

Licensed to Niagara Secondary School Hy-Tek's Meet Manager 2006/05/10 11:37 AM
 2006 ZONE II & III T&F CHAMPIONSHIP MEET - 2006/05/10
 PRIDE FIELD, RIDGEWAY-CRYSTAL BEACH HIGH SCH.
 Results

Event 1 Women 100 Meter Dash Midget

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Zone III: R 13.06	2004/05/11	Lindsey Jones, Crossley		
Pre 2004: R 12.16	2001	J. Liebau-Crossley		
Name	Year	School	Prelims	H#
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Preliminaries

1	Stephanie Schipper	McKinnon Par	13.54Q	3
2	Alycia Cole	St. Paul HS	13.72Q	4
3	Raquel Tiebert	St. Paul HS	14.01Q	1
4	Jennifer Villella	Crossley	14.88Q	2
5	Nathalie Brisson	Jean Vanier	14.15q	3
6	Kelsey Kokojeiko	Cayuga Ss-Ca	14.35q	4
7	Kaitlyn Au	St. Paul HS	14.54q	3
8	Rebekah Steele	Dunnville SS	14.57q	4
9	Stephanie Ryglewicz	McKinnon Par	14.69	1
10	Rebecca Bauer	Westlane	14.81	3
11	Rachael Flagg	Crossley	14.82	4
12	Jen Johnson	Ridge-Cr HS	14.83	1
13	Andrea Sockovie	Eastdale SS	14.88	4
14	Kaylee Colangelo	Centennial S	14.93	1
15	Jenny Reid	Dunnville SS	14.95	3
16	Echo Fleury	Jean Vanier	15.13	4
17	Brianna Harting	Ridge-Cr HS	15.15	3
18	Brittany Jackson	Lakeshore CH	15.25	2
19	Sarah Horner	McKinnon Par	15.29	2
20	Melissa Horner	McKinnon Par	15.38	4
21	Sarah Bennett	Stamford Cvi	15.40	1
22	Bianca Gervasio	St. Paul HS	15.51	2
23	Brandie Botsford-Oreilly	Port Colborn	15.56	2
24	Cory Hill	Ridge-Cr HS	15.63	2
25	Jordanne Mathieson	Cayuga Ss-Ca	15.67	2
26	Taylor Burse	Lakeshore CH	15.92	4
27	Racheal Spear	Fort Erie SS	16.02	1
28	Breah Sovegarto	Eastdale SS	16.18	3
29	Becca McIvor	Crossley	16.63	1

Event 1 Women 100 Meter Dash Midget

=====				
Zone III: R 13.06	2004/05/11	Lindsey Jones, Crossley		
Pre 2004: R 12.16	2001	J. Liebau-Crossley		
Name	Year	School	Finals	Points
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Finals

1	Stephanie Schipper	McKinnon Par	13.36
2	Alycia Cole	St. Paul HS	13.67
3	Raquel Tiebert	St. Paul HS	13.85
4	Nathalie Brisson	Jean Vanier	13.92
5	Kaitlyn Au	St. Paul HS	14.16
6	Rebekah Steele	Dunnville SS	14.48
7	Kelsey Kokojeiko	Cayuga Ss-Ca	14.53

8 Jennifer Villella

Crossley

14.96

Event 2 Men 100 Meter Dash Midget

=====				
Zone III: R 12.34 2004/05/11 David Webb, Notre Dame C				
Pre 2004: R 11.70 1987 C. Fazzalari-Eastdale				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Lenny Dismberio	Lakeshore CH	12.36Q	2
2	Jason Gadoury	McKinnon Par	12.40Q	1
3	Ethan Moore	Crossley	12.57Q	3
4	Michael Marquis	Notre Dame C	12.42q	2
5	Blair Owens	Westlane	12.69q	3
6	Mike Masonovich	St. Paul HS	12.79q	3
7	Matt Swan	Ridge-Cr HS	12.92q	2
8	Nathan Tebokkel	Centennial S	13.04q	3
9	Warren Montague	Centennial S	13.08	2
10	Jeremy Secord	Jean Vanier	13.15	3
11	Mitch Butler	Dunnville SS	13.16	2
12	Matt Howes	Lakeshore CH	13.70	1
13	Stephen Hume	Myer, A.N.	13.72	3
14	Nathan Watson	Crossley	13.78	1
15	Luca Azzano	St. Paul HS	13.93	2
16	Vautour Paul	Confederatio	14.20	2
17	Eric LaPointe	Confederatio	14.30	3
18	Brandon Baker	Niagara Coll	14.38	3

Event 2 Men 100 Meter Dash Midget

=====				
Zone III: R 12.34 2004/05/11 David Webb, Notre Dame C				
Pre 2004: R 11.70 1987 C. Fazzalari-Eastdale				
Name	Year	School	Finals	Points
=====				
Finals				
1	Jason Gadoury	McKinnon Par	12.01R	
2	Lenny Dismberio	Lakeshore CH	12.15R	
3	Michael Marquis	Notre Dame C	12.19R	
4	Ethan Moore	Crossley	12.28R	
5	Blair Owens	Westlane	12.40	
6	Matt Swan	Ridge-Cr HS	12.72	
7	Mike Masonovich	St. Paul HS	12.88	
8	Nathan Tebokkel	Centennial S	12.88	

Event 3 Women 200 Meter Dash Midget

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Zone III: R 28.24 2004/05/11 Rebecca Douglas, Stamford CVI				
Pre 2004: R 27.20 1992 A. Billyard-Crossley				
Name	Year	School	Finals	H# Points
=====				
1	Alycia Cole	St. Paul HS	28.53	3
2	Krista Barber	McKinnon Par	28.68	2
3	Maureen Fast	Westlane	29.06	1
4	Keighan Curran	St. Michael	29.17	1
5	Amy Lavoie	Jean Vanier	29.99	2
6	Jen Johnson	Ridge-Cr HS	30.38	3
7	Rachael Flagg	Crossley	30.68	1

8	Stephanie Ryglewicz	McKinnon Par	30.84	2
9	Andrea Sockovie	Eastdale SS	30.97	1
10	Rachael Fitkowski	St. Michael	31.64	3
11	Rebecca Bauer	Westlane	31.65	2
12	Charlene Hartwick	Crossley	31.67	3
13	Melissa Horner	McKinnon Par	31.83	1
14	Maddie Teed	Crossley	31.93	2
15	Brandie Botsford-Oreilly	Port Colborn	32.04	3
16	Sarah Horner	McKinnon Par	32.24	3
17	Brittany Jackson	Lakeshore CH	33.02	1
18	Kelsie Guay	Lakeshore CH	33.82	3
19	Jill Allinson	Lakeshore CH	34.00	2

Event 4 Men 200 Meter Dash Midget

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Zone III: R 25.43		2005/05/10	Taylor Woodburn, Westlane		
Pre 2004: R 24.10		1985	M. Repar-Notre Dame		
Pre 2004: R 24.10		1980	G. Battaglini-Notre Dame		
Name	Year	School	Finals	H#	Points
=====					
1	Jason Gadoury	McKinnon Par	24.16R	3	
2	Lenny Dismberio	Lakeshore CH	24.78R	1	
3	Michael Marquis	Notre Dame C	24.85R	3	
4	Ethan Moore	Crossley	24.97R	3	
5	Blair Owens	Westlane	25.14R	1	
6	Matt Swan	Ridge-Cr HS	25.86	3	
7	Mike Masonovich	St. Paul HS	26.05	1	
8	Warren Montague	Centennial S	26.14	1	
9	Patrick Twomey	Crossley	26.35	1	
10	Cuttis Doherty	Ridge-Cr HS	27.63	2	
11	Matt Howes	Lakeshore CH	27.88	2	
12	Nathan Tebokkel	Centennial S	28.11	3	
13	Luca Azzano	St. Paul HS	28.20	2	
14	Josh Helson	Lakeshore CH	28.38	3	
15	Brandon Baker	Niagara Coll	29.32	2	
16	Nathan Watson	Crossley	29.35	2	
17	Matt Panday	St. Michael	29.39	2	

Event 5 Women 400 Meter Dash Midget

=====					
Zone III: R 1:06.37		2005/05/10	Amber Webb, Crossley		
Pre 2004: R 1:00.25		2003/05/13	Lexie Knox, Myer, A.N.		
Name	Year	School	Finals	H#	Points
=====					
1	Maureen Fast	Westlane	1:04.23R	2	
2	Alycia Cole	St. Paul HS	1:06.00R	1	
3	Mariah Kelly	St. Michael	1:06.91	2	
4	Keighan Curran	St. Michael	1:07.39	1	
5	Emily Keifer	Ridge-Cr HS	1:09.07	2	
6	Emily Bennett	Westlane	1:10.60	1	
7	Charlene Hartwick	Crossley	1:12.37	1	
8	Chelsea Russell	Eastdale SS	1:13.00	2	
9	Jessica Heus	Centennial S	1:15.58	2	
10	Lisa Fisher	Centennial S	1:19.50	1	

Event 6 Men 400 Meter Dash Midget

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Zone III: R 56.15 2004/05/11 David Webb, Notre Dame C

Pre 2004: R 54.30 1985 C. Robertson-Westlane

Name	Year	School	Finals	H#	Points
1 Jason Gadoury		McKinnon Par	54.73R	2	
2 Troy Oliver		Crossley	56.59	2	
3 Robert Farquarson		Stamford Cvi	57.58	1	
4 Patrick Twomey		Crossley	1:00.54	1	
5 Eli Dwor		Port Colborn	1:00.90	1	
6 Mitch Butler		Dunnville SS	1:00.98	2	
7 Nathan Watson		Crossley	1:08.19	2	

Event 7 Women 800 Meter Run Midget

Zone III: R 2:36.35 2005/05/10 Adelaine Nohara, Notre Dame C

Pre 2004: R 2:30.60 1992 C. Wright-Crossley

Name	Year	School	Finals	Points
1 Mariah Kelly		St. Michael	2:48.48	
2 Emily Keifer		Ridge-Cr HS	2:49.03	
3 Suzanne Dimmers		Lakeshore CH	3:09.55	
4 Bailey Daubney		Confederatio	4:04.77	

Event 8 Men 800 Meter Run Midget

Zone III: R 2:25.28 2004/05/11 Corey Gillies, Myer, A.N.

Pre 2004: R 2:10.10 1985 B. Urchik-Westlane

Name	Year	School	Finals	Points
1 Troy Oliver		Crossley	2:20.06R	
2 Blair Owens		Westlane	2:22.96R	
3 Tyson Sider		Niagara Coll	2:24.08R	
4 Jacky Li		Port Colborn	2:31.17	
5 Eli Dwor		Port Colborn	2:31.27	
6 Antonio Jordan		St. Michael	2:37.25	
7 Jason Poortinga		Crossley	2:41.67	
8 Tim Garlow		McKinnon Par	2:49.32	

Event 9 Women 1500 Meter Run Midget

Zone III: R 5:29.05 2005/05/10 Julie Falsetti, Crossley

Pre 2004: R 4:57.10 1986 B. Gras-A.N. Myer

Name	Year	School	Finals	Points
1 Michelle Langstaff		Crossley	5:44.34	
2 Mariah Kelly		St. Michael	5:48.57	
3 Jennifer Roland		Centennial S	6:04.31	
4 Melyssa Curtis		Crossley	6:05.03	
5 Kayla Crown		Stamford Cvi	6:18.15	
6 Suzanne Dimmers		Lakeshore CH	6:18.74	

Event 10 Men 1500 Meter Run Midget

Zone III: R 4:47.40 2004/05/11 Ben Cooper, St. Paul HS

Pre 2004: R 4:28.25 2002/05/15 Tim Serre, St. Paul HS

Name	Year	School	Finals	Points
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1	Jeremy Rae	Lakeshore CH	4:35.55R
2	Tyson Sider	Niagara Coll	5:01.75
3	Dan Brown	St. Paul HS	5:02.53
4	Chris Miedema	Lakeshore CH	5:02.74
5	Matt Hauer	Myer, A.N.	5:05.72
6	Jacky Li	Port Colborn	5:13.54
7	Michael Luska	Notre Dame C	5:18.92
8	Joseph Cinq-Mars	Cayuga Ss-Ca	5:24.74
9	Justin Henry	Confederatio	5:27.23
10	Antonio Jordan	St. Michael	5:30.51
11	Micheal Kenworthy	Confederatio	5:31.02
12	Ian Visser	Crossley	5:33.21
13	Nico Kozic	St. Michael	5:36.77
14	Tim Garlow	McKinnon Par	5:38.12
15	Jason Poortinga	Crossley	5:38.13
16	Mikey Maljkovic	Ridge-Cr HS	5:38.82

Event 11 Women 3000 Meter Run Midget

=====				
Zone III: R 12:16.42 2005/05/10 Julie Falsetti, Crossley				
Pre 2004: R 10:46.00 1986 B. Gras-A.N. Myer				
Name	Year	School	Finals	Points
=====				
1	Melyssa Curtis	Crossley	13:32.02	
2	Kayla Crown	Stamford Cvi	14:38.79	

Event 12 Men 3000 Meter Run Midget

=====				
Zone III: R 10:29.33 2004/05/11 Ben Cooper, St. Paul HS				
Pre 2004: R 9:52.00 1982 J. D'Addio-A.N. Myer				
Name	Year	School	Finals	Points
=====				
1	Jeremy Rae	Lakeshore CH	10:03.95R	
2	Kyle Johnson	Crossley	11:11.54	
3	Justin Henry	Confederatio	11:51.53	
4	Ian Visser	Crossley	11:55.53	
5	Andy Bolona	St. Paul HS	12:07.91	
6	AJ Jorritsma	Lakeshore CH	12:17.33	
7	Mikey Maljkovic	Ridge-Cr HS	12:41.99	
8	Micheal Kenworthy	Confederatio	12:45.96	

Event 13 Women 80 Meter Hurdles Midget

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Zone III: R 15.93 2005/05/10 Nichelle Venturini, Ridge-Cr HS				
Pre 2004: R 12.90 1985 K. Sandulac-Niagara Falls Cvi				
Name	Year	School	Prelims	H#
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Preliminaries

1	Stephanie Schipper	McKinnon Par	R 14.28Q	1
2	Kaitlyn Au	St. Paul HS	R 15.17Q	2
3	Raquel Tiebert	St. Paul HS	R 14.65q	1
4	Cassee Hayes	McKinnon Par	R 15.46q	2
5	Jordanne Mathieson	Cayuga Ss-Ca	16.36q	2
6	Taylor Frost	Crossley	16.75q	1
7	Natasha Desmarais	Ridge-Cr HS	16.83q	1
8	Sarah Louwes	Crossley	17.11q	2
9	Brianna Harting	Ridge-Cr HS	17.15	2

10 Allison Mauro	Centennial S	17.45	1
11 Kelsey Kokojejko	Cayuga Ss-Ca	18.31	1

Event 13 Women 80 Meter Hurdles Midget

=====				
Zone III: R 15.93	2005/05/10	Nichelle Venturini, Ridge-Cr	HS	
Pre 2004: R 12.90	1985	K. Sandulac-Niagara Falls Cvi		
Name	Year	School	Finals	Points
=====				

Finals

1 Stephanie Schipper	McKinnon Par	14.02R	
2 Raquel Tiebert	St. Paul HS	14.69R	
3 Cassee Hayes	McKinnon Par	14.76R	
4 Kaitlyn Au	St. Paul HS	14.94R	
5 Sarah Louwes	Crossley	16.62	
6 Taylor Frost	Crossley	16.64	
7 Jordanne Mathieson	Cayuga Ss-Ca	16.98	
8 Natasha Desmarais	Ridge-Cr HS	17.00	

Event 14 Men 100 Meter Hurdles Midget

=====				
Zone III: R 17.04	2004/05/11	Zach Fisher, Crossley		
Pre 2004: R 14.50	1977	A. Spisak-Westlane		
Name	Year	School	Finals	Points
=====				

1 Lenny Dismberio	Lakeshore CH	18.06	
2 Stephen Hume	Myer, A.N.	19.11	

Event 15 Women 300 Meter Hurdles Midget

=====				
Zone III: R 53.11	2005/05/10	Pam Gorham, Ridge-Cr	HS	
Pre 2004: R 52.68	2003/05/13	Sara Jakobs, Crossley		
Name	Year	School	Finals	H# Points
=====				

1 Stephanie Schipper	McKinnon Par	50.85R	1
2 Halee Lymburner	Crossley	50.98R	2
3 Cassee Hayes	McKinnon Par	53.39	1
4 Melissa Horner	McKinnon Par	55.03	2
5 Michelle Langstaff	Crossley	55.25	2
6 Sarah Horner	McKinnon Par	56.86	2
7 Charlene Hartwick	Crossley	57.18	1
8 Bryanne Wiebe	Crossley	57.85	1

Event 16 Men 300 Meter Hurdles Midget

=====				
Zone III: R 47.38	2004/05/11	Adam Simpson, Ridge-Cr	HS	
Pre 2004: R 46.00	2000	J. Wurster-Ridgeway-Crystal Beach		
Name	Year	School	Finals	Points
=====				

1 Matt Swan	Ridge-Cr HS	49.03	
2 Kyle Johnson	Crossley	49.96	

Event 17 Women High Jump Midget

=====				
Zone III: R 1.43m	2004/05/11	Miranda Boon, Centennial S		
Pre 2004: R 1.68m	1999	S. Burch-Centennial		
Name	Year	School	Finals	Points
=====				

1	Courtney Olah	St. Paul HS	1.53mR
2	Nathalie Brisson	Jean Vanier	1.45mR
3	Jenny Reid	Dunnville SS	1.40m
3	Rebecca Skaftfield	Notre Dame C	1.40m
5	Halee Lymburner	Crossley	J1.40m
6	Alyssa Albano	Eastdale SS	1.35m
7	Becca McIvor	Crossley	J1.35m
8	Amy Lavoie	Jean Vanier	1.30m
9	Racheal Spear	Fort Erie SS	J1.30m
10	Serena Conhiser	Ridge-Cr HS	J1.30m
11	Shelby Palinko	St. Paul HS	J1.30m
12	Jennifer Villella	Crossley	1.25m
13	Tabita McNamee	Fort Erie SS	J1.25m
14	Natasha Desmarais	Ridge-Cr HS	J1.25m

Event 18 Men High Jump Midget

Zone III: R 1.64m 2004/05/11 Dave Canavan, St. Paul HS				
Pre 2004: R 1.92m 1977 J. Zareski-Notre Dame				
Name	Year	School	Finals	Points
1	Keaton Dixon	St. Paul HS	1.65mR	
2	Joey Schaeffer	Hagersville	1.60m	
3	Stephen Hume	Myer, A.N.	1.55m	
4	Eric LaPointe	Confederatio	1.50m	
5	Rick Dooler	Crossley	J1.50m	
6	Dalton Doepping	Ridge-Cr HS	1.45m	
6	Jeremy Secord	Jean Vanier	1.45m	
8	Rhodri Mativo	St. Paul HS	J1.45m	
9	François Gabriel	Jean Vanier	J1.45m	
10	Derick Haché	Jean Vanier	1.40m	
11	Luca Azzano	St. Paul HS	J1.40m	
11	Tufts Christopher	Confederatio	J1.40m	

Event 20 Men Pole Vault Midget

Zone III: R 2.90m 2005/05/10 Tim Betzold, Ridge-Cr HS				
Pre 2004: R 3.56m 2000 J. Wurster-Ridgeway-Crystal Beach				
Name	Year	School	Finals	Points
1	Mikey Maljkovic	Ridge-Cr HS	3.00mR	
2	Joey Schaeffer	Hagersville	2.55m	
3	Kyle Johnson	Crossley	2.40m	

Event 21 Women Long Jump Midget

Zone III: R 4.32m 2005/05/10 Liz Doyle, Notre Dame C				
Pre 2004: R 5.25m 1970 W. Teal-Ridgeway-Crystal Beach				
Name	Year	School	Finals	Points
1	Keighan Curran	St. Michael	4.54mR	
2	Krista Barber	McKinnon Par	4.43mR	
3	Amanda Wrona	St. Paul HS	4.42mR	
4	Kelsey Kokojeiko	Cayuga Ss-Ca	4.30m	
5	Jessica Smith	Cayuga Ss-Ca	4.25m	
6	Melanie White	McKinnon Par	4.21m	

7	Halee Lymburner	Crossley	4.18m
8	Amy Lavoie	Jean Vanier	4.11m
9	Kaitlyn Au	St. Paul HS	3.93m
10	Salha Aziz	Westlane	3.80m
11	Sarah Louwes	Crossley	3.71m
12	Brandie Botsford-Oreilly	Port Colborn	3.70m
13	Chelsea Russell	Eastdale SS	3.64m
14	Laura Fisher	Centennial S	3.52m
14	Breah Sovegjar	Eastdale SS	3.52m
16	Lisa Fisher	Centennial S	3.51m
17	Charlotte Cowan	Dunnville SS	3.43m
18	Taylor Frost	Crossley	3.40m
19	Henderson Kaila	Crossley	3.39m
20	Beth Horne	Dunnville SS	3.26m
21	Kristin Vanschie	Eastdale SS	3.05m
22	Taylor Burse	Lakeshore CH	3.04m
23	Alana Goodlet	Hagersville	2.91m
24	Reilly Anzovino	Fort Erie SS	2.68m
25	Sachi Patel	Dunnville SS	2.63m

Event 22 Men Long Jump Midget

=====				
Zone III: R 5.55m 2005/05/10 Ben Merritt, Centennial S				
Pre 2004: R 6.02m 1979 J. Triano-A.N. Myer				
Name	Year	School	Finals	Points
=====				
1	Michael	Marquis	Notre Dame C	5.26m
2	Cameron	McLean	St. Michael	5.23m
3	Rhodri	Mativo	St. Paul HS	5.20m
4	Hoas	Longernaap	Lakeshore CH	5.11m
5	Nash	Briggs	Port Colborn	5.10m
6	Matt	Howes	Lakeshore CH	5.08m
7	Rob	White	Myer, A.N.	4.99m
7	Spencer	Thompson	Crossley	4.99m
9	Warren	Montague	Centennial S	4.79m
10	Eli	Dwor	Port Colborn	4.74m
11	Eric	LaPointe	Confederatio	4.60m
12	Vautour	Paul	Confederatio	4.58m
13	Matt	Roy	Ridge-Cr HS	4.57m
14	Ben	Crocket	Ridge-Cr HS	4.41m
15	Chris	Porter	Confederatio	4.40m
16	Gianluca	Agostinelli	St. Paul HS	4.35m
17	Wilf	Robins	Ridge-Cr HS	3.99m
18	Matt	Panday	St. Michael	3.94m
19	Michael	Croley	Hagersville	3.71m
20	Michael	Harris	Cayuga Ss-Ca	3.65m

Event 23 Women Triple Jump Midget

=====				
Zone III: R 9.46m 2005/05/10 Felicia Dracz, Notre Dame C				
Pre 2004: R 10.04m 1994 A Luey-Crossley				
Name	Year	School	Finals	Points
=====				
1	Jenny	Reid	Dunnville SS	9.51mR
2	Cassee	Hayes	McKinnon Par	9.38m
3	Echo	Fleury	Jean Vanier	9.36m
4	Krista	Barber	McKinnon Par	9.24m

5	Rebecca Bauer	Westlane	9.09m
6	Jessica Smith	Cayuga Ss-Ca	9.05m
7	Serena Conhiser	Ridge-Cr HS	9.00m
8	Melanie White	McKinnon Par	8.74m
9	Brittany Chambers	Ridge-Cr HS	8.12m
10	Sasha Mclarty	Ridge-Cr HS	8.06m
11	Salha Aziz	Westlane	7.98m
12	Fangshi Lu	Niagara Coll	7.97m
13	Henderson Kaila	Crossley	7.73m
13	Laura Fisher	Centennial S	7.73m
15	Sarah Louwes	Crossley	7.54m
16	Lisa Fisher	Centennial S	7.42m
17	Charlotte Cowan	Dunnville SS	7.25m

Event 24 Men Triple Jump Midget

=====				
Zone III: R 11.70m 2005/05/10 Taylor Woodburn, Westlane				
Pre 2004: R 12.50m 1975 J. Perri-Thorold High				
Name	Year	School	Finals	Points
=====				
1	Spencer Thompson	Crossley	11.35m	
2	Cameron McLean	St. Michael	10.82m	
3	Rob White	Myer, A.N.	10.57m	
4	Chris Miedema	Lakeshore CH	10.52m	
5	Nash Briggs	Port Colborn	10.31m	
6	Jeremy Secord	Jean Vanier	10.17m	
7	Vautour Paul	Confederatio	9.82m	
8	Matt Roy	Ridge-Cr HS	9.62m	
9	Chris Watson	Stamford Cvi	9.43m	
10	Gianluca Agostinelli	St. Paul HS	9.19m	
11	Mahadi Bhuiyan	Centennial S	9.05m	
12	Michael Harris	Cayuga Ss-Ca	8.48m	
13	Micheal Kenworthy	Confederatio	8.30m	
14	Jonathan Brule	Centennial S	7.59m	

Event 25 Women Shot Put Midget

=====				
Zone III: R 8.92m 2005/05/10 Lauren Freeman, Notre Dame C				
Pre 2004: R 10.33m 1981 J. LaForest-Notre Dame				
Name	Year	School	Finals	Points
=====				
1	Brooke Surridge	Dunnville SS	10.00mR	
2	Cheyenne Jope	Notre Dame C	9.74mR	
3	Brittany Quin	Ridge-Cr HS	9.70mR	
4	Erica Tokar	Crossley	9.37mR	
5	Krista Hall	Hagersville	9.12mR	
6	Natalie Thomson	St. Paul HS	8.62m	
7	Sarah Piett	Ridge-Cr HS	8.20m	
8	Kelsey Reece	Crossley	7.82m	
9	Maeghan Leavens	Crossley	7.54m	
10	Carli Lesdow	Ridge-Cr HS	7.48m	
11	Stephanie Valovich	Confederatio	7.28m	
11	Kristin Vanschie	Eastdale SS	7.28m	

Event 26 Men Shot Put Midget

=====				
Zone III: R 13.45m 2004/05/11 Nicholas Barron, Centennial S				

Pre 2004: R 15.07m 1991 M. Johnson-Crossley

Name	Year	School	Finals	Points
1 Hoas Longernaap		Lakeshore CH	12.02m	
2 Scott DeGraaf		Hagersville	12.00m	
3 Ben Williams		Lakeshore CH	11.81m	
4 Garrett House		Lakeshore CH	11.31m	
5 Allan Tripp		Ridge-Cr HS	10.85m	
6 Andrew Braham		McKinnon Par	9.64m	
7 Zakk Burton		Crossley	9.47m	
8 Brandon Dymont		Land, Robert	8.50m	
9 Jonathan Brule		Centennial S	7.20m	

Event 27 Women Discus Throw Midget

Zone III: R 19.80m 2005/05/10 Danielle Nesbitt, Crossley

Pre 2004: R 34.34m 1998 J. Ruddell-A.N. Myer

Name	Year	School	Finals	Points
1 Erica Tokar		Crossley	18.69m	
2 Kelsey Reece		Crossley	16.68m	
3 Maeghan Leavens		Crossley	16.61m	
4 Alexa Kerrio		Niagara Coll	14.91m	
5 Charlotte Hogg		Hagersville	13.53m	
6 Alana Goodlet		Hagersville	12.46m	

Event 28 Men Discus Throw Midget

Zone III: R 34.19m 2005/05/10 Cody Truax, Ridge-Cr HS

Pre 2004: R 46.73m 1991 M. Johnson-Crossley

Name	Year	School	Finals	Points
1 Desmond Cousins		Ridge-Cr HS	30.25m	
2 Allan Tripp		Ridge-Cr HS	28.84m	
3 Andrew Braham		McKinnon Par	27.54m	
4 Mike Hajmasy		Crossley	25.32m	
5 Scott DeGraaf		Hagersville	25.22m	
6 Zakk Burton		Crossley	24.79m	
7 Bryce Snyder		Ridge-Cr HS	23.73m	
8 Jonathan Brule		Centennial S	22.84m	
9 Wilf Robins		Ridge-Cr HS	22.00m	
10 Daniel Ellis		Notre Dame C	21.84m	
11 Brandon Dymont		Land, Robert	18.27m	
12 Blake Barkley		Lakeshore CH	13.45m	

Event 29 Women Javelin Throw Midget

Zone III: R 21.28m 2005/05/10 Jodi Mackeil, Notre Dame C

Pre 2004: R 30.07m 2002/05/15 Jill Dominey, Crossley

Name	Year	School	Finals	Points
1 Melanie White		McKinnon Par	22.57mR	
2 Brittany Chambers		Ridge-Cr HS	19.30m	
3 Charlotte Hogg		Hagersville	17.82m	
4 Natalie Thomson		St. Paul HS	16.95m	
5 Stephanie Ryglewicz		McKinnon Par	15.99m	
6 Erica Tokar		Crossley	14.14m	

7 Maeghan Leavens

Crossley

13.84m

Event 30 Men Javelin Throw Midget

=====				
Zone III: R 41.05m 2005/05/10 Nicholas Oreskovich, St. Paul HS				
Pre 2004: R 51.29m 1999 P. Kennedy-Port Colborne High				
Name	Year	School	Finals	Points
=====				
1 Troy Oliver		Crossley	41.22mR	
2 Josh Helson		Lakeshore CH	39.84m	
3 Dalton Doepping		Ridge-Cr HS	34.55m	
4 Joseph Cinq-Mars		Cayuga Ss-Ca	33.49m	
5 Andrew Braham		McKinnon Par	32.20m	
6 Brandon Jigiello		Ridge-Cr HS	31.51m	
7 Garrett House		Lakeshore CH	30.28m	
8 Mike Hajmasy		Crossley	25.09m	
9 Quinn Robson		Crossley	24.04m	
10 Bryce Snyder		Ridge-Cr HS	21.95m	
11 Zakk Burton		Crossley	21.71m	
12 Daniel Ellis		Notre Dame C	19.22m	
13 Blake Barkley		Lakeshore CH	16.59m	

Event 31 Women 4x100 Meter Relay Midget

=====				
Zone III: R 55.00 2004/05/11 Ridgeway-Crystal Beach, Ridge-Cr HS				
E Gooderham, M Michael, T Pacheco, C Beach				
Pre 2004: R 53.30 1992 Crossley				
School			Finals	Points
=====				
1 St. Paul H S 'A'			54.85R	
2 McKinnon Park H S 'A'			55.35	
3 Ridgeway-Crystal Beach 'A'			58.25	
4 E. L. Crossley S S 'A'			58.42	
5 Westlane S S 'A'			59.61	
6 Centennial S S 'A'			1:00.70	
7 Lakeshore C H S 'A'			1:03.65	

Event 32 Men 4x100 Meter Relay Midget

=====				
Zone III: R 50.02 2005/05/10 Lakeshore C H S, Lakeshore CH				
A Mc Chesney, M La Croix, C Davidson, M Marazzo				
Pre 2004: R 48.30 1978 A.N. Myer				
School			Finals	Points
=====				
1 E. L. Crossley S S 'A'			50.47	
2 St. Paul H S 'A'			53.51	
3 Centennial S S 'A'			54.11	

Event 33 Women 100 Meter Dash Junior

=====				
Zone III: R 13.15 2004/05/11 Valerie Kozina, St. Paul HS				
Pre 2004: R 12.68 2002/05/15 Ovalyn McDonald, Westlane				
Name	Year	School	Prelims	H#
=====				

Preliminaries

1 Stesha Conway	Jean Vanier	13.53Q	2
2 Jenna Pettigrew	McKinnon Par	14.47Q	1

3	Tara Giallonardo	Notre Dame C	14.49Q	3
4	Hilary Light	Niagara Coll	14.36q	2
5	Lacey Spellen	McKinnon Par	14.81q	3
6	Jessica Tarnawski	Ridge-Cr HS	14.87q	3
7	Belinda Kato	Notre Dame C	14.91q	1
8	Amanda Fazzalari	Jean Vanier	14.95q	3
9	Micaela Carrière	Jean Vanier	15.08	1
10	Ferris Stone	Lakeshore CH	15.10	2
11	Shannon McIvor	Crossley	15.28	1
12	Carleigh Maxwell	Myer, A.N.	15.32	2
13	Karlene Argenta	St. Michael	15.34	2
14	Aimee Price	St. Michael	15.88	1
15	Maria Delduca	St. Michael	16.38	3
16	Vanessa Lambert	Notre Dame C	16.57	2
17	Alyssa Edwards	Lakeshore CH	18.27	1

Event 33 Women 100 Meter Dash Junior

=====				
Zone III: R 13.15	2004/05/11	Valerie Kozina, St. Paul HS		
Pre 2004: R 12.68	2002/05/15	Ovalyn McDonald, Westlane		
Name	Year	School	Finals	Points
=====				

Finals

1	Stesha Conway	Jean Vanier	13.33	
2	Hilary Light	Niagara Coll	14.09	
3	Tara Giallonardo	Notre Dame C	14.29	
4	Jenna Pettigrew	McKinnon Par	14.42	
5	Amanda Fazzalari	Jean Vanier	14.71	
6	Lacey Spellen	McKinnon Par	14.75	
7	Belinda Kato	Notre Dame C	14.83	
8	Jessica Tarnawski	Ridge-Cr HS	14.96	

Event 34 Men 100 Meter Dash Junior

=====				
Zone III: R 11.65	2004/05/11	Tristan Woodburn, Westlane		
Pre 2004: R 11.10	1992	J. Martindale-Crossley		
Name	Year	School	Prelims	H#
=====				

Preliminaries

1	Jeffrey Kranyak	Crossley	12.43Q	3
2	Matt Culver	Dunnville SS	12.45Q	1
3	Mike LaCroix	Lakeshore CH	12.67Q	2
4	Andrew Danielson	Cayuga Ss-Ca	12.47q	3
5	Dustin Atkinson	St. Paul HS	12.68q	1
6	Robb Caporicci	St. Paul HS	12.68q	3
7	Mike German	St. Paul HS	12.76q	2
8	Patrick Martin	Jean Vanier	12.80q	1
9	Christopher Kazmir	Jean Vanier	12.91	2
10	Derek Maurice	Jean Vanier	12.92	1
11	Bradley Oneill	Hagersville	12.94	3
12	Dakota Anzovino	St. Paul HS	12.97	1
13	Josh Daradick	Notre Dame C	13.13	3
14	JD McLarty	Ridge-Cr HS	13.46	1
15	Brock Murphy	Crossley	13.50	1
16	Shane Shoalts	Crossley	13.61	2
17	Adam Mc Chesney	Lakeshore CH	13.75	1
18	Mark Kiers	Crossley	13.79	2

19	Stefan Nadeau	Land, Robert	13.98	3
20	Stan Revoura	St. Michael	14.37	3
21	Richard Wiley	Centennial S	15.26	2

Event 34 Men 100 Meter Dash Junior

Zone III: R 11.65 2004/05/11 Tristan Woodburn, Westlane

Pre 2004: R 11.10 1992 J. Martindale-Crossley

Name	Year	School	Finals	Points
------	------	--------	--------	--------

Finals

1	Jeffrey Kranyak	Crossley	12.04	
2	Andrew Danielson	Cayuga Ss-Ca	12.06	
3	Matt Culver	Dunnville SS	12.10	
4	Dustin Atkinson	St. Paul HS	12.21	
5	Robb Caporicci	St. Paul HS	12.60	
6	Mike German	St. Paul HS	12.83	
7	Mike LaCroix	Lakeshore CH	13.04	

Event 35 Women 200 Meter Dash Junior

Zone III: R 25.30 2004/05/11 Cara Marcantonio, Eastdale SS

Pre 2004: R 26.80 1988 C. Perron-Confederation

Name	Year	School	Finals	H#	Points
------	------	--------	--------	----	--------

1	Stesha Conway	Jean Vanier	27.22	1	
2	Lauren Freeman	Notre Dame C	28.79	1	
3	Hilary Light	Niagara Coll	29.47	2	
4	Hailey Gullett	Crossley	29.97	2	
5	Carleigh Maxwell	Myer, A.N.	30.69	2	
6	Melissa Miller	Crossley	30.90	1	
7	Lacey Spellén	McKinnon Par	31.13	2	
8	Jillian Dixon	Crossley	32.00	2	
9	Michelle Dascenzo	St. Michael	32.28	1	
10	Stephanie Best	Crossley	32.29	2	
11	Alyssa Edwards	Lakeshore CH	35.27	1	
12	Cassie Makerewich	Myer, A.N.	38.62	1	

Event 36 Men 200 Meter Dash Junior

Zone III: R 24.52 2005/05/10 Everett Bokma, Crossley

Pre 2004: R 22.50 1985 C. Candella-Fort Erie High

Name	Year	School	Finals	H#	Points
------	------	--------	--------	----	--------

1	David Griem	Ridge-Cr HS	24.27R	1	
2	Dustin Atkinson	St. Paul HS	24.57	1	
3	Taylor Woodburn	Westlane	24.85	1	
4	Derek Maurice	Jean Vanier	25.49	2	
5	Bradley Oneill	Hagersville	25.82	1	
6	Kyler Campeau	Crossley	26.20	3	
7	Jeffrey Kranyak	Crossley	26.30	1	
8	Matthew Flagg	Crossley	26.87	1	
9	Robert Muir	Centennial S	27.11	2	
10	Stefan Nadeau	Land, Robert	27.18	3	
11	Ben Cushnie	Crossley	27.30	2	
12	Adam Mc Chesney	Lakeshore CH	27.35	3	
13	Stan Revoura	St. Michael	27.81	3	

14 Conrad Small	St. Michael	28.21	2
15 Owen Greene	Hagersville	28.24	3

Event 37 Women 400 Meter Dash Junior

=====				
Zone III: R 1:05.13 2004/05/11 Shannon Quinn, Notre Dame C				
Pre 2004: R 1:02.70 1975 N. Hurst-Crossley				
Name	Year	School	Finals	Points
=====				
1 Pam Gorham		Ridge-Cr HS	1:06.91	
2 Meagan MasSwayn		Ridge-Cr HS	1:07.38	
3 Felicia Dracz		Notre Dame C	1:09.02	
4 Julie Osterlund		Crossley	1:10.17	
5 Karlene Argenta		St. Michael	1:13.94	

Event 38 Men 400 Meter Dash Junior

=====				
Zone III: R 55.29 2005/05/10 Dave Webb, Notre Dame C				
Pre 2004: R 52.40 1991 J. Leavens-Crossley				
Name	Year	School	Finals	H# Points
=====				
1 Robb Caporicci		St. Paul HS	54.63R	2
2 Matt Wakulich		Crossley	55.22R	1
3 Dan MacLeod		Ridge-Cr HS	55.95	2
4 Greg Mason		Crossley	57.53	2
5 Colin Mills		Crossley	58.10	2
6 Matthew Jackson		St. Michael	1:00.71	1
7 Robert Muir		Centennial S	1:02.04	1
8 Matthew Flagg		Crossley	1:02.75	1
9 Conrad Small		St. Michael	1:07.77	1
10 Heath Allison		Centennial S	1:08.89	2
11 Richard Wiley		Centennial S	1:19.63	2

Event 39 Women 800 Meter Run Junior

=====				
Zone III: R 2:34.74 2004/05/11 Shannon Quinn, Notre Dame C				
Pre 2004: R 2:22.80 1989 B. Gras-A.N. Myer				
Name	Year	School	Finals	Points
=====				
1 Adelaine Nohara		Notre Dame C	2:39.11	
2 Pam Gorham		Ridge-Cr HS	2:41.50	
3 Amber Webb		Crossley	2:43.25	
4 Kelsey Kurgan		Crossley	2:47.41	
5 Jennifer Gearing		Crossley	2:54.01	

Event 40 Men 800 Meter Run Junior

=====				
Zone III: R 2:17.62 2004/05/11 Darcy Roy, Ridge-Cr HS				
Pre 2004: R 2:00.70 1987 S. Lavell-Notre Dame				
Name	Year	School	Finals	Points
=====				
1 Matt Dimarcantonio		Notre Dame C	2:11.34R	
2 Matt Wakulich		Crossley	2:11.85R	
3 Tyler Tanguay		Port Colborn	2:13.77R	
4 Keith Dale		Myer, A.N.	2:17.31R	
5 Greg Mason		Crossley	2:18.12	
6 Alex Fairlie		Crossley	2:19.05	

7	Heath Allison	Centennial S	2:28.92
8	Adam Lumsden	Westlane	2:29.87
9	Zach Campbell	Crossley	2:42.29
10	Matthew Jackson	St. Michael	2:45.33
11	Chris Paley	Confederatio	2:57.82
12	Richard Wiley	Centennial S	3:19.38

Event 41 Women 1500 Meter Run Junior

=====				
Zone III: R 5:25.09		2004/05/11	Tracy Carreau, Notre Dame C	
Pre 2004: R 4:51.00		1996	M. Sexsmith-Ridgeway-Crystal Beach	
Name	Year	School	Finals	Points
=====				
1	Adelaine Nohara	Notre Dame C	5:25.92	
2	Julie Falsetti	Crossley	5:29.86	
3	Megan Black	Crossley	5:39.07	
4	Jennifer Gearing	Crossley	5:40.86	
5	Krysten Bates	Crossley	5:53.72	
6	Erin Dempsey	Myer, A.N.	6:17.79	
7	Cassie Makerewich	Myer, A.N.	7:17.82	

Event 42 Men 1500 Meter Run Junior

=====				
Zone III: R 4:37.06		2005/05/10	Ben Cooper, St. Paul HS	
Pre 2004: R 4:08.90		1994	S. Bognar-Confederatio n	
Name	Year	School	Finals	Points
=====				
1	Matt Dimarcantonio	Notre Dame C	4:40.53	
2	Tyler Tanguay	Port Colborn	4:45.07	
3	Keith Dale	Myer, A.N.	4:48.42	
4	Jason Diston	St. Paul HS	4:50.99	
5	Nick Janssen	Crossley	4:53.06	
6	Adam Lumsden	Westlane	4:53.96	
7	Jesse Dekker	Eastdale SS	4:58.24	
8	Mat Brown	Crossley	4:59.82	
9	Zach Knowles	Cayuga Ss-Ca	5:08.01	
10	Alex Fairlie	Crossley	5:08.64	
11	Jon Beaudoin	Ridge-Cr HS	5:09.87	
12	Jesse Schmidt	Stamford Cvi	5:15.37	
13	Joe Wunder	Lakeshore CH	5:17.13	
14	Justin Bath	Crossley	5:40.95	
15	Josh Lamb	Dunnville SS	6:05.14	

Event 43 Women 3000 Meter Run Junior

=====				
Zone III: R 11:54.51		2004/05/11	Tracy Carreau, Notre Dame C	
Pre 2004: R 10:28.60		1989	B. Gras-A.N. Myer	
Name	Year	School	Finals	Points
=====				
1	Julie Falsetti	Crossley	12:05.15	
2	Krysten Bates	Crossley	12:58.60	
3	Erin Dempsey	Myer, A.N.	14:00.00	

Event 44 Men 3000 Meter Run Junior

=====				
Zone III: R 10:17.06		2005/05/10	Ben Cooper, St. Paul HS	
Pre 2004: R 9:13.50		1994	J. Burdon-A.N. Myer	

Name	Year School	Finals	Points
=====			
1 Cory Machensney	Crossley	10:35.86	
2 Nick Janssen	Crossley	10:44.36	
3 Matt Dimarcantonio	Notre Dame C	10:53.07	
4 Steven Roy	Notre Dame C	11:17.42	
5 Joe Wunder	Lakeshore CH	11:25.94	
6 Jesse Dekker	Eastdale SS	11:29.43	
7 Jesse Schmidt	Stamford Cvi	11:44.76	
8 Mat Brown	Crossley	12:09.41	
9 Mike Davis	Myer, A.N.	13:15.69	
10 Josh Lamb	Dunnville SS	13:21.04	

Event 45 Women 80 Meter Hurdles Junior

=====			
Zone III: R 12.44 2004/05/11 Valerie Kozina, St. Paul HS			
Pre 2004: R 12.20 1991 S. Ruston-Port Colborne High			
Name	Year School	Finals	Points
=====			
1 Samantha Tremmel	Cayuga Ss-Ca	15.40	
2 Melissa Miller	Crossley	15.41	
3 Katie Minor	Ridge-Cr HS	16.25	
4 Kelli Romanin	Crossley	16.62	
5 Jessica Sternberg	Centennial S	16.68	
6 Amanda Weaver	Centennial S	18.19	

Event 46 Men 100 Meter Hurdles Junior

=====			
Zone III: R 15.71 2004/05/11 Jake Gibson, Ridge-Cr HS			
Pre 2004: R 15.60 1982 G. Battaglini-Notre Dame			
Name	Year School	Finals	Points
=====			
1 Dan MacLeod	Ridge-Cr HS	15.63R	
2 Ben Cushnie	Crossley	18.93	
3 Matthew Flagg	Crossley	18.99	
4 Zach Campbell	Crossley	20.00	
5 Joey Pawlik	Notre Dame C	21.35	

Event 47 Women 300 Meter Hurdles Junior

=====			
Zone III: R 55.10 2005/05/10 Liz Gooderham, Ridge-Cr HS			
Pre 2004: R 50.00 1998 C. Scott-A.N. Myer			
Name	Year School	Finals	H# Points
=====			
1 Pam Gorham	Ridge-Cr HS	51.94R	1
2 Kelli Romanin	Crossley	53.88R	2
3 Hailey Gullett	Crossley	53.99R	1
4 Melissa Miller	Crossley	55.34	1
5 Jillian Dixon	Crossley	56.13	2
6 Meagan MasSwayn	Ridge-Cr HS	56.74	1
7 Jessica Tarnawski	Ridge-Cr HS	57.09	2
8 Katie Minor	Ridge-Cr HS	57.44	2
9 Jessica Sternberg	Centennial S	57.99	1
10 Amanda Weaver	Centennial S	59.30	2
11 Emma Almas	Hagersville	1:00.44	2

Event 48 Men 300 Meter Hurdles Junior

=====					
Zone III: R 38.57		2004/05/11	Jake Gibson, Ridge-Cr HS		
Pre 2004: R 42.40		1990	I. Archer-St. Paul		
Name	Year	School	Finals	H#	Points
=====					
1	David Griem	Ridge-Cr HS	43.71	2	
2	Dan MacLeod	Ridge-Cr HS	44.07	2	
3	Greg Mason	Crossley	46.84	2	
4	Zach Campbell	Crossley	46.90	1	
5	Kenny Conchiser	Ridge-Cr HS	47.53	1	
6	Adam Lumsden	Westlane	47.54	1	
7	Jason Diston	St. Paul HS	48.48	2	
8	Ben Cushnie	Crossley	49.13	2	
9	Mike Davis	Myer, A.N.	55.84	1	

Event 49 Women High Jump Junior

=====				
Zone III: R 1.55m		2004/05/11	Abbie Lymburner, Crossley	
Pre 2004: R 1.65m		2002/05/15	Stefanie Burch, Centennial S	
Name	Year	School	Finals	Points
=====				
1	Rachel Sellan	Jean Vanier	1.45m	
2	Samantha Tremmel	Cayuga Ss-Ca	1.40m	
3	Laura Lambie	Port Colborn	1.35m	
3	Jaid Newstead	Port Colborn	1.35m	
5	Shannon McIvor	Crossley	J1.35m	
6	Micaela Carrière	Jean Vanier	J1.35m	
7	Lisa Fulbrook	Crossley	1.30m	
7	Melissa Devries	Crossley	1.30m	
7	Amanda Weaver	Centennial S	1.30m	
10	Katie Davis	Lakeshore CH	1.25m	

Event 50 Men High Jump Junior

=====				
Zone III: R 1.76m		2004/05/11	Matt Burlak, Myer, A.N.	
Pre 2004: R 2.00m		1978	J. Zareski-Notre Dame	
Name	Year	School	Finals	Points
=====				
1	Eric Schwoob	Dunnville SS	1.80mR	
2	Shane Garrison	St. Paul HS	1.75m	
3	Wade Smith	Crossley	1.70m	
4	Jason Diston	St. Paul HS	J1.70m	
5	Mario Fournier	Jean Vanier	1.60m	
6	Andrew Ghaly	St. Paul HS	J1.60m	
7	Mike Zoric	Crossley	1.55m	
8	Jesse Dekker	Eastdale SS	J1.55m	
9	Steven Byrne	Stamford Cvi	J1.55m	
10	Bradley Oneill	Hagersville	1.50m	
11	Stan Revoura	St. Michael	1.45m	

Event 51 Women Pole Vault Midget / Junior

=====				
Zone III: R 2.30m		2004/05/11	Karley Blair, Crossley	
Name	Year	School	Finals	Points
=====				
1	Meagen Krawczyk	Ridge-Cr HS	2.15m	
2	Jennifer Gearing	Crossley	2.00m	

3	Megan Black	Crossley	J2.00m
4	Kelsey Kurgan	Crossley	J2.00m
5	Carlie-Sue Austen	Hagersville	1.85m
6	Krista Hall	Hagersville	J1.85m
7	Kelsey Reece	Crossley	1.55m

Event 52 Men Pole Vault Junior

=====				
Zone III: R 3.80m		2005/05/10	Kyle Tomasello, Ridge-Cr HS	
Pre 2004: R 4.80m		1985	S. Struger-Ridgeway-Crystal Beach	
Name	Year	School	Finals	Points
=====				
1	Tim Betzold	Ridge-Cr HS	2.85m	
2	Josh Frank	Ridge-Cr HS	J2.85m	
3	Justin Bath	Crossley	2.70m	
4	Cory Machensney	Crossley	2.40m	
5	Wade Smith	Crossley	2.10m	
6	Jason Jackson	Crossley	J2.10m	

Event 53 Women Long Jump Junior

=====				
Zone III: R 4.60m		2004/05/11	Cara Marcantonio, Eastdale SS	
Pre 2004: R 5.36m		1962	P. Teachout-Welland High & V S	
Name	Year	School	Finals	Points
=====				
1	Maggie Hetherington	Crossley	4.38m	
2	Nechelle Venturini	Ridge-Cr HS	4.31m	
3	Amber Webb	Crossley	4.30m	
4	Adelaine Nohara	Notre Dame C	4.29m	
5	Jaid Newstead	Port Colborn	4.20m	
6	Felicia Dracz	Notre Dame C	4.18m	
7	Carlie-Sue Austen	Hagersville	4.17m	
8	Jenna Pettigrew	McKinnon Par	4.10m	
8	Rachel Sellan	Jean Vanier	4.10m	
10	Michelle Dascenzo	St. Michael	3.86m	
11	Robyn Moretton	Myer, A.N.	3.83m	
12	Emma Almas	Hagersville	3.78m	
13	Katelynne Hale	Confederatio	3.70m	
13	Belinda Kato	Notre Dame C	3.70m	
15	Melissa Cloutier	Confederatio	3.67m	
16	Melissa Devries	Crossley	3.60m	
17	Niwaeli Sumary	Myer, A.N.	3.36m	

Event 54 Men Long Jump Junior

=====				
Zone III: R 5.65m		2005/05/10	Derek Sutherland, Jean Vanier	
Pre 2004: R 6.42m		1995	T. Brown-A.N. Myer	
Name	Year	School	Finals	Points
=====				
1	Eric Schwoob	Dunnville SS	6.05mR	
2	Ben Merritt	Centennial S	6.03mR	
3	Taylor Woodburn	Westlane	5.78mR	
4	David Griem	Ridge-Cr HS	5.55m	
5	Andrew Danielson	Cayuga Ss-Ca	5.44m	
6	Mike Zoric	Crossley	5.12m	
7	Zach Hargraves	Centennial S	5.09m	
8	Nick Kovacs	Lakeshore CH	4.96m	

9	Kenny Conhiser	Ridge-Cr HS	4.46m
10	Mark Kiers	Crossley	4.43m
11	Andrew Doupe	Cayuga Ss-Ca	4.02m

Event 55 Women Triple Jump Junior

=====				
Zone III: R		9.40m	2005/05/10	Christa Ohowe, Westlane
Pre 2004: R		10.19m	1996	K. Knutson-Fort Erie
Name	Year	School	Finals	Points
=====				
1	Nechelle Venturini	Ridge-Cr HS	9.61mR	
2	Felicia Dracz	Notre Dame C	9.34m	
3	Maggie Hetherington	Crossley	8.77m	
4	Jenna Pettigrew	McKinnon Par	8.76m	
5	Jaid Newstead	Port Colborn	8.64m	
6	Carlie-Sue Austen	Hagersville	8.58m	
7	Robyn Moretton	Myer, A.N.	8.33m	
8	Kelli Romanin	Crossley	8.19m	
9	Lisa Fulbrook	Crossley	8.13m	
10	Katelynne Hale	Confederatio	7.66m	
11	Melissa Devries	Crossley	7.24m	
12	Melissa Cloutier	Confederatio	7.18m	
13	Amy Hollingsworth	Confederatio	7.17m	

Event 56 Men Triple Jump Junior

=====				
Zone III: R		11.82m	2005/05/10	Jason Peng, Stamford CVI
Pre 2004: R		13.60m	1976	T. Rigg-A.N. Myer
Name	Year	School	Finals	Points
=====				
1	Eric Schwoob	Dunnville SS	12.32mR	
2	Taylor Woodburn	Westlane	12.14mR	
3	Ben Merritt	Centennial S	11.70m	
4	Brock Murphy	Crossley	10.84m	
5	Zach Hargraves	Centennial S	J10.84m	
6	Nick Kovacs	Lakeshore CH	10.78m	
7	JD McLarty	Ridge-Cr HS	10.32m	
8	Kenny Conchiser	Ridge-Cr HS	10.23m	
9	Andrew Danielson	Cayuga Ss-Ca	10.18m	
10	Cory Machensney	Crossley	10.04m	
11	Mark Kiers	Crossley	9.95m	
12	Jesse Gilbert	Crossley	8.16m	

Event 57 Women Shot Put Junior

=====				
Zone III: R		8.49m	2004/05/11	Erin Varga, Stamford CVI
Pre 2004: R		10.60m	1982	J. LaForest-Notre Dame
Name	Year	School	Finals	Points
=====				
1	Lauren Freeman	Notre Dame C	9.75mR	
2	Sam Middleton	Dunnville SS	9.52mR	
3	Danielle Nesbitt	Crossley	7.26m	
4	Natasha Rietveld	Crossley	7.20m	
5	Felicia Simone-Masterson	St. Paul HS	7.00m	
6	Lindsay Kenny	Port Colborn	6.41m	
7	Jillian Dixon	Crossley	6.40m	
8	Geness Dilts	Port Colborn	6.21m	

9 Jennifer Christopher

Crossley

6.09m

Event 58 Men Shot Put Junior

=====				
Zone III: R 13.84m		2005/05/10	Nicholas Barron, Centennial S	
Pre 2004: R 15.95m		2001	D. Adamek-Ridgeway-Crystal Beach	
Name	Year	School	Finals	Points
=====				
1	Mike Smith	Ridge-Cr HS	12.86m	
2	Paul Ricci	St. Michael	12.78m	
3	Phil Brown	Dunnville SS	12.61m	
4	Steve Uhm	St. Paul HS	12.06m	
5	Rory Benson	Centennial S	11.98m	
6	Kyle Danch	Notre Dame C	11.83m	
7	Eric Knisley	Jean Vanier	11.81m	
8	Matt Wakulich	Crossley	11.56m	
9	Steve Davies	Crossley	10.96m	
10	Shawn Nagel	Cayuga Ss-Ca	10.85m	
11	Cody Conway	Ridge-Cr HS	10.63m	
12	Nathan Libertini	Notre Dame C	10.44m	
13	Randy Boyter	Crossley	10.42m	
14	Wade Smith	Crossley	10.31m	
15	Cody Truax	Ridge-Cr HS	10.12m	
16	David John Sanders	St. Paul HS	9.59m	
17	Conrad Small	St. Michael	9.06m	
18	Mitchell Kelley	Niagara Coll	8.56m	

Event 59 Women Discus Throw Junior

=====				
Zone III: R 25.75m		2004/05/11	Erin Varga, Stamford CVI	
Pre 2004: R 36.63m		1995	S. Fletcher-Ridgeway-Crystal Beach	
Name	Year	School	Finals	Points
=====				
1	Julie Osterlund	Crossley	25.29m	
2	Danielle Nesbitt	Crossley	24.47m	
3	Brittney Ciszek	Niagara Coll	21.37m	
4	Stephanie Best	Crossley	20.44m	
5	Sam Middleton	Dunnville SS	18.86m	
6	Emma Almas	Hagersville	15.18m	
7	Devon Noxel	Ridge-Cr HS	15.06m	
8	Natasha Rietveld	Crossley	14.63m	

Event 60 Men Discus Throw Junior

=====				
Zone III: R 45.00m		2004/05/11	Troy Sider, Ridge-Cr HS	
Pre 2004: R 46.93m		1976	T. Bishop-A.N. Myer	
Name	Year	School	Finals	Points
=====				
1	Cody Truax	Ridge-Cr HS	40.51m	
2	Matt Culver	Dunnville SS	31.68m	
3	Steve Davies	Crossley	31.36m	
4	Justin Bath	Crossley	31.30m	
5	Joseph Wormald	Notre Dame C	30.75m	
6	Kyle Danch	Notre Dame C	30.58m	
7	Tom Fisher	Crossley	29.67m	
8	Rory Benson	Centennial S	28.37m	
9	Tim Betzold	Ridge-Cr HS	27.25m	

10	Phil Brown	Dunnville SS	26.26m
11	Owen Greene	Hagersville	22.61m
12	Chris Willick	Fort Erie SS	22.15m
13	Randy Boyter	Crossley	22.07m

Event 61 Women Javelin Throw Junior

=====				
Zone III: R 26.48m		2004/05/11	Stephanie Webb, Crossley	
Pre 2004: R 30.38m		2002/05/15	Lorraine Lepere, St. Paul HS	
Name	Year	School	Finals	Points
=====				
1	Danielle Nesbitt	Crossley	28.90mR	
2	Jessica Tarnawski	Ridge-Cr HS	26.00m	
3	Julie Osterlund	Crossley	24.61m	
4	Jodi Mackeil	Notre Dame C	24.23m	
5	Lisa Fulbrook	Crossley	20.70m	
6	Lauren Freeman	Notre Dame C	20.52m	
7	Felicia Simone-Masterson	St. Paul HS	19.45m	
8	Stephanie Best	Crossley	17.88m	
9	Tara Giallonardo	Notre Dame C	14.37m	

Event 62 Men Javelin Throw Junior

=====				
Zone III: R 44.10m		2004/05/11	Jesse Lofthouse, Niagara Coll	
Pre 2004: R 49.95m		2001	S. Groz-Crossley	
Name	Year	School	Finals	Points
=====				
1	Nick Oreskovich	St. Paul HS	46.26mR	
2	Tom Fisher	Crossley	42.69m	
3	Matt Groenveld	Notre Dame C	37.75m	
4	Jesse Gilbert	Crossley	35.20m	
5	Aaron Thompson	Ridge-Cr HS	34.10m	
6	Owen Greene	Hagersville	32.45m	
7	Steve Uhm	St. Paul HS	30.62m	
8	Steve Davies	Crossley	30.30m	
9	Tyler Fournier	Ridge-Cr HS	29.80m	
10	David John Sanders	St. Paul HS	29.45m	
11	Jeffrey Kranyak	Crossley	28.70m	
12	Joey Pawlick	Notre Dame C	27.70m	
13	JD McLarty	Ridge-Cr HS	27.64m	
14	Nathan Libertini	Notre Dame C	23.69m	
15	Andrew Doupe	Cayuga Ss-Ca	20.49m	

Event 63 Women 4x100 Meter Relay Junior

=====				
Zone III: R 53.91		2004/05/11	E. L. Crossley S S, Crossley	
			A Grosz, K Brown, R Mikkelsaar, A Lymburner	
Pre 2004: R 50.10		1995	Lakeshore Catholic	
School			Finals	Points
=====				
1	Notre Dame College	'A'	56.13	
2	Jean Vanier E S	'A'	56.47	
3	Ridgeway-Crystal Beach	'A'	56.67	
4	E. L. Crossley S S	'A'	56.73	
5	McKinnon Park H S	'A'	57.02	
6	St. Michael H S	'A'	59.04	

Event 64 Men 4x100 Meter Relay Junior

=====				
Zone III: R 47.86	2004/05/11	E. L. Crossley S S, Crossley A Flagg, G Denyes, A Nesbitt, J Tempest		
Pre 2004: R 46.00	1981	Westlane		
School			Finals	Points
=====				
1 Ridgeway-Crystal Beach	'A'		48.13	
2 St. Paul H S	'A'		48.42	
3 Jean Vanier E S	'A'		49.54	
4 E. L. Crossley S S	'A'		49.73	
5 Notre Dame College	'A'		50.78	
6 Centennial S S	'A'		51.91	

Event 65 Women 100 Meter Dash Senior

=====				
Zone III: R 13.17	2004/05/11	Bailey Sensabaugh, Notre Dame C		
Pre 2004: R 12.50	1975	P. Matthews-Stamford		
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Kaysea Toy		St. Michael	13.33Q	4
2 Daniella Jones		Myer, A.N.	13.83Q	3
3 Riisa Mikkelsaar		Crossley	14.46Q	2
4 Michelle Michael		Ridge-Cr HS	14.79Q	1
5 Stacey Thompson		McKinnon Par	13.85q	3
6 Sonja Dancevic		St. Paul HS	13.92q	4
7 Jess Giallonardo		Notre Dame C	14.08q	3
8 Ashley Rosetto		Notre Dame C	14.19q	4
9 Alexa Fraser		Crossley	14.38	4
10 Kristina Dancevic		St. Paul HS	14.51	2
11 Sarah Bradt		Cayuga Ss-Ca	14.74	3
12 Janine Wassenaar		Crossley	14.86	1
13 Lauren Miller		Myer, A.N.	14.89	1
14 Katelynn Pasquino		Myer, A.N.	14.97	4
15 Tayna Pacheco		Ridge-Cr HS	15.23	3
16 Aly Stewart		Myer, A.N.	15.27	2
17 Lise Kiefer		Cayuga Ss-Ca	15.34	1
18 Jen Lamb		Ridge-Cr HS	15.81	2
19 Breanne Meuller		Notre Dame C	15.91	2
20 Katie Dundas		Ridge-Cr HS	16.02	4
21 Kayla Iannone		St. Paul HS	16.30	1
22 Vivian Kam		Niagara Coll	16.81	1
23 Karen Tembo		Fort Erie SS	16.82	2
24 Winki Tsang		Niagara Coll	17.65	4
25 Vanessa Raso		St. Paul HS	18.46	3

Event 65 Women 100 Meter Dash Senior

=====				
Zone III: R 13.17	2004/05/11	Bailey Sensabaugh, Notre Dame C		
Pre 2004: R 12.50	1975	P. Matthews-Stamford		
Name	Year	School	Finals	Points
=====				
Finals				
1 Kaysea Toy		St. Michael	12.95R	
2 Daniella Jones		Myer, A.N.	13.65	
3 Sonja Dancevic		St. Paul HS	13.69	

4	Stacey Thompson	McKinnon Par	13.69
5	Ashley Rosetto	Notre Dame C	13.77
6	Jess Giallonardo	Notre Dame C	14.00
7	Riisa Mikkelsaar	Crossley	14.48
8	Michelle Michael	Ridge-Cr HS	14.74

Event 66 Men 100 Meter Dash Senior

=====
 Zone III: R 11.56 2005/05/10 Giancarlo Rapanaro, St. Paul HS
 Pre 2004: R 11.00 1992 J. Leavens-Crossley

=====
 Name Year School Prelims H#

=====
 Preliminaries

1	Tristan Woodburn	Westlane	11.81Q	2
2	Matthew Milner	Westlane	11.97Q	4
3	Jesse Leger	St. Michael	11.99Q	3
4	Ian McCormick	Niagara Coll	12.46Q	5
5	Dan Sulatycky	Myer, A.N.	12.55Q	1
6	Everett Bokma	Crossley	12.01q	3
7	Denton Coleman	Notre Dame C	12.15q	4
8	Ben Peters	Myer, A.N.	12.37q	3
9	Ryan Maiden	Myer, A.N.	12.45	2
10	Michael Vitaterna	St. Paul HS	12.55	4
11	Sean Ogrady	Notre Dame C	12.61	2
12	Kyle Wegelin	St. Paul HS	12.77	1
13	Graham Hay	Crossley	12.79	1
14	Devon Wilson	Cayuga Ss-Ca	12.80	4
15	Charbel Sarkis	Notre Dame C	12.81	1
16	Paul Sonier	St. Paul HS	12.88	3
17	Dan Kinzel	Cayuga Ss-Ca	12.92	1
18	Eric Kline	Cayuga Ss-Ca	12.94	2
19	Chris Winger	Crossley	12.98	2
20	Joe Veloce	Notre Dame C	13.03	5
21	Randy Poulin	Jean Vanier	13.04	4
22	Tyler Manning	Land, Robert	13.12	3
23	Akwasi Bonsu	Niagara Coll	13.16	3
24	Tim Carver	Lakeshore CH	13.31	5
25	Henry Chen	Stamford Cvi	13.47	4
26	Richard Cole	Myer, A.N.	13.75	5
27	Jonathan Levesque	Cayuga Ss-Ca	13.91	3
28	Jason Francis	Crossley	14.02	5

Event 66 Men 100 Meter Dash Senior

=====
 Zone III: R 11.56 2005/05/10 Giancarlo Rapanaro, St. Paul HS
 Pre 2004: R 11.00 1992 J. Leavens-Crossley

=====
 Name Year School Finals Points

=====
 Finals

1	Tristan Woodburn	Westlane	11.50R
2	Jesse Leger	St. Michael	11.54R
3	Everett Bokma	Crossley	11.69
4	Denton Coleman	Notre Dame C	11.98
5	Dan Sulatycky	Myer, A.N.	12.12
6	Ben Peters	Myer, A.N.	12.18
7	Ian McCormick	Niagara Coll	12.18
8	Matthew Milner	Westlane	12.37

Event 67 Women 200 Meter Dash Senior

=====					
Zone III: R 27.82		2004/05/11	Bailey Sensabaugh, Notre Dame C		
Pre 2004: R 26.90		1977	C. Perron-Confederation		
Name	Year	School	Finals	H#	Points
=====					
1	Stacey Thompson	McKinnon Par	28.55	1	
2	Alexa Fraser	Crossley	28.64	2	
3	Liz Gooderham	Ridge-Cr HS	29.39	1	
4	Tayna Pacheco	Ridge-Cr HS	30.26	2	
5	Lauren Miller	Myer, A.N.	30.32	1	
6	Katie Webb	Cayuga Ss-Ca	31.03	2	
7	Caroline Tembo	Fort Erie SS	37.32	1	

Event 68 Men 200 Meter Dash Senior

=====					
Zone III: R 23.52		2005/05/10	Scott Mills, Crossley		
Pre 2004: R 22.09		2000	J. Corey-A.N. Myer		
Name	Year	School	Finals	H#	Points
=====					
1	Andrew Flagg	Crossley	23.85	1	
2	Everett Bokma	Crossley	24.40	2	
3	Denton Coleman	Notre Dame C	24.47	2	
4	Max Csikos	Crossley	24.52	3	
5	Mike Luchetta	Ridge-Cr HS	24.57	3	
6	Derron Johnson	Crossley	24.64	3	
7	Ryan Maiden	Myer, A.N.	25.25	3	
8	Sean Ogrady	Notre Dame C	25.31	3	
9	Jesse Fraser	Niagara Coll	25.33	1	
10	Michael Vitaterna	St. Paul HS	25.46	2	
11	Ian McCormick	Niagara Coll	25.67	3	
12	Charbel Sarkis	Notre Dame C	26.00	1	
13	Randy Poulin	Jean Vanier	26.09	1	
14	Tyler Manning	Land, Robert	26.30	1	
15	Richard Cole	Myer, A.N.	27.27	2	
16	Akwasi Bonsu	Niagara Coll	27.93	2	
17	Jonathan Levesque	Cayuga Ss-Ca	28.79	1	

Event 69 Women 400 Meter Dash Senior

=====					
Zone III: R 1:09.15		2004/05/11	Hailey Tufts, Ridge-Cr HS		
Pre 2004: R 1:01.20		1975	C. Timms-Crossley		
Name	Year	School	Finals	Points	
=====					
1	Alexa Fraser	Crossley	1:06.71R		
2	Alex Orosz	Crossley	1:10.95		
3	Jill Veldhuizen	Crossley	1:14.28		
4	Katie Dundas	Ridge-Cr HS	1:14.65		

Event 70 Men 400 Meter Dash Senior

=====					
Zone III: R 53.56		2004/05/11	Scott Mills, Crossley		
Pre 2004: R 50.10		1990	R. Knott-Westlane		
Name	Year	School	Finals	H#	Points
=====					
1	Matthew Milner	Westlane	53.67	2	

2	Andrew Flagg	Crossley	54.08	2
3	Dave Webb	Notre Dame C	54.20	2
4	Max Csikos	Crossley	54.66	1
5	Derron Johnson	Crossley	55.76	2
6	Bradley Crumb	Crossley	56.90	1
7	Scott Cole	Lakeshore CH	56.95	1
8	Anthony Zanchin	Lakeshore CH	1:02.59	2
9	Brett Bradmore	St. Michael	1:06.04	1

Event 71 Women 800 Meter Run Senior

=====				
Zone III: R 2:45.30		2004/05/11	Rebecca Stewart, Westlane	
Pre 2004: R 2:23.70		1990	B. Gras-A.N. Myer	
Name	Year	School	Finals	Points
=====				
1	Alyssa Clarke	Fort Erie SS	2:39.22R	
2	Amanda Wong	Myer, A.N.	2:44.20R	
3	Megan Eberly	Ridge-Cr HS	2:52.04	
4	Susie Freeman	Crossley	2:55.71	
5	Justine Townsend	Westlane	2:58.22	
6	Kristen Werezak	Centennial S	3:03.72	
7	Allie Yonick	Crossley	3:09.52	

Event 72 Men 800 Meter Run Senior

=====				
Zone III: R 2:08.42		2005/05/10	Andrew West, Port Colborn	
Pre 2004: R 1:54.50		1996	S. Bognar-Confederation	
Name	Year	School	Finals	Points
=====				
1	Dave Webb	Notre Dame C	2:18.36	
2	Greg Langstaff	Crossley	2:19.59	
3	Star Jackman	Crossley	2:21.29	
4	Peter Jackiewicz	Myer, A.N.	2:22.72	
5	Scott Cole	Lakeshore CH	2:22.81	
6	Chris Dilts	Crossley	2:23.83	
7	Bradley Crumb	Crossley	2:24.07	
8	Yao-Ting Wu	Land, Robert	2:34.29	

Event 73 Women 1500 Meter Run Senior

=====				
Zone III: R 5:34.25		2004/05/11	Chelsea Rodriguez, Crossley	
Pre 2004: R 4:47.60		1990	B. Gras-A.N. Myer	
Name	Year	School	Finals	Points
=====				
1	Marlaina Meinzing	Centennial S	5:29.70R	
2	Amanda Wong	Myer, A.N.	5:45.70	
3	Susie Freeman	Crossley	5:58.22	
4	Justine Townsend	Westlane	6:04.09	
5	Allie Yonick	Crossley	6:11.89	
6	Kyla Flagg	Myer, A.N.	6:27.27	
7	Heather Lovell	Myer, A.N.	6:27.28	

Event 74 Men 1500 Meter Run Senior

=====				
Zone III: R 4:18.07		2004/05/11	Tim Serre, St. Paul HS	
Pre 2004: R 3:55.20		1996	S. Bognar-Confederation	
Name	Year	School	Finals	Points

1	Jonathon Hallett	Myer, A.N.	4:40.70
2	Star Jackman	Crossley	4:52.52
3	Greg Langstaff	Crossley	4:52.91
4	Bill Szolga	Myer, A.N.	4:59.30
5	Colin Avery	Eastdale SS	4:59.64
6	Adam Fyfe	Myer, A.N.	5:01.63
7	Chris Dilts	Crossley	5:19.49
8	Marcin Chmura	Notre Dame C	5:21.32
9	Yao-Ting Wu	Land, Robert	5:23.54
10	Mike Seliske	Notre Dame C	5:27.77
11	Nick Ward	Notre Dame C	5:31.52
12	Mark Diosy	Land, Robert	5:34.10
13	Adam Genery	Cayuga Ss-Ca	5:36.28
14	Dan Kinzel	Cayuga Ss-Ca	5:39.56
15	Sean Styles	St. Paul HS	5:51.59

Event 75 Women 3000 Meter Run Senior

Zone III: R 11:48.27 2004/05/11 Chelsea Rodriguez, Crossley				
Pre 2004: R 10:22.30 1990 B. Gras-A.N. Myer				
Name	Year	School	Finals	Points
1	Marlaina Meinzinger	Centennial S	11:48.66	
2	Chelsey Nicholas	Hagersville	12:29.30	
3	Amanda Wong	Myer, A.N.	14:05.05	
4	Kyla Flagg	Myer, A.N.	14:11.17	
5	Heather Lovell	Myer, A.N.	14:57.48	

Event 76 Men 3000 Meter Run Senior

Zone III: R 9:54.24 2004/05/11 Matt Delisle, Myer, A.N.				
Pre 2004: R 8:51.10 1996 J. Burdon-A.N. Myer				
Name	Year	School	Finals	Points
1	Ben Cooper	St. Paul HS	10:15.97	
2	Marc Thebaud	Ridge-Cr HS	10:17.83	
3	Jonathon Hallett	Myer, A.N.	10:21.13	
4	Greg Langstaff	Crossley	10:25.57	
5	Mike McRae	St. Paul HS	10:34.73	
6	Colin Avery	Eastdale SS	10:38.56	
7	Bill Szolga	Myer, A.N.	10:50.94	
8	Adam Fyfe	Myer, A.N.	10:55.75	
9	Peter Jackiewicz	Myer, A.N.	11:08.46	
10	Mark Diosy	Land, Robert	11:12.70	
11	Adam Genery	Cayuga Ss-Ca	12:21.52	

Event 77 Women 100 Meter Hurdles Senior

Zone III: R 15.75 2005/05/10 Valerie Kozina, St. Paul HS				
Pre 2004: R 15.80 1996 J. Galambos-Centennial				
Name	Year	School	Prelims	H#
Preliminaries				
1	Valerie Kozina	St. Paul HS	R 15.29Q	1
2	Kristy Mackiel	Notre Dame C	15.93Q	2
3	Abbie Lymburner	Crossley	R 15.34q	1

4	Riisa Mikkelsaar	Crossley	17.20q	1
5	Stephanie Harris	Cayuga Ss-Ca	19.62q	1
6	Karley Blair	Crossley	19.81q	2
7	Angela Dawdy	Ridge-Cr HS	20.04q	2
8	Katelynn Pasquino	Myer, A.N.	20.65q	2
9	Lise Kiefer	Cayuga Ss-Ca	20.74	2
10	Stacey Thompson	McKinnon Par	20.78	2
11	Candace Swanson	Eastdale SS	23.61	1

Event 77 Women 100 Meter Hurdles Senior

=====				
Zone III:	R 15.75	2005/05/10	Valerie Kozina, St. Paul HS	
Pre 2004:	R 15.80	1996	J. Galambos-Centennial	
Name		Year School	Finals	Points
=====				

Finals

1	Abbie Lymburner	Crossley	15.29R	
2	Valerie Kozina	St. Paul HS	15.35R	
3	Kristy Mackiel	Notre Dame C	15.45R	
4	Riisa Mikkelsaar	Crossley	17.64	
5	Stephanie Harris	Cayuga Ss-Ca	19.48	
6	Angela Dawdy	Ridge-Cr HS	19.56	
7	Karley Blair	Crossley	20.55	

Event 78 Men 110 Meter Hurdles Senior

=====				
Zone III:	R 16.90	2005/05/10	Jake Gibson, Ridge-Cr HS	
Pre 2004:	R 15.00	1985	G. Fazio-Niagara Falls Cvi	
Name		Year School	Finals	Points
=====				

1	Jake Gibson	Ridge-Cr HS	17.66	
2	Zach Fisher	Crossley	19.97	
3	Ryan Warner	Eastdale SS	21.08	
4	Paul Jaroslawski	Eastdale SS	22.34	
5	James Newman	Centennial S	22.67	
6	Nik Coutinho	Crossley	22.74	
7	Jonathan Levesque	Cayuga Ss-Ca	24.43	

Event 79 Women 400 Meter Hurdles Senior

=====				
Zone III:	R 1:13.90	2005/05/10	Lisa Grierson, Westlane	
Pre 2004:	R 1:09.10	1985	L. Weaver-Niagara Falls Cvi	
Name		Year School	Finals	Points
=====				

1	Kristy Mackiel	Notre Dame C	1:11.51R	
2	Liz Gooderham	Ridge-Cr HS	1:16.33	
3	Megan Eberly	Ridge-Cr HS	1:22.62	
4	Denise Elliott	McKinnon Par	1:24.05	
5	Michelle Michael	Ridge-Cr HS	1:32.88	

Event 80 Men 400 Meter Hurdles Senior

=====				
Zone III:	R 1:01.05	2005/05/10	Scott Mills, Crossley	
Pre 2004:	R 57.80	1996	H. Alexander-Thorold High	
Name		Year School	Finals	Points
=====				

1	Jake Gibson	Ridge-Cr HS	1:02.11	
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2	Jordan Bartol	Westlane	1:02.33
3	Zach Fisher	Crossley	1:06.59
4	Chris Winger	Crossley	1:08.87
5	Paul Jaroslowski	Eastdale SS	1:16.87

Event 81 Women High Jump Senior

=====				
Zone III: R 1.73m 2004/05/11 Leanne Pare, Jean Vanier				
Pre 2004: R 1.60m 1986 M. Pellerin-Westlane				
Name	Year	School	Finals	Points
=====				
1	Abbie Lymburner	Crossley	1.65mR	
2	Chelsey Nicholas	Hagersville	1.40m	
2	Ashley Rosetto	Notre Dame C	1.40m	
2	Kaysea Toy	St. Michael	1.40m	
5	Holly Lovell	Myer, A.N.	J1.40m	
6	Jen Lamb	Ridge-Cr HS	1.30m	
7	Sara Jefferson	Lakeshore CH	1.25m	

Event 82 Men High Jump Senior

=====				
Zone III: R 1.90m 2004/05/11 Nathan Bush, Ridge-Cr HS				
Pre 2004: R 2.00m 1980 J. Zareski-Notre Dame				
Name	Year	School	Finals	Points
=====				
1	Steve Fox	McKinnon Par	1.80m	
2	Matt Burlak	Myer, A.N.	1.75m	
3	David Canavan	St. Paul HS	1.70m	
4	Mike Luchetta	Ridge-Cr HS	J1.70m	
5	Derek Sutherland	Jean Vanier	J1.70m	
6	Brad Atkinson	Crossley	1.65m	
7	Jacob Winger	Niagara Coll	J1.65m	
8	Greg Golenia	St. Paul HS	1.60m	
8	Nik Coutinho	Crossley	1.60m	
8	Joel Armstrong	Niagara Coll	1.60m	
11	Paul Sonier	St. Paul HS	J1.60m	
12	Bryan Kennedy	Crossley	1.55m	
13	Devon Wilson	Cayuga Ss-Ca	J1.55m	
14	Justin Barnes	Ridge-Cr HS	1.50m	
14	Chris Pantan	Ridge-Cr HS	1.50m	

Event 83 Women Pole Vault Senior

=====				
Zone III: R 2.15m 2005/05/10 Kayla Venturini, Ridge-Cr HS				
Name	Year	School	Finals	Points
=====				
1	Chelsey Nicholas	Hagersville	2.55mR	
2	Janine Wassenaar	Crossley	2.05m	
3	Marlee Wurster	Ridge-Cr HS	J2.05m	
4	Karley Blair	Crossley	1.90m	
5	Brittani Nieuwesteeg	Crossley	J1.90m	
6	Susie Freeman	Crossley	J1.90m	

Event 84 Men Pole Vault Senior

=====				
Zone III: R 3.75m 2005/05/10 James Kent, Ridge-Cr HS				
Pre 2004: R 4.25m 2003/05/13 Jason Wurster, Ridge-Cr HS				

Name	Year	School	Finals	Points
=====				
1	Todd	Krupa	Ridge-Cr HS	3.90mR
2	Kyle	Tomasello	Ridge-Cr HS	3.55m
3	Adam	Rudd	Ridge-Cr HS	3.40m
4	Daniel	Ammendolia	Notre Dame C	3.25m
5	Trent	Minor	Crossley	J3.25m
6	Jacob	Stallwood	Hagersville	3.10m
7	Caleb	Mackenzie	Ridge-Cr HS	2.60m
7	Nik	Coutinho	Crossley	2.60m

Event 85 Women Long Jump Senior

=====				
Zone III: R 4.91m 2005/05/10 Abbie Lymburner, Crossley				
Pre 2004: R 5.55m 1996 J. Galambos-Centennial				
Name	Year	School	Finals	Points
=====				
1	Abbie	Lymburner	Crossley	4.77m
2	Pearl	Leung	Westlane	4.51m
3	Sonja	Dancevic	St. Paul HS	4.47m
4	Christa	Howe	Westlane	4.45m
5	Janine	Wassenaar	Crossley	4.35m
6	Alyssa	Clarke	Fort Erie SS	4.30m
7	Chelsea	Ashworth	Fort Erie SS	4.03m
8	Danielle	Arnold	Cayuga Ss-Ca	3.78m
9	Jill	Veldhuizen	Crossley	3.76m
10	Candace	Swanson	Eastdale SS	3.70m
11	Kayla	Iannone	St. Paul HS	3.60m
12	Karen	Tembo	Fort Erie SS	3.00m
13	Caroline	Tembo	Fort Erie SS	2.63m

Event 86 Men Long Jump Senior

=====				
Zone III: R 6.41m 2005/05/10 Tristan Woodburn, Westlane				
Pre 2004: R 6.78m 1968 R. Miskloczi-Ridgeway-Crystal Beach				
Name	Year	School	Finals	Points
=====				
1	Tristan	Woodburn	Westlane	6.46mR
2	Mark	Tian	Stamford Cvi	6.39m
3	Steve	Fox	McKinnon Par	5.85m
4	Ben	Peters	Myer, A.N.	5.65m
5	Graham	Hay	Crossley	5.63m
6	Jason	Peng	Stamford Cvi	5.56m
7	Joel	Armstrong	Niagara Coll	5.47m
8	Jon	Weerdenburg	McKinnon Par	5.42m
9	Alan	Calder	Centennial S	5.30m
10	Adam	Rudd	Ridge-Cr HS	5.19m
11	Michael	Vanderende	Eastdale SS	5.15m
12	Ian	McCormick	Niagara Coll	5.08m
13	Derek	Sutherland	Jean Vanier	5.04m
14	Kevin	Sinclair	Ridge-Cr HS	4.98m
15	Eric	Kline	Cayuga Ss-Ca	4.90m
15	Henry	Chen	Stamford Cvi	4.90m
17	Corey	Daniels	Cayuga Ss-Ca	4.87m
17	Steve	Walker	Cayuga Ss-Ca	4.87m
19	Blair	Holinaty	Crossley	4.81m
20	Brad	Atkinson	Crossley	4.65m

21 Kyle Wegelin

St. Paul HS

4.60m

Event 87 Women Triple Jump Senior

Zone III: R 9.44m 2004/05/11 Sara Flowers, Eastdale SS

Pre 2004: R 10.78m 2002/05/15 Julie Noyes, Lakeshore CH

Name	Year	School	Finals	Points
1 Pearl Leung		Westlane	9.54mR	
2 Christa Ohowe		Westlane	9.49mR	
3 Alyssa Clarke		Fort Erie SS	9.30m	
4 Karley Blair		Crossley	8.81m	
5 Kristina Dancevic		St. Paul HS	8.66m	
6 Jill Veldhuizen		Crossley	8.62m	
7 Michelle Michael		Ridge-Cr HS	8.51m	
8 Stephanie Harris		Cayuga Ss-Ca	8.31m	
9 Danielle Arnold		Cayuga Ss-Ca	7.89m	
10 Denise Elliott		McKinnon Par	7.82m	
11 Torri Luchyshyn		Eastdale SS	7.75m	

Event 88 Men Triple Jump Senior

Zone III: R 12.55m 2005/05/10 Tristan Woodburn, Westlane

Pre 2004: R 13.84m 1977 T. Rigg-A.N. Myer

Name	Year	School	Finals	Points
1 Tristan Woodburn		Westlane	12.76mR	
2 Steve Fox		McKinnon Par	12.60mR	
3 Jason Peng		Stamford Cvi	12.36m	
4 Jon Weerdenburg		McKinnon Par	11.79m	
5 David Canavan		St. Paul HS	11.62m	
6 Everett Bokma		Crossley	11.28m	
7 Steve Walker		Cayuga Ss-Ca	11.17m	
8 Joe Veloce		Notre Dame C	10.97m	
9 Kyle Tomasello		Ridge-Cr HS	10.87m	
10 Corey Daniels		Cayuga Ss-Ca	10.77m	
11 Michael Vanderende		Eastdale SS	10.64m	
12 Bryan Kennedy		Crossley	10.60m	
13 Joel Armstrong		Niagara Coll	10.55m	
14 Graham Hay		Crossley	10.36m	
15 Blair Holinaty		Crossley	9.63m	

Event 89 Women Shot Put Senior

Zone III: R 9.09m 2005/05/10 Erin Varga, Stamford CVI

Pre 2004: R 12.69m 1968 J. Haist-Pelham High

Name	Year	School	Finals	Points
1 Liz McKenney		Eastdale SS	9.17mR	
2 Erin Varga		Stamford Cvi	9.00m	
3 Lindsay Plugers		Notre Dame C	8.63m	
4 Cara Marcantonio		Eastdale SS	8.58m	
5 Sara Norman		Port Colborn	8.11m	
6 Sarah Holmes		Cayuga Ss-Ca	8.02m	
7 Stephanie Harris		Cayuga Ss-Ca	7.65m	
8 Brittani Nieuwesteeg		Crossley	7.04m	
9 Katie Brewster		Dunnville SS	6.98m	

10	Carolyn Booker	Dunnville SS	6.94m
11	Anam Siddiqui	Eastdale SS	6.79m
12	Rachael McKellar	Cayuga Ss-Ca	6.41m
13	Shelbi Robson	Crossley	6.17m
14	Chantelle Otterman	Cayuga Ss-Ca	6.16m
15	Winki Tsang	Niagara Coll	5.36m
16	Tracy Ng	Niagara Coll	5.29m
17	Frankie Agosta	Lakeshore CH	4.83m
18	Laura MacLean	Crossley	4.39m

Event 90 Men Shot Put Senior

=====				
Zone III: R 14.79m		2005/05/10	Mark Young, Crossley	
Pre 2004: R 17.65m		2003/05/13	David Adamek, Ridge-Cr HS	
Name	Year	School	Finals	Points
=====				
1	Nick Woehl	Ridge-Cr HS	12.74m	
2	Ricky Savage	Port Colborn	12.28m	
3	Troy Sider	Ridge-Cr HS	J12.28m	
4	Wesley Zuidersma	Crossley	12.11m	
5	Nic Barron	Centennial S	12.09m	
6	Josh Bitner	Crossley	11.99m	
7	Ryan Warner	Eastdale SS	11.61m	
8	Nathan Ellis	Notre Dame C	11.57m	
9	Richie Bottenfield	Eastdale SS	10.81m	
10	Steve Molnar	Crossley	10.71m	
11	Adam Pelchat	Jean Vanier	9.32m	
12	Cory Sacco	Notre Dame C	9.24m	
13	Giorgio Dipaola	St. Michael	9.20m	
14	Scot Kiefer	Cayuga Ss-Ca	8.94m	
15	Shawn Gifford	Niagara Coll	8.78m	
16	Armand Bacchus	Land, Robert	6.74m	

Event 91 Women Discus Throw Senior

=====				
Zone III: R 31.91m		2005/05/10	Erin Varga, Stamford CVI	
Pre 2004: R 41.58m		1967	J. Haist-Pelham High	
Name	Year	School	Finals	Points
=====				
1	Cara Marcantonio	Eastdale SS	34.54mR	
2	Erin Varga	Stamford Cvi	32.69mR	
3	Anam Siddiqui	Eastdale SS	22.18m	
4	Janelle de Waard	Niagara Coll	21.02m	
5	Jessica West	Centennial S	20.75m	
6	Brittany Carovillano	Notre Dame C	20.43m	
7	Sarah Holmes	Cayuga Ss-Ca	19.17m	
8	Robbilyn Parker	Crossley	18.67m	
9	Katie Histrop	Eastdale SS	16.83m	
10	Katie Webb	Cayuga Ss-Ca	16.45m	
11	Denise Elliott	McKinnon Par	15.66m	
12	Chantelle Otterman	Cayuga Ss-Ca	15.15m	
13	Samantha Cunningham	Stamford Cvi	14.87m	
14	Rachael McKellar	Cayuga Ss-Ca	14.80m	
15	Shelbi Robson	Crossley	14.45m	
16	Laura MacLean	Crossley	14.21m	
17	Amy Sidhu	Crossley	7.06m	

Event 92 Men Discus Throw Senior

=====				
Zone III: R 48.39m 2005/05/10 Mark Young, Crossley				
Pre 2004: R 49.30m 2003/05/13 David Adamek, Ridge-Cr HS				
Name	Year	School	Finals	Points
=====				
1 Troy Sider		Ridge-Cr HS	42.91m	
2 Nick Woehl		Ridge-Cr HS	35.23m	
3 Nathan Ellis		Notre Dame C	33.60m	
4 Adam Mealing		Ridge-Cr HS	32.69m	
5 Trent Minor		Crossley	32.43m	
6 Nic Barron		Centennial S	31.36m	
7 Wesley Zuidersma		Crossley	31.21m	
8 Ryan Reniewick		Hagersville	30.04m	
9 Ricky Savage		Port Colborn	29.84m	
10 Josh Bitner		Crossley	28.13m	
11 Coty-Lee Robins		Centennial S	27.32m	
12 Steve Molnar		Crossley	27.18m	
13 JaaDee Moerman		Cayuga Ss-Ca	22.55m	
14 Chris Trivieri		Notre Dame C	22.20m	
15 Scot Kiefer		Cayuga Ss-Ca	21.10m	
16 Ryan Rewutzsky		Cayuga Ss-Ca	20.75m	
17 Mike Arnold		Cayuga Ss-Ca	20.60m	
18 Armand Bacchus		Land, Robert	16.60m	

Event 93 Women Javelin Throw Senior

=====				
Zone III: R 31.52m 2005/05/10 Jill Dominey, Crossley				
Pre 2004: R 32.19m 2001 C. Thomas-Port Colborne High				
Name	Year	School	Finals	Points
=====				
1 jessica Cairns		Ridge-Cr HS	31.00m	
2 Katie Histrop		Eastdale SS	25.23m	
3 Robbilyn Parker		Crossley	24.52m	
4 Katie Webb		Cayuga Ss-Ca	23.36m	
5 Sarah Holmes		Cayuga Ss-Ca	22.48m	
6 Emily Rotella		St. Paul HS	22.04m	
7 Jessica West		Centennial S	21.38m	
8 Chelsea Johnston		Notre Dame C	21.17m	
9 Janelle de Waard		Niagara Coll	21.05m	
10 Sarah Mallen		Notre Dame C	19.08m	
11 Brittani Nieuwesteeg		Crossley	18.20m	
12 Riisa Mikkelsaar		Crossley	17.56m	
13 Torri Luchyshyn		Eastdale SS	17.46m	
14 Anam Siddiqui		Eastdale SS	16.31m	
15 Samantha Cunningham		Stamford Cvi	15.39m	
16 Laura MacLean		Crossley	12.20m	

Event 94 Men Javelin Throw Senior

=====				
Zone III: R 48.64m 2005/05/10 John Beck, Notre Dame C				
Pre 2004: R 52.50m 2000 R. Tomlinson-Crossley				
Name	Year	School	Finals	Points
=====				
1 John Beck		Notre Dame C	52.45mR	
2 Jesse Lofthouse		Niagara Coll	43.63m	
3 Yosef Molakandov		Cayuga Ss-Ca	42.21m	

4	Christian Berketo	Ridge-Cr HS	39.81m
5	Corey Daniels	Cayuga Ss-Ca	39.51m
6	Coty-Lee Robins	Centennial S	39.27m
7	Nathan Beach	Ridge-Cr HS	38.44m
8	Nathan Ellis	Notre Dame C	38.09m
9	Mike Luchetta	Ridge-Cr HS	36.43m
10	Ricky Savage	Port Colborn	35.20m
11	Richie Bottenfield	Eastdale SS	35.03m
12	Mike Arnold	Cayuga Ss-Ca	34.71m
13	Steve Molnar	Crossley	34.17m
14	Josh Bitner	Crossley	34.10m
15	Troy Sider	Ridge-Cr HS	33.90m
16	Ashton Dell	Notre Dame C	33.87m
17	Alan Calder	Centennial S	33.77m
18	Jordan Martin	St. Paul HS	31.84m
19	Adam Bail	Ridge-Cr HS	30.74m
20	Sébastien Garner	Jean Vanier	29.93m
21	Anthony Zanchin	Lakeshore CH	29.44m
22	Scott Dutchyn	St. Paul HS	28.06m
23	Cory Sacco	Notre Dame C	27.28m
24	JaaDee Moerman	Cayuga Ss-Ca	27.23m
25	Jason Francis	Crossley	26.70m
26	Brett Bradmore	St. Michael	24.02m
27	Ranier Bustamante	St. Michael	20.67m
28	Jacob Stallwood	Hagersville	13.92m

Event 95 Women 4x100 Meter Relay Senior

=====			
Zone III: R 52.25 2004/05/11 Notre Dame College, Notre Dame C			
T Elliot, B Sensabaugh, K Mackiel, J Gallianoardo			
Pre 2004: R 52.60 1996 Crossley			
School		Finals	Points
=====			
1	Notre Dame College 'A'	53.82	
2	E. L. Crossley S S 'A'	53.91	
3	A.N. Myer S S 'A'	54.28	
4	St. Paul H S 'A'	54.56	
5	Ridgeway-Crystal Beach 'A'	55.14	
6	Cayuga S S 'A'	57.92	
7	Fort Erie S S 'A'	1:05.40	

Event 96 Men 4x100 Meter Relay Senior

=====			
Zone III: R 45.83 2005/05/10 E. L. Crossley S S, Crossley			
Pre 2004: R 45.40 1997 A.N. Myer			
School		Finals	H# Points
=====			
1	St. Michael H S 'A'	45.68R	1
2	Westlane S S 'A'	46.25	1
3	Ridgeway-Crystal Beach 'A'	46.31	1
4	E. L. Crossley S S 'A'	46.42	1
5	St. Paul H S 'A'	46.91	2
6	A.N. Myer S S 'A'	47.31	2
7	Notre Dame College 'A'	50.29	2

Event 97 Women 1500 Meter Steeplechase Open

=====

Zone III: R 5:45.00 2004/05/11 Chelsea Rodriguez, Crossley
 Name Year School Finals Points
 =====
 1 Julie Falsetti Crossley 11:11.11

Event 98 Men 2000 Meter Steeplechase Open

=====

Zone III: R 6:49.86 2005/05/10 Andrew West, Port Colborn
 Pre 2004: R 6:11.00 1995 B. Jesseau-Confederation
 Name Year School Finals Points
 =====

1	Ben Cooper	St. Paul HS	7:05.38
2	Jonathon Hallett	Myer, A.N.	7:24.35
3	Marc Thebaud	Ridge-Cr HS	7:33.18
4	Mike McRae	St. Paul HS	7:45.26
5	Andrew Spadzinski	Niagara Coll	7:53.71
6	Steven Roy	Notre Dame C	7:58.94
7	Ryan Knisley	Jean Vanier	8:06.38
8	Joe Wunder	Lakeshore CH	8:17.61
9	Mike Seliske	Notre Dame C	8:34.63
10	Ian Visser	Crossley	8:38.51

Event 99 Women 4x400 Meter Relay Open

=====

Zone III: R 4:36.08 2005/05/10 E. L. Crossley S S, Crossley
 Pre 2004: R 4:23.00 1981 Crossley
 School Finals Points
 =====

1	E. L. Crossley S S 'A'	4:52.13
2	A.N. Myer S S 'A'	5:26.68

Event 100 Men 4x400 Meter Relay Open

=====

Zone III: R 3:43.73 2005/05/10 E. L. Crossley S S, Crossley
 Pre 2004: R 3:32.86 2003/05/13 E. L. Crossley S S, Crossley
 S Mills, A Stokes, P Young, J Zwier
 School Finals Points
 =====

1	E. L. Crossley S S 'A'	3:46.82
2	Westlane S S 'A'	3:58.15
3	Fort Erie S S 'A'	4:02.41
4	A.N. Myer S S 'A'	4:48.16

Event 105 Women 800 Meter Dash Wheelchair

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Name	Year School	Finals Points
1 Natasha Southwell	Crossley	6:15.93

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