |        |
| 17 Burch, Michael        |      | Denis Morris | 2:41.05 |        |
| 18 Continisio, Carmen    |      | Blessed Trin | 2:54.57 |        |
| 19 Honsberger, Luke      |      | Laura Secord | 3:03.26 |        |
| 20 Couture, Chad         |      | Kernahan Par | 3:06.89 |        |

#### Men 1500 Meter Run Senior

| Name               | Year | School       | Finals  | Points |
|--------------------|------|--------------|---------|--------|
| 1 Smith, Troy      |      | Grimsby Dss  | 3:59.77 |        |
| 2 Laekeman, Taylor |      | Churchill, S | 4:24.12 |        |
| 3 Hutton, Chris    |      | Churchill, S | 4:40.14 |        |
| 4 Godin, Zach      |      | Churchill, S | 4:42.42 |        |
| 5 Degraaf, Mike    |      | Heritage Chr | 4:43.34 |        |
| 6 Janssen, Trevor  |      | Eden High Sc | 5:04.89 |        |
| 7 Wignall, Grant   |      | Denis Morris | 5:04.97 |        |
| 8 White, Tyler     |      | St. Catharin | 5:15.81 |        |
| 9 Couture, Chad    |      | Kernahan Par | 5:35.08 |        |
| 10 davis, luke     |      | South Lincol | 5:40.70 |        |
| 11 McArthur, Rick  |      | Thorold Ss-T | 5:53.93 |        |
| 12 Chen, Maxwell   |      | Great Lakes  | 6:02.10 |        |

#### Men 3000 Meter Run Senior

| Name                    | Year | School       | Finals   | Points |
|-------------------------|------|--------------|----------|--------|
| 1 Smith, Troy           |      | Grimsby Dss  | 8:53.03  |        |
| 2 Ahmed, Ibrahim        |      | St. Francis  | 9:10.52  |        |
| 3 Ahassan, Nasruden     |      | Laura Secord | 11:15.07 |        |
| 4 Wignall, Grant        |      | Denis Morris | 11:15.41 |        |
| 5 Geraedts, Mark        |      | Grimsby Dss  | 11:29.50 |        |
| 6 White, Tyler          |      | St. Catharin | 12:27.35 |        |
| 7 davis, luke           |      | South Lincol | 12:35.30 |        |
| 8 Nufio Escobar, Lemuel |      | Denis Morris | 12:36.28 |        |
| 9 Burch, Michael        |      | Denis Morris | 13:04.76 |        |
| 10 Chen, Maxwell        |      | Great Lakes  | 13:46.14 |        |
| -- McArthur, Rick       |      | Thorold Ss-T | DNF      |        |

#### Men 110 Meter Hurdles Senior

| Name                 | Year School  | Finals | Points |
|----------------------|--------------|--------|--------|
| 1 Slessor, Kenneth   | Grimsby Dss  | 15.88  |        |
| 2 Stirtzinger, Jesse | Grimsby Dss  | 15.97  |        |
| 3 Stones, Kevin      | Beamsville D | 16.58  |        |
| 4 Forester, Josh     | Blessed Trin | 17.82  |        |
| 5 Stewart, Desmond   | Laura Secord | 18.30  |        |
| 6 Dunlop, Wyatt      | Blessed Trin | 20.54  |        |
| 7 Salter, Joe        | Laura Secord | 20.97  |        |
| 8 Bokma, Luke        | Heritage Chr | 22.89  |        |

#### Men 400 Meter Hurdles Senior

| Name                 | Year School  | Finals  | H# | Points |
|----------------------|--------------|---------|----|--------|
| 1 Slessor, Kenneth   | Grimsby Dss  | 59.79   | 1  |        |
| 2 Farrel, Jamie      | Grimsby Dss  | 1:03.44 | 2  |        |
| 3 Stones, Kevin      | Beamsville D | 1:04.40 | 2  |        |
| 4 Degraaf, Mike      | Heritage Chr | 1:05.89 | 2  |        |
| 5 Bond, Calvin       | Beamsville D | 1:09.49 | 1  |        |
| 6 Salter, Joe        | Laura Secord | 1:10.03 | 1  |        |
| 7 Stewart, Desmond   | Laura Secord | 1:10.13 | 2  |        |
| 8 Chambers, Duncan   | Laura Secord | 1:10.49 | 2  |        |
| 9 Honsberger, Luke   | Laura Secord | 1:17.10 | 1  |        |
| -- Jaskiewicz, Kevin | Denis Morris | DNF     | 1  |        |

#### Men 4x100 Meter Relay Senior

| School                          | Finals                | Points |
|---------------------------------|-----------------------|--------|
| 1 Denis Morris H S 'A'          | 47.43                 |        |
| 2 Sir Winston Churchill S S 'A' | 47.57                 |        |
| 3 Grimsby D S S 'A'             | 48.38                 |        |
| 1) Firth, Carson                | 2) MacDougall, Brett  |        |
| 3) Hickingbottom, Connor        | 4) Stirtzinger, Jesse |        |
| 5) Lwesso, Heri                 | 6)                    |        |
| 4 Beamsville D S S 'A'          | 48.51                 |        |
| 1) Bartlett, Nick               | 2) Gadsby, Ben        |        |
| 3) Stones, Kevin                | 4) Gordon, Matt       |        |
| 5) Daniels, Chris               | 6) Bond, Calvin       |        |
| 5 Laura Secord S S 'A'          | 48.57                 |        |
| 6 Blessed Trinity H S 'A'       | 48.73                 |        |
| 1) Morton, Miles                | 2) Forester, Josh     |        |
| 3) Burla, Alex                  | 4) Oliveira, Peter    |        |
| 7 St. Francis S S 'A'           | 49.11                 |        |
| 8 Thorold S S 'A'               | 51.87                 |        |
| 1) Brown, Kyle                  | 2) VanBeek, Devane    |        |
| 3) Scapillato, Harlie           | 4) Upper, Josh        |        |

#### Men High Jump Senior

| Name                  | Year School  | Finals | Points |
|-----------------------|--------------|--------|--------|
| 1 Scott, Conner       | West Park    | 1.80m  |        |
| 2 Christiansen, Dylan | Laura Secord | 1.75m  |        |
| 3 Cook, Dahlen        | St. Francis  | 1.70m  |        |

|    |                      |              |        |
|----|----------------------|--------------|--------|
| 4  | Van Hoffen, Devin    | Smithville D | 1.65m  |
| 4  | Stones, Kevin        | Beamsville D | 1.65m  |
| 4  | Jaskiewicz, Kevin    | Denis Morris | 1.65m  |
| 7  | Farrel, Jamie        | Grimsby Dss  | 1.60m  |
| 7  | Stirtzinger, Jesse   | Grimsby Dss  | 1.60m  |
| 7  | Miller, Colin        | St. Francis  | 1.60m  |
| 10 | Schertzer, Kyle      | Churchill, S | J1.60m |
| 11 | Wakeling, Ethan      | Laura Secord | J1.60m |
| 12 | Martinson, Mackenzie | Thorold Ss-T | 1.55m  |
| 13 | Nywening, Drew       | Thorold Ss-T | J1.55m |
| 14 | Lwesso, Heri         | Grimsby Dss  | 1.50m  |
| -- | Hollingworth, Ed     | St. Francis  | DNF    |
| -- | Chambers, Duncan     | Laura Secord | DNF    |

#### Men Long Jump Senior

| Name                     | Year | School       | Finals | Points |
|--------------------------|------|--------------|--------|--------|
| 1 McPherson, Blake       |      | Governor Sim | 6.04m  |        |
| 2 Dion, Garrett          |      | Churchill, S | 6.01m  |        |
| 3 Stirtzinger, Jesse     |      | Grimsby Dss  | 5.85m  |        |
| 4 Ippolito, Evan         |      | St. Francis  | 5.54m  |        |
| 5 Epp, Shawn             |      | Denis Morris | 5.42m  |        |
| 6 Cook, Dahlen           |      | St. Francis  | 5.33m  |        |
| 7 Mohamed, Rami          |      | St. Catharin | 5.22m  |        |
| 8 Schertzer, Kyle        |      | Churchill, S | 5.16m  |        |
| 9 Vangoch, Eric          |      | Blessed Trin | 5.09m  |        |
| 10 Christiansen, Thomas  |      | Laura Secord | 4.96m  |        |
| 11 Hickingbottom, Connor |      | Grimsby Dss  | 4.86m  |        |
| 12 Wakeling, Ethan       |      | Laura Secord | 4.85m  |        |
| 13 Damiano, Alex         |      | St. Francis  | 4.82m  |        |
| 14 Heuving, Jeff         |      | Grimsby Dss  | 4.79m  |        |
| 15 Escudero, Andony      |      | Great Lakes  | 4.74m  |        |
| 15 Van Hoffen, Devin     |      | Smithville D | 4.74m  |        |
| 17 Perry, Caleb          |      | Great Lakes  | 4.72m  |        |
| 18 Peralta, Abraham      |      | Great Lakes  | 4.62m  |        |
| 18 Cousineau, Jason      |      | Holy Cross H | 4.62m  |        |
| 20 Dunlop, Wyatt         |      | Blessed Trin | 4.61m  |        |
| 21 Co, Kevin             |      | St. Francis  | 4.55m  |        |
| 22 Folkerts, Jacob       |      | Smithville D | 4.45m  |        |
| 23 Zajackowski, Victor   |      | Holy Cross H | 4.34m  |        |
| 24 Chung, Hung           |      | Laura Secord | 4.23m  |        |
| 25 Fagetan, Cristian     |      | Holy Cross H | 3.90m  |        |
| -- MacDougall, Brett     |      | Grimsby Dss  | FOUL   |        |
| -- Jaskiewicz, Kevin     |      | Denis Morris | FOUL   |        |

#### Men Triple Jump Senior

| Name                  | Year | School       | Finals | Points |
|-----------------------|------|--------------|--------|--------|
| 1 McPherson, Blake    |      | Governor Sim | 12.16m |        |
| 2 Christiansen, Dylan |      | Laura Secord | 11.50m |        |
| 3 Wakeling, Ethan     |      | Laura Secord | 11.47m |        |
| 4 Cook, Dahlen        |      | St. Francis  | 11.37m |        |
| 5 Fortaleza, Mike     |      | Churchill, S | 11.28m |        |
| 6 Cousineau, Jason    |      | Holy Cross H | 11.12m |        |
| 7 Scott, Conner       |      | West Park    | 10.63m |        |

|    |                |              |        |
|----|----------------|--------------|--------|
| 8  | Mohamed, Rami  | St. Catharin | 10.17m |
| 9  | Vangoch, Eric  | Blessed Trin | 10.07m |
| 10 | Brown, Kyle    | Thorold Ss-T | 9.89m  |
| 11 | Heuving, Jeff  | Grimsby Dss  | 9.87m  |
| 12 | Chung, Hung    | Laura Secord | 9.45m  |
| -- | Nywening, Drew | Thorold Ss-T | FOUL   |

#### Men Shot Put Senior

| Name                    | Year | School       | Finals | Points |
|-------------------------|------|--------------|--------|--------|
| 1 Dykstra, Tom          |      | Grimsby Dss  | 11.91m |        |
| 2 Harder, Steven        |      | Beamsville D | 11.87m |        |
| 3 Hickingbottom, Connor |      | Grimsby Dss  | 11.50m |        |
| 4 Milewicz, Chris       |      | Churchill, S | 11.13m |        |
| 5 Glancie, Jarret       |      | Laura Secord | 10.98m |        |
| 6 Moore, Jacob          |      | Blessed Trin | 10.52m |        |
| 7 Peralta, Abraham      |      | Great Lakes  | 10.06m |        |
| 8 Harrision, Brandon    |      | West Park    | 9.68m  |        |
| 9 Dale, Ben             |      | Great Lakes  | 9.49m  |        |
| 10 Rankin, Angus        |      | St. Francis  | 9.21m  |        |
| 11 LaVictoire, Nathan   |      | Great Lakes  | 9.07m  |        |
| 12 Lidgett, Sam         |      | St. Francis  | 8.96m  |        |
| 13 Schweinbenz, Adam    |      | Blessed Trin | 8.95m  |        |
| 14 Gordon, Matt         |      | Beamsville D | 8.90m  |        |
| 15 Glass, Kevin         |      | Churchill, S | 8.77m  |        |
| 16 Sheehan, Pat         |      | Blessed Trin | 8.62m  |        |
| 17 Meisner, Nick        |      | St. Francis  | 8.46m  |        |
| 18 Boone, David         |      | Laura Secord | 8.45m  |        |
| 19 Korten, Ethan        |      | Smithville D | 8.44m  |        |
| 20 Lastewka, Alex       |      | Churchill, S | 8.43m  |        |
| 21 Kahari, Kundai       |      | Laura Secord | 8.30m  |        |
| 21 Tallman, Mitchell    |      | Great Lakes  | 8.30m  |        |
| 23 Aguiar, Dylan        |      | Blessed Trin | 8.08m  |        |
| 24 Tabios, J.P.         |      | St. Francis  | 8.05m  |        |
| 25 Libroek, Jeff        |      | Grimsby Dss  | 7.46m  |        |
| 26 Boese, Henry         |      | Laura Secord | 6.79m  |        |
| 27 Kolbuc, John         |      | Denis Morris | 5.08m  |        |

#### Men Discus Throw Senior

| Name                 | Year | School       | Finals | Points |
|----------------------|------|--------------|--------|--------|
| 1 Koroll, Zachary    |      | Governor Sim | 38.67m |        |
| 2 Dykstra, Tom       |      | Grimsby Dss  | 35.43m |        |
| 3 Falk, Steve        |      | Eden High Sc | 32.55m |        |
| 4 Lwesso, Heri       |      | Grimsby Dss  | 28.75m |        |
| 5 Milewicz, Chris    |      | Churchill, S | 27.15m |        |
| 6 Hutton, Randy      |      | Blessed Trin | 26.40m |        |
| 7 Harrision, Brandon |      | West Park    | 25.62m |        |
| 8 Epp, Shawn         |      | Denis Morris | 25.43m |        |
| 9 Schweinbenz, Adam  |      | Blessed Trin | 24.94m |        |
| 10 Boone, David      |      | Laura Secord | 24.48m |        |
| 11 Glass, Kevin      |      | Churchill, S | 24.26m |        |
| 12 Aguiar, Dylan     |      | Blessed Trin | 24.16m |        |
| 13 Rankin, Angus     |      | St. Francis  | 23.95m |        |
| 14 Lidgett, Sam      |      | St. Francis  | 23.43m |        |

|    |                    |              |        |
|----|--------------------|--------------|--------|
| 15 | Glancie, Jarret    | Laura Secord | 22.85m |
| 16 | Gordon, Matt       | Beamsville D | 21.01m |
| 17 | Sheehan, Pat       | Blessed Trin | 20.93m |
| 18 | Librock, Jeff      | Grimsby Dss  | 19.66m |
| 19 | Boese, Henry       | Laura Secord | 18.35m |
| 20 | Tabios, J.P.       | St. Francis  | 18.30m |
| 21 | Narcisse, Guichard | St. Francis  | 18.08m |
| 22 | Kahari, Kundai     | Laura Secord | 14.36m |
| -- | LaVictoire, Nathan | Great Lakes  | FOUL   |
| -- | Bokma, Luke        | Heritage Chr | DNF    |

#### Men Javelin Throw Senior

| Name                    | Year School  | Finals | Points |
|-------------------------|--------------|--------|--------|
| 1 Hickingbottom, Connor | Grimsby Dss  | 50.89m |        |
| 2 Glancie, Jarret       | Laura Secord | 41.35m |        |
| 3 Hutton, Randy         | Blessed Trin | 40.51m |        |
| 4 Glass, Kevin          | Churchill, S | 37.49m |        |
| 5 Folkerts, Jacob       | Smithville D | 36.20m |        |
| 6 Kahari, Kundai        | Laura Secord | 34.37m |        |
| 7 Epp, Shawn            | Denis Morris | 33.61m |        |
| 8 Lastewka, Alex        | Churchill, S | 32.65m |        |
| 9 Dykstra, Tom          | Grimsby Dss  | 32.16m |        |
| 10 Lwesso, Heri         | Grimsby Dss  | 32.09m |        |
| 11 Milewicz, Chris      | Churchill, S | 31.73m |        |
| 12 Harder, Steven       | Beamsville D | 31.31m |        |
| 13 Boese, Henry         | Laura Secord | 30.81m |        |
| 14 Hodzic, Senad        | West Park    | 30.69m |        |
| 15 Korten, Ethan        | Smithville D | 30.54m |        |
| 16 Dale, Ben            | Great Lakes  | 29.50m |        |
| 17 Harrision, Brandon   | West Park    | 28.56m |        |
| 18 Meisner, Nick        | St. Francis  | 28.47m |        |
| 19 Peralta, Abraham     | Great Lakes  | 28.04m |        |
| 20 Schweinbenz, Adam    | Blessed Trin | 27.89m |        |
| 21 Lidgett, Sam         | St. Francis  | 27.14m |        |
| 22 Gordon, Matt         | Beamsville D | 26.84m |        |
| 23 Sheehan, Pat         | Blessed Trin | 25.88m |        |
| 24 Aguiar, Dylan        | Blessed Trin | 24.98m |        |
| 25 Librock, Jeff        | Grimsby Dss  | 24.90m |        |
| 26 Song, Joe            | St. Francis  | 24.37m |        |
| 27 Boone, David         | Laura Secord | 19.08m |        |

#### Men 2000 Meter Steeplechase Open

| Name                    | Year School  | Finals  | Points |
|-------------------------|--------------|---------|--------|
| 1 Fortaleza, Mike       | Churchill, S | 6:50.79 |        |
| 2 Walicki, Dylan        | Eden High Sc | 7:03.92 |        |
| 3 Cormier, Matthew      | Churchill, S | 7:06.73 |        |
| 4 Farrel, Jamie         | Grimsby Dss  | 7:31.73 |        |
| 5 Hassan, Nasrudin      | Laura Secord | 7:40.09 |        |
| 6 Geraedts, Mark        | Grimsby Dss  | 7:44.63 |        |
| 7 Continisio, Carmen    | Blessed Trin | 8:06.41 |        |
| 8 Nufio Escobar, Lemuel | Denis Morris | 8:12.19 |        |
| 9 MacMillan, Cam        | Denis Morris | 8:14.64 |        |
| 10 McKay-Cotton, Andrew | Laura Secord | 8:16.71 |        |

|                       |              |         |
|-----------------------|--------------|---------|
| 11 Bell, John         | Grimsby Dss  | 8:29.63 |
| 12 Burch, Michael     | Denis Morris | 8:33.53 |
| 13 Continisio, Daniel | Blessed Trin | 9:18.31 |
| -- Smith, Adam        | Laura Secord | DNF     |

#### Men 4x400 Meter Relay Open

| School                          | Finals  | Points |
|---------------------------------|---------|--------|
| 1 Sir Winston Churchill S S 'A' | 3:37.32 |        |
| 2 Grimsby D S S 'A'             | 3:57.22 |        |
| 3 Laura Secord S S 'A'          | 4:07.03 |        |
| 4 Denis Morris H S 'A'          | 4:27.64 |        |
| 5 St. Francis S S 'A'           | 4:31.65 |        |

#### Men 100 Meter Dash Ambulatory

| Name           | Year School  | Finals | Points |
|----------------|--------------|--------|--------|
| 1 Posavad, Ben | Beamsville D | 19.87  |        |