

SOSSA 2014 - 22/05/2014
Track and Field
N.O.C.
Results

Event 1 Women 100 Meter Dash Midget

Name	Year School	Prelims	H#
Preliminaries			
1 Kendra Leger	Ndc-Welland	13.17q	2
2 Kamille Reaker	Css-Welland	13.21q	1
3 Trinity Loughheed	Laura Secord	13.29q	2
4 Sydney Turpin	Highland	13.53q	2
5 eryl reader	Sir John A M	13.55q	1
6 Ceara Obdeyn	Ndc-Welland	13.56q	2
7 Georgia Temush	Highland	13.58q	1
8 Lyndsey Cooke	Grimsby Dss	13.60q	1
9 Caitlin Deruiter	Lchs-Port Colbou	13.84	2
10 Carli White	Churchill, S	13.85	2
11 Maddy Leek	Westdale	13.86	1
12 Laura Garber	Westdale	13.87	2
13 Anna Nero	Css-Welland	13.90	1
14 Nicole Krause	Ehs-St. Catherin	14.02	1
15 Olha Wloch	Holy Cross H	14.10	2

Event 1 Women 100 Meter Dash Midget

Name	Year School	Finals
Finals		
1 Kendra Leger	Ndc-Welland	13.01
2 Kamille Reaker	Css-Welland	13.18
3 Trinity Loughheed	Laura Secord	13.19
4 eryl reader	Sir John A M	13.32
5 Georgia Temush	Highland	13.51
6 Lyndsey Cooke	Grimsby Dss	13.55
7 Sydney Turpin	Highland	13.61
8 Ceara Obdeyn	Ndc-Welland	13.79

Event 2 Men 100 Meter Dash Midget

Name	Year School	Prelims	H#
Preliminaries			
1 Jovan Griffiths	Academy	11.41q	1
2 Owen Friesen	Governor Sim	11.73q	2
3 Will Kandaya	Sphs-Niagara Fal	11.82q	1
4 Cole Berniston	Blessed Trin	11.86q	1
5 Cameron Lang	Sphs-Niagara Fal	11.94q	2
6 Avery Martin	Beamsville D	12.00q	1
7 Mitchell Hicks	Wss-Niagara Fall	12.09q	2
8 Joshua Keogh	Sherwood	12.11q	2
9 Seth Murray	Ndc-Welland	12.24	2
10 Nattie Dawit-CÃ'tÃ©	Esjv-Welland	12.25	1
11 Liam Curran	Westdale	12.35	2
12 Holden Child	Churchill, S	12.37	1

13	Eric Huynh	Ancaster Hig	12.40	1
14	Zohir Jivani	Westdale	12.67	2
15	Jacob Webb	Saltfleet	12.78	2

Event 2 Men 100 Meter Dash Midget

Name	Year School	Finals
Finals		
1 Jovan Griffiths	Academy	11.58
2 Owen Friesen	Governor Sim	11.86
3 Will Kandaya	Sphs-Niagara Fal	11.87
4 Mitchell Hicks	Wss-Niagara Fall	11.93
5 Cameron Lang	Sphs-Niagara Fal	11.98
6 Cole Berniston	Blessed Trin	12.00
7 Avery Martin	Beamsville D	12.08
8 Joshua Keogh	Sherwood	12.32

Event 3 Women 200 Meter Dash Midget

Name	Year School	Finals	H#
1 eryl reader	Sir John A M	28.64	2
2 Lyndsey Cooke	Grimsby Dss	28.73	2
3 Ceara Obdeyn	Ndc-Welland	28.98	2
4 Laura Garber	Westdale	29.02	1
5 Sydney Turpin	Highland	29.08	2
6 Gabrielle Paupst	Grimsby Dss	29.34	2
7 Georgia Temush	Highland	29.36	2
8 Naomi Vos	Ehs-St. Catherin	29.74	1
9 Daniela Visca	Sphs-Niagara Fal	29.99	2
10 Jenna Rainville	Saltfleet	30.30	1
11 Chloé Nolet	Esjv-Welland	30.34	1
12 Lauren Hill	Governor Sim	30.42	1
13 Kassandra Nolet	Esjv-Welland	30.43	2
14 Olha Wloch	Holy Cross H	30.49	1
15 Anna-May Thomas	Mphs-Caledonia	32.42	1

Event 4 Men 200 Meter Dash Midget

Name	Year School	Finals	H#
1 Jovan Griffiths	Academy	24.21	2
1 Owen Friesen	Governor Sim	24.21	2
3 Joshua Keogh	Sherwood	24.78	1
4 Mitchell Hicks	Wss-Niagara Fall	24.79	2
5 Cameron Lang	Sphs-Niagara Fal	25.09	2
6 Cole Berniston	Blessed Trin	25.14	2
7 Will Kandaya	Sphs-Niagara Fal	25.17	2
8 Nattie Dawit-Că'tă	Esjv-Welland	25.20	2
9 Liam Curran	Westdale	25.49	1
10 John Riley	Churchill, S	25.71	1
11 Jack Allan	Churchill, S	26.13	1
12 Daniel Harper	Sherwood	26.14	1
13 Alex Jacques	Rcbhs-Ridgeway	26.29	2
14 Eric Huynh	Ancaster Hig	26.30	1
15 Zohir Jivani	Westdale	26.59	1

Event 5 Women 400 Meter Dash Midget

Name	Year School	Finals	H#
1 Ashlyn Beecroft	Ehs-St. Catherin	1:02.29	2
2 Fin Adams	Highland	1:02.45	2
3 Jenneke Pilling	Ehs-St. Catherin	1:03.20	2
4 Alanna Peplinski	Elcss-Fonthill	1:03.70	2
5 Gabrielle Paupst	Grimsby Dss	1:06.40	2
6 Megan Norton	Elcss-Fonthill	1:06.56	2
7 Kassandra Nolet	Esjv-Welland	1:08.13	2
8 Lila Mottiar	Beamsville D	1:09.19	1
9 Erica Winks	Waterdown	1:09.84	1
10 Peipei Wang	Westdale	1:10.46	1
11 Larissa Giliforte	Lchs-Port Colbou	1:11.78	1
12 Marya Woudenber	Guido de Bre	1:12.03	2
13 Karissa Stegenga	Guido de Bre	1:12.54	1
14 Jessica Danecker	Sphs-Niagara Fal	1:14.08	1
15 Brielle Kaminsky	Churchill, S	1:17.28	1

Event 6 Men 400 Meter Dash Midget

Name	Year School	Finals	H#
1 Alex Jacques	Rcbhs-Ridgeway	55.65	2
2 John Riley	Churchill, S	56.15	2
3 Daniel Harper	Sherwood	57.83	2
4 Josh Boisvert	Mphs-Caledonia	57.97	2
5 Evan Fitzgerald	Beamsville D	58.04	2
6 Seth Murray	Ndc-Welland	58.99	2
7 Joe VanHuisstede	Guido de Bre	59.36	1
8 Mitchell Orosz	Ndc-Welland	59.73	2
9 Lee Muis	Guido de Bre	1:00.16	1
10 Ben Simmonds	Anmss-Niagara Fa	1:00.66	1
11 Kelvin Buljubasic	Academy	1:01.60	1
12 Harrison McCann	Westdale	1:02.27	1
13 Joshua Perl	Westmount	1:04.08	1

Event 7 Women 800 Meter Run Midget

Name	Year School	Finals
1 Fin Adams	Highland	2:19.47
2 Brooke Ianiero	Ehs-St. Catherin	2:26.48
3 Avery Goertz	Governor Sim	2:32.19
4 Megan Norton	Elcss-Fonthill	2:32.88
5 Rebecca Camplin	Elcss-Fonthill	2:36.43
6 Jenna Rainville	Saltfleet	2:40.77
7 Cailen Rotz	Ehs-St. Catherin	2:42.82
8 ChloÃ© Nolet	Esjv-Welland	2:43.31
9 Megan Vogel	Highland	2:45.08
10 Rachel Bosscher	Guido de Bre	2:50.23
11 Anna-May Thomas	Mphs-Caledonia	2:54.53
12 Cassidy Montgomery	Elcss-Fonthill	2:55.80
13 Nicole Meecham	Beamsville D	2:56.55

Event 8 Men 800 Meter Run Midget

Name	Year School	Finals
1 Theo Hassim	Churchill, S	2:09.25
2 Jared Walkling	Sherwood	2:11.94
3 Harrison Enns	Churchill, S	2:12.82
4 Logan Martineau	Holy Cross H	2:12.84
5 Reid Vogel	Highland	2:13.38
6 Jackson Holloway	Blessed Trin	2:15.89
7 Matthew Puglisi	Ehs-St. Catherin	2:19.42
8 Justin Holdsworth	Mphs-Caledonia	2:23.15
9 Dean Bartolini	Sphs-Niagara Fal	2:23.44
10 Christian Cobar	Anmss-Niagara Fa	2:24.25
11 Matt Conlon	Sphs-Niagara Fal	2:24.59
12 Lynden Whitley	Elcss-Fonthill	2:26.06

Event 9 Women 1500 Meter Run Midget

Name	Year School	Finals
1 Avery Goertz	Governor Sim	5:02.31
2 Kayla McGowan	Ehs-St. Catherin	5:02.90
3 Haley Esau	Ehs-St. Catherin	5:16.69
4 Brooke Ianiero	Ehs-St. Catherin	5:20.71
5 Rebecca Camplin	Elcss-Fonthill	5:29.25
6 Celina Boorsma	Smithville D	5:36.89
7 Megan Vogel	Highland	5:42.32
8 Astrid Moore	Highland	5:51.16
9 Grace Laurat	Ancaster Hig	5:53.65
10 Michelle Hunt	Highland	6:00.44
11 Reagan Greatrix	Sphs-Niagara Fal	6:04.16
12 Brooke Andrus	Lchs-Port Colbou	6:08.57
13 Emily Kacur	Lchs-Port Colbou	6:10.07
14 Lucy Hilbert	Westdale	6:10.10
15 Anastasia Groch	Ndc-Welland	6:10.54

Event 10 Men 1500 Meter Run Midget

Name	Year School	Finals
1 Theo Hassim	Churchill, S	4:31.36
2 Cal Sentance	Denis Morris	4:33.42
3 Owen Opie	Westdale	4:33.70
4 Jonas Braun	Ehs-St. Catherin	4:33.84
5 Joshua Keogh	Sherwood	4:34.88
6 Nick Bajaikine	Highland	4:40.01
7 Jared Walkling	Sherwood	4:41.97
8 Harrison Enns	Churchill, S	4:48.20
9 Reid Vogel	Highland	4:48.62
10 Matthew Puglisi	Ehs-St. Catherin	4:51.70
11 Ryan Kort	Elcss-Fonthill	4:53.57
12 Lynden Whitley	Elcss-Fonthill	5:00.78
13 Justin Holdsworth	Mphs-Caledonia	5:01.99
14 John Navarolli	Sphs-Niagara Fal	5:19.53
15 Jared Carter	Elcss-Fonthill	5:20.83

Event 11 Women 3000 Meter Run Midget

Name	Year School	Finals
1 Kayla McGowan	Ehs-St. Catherin	10:57.91
2 Haley Esau	Ehs-St. Catherin	11:33.61
3 Kayla Bevacqua	Ndc-Welland	11:48.99
4 Celina Boorsma	Smithville D	12:25.15
5 Caila Coyne	Ndc-Welland	12:33.69
6 Sam Dean	Highland	13:05.34
7 Astrid Moore	Highland	13:09.77
8 Anastasia Groch	Ndc-Welland	13:34.65
9 Georgia Forsyth	Css-Cayuga	13:45.91
10 Emily Kacur	Lchs-Port Colbou	13:47.75

Event 12 Men 3000 Meter Run Midget

Name	Year School	Finals
1 Theo Hassim	Churchill, S	9:52.85
2 Jonas Braun	Ehs-St. Catherin	9:56.39
3 Owen Bachelor	Churchill, S	10:00.57
4 Ryan Kort	Elcss-Fonthill	10:02.58
5 Logan Martineau	Holy Cross H	10:02.80
6 Cal Sentance	Denis Morris	10:03.86
7 Nick Bajaikine	Highland	10:04.43
8 Jacob Koenig	Westmount	10:11.81
9 Nick Song	Elcss-Fonthill	10:31.37
10 Jared Carter	Elcss-Fonthill	10:33.85
11 Alex Dejong	Guido de Bre	11:04.19
12 Bryce Llewellyn	Ancaster Hig	11:21.52
13 Owen Grabell	Elcss-Fonthill	11:38.02
14 Stephen MacIsaac	Hag	14:24.35

Event 13 Women 80 Meter Hurdles Midget

Name	Year School	Prelims	H#
Preliminaries			
1 Victoria Fair	Elcss-Fonthill	12.29q	2
2 Trinity Loughheed	Laura Secord	13.08q	1
3 Alex Cook	Churchill, S	13.10q	2
4 Carli White	Churchill, S	13.34q	2
5 Kamille Reaker	Css-Welland	13.42q	1
6 Sophie Pauls	Elcss-Fonthill	13.68q	1
7 Gabrielle Paupst	Grimsby Dss	14.34q	2
8 Keanna Schuster	Beamsville D	14.40q	2
9 Anna Nero	Css-Welland	14.54	1
10 Lara Swanborough	Highland	15.47	1
11 Zoe Sirko	Westdale	16.00	2
12 Kendra Leger	Ndc-Welland	16.31	1
13 Katie Tsounis	Highland	16.40	2
14 Cassandra Lula	Westdale	17.26	1

Event 13 Women 80 Meter Hurdles Midget

Name	Year School	Finals
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Finals

1	Victoria Fair	Elcss-Fonthill	12.24
2	Trinity Lougheed	Laura Secord	13.01
3	Alex Cook	Churchill, S	13.07
4	Kamille Reaker	Css-Welland	13.36
5	Sophie Pauls	Elcss-Fonthill	13.66
6	Keanna Schuster	Beamsville D	13.68
7	Gabrielle Paupst	Grimsby Dss	14.90
8	Carli White	Churchill, S	15.13

Event 14 Men 100 Meter Hurdles Midget

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Name	Year School	Prelims	H#
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Preliminaries			
1	Holden Child	Churchill, S	15.13q 2
2	Oliver Wolf	Thorold Ss-T	16.29q 1
3	Bryce Booker	Css-Cayuga	16.67q 2
4	Brennen Papineau	Lchs-Port Colbou	17.06q 1
5	Nicholas Ierfino	Smhs-Niagara Fal	17.25q 2
6	Avery Martin	Beamsville D	17.45q 1
7	Ryan Voit	Blessed Trin	17.46q 2
8	Aaron Harley	Elcss-Fonthill	17.50q 1
9	Wiley Johnson	Beamsville D	17.53 1
10	Nick Reid	Westmount	18.30 2
11	David Butko	Ndc-Welland	19.32 1
--	Issac Lodge	Highland	DQ 2

Event 14 Men 100 Meter Hurdles Midget

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Name	Year School	Finals
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Finals		
1	Holden Child	Churchill, S 15.00
2	Oliver Wolf	Thorold Ss-T 15.99
3	Bryce Booker	Css-Cayuga 16.23
4	Brennen Papineau	Lchs-Port Colbou 16.46
5	Nicholas Ierfino	Smhs-Niagara Fal 16.79
6	Aaron Harley	Elcss-Fonthill 16.91
7	Ryan Voit	Blessed Trin 17.22
8	Avery Martin	Beamsville D 17.43

Event 15 Women 300 Meter Hurdles Midget

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Name	Year School	Finals	H#
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1	Alanna Peplinski	Elcss-Fonthill	48.84 2
2	Hannah Baker	Thorold Ss-T	50.63 2
3	Lara Swanborough	Highland	50.96 2
4	Sophie Pauls	Elcss-Fonthill	53.36 2
5	Gracen Mahoney	Denis Morris	53.43 1
6	Victoria Waite	Grimsby Dss	54.64 2
7	Sabrina Brittain	Highland	55.22 2
8	Cassidy Montgomery	Elcss-Fonthill	55.42 1
9	Erica Winks	Waterdown	56.06 2
10	Sarah Spanninga	Guido de Bre	57.30 1

11	Larissa Giliforte	Lchs-Port Colbou	58.55	1
12	Kamille Reaker	Css-Welland	1:00.05	1

Event 16 Men 300 Meter Hurdles Midget

Name	Year School	Finals	H#
1 Tristan Vermolen	Laura Secord	43.85	2
2 Alex Jacques	Rcbhs-Ridgeway	43.99	2
3 Oliver Wolf	Thorold Ss-T	45.76	2
4 John Riley	Churchill, S	46.50	2
5 Jacob Mergl	Elcss-Fonthill	47.01	2
6 Brennen Papineau	Lchs-Port Colbou	47.88	1
7 Elijah Glasgow	Anmss-Niagara Fa	47.92	2
8 Nicholas Ierfino	Smhs-Niagara Fal	47.98	2
9 Wiley Johnson	Beamsville D	48.08	1
10 Lee Muis	Guido de Bre	49.04	1
11 Harrison McCann	Westdale	49.74	1
12 Gabe Millikin	Highland	49.93	1
13 Ryan Voit	Blessed Trin	54.11	1
14 Tristan Sloots	Guido de Bre	54.86	2

Event 17 Women High Jump Midget

Name	Year School	Finals
1 Rowan Thomas	Governor Sim	1.60m
2 Victoria Fair	Elcss-Fonthill	1.57m
3 Kaye Chang	Elcss-Fonthill	1.50m
4 Jasmine Almaguer Sheldri	Westdale	J1.50m
5 Carli White	Churchill, S	1.45m
5 Cailyn Deboer	Guido de Bre	1.45m
7 Tori Lancaster	Laura Secord	J1.45m
7 Karsyn Venus	Thorold Ss-T	J1.45m
9 Miranda Juras	Ehs-St. Catherin	J1.45m
10 Lauren George	Anmss-Niagara Fa	J1.45m
11 Mackwiz Kasweka	Guido de Bre	1.40m
11 Nora Raymond	Ancaster Hig	1.40m
11 Marlena Warren	Anmss-Niagara Fa	1.40m
11 Emma Rudachuk	Lchs-Port Colbou	1.40m
15 Hailey Bowen	Sherwood	1.30m

Event 18 Men High Jump Midget

Name	Year School	Finals
1 Justin Jongsma	Guido de Bre	1.85m
2 Jacob Lamb	Grimsby Dss	1.75m
3 Nattie Dawit-CÃ'tÃ©	Esjv-Welland	1.70m
3 Lucas Mazzone	Anmss-Niagara Fa	1.70m
5 Dale Falk	Governor Sim	1.62m
6 Edrick Macdon	Smhs-Niagara Fal	1.60m
6 Mendelt Elzinga	Ehs-St. Catherin	1.60m
6 Adam Bovine	Ehs-St. Catherin	1.60m
6 Ethan Radcliffe	Elcss-Fonthill	1.60m
6 Ryan McClay	Elcss-Fonthill	1.60m
11 Grayden Van der Mark	Hamilton Dis	1.55m

12	Christian Leonard	Blessed Trin	1.50m
12	Seth Vanbarneveld	Guido de Bre	1.50m
14	Tanner Hirsch	Highland	1.45m

Event 20 Men Pole Vault Midget

	Name	Year School	Finals
1	Jacob Mergl	Elcss-Fonthill	2.40m
2	Richie Pauls	Elcss-Fonthill	2.20m
3	Keynen Lynett	Elcss-Fonthill	2.00m

Event 21 Women Long Jump Midget

	Name	Year School	Finals
1	Jenneke Pilling	Ehs-St. Catherin	4.69m
2	Jasmine Almaguer Sheldri	Westdale	4.64m
3	Kendra Sadlo	Ndc-Welland	4.44m
4	Sarah Young	Hamilton Dis	4.39m
5	Ashley Wagter	Heritage Chr	4.30m
6	Eryka Sneath	Thorold Ss-T	4.28m
7	Hailey Bowen	Sherwood	4.26m
8	Lannie Seddon	Elcss-Fonthill	4.17m
9	Ashlyn Beecroft	Ehs-St. Catherin	4.13m
10	Ceara Obdeyn	Ndc-Welland	4.03m
11	Kaye Chang	Elcss-Fonthill	3.98m
12	Laura Garber	Westdale	3.95m
13	Tori Lancaster	Laura Secord	3.87m
14	Zoe Sirko	Westdale	3.69m
--	Caitlin Deruiter	Lchs-Port Colbou	FOUL

Event 22 Men Long Jump Midget

	Name	Year School	Finals
1	Jacob Andrews	Anmss-Niagara Fa	5.88m
2	Justin Jongsma	Guido de Bre	5.47m
3	Jovan Griffiths	Academy	5.44m
4	Maxsym Nazartchyk	Smhs-Niagara Fal	5.40m
5	Cole Berniston	Blessed Trin	5.34m
6	Riley Daniels	Beamsville D	5.19m
7	Jacob Martens	Ehs-St. Catherin	4.95m
8	Ethan Keus	Elcss-Fonthill	4.92m
9	Edrick Macdon	Smhs-Niagara Fal	4.90m
10	Malik Mott	Barton S.S.	4.77m
11	Wyatt Flagg	Lchs-Port Colbou	4.65m
12	William Reil	Grimsby Dss	4.63m
13	Joe VanHuisstede	Guido de Bre	4.44m
14	Carson Carne	Orchard Park	4.16m
15	Richard Liao	Westmount	3.84m

Event 23 Women Triple Jump Midget

	Name	Year School	Finals
1	Rowan Thomas	Governor Sim	10.28m

2	Jenneke Pilling	Ehs-St. Catherin	9.78m
3	Caitlin Deruiter	Lchs-Port Colbou	9.77m
4	Kendra Sadlo	Ndc-Welland	9.69m
5	Kendra Leger	Ndc-Welland	9.58m
6	Sarah Young	Hamilton Dis	9.40m
7	Sophie Pauls	Elcss-Fonthill	9.28m
8	Kambrie Luciani	Css-Welland	9.25m
9	Ashley Wagter	Heritage Chr	9.00m
10	Eryka Sneath	Thorold Ss-T	8.57m
11	Hailey Bowen	Sherwood	8.42m
12	Sarah Spanninga	Guido de Bre	7.55m
13	Rachel Bosscher	Guido de Bre	7.04m
14	Madison Blokker	Guido de Bre	6.80m

Event 24 Men Triple Jump Midget

Name	Year School	Finals
1 Justin Jongsma	Guido de Bre	11.26m
2 Robert Smith	St. Catharin	11.21m
3 Tristan Vermolen	Laura Secord	11.19m
4 Jacob Lamb	Grimsby Dss	11.01m
5 Maxsym Nazartchyk	Smhs-Niagara Fal	10.94m
6 Holden Child	Churchill, S	10.90m
7 Johnathan Haw	Sphs-Niagara Fal	10.50m
8 Jared Carter	Elcss-Fonthill	10.36m
9 Lee Muis	Guido de Bre	10.18m
10 Sefa Otchere	Sphs-Niagara Fal	9.98m
10 Ethan Keus	Elcss-Fonthill	9.98m
12 Seth Vanbarneveld	Guido de Bre	9.32m
13 Nick Reid	Westmount	9.30m

Event 25 Women Shot Put 4 kg Midget

Name	Year School	Finals
1 Grace Tennant	South Lincol	11.86m
2 Victoria Fair	Elcss-Fonthill	10.01m
3 Sensia Lampman	Pchs-Port Colbor	8.41m
4 Jessica Foest	Ndc-Welland	8.29m
5 Saraya Goss	Elcss-Fonthill	8.24m
6 Emily Stewart	Sphs-Niagara Fal	8.12m
7 Angela Boeringa	Guido de Bre	8.11m
8 Robin Johnson	Westmount	7.77m
9 Emily Taylor	South Lincol	7.50m
10 Tessa Czerlau	Holy Cross H	7.05m
11 Alana Krzeckowski	Churchill, S	7.02m
12 Rebecca Balyk	Governor Sim	7.00m
13 Sarah Vandasselaar	Guido de Bre	5.81m
13 Victoria Pansegrau	Highland	5.81m
15 Sara Rooney	Highland	5.76m

Event 26 Men Shot Put Midget

Name	Year School	Finals
1 Carmen Spedaliere	St. Francis	12.85m

2	Nick Petrick	Anmss-Niagara Fa	12.81m
3	Christian Janzen	Westmount	12.55m
4	Justin Narsanski	Sphs-Niagara Fal	12.47m
5	Kevin Bokelar	Blessed Trin	12.35m
6	Justin Culp	Blessed Trin	11.99m
7	Tim Vanwoudenberg	Guido de Bre	11.85m
8	Brandon Feenstra	Guido de Bre	11.25m
9	Josh Evans	Hag	10.97m
10	Emile Lafleur	Lchs-Port Colbou	10.91m
11	Riley Lepp	Governor Sim	9.98m
12	Darrin Bethlehem	Guido de Bre	9.78m
13	Connor Tries	Sphs-Niagara Fal	9.60m
14	Ethan Cox	Highland	8.73m

Event 27 Women Discus Throw Midget

Name	Year School	Finals
1 Grace Tennant	South Lincol	34.33m
2 Hannah Baker	Thorold Ss-T	26.29m
3 Emily Stewart	Sphs-Niagara Fal	24.01m
4 Sensia Lampman	Pchs-Port Colbor	23.48m
5 Rowan Thomas	Governor Sim	22.97m
6 Kambrie Luciani	Css-Welland	22.43m
7 Emily Taylor	South Lincol	21.39m
8 Taylor Wiebe	Holy Cross H	20.22m
9 Angel Whitfield-Koch	Elcss-Fonthill	19.79m
10 Angela Boeringa	Guido de Bre	19.76m
11 Tessa Knegt	Guido de Bre	19.66m
12 Robin Johnson	Westmount	19.34m
13 Miranda Mann	Elcss-Fonthill	18.04m
14 Cailyn Deboer	Guido de Bre	15.37m

Event 28 Men Discus Throw Midget

Name	Year School	Finals
1 Christian Janzen	Westmount	41.96m
2 Cayden Lapceovich	South Lincol	33.82m
3 Carmen Spedaliero	St. Francis	33.48m
4 Liam Black	South Lincol	33.44m
5 Emile Lafleur	Lchs-Port Colbou	33.26m
6 Peter Pasaluko	South Lincol	33.12m
7 Riley Lepp	Governor Sim	32.05m
8 Brandon Feenstra	Guido de Bre	30.07m
9 Alexander Hollinshead	Css-Welland	28.84m
10 Nick Petrick	Anmss-Niagara Fa	28.18m
11 Wyatt Flagg	Lchs-Port Colbou	27.28m
12 Evan Shewchuk	Highland	26.19m
13 Tim Vanwoudenberg	Guido de Bre	25.62m
14 Jacob Mergl	Elcss-Fonthill	24.96m
15 Darrin Bethlehem	Guido de Bre	23.02m

Event 29 Women Javelin Throw 600g Midget

Name	Year School	Finals
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1	Grace Tennant	South Lincol	34.44m
2	Alexis Skirrow	Saltfleet	26.95m
3	Hope Brownlee	Elcss-Fonthill	26.68m
4	Angel Whitfield-Koch	Elcss-Fonthill	25.76m
5	Lauren Oreskovich	Sphs-Niagara Fal	25.24m
6	Trinity Lougheed	Laura Secord	24.98m
7	Neenah Williams	Elcss-Fonthill	24.05m
8	Jessica Foest	Ndc-Welland	21.52m
9	Jessica Garr	Grimsby Dss	20.60m
10	Tessa Knegt	Guido de Bre	19.30m
11	Emily Taylor	South Lincol	18.90m
12	Charlotte McCormack	Saltfleet	16.80m
13	Michelle Hunt	Highland	16.10m
14	Mackenzie Kauth	Saltfleet	15.90m
15	Grace Pyatt	Thorold Ss-T	14.43m

Event 30 Men Javelin Throw 600g Midget

Name	Year School	Finals
1 Jacob Martens	Ehs-St. Catherin	39.70m
2 Joseph Jones	Blessed Trin	37.05m
3 Wyatt Flagg	Lchs-Port Colbou	36.35m
4 David Humaniski	Thorold Ss-T	35.88m
5 Tyler Hildebrand	Anmss-Niagara Fa	35.80m
6 Cayden Lapceovich	South Lincol	35.43m
7 Lucas Mazzone	Anmss-Niagara Fa	34.54m
8 Tim Vanwoudenberg	Guido de Bre	32.75m
9 Ethan Cox	Highland	31.70m
10 William Reil	Grimsby Dss	31.67m
11 Brandon Feenstra	Guido de Bre	30.35m
12 Ivan Gagai	Sphs-Niagara Fal	29.10m
13 Ethan Radcliffe	Elcss-Fonthill	29.03m
14 Tanner Hirsh	Highland	27.50m
15 Gavin Rotsaert-Smith	Westdale	20.75m

Event 31 Women 4x100 Meter Relay Midget

School	Finals	H#
1 E. L. Crossley - Fonthill 'A'	54.20	2
1) Alanna Peplinski	2) Sophie Pauls	
3) Victoria Fair	4) Kaye Chang	
5) Amy Jones	6) Cassidy Montgomery	
2 Notre Dame College - Welland 'A'	55.32	2
1) Kendra Leger	2) Kendra Sadlo	
3) Ceara Obdeyn	4) Caila Coyne	
5) Camille Waldeck	6)	
3 Grimsby D S S 'A'	55.79	2
1) Lyndsey Cooke	2) Gabrielle Paupst	
3) Victoria Waite	4) Sophia Chouinard	
4 Westdale 'A'	56.23	1
1) Maddy Leek	2) Zoe Sirko	
3) Laura Garber	4) Cassandra Lula	
5) Jasmine Almaguer Sheldrick	6) Peipei Wang	
5 Hagersville 'A'	56.96	2
1) Jaclyn Barker	2) Jessica Dennis	

3) Abbie Norris	4) Krista Ashley		
6 Holy Cross H S 'A'		57.33	2
1) Olha Wloch	2) Rileigh McNeil		
3) Tessa Czerlau	4) Taylor Wiebe		
7 St. Paul - Niagara Falls 'A'		57.70	2
1) Maleah Beaupit	2) Daniela Visca		
3) Reagan Greatrix	4) Jessica Danecker		
5) Lauren Oreskovich	6)		
8 Guido de Bres 'A'		58.44	1
1) Debra Vanderlaan	2) Esther Jager		
3) Sarah Spanninga	4) Karissa Stegenga		
9 Lakeshore - Port Colborne 'A'		58.54	2
1) Caitlin Deruiter	2) Mehkenin Lodba		
3) Sierra Konig	4) Emma Rudachuk		
5) Larissa Giliforte	6) Brooke Andrus		
10 Hill Park 'A'		1:05.08	1
1) Emma Black	2) Leya Burns		
3) Ashley Carpenter	4) Kelsey Hooks		
5) Hannah Vromans	6)		
-- Thorold S S 'A'		DQ	1
1) Hannah Baker	2) Meagan Downes		
3) Eryka Sneath	4) Nicole Pirillo		

Event 32 Men 4x100 Meter Relay Midget

School		Finals	H#
1 Sir Winston Churchill S S 'A'		48.84	2
1) Jack Allan	2) Damon Chapman		
3) Holden Child	4) John Riley		
2 Beamsville D S S 'A'		49.09	2
1) Zachary Carrier	2) Evan Fitzgerald		
3) Avery Martin	4) Riley Daniels		
5) Wiley Johnson	6)		
3 E. L. Crossley - Fonthill 'A'		49.60	2
1) Joseph Kawa	2) Logan Karasz		
3) Aaron Harley	4) Adam Gilmore		
5) Ethan Keus	6)		
4 St. Paul - Niagara Falls 'A'		50.03	1
1) Cameron Lang	2) Will Kandaya		
3) Devon Long	4) John Navarolli		
5) Sefa Otchere	6) Johnathan Haw		
5 Blessed Trinity H S 'A'		50.34	2
1) Mark Griffin	2) Jacob Malaryk		
3) Christian Leonard	4) Cole Berniston		
5) Patrick Hanna	6)		
6 A.N. Myer - Niagara Falls 'A'		50.69	2
1) Jacob Andrews	2) Tyler Hildebrand		
3) Ben Simmonds	4) Lucas Mazzone		
5) Elijah Glasgow	6)		
7 Highland 'A'		51.35	2
1) Evan Shewchuk	2) Gabe Millikin		
3) Issac Lodge	4) Reid Vogel		
5) Nick Bajaikine	6) Tanner Hirsch		
8 Guido de Bres 'A'		51.57	2
1) Lee Muis	2) Tristan Sloots		
3) Justin Jongsma	4) Joe VanHuisstede		

5) Seth Vanbarneveld	6)		
9 Thorold S S 'A'		52.96	2
1) Brian Cartmell	2) Alec Young		
3) Oliver Wolf	4) Wil Rivera		

Event 33 Women 100 Meter Dash Junior

Name	Year School	Prelims	H#
Preliminaries			
1 Viktoria VanZanten	Heritage Chr	12.93q	1
2 Jasmine Lougheed	Laura Secord	12.96q	1
3 Marissa Dubois	Westdale	12.97q	2
4 Rachel Stanga	Westdale	13.02q	2
5 Kelly Donoff	Highland	13.13q	1
5 Brooke bottos	Waterdown	13.13q	2
7 Sophia Winter	Hamilton Dis	13.21q	2
8 Erica Wilson	Elcss-Fonthill	13.48q	1
9 Jummy Oladipo	Churchill, S	13.62	2
10 Jenna Greco	Sphs-Niagara Fal	13.88	2
11 Alissa Corey	Lchs-Port Colbou	14.06	1
12 Ethel Nalule	Smhs-Niagara Fal	14.09	1
13 Niamh Knox	Elcss-Fonthill	14.14	2
14 Katelyn Shaw	Blessed Trin	14.38	1
15 Kalifornia Stevens	Grimsby Dss	14.43	1

Event 33 Women 100 Meter Dash Junior

Name	Year School	Finals
Finals		
1 Viktoria VanZanten	Heritage Chr	12.79
2 Jasmine Lougheed	Laura Secord	12.99
3 Kelly Donoff	Highland	13.02
4 Brooke bottos	Waterdown	13.07
5 Rachel Stanga	Westdale	13.09
6 Marissa Dubois	Westdale	13.10
7 Sophia Winter	Hamilton Dis	13.26
8 Erica Wilson	Elcss-Fonthill	13.63

Event 34 Men 100 Meter Dash Junior

Name	Year School	Prelims	H#
Preliminaries			
1 Trent Snyder	Grimsby Dss	11.35q	2
2 Seth Long	Sphs-Niagara Fal	11.58q	1
3 Alex Mcclung	Highland	11.62q	2
4 Christopher Parlevliet	Anmss-Niagara Fa	11.70q	2
5 Andre Dixon	Sir Allan Ma	11.79q	2
6 Paul Burbulea	Churchill, S	11.80q	1
7 Tre Ford	Anmss-Niagara Fa	11.94q	1
8 Tanner Schinkel	Rcbhs-Ridgeway	11.96q	1
9 Devon Brewster	Rcbhs-Ridgeway	12.08	2
10 Riley Mackinnon	Churchill, S	12.14	2
11 Atreyu Godard	Denis Morris	12.16	1
12 Tyler Ternowski	Sir Allan Ma	12.37	1

13	Damon Johnson	St. Catharin	12.39	1
14	Tyler Smith	Saltfleet	12.64	2
15	Braden Kasper	Guido de Bre	12.78	2

Event 34 Men 100 Meter Dash Junior

Name	Year School	Finals
Finals		
1 Trent Snyder	Grimsby Dss	11.02
2 Seth Long	Sphs-Niagara Fal	11.26
3 Christopher Parlevliet	Anmss-Niagara Fa	11.48
4 Alex Mcclung	Highland	11.58
5 Tre Ford	Anmss-Niagara Fa	11.60
6 Tanner Schinkel	Rcbhs-Ridgeway	11.72
7 Andre Dixon	Sir Allan Ma	11.84
8 Paul Burbulea	Churchill, S	12.26

Event 35 Women 200 Meter Dash Junior

Name	Year School	Finals	H#
1 Jenna Smith	Highland	26.32	2
2 Viktoria VanZanten	Heritage Chr	27.82	2
3 Abegale Rodrigues	Css-Welland	28.02	2
4 Sophia Winter	Hamilton Dis	28.26	2
5 Mara Balvers	Westdale	28.41	2
6 Sarah Coburn	Denis Morris	29.21	1
7 Kennedy Bell	Saltfleet	29.45	2
8 Alanna Lapalme	Esjv-Welland	29.58	1
9 Jane Gibson	Elcss-Fonthill	29.73	2
10 Elizabeth Benard	South Lincol	30.50	1
11 Alexandria Pakenham-Trot	Grimsby Dss	31.36	1
12 Kayla Hedley	Css-Cayuga	31.93	1
13 Caitlyn Tardif	Rcbhs-Ridgeway	34.63	1

Event 36 Men 200 Meter Dash Junior

Name	Year School	Finals	H#
1 Trent Snyder	Grimsby Dss	23.23	2
2 Seth Long	Sphs-Niagara Fal	23.81	2
3 Christopher Parlevliet	Anmss-Niagara Fa	24.18	2
4 Alex Mcclung	Highland	24.34	2
5 Brent Smyth	Westmount	24.48	2
6 Atreyu Godard	Denis Morris	24.72	1
7 Connor Russell	Ancaster Hig	24.77	2
8 Joel Ingram	Anmss-Niagara Fa	24.89	1
9 Riley Mackinnon	Churchill, S	25.35	2
10 Gearoge Anderson	Css-Cayuga	25.55	1
11 Sheldon Davis	Css-Welland	25.58	1
12 Jack Mosquite	Blessed Trin	25.93	1
13 Jacob Hinchberger	Churchill, S	26.09	1
14 Tyler Smith	Saltfleet	27.31	1

Event 37 Women 400 Meter Dash Junior

Name	Year School	Finals	H#
1 Jenna Smith	Highland	58.22	2
2 Chloe Hewitt	Westdale	1:00.17	2
3 Kennedy Thomson	Churchill, S	1:05.62	2
4 Julia Burke	Elcss-Fonthill	1:06.27	2
5 Rachel Sorley	Saltfleet	1:07.49	2
6 Taylor Thomson	Blessed Trin	1:08.96	1
7 Katherine Cornelius	St. Francis	1:09.39	1
8 Adrienne Thompson	Css-Welland	1:10.32	1
9 Alexandra Jansen	Westmount	1:10.59	2
10 Jane Gibson	Elcss-Fonthill	1:11.87	2
11 Kallie Charette	Denis Morris	1:13.11	1
12 Jasmine Theriault	Ndc-Welland	1:14.02	1

Event 38 Men 400 Meter Dash Junior

Name	Year School	Finals	H#
1 Brent Smyth	Westmount	53.40	2
2 Connor Russell	Ancaster Hig	53.50	2
3 Jack Moncur	Churchill, S	54.59	2
4 Sid Alkema	Guido de Bre	55.05	2
5 Jake Bennett	Elcss-Fonthill	56.78	2
6 Sean Hookey	Elcss-Fonthill	57.76	2
7 Colton Mason	Mphs-Caledonia	57.77	2
8 Aidan Kwok	Orchard Park	58.07	2
9 Dillon Erskine	South Lincol	59.62	1
10 Timothy Turner	Fess-Fort Erie	1:00.65	1
11 Daniel Steele	Dss-Dunnville	1:02.47	1
12 David Kralt	Great Lakes	1:03.02	1
13 Bradley Niendorf	Grimsby Dss	1:03.96	1
14 Carter Andres	Laura Secord	1:05.69	1

Event 39 Women 800 Meter Run Junior

Name	Year School	Finals
1 Kennedy Thomson	Churchill, S	2:24.63
2 Chloe Hewitt	Westdale	2:26.39
3 Jasmine Buckridge	Westdale	2:28.94
4 Jacquelyn Spadzinski	Anmss-Niagara Fa	2:34.63
5 Beth Vandebrugghen	Guido de Bre	2:37.15
6 Tessa Sherk	Elcss-Fonthill	2:40.08
7 Hayley McMillan	Grimsby Dss	2:46.26
8 Nicole Whitmore	Westdale	2:48.48
9 Hailey Yang	Great Lakes	2:50.01
10 Dara Akinwumi	Ncc-Niagara	2:50.05
11 Rhianna Parent	Highland	2:56.66
12 Jazmine Leduc	Esjv-Welland	3:00.23
13 Nicolina Serkadian	Blessed Trin	3:13.77
-- Madeleine Smith	Churchill, S	DNF

Event 40 Men 800 Meter Run Junior

Name	Year School	Finals
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1	Ian MacKinnon	Westdale	2:05.53
2	Gavin Smith	Grimsby Dss	2:05.95
3	Levi Fretz	Rcbhs-Ridgeway	2:06.56
4	Millar Coveney	Churchill, S	2:07.62
5	Jack Moncur	Churchill, S	2:08.65
6	Justin Ouwendyk	Hamilton Dis	2:14.16
7	Graym Stewart	Highland	2:14.88
8	Steven Bruun	Ancaster Hig	2:15.18
9	Husam Hamour	Sphs-Niagara Fal	2:17.10
10	Bryon Ruston	Lchs-Port Colbou	2:22.47
11	Brendan Whittaker	Beamsville D	2:24.73
12	Anthony Pasco	Sphs-Niagara Fal	2:45.31
13	Jacob Forrest	Lchs-Port Colbou	2:45.43

Event 41 Women 1500 Meter Run Junior

Name	Year School	Finals
1 Kennedy Thomson	Churchill, S	5:01.08
2 Jasmine Buckridge	Westdale	5:07.51
3 Camille Dehghan	Ancaster Hig	5:13.44
4 Jacquelyn Spadzinski	Anmss-Niagara Fa	5:21.59
5 Beth Vandebrugghen	Guido de Bre	5:23.08
6 Madeleine Smith	Churchill, S	5:29.71
7 Allison gibb	Waterdown	5:34.72
8 Taylor Thomson	Blessed Trin	5:38.65
9 Taylor Campbell	Anmss-Niagara Fa	5:40.24
10 Tessa Sherk	Elcss-Fonthill	5:46.87
11 Sarah Incretolli	Saltfleet	5:52.94
12 Mackenzie Campbell	Anmss-Niagara Fa	5:56.34
13 Hayley McMillan	Grimsby Dss	6:14.59
14 Dara Akinwumi	Ncc-Niagara	6:28.13
15 Nicolina Serkadian	Blessed Trin	6:50.25

Event 42 Men 1500 Meter Run Junior

Name	Year School	Finals
1 Ian MacKinnon	Westdale	4:19.42
2 Gavin Smith	Grimsby Dss	4:19.68
3 Nick Dalessandro	Barton S.S.	4:19.96
4 Millar Coveney	Churchill, S	4:20.75
5 Levi Fretz	Rcbhs-Ridgeway	4:21.07
6 Jack Moncur	Churchill, S	4:22.01
7 Graym Stewart	Highland	4:35.20
8 Steven Bruun	Ancaster Hig	4:37.81
9 Addy Nixon	Waterdown	4:43.25
10 Yahia Leban	Denis Morris	4:53.72
11 Matthew Lalonde	Grimsby Dss	5:00.43
12 Michael O'Rourke	Anmss-Niagara Fa	5:01.85
13 Jared Rempel	Elcss-Fonthill	5:03.95
14 Brandon Lanese	Sphs-Niagara Fal	5:06.56
-- Tyler Thomson	Anmss-Niagara Fa	DNF

Event 43 Women 3000 Meter Run Junior

Name	Year School	Finals
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1	Camille Dehghan	Ancaster Hig	11:35.12
2	Rachel Langelaan	Blessed Trin	11:49.31
3	Emma Waddington	Westdale	12:09.38
4	Taylor Campbell	Anmss-Niagara Fa	12:13.62
5	Sarah Incretolli	Saltfleet	12:13.66
6	Madeleine Smith	Churchill, S	12:37.40
7	Mackenzie Campbell	Anmss-Niagara Fa	12:48.96
8	Jasmine Leheta	Esjv-Welland	13:34.29
9	Claire Vandergriendt	Guido de Bre	15:16.86

Event 44 Men 3000 Meter Run Junior

Name	Year School	Finals
1 Nick Dalessandro	Barton S.S.	9:32.12
2 Millar Coveney	Churchill, S	9:33.43
3 Addy Nixon	Waterdown	10:05.45
4 Jordan Gillis	Orchard Park	10:21.00
5 Michael O'Rourke	Anmss-Niagara Fa	10:27.97
6 Brandon Lanese	Sphs-Niagara Fal	10:59.23
7 Ross Halfyard	Churchill, S	11:04.59
8 Bryon Ruston	Lchs-Port Colbou	11:21.97
9 Lawrence Eikelboom	Guido de Bre	11:25.48
10 Sebastian Swayze	Thorold Ss-T	11:36.74
11 Kyle Phelan	Smhs-Niagara Fal	11:40.64
12 Brendan Whittaker	Beamsville D	11:42.32
13 Alex Boekestyn	Smithville D	11:52.90

Event 45 Women 80 Meter Hurdles Junior

Name	Year School	Prelims	H#
Preliminaries			
1 Brittany Stenekes	Highland	12.05q	2
2 Abby Bolton	Rcbhs-Ridgeway	12.18q	1
3 Jasmine Lougheed	Laura Secord	12.67q	2
4 Rachel Stanga	Westdale	13.30q	2
5 Brooke bottos	Waterdown	13.54q	1
6 Rachel Langelaan	Blessed Trin	13.80q	2
7 Abegale Rodrigues	Css-Welland	13.81q	1
8 Julia Burke	Elcss-Fonthill	14.71q	2
9 Sophia Winter	Hamilton Dis	14.80	2
10 Rachel Holoniuk	Grimsby Dss	14.86	1
11 Victoria McIntyre	Pchs-Port Colbor	14.91	2
12 Makiah Hunt	Smhs-Niagara Fal	14.94	1
13 Julia Meeboer	Beamsville D	15.07	1
14 Fatima DeFeitas	Barton S.S.	15.50	1
15 Amanda Butterfield	Grimsby Dss	16.09	1

Event 45 Women 80 Meter Hurdles Junior

Name	Year School	Finals
Finals		
1 Brittany Stenekes	Highland	11.98
2 Jasmine Lougheed	Laura Secord	12.48

3	Abby Bolton	Rcbhs-Ridgeway	12.78
4	Abegale Rodrigues	Css-Welland	13.10
5	Rachel Stanga	Westdale	13.16
6	Brooke bottos	Waterdown	13.30
7	Rachel Langelaan	Blessed Trin	13.39
8	Julia Burke	Elcss-Fonthill	15.76

Event 46 Men 100 Meter Hurdles Junior

Name	Year	School	Prelims	H#
Preliminaries				
1	Ryan Tomalin	Ancaster Hig	16.02q	1
2	Kyle Craig	Laura Secord	16.07q	1
3	Cade Scott	Churchill, S	16.25q	2
4	Mason Puppa	Highland	16.74q	2
5	Liam Burrows	South Lincol	16.82q	1
6	Jack Staz	Highland	17.83q	2
7	Maxmillian Aoki	Westdale	18.20q	1
8	Jon Grisafi	Lchs-Port Colbou	18.53q	2
9	Adam Zammitt	Laura Secord	19.28	2
10	Simon Day	Westdale	19.74	1
11	Cal McDonald	Mphs-Caledonia	21.41	2
12	Matt Weston	Mphs-Caledonia	23.55	1
13	Josh Kelly	Mphs-Caledonia	26.95	1
--	J.P. Emareyo	Smhs-Niagara Fal	DQ	2

Event 46 Men 100 Meter Hurdles Junior

Name	Year	School	Finals
Finals			
1	Cade Scott	Churchill, S	15.42
2	Kyle Craig	Laura Secord	15.79
3	Ryan Tomalin	Ancaster Hig	15.87
4	Liam Burrows	South Lincol	16.83
5	Maxmillian Aoki	Westdale	16.85
6	Mason Puppa	Highland	16.86
7	Jack Staz	Highland	17.39
8	Jon Grisafi	Lchs-Port Colbou	19.01

Event 47 Women 300 Meter Hurdles Junior

Name	Year	School	Finals	H#
1	Brittany Stenekes	Highland	47.32	2
2	Makiah Hunt	Smhs-Niagara Fal	48.86	2
3	Abby Bolton	Rcbhs-Ridgeway	50.25	2
4	Rachel Langelaan	Blessed Trin	50.96	1
5	Julia Burke	Elcss-Fonthill	51.83	2
6	Breanne Maidens	Rcbhs-Ridgeway	52.33	2
7	Julia Meeboer	Beamsville D	52.88	1
8	Heather Nichols	Highland	53.47	2
9	Nicole Whitmore	Westdale	54.33	1
10	Fatima DeFeitas	Barton S.S.	54.47	1
11	Emily Gamble	Pchs-Port Colbor	55.09	2
12	Amanda Sipos	Blessed Trin	56.01	1

13 Michaela Vis	Guido de Bre	56.87	1
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Event 48 Men 300 Meter Hurdles Junior

Name	Year School	Finals	H#
1 Sid Alkema	Guido de Bre	43.09	2
2 Cade Scott	Churchill, S	44.51	2
3 Jake Bennett	Elcss-Fonthill	44.57	2
4 Tanner Schinkel	Rcbhs-Ridgeway	45.00	2
5 Tyler Ternowski	Sir Allan Ma	45.42	2
6 Eric Hang	Pchs-Port Colbor	45.46	2
7 Ryan Tomalin	Ancaster Hig	45.98	2
8 Brent Smyth	Westmount	46.15	2
9 Mason Puppa	Highland	47.77	1
10 Paul Burbulea	Churchill, S	50.83	1
11 Matt Weston	Mphs-Caledonia	50.86	1
12 Adam Zammitt	Laura Secord	51.62	1
13 Dylan Jones	Elcss-Fonthill	53.27	1
14 Jethro Galindo	Denis Morris	1:09.48	1

Event 49 Women High Jump Junior

Name	Year School	Finals
1 Abegale Rodrigues	Css-Welland	1.52m
2 Lee - Ann Skulj	Css-Welland	J1.52m
3 Olivia Hamlyn	Ehs-St. Catherin	1.45m
4 Jessica Tenhage	Guido de Bre	J1.45m
5 Alyssa Marshall	Dss-Dunnville	1.40m
6 Katarina Post	Guido de Bre	J1.40m
7 Kandyce Heard	Sphs-Niagara Fal	J1.40m
8 Shayla Post	Guido de Bre	1.35m
8 Lexi Watson	Westmount	1.35m
10 Kayla Bajzert	Blessed Trin	1.25m

Event 50 Men High Jump Junior

Name	Year School	Finals
1 Tyler Grummett	Elcss-Fonthill	1.85m
2 Joseph Murdaca	Anmss-Niagara Fa	1.80m
3 Cameron Pow	Sphs-Niagara Fal	J1.80m
4 Sean Holmes	Ancaster Hig	1.75m
5 Christopher Parlevliet	Anmss-Niagara Fa	J1.75m
6 John Hagen	Heritage Chr	J1.75m
7 Alexander Wiley	Waterdown	1.70m
7 Damon Johnson	St. Catharin	1.70m
9 Andy Groenwold	Guido de Bre	1.60m
10 Trey Gardner	Waterdown	1.55m
10 Andrew Pauls	Elcss-Fonthill	1.55m

Event 51 Women Pole Vault Junior

Name	Year School	Finals
1 Makiah Hunt	Smhs-Niagara Fal	3.30m

2	Jasmine Lougheed	Laura Secord	2.60m
3	Cassie Osterlund	Elcss-Fonthill	2.40m
4	Lee - Ann Skulj	Css-Welland	2.20m
5	Abby Bolton	Rcbhs-Ridgeway	J2.20m
6	Megan Shimmon	Laura Secord	1.80m
6	Shelby Palmer	Rcbhs-Ridgeway	1.80m
--	Zahra Simpson	Laura Secord	NH

Event 52 Men Pole Vault Junior

Name	Year School	Finals
1 Tyler Grummett	Elcss-Fonthill	3.00m
2 Adam Zammitt	Laura Secord	2.60m
3 Andrew Pauls	Elcss-Fonthill	2.40m
4 Dylan Jones	Elcss-Fonthill	2.00m

Event 53 Women Long Jump Junior

Name	Year School	Finals
1 Brittany Stenekes	Highland	5.33m
2 Marissa Dubois	Westdale	5.03m
3 Emily Gamble	Pchs-Port Colbor	4.83m
4 Jummy Oladipo	Churchill, S	4.69m
5 Brooke bottos	Waterdown	4.68m
6 Alissa Corey	Lchs-Port Colbou	4.53m
7 Rachel Stanga	Westdale	4.41m
8 Breanne Maidens	Rcbhs-Ridgeway	4.39m
9 Hailey Orosz	South Lincol	3.99m
10 Mara Balvers	Westdale	3.67m
11 Kayla Hedley	Css-Cayuga	3.64m
12 Katie Hunter	Beamsville D	3.61m
13 Sarah Coburn	Denis Morris	3.10m

Event 54 Men Long Jump Junior

Name	Year School	Finals
1 Kyle Craig	Laura Secord	5.80m
2 Joseph Murdaca	Anmss-Niagara Fa	5.79m
3 Colton Mason	Mphs-Caledonia	5.49m
4 Seth Long	Sphs-Niagara Fal	5.40m
5 Andy Groenwold	Guido de Bre	5.30m
6 Alex Mcclung	Highland	5.17m
7 Liam Burrows	South Lincol	5.16m
8 Damon Johnson	St. Catharin	5.12m
9 Tre Ford	Anmss-Niagara Fa	5.10m
10 Tyrell Ford	Anmss-Niagara Fa	5.08m
11 Chad Bartels	Guido de Bre	5.03m
12 John Hagen	Heritage Chr	4.95m
13 Jacob Rashid	Westdale	4.86m

Event 55 Women Triple Jump Junior

Name	Year School	Finals
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1	Emily Gamble	Pchs-Port Colbor	10.30m
2	Jacquelyn Spadzinski	Anmss-Niagara Fa	J10.30m
3	Jummy Oladipo	Churchill, S	10.25m
4	Elizabeth Benard	South Lincol	9.96m
5	Katarina Post	Guido de Bre	9.40m
6	Heather Nichols	Highland	9.39m
7	Alissa Corey	Lchs-Port Colbou	9.36m
8	Victoria McIntyre	Pchs-Port Colbor	9.15m
9	Katie Hunter	Beamsville D	8.69m
10	Esther van der Woerd	Hamilton Dis	8.68m
11	Jessica Tenhage	Guido de Bre	8.56m
12	Emily Koopman	Hamilton Dis	8.55m
13	Taylor Alde-Walters	South Lincol	8.24m

Event 56 Men Triple Jump Junior

Name	Year School	Finals
1 Solomon Awobem	Ncc-Niagara	12.03m
2 Kyle Craig	Laura Secord	11.70m
3 Thomas Boekestyn	Heritage Chr	11.36m
4 John Hagen	Heritage Chr	11.22m
5 Chad Bartels	Guido de Bre	11.09m
6 Roy Nixon	Anmss-Niagara Fa	11.04m
7 Matthew Burns	Anmss-Niagara Fa	11.00m
8 Mason Puppa	Highland	10.98m
9 Aden Wegelin	Sphs-Niagara Fal	10.92m
10 Tyler Ternowski	Sir Allan Ma	10.81m
11 Matt Fisher	Waterdown	10.73m
12 Howell Canlas	Thorold Ss-T	10.61m
13 Alexander Wiley	Waterdown	10.38m
14 Matthew Eizenga	Churchill, S	10.11m
-- Liam Mackey	Css-Cayuga	FOUL

Event 57 Women Shot Put 4 kg Junior

Name	Year School	Finals
1 Cassandra Plute	Blessed Trin	10.78m
2 Alexis Brenzil	Css-Welland	10.46m
3 Tia Stys	Holy Cross H	9.71m
4 Danielle Bridle	Churchill, S	9.07m
5 Bethany-Anne Fretz	Fess-Fort Erie	9.00m
6 Daniella Sottile	Anmss-Niagara Fa	8.74m
7 Alexis Pluim	Highland	8.35m
8 Annissa Rizzo	Anmss-Niagara Fa	8.19m
9 Paige Veenhof	Smithville D	8.03m
10 Sydney Mires	Laura Secord	7.79m
10 Alexis Gigliotti	Sphs-Niagara Fal	7.79m
12 Ibukun Obidi	Saltfleet	7.35m
13 Jaclyn Deboer	Guido de Bre	6.56m
14 Paige Corbett	Highland	6.19m

Event 58 Men Shot Put 4kg Junior

Name	Year School	Finals
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1	Kreek Barrick	Pchs-Port Colbor	14.56m
2	Adam Carusello	Mphs-Caledonia	14.23m
3	Ethan Tupala	Rcbhs-Ridgeway	13.99m
4	Brock Speller	South Lincol	13.85m
5	Allesandro Krick	Sphs-Niagara Fal	12.57m
6	Confidence Okonkwo	Ncc-Niagara	12.38m
7	Ben Bartels	Guido de Bre	12.33m
8	Thomas Boekestyn	Heritage Chr	11.57m
9	Dylan Miedema	Hamilton Dis	11.00m
10	Blake Patterson	South Lincol	10.76m
11	Mike Kazimowicz	Churchill, S	10.45m
12	Rean Heckroodt	Highland	10.35m
13	Christian Balanowski	Denis Morris	10.11m
14	Reuben Bartels	Guido de Bre	8.25m

Event 59 Women Discus Throw Junior

Name	Year School	Finals
1 Cassandra Plute	Blessed Trin	31.08m
2 Demi Quinn	Rcbhs-Ridgeway	25.95m
3 Sydney Mires	Laura Secord	24.75m
4 Annissa Rizzo	Anmss-Niagara Fa	24.29m
5 Vanessa LaRochelle	Fess-Fort Erie	23.70m
6 Danielle Bridle	Churchill, S	23.37m
7 Kara Elgersma	Guido de Bre	23.13m
8 Shannon Troupe	Fess-Fort Erie	21.48m
9 Emily Koopman	Hamilton Dis	20.40m
10 Shelby Palmer	Rcbhs-Ridgeway	19.50m
11 Alexis Pluim	Highland	19.13m
12 Chrissa Sinnett	St. Catharin	18.43m
13 Joelle Easter	Waterdown	18.39m
14 Rachel Bannerman	Churchill, S	15.90m
15 Ibukun Obidi	Saltfleet	15.82m

Event 60 Men Discus Throw Junior

Name	Year School	Finals
1 Brock Speller	South Lincol	45.00m
2 Jaxon Aquilina	Rcbhs-Ridgeway	44.40m
3 Ethan Tupala	Rcbhs-Ridgeway	43.23m
4 Joseph Knizat	Churchill, S	37.52m
5 Jordan Donato	Sphs-Niagara Fal	37.45m
6 Andy Groenwold	Guido de Bre	36.90m
7 Jacob Stevenson	Denis Morris	36.09m
8 Blake Patterson	South Lincol	34.24m
9 Matthew Margittay	Sphs-Niagara Fal	30.68m
10 Ryan Schleeahan	Sir Allan Ma	29.67m
11 Tyler Scholz	Anmss-Niagara Fa	29.24m
12 Ben Bartels	Guido de Bre	27.81m
13 Harrison Jarvis	Churchill, S	27.10m
14 Dylan Miedema	Hamilton Dis	22.20m
-- Rean Heckroodt	Highland	FOUL

Event 61 Women Javelin Throw 600g Junior

Name	Year School	Finals
1 Alexis Brenzil	Css-Welland	38.84m
2 Lee - Ann Skulj	Css-Welland	29.69m
3 Danielle Bridle	Churchill, S	29.24m
4 Jenna Greco	Sphs-Niagara Fal	28.67m
5 Kiara Daw	Westmount	28.53m
6 Olivia Franco	Holy Cross H	27.76m
7 Joelle Easter	Waterdown	26.65m
8 Hope Larmour	Ehs-St. Catherin	26.63m
9 Annissa Rizzo	Anmss-Niagara Fa	25.41m
10 Kara Elgersma	Guido de Bre	23.17m
11 Kallie Charette	Denis Morris	23.16m
12 Emily Koopman	Hamilton Dis	22.76m
13 Olivia Hamlyn	Ehs-St. Catherin	21.86m
14 Shannon Troupe	Fess-Fort Erie	20.80m
15 Alexis Pluim	Highland	15.68m

Event 62 Men Javelin Throw 600g Junior

Name	Year School	Finals
1 Kreek Barrick	Pchs-Port Colbor	44.02m
2 Spencer Smyth	Highland	43.78m
3 Zackery Piazza	Pchs-Port Colbor	43.31m
4 Andrew Pauls	Elcss-Fonthill	41.20m
5 Tyler Scholz	Anmss-Niagara Fa	40.69m
6 Edward Liu	Sphs-Niagara Fal	40.68m
7 Troy Marshall	South Lincol	37.74m
8 Andy Groenwold	Guido de Bre	36.09m
9 Brandon Benjamins	Smithville D	33.70m
10 Dylan Miedema	Hamilton Dis	33.60m
11 Max Margetts	Westdale	32.24m
12 Maxim Cojocari	Denis Morris	31.13m
13 Harrison Jarvis	Churchill, S	27.00m
14 Joseph Knizat	Churchill, S	25.06m
15 Rean Heckroodt	Highland	23.30m

Event 63 Women 4x100 Meter Relay Junior

School	Finals	H#
1 Westdale 'A'	51.18	2
1) Marissa Dubois	2) Rachel Stanga	
3) Chloe Hewitt	4) Mara Balvers	
5) Jasmine Buckridge	6) Nicole Whitmore	
2 Highland 'A'	51.46	2
1) Brittany Stenekes	2) Kelly Donoff	
3) Jenna Smith	4) Heather Nichols	
5) Georgia Temush	6) Jessie Heslop	
3 E. L. Crossley - Fonthill 'A'	53.52	2
1) Julia Burke	2) Jane Gibson	
3) Niamh Knox	4) Cassie Osterlund	
5) Michelle Maecker	6)	
4 Waterdown 'A'	55.67	2
1) Brooke bottos	2) Lindsay Wilcox	
3) Erica Weusten	4) Emilee Claessens	

5) Kaily Howell	6) Erin Tandan		
5 Grimsby D S S 'A'		56.06	2
1) Amanda Butterfield	2) Alexandria Pakenham-Troth		
3) Kalifornia Stevens	4) Rachel Holoniuk		
6 Denis Morris H S 'A'		56.42	1
1) Kallie Charette	2) Sarah Coburn		
3) Erica Simmanivong	4) Michelle O'Brien		
5) Therese Zamora	6) Gracen Mahoney		
7 Guido de Bres 'A'		56.95	1
1) Jen Hutten	2) Michaela Vis		
3) Beth Vandebrugghen	4) Ashley Ligtenberg		
8 Westmount 'A'		58.52	1
1) Sarah Butts	2) Lexi Watson		
3)	4) Marina Khawaja		
5) Dana Moore	6) Corynn Smith		
9 Smithville District C H S 'A'		1:01.36	1
1) Larissa Bos	2) Alana Hewson		
3) Keeshia Kamping	4) Miranda Bos		
5) Marisa VanRynsburg	6)		

Event 64 Men 4x100 Meter Relay Junior

School		Finals	H#
1 A.N. Myer - Niagara Falls 'A'		46.64	2
1) Christopher Parlevliet	2) Matthew Burns		
3) Tyrell Ford	4) Tre Ford		
5) Joel Ingram	6)		
2 Sir Winston Churchill S S 'A'		46.82	2
1) Cade Scott	2) Riley Mackinnon		
3) Jacob Hinchberger	4) Paul Burbulea		
3 Ridgeway-Crystal - Ridgeway 'A'		47.57	2
1) Devon Brewster	2) Tanner Schinkel		
3) Levi Fretz	4) Alex Jacques		
5) Ethan Tupala	6)		
4 E. L. Crossley - Fonthill 'A'		48.77	2
1) Jake Bennett	2) Tyler Grummett		
3) Sean Hookey	4) Dylan Jones		
5) Carter Zides	6)		
5 Highland 'A'		49.01	2
1) Alex Mcclung	2) Mason Puppa		
3) Jack Staz	4) Graym Stewart		
5) Josh Curnew	6)		
6 Sir Allan MacNab 'A'		49.10	2
1) Tyler Ternowski	2)		
3) Andre Dixon	4) Colin Gonci		
5) David Vaillancourt	6) Subhan Aoli		
7 Guido de Bres 'A'		49.86	1
1) Sid Alkema	2) Ben Bartels		
3) Chad Bartels	4) Jared Bultje		
8 Laura Secord S S 'A'		50.76	2
1) Kyle Craig	2) Carter Andres		
3) Tristan Vermolen	4) Adam Zammitt		
5) Devon Gordon	6)		
9 Lakeshore - Port Colborne 'A'		54.84	1
1) Jon Grisafi	2) Brennen Papineau		
3) Jacob Forrest	4) Dawson Thompson		

5) Bryon Ruston	6)		
10 Thorold S S 'A'		58.49	1
1) Gerrit Piccolo	2) Jesus Hernandez-Vargas		
3) Dallas Seabrook	4) Sebastian Swayze		

Event 65 Women 100 Meter Dash Senior

Name	Year School	Prelims	H#
Preliminaries			
1 Emma Nero	Css-Welland	12.80q	2
2 Cassidy Murray	Blessed Trin	13.11q	2
3 Monica Binotto	Ancaster Hig	13.15q	1
4 Naomi Ashley	Saltfleet	13.18q	2
5 Samantha Hill	Saltfleet	13.29q	2
6 Amanda Reid	Lchs-Port Colbou	13.42q	2
7 Brooke Boekestyn	Heritage Chr	13.48q	1
8 Lynda Othman	Laura Secord	13.59q	1
9 jenei williams	Sir John A M	13.60	1
10 Elena Parker	Barton S.S.	13.67	2
11 Alysha Fontaine	Esjv-Welland	13.68	1
12 Chinwe Nwebube	Great Lakes	13.71	1
13 Lauren Hines	Dss-Dunnville	13.74	1
14 Chevanice Drummonds	Fess-Fort Erie	13.87	1

Event 65 Women 100 Meter Dash Senior

Name	Year School	Finals
Finals		
1 Emma Nero	Css-Welland	12.79
2 Brooke Boekestyn	Heritage Chr	13.10
3 Cassidy Murray	Blessed Trin	13.17
4 Monica Binotto	Ancaster Hig	13.19
5 Naomi Ashley	Saltfleet	13.40
6 Lynda Othman	Laura Secord	13.50
7 Samantha Hill	Saltfleet	13.53
8 Amanda Reid	Lchs-Port Colbou	13.78

Event 66 Men 100 Meter Dash Senior

Name	Year School	Prelims	H#
Preliminaries			
1 Shane Decker	Denis Morris	11.09q	2
2 Nick DeLuca	Ancaster Hig	11.29q	1
3 Ben Gadsby	Beamsville D	11.37q	2
4 Khalil Graham	Sphs-Niagara Fal	11.39q	2
5 Quintin Jarrett	Lchs-Port Colbou	11.51q	2
6 Shane Harding	Lchs-Port Colbou	11.53q	1
7 Jaquan Selman	Denis Morris	11.57q	1
8 Ted Njeru	Sphs-Niagara Fal	11.66q	2
9 Pino Biamonte	Sphs-Niagara Fal	11.68	2
10 Jerome Davis	Blessed Trin	11.71	1
11 Bryce Botterill	Highland	11.83	2
12 Mike Young	Governor Sim	11.85	1
13 Justin Bourassa	Highland	11.94	2

14 Ben Frager-Wells	Westdale	12.48	1
15 Aleef Mehdi	Westmount	12.63	1

Event 66 Men 100 Meter Dash Senior

Name	Year School	Finals
Finals		
1 Shane Decker	Denis Morris	10.98
2 Khalil Graham	Sphs-Niagara Fal	11.27
3 Nick DeLuca	Ancaster Hig	11.28
4 Ben Gadsby	Beamsville D	11.42
5 Shane Harding	Lchs-Port Colbou	11.50
6 Quintin Jarrett	Lchs-Port Colbou	11.52
7 Jaquan Selman	Denis Morris	11.58
8 Ted Njeru	Sphs-Niagara Fal	11.61

Event 67 Women 200 Meter Dash Senior

Name	Year School	Finals	H#
1 Savanah Rainford-Allen	Denis Morris	27.09	2
2 Alysha Fontaine	Esjv-Welland	27.49	2
3 Brooke Boekestyn	Heritage Chr	27.64	2
4 Ryann Johnston	Highland	27.72	2
5 Veda Nickel	Highland	28.21	2
6 Chinwe Nwebube	Great Lakes	28.54	1
7 jenei williams	Sir John A M	28.56	1
8 Cassidy Murray	Blessed Trin	29.23	2
9 Elena Parker	Barton S.S.	29.44	1
10 Denise Ehi	Smhs-Niagara Fal	30.25	1
11 Kelsey Wallace	Smhs-Niagara Fal	32.68	1

Event 68 Men 200 Meter Dash Senior

Name	Year School	Finals	H#
1 Shane Decker	Denis Morris	22.74	2
2 Jerome Davis	Blessed Trin	23.30	2
3 Nick DeLuca	Ancaster Hig	23.43	2
4 Ben Gadsby	Beamsville D	23.70	2
5 Shane Harding	Lchs-Port Colbou	23.77	2
6 Alex Felicetti	Sphs-Niagara Fal	23.88	2
7 Jaquan Selman	Denis Morris	23.92	1
8 Pino Biamonte	Sphs-Niagara Fal	24.07	2
9 Jordan Fortin	Wss-Niagara Fall	24.20	2
10 Sam Greenlaw	Governor Sim	24.47	1
11 Justin Bourassa	Highland	24.69	1
12 Hamid Dwyer	Sir Allan Ma	24.85	1
13 Owen Fisher	Highland	25.00	1

Event 69 Women 400 Meter Dash Senior

Name	Year School	Finals	H#
1 Ryann Johnston	Highland	1:00.18	2
2 Kylie Hopkins	Highland	1:01.28	2

3	Veda Nickel	Highland	1:03.74	2
4	Nila Pio	Denis Morris	1:05.51	2
5	Elena Parker	Barton S.S.	1:08.96	2
6	Michalla Bent	Laura Secord	1:09.23	1
7	Hannah Julseth	Mphs-Caledonia	1:09.62	1
8	Denise Ehi	Smhs-Niagara Fal	1:09.78	2
9	Mary Lapp	Rcbhs-Ridgeway	1:10.83	2
10	Kelsey Wallace	Smhs-Niagara Fal	1:11.80	1
11	Victoria Ayotte	Esjv-Welland	1:13.29	1

Event 70 Men 400 Meter Dash Senior

Name	Year School	Finals	H#
1 Tom Manson	Highland	53.46	2
2 Jack Holmes	Highland	53.58	2
3 Jordan Fortin	Wss-Niagara Fall	53.75	2
4 Owen Fisher	Highland	53.87	2
5 Justin Lawless	Churchill, S	54.00	2
6 Will Cowling	Laura Secord	54.11	2
7 Nick Dannyram	Holy Cross H	54.81	1
8 Michael Miller	Elcss-Fonthill	55.93	1
9 Motts Borssellino	Sherwood	56.00	2
10 James Ferguson	Elcss-Fonthill	56.25	1
11 Eric DiNunzio	Ncc-Niagara	56.68	1
12 Sam Greenlaw	Governor Sim	57.68	1
13 Jamil Frank	Wss-Niagara Fall	57.86	1
14 Richard Beaudry	Governor Sim	58.74	1

Event 71 Women 800 Meter Run Senior

Name	Year School	Finals
1 Amanda Vertesi	Hamilton Dis	2:23.51
2 Tracy Myers	Grimsby Dss	2:23.69
3 Kylie Hopkins	Highland	2:24.94
4 Brianna Ianiero	Ehs-St. Catherin	2:27.24
5 Anya deBeer	Ancaster Hig	2:32.08
6 Natalie Stacey	Westdale	2:32.65
7 Mary Lapp	Rcbhs-Ridgeway	2:44.59
8 Elizabeth Isbister	Saltfleet	2:47.55
9 Michalla Bent	Laura Secord	2:48.19
10 Hannah Bantten	Ncc-Niagara	2:53.76
11 Brooke-Lynn Agustus	Laura Secord	2:57.37
12 Mary Lefebvre	Esjv-Welland	2:57.94
13 Soheyla Mohammadi	Ncc-Niagara	3:02.56
14 Grace Paura	Lchs-Port Colbou	3:02.92
-- Julia May	Churchill, S	DNF

Event 72 Men 800 Meter Run Senior

Name	Year School	Finals
1 Andrew Nebel	Churchill, S	2:00.50
2 Nathan Dehghan	Ancaster Hig	2:01.12
3 Tom Manson	Highland	2:01.51
4 Cain Hassim	Churchill, S	2:04.36

5	Justin Lawless	Churchill, S	2:05.07
6	Erik Heidebrecht	Highland	2:05.59
7	Will Cowling	Laura Secord	2:07.15
8	Brandon Jones	Esjv-Welland	2:08.55
9	abdi mahdi mohamed	Sir John A M	2:11.42
10	Nick Dannyram	Holy Cross H	2:13.26
11	Matt McGarr	Sphs-Niagara Fal	2:15.43
12	Rob Vangoolen	Guido de Bre	2:15.99
13	Eric DiNunzio	Ncc-Niagara	2:19.22
14	Bryce Martin	Rcbhs-Ridgeway	2:36.17

Event 73 Women 1500 Meter Run Senior

Name	Year School	Finals
1 Laura Korsmit	Holy Cross H	4:46.05
2 Rachel Barich	Blessed Trin	4:46.50
3 Kristen Kuhn	Rcbhs-Ridgeway	4:47.85
4 Stephanie Ryall	Westdale	4:49.61
5 Tracy Myers	Grimsby Dss	4:51.01
6 Lauren Locco	Westmount	5:03.08
7 Elise bolger	Waterdown	5:10.66
8 Anya deBeer	Ancaster Hig	5:16.13
9 Maddy Kennedy	Westdale	5:27.80
10 Aynsley Maves	Anmss-Niagara Fa	5:44.64
11 Samantha Ramirez	Lchs-Port Colbou	5:54.57
12 Julia May	Churchill, S	5:56.03
13 Rebecca Smith	Lchs-Port Colbou	6:02.92
14 Ally Nieuwesteeg	Sphs-Niagara Fal	6:07.50

Event 74 Men 1500 Meter Run Senior

Name	Year School	Finals
1 Andrew Nebel	Churchill, S	4:10.04
2 Cain Hassim	Churchill, S	4:11.89
3 Erik Heidebrecht	Highland	4:13.26
4 Nathan Dehghan	Ancaster Hig	4:14.72
5 Braden Kenny	Denis Morris	4:18.97
6 Callum Darby	Sherwood	4:21.41
7 Aaron DeJong	Hamilton Dis	4:38.09
8 Vincent Lam	Ncc-Niagara	4:38.51
9 Joel Vansydenborgh	Guido de Bre	4:42.49
10 Spencer Raby	Churchill, S	4:43.55
11 Matt McGarr	Sphs-Niagara Fal	4:44.10
12 David Altamirano	Denis Morris	4:44.79
13 Brandon Jones	Esjv-Welland	4:48.12
14 Nathaniel Baker	Css-Welland	6:36.96

Event 75 Women 3000 Meter Run Senior

Name	Year School	Finals
1 Laura Korsmit	Holy Cross H	10:19.95
2 Stephanie Ryall	Westdale	10:21.45
3 Rachel Barich	Blessed Trin	10:22.92
4 Kristen Kuhn	Rcbhs-Ridgeway	10:33.06

5	Elise bolger	Waterdown	10:48.68
6	Lauren Locco	Westmount	10:55.29
7	Maddy Kennedy	Westdale	11:52.75
8	Rianne Bates	Anmss-Niagara Fa	12:51.73
9	Samantha Ramirez	Lchs-Port Colbou	13:08.86
10	Julia May	Churchill, S	13:11.17
11	NikiAnn Brideau	Ess-Welland	13:28.28
12	Adriana Garisto	Sphs-Niagara Fal	13:28.39

Event 76 Men 3000 Meter Run Senior

Name	Year School	Finals
1 Cain Hassim	Churchill, S	9:25.35
2 Andrew Nebel	Churchill, S	9:36.04
3 Aaron DeJong	Hamilton Dis	9:39.65
4 Braden Kenny	Denis Morris	9:47.62
5 Matthew Cormier	Churchill, S	9:50.48
6 Callum Darby	Sherwood	9:50.77
7 Vincent Lam	Ncc-Niagara	9:53.75
8 Branden Thorburn	Ancaster Hig	10:04.55
9 Luke McConnell	Ancaster Hig	10:27.08
10 Alex Doucette	Css-Cayuga	10:32.19
11 Nathaniel Baker	Css-Welland	11:12.63

Event 77 Women 100 Meter Hurdles Senior

Name	Year School	Prelims	H#
Preliminaries			
1 Emma Nero	Css-Welland	14.68q	2
2 Naomi Ashley	Saltfleet	15.45q	1
3 Kylie Butler	Elcss-Fonthill	15.87q	1
4 Lynda Othman	Laura Secord	16.40q	1
5 Regan Glen	Elcss-Fonthill	16.98q	1
6 Victoria Tousaw	Grimsby Dss	17.04q	2
7 Monica Binotto	Ancaster Hig	17.18q	2
8 Naomi Chin	Waterdown	17.22q	2
9 Nikki Klassen	Anmss-Niagara Fa	17.25	2
10 Sara Donoff	Highland	17.54	1
11 Caileigh Sangster	Waterdown	18.54	1
12 Julie Dion	Churchill, S	18.86	2
13 Miranda Stewart	Css-Cayuga	18.98	2
14 Ally Hendricks	Blessed Trin	19.10	1
15 Jennifer Hogg	Laura Secord	20.28	1

Event 77 Women 100 Meter Hurdles Senior

Name	Year School	Finals
Finals		
1 Emma Nero	Css-Welland	14.73
2 Naomi Ashley	Saltfleet	15.57
3 Kylie Butler	Elcss-Fonthill	15.61
4 Lynda Othman	Laura Secord	16.73
5 Regan Glen	Elcss-Fonthill	16.98
6 Victoria Tousaw	Grimsby Dss	17.60

7 Naomi Chin	Waterdown	17.72
8 Monica Binotto	Ancaster Hig	19.32

Event 78 Men 110 Meter Hurdles Senior

Name	Year School	Prelims	H#
Preliminaries			
1 Kevin Bonneau	Grimsby Dss	15.60q	2
2 Kyle Schertzer	Churchill, S	16.36q	1
3 Andrew MacKay-Cotton	Laura Secord	16.50q	1
4 Quintin Jarrett	Lchs-Port Colbou	16.65q	1
5 Sam Fennell	Elcss-Fonthill	17.09q	2
6 Mack Wilson	Laura Secord	17.17q	2
7 Michael Kehinde	Ancaster Hig	17.22q	1
8 Bryce Botterill	Highland	18.78q	2
9 Justin Bourassa	Highland	18.83	2
10 Kyle Collard	Css-Welland	19.20	2
11 Carter Rock	Css-Cayuga	19.40	1
12 Griffin Leishman	Orchard Park	19.44	1
13 Ben Frager-Wells	Westdale	19.96	2
14 Mackenzie Martin	Css-Welland	21.24	2
15 Tomothy Elzinga	Grimsby Dss	22.25	1

Event 78 Men 110 Meter Hurdles Senior

Name	Year School	Finals
Finals		
1 Kevin Bonneau	Grimsby Dss	15.43
2 Kyle Schertzer	Churchill, S	16.22
3 Quintin Jarrett	Lchs-Port Colbou	16.37
4 Andrew MacKay-Cotton	Laura Secord	16.67
5 Michael Kehinde	Ancaster Hig	16.72
6 Sam Fennell	Elcss-Fonthill	16.77
7 Mack Wilson	Laura Secord	17.43
8 Bryce Botterill	Highland	18.63

Event 79 Women 400 Meter Hurdles Senior

Name	Year School	Finals	H#
1 Monica Binotto	Ancaster Hig	1:11.71	2
2 Kate Mooradian	Churchill, S	1:14.89	2
3 Sara Donoff	Highland	1:15.01	2
4 Brooke-Lynn Agustus	Laura Secord	1:16.24	2
5 Rachel McMullen	Sherwood	1:17.33	2
6 Haille Nickerson	Blessed Trin	1:17.45	2
6 Elizabeth Isbister	Saltfleet	1:17.45	1
8 Alex Learmonth	Lchs-Port Colbou	1:18.18	1
9 Nicole Luciano	Anmss-Niagara Fa	1:20.32	2
10 Hannah Julseth	Mphs-Caledonia	1:22.73	1
11 Jennifer Hogg	Laura Secord	1:22.98	1
12 Emily Watson	Ess-Welland	1:27.29	1
13 Delaney Spencer	Laura Secord	1:32.88	1
14 Jenna Shemmans	Mphs-Caledonia	1:34.28	1

Event 80 Men 400 Meter Hurdles Senior

Name	Year School	Finals	H#
1 Sam Fennell	Elcss-Fonthill	59.86	2
2 Hamid Dwyer	Sir Allan Ma	1:00.18	2
3 Jack Holmes	Highland	1:00.71	2
4 Michael Miller	Elcss-Fonthill	1:03.08	2
5 Abid Doust	Barton S.S.	1:04.00	2
6 Andrew MacKay-Cotton	Laura Secord	1:04.71	2
7 Eric Rozon	Churchill, S	1:05.02	2
8 James Ferguson	Elcss-Fonthill	1:05.85	1
9 Cameron Borisenko	Elcss-Fonthill	1:08.17	1
10 Drew Harshaw	Churchill, S	1:09.10	1
11 Brendan Murphy	Css-Cayuga	1:10.24	1
12 Griffin Leishman	Orchard Park	1:10.70	1

Event 81 Women High Jump Senior

Name	Year School	Finals
1 Shyla Cardy	Elcss-Fonthill	1.65m
2 Katelynn Whiteley	Sphs-Niagara Fal	1.45m
3 Nikki Klassen	Anmss-Niagara Fa	J1.45m
4 Emily Campbell	Ehs-St. Catherin	J1.45m
5 Meso Nwokolo	Ncc-Niagara	1.40m
6 Julie Dion	Churchill, S	1.35m
6 Alexia Miljus	Sphs-Niagara Fal	1.35m
-- Chelsea Bezemer	Hamilton Dis	NH

Event 82 Men High Jump Senior

Name	Year School	Finals
1 David Bailey	Churchill, S	1.90m
2 Cole Montgomery	Elcss-Fonthill	1.85m
2 J.T. Hunt	Smhs-Niagara Fal	1.85m
4 Caleb Datema	Guido de Bre	J1.85m
5 Connor Scott	Churchill, S	1.80m
6 Michael Kehinde	Ancaster Hig	J1.80m
7 Mitchell Peebles	Ess-Welland	J1.80m
8 Brad Mans	Guido de Bre	J1.80m
9 Khalil Graham	Sphs-Niagara Fal	1.75m
10 Issac Whitty	Thorold Ss-T	J1.75m
11 Zach Taylor	Governor Sim	1.70m
12 Logan Gauld	Thorold Ss-T	1.65m
13 Nicky Gambioza	Orchard Park	1.56m

Event 83 Women Pole Vault Senior

Name	Year School	Finals
1 Regan Glen	Elcss-Fonthill	3.00m
2 Amanda Reid	Lchs-Port Colbou	2.80m
3 Zoey Perchaluk	Rcbhs-Ridgeway	2.20m
-- Michalla Bent	Laura Secord	NH
-- Keagin Collie	Elcss-Fonthill	NH

Event 84 Men Pole Vault Senior

Name	Year School	Finals
1 Cole Watson	Elcss-Fonthill	3.40m
2 Eric St.Pierre	Rcbhs-Ridgeway	3.20m
3 Tyler Smith	Rcbhs-Ridgeway	3.00m
-- Joel Mueller	Rcbhs-Ridgeway	NH

Event 85 Women Long Jump Senior

Name	Year School	Finals
1 Lauren Hines	Dss-Dunnville	4.97m
2 Savanah Rainford-Allen	Denis Morris	4.88m
3 Rachel Eagles	Beamsville D	4.72m
4 Annie Dewar	Denis Morris	4.63m
5 Gena Gambin	Lchs-Port Colbou	4.55m
6 Mara Patterson	Wss-Niagara Fall	4.45m
7 Sara Kovac	Ehs-St. Catherin	4.40m
8 Nikki Klassen	Anmss-Niagara Fa	4.27m
8 Chelsea Bezemer	Hamilton Dis	4.27m
10 Elizabeth Isbister	Saltfleet	4.25m
11 Whitney Sarjeant	Orchard Park	3.84m
12 Mary Thomson	Anmss-Niagara Fa	3.68m
13 Samantha Hill	Saltfleet	3.62m

Event 86 Men Long Jump Senior

Name	Year School	Finals
1 Twanell Bell	Denis Morris	6.22m
2 Jacob Saltarelli	Elcss-Fonthill	6.16m
3 Alvin Fortaleza	Churchill, S	6.01m
4 Cole Montgomery	Elcss-Fonthill	J6.01m
5 David Kapetanovic	Wss-Niagara Fall	5.99m
6 Daniel Suen	Ncc-Niagara	5.84m
7 Joseph Zantingh	Smithville D	5.67m
8 Lodde Scott	Elcss-Fonthill	5.57m
9 Caleb Datema	Guido de Bre	5.21m
10 Zach Taylor	Governor Sim	5.16m
11 Austen Gosney	Waterdown	5.03m
12 Austin Upper	Thorold Ss-T	4.92m
13 Andy Tan	Orchard Park	4.80m

Event 87 Women Triple Jump Senior

Name	Year School	Finals
1 Sara Kovac	Ehs-St. Catherin	10.94m
2 Kylie Butler	Elcss-Fonthill	10.57m
3 Chelsea Bezemer	Hamilton Dis	10.38m
4 Rachel Eagles	Beamsville D	9.91m
5 Katrina Kerekesch	Highland	9.37m
6 Mackenzie Regnerus	Mphs-Caledonia	9.35m
7 Victoria Tousaw	Grimsby Dss	9.20m

8	Mara Patterson	Wss-Niagara Fall	9.18m
9	Sarah Cooper	Hag	8.83m
10	Hannah Skirrow	Ehs-St. Catherin	8.80m
11	Megan Godin	Churchill, S	8.60m
12	Thyra Chisholm	Mphs-Caledonia	8.32m

Event 88 Men Triple Jump Senior

Name	Year	School	Finals
1 Jaquan Selman		Denis Morris	13.85m
2 Twanell Bell		Denis Morris	13.38m
3 Stephen Smith		St. Catharin	13.22m
4 Daniel Suen		Ncc-Niagara	12.65m
5 Alvin Fortaleza		Churchill, S	12.61m
6 Zach Taylor		Governor Sim	12.05m
7 William Hogg		Fess-Fort Erie	11.73m
8 Brad Mans		Guido de Bre	10.88m
9 Brett Dykstra		Hag	10.82m
10 Arjun Sohal		Smhs-Niagara Fal	10.80m

Event 89 Women Shot Put 4 kg Senior

Name	Year	School	Finals
1 Ilyssa Boisvenue		Pchs-Port Colbor	9.30m
2 Erin Harper		Churchill, S	9.05m
3 Brittany Robson		Sir Winston	8.95m
4 Olivia Pinder		Esjv-Welland	8.62m
5 Stefanie Nguyen		St. Francis	8.56m
6 Hannah Nazar		Churchill, S	8.23m
7 Kristen Logan		Mphs-Caledonia	7.91m
8 Jenna VanVeen		Guido de Bre	7.76m
9 Emily Dargel		Holy Cross H	7.62m
10 Kassandra Trifunovic		South Lincol	7.60m
11 Nicole VanNatter		Pchs-Port Colbor	7.53m
12 Kathryn Lilko		Highland	7.03m
13 Riley Tziougras		Highland	6.05m

Event 90 Men Shot Put 12 lb Senior

Name	Year	School	Finals
1 Mychael Brew		St. Catharin	12.54m
2 Bowman Barnett		Ess-Welland	12.34m
3 Nolan Nardangeli		Denis Morris	11.67m
4 Alex Jobson		Governor Sim	11.55m
5 Lucas Clattenburg		Pchs-Port Colbor	11.53m
6 Justin Broderick		Thorold Ss-T	11.35m
7 Liam McFarlane		Grimsby Dss	11.26m
8 Brian Elgersma		Mphs-Caledonia	10.85m
9 Charlie Taggart		Westdale	10.22m
10 Daniel Francis		Smhs-Niagara Fal	9.86m
11 Denver Boeringa		Guido de Bre	9.05m
12 Austen Gosney		Waterdown	8.88m
13 Joey Bald		Sir Winston	8.44m

Event 91 Women Discus Throw Senior

Name	Year School	Finals
1 Ilyssa Boisvenue	Pchs-Port Colbor	32.95m
2 Jazmin Kikkert-Labeau	Pchs-Port Colbor	31.35m
3 Nicole VanNatter	Pchs-Port Colbor	30.85m
4 Elaine Cook	Rcbhs-Ridgeway	26.93m
5 Tiona Pembelton	Rcbhs-Ridgeway	24.02m
6 McKinley Bazylewski	Churchill, S	23.49m
7 Nicole Chiesa	Denis Morris	22.24m
8 Kathryn Lilko	Highland	20.92m
9 Emily Dargel	Holy Cross H	20.81m
10 Kayla Vickers	South Lincol	20.76m
11 Alex Shortridge	South Lincol	20.52m
12 Riley Tziougras	Highland	18.66m
13 Jenna VanVeen	Guido de Bre	16.99m
14 Mackenzie Hulzebosch	Guido de Bre	13.50m
15 Alana Wielink	Guido de Bre	12.40m

Event 92 Men Discus Throw 1.613kg Senior

Name	Year School	Finals
1 Pranshuman Norang	Spchs-Niagara Fal	40.10m
2 Lucas Clattenburg	Pchs-Port Colbor	39.55m
3 Matteo Collevectchio	St. Francis	38.54m
4 Bryce Martin	Rcbhs-Ridgeway	36.97m
5 Dalton Matiasz	Rcbhs-Ridgeway	35.76m
6 Mychael Brew	St. Catharin	35.53m
7 Braden McKie	Holy Cross H	32.88m
8 Jacob Comley	Saltfleet	26.90m
9 Zackariah Krueger	Pchs-Port Colbor	26.40m
10 Eric DeNee	Smithville D	26.08m
11 Denver Boeringa	Guido de Bre	25.14m
12 Evan Marshall	Waterdown	24.02m
13 Jamesd Cooper	Laura Secord	23.82m
14 Austen Gosney	Waterdown	22.13m
15 Bryan Danielson	Westdale	19.56m

Event 93 Women Javelin Throw 600g Senior

Name	Year School	Finals
1 Sonia Foster	Ess-Welland	32.70m
2 Jazmin Kikkert-Labeau	Pchs-Port Colbor	30.63m
3 Briana Wice	Saltfleet	29.11m
4 Kylie Butler	Elcss-Fonthill	28.85m
5 Stephanie Tardif	Esjv-Welland	27.42m
6 Rachel Incretolli	Saltfleet	27.30m
7 Jenn Todd	Orchard Park	26.49m
8 Sarah Freeman	Blessed Trin	25.43m
9 Ilyssa Boisvenue	Pchs-Port Colbor	24.57m
10 Hannah Nazar	Churchill, S	24.04m
11 Delaney Spencer	Laura Secord	23.67m
12 Nicole Spadaro	Blessed Trin	23.10m
13 Alexandra Hill	Laura Secord	21.50m

14 Kathryn Lilko Highland 18.16m

Event 94 Men Javelin Throw 800g Senior

Name	Year School	Finals
1 Simon Folkerts	Smithville D	46.18m
2 Tyler Waliki	Laura Secord	44.23m
3 Mitch Vail	Rcbhs-Ridgeway	43.62m
4 Reece Fisher	Sphs-Niagara Fal	42.59m
5 Jeremy Penner	Churchill, S	41.85m
6 Nate Crowhurst	Elcss-Fonthill	41.49m
7 Kyle Erskine	South Lincol	41.21m
8 Dan Alexandrov	Ehs-St. Catherin	40.59m
9 Evan Marshall	Waterdown	38.55m
10 Kyle Collard	Css-Welland	35.08m
11 Justin Oreskovich	Sphs-Niagara Fal	31.07m
12 Gary Eng	Westdale	28.01m
13 Jermiah Robbins	Waterdown	26.94m
14 Garnett Batrynychuk	Sir Winston	25.99m

Event 95 Women 4x100 Meter Relay Senior

School	Finals	H#
1 Laura Secord S S 'A'	51.59	2
1) Lynda Othman	2) Jasmine Lougheed	
3) Trinity Lougheed	4) Brooke-Lynn Agustus	
5) Jennifer Hogg	6) Michalla Bent	
2 Centennial - Welland 'A'	51.73	2
1) Emma Nero	2) Kamille Reaker	
3) Alexis Brenzil	4) Abegale Rodrigues	
5) Anna Nero	6)	
3 E. L. Crossley - Fonthill 'A'	52.73	2
1) Kylie Butler	2) Shyla Cardy	
3) Keagin Collie	4) Regan Glen	
4 Highland 'A'	52.88	2
1) Kylie Hopkins	2) Sara Donoff	
3) Veda Nickel	4) Ryann Johnston	
5) Katrina Kerekesch	6) Sydney Turpin	
5 Hamilton District 'A'	53.80	2
1) Sophia Winter	2) Micaela DeJong	
3) Sierra Bassie	4) Chelsea Bezemer	
5) Claire VanderHoek	6)	
6 Sir Winston Churchill S S 'A'	54.47	2
1) Carli White	2) Julie Dion	
3) Alex Cook	4) Megan Godin	
5) Jummy Oladipo	6)	
7 Blessed Trinity H S 'A'	54.52	2
1) Daniella Barichello	2) Krista Jones	
3) Cassidy Murray	4) Nicole Simioni	
5) Haille Nickerson	6)	
8 South Lincoln H S 'A'	55.00	1
1) Alysia Gould	2) Kassandra Trifunovic	
3) Elizabeth Benard	4) Jessie Lechowicz	
5) Taylor Waters	6)	
9 Lakeshore - Port Colborne 'A'	55.02	2

	1) Amanda Reid	2) Maggie Moore		
	3) Alex Learmonth	4) Shawnee Henry		
10	Beamsville D S S 'A'		56.49	1
	1) Rachel Eagles	2) Hannah Eborall		
	3) Bittner Kayla	4) Obrien Hailey		
11	Sir John A MacDonald 'A'		56.92	1
	1) eryl reader	2) temilia james		
	3) jenei williams	4) Summer Hanafi		
12	McKinnon Park - Caledonia 'A'		56.98	1
	1) Hannah Julseth	2) Thyra Chisholm		
	3) Jenna Beemer	4) Mackenzie Regnerus		
	5) Jenna Shemmans	6)		
13	Waterdown 'A'		57.27	1
	1) Rachel Armstrong	2) Naomi Chin		
	3) Cailiegh Sangster	4) Mackenzie Markel		
	5) Jessie Crossing	6) TJ Law		
14	Westmount 'A'		57.65	1
	1) Danielle Datzkiw	2) Erika Gray		
	3) Kiara Daw	4) Jessica Wiskar		
	5) Lexi Watson	6)		
--	A.N. Myer - Niagara Falls 'A'		DQ	1
	1) Mary Thomson	2) Talia Warren		
	3) Nikki Klassen	4) Jacquelyn Spadzinski		
	5) Taylor Campbell	6)		

Event 96 Men 4x100 Meter Relay Senior

School		Finals	H#
1	Denis Morris H S 'A'	44.34	2
	1) Twanell Bell	2) Atreyu Godard	
	3) Jaquan Selman	4) Shane Decker	
	5) Cedric Malangis-Valdes	6) Akeem Wilson	
2	E. L. Crossley - Fonthill 'A'	45.12	2
	1) Cole Montgomery	2) Ross Lodde	
	3) Cole Watson	4) Jacob Saltarelli	
	5) Sam Fennell	6)	
3	St. Paul - Niagara Falls 'A'	45.37	2
	1) Ted Njeru	2) Cameron Pow	
	3) Pino Biamonte	4) Alex Felicetti	
	5) Khalil Graham	6)	
4	Sir Winston Churchill S S 'A'	46.00	2
	1) Alvin Fortaleza	2) Kyle Schertzer	
	3) Allen Vary	4) Alex Haslam	
	5) Drew Harshaw	6)	
5	Governor Simcoe S S 'A'	46.07	2
	1) Ali Siddique	2) Richard Beaudry	
	3) Sam Greenlaw	4) Mike Young	
6	Westlane - Niagara Falls 'A'	47.15	2
	1) Jordan Fortin	2) Donald Jones	
	3) Jamil Frank	4) Mitchell Hicks	
	5) Dylan Staley	6)	
7	Blessed Trinity H S 'A'	48.68	2
	1) Malik Burdan	2) Jerome Davis	
	3) Jack Mosquite	4) Ray Zangeva	
	5) Mitch Mueller	6)	
8	Ancaster High 'A'	49.04	1

1) Nick Petropoulos	2) Michael Kehinde		
3) Corey Wood	4) Nick DeLuca	49.28	1
9 Laura Secord S S 'A'			
1) Will Cowling	2) Mack Wilson		
3) Tyler Waliki	4) Andrew MacKay-Cotton		
5) Terrence Chan	6)		
10 Cayuga - Cayuga 'A'		49.74	1
1) Carter Rock	2) Jerrett Putt		
3) Alex Doucette	4) Sheldon Lammie		
5) Brendan Murphy	6) Gearoge Anderson		
11 Guido de Bres 'A'		49.83	1
1) Caleb Datema	2) Joel Vansydenborgh		
3) Connor Schulenberg	4) Rob Vangoolen		
12 Barton S.S. 'A'		50.95	1
1) Nick Dalessandro	2) Abid Doust		
3) James Veysey	4) Jevaghn Campbelle		
5) Zack Smith	6) Jevaughn Campbelle		
13 Orchard Park 'A'		51.40	1
1) Brandon Bruisman	2) Andy Tan		
3) Griffn Leishman	4) Alex Michalak		
5) Spencer Townsend	6)		

Event 97 Women 1500 Meter Steeplechase (NEW) Open

Name	Year School	Finals
1 Alysa Woodhouse	Denis Morris	5:46.08
2 Mary Orr	Westmount	5:50.94
3 Bryanna McCabe	Anmss-Niagara Fa	5:51.82
4 Sarah Incretolli	Saltfleet	5:59.96
5 Sabrina Brittain	Highland	6:00.12
6 Emma Waddington	Westdale	6:05.13
7 Olivia Garisto	Sphs-Niagara Fal	6:17.22
8 Nicole Whitmore	Westdale	6:17.25
9 Brooke-Lynn Agustus	Laura Secord	6:23.03
10 Rianne Bates	Anmss-Niagara Fa	6:29.67
11 Jennifer Hogg	Laura Secord	6:41.78
12 Adriana Garisto	Sphs-Niagara Fal	6:53.34
13 Grace Paura	Lchs-Port Colbou	7:24.50
14 Lauren Pasaluko	South Lincol	7:46.66

Event 98 Men 2000 Meter Steeplechase Open

Name	Year School	Finals
1 Matthew Cormier	Churchill, S	6:50.46
2 Rob Vangoolen	Guido de Bre	6:54.32
3 Tyler Thomson	Anmss-Niagara Fa	7:02.11
4 Ryan Kort	Elcss-Fonthill	7:10.51
5 Luke McConnell	Ancaster Hig	7:14.81
6 Alex Watson	Highland	7:23.98
7 Jared Rempel	Elcss-Fonthill	7:28.66
8 Max Margetts	Westdale	7:30.87
9 John Sober	Highland	7:34.46
10 Nathaniel Baker	Css-Welland	7:39.60
11 Dylan Walicki	Ehs-St. Catherin	7:50.18
12 Joshua Turner	Grimsby Dss	7:53.47

13	Matthew Wasyleczko	Grimsby Dss	7:55.02
14	Brad McGarr	Sphs-Niagara Fal	8:01.00
15	Johnathan Graves	Grimsby Dss	8:13.63

Event 99 Women 4x400 Meter Relay Open

School		Finals
1	Highland 'A'	4:10.36
	1) Kylie Hopkins	2) Jenna Smith
	3) Veda Nickel	4) Ryann Johnston
	5) Fin Adams	6) Brittany Stenekes
2	Westdale 'A'	4:24.13
3	Laura Secord S S 'A'	4:27.69
	1) Lynda Othman	2) Jasmine Lougheed
	3) Mikayla Sonnenberg	4) Trinity Lougheed
	5) Brooke-Lynn Agustus	6) Jennifer Hogg
4	Ridgeway-Crystal - Ridgeway 'A'	4:30.19
	1) Abby Bolton	2) Kristen Kuhn
	3) Mary Lapp	4) Breanne Maidens
5	Sir Winston Churchill S S 'A'	4:31.33
	1) Kennedy Thomson	2) Madeleine Smith
	3) Kate Mooradian	4) Megan Godin
	5) Julie Dion	6)
6	E. L. Crossley - Fonthill 'A'	4:38.63
	1) Julia Burke	2) Megan Norton
	3) Alanna Peplinski	4) Tessa Sherk
	5) Keagin Collie	6) Jane Gibson
7	Guido de Bres 'A'	4:43.86
8	ES Jean Vanier - Welland 'A'	4:48.79
	1) Kassandra Nolet	2) Chlo�� Nolet
	3) Alanna Lapalme	4) Jasmine Leheta
9	Lakeshore - Port Colborne 'A'	5:00.81
	1) Rebecca Smith	2) Emily Benner
	3) Larissa Giliforte	4) Emily Kacur
	5) Samantha Ramirez	6) Brooke Andrus
10	Waterdown 'A'	5:01.10
11	McKinnon Park - Caledonia 'A'	5:10.59
	1) Caitie Densmore	2) Hannah Julseth
	3) Jenna Shemmans	4) Thyra Chisholm
	5) Anna-May Thomas	6)

Event 100 Men 4x400 Meter Relay Open

School		Finals
1	Sir Winston Churchill S S 'A'	3:34.64
	1) Cain Hassim	2) Millar Coveney
	3) Andrew Nebel	4) Jack Moncur
	5) Justin Lawless	6)
2	Highland 'A'	3:35.50
	1) Tom Manson	2) Erik Heidebrecht
	3) Jack Holmes	4) Owen Fisher
	5) Graym Stewart	6) Alex Mcclung
3	Sherwood 'A'	3:39.75
4	E. L. Crossley - Fonthill 'A'	3:42.19
	1) Michael Miller	2) Sam Fennell

3) Cameron Borisenko	4) James Ferguson	
5) Jake Bennett	6) Jacob Mergl	
5 Laura Secord S S 'A'		3:45.04
6 Ridgeway-Crystal - Ridgeway 'A'		3:48.42
1) Levi Fretz	2) Tanner Schinkel	
3) Devon Brewster	4) Dalton Matiasz	
7 Westlane - Niagara Falls 'A'		3:50.67
1) Jordan Fortin	2) Donald Jones	
3) Jamil Frank	4) Dylan Staley	
5) Mitchell Hicks	6) Calvin Chao	
8 Guido de Bres 'A'		3:54.17
9 Grimsby D S S 'A'		4:00.69
1) Matthew Wasyleczko	2) Joshua Turner	
3) Hunter Holloway	4) Matthew Lalonde	
10 Blessed Trinity H S 'A'		4:10.32
1) Patrick Hanna	2) Campbell Thom	
3) David Siena	4) Kevin Bokelar	
5) Samuel Tomaino	6)	
11 Waterdown 'A'		4:22.61
12 Lakeshore - Port Colborne 'A'		4:28.79
1) Jon Grisafi	2) Chandler Ladd	
3) Bryon Ruston	4) Brennen Papineau	
5) Jacob Forrest	6)	
13 Hill Park 'A'		4:37.73

Event 102 Men 100 Meter Dash Ambulatory

Name	Year School	Finals
1 Chandler Ladd	Lchs-Port Colbou	14.16
2 Adam McLeod	Lchs-Port Colbou	16.01

Event 114 Men 800 Meter Dash Ambulatory

Name	Year School	Finals
1 Chandler Ladd	Lchs-Port Colbou	3:03.54
2 Adam McLeod	Lchs-Port Colbou	3:06.59