

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Girls Pole Vault Midget**

	Name	School	Finals	Points
Finals				
1	Hunt, Makiah	St. Michael H S	2.60m	6
2	Skulj, LeeAnn	Centennial S S	2.45m	4
3	Osterlund, Cassie	E. L. Crossley S S	J2.45m	3
4	Palmer, Shelby	Ridgeway-Crystal Beach	2.30m	2
5	Shimmon, Megan	Laura Secord S S	1.55m	1
---	Simpson, Zahra	Laura Secord S S	NH	

Women 100 Meter Dash Midget

	Name	School	Prelims	H#
Preliminaries				
1	Brenzil, Alexis	Centennial S S	12.90 Q	1
2	Vanzanten, Viktoria	Heritage Christian School	12.94 Q	2
3	Brownell, Nicole	Ancaster High	13.25 Q	2
4	Winter, Sophia	Hamilton District	13.26 Q	1
5	Dubois, Marissa	Westdale	13.28 q	2
6	Donoff, Kelly	Highland	13.52 q	2
7	Daniel, Emilie	Governor Simcoe S S	13.63 q	1
8	Wilson, Erica	E. L. Crossley S S	13.70 q	1
9	Heslop, Jessie	Highland	13.86	1
10	Gamble, Emily	Port Colborne H S	14.02	2
11	Knox, Niamh	E. L. Crossley S S	14.05	1
12	Greco, Jenna	St. Paul H S	14.11	2
13	Craig, Miranda	Blessed Trinity H S	14.19	2
14	Szabo, Ally	Blessed Trinity H S	14.23	2
15	Conway, Jade	Holy Cross H S	14.51	1

Women 100 Meter Dash Midget

	Name	School	Finals	Points
Finals				
1	Vanzanten, Viktoria	Heritage Christian School	12.72	6
2	Brenzil, Alexis	Centennial S S	12.82	4
3	Brownell, Nicole	Ancaster High	13.03	3
4	Dubois, Marissa	Westdale	13.18	2
5	Winter, Sophia	Hamilton District	13.27	1
6	Donoff, Kelly	Highland	13.36	
7	Daniel, Emilie	Governor Simcoe S S	13.53	
8	Wilson, Erica	E. L. Crossley S S	13.66	

Women 200 Meter Dash Midget

	Name	School	Finals	H#	Points
Finals					
1	Vanzanten, Viktoria	Heritage Christian School	26.62	2	6
2	Lougheed, Jasmine	Laura Secord S S	26.90	2	4
3	Brownell, Nicole	Ancaster High	27.38	2	3
4	Dubois, Marissa	Westdale	28.11	2	2
5	Rodriques, Abegale	Centennial S S	28.18	2	1
6	Donoff, Kelly	Highland	28.39	2	
7	Daniel, Emilie	Governor Simcoe S S	28.53	2	
8	McLeod, Megan	St. Paul H S	28.68	1	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women 200 Meter Dash Midget)**

	Name	School	Finals	H#	Points
9	Spadzinski, Jacquelyn	A.N. Myer S S	28.76	1	
10	Balvers, Mara	Westdale	28.94	1	
11	Coburn, Sarah	Denis Morris H S	29.34	1	
12	Wilson, Erica	E. L. Crossley S S	29.47	2	
13	Gibson, Jane	E. L. Crossley S S	29.71	1	
14	Smith, Madeleine	Sir Winston Churchill S S	30.50	1	

Women 400 Meter Dash Midget

	Name	School	Finals	H#	Points
Finals					
1	Smith, Jenna	Highland	57.80	2	6
2	Hewitt, Chloe	Westdale	1:00.58	2	4
3	Lougheed, Jasmine	Laura Secord S S	1:02.16	2	3
4	Thomson, Kennedy	Sir Winston Churchill S S	1:02.83	2	2
5	Sonnenberg, Mikayla	Laura Secord S S	1:02.90	2	1
6	McLeod, Megan	St. Paul H S	1:03.87	2	
7	Burke, Julia	E. L. Crossley S S	1:04.56	2	
8	Maidens, Breanne	Ridgeway-Crystal Beach	1:05.73	1	
9	Thomson, Taylor	Blessed Trinity H S	1:06.63	1	
10	Whitmore, Nicole	Westdale	1:07.30	2	
11	Gibson, Jane	E. L. Crossley S S	1:07.51	1	
12	DeJong, Laura	Hamilton District	1:08.85	1	
13	Parent, Rhianna	Highland	1:09.71	1	
14	Coburn, Sarah	Denis Morris H S	1:10.38	1	
15	Garside, Kaitlin	Dunnville S S	1:19.89	1	

Women 800 Meter Run Midget

	Name	School	Finals	H#	Points
Finals					
1	Thomson, Kennedy	Sir Winston Churchill S S	2:23.93	2	6
2	Smith, Jenna	Highland	2:23.99	2	4
3	Hewitt, Chloe	Westdale	2:26.65	2	3
4	Buckridge, Jasmine	Westdale	2:29.43	2	2
5	Vanderbrugghen, Beth	Guido de Bres	2:34.46	2	1
6	Waddington, Emma	Westdale	2:35.65	2	
7	Baker, Kayla	Blessed Trinity H S	2:42.15	1	
8	Sherk, Tessa	E. L. Crossley S S	2:42.44	2	
9	Fast, Kylie	E. L. Crossley S S	2:45.99	2	
10	Miller, Rachel	Eden High School	2:53.19	1	
11	Boc, Megan	Notre Dame College	2:59.64	1	
11	Hagopian, Selena	St. Francis S S	2:59.64	1	
13	McKee, Courtney	Lakeshore C H S	3:09.41	1	
---	Reddon, Alexandra	Lakeshore C H S	DNF	1	

Women 1500 Meter Run Midget

	Name	School	Finals	Points
Finals				
1	Buckridge, Jasmine	Westdale	5:08.32	6
2	Vanderbrugghen, Beth	Guido de Bres	5:18.66	4
3	Dehghan, Camille	Ancaster High	5:24.08	3

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women 1500 Meter Run Midget)**

	Name	School	Finals	Points
4	Thomson, Taylor	Blessed Trinity H S	5:29.22	2
5	Sherk, Tessa	E. L. Crossley S S	5:29.44	1
6	Baker, Kayla	Blessed Trinity H S	5:36.02	
7	Fast, Kylie	E. L. Crossley S S	5:38.91	
8	Incretolli, Sarah	Saltfleet	5:46.36	
9	Reddon, Alexandra	Lakeshore C H S	6:00.73	
10	Garisto, olivia	St. Paul H S	6:01.21	
11	Schipper, Cassie	Guido de Bres	6:01.52	
12	Boc, Megan	Notre Dame College	6:09.95	

Women 3000 Meter Run Midget

	Name	School	Finals	Points
Finals				
1	Langelaan, Rachel	Blessed Trinity H S	12:01.35	6
2	Dehghan, Camille	Ancaster High	12:18.78	4
3	Incretolli, Sarah	Saltfleet	12:31.50	3
4	Mostert, Bethany	Hamilton District	12:34.43	2
5	Leduc, Jazmine	Jean Vanier E S	13:02.11	1
---	McKee, Courtney	Lakeshore C H S	DNF	

Women 80 Meter Hurdles Midget

	Name	School	Prelims	H#
Preliminaries				
1	Stenekes, Brittany	Parkside	12.69 Q	2
2	Bolton, Abby	Ridgeway-Crystal Beach	12.79 Q	1
3	Lougheed, Jasmine	Laura Secord S S	13.08 Q	2
4	Rodriques, Abegale	Centennial S S	13.29 Q	1
5	Langelaan, Rachel	Blessed Trinity H S	13.37 q	2
6	Stanga, Rachel	Westdale	13.46 q	1
7	Watters, Lauren	Blessed Trinity H S	14.09 q	1
8	Saulnier, Danielle	Grimsby D S S	14.30 q	2
9	Laufer, Chelsea	Sir Allan MacNab	14.49	2
10	Takacs, Jill	E. L. Crossley S S	14.89	1
11	Sipos, Amanda	Blessed Trinity H S	15.00	2
12	Palmer, Shelby	Ridgeway-Crystal Beach	15.14	2
13	Burke, Julia	E. L. Crossley S S	15.21	1
14	Nickel, Georgia	Highland	15.27	1
15	Bos, Taylor	Guido de Bres	16.38	1

Women 80 Meter Hurdles Midget

	Name	School	Finals	Points
Finals				
1	Stenekes, Brittany	Parkside	12.60	6
2	Bolton, Abby	Ridgeway-Crystal Beach	12.72	4
3	Lougheed, Jasmine	Laura Secord S S	13.18	3
4	Langelaan, Rachel	Blessed Trinity H S	13.54	2
5	Stanga, Rachel	Westdale	13.63	1
6	Watters, Lauren	Blessed Trinity H S	14.38	
7	Saulnier, Danielle	Grimsby D S S	14.49	
---	Rodriques, Abegale	Centennial S S	DNF	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Women 300 Meter Hurdles Midget**

	Name	School	Finals	H#	Points
Finals					
1	Stenekes, Brittany	Parkside	48.51	2	6
2	Bolton, Abby	Ridgeway-Crystal Beach	50.32	2	4
3	Saulnier, Danielle	Grimsby D S S	51.64	2	3
4	Nickel, Georgia	Highland	52.09	2	2
5	Burke, Julia	E. L. Crossley S S	52.17	2	1
6	Meeboer, Julia	Beamsville D S S	52.92	2	
7	bernard, liz	South Lincoln H S	53.24	2	
8	Nichols, Heather	Highland	53.85	1	
9	Taylor, Mandy	Lakeshore C H S	55.58	1	
10	Sipos, Amanda	Blessed Trinity H S	55.74	1	
11	Sonnenberg, Mikayla	Laura Secord S S	56.13	2	
12	McIntyre, Victoria	Port Colborne H S	56.54	1	
13	Takacs, Jill	E. L. Crossley S S	57.53	1	

Women 4x100 Meter Relay Midget

	Team	Relay	Finals	H#	Points
Finals					
1	Westdale	A	54.87	2	6
	1) Dubois, Marissa	2) Gardner, Ariel	4) Stanga, Rachel		
2	Highland	A	55.61	2	4
	1) Nichols, Heather	2) Donoff, Kelly	3) Nickel, Georgia	4) Heslop, Jessie	
3	E. L. Crossley S S	A	55.93	2	3
4	Grimsby D S S	A	56.72	2	2
	1) Saulnier, Danielle	2) Holodniuk, Rachel	3) Praleska, Diana	4) Weber, Alyssa	
5	Blessed Trinity H S	A	56.78	1	1
	1) Laus, Kylie	2) Szabo, Ally	3) Watters, Lauren	4) Craig, Miranda	
6	Hamilton District	A	57.02	1	
7	Ridgeway-Crystal Beach	A	57.03	2	
8	Lakeshore C H S	A	57.09	2	
9	Westmount	A	57.81	1	
	1) Khawaja, Marina	3) Daw, Kiara	4) Sacchetti, Michaela		
10	St. Paul H S	A	57.85	2	
11	Guido de Bres	A	58.35	1	
	1) Hutten, Jen	2) Bos, Taylor	3) Ligtenberg, Ashley	4) Vis, Michaela	
12	Denis Morris H S	A	58.40	2	
---	St. Catharines C I & V S	A	DQ	1	
	1) McFall, Tabbethia	2) Morris, Shaelynn	3) Rivera, Jennifer	4) Townsend, Kyla	
---	Smithville District C H S	A	DQ	1	

Women High Jump Midget

	Name	School	Finals	Points
Finals				
1	Kranics, Hailey	Lakeshore C H S	1.58m	6
2	Hunt, Makiah	St. Michael H S	1.50m	4
3	Rodriques, Abegale	Centennial S S	1.45m	3
4	Hamlyn, Olivia	Eden High School	J1.45m	2
5	Skulj, LeeAnn	Centennial S S	J1.45m	1
6	Daw, Kiara	Westmount	1.40m	
7	Post, Shayla	Guido de Bres	J1.40m	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women High Jump Midget)**

	Name	School	Finals	Points
7	Colling, Shannon	Blessed Trinity H S	J1.40m	
7	Post, Katarina	Guido de Bres	J1.40m	
10	Hewson, Alana	Smithville District C H S	1.35m	
10	Nichols, Heather	Highland	1.35m	
10	Bajzert, Kayla	Blessed Trinity H S	1.35m	
10	Winter, Sophia	Hamilton District	1.35m	
14	Sipos, Amanda	Blessed Trinity H S	1.30m	

Women Long Jump Midget

	Name	School	Finals	Points
Finals				
1	Gamble, Emily	Port Colborne H S	4.96m	6
2	Unrau, Ryleigh	Eden High School	4.90m	4
3	Stenekes, Brittany	Parkside	4.79m	3
4	Vanzanten, Viktoria	Heritage Christian School	4.72m	2
5	Dubois, Marissa	Westdale	4.63m	1
6	Bolton, Abby	Ridgeway-Crystal Beach	4.49m	
7	Brownell, Nicole	Ancaster High	J4.49m	
8	Maidens, Breanne	Ridgeway-Crystal Beach	4.44m	
9	Stanga, Rachel	Westdale	4.30m	
10	Saulnier, Danielle	Grimsby D S S	4.28m	
11	Benson, Emily	A.N. Myer S S	4.24m	
12	Spadzinski, Jacquelyn	A.N. Myer S S	4.22m	
13	Coburn, Sarah	Denis Morris H S	4.20m	
14	Balvers, Mara	Westdale	4.19m	
15	Conway, Jade	Holy Cross H S	4.15m	

Women Triple Jump Midget

	Name	School	Finals	Points
Finals				
1	Spadzinski, Jacquelyn	A.N. Myer S S	10.24m	6
2	Unrau, Ryleigh	Eden High School	10.11m	4
3	Gamble, Emily	Port Colborne H S	10.04m	3
4	Kranics, Hailey	Lakeshore C H S	9.87m	2
5	VanderWored, Esther	Hamilton District	9.21m	1
6	bernard, liz	South Lincoln H S	J9.21m	
7	Smith, Madeleine	Sir Winston Churchill S S	9.18m	
8	Corey, Alissa	Lakeshore C H S	9.15m	
9	Post, Shayla	Guido de Bres	8.61m	
10	Tenhage, Jess	Guido de Bres	8.48m	
11	Post, Katarina	Guido de Bres	8.47m	
12	VanReinsburg, Marisa	Smithville District C H S	8.31m	
13	Weber, Alyssa	Grimsby D S S	8.25m	
---	Magliocco, Jessica	Sir Winston Churchill	FOUL	

Women Shot Put Midget

	Name	School	Finals	Points
Finals				
1	Plute, Cassandra	Blessed Trinity H S	8.89m	6
2	Bridle, Danielle	Sir Winston Churchill S S	8.83m	4

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women Shot Put Midget)**

	Name	School	Finals	Points
3	Brenzil, Alexis	Centennial S S	8.58m	3
4	Stys, Tia	Holy Cross H S	8.27m	2
5	Mires, Sydney	Laura Secord S S	8.05m	1
6	Pluim, Alexis	Highland	7.98m	
7	Huffman, Mattie	Orchard Park	7.96m	
8	Fretz, Bethany-Anne	Fort Erie S S	7.91m	
9	Factor-Hamilton, Asia	St. Paul H S	7.67m	
10	Veenhof, Paige	Smithville District C H S	7.56m	
11	easter, Joelle	Waterdown	7.45m	
12	Brown, Gemma	Waterdown	7.37m	
13	Obidi, Ibukun	Saltfleet	7.03m	
14	Horvath, Savanna	Lakeshore C H S	6.65m	
15	Craig, Kayla	McKinnon Park H S	5.54m	

Women Discus Throw Midget

	Name	School	Finals	Points
Finals				
1	Plute, Cassandra	Blessed Trinity H S	27.08m	6
2	Quinn, Demi	Ridgeway-Crystal Beach	25.51m	4
3	Troupe, Shannon	Fort Erie S S	22.21m	3
4	Bridle, Danielle	Sir Winston Churchill S S	21.83m	2
5	Mires, Sydney	Laura Secord S S	21.05m	1
6	Fretz, Bethany-Anne	Fort Erie S S	20.40m	
7	Veenhof, Paige	Smithville District C H S	20.08m	
8	Bannerman, Rachel	Sir Winston Churchill S S	19.96m	
9	Moss, Jenna	Centennial S S	18.80m	
10	Elgersma, Kara	Guido de Bres	18.43m	
11	Pluim, Alexis	Highland	18.32m	
12	Tenhage, Jessica	Guido de Bres	17.50m	
13	Vanluven, Jami-lea	Ridgeway-Crystal Beach	16.76m	
14	Koopman, Emily	Hamilton District	15.84m	

Women Javelin Throw Midget

	Name	School	Finals	Points
Finals				
1	Brenzil, Alexis	Centennial S S	34.64m	6
2	Franko, Olivia	Holy Cross H S	29.41m	4
3	Lamour, Hope	Eden High School	28.51m	3
4	Skulj, LeeAnn	Centennial S S	27.94m	2
5	Bridle, Danielle	Sir Winston Churchill S S	26.47m	1
6	Greco, Jenna	St. Paul H S	22.95m	
7	Colling, Shannon	Blessed Trinity H S	21.92m	
8	Koopman, Emily	Hamilton District	21.79m	
9	Obidi, Ibukun	Saltfleet	21.30m	
10	Moss, Jenna	Centennial S S	20.77m	
11	Elgersma, Kara	Guido de Bres	20.31m	
12	Mires, Sydney	Laura Secord S S	19.97m	
13	Waters, Katrina	Fort Erie S S	17.23m	
14	Pluim, Alexis	Highland	16.83m	
---	easter, Joelle	Waterdown	FOUL	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Women 100 Meter Dash Junior**

Name	School	Prelims	H#
Preliminaries			
1 Rainford-Allen, Savanah	Denis Morris H S	12.90 Q	2
2 Butler, Kylie	E. L. Crossley S S	12.98 Q	1
3 Fontaine, Alysha	Jean Vanier E S	13.24 Q	2
4 Murray, Cassidy	Blessed Trinity H S	13.48 Q	1
5 Binotto, Monica	Ancaster High	13.46 q	2
6 Kerekesch, Katrina	Highland	13.50 q	1
7 Hill, Samantha	Saltfleet	13.68 q	2
8 Barichello, Daniella	Blessed Trinity H S	13.69 q	1
9 Davoli, Marquis	Notre Dame College	13.75	2
10 Kasiama, Jessica	Westdale	13.92	1
11 DelMundo, Rysa	St. Michael H S	13.93	1
12 DeVries, Samantha	Hamilton District	13.94	2
13 Kovac, Sara	Eden High School	14.06	1
14 Anyakwo, Chifum	Niagara Christian College	14.38	2
15 Othman, Lynda	Laura Secord S S	14.50	2

Women 100 Meter Dash Junior

Name	School	Finals	Points
Finals			
1 Rainford-Allen, Savanah	Denis Morris H S	12.78	6
2 Butler, Kylie	E. L. Crossley S S	12.97	4
3 Fontaine, Alysha	Jean Vanier E S	13.01	3
4 Murray, Cassidy	Blessed Trinity H S	13.22	2
5 Binotto, Monica	Ancaster High	13.28	1
6 Barichello, Daniella	Blessed Trinity H S	13.54	
7 Kerekesch, Katrina	Highland	13.60	
8 Hill, Samantha	Saltfleet	13.74	

Women 200 Meter Dash Junior

Name	School	Finals	H#	Points
Finals				
1 Rainford-Allen, Savanah	Denis Morris H S	26.09	2	6
2 Hemrica, Hailey	Sir Allan MacNab	27.18	2	4
3 DeVries, Samantha	Hamilton District	27.73	2	3
4 Johnston, Ryann	Highland	27.85	2	2
5 DelMundo, Rysa	St. Michael H S	28.32	1	1
6 Davoli, Marquis	Notre Dame College	28.76	2	
7 Bassie, Sierra	Hamilton District	28.98	1	
8 Barichello, Daniella	Blessed Trinity H S	29.15	2	
9 Janssen, Leigh	Westdale	29.32	2	
10 Scaringi, Felicia	St. Paul H S	29.59	1	
11 Jones, Krista	Blessed Trinity H S	29.79	2	
12 Julseth, Hannah	McKinnon Park H S	31.22	1	

Women 400 Meter Dash Junior

Name	School	Finals	H#	Points
Finals				
1 Johnston, Ryann	Highland	1:01.73	2	6
2 Hemrica, Hailey	Sir Allan MacNab	1:02.48	2	4

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women 400 Meter Dash Junior)**

	Name	School	Finals	H#	Points
3	Butler, Natalie	Westlane S S	1:04.18	2	3
4	Brent, Emily	Highland	1:06.02	2	2
5	Lapp, Mary	Ridgeway-Crystal Beach	1:07.24	2	1
6	Triveri, Alexandra	Holy Cross H S	1:09.66	1	
7	Pellow, Meghan	E. L. Crossley S S	1:10.26	2	
8	Thorkildsen, Katrina	Westmount	1:10.53	1	
9	Ayotte, Victoria	Jean Vanier E S	1:11.03	1	
10	Lefebvre, Mary	Jean Vanier E S	1:12.08	1	
11	Kurpe, Hannah	Blessed Trinity H S	1:13.06	2	
12	Westbrook, Courtney	Sir Winston Churchill S S	1:14.01	1	
13	Mazzarella, Karoline	Laura Secord S S	1:16.64	1	

Women 800 Meter Run Junior

	Name	School	Finals	H#	Points
Finals					
1	Waller, Simone	St. Michael H S	2:27.33	2	6
2	Brent, Emily	Highland	2:32.01	2	4
3	Lapp, Mary	Ridgeway-Crystal Beach	2:32.02	2	3
4	Swanborough, Brianne	Highland	2:36.81	2	2
5	Isbister, Elizabeth	Saltfleet	2:37.81	2	1
6	Randall, Ceili	Beamsville D S S	2:38.69	2	
7	McLachlan, Jordan	Governor Simcoe S S	2:42.38	2	
8	Sohi, Nikki	E. L. Crossley S S	2:45.35	2	
9	Lefebvre, Mary	Jean Vanier E S	2:48.76	1	
10	Bent, Michalla	Laura Secord S S	2:50.43	1	
11	Benner, Emily	Lakeshore C H S	2:51.69	1	
12	Thorkildsen, Katrina	Westmount	2:54.28	1	
13	MacQueen, Alexis	Saltfleet	2:54.77	1	
14	Lwesso, Annette	Grimsby D S S	2:55.15	1	

Women 1500 Meter Run Junior

	Name	School	Finals	Points
Finals				
1	Ryall, Stephanie	Westdale	4:47.29	6
2	Waller, Simone	St. Michael H S	4:59.08	4
3	Swanborough, Brianne	Highland	5:26.65	3
4	Kennedy, Maddy	Westdale	5:26.92	2
5	Jackson, Paige	Saltfleet	5:34.90	1
6	Sohi, Nikki	E. L. Crossley S S	5:43.09	
7	McLachlan, Jordan	Governor Simcoe S S	5:50.04	
8	Nieuwold, Kristen	Heritage Christian School	6:03.80	
9	Brasz, Faith	Heritage Christian School	6:03.89	
10	Khnanisho, Ramona	Denis Morris H S	6:04.75	
11	Ramirez, Samantha	Lakeshore C H S	6:04.98	
12	Cinq-Mars, Taylor	Westdale	6:09.64	
13	Lwesso, Annette	Grimsby D S S	6:12.54	
14	Ruegg, Nicole	Ridgeway-Crystal Beach	6:18.14	
15	Benner, Emily	Lakeshore C H S	6:24.51	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Women 3000 Meter Run Junior**

	Name	School	Finals	Points
Finals				
1	Ryall, Stephanie	Westdale	10:48.67	6
2	Kennedy, Maddy	Westdale	11:55.25	4
3	Barich, Rachel	Blessed Trinity H S	11:56.94	3
4	Ramirez, Samantha	Lakeshore C H S	13:10.79	2
5	Khnanisho, Ramona	Denis Morris H S	13:11.24	1
6	Brasz, Faith	Heritage Christian School	13:24.63	
7	Rocco, Chanell	A.N. Myer S S	14:34.38	
8	Benner, Emily	Lakeshore C H S	14:38.27	
9	Boisvert, Eliza	Lakeshore C H S	15:18.50	

Women 80 Meter Hurdles Junior

	Name	School	Prelims	H#
Preliminaries				
1	Nero, Emma	Centennial S S	12.39 Q	1
2	Butler, Kylie	E. L. Crossley S S	12.74 Q	2
3	Othman, Lynda	Laura Secord S S	13.22 Q	2
4	Binotto, Monica	Ancaster High	13.51 Q	1
5	Janssen, Leigh	Westdale	14.04 q	1
6	Tousaw, Victoria	Grimsby D S S	14.20 q	2
7	Mooradian, Katie	Sir Winston Churchill S S	14.47 q	2
8	Pellow, Meghan	E. L. Crossley S S	14.93 q	1
9	Hendriks, Ally	Blessed Trinity H S	15.11	1
10	Chin, Naomi	Waterdown	15.19	2
11	Crowe, Hailie	Beamsville D S S	15.53	2
12	Jackson, Paige	Saltfleet	15.99	1
13	Trudel, Darien	Saltfleet	16.18	1

Women 80 Meter Hurdles Junior

	Name	School	Finals	Points
Finals				
1	Nero, Emma	Centennial S S	12.32	6
2	Butler, Kylie	E. L. Crossley S S	12.65	4
3	Othman, Lynda	Laura Secord S S	13.20	3
4	Binotto, Monica	Ancaster High	13.29	2
5	Janssen, Leigh	Westdale	13.59	1
6	Tousaw, Victoria	Grimsby D S S	14.04	
7	Mooradian, Katie	Sir Winston Churchill S S	14.53	
8	Pellow, Meghan	E. L. Crossley S S	15.18	

Women 300 Meter Hurdles Junior

	Name	School	Finals	H#	Points
Finals					
1	Hemrica, Hailey	Sir Allan MacNab	49.33	2	6
2	Binotto, Monica	Ancaster High	49.47	2	4
3	Mooradian, Katie	Sir Winston Churchill S S	51.30	2	3
4	Isbister, Elizabeth	Saltfleet	52.18	2	2
5	Othman, Lynda	Laura Secord S S	52.42	2	1
6	Tousaw, Victoria	Grimsby D S S	53.29	1	
7	Glen, Regan	E. L. Crossley S S	54.05	2	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women 300 Meter Hurdles Junior)**

Name	School	Finals	H#	Points
8 Whitley, Kennedy	E. L. Crossley S S	54.33	1	
9 Pellow, Meghan	E. L. Crossley S S	55.38	1	
10 Westbrook, Courtney	Sir Winston Churchill S S	56.47	1	
11 Julseth, Hannah	McKinnon Park H S	57.32	2	
12 Hendriks, Ally	Blessed Trinity H S	58.54	1	
13 Bosch, Braelyn	Guido de Bres	59.90	1	

Women 4x100 Meter Relay Junior

Team	Relay	Finals	H#	Points
Finals				
1 Highland	A	53.28	2	6
1) Hopkins, Alyssa	2) Johnston, Ryann	3) Kerekesch, Katrina	4) Brent, Emily	
2 E. L. Crossley S S	A	53.37	2	4
3 Ancaster High	A	55.04	2	3
1) Binotto, Monica	2) Brownell, Nicole	3) Dehghan, Camille	4) Fung, Kennedy	
4 Hamilton District	A	55.49	2	2
5 Blessed Trinity H S	A	55.67	2	1
6 Eden High School	A	56.58	2	
1) Kovac, Sara	2) Loon, Taylor	3) Skirrow, Hannah	4) Unrau, Ryleigh	
7 McKinnon Park H S	A	58.79	2	
8 Westdale	A	1:00.23	1	
1) Janssen, Leigh	2) Kasiama, Jessica	3) Thomson, Monica	4) Cowell, Amira	
9 Fort Erie S S	A	1:02.49	1	
1) Troupe, Shannon	2) Phin, Chantal	3) Waters, Katrina	4) Gauthier, Danielle	
10 St. Paul H S	A	1:02.57	1	
--- Holy Cross H S	A	DQ	1	

Women High Jump Junior

Name	School	Finals	Points
Finals			
1 Cardy, Shyla	E. L. Crossley S S	1.65m	6
2 Campbell, Emily	Eden High School	1.50m	4
3 Naccarato, Emily	Holy Cross H S	1.40m	2.50
3 Bezemer, Chelsea	Hamilton District	1.40m	2.50
5 Hendriks, Ally	Blessed Trinity H S	1.35m	1
6 Wieske, Erin	Guido de Bres	1.35m	
7 Rustenbury, Tia	Grimsby D S S	1.25m	

Women Pole Vault Junior

Name	School	Finals	Points
Finals			
1 Glen, Regan	E. L. Crossley S S	2.45m	6
2 Perchaluk, Zoey	Ridgeway-Crystal Beach	2.15m	4
3 Tabbert, Hailey	Ridgeway-Crystal Beach	2.00m	3
4 Barber, Rykelle	Fort Erie S S	1.85m	2
5 Whitley, Kennedy	E. L. Crossley S S	1.70m	1
--- Bent, Michalla	Laura Secord S S	NH	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Women Long Jump Junior**

	Name	School	Finals	Points
Finals				
1	Rainford-Allen, Savanah	Denis Morris H S	5.19m	6
2	Kovac, Sara	Eden High School	4.72m	4
3	Nero, Emma	Centennial S S	4.70m	3
4	Domenegato, Leah	E. L. Crossley S S	4.69m	2
5	Bezemer, Chelsea	Hamilton District	4.64m	1
6	Kerekesch, Katrina	Highland	4.60m	
7	Sarjeant, Whitney	Orchard Park	4.39m	
8	Kloet, Gillian	Hamilton District	4.38m	
9	East, Samatha	Waterdown	4.28m	
10	Zwaagstra, Linneah	Heritage Christian School	4.25m	
11	Crowley, Emily	Centennial S S	4.20m	
12	Deamude, Kenz	E. L. Crossley S S	4.06m	
13	Skirrow, Hannah	Eden High School	4.03m	
14	Haight, Brook	Eden High School	3.80m	

Women Triple Jump Junior

	Name	School	Finals	Points
Finals				
1	Kovac, Sara	Eden High School	11.00m	6
2	Butler, Kylie	E. L. Crossley S S	10.56m	4
3	Bezemer, Chelsea	Hamilton District	10.11m	3
4	Nero, Emma	Centennial S S	9.74m	2
5	Kerekesch, Katrina	Highland	9.51m	1
6	Loon, Taylor	Eden High School	9.46m	
7	Janssen, Leigh	Westdale	9.37m	
8	Lys, Taylor	Beamsville D S S	9.03m	
9	Deamude, Kenz	E. L. Crossley S S	8.96m	
10	East, Samatha	Waterdown	8.94m	
11	Skirrow, Hannah	Eden High School	8.56m	
12	Mazzarella, Karoline	Laura Secord S S	7.85m	
13	Kloet, Gillian	Hamilton District	7.62m	
14	Domenegato, Leah	E. L. Crossley S S	4.38m	

Women Shot Put Junior

	Name	School	Finals	Points
Finals				
1	Pinder, Olivia	Jean Vanier E S	9.83m	6
2	Robson, Brittany	Sir Winston Churchill	9.43m	4
3	Godin, Hallie	Centennial S S	9.17m	3
4	Hill, Alexandra	Laura Secord S S	8.55m	2
5	Nguyen, Stephanie	St. Francis S S	8.35m	1
6	Nazar, Hannah	Sir Winston Churchill S S	8.22m	
7	Bazylewski, McKinley	Sir Winston Churchill S S	8.04m	
8	Stavrou, Autumn	Denis Morris H S	7.94m	
9	Harrison, Jenn	Highland	7.52m	
10	Emarthle, Makeliv	McKinnon Park H S	7.22m	
11	Vanveen, Jenna	Guido de Bres	7.02m	
12	Noctor, Lily	St. Paul H S	6.90m	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women Shot Put Junior)**

	Name	School	Finals	Points
13	Bosma, Jess	Guido de Bres	6.66m	
---	Vandervelde, Natasha	Guido de Bres	FOUL	

Women Discus Throw Junior

	Name	School	Finals	Points
Finals				
1	Halliday, Victoria	West Park S S	26.63m	6
2	Bosma, Jess	Guido de Bres	24.68m	4
3	Williams, Talli	E. L. Crossley S S	24.30m	3
4	Garr, Olivia	Grimsby D S S	24.05m	2
5	Godin, Hallie	Centennial S S	23.89m	1
6	Perchaluk, Zoey	Ridgeway-Crystal Beach	23.81m	
7	Smith, Rachael	Saltfleet	23.54m	
8	Bazylewski, McKinley	Sir Winston Churchill S S	21.27m	
9	Harrison, Jenn	Highland	20.41m	
10	Book, Emily	Eden High School	20.40m	
11	Cunha, Madison	Westdale	20.38m	
12	Nazar, Hannah	Sir Winston Churchill S S	19.80m	
13	Vandervelde, Natasha	Guido de Bres	19.31m	
14	Lemos, Amber	McKinnon Park H S	16.34m	
15	Martin, Allison	McKinnon Park H S	13.58m	

Women Javelin Throw Junior

	Name	School	Finals	Points
Finals				
1	Wice, Briana	Saltfleet	32.00m	6
2	Thomson, Monica	Westdale	30.40m	4
3	Tardif, Stéphanie	Jean Vanier E S	29.06m	3
4	Incretolli, Rachel	Saltfleet	27.36m	2
5	Spadaro, Nicole	Blessed Trinity H S	27.22m	1
6	Halliday, Victoria	West Park S S	26.64m	
7	Vlatkovich, Tea	Eden High School	26.33m	
8	Nazar, Hannah	Sir Winston Churchill S S	25.03m	
9	Emarthle, Makelity	McKinnon Park H S	24.98m	
10	Smith, Rachael	Saltfleet	23.75m	
11	Jackson, Paige	Saltfleet	23.70m	
12	Thorpe, Kayli	Blessed Trinity H S	21.55m	
13	Maiolo, Dayna	Lakeshore C H S	21.53m	
14	Williams, Talli	E. L. Crossley S S	15.58m	

Women 100 Meter Dash Senior

	Name	School	Prelims	H#
Preliminaries				
1	Ashley, Naomi	Saltfleet	13.09 Q	1
2	Carriero, Alex	A.N. Myer S S	13.10 Q	2
3	Bokeestyn, Brooke	Heritage Christian School	13.24 Q	2
4	Vansydenborgh, Denise	Guido de Bres	13.27 Q	1
5	Mazzarella, Annika	Laura Secord S S	13.69 q	2
6	Reid, Amanda	Lakeshore C H S	13.77 q	1
7	Moore, Maggie	Lakeshore C H S	13.84 q	2

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Preliminaries ... (Women 100 Meter Dash Senior)**

Name	School	Prelims	H#
8 Best, Maggie	Highland	14.10 q	2
9 Nichols, Kiana	Grimsby D S S	14.18	1
10 Lemaitre, Rachelle	Saltfleet	14.23	2
11 Licata, Pam	Highland	14.41	1
12 Ristic, Natalia	Centennial S S	14.56	1
13 McLeod, Erin	Sir Winston Churchill S S	14.59	1
14 Pereira, Sonia	Holy Cross H S	14.63	2
15 Carriero, Charley	A.N. Myer S S	15.26	1

Women 100 Meter Dash Senior

Name	School	Finals	Points
Finals			
1 Carriero, Alex	A.N. Myer S S	13.01	6
2 Ashley, Naomi	Saltfleet	13.15	4
3 Boekestyn, Brooke	Heritage Christian School	13.18	3
4 Vansydenborgh, Denise	Guido de Bres	13.24	2
5 Reid, Amanda	Lakeshore C H S	13.80	1
6 Moore, Maggie	Lakeshore C H S	13.90	
7 Mazzarella, Annika	Laura Secord S S	13.97	
8 Best, Maggie	Highland	14.00	

Women 200 Meter Dash Senior

Name	School	Finals	H#	Points
Finals				
1 Boekestyn, Brooke	Heritage Christian School	26.92	2	6
2 Carriero, Alex	A.N. Myer S S	27.36	2	4
3 Vansydenborgh, Denise	Guido de Bres	27.78	2	3
4 Mazzarella, Annika	Laura Secord S S	27.84	2	2
5 Luciano, Nicole	A.N. Myer S S	28.05	2	1
6 Boyd, Logan	Waterdown	28.49	1	
7 Vis, Rebecca	Guido de Bres	28.81	1	
8 Soppitt, Mary	Eden High School	28.96	2	
9 Kucic, Jasmina	Highland	28.99	2	
10 Best, Maggie	Highland	29.27	2	
11 Lindsay, Lavinia	St. Michael H S	29.69	1	
12 Child, Kinsley	Sir Winston Churchill S S	29.94	1	
13 Cheliak, Katie	Denis Morris H S	29.97	1	
14 Carriero, Charley	A.N. Myer S S	30.32	1	
15 Learmonth, Alexandra	Lakeshore C H S	31.38	1	

Women 400 Meter Dash Senior

Name	School	Finals	H#	Points
Finals				
1 Hopkins, Kylie	Highland	1:01.98	2	6
2 Boyd, Logan	Waterdown	1:03.02	2	4
3 Vis, Rebecca	Guido de Bres	1:03.56	2	3
4 Mazzarella, Annika	Laura Secord S S	1:04.05	2	2
5 Vitaterna, Livia	St. Paul H S	1:04.55	2	1
6 Lindsay, Lavinia	St. Michael H S	1:04.95	2	
7 Dano, Ashling	St. Francis S S	1:05.17	2	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women 400 Meter Dash Senior)**

	Name	School	Finals	H#	Points
8	Laughlin, Erin	Blessed Trinity H S	1:09.19	1	
9	Wood, Corey	Jean Vanier E S	1:11.42	1	
10	Garrett, Jessica	Stamford C & V I	1:11.65	1	
11	Robertson, Montana	Sir Winston Churchill	1:29.02	1	
---	Chivalan, Selena	Denis Morris H S	DNF	2	

Women 800 Meter Run Senior

	Name	School	Finals	H#	Points
Finals					
1	Tate, Paige	Highland	2:21.94	2	6
2	Hopkins, Kylie	Highland	2:23.47	2	4
3	Ianiero, Breanna	Eden High School	2:28.84	2	3
4	Stacey, Natalie	Westdale	2:29.26	2	2
5	Vitaterna, Livia	St. Paul H S	2:36.79	2	1
6	Bantten, Hannah	Niagara Christian College	2:37.00	2	
7	Ross, Kara	Governor Simcoe S S	2:46.34	1	
8	cruickshank, katrina	South Lincoln H S	2:46.35	1	
9	Boyd, Logan	Waterdown	2:48.03	2	
10	Garrett, Jessica	Stamford C & V I	2:48.60	1	
11	Ellis, Darcy	Parkside	2:56.70	1	
12	Wood, Corey	Jean Vanier E S	2:58.84	1	

Women 1500 Meter Run Senior

	Name	School	Finals	Points
Finals				
1	Cseresnyes, Phoebe	Westdale	4:51.70	
2	Kuhn, Kristen	Ridgeway-Crystal Beach	4:52.09	
3	Llewellyn, Abby	Ancaster High	4:57.52	
4	Korsmit, Laura	Holy Cross H S	5:02.44	
5	Eizenga, Talasia	Sir Winston Churchill S S	5:09.69	
6	Stacey, Natalie	Westdale	5:15.93	
7	Ianiero, Breanna	Eden High School	5:27.23	
8	Maves, Aynsley	A.N. Myer S S	5:46.72	
9	Ross, Kara	Governor Simcoe S S	5:55.13	
10	Browett, Amy	Thorold S S	5:59.91	
11	Ellis, Darcy	Parkside	6:02.21	
12	Wood, Corey	Jean Vanier E S	6:05.22	
13	Smith, Rebecca	Lakeshore C H S	6:22.43	
14	Lazo, Marisa	Lakeshore C H S	6:41.20	

Women 3000 Meter Run Senior

	Name	School	Finals	Points
Finals				
1	Cseresnyes, Phoebe	Westdale	10:41.79	6
2	Kuhn, Kristen	Ridgeway-Crystal Beach	10:50.45	4
3	Locco, Lauren	Westmount	11:01.96	3
4	Korsmit, Laura	Holy Cross H S	11:06.06	2
5	Llewellyn, Abby	Ancaster High	11:10.04	1
6	Eizenga, Talasia	Sir Winston Churchill S S	11:15.24	
7	Summers, Heather	Westdale	11:32.15	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women 3000 Meter Run Senior)**

Name	School	Finals	Points
8 Hrycusko, Kathryn	E. L. Crossley S S	11:49.03	
9 Orr, Mary	Westmount	12:22.32	
10 Garisto, Adrianna	St. Paul H S	12:57.04	
11 Brideau, NikiAnn	Eastdale S S	12:58.44	
12 Bates, Rianne	A.N. Myer S S	13:03.03	
13 Gallagher, Olivia	Blessed Trinity H S	13:20.58	

Women 100 Meter Hurdles Senior

Name	School	Prelims	H#
Preliminaries			
1 Ollier, Mary	Grimsby D S S	15.26 Q	1
2 Ashley, Naomi	Saltfleet	15.49 Q	2
3 Thorne, Beth	Centennial S S	16.15 Q	1
4 Ferreira, Arianne	Centennial S S	17.35 Q	2
5 Ferguson, Lauren	Ridgeway-Crystal Beach	17.24 q	1
6 Dion, Julie	Sir Winston Churchill S S	17.35 q	1
7 Donoff, Sarah	Highland	17.57 q	2
8 Child, Kinsley	Sir Winston Churchill S S	18.25 q	2
9 Thomson, Mary	A.N. Myer S S	18.30	2
10 Paduano, Lauren	Grimsby D S S	18.32	1
11 DeGraaf, Annalise	Beamsville D S S	18.34	2
12 Whelan, Charlotte	Highland	18.53	1
13 Sangster, Caileigh	Waterdown	19.31	2
14 Learmonth, Alexandra	Lakeshore C H S	22.53	2

Women 100 Meter Hurdles Senior

Name	School	Finals	Points
Finals			
1 Ollier, Mary	Grimsby D S S	14.92	6
2 Ashley, Naomi	Saltfleet	14.95	4
3 Thorne, Beth	Centennial S S	16.52	3
4 Dion, Julie	Sir Winston Churchill S S	17.11	2
5 Ferguson, Lauren	Ridgeway-Crystal Beach	17.24	1
6 Ferreira, Arianne	Centennial S S	17.34	
7 Donoff, Sarah	Highland	17.65	
8 Child, Kinsley	Sir Winston Churchill S S	18.49	

Women 400 Meter Hurdles Senior

Name	School	Finals	H#	Points
Finals				
1 Vis, Rebecca	Guido de Bres	1:11.61	2	6
2 Dion, Julie	Sir Winston Churchill S S	1:11.82	2	4
3 Colling, Olivia	Grimsby D S S	1:13.35	2	3
4 Donoff, Sarah	Highland	1:16.80	2	2
5 Luciano, Nicole	A.N. Myer S S	1:18.03	2	1
6 Paduano, Lauren	Grimsby D S S	1:18.79	2	
7 Weber, Christina	Grimsby D S S	1:22.38	2	
8 robertson, jessie	South Lincoln H S	1:24.62	1	
9 Watson, Emily	Eastdale S S	1:26.01	1	
10 Smith, Rebecca	Lakeshore C H S	1:35.29	1	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Women 4x100 Meter Relay Senior**

Team	Relay	Finals	H#	Points
Finals				
1 Laura Secord S S 1) Othman, Lynda	A 2) Lougheed, Jasmine	53.17 3) Mazzarella, Karoline	2 4) Mazzarella, Annika	6
2 Grimsby D S S 1) Nichols, Kiana	A 2) Ollier, Mary	53.98 3) Rudlin, Lexi	2 4) Tousaw, Victoria	4
3 Denis Morris H S 1) Dewar, Annie	A 2) Rainford-Allen, Savanah	54.10	2	3
4 E. L. Crossley S S	A	54.28	2	2
5 Highland 1) Niton, Liz	A 2) Kucic, Jasmina	54.45 3) Donoff, Sarah	2 4) Hopkins, Kylie	1
6 St. Paul H S	A	55.41	1	
7 Centennial S S	A	55.62	2	
8 A.N. Myer S S	A	55.74	2	
9 Sir Winston Churchill S S 1) Dion, Julie	A 2) Child, Kinsley	55.89 3) Mooridian, Katie	2 4) Smith, Madeleine	
10 Ridgeway-Crystal Beach	A	56.66	1	
11 Waterdown 1) Chin, Naomi	A 2) Armstrong, Rachel	56.95 3) Boyd, Logan	1 4) Sangster, Caileigh	
12 Saltfleet 1) Ashley, Naomi	A 2) Kaggwa, Jacqueline	57.67 3) Lemaitre, Rachelle	1 4) Hill, Samantha	
13 Beamsville D S S 1) Eagles, Rachel	A 2) Lys, Taylor	58.26 3) Crowe, Hailie	1 4) DeGraaf, Annalise	
14 Hamilton District	A	1:00.30	1	

Women High Jump Senior

Name	School	Finals	Points
Finals			
1 Taylor, Madison	Eden High School	1.57m	6
2 Whiteley, Katelynn	St. Paul H S	1.50m	4
3 deBoer, Crystal	Guido de Bres	J1.50m	3
4 Miljus, Alexia	St. Paul H S	J1.50m	2
5 Dion, Julie	Sir Winston Churchill S S	J1.50m	1
6 Steinginga, Lisa	Hamilton District	1.45m	
7 Ianiero, Breanna	Eden High School	1.40m	
7 DeGraaf, Annalise	Beamsville D S S	1.40m	
7 Taylor, Adelaide	Notre Dame College	1.40m	
7 Kucic, Jasmina	Highland	1.40m	
11 Jacques, Morgan	Grimsby D S S	1.35m	
11 Gambin, Geena	Lakeshore C H S	1.35m	
11 Niton, Liz	Highland	1.35m	

Women Pole Vault Senior

Name	School	Finals	Points
Finals			
1 Taylor, Madison	Eden High School	2.45m	6
2 Darnay, Kelsey	St. Michael H S	J2.45m	4
3 Fergusen, Lauren	Ridgeway-Crystal Beach	2.00m	3
4 Carriero, Alex	A.N. Myer S S	J2.00m	2

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Women Long Jump Senior**

	Name	School	Finals	Points
Finals				
1	Hines, Lauren	Dunnville S S	4.88m	6
2	Thorne, Beth	Centennial S S	4.74m	4
3	Dewar, Annie	Denis Morris H S	4.72m	3
4	Pinfold, Hayley	Denis Morris H S	4.69m	2
5	deBoer, Crystal	Guido de Bres	4.64m	1
6	Kucic, Jasmina	Highland	4.61m	
7	Njeru, Ashley	St. Paul H S	4.49m	
8	Eagles, Rachel	Beamsville D S S	4.40m	
8	Reid, Amanda	Lakeshore C H S	4.40m	
10	Soppitt, Mary	Eden High School	4.36m	
11	Pereira, Sonia	Holy Cross H S	4.14m	
12	Vuyk, Melissa	Hamilton District	3.96m	
13	Woodland, Theresa	Sir Winston Churchill	3.92m	

Women Triple Jump Senior

	Name	School	Finals	Points
Finals				
1	Jacques, Morgan	Grimsby D S S	10.22m	6
2	Reid, Amanda	Lakeshore C H S	10.01m	4
3	Bunz, Mariah	E. L. Crossley S S	9.92m	3
4	Eagles, Rachel	Beamsville D S S	9.91m	2
5	Blatchley, Taylor	Beamsville D S S	9.89m	1
6	Njeru, Ashley	St. Paul H S	9.82m	
7	trifunavic, kassy	South Lincoln H S	9.50m	
8	Whelan, Charlotte	Highland	9.40m	
9	Beatty, Emily	Laura Secord S S	9.34m	
10	Kerekesch, Lizzie	Parkside	9.22m	
11	Kampen, Heather	Guido de Bres	8.86m	
12	Spadaro, Alexandra	Jean Vanier E S	8.74m	
13	Vuyk, Melissa	Hamilton District	8.59m	
14	Gambin, Geena	Lakeshore C H S	8.16m	
15	Niton, Liz	Highland	7.89m	

Women Shot Put Senior

	Name	School	Finals	Points
Finals				
1	denHollander, Jocelyn	Denis Morris H S	10.66m	6
2	carey, Randi	Waterdown	9.77m	4
3	DiCesare, Alyssa	Westmount	9.53m	3
4	Boisvenue, Ilyssa	Port Colborne H S	9.28m	2
5	Vannatter, Nicole	Port Colborne H S	9.23m	1
6	Detlor, Jessica	Ridgeway-Crystal Beach	8.81m	
7	Croft, Patricia	Notre Dame College	8.42m	
8	Wristen, Taryn-Marie	Hill Park	8.15m	
9	Barber, Rylee	Fort Erie S S	7.82m	
10	trifunavic, kassy	South Lincoln H S	7.06m	
11	deBoer, Channel	Guido de Bres	6.99m	
12	Beatty, Emily	Laura Secord S S	6.47m	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women Shot Put Senior)**

	Name	School	Finals	Points
13	Bieksa, Miranda	Blessed Trinity H S	6.39m	
14	Jones, Bethany	Beamsville D S S	6.30m	

Women Discus Throw Senior

	Name	School	Finals	Points
Finals				
1	Boisvenue, Ilyssa	Port Colborne H S	33.80m	6
2	Kikkert-Labeau, Jazmin	Port Colborne H S	33.45m	4
3	denHollander, Jocelyn	Denis Morris H S	29.63m	3
4	Detlor, Jessica	Ridgeway-Crystal Beach	29.10m	2
5	Vannatter, Nicole	Port Colborne H S	28.92m	1
6	DiCesare, Alyssa	Westmount	28.65m	
7	Cook, Elaine	Ridgeway-Crystal Beach	27.78m	
8	Wristen, Taryn-Marie	Hill Park	24.45m	
9	Yakubiw, Zoe	Laura Secord S S	24.17m	
10	Oneill, Shannien	Highland	20.56m	
11	Lilko, Kathryn	Highland	20.20m	
12	Hughes, Kyndra	Highland	18.72m	
13	vickers, kayla	South Lincoln H S	18.36m	
14	Calabrese, Carly	West Park S S	17.06m	

Women Javelin Throw Senior

	Name	School	Finals	Points
Finals				
1	Schoonings, Victoria	A.N. Myer S S	39.85m	6
2	Foster, Sonia	Fort Erie S S	37.08m	4
3	DiCesare, Alyssa	Westmount	34.61m	3
4	Maclean, Chelsey	Saltfleet	33.46m	2
5	Boisvenue, Ilyssa	Port Colborne H S	29.05m	1
6	Rigas-DiDomenico, Nicole	A.N. Myer S S	27.11m	
7	Kikkert-Labeau, Jazmin	Port Colborne H S	26.80m	
8	Rawlinson, Taylor	Saltfleet	26.59m	
9	Yakubiw, Zoe	Laura Secord S S	24.99m	
10	Dewar, Annie	Denis Morris H S	22.83m	
11	Backshall, Jade	West Park S S	22.77m	
12	Tzigras, Riley	Highland	21.74m	
13	Colling, Olivia	Grimsby D S S	20.55m	
14	carey, Randi	Waterdown	16.73m	
---	Anderson, Angelica	Eden High School	FOUL	

Women 1500 Meter Steeplechase Open

	Name	School	Finals	Points
Finals				
1	Eizenga, Talasia	Sir Winston Churchill S S	5:33.87	6
2	Tate, Paige	Highland	5:39.79	4
3	Hrycusko, Kathryn	E. L. Crossley S S	5:43.50	3
4	Isbister, Elizabeth	Saltfleet	5:44.23	2
5	Waller, Sabrina	St. Michael H S	5:49.07	1
6	Waddington, Emma	Westdale	5:49.29	
7	Laughlin, Erin	Blessed Trinity H S	6:10.53	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Women 1500 Meter Steeplechase Open)**

	Name	School	Finals	Points
8	Whitmore, Nicole	Westdale	6:10.54	
9	cruickshank, katrina	South Lincoln H S	6:19.17	
10	Zanatta, Carly	Ridgeway-Crystal Beach	6:19.67	
11	Garisto, Adrianna	St. Paul H S	6:24.91	
12	Miller, Rachel	Eden High School	6:36.51	

Women 4x400 Meter Relay Open

	Team	Relay	Finals	H#	Points
Finals					
1	Highland	A	4:14.69	2	6
	1) Tate, Paige	2) Hopkins, Kylie	3) Johnston, Ryann	4) Smith, Jenna	
2	Blessed Trinity H S	A	4:37.10	2	4
3	E. L. Crossley S S	A	4:37.87	2	3
4	Laura Secord S S	A	4:38.35	2	2
5	Ridgeway-Crystal Beach	A	4:41.08	2	1
6	Ancaster High	A	4:46.50	2	
7	Sir Winston Churchill S S	A	4:53.84	2	
8	Denis Morris H S	A	5:10.26	2	

Women 100 Meter Dash Visually Imp Blind

	Name	School	Finals	Points
Finals				
1	Ehi, Amen	St. Michael H S	18.25	6

Women 800 Meter Run Visually Imp Blind

	Name	School	Finals	Points
Finals				
1	Miszk, Julianne	St. Michael H S	3:17.50	6
2	Ehi, Amen	St. Michael H S	4:24.00	4

Women 100 Meter Dash Intellectual Ambulatory

	Name	School	Finals	Points
Finals				
1	Najarian, Talin	Governor Simcoe S S	16.36	6
2	Miszk, Julianne	St. Michael H S	17.20	4

Men 100 Meter Dash Midget

	Name	School	Prelims	H#
Preliminaries				
1	Schinkel, Tanner	Ridgeway-Crystal Beach	11.98 Q	2
2	Snyder, Trent	Grimsby D S S	11.99 Q	1
3	Mclung, Alex	Highland	12.02 Q	2
4	Parlevliet, Christopher	A.N. Myer S S	12.04 Q	1
5	Smyth, Brent	Westmount	12.05 q	1
6	Godard, Areyu	Denis Morris H S	12.15 q	2
7	Dagelman, Rushon	A.N. Myer S S	12.22 q	2
8	hnakto, kraig	South Lincoln H S	12.33 q	1
9	Johnson, Damon	St. Catharines C I & V S	12.45	2
10	Nzita, Joshua	Lakeshore C H S	12.52	1
11	McKinnon, Riley	West Park S S	12.54	1
12	Dixon, Andre	Sir Allan MacNab	12.63	2

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Preliminaries ... (Men 100 Meter Dash Midget)**

Name	School	Prelims	H#
13 Burns, Matthew	A.N. Myer S S	12.64	2
14 Ferguson, Sam	Ancaster High	12.67	1

Men 100 Meter Dash Midget

Name	School	Finals	Points
Finals			
1 Snyder, Trent	Grimsby D S S	11.65	6
2 Mclung, Alex	Highland	11.83	4
3 Parlevliet, Christopher	A.N. Myer S S	11.92	3
4 Dagelman, Rushon	A.N. Myer S S	12.02	2
5 Smyth, Brent	Westmount	12.13	1
6 Godard, Atreyu	Denis Morris H S	12.14	
7 hnakto, kraig	South Lincoln H S	12.25	

Men 200 Meter Dash Midget

Name	School	Finals	H#	Points
Finals				
1 Snyder, Trent	Grimsby D S S	24.08	2	6
2 Smyth, Brent	Westmount	24.34	2	4
3 Parlevliet, Christopher	A.N. Myer S S	24.59	2	3
4 Mclung, Alex	Highland	24.89	2	2
5 Albers-Wallace, Denzel	Sir Allan MacNab	25.04	1	1
6 hnakto, kraig	South Lincoln H S	25.37	2	
7 Nzita, Joshua	Lakeshore C H S	25.41	2	
8 Yochim, Reid	A.N. Myer S S	25.54	1	
9 Davis, Sheldon	Centennial S S	25.63	1	
10 Alkema, Sidney	Guido de Bres	25.69	1	
11 Russell, Connor	Ancaster High	25.84	1	
12 McKinnon, Riley	West Park S S	26.20	1	
13 Hough, Robert	Denis Morris H S	26.70	1	

Men 400 Meter Dash Midget

Name	School	Finals	H#	Points
Finals				
1 Smyth, Brent	Westmount	52.82	2	6
2 Alkema, Sidney	Guido de Bres	55.63	2	4
3 Yochim, Reid	A.N. Myer S S	55.94	2	3
4 Russell, Connor	Ancaster High	56.11	2	2
5 Moncur, Jack	Sir Winston Churchill S S	56.90	2	1
6 Bennett, Jake	E. L. Crossley S S	57.67	2	
7 Hough, Robert	Denis Morris H S	58.81	1	
8 Verner, Austin	Ancaster High	59.11	1	
9 Steele, Daniel	Dunnville S S	1:00.68	1	
10 Eizenga, Matthew	Sir Winston Churchill S S	1:01.36	1	
11 Mason, Colton	McKinnon Park H S	1:01.80	2	
12 Erskine, Dillon	South Lincoln H S	1:05.36	1	
13 Ramey, Caleb	Great Lakes Christian Col	1:05.46	1	
--- Schinkel, Tanner	Ridgeway-Crystal Beach	DNF	2	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Men 800 Meter Run Midget**

	Name	School	Finals	H#	Points
Finals					
1	MacKinnon, Ian	Westdale	2:08.16	2	6
2	Smith, Gavin	Grimsby D S S	2:09.35	2	4
3	Stoop, Eric	Lakeshore C H S	2:13.36	2	3
4	Fretz, Levi	Ridgeway-Crystal Beach	2:14.58	2	2
5	Ouwendyk, Justin	Hamilton District	2:17.10	1	1
6	Falivena, Peter	A.N. Myer S S	2:17.72	2	
7	Rempel, Jared	E. L. Crossley S S	2:19.04	2	
8	Curnow, Josh	Highland	2:27.82	1	
9	killins, steve	South Lincoln H S	2:32.60	1	
10	McNeil, Blair	Fort Erie S S	2:35.82	1	
11	Volz, Thomas	Blessed Trinity H S	2:46.33	1	
---	Halfyard, Ross	Sir Winston Churchill S S	DNF	1	
---	Coveney, Millar	Sir Winston Churchill S S	DNF	2	

Men 1500 Meter Run Midget

	Name	School	Finals	Points
Finals				
1	MacKinnon, Ian	Westdale	4:27.98	6
2	Coveney, Millar	Sir Winston Churchill S S	4:28.89	4
3	Smith, Gavin	Grimsby D S S	4:29.07	3
4	Thomson, Tyler	A.N. Myer S S	4:30.84	2
5	Fretz, Levi	Ridgeway-Crystal Beach	4:32.70	1
6	Dalessandro, Nick	Barton S.S.	4:33.57	
7	Stoop, Eric	Lakeshore C H S	4:36.25	
8	Stewart, Graym	Parkside	4:40.99	
9	Young, Thomas	E. L. Crossley S S	4:47.57	
10	Banninga, Jonathan	Centennial S S	4:48.88	
11	Nixon, Addy	Waterdown	4:50.93	
12	Brunn, Steven	Ancaster High	4:52.18	
13	Volz, Thomas	Blessed Trinity H S	5:00.88	
14	Halfyard, Ross	Sir Winston Churchill S S	5:07.46	
15	Zammit, Adam	Laura Secord S S	5:20.49	

Men 3000 Meter Run Midget

	Name	School	Finals	Points
Finals				
1	Coveney, Millar	Sir Winston Churchill S S	9:36.49	6
2	Thomson, Tyler	A.N. Myer S S	9:44.79	4
3	Dalessandro, Nick	Barton S.S.	10:13.23	3
4	Nixon, Addy	Waterdown	10:27.09	2
5	Banninga, Jonathan	Centennial S S	10:39.19	1
6	Bruun, Steven	Ancaster High	10:47.20	
7	Young, Thomas	E. L. Crossley S S	11:11.68	
8	Groulx, Doyle	Jean Vanier E S	11:34.66	
9	Halfyard, Ross	Sir Winston Churchill S S	11:41.92	
10	Helmezi, Kraig	St. Paul H S	11:56.00	
11	Zammit, Adam	Laura Secord S S	11:56.71	
12	Davidson, Damon	Denis Morris H S	12:00.10	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Men 3000 Meter Run Midget)**

Name	School	Finals	Points
13 Swayze, Sebastian	Thorold S S	12:08.62	

Men 100 Meter Hurdles Midget

Name	School	Prelims	H#
Preliminaries			
1 Tomalin, Ryan	Ancaster High	17.38 Q	1
2 Thompson, Sam	Parkside	17.43 Q	2
3 Craig, Kyle	Laura Secord S S	17.51 Q	1
4 burrows, ian	South Lincoln H S	17.93 Q	2
5 Puppa, Mason	Highland	18.11 q	1
6 Staz, Jack	Highland	18.21 q	2
7 Rashid, Jacob	Westdale	18.59 q	2
8 Frketich, Kyle	Grimsby D S S	19.13 q	1
9 Moore, Matthew	Laura Secord S S	19.66	1
10 Lafleur, Sam	Laura Secord S S	20.18	2
11 Lanteigne, Marshall	Lakeshore C H S	21.56	2

Men 100 Meter Hurdles Midget

Name	School	Finals	Points
Finals			
1 Craig, Kyle	Laura Secord S S	16.34	6
2 Tomalin, Ryan	Ancaster High	16.93	4
3 Staz, Jack	Highland	17.05	3
4 burrows, ian	South Lincoln H S	17.14	2
5 Thompson, Sam	Parkside	17.29	1
6 Puppa, Mason	Highland	17.81	
7 Frketich, Kyle	Grimsby D S S	19.22	

Men 300 Meter Hurdles Midget

Name	School	Finals	H#	Points
Finals				
1 Alkema, Sidney	Guido de Bres	45.65	2	6
2 Albers-Wallace, Denzel	Sir Allan MacNab	45.78	2	4
3 Bennett, Jake	E. L. Crossley S S	46.04	2	3
4 Young, Thomas	E. L. Crossley S S	47.07	2	2
5 Staz, Jack	Highland	48.85	2	1
6 Volz, Thomas	Blessed Trinity H S	49.19	2	
7 Puppa, Mason	Highland	49.92	1	
8 Craig, Kyle	Laura Secord S S	50.36	2	
9 Jones, Dylan	E. L. Crossley S S	51.63	2	
10 Woudenbergh, Calvin	Guido de Bres	53.50	1	
11 McKelvey, Darcey	McKinnon Park H S	1:00.49	1	

Men 4x100 Meter Relay Midget

Team	Relay	Finals	H#	Points
Finals				
1 A.N. Myer S S 1) Thomson, Tyler	A 2) Yochim, Reid	48.87	2	6
2 West Park S S	A	49.90	2	4
3 Blessed Trinity H S	A	51.22	2	3
4 Ridgeway-Crystal Beach	A	51.45	2	2

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Men 4x100 Meter Relay Midget)**

Team	Relay	Finals	H#	Points
5 E. L. Crossley S S	A	51.80	2	1
6 Sir Allan MacNab	A	51.99	1	
1) Albers-Wallace, Denzel	2) Dixon, Andre	3) Williams, Rueadale	4) Mayers, Zachery	
7 Lakeshore C H S	A	52.95	2	
8 Ancaster High	A	53.78	1	
1) Verner, Austin	2) Tully, Ryan	3) Ferguson, Sam	4) Tomalin, Ryan	
--- Highland	A	DQ	1	

Men High Jump Midget

Name	School	Finals	Points
Finals			
1 Murdaca, Joseph	A.N. Myer S S	1.80m	6
2 Pow, Cameron	St. Paul H S	1.75m	4
3 Grummett, Tyler	E. L. Crossley S S	J1.75m	3
4 Parlevliet, Christopher	A.N. Myer S S	1.65m	2
5 Johnson, Damon	St. Catharines C I & V S	J1.65m	1
6 Holmes, Sean	Ancaster High	1.60m	
7 Bartels, Chad	Guido de Bres	J1.60m	
8 de Graaf, Owen	Blessed Trinity H S	1.55m	
8 Steele, Daniel	Dunnville S S	1.55m	
8 Perks, Riley	Waterdown	1.55m	
8 Groenwold, Andy	Guido de Bres	1.55m	
12 burrows, liam	South Lincoln H S	1.50m	
12 Zima, Patrick	Blessed Trinity H S	1.50m	
14 Benevento, Nolan	West Park S S	1.45m	

Men Pole Vault Midget

Name	School	Finals	Points
Finals			
1 Grummett, Tyler	E. L. Crossley S S	2.60m	6
2 Zammitt, Adam	Laura Secord S S	2.00m	4

Men Long Jump Midget

Name	School	Finals	Points
Finals			
1 Murdaca, Joseph	A.N. Myer S S	5.93m	6
2 Dagelman, Rushon	A.N. Myer S S	5.56m	4
3 Piazza, Zack	Port Colborne H S	5.24m	3
4 Davis, Sheldon	Centennial S S	5.20m	2
5 Mcclung, Alex	Highland	5.12m	1
6 Canlas, Howell	Thorold S S	5.11m	
7 Craig, Kyle	Laura Secord S S	5.10m	
8 Baxter, Troy	Denis Morris H S	4.99m	
9 Reid, Ben	Westmount	4.90m	
10 Groenwold, Andy	Guido de Bres	4.87m	
11 Pow, Cameron	St. Paul H S	4.78m	
12 McKinnon, Riley	West Park S S	4.68m	
13 Hinchberger, Jacob	Sir Winston Churchill S S	4.65m	
14 Rashid, Jacob	Westdale	4.63m	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Men Triple Jump Midget**

	Name	School	Finals	Points
Finals				
1	Dagelman, Rushon	A.N. Myer S S	11.00m	6
2	Burns, Matthew	A.N. Myer S S	10.90m	4
3	Fisher, Matthew	Waterdown	10.79m	3
4	Awobem, Solomon	Niagara Christian College	10.74m	2
5	Bartels, Chad	Guido de Bres	10.73m	1
6	hnakto, kraig	South Lincoln H S	10.69m	
7	Canlas, Howell	Thorold S S	10.65m	
8	Eizenga, Matthew	Sir Winston Churchill S S	10.58m	
9	Piazza, Zack	Port Colborne H S	10.54m	
10	Carbone, Joe	Lakeshore C H S	10.35m	
11	Maxner, Mitch	Denis Morris H S	9.66m	
12	killins, steve	South Lincoln H S	9.52m	
13	deBoer, Kory	Guido de Bres	9.32m	

Men Shot Put Midget

	Name	School	Finals	Points
Finals				
1	Barrick, Kreek	Port Colborne H S	12.61m	6
2	speller, brock	South Lincoln H S	12.39m	4
3	Tupala, Ethan	Ridgeway-Crystal Beach	12.05m	3
4	Wrench, Brandon	Hill Park	11.91m	2
5	Bartels, Benjamin	Guido de Bres	11.37m	1
6	Stevenson, Jake	Denis Morris H S	11.24m	
7	patterson, blake	South Lincoln H S	10.77m	
8	Donato, Jordan	St. Paul H S	10.72m	
9	Grisafi, Jonathan	Lakeshore C H S	10.66m	
10	Follick, Dakota	St. Francis S S	10.44m	
11	Scholz, Tyler	A.N. Myer S S	10.22m	
12	Ramirez, Michael	St. Francis S S	9.77m	
13	Smyth, Spencer	Highland	9.60m	
14	Bartels, Reuben	Guido de Bres	9.52m	

Men Discus Throw Midget

	Name	School	Finals	Points
Finals				
1	speller, brock	South Lincoln H S	42.56m	6
2	Stevenson, Jake	Denis Morris H S	37.32m	4
3	Tupala, Ethan	Ridgeway-Crystal Beach	35.83m	3
4	Schleehahn, Ryan	Sir Allan MacNab	34.60m	2
5	patterson, blake	South Lincoln H S	33.01m	1
6	Bartels, Benjamin	Guido de Bres	31.50m	
7	Bartels, Reuben	Guido de Bres	31.03m	
8	Riddell, Justin	Ridgeway-Crystal Beach	30.73m	
9	Bultje, Jared	Guido de Bres	29.68m	
10	Barrick, Kreek	Port Colborne H S	29.28m	
11	Bartels, Chad	Guido de Bres	29.23m	
12	Scholz, Tyler	A.N. Myer S S	28.99m	
13	Hinks, Trystan	Port Colborne H S	28.88m	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Men Discus Throw Midget)**

	Name	School	Finals	Points
14	Knizat, Joseph	Sir Winston Churchill S S	25.29m	
15	Zima, Patrick	Blessed Trinity H S	23.22m	

Men Javelin Throw Midget

	Name	School	Finals	Points
Finals				
1	Smyth, Spencer	Highland	39.24m	6
2	Liu, Edward	St. Paul H S	38.78m	4
3	Scholz, Tyler	A.N. Myer S S	37.65m	3
4	Zantingh, Jacob	Smithville District C H S	36.25m	2
5	Piazza, Zack	Port Colborne H S	36.04m	1
6	speller, brock	South Lincoln H S	35.71m	
7	Groenwold, Andy	Guido de Bres	33.97m	
8	Bultje, Jared	Guido de Bres	33.00m	
9	Zides, Carter	E. L. Crossley S S	32.48m	
10	Reid, Ben	Westmount	31.90m	
11	Miedema, Dylan	Hamilton District	31.51m	
12	Knizat, Joseph	Sir Winston Churchill S S	30.19m	
13	Benjamin, Brandon	Smithville District C H S	29.33m	
14	Bryce, Zack	McKinnon Park H S	28.93m	
15	patterson, blake	South Lincoln H S	26.82m	

Men 100 Meter Dash Junior

	Name	School	Prelims	H#
Preliminaries				
1	Bell, Twanell	Denis Morris H S	11.75 Q	1
2	DeLuca, Nick	Ancaster High	11.77 Q	2
3	Kennedy, Nathan	Blessed Trinity H S	12.05 Q	1
4	Selman, Jaquan	Denis Morris H S	12.09 Q	2
5	Campbell, Danny	Governor Simcoe S S	12.09 q	1
6	Druzina, Kyle	E. L. Crossley S S	12.21 q	2
7	Collie, Koldin	E. L. Crossley S S	12.22 q	1
8	Prince, Byron	Denis Morris H S	12.27 q	2
9	Kehinde, Michael	Ancaster High	12.52	2
10	Coatsworth, Lucas	A.N. Myer S S	12.66	2
11	Smith, Alexander	A.N. Myer S S	12.68	2
12	Jivani, Aahil	Westdale	12.73	2
13	Van, Kelvin	Saltfleet	12.73	1
14	Harriss, Jacob	Highland	13.06	1

Men 100 Meter Dash Junior

	Name	School	Finals	Points
Finals				
1	Bell, Twanell	Denis Morris H S	11.55	6
2	DeLuca, Nick	Ancaster High	11.71	4
3	Selman, Jaquan	Denis Morris H S	11.76	3
4	Kennedy, Nathan	Blessed Trinity H S	12.01	2
5	Campbell, Danny	Governor Simcoe S S	12.02	1
6	Druzina, Kyle	E. L. Crossley S S	12.15	
7	Prince, Byron	Denis Morris H S	12.20	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Men 100 Meter Dash Junior)**

Name	School	Finals	Points
8 Collie, Koldin	E. L. Crossley S S	12.39	

Men 200 Meter Dash Junior

Name	School	Finals	H#	Points
Finals				
1 Selman, Jaquan	Denis Morris H S	23.72	2	6
2 DeLuca, Nick	Ancaster High	23.73	2	4
3 Fennell, Sam	E. L. Crossley S S	24.23	2	3
4 Greenlaw, Sam	Governor Simcoe S S	24.39	2	2
5 Barbas, Robert	Holy Cross H S	24.77	2	1
6 Druzina, Kyle	E. L. Crossley S S	24.85	2	
7 Dhannyram, Nicholas	Holy Cross H S	25.01	2	
8 Kennedy, Nathan	Blessed Trinity H S	25.06	2	
9 Collard, Kyle	Centennial S S	25.54	1	
10 Doust, Abid	Barton S.S.	25.63	1	
11 Fisher, Owen	Highland	25.75	1	
12 Smith, Alexander	A.N. Myer S S	25.89	1	
13 Bultje, Caleb	Guido de Bres	26.26	1	
14 Khan, Basit	Westlane S S	26.53	1	
15 Coatsworth, Lucas	A.N. Myer S S	28.01	1	

Men 400 Meter Dash Junior

Name	School	Finals	H#	Points
Finals				
1 Fennell, Sam	E. L. Crossley S S	53.84	2	6
2 Manson, Tom	Highland	55.07	2	4
3 Greenlaw, Sam	Governor Simcoe S S	55.66	2	3
4 Holmes, Jack	Highland	55.79	2	2
5 Cowling, Will	Laura Secord S S	55.88	2	1
6 Chan, Terence	Laura Secord S S	56.32	1	
7 Fisher, Owen	Highland	56.45	2	
8 Miller, Michael	E. L. Crossley S S	56.64	1	
9 Borisenko, Cameron	E. L. Crossley S S	58.17	2	
10 Gomez, Darien	Blessed Trinity H S	59.99	1	
11 McNamara, Leeland	St. Michael H S	1:00.33	1	
12 kajaste, kyle	South Lincoln H S	1:01.25	1	
--- Baker, Nathaniel	Centennial S S	DNF	1	

Men 800 Meter Run Junior

Name	School	Finals	H#	Points
Finals				
1 Manson, Tom	Highland	2:01.22	2	6
2 Jones, Brandon	Jean Vanier E S	2:03.15	2	4
3 Heidebrecht, Erik	Highland	2:05.03	2	3
4 Lawless, Justin	Sir Winston Churchill S S	2:05.47	2	2
5 Dhannyram, Nicholas	Holy Cross H S	2:08.52	2	1
6 Witt, Braeden	Westdale	2:15.96	2	
7 Vansydenborgh, Joel	Guido de Bres	2:18.08	1	
8 Di Nunzio, Eric	Niagara Christian College	2:19.03	1	
9 Fennell, Sam	E. L. Crossley S S	2:19.66	2	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Men 800 Meter Run Junior)**

	Name	School	Finals	H#	Points
10	Gomez, Darien	Blessed Trinity H S	2:27.47	1	
11	Berketo, Noah	Centennial S S	2:29.49	1	
12	Perdomo, Christian	Notre Dame College	2:39.92	1	
---	Hassim, Cain	Sir Winston Churchill S S	DNF	2	
---	Harshaw, Drew	Sir Winston Churchill S S	DNF	1	

Men 1500 Meter Run Junior

	Name	School	Finals	Points
Finals				
1	Hassim, Cain	Sir Winston Churchill S S	4:17.73	6
2	Heidebrecht, Erik	Highland	4:26.37	4
3	Darby, Callum	Sherwood	4:27.40	3
4	Altamirano, David	Denis Morris H S	4:27.46	2
5	Lawless, Justin	Sir Winston Churchill S S	4:29.74	1
6	DeJong, Aaron	Hamilton District	4:37.80	
7	Jones, Brandon	Jean Vanier E S	4:42.52	
8	Vansydenborgh, Joel	Guido de Bres	4:43.14	
9	Searles, Ian	Ancaster High	4:47.82	
10	Harshaw, Drew	Sir Winston Churchill S S	4:51.13	
11	Tiersma, Kyle	Smithville District C H S	4:57.83	
12	Powell, Alex	St. Michael H S	5:05.65	
13	Berketo, Noah	Centennial S S	5:12.74	
14	Leduc, Brock	E. L. Crossley S S	5:14.62	

Men 3000 Meter Run Junior

	Name	School	Finals	Points
Finals				
1	Hassim, Cain	Sir Winston Churchill S S	9:26.63	6
2	Altamirano, David	Denis Morris H S	9:54.59	4
3	Darby, Callum	Sherwood	9:58.10	3
4	DeJong, Aaron	Hamilton District	10:07.70	2
5	Searles, Ian	Ancaster High	10:10.92	1
6	Mcdonald, Connor	Highland	10:13.14	
7	Harshaw, Drew	Sir Winston Churchill S S	10:34.29	
8	Powell, Alex	St. Michael H S	10:56.04	
9	goeree, john	South Lincoln H S	11:15.91	
10	Bonsma, Ben	Smithville District C H S	11:31.35	
11	Baker, Nathaniel	Centennial S S	11:45.83	
12	Brown, Oakley	Sir John A MacDonald	13:05.08	

Men 100 Meter Hurdles Junior

	Name	School	Prelims	H#
Preliminaries				
1	Nickel, Matthew	Sir Winston Churchill S S	15.71 Q	2
2	Wilson, Mack	Laura Secord S S	16.10 Q	1
3	Parchment, Duan	Laura Secord S S	16.02 Q	2
4	Culver, Josh	Sherwood	16.64 Q	1
5	hardt, nolan	South Lincoln H S	17.40 q	1
6	Collard, Kyle	Centennial S S	17.59 q	2
7	Frager-Wells, Ben	Westdale	19.26 q	1

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Preliminaries ... (Men 100 Meter Hurdles Junior)**

Name	School	Prelims	H#
8 Martin, Mack	Centennial S S	19.55 q	2
9 Miller, Michael	E. L. Crossley S S	19.72	1

Men 100 Meter Hurdles Junior

Name	School	Finals	Points
Finals			
1 Nickel, Matthew	Sir Winston Churchill S S	15.44	6
2 Wilson, Mack	Laura Secord S S	15.47	4
3 Parchment, Duan	Laura Secord S S	15.64	3
4 Collard, Kyle	Centennial S S	16.70	2
5 Culver, Josh	Sherwood	16.73	1
6 hardt, nolan	South Lincoln H S	17.75	
7 Martin, Mack	Centennial S S	18.90	
8 Frager-Wells, Ben	Westdale	19.02	

Men 300 Meter Hurdles Junior

Name	School	Finals	H#	Points
Finals				
1 Nickel, Matthew	Sir Winston Churchill S S	43.14	2	6
2 Holmes, Jack	Highland	43.91	2	4
3 Parchment, Duan	Laura Secord S S	44.80	2	3
4 Culver, Josh	Sherwood	44.97	2	2
5 Borisenko, Cameron	E. L. Crossley S S	45.04	2	1
6 Wilson, Mack	Laura Secord S S	45.42	2	
7 Miller, Michael	E. L. Crossley S S	45.90	2	
8 Cowling, Will	Laura Secord S S	48.35	1	
9 McNamara, Leeland	St. Michael H S	50.31	2	
10 Martin, Mack	Centennial S S	54.14	1	

Men 4x100 Meter Relay Junior

Team	Relay	Finals	H#	Points
Finals				
1 Denis Morris H S	A	46.62	2	6
2 E. L. Crossley S S	A	48.37	2	4
3 Sir Winston Churchill S S	A	49.32	2	3
2) Lillo, David				
3) Fortalezee, Alvin				
4) Nickel, Matthew				
4 St. Paul H S	A	50.07	2	2
5 Ancaster High	A	50.15	2	1
1) Petropoulos, Nick	2) DeLuca, Nick			
3) Russell, Connor				
4) Kehinde, Michael				
6 Westdale	A	51.07	2	
1) Jivani, Aahil	2) Fragers-Wells, Ben			
3) Ogrady, Lucas				
4) MacKinnon, Ian				
7 Guido de Bres	A	52.84	1	
1) Nordeman, Andrew	2) Ludwig, Tim			
3) Vansydenborgh, Joel				
4) Bultje, Caleb				
8 Blessed Trinity H S	A	52.95	1	
9 Smithville District C H S	A	53.43	1	
10 McKinnon Park H S	A	55.23	1	
11 Notre Dame College	A	55.53	1	
1) Ciaraldi, Anthony	2) Menendez, Junior			
3) Brydges, Earl				
4) Valenda, Joseph				
--- A.N. Myer S S	A	DQ	2	
1) Smith, Alexander	2) Coatsworth, Lucas			
3) Paterson, Joshua				
4) Dagelman, Rushon				
--- Holy Cross H S	A	DQ	2	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Men High Jump Junior**

	Name	School	Finals	Points
Finals				
1	Montgomery, Cole	E. L. Crossley S S	1.75m	6
2	Bailey, David	West Park S S	1.70m	3.50
2	Gauld, Logan	Thorold S S	1.70m	3.50
4	Nickel, Matthew	Sir Winston Churchill S S	J1.70m	2
5	Huisman, Josh	Hamilton District	J1.70m	1
6	Ludwig, Tim	Guido de Bres	1.65m	
7	Kehinde, Michael	Ancaster High	J1.65m	
7	Simpson, James	St. Paul H S	J1.65m	
7	DeLuca, Nick	Ancaster High	J1.65m	
10	Paterson, Joshua	A.N. Myer S S	1.60m	
11	Finlay, Elijah	A.N. Myer S S	J1.60m	
12	Whitty, Issac	Thorold S S	J1.60m	
13	Samuel, Kyle	Jean Vanier E S	1.55m	
14	Stieva, Jacob	Guido de Bres	J1.55m	

Men Pole Vault Junior

	Name	School	Finals	Points
Finals				
1	Mueller, Joel	Ridgeway-Crystal Beach	4.00m	6
2	Lynett, Malcolm	E. L. Crossley S S	2.60m	4
3	Wilson, Mack	Laura Secord S S	2.30m	3
4	Dickerson, Tyler	Ridgeway-Crystal Beach	J2.30m	2
5	Leduc, Brock	E. L. Crossley S S	J2.30m	1

Men Long Jump Junior

	Name	School	Finals	Points
Finals				
1	Bell, Twanell	Denis Morris H S	6.31m	6
2	Fortaleza, Alvin	Sir Winston Churchill S S	6.16m	4
3	Chambers, Jake	Denis Morris H S	6.04m	3
4	Wilson, Akeem	Denis Morris H S	6.01m	2
5	Montgomery, Cole	E. L. Crossley S S	5.78m	1
6	Lorte, Adrian	Stamford C & V I	5.64m	
7	Jones, Colton	Lakeshore C H S	5.45m	
8	Lynett, Malcolm	E. L. Crossley S S	5.43m	
9	Mooney, Maverick	Parkside	5.20m	
10	Gosney, Austen	Waterdown	5.10m	
11	Finlay, Elijah	A.N. Myer S S	5.03m	
12	Servos, Max	Highland	4.74m	
13	Lazdins, Victor	Ancaster High	4.02m	
14	Nieuwold, Richard	Heritage Christian School	3.66m	

Men Triple Jump Junior

	Name	School	Finals	Points
Finals				
1	Bell, Twanell	Denis Morris H S	13.00m	6
2	Selman, Jaquan	Denis Morris H S	12.71m	4
3	Fortaleza, Alvin	Sir Winston Churchill S S	12.36m	3
4	Nieuwold, Richard	Heritage Christian School	12.33m	2

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Men Triple Jump Junior)**

	Name	School	Finals	Points
5	Lynett, Malcolm	E. L. Crossley S S	12.26m	1
6	Lorte, Adrian	Stamford C & V I	12.23m	
7	Chambers, Jake	Denis Morris H S	12.15m	
8	Jones, Colton	Lakeshore C H S	11.87m	
9	Paterson, Joshua	A.N. Myer S S	11.23m	
10	Huisman, Josh	Hamilton District	11.21m	
11	Finlay, Elijah	A.N. Myer S S	10.64m	
12	Roth, Evan	Hamilton District	10.52m	
13	Lazdins, Victor	Ancaster High	10.50m	
14	Kampen, Tyler	Guido de Bres	9.75m	
15	Schulenberg, Connor	Guido de Bres	9.53m	

Men Shot Put Junior

	Name	School	Finals	Points
Finals				
1	Jobson, Alex	Governor Simcoe S S	14.13m	6
2	Hepburn, Benjamin	Waterdown	14.04m	4
3	Arshembault, Cole	Notre Dame College	12.75m	3
4	Nardangeli, Nolan	Denis Morris H S	12.60m	2
5	Clattenburg, Lucas	Port Colborne H S	12.42m	1
6	Brennan, Lukas	West Park S S	12.30m	
7	Broderick, Justin	Thorold S S	12.25m	
8	Corfield, Greg	St. Paul H S	11.87m	
9	Gosney, Austen	Waterdown	11.74m	
10	Messing, Brent	St. Paul H S	11.48m	
11	Cojocari, Vlad	Denis Morris H S	11.06m	
12	Holmes, Alex	Highland	10.94m	
13	Demizio, Nick	St. Paul H S	10.43m	
14	Boeringa, Denver	Guido de Bres	10.42m	
15	Sim, Ben	Highland	9.15m	

Men Discus Throw Junior

	Name	School	Finals	Points
Finals				
1	Armstrong, Austin	E. L. Crossley S S	45.15m	6
2	Clattenburg, Lucas	Port Colborne H S	43.29m	4
3	Dickerson, Tyler	Ridgeway-Crystal Beach	42.15m	3
4	Martin, Bryce	Ridgeway-Crystal Beach	38.77m	2
5	cole, josh	South Lincoln H S	38.23m	1
6	Colavecchio, Matteo	St. Francis S S	38.08m	
7	hardt, nolan	South Lincoln H S	33.49m	
8	Hartwick, Craig	E. L. Crossley S S	33.46m	
9	Boeringa, Denver	Guido de Bres	31.73m	
10	Cojocari, Vlad	Denis Morris H S	31.12m	
11	Comley, Jacob	Saltfleet	28.49m	
12	Doust, Abid	Barton S.S.	27.98m	
13	Penner, Jeremy	Sir Winston Churchill S S	26.80m	
14	Ludwig, Tim	Guido de Bres	25.12m	
15	Sim, Ben	Highland	24.56m	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Men Javelin Throw Junior**

	Name	School	Finals	Points
Finals				
1	Folkerts, Simon	Smithville District C H S	50.71m	6
2	Lane, Noah	Blessed Trinity H S	49.54m	4
3	Penner, Jeremy	Sir Winston Churchill S S	46.78m	3
4	Waliki, Tyler	Laura Secord S S	45.70m	2
5	Alexandrov, Daniel	Eden High School	44.15m	1
6	Marshall, Evan	Waterdown	44.03m	
7	Collie, Koldin	E. L. Crossley S S	39.60m	
8	Collard, Kyle	Centennial S S	36.91m	
9	Stieva, Jacob	Guido de Bres	36.44m	
10	Huisman, Josh	Hamilton District	34.88m	
11	Van, Kelvin	Saltfleet	34.05m	
12	Coatsworth, Lucas	A.N. Myer S S	33.73m	
13	Kehinde, Michael	Ancaster High	30.15m	
14	Lewis, Nathan	Dunnville S S	26.28m	

Men 100 Meter Dash Senior

	Name	School	Prelims	H#
Preliminaries				
1	Decker, Shane	Denis Morris H S	11.29 Q	2
2	Augustine, Johnny	Notre Dame College	11.30 Q	1
3	George, Jabari	Denis Morris H S	11.33 Q	1
4	Francis, Matt	Denis Morris H S	11.43 Q	2
5	Idowu, Lekan	Denis Morris H S	11.37 q	1
6	Brannigan, Kelvyn	Notre Dame College	11.44 q	2
7	Guzlak-Messam, Isaiah	Sir Allan MacNab	11.45 q	1
8	Kaleniuck, Elijah	Ridgeway-Crystal Beach	11.51 q	2
9	Harding, Shane	Lakeshore C H S	11.52	2
10	Gadsby, Ben	Beamsville D S S	11.62	2
11	Burjaw, Taylor	Ancaster High	11.66	1
12	Meredith, Tyran	Notre Dame College	11.79	1
13	Tunde-Idowu, Tomi	Hamilton District	11.91	2
14	Okwudili, Elvis	Hamilton District	12.00	1
15	Bourassa, Justin	Parkside	12.16	1

Men 100 Meter Dash Senior

	Name	School	Finals	Points
Finals				
1	Decker, Shane	Denis Morris H S	11.30	6
2	Augustine, Johnny	Notre Dame College	11.33	4
3	Brannigan, Kelvyn	Notre Dame College	11.51	3
4	Francis, Matt	Denis Morris H S	11.55	2
5	George, Jabari	Denis Morris H S	11.58	1
6	Idowu, Lekan	Denis Morris H S	11.59	
7	Guzlak-Messam, Isaiah	Sir Allan MacNab	11.60	
8	Kaleniuck, Elijah	Ridgeway-Crystal Beach	11.61	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Men 200 Meter Dash Senior**

	Name	School	Finals	H#	Points
Finals					
1	Decker, Shane	Denis Morris H S	22.79	2	6
2	Kaleniuck, Elijah	Ridgeway-Crystal Beach	23.20	2	4
3	Harding, Shane	Lakeshore C H S	23.23	1	3
4	Brannigan, Kelvyn	Notre Dame College	23.47	2	2
5	Westbrook, Calum	Sir Winston Churchill S S	23.50	2	1
6	Francis, Matt	Denis Morris H S	23.56	2	
7	Gadsby, Ben	Beamsville D S S	23.59	2	
8	Guzlak-Messam, Isaiah	Sir Allan MacNab	23.75	1	
9	Dion, Garrett	Sir Winston Churchill S S	23.76	2	
10	Biamonte, Pino	St. Paul H S	24.33	1	
11	Fortin, Jordan	Westlane S S	24.58	1	
12	Bourassa, Justin	Parkside	24.94	1	
13	Tunde-Idowu, Tomi	Hamilton District	25.02	1	
14	Lymen, Brock	Orchard Park	25.24	1	

Men 400 Meter Dash Senior

	Name	School	Finals	H#	Points
Finals					
1	Hildebrand, Zachary	St. Michael H S	50.61	2	6
2	Dion, Garrett	Sir Winston Churchill S S	51.06	2	4
3	George, Jabari	Denis Morris H S	51.30	2	3
4	Rizzo, Nick	E. L. Crossley S S	52.93	2	2
5	Fortin, Jordan	Westlane S S	53.23	2	1
6	Westin, Austin	Notre Dame College	53.81	2	
7	Westbrook, Calum	Sir Winston Churchill S S	53.98	2	
8	Parker, Justin	McKinnon Park H S	54.76	2	
9	Pessoa, Ian	Orchard Park	55.36	1	
10	Beaudry, Ricky	Governor Simcoe S S	56.26	1	
11	Kapteyn, Cameron	Westmount	56.67	1	
12	Ali, Siddique	Governor Simcoe S S	57.48	1	
13	Giddens, Willie	Highland	58.75	1	
---	Muhammad, Owais	Glendale	DNF	1	

Men 800 Meter Run Senior

	Name	School	Finals	H#	Points
Finals					
1	Smith, Liam	Highland	1:58.66	2	6
2	Mol, Jeremy	St. Francis S S	2:01.54	2	4
3	Kountourogiannis, Theodore	Westlane S S	2:03.17	2	3
4	Mark, Germano	Notre Dame College	2:06.64	2	2
5	Dehghan, Nathan	Ancaster High	2:07.16	2	1
6	Fortaleza, Mike	Sir Winston Churchill S S	2:10.58	2	
7	Mills, Jack	Ancaster High	2:13.65	1	
8	Li, Peter	Sir Winston Churchill S S	2:14.10	1	
9	Barkway, Garrison	Eden High School	2:15.33	2	
10	Pollock, Damian	Westlane S S	2:16.78	1	
11	Brady, Dalton	Centennial S S	2:18.96	1	
12	Dale, Ben	Great Lakes Christian Col	2:19.49	2	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Men 800 Meter Run Senior)**

Name	School	Finals	H#	Points
13 McGarr, Matt	St. Paul H S	2:20.10	1	

Men 1500 Meter Run Senior

Name	School	Finals	Points
Finals			
1 Smith, Troy	Grimsby D S S	4:03.06	
2 Smith, Liam	Highland	4:09.31	
3 Kountourogiannis, Theodore	Westlane S S	4:11.92	
4 Sanders, Brendan	Westlane S S	4:12.00	
5 Godin, Zachary	Sir Winston Churchill S S	4:16.84	
6 Kenny, Braden	Denis Morris H S	4:22.49	
7 Mol, Jeremy	St. Francis S S	4:23.30	
8 Mark, Germano	Notre Dame College	4:27.54	
9 Dehghan, Nathan	Ancaster High	4:28.96	
10 Vangoolen, Rob	Guido de Bres	4:39.88	
11 Shah, Jay	Westlane S S	4:44.42	
12 Singh, Shane	Saltfleet	4:49.26	
13 Fama, Landon	Parkside	5:04.62	

Men 3000 Meter Run Senior

Name	School	Finals	Points
Finals			
1 Smith, Troy	Grimsby D S S	9:08.39	6
2 Nebel, Andrew	Sir Winston Churchill S S	9:15.73	4
3 Sanders, Brendan	Westlane S S	9:16.11	3
4 Godin, Zachary	Sir Winston Churchill S S	9:19.43	2
5 Kenny, Braden	Denis Morris H S	9:39.72	1
6 Cormier, Matthew	Sir Winston Churchill S S	9:43.45	
7 Young, Tyler	E. L. Crossley S S	10:18.77	
8 Deba, Eric	E. L. Crossley S S	10:30.47	
9 Thorburn, Brandon	Ancaster High	10:34.32	
10 Jones, Will	Ancaster High	10:34.70	
11 Mahdi, Abdi	Sir John A MacDonald	10:36.85	
12 Dejager, Josh	Highland	10:55.61	

Men 110 Meter Hurdles Senior

Name	School	Prelims	H#
Preliminaries			
1 Stirtzinger, Jesse	Grimsby D S S	15.64 Q	2
2 Wu, Marcus	Westmount	15.82 Q	1
3 Katulic-Ducharme, Nic	Centennial S S	16.15 Q	1
4 Stones, Kevin	Beamsville D S S	16.61 Q	2
5 Bonneau, Kevin	Grimsby D S S	16.30 q	1
6 Schertzer, Kyle	Sir Winston Churchill S S	16.70 q	2
7 Wilkinson, Jack	Highland	17.91 q	2
8 Stewart, Desmond	Laura Secord S S	18.12 q	1
9 Bates, Isaac	Hamilton District	18.65	1
10 Bourassa, Justin	Parkside	19.94	1
11 Botterill, Bryce	Highland	19.95	2
12 Tolentino, Michael	St. Michael H S	23.54	2

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Men 110 Meter Hurdles Senior**

	Name	School	Finals	Points
Finals				
1	Stirtzinger, Jesse	Grimsby D S S	15.46	6
2	Katulic-Ducharme, Nic	Centennial S S	15.94	4
3	Bonneau, Kevin	Grimsby D S S	16.41	3
4	Schertzer, Kyle	Sir Winston Churchill S S	16.42	2
5	Stones, Kevin	Beamsville D S S	16.56	1
6	Wu, Marcus	Westmount	16.87	
7	Stewart, Desmond	Laura Secord S S	17.64	
8	Wilkinson, Jack	Highland	17.74	

Men 400 Meter Hurdles Senior

	Name	School	Finals	H#	Points
Finals					
1	Hildebrand, Zachary	St. Michael H S	59.20	2	
2	Stones, Kevin	Beamsville D S S	1:00.19	2	
3	Dwyer, Hamid	Sir Allan MacNab	1:01.06	2	
4	Whyte, Drake	Ridgeway-Crystal Beach	1:01.66	2	
5	Katulic-Ducharme, Nic	Centennial S S	1:02.11	2	
6	Lymen, Brock	Orchard Park	1:02.12	2	
7	Wilkinson, Jack	Highland	1:04.91	2	
8	Miller, Tim	E. L. Crossley S S	1:05.25	1	
9	Slaa, Fraser	Guido de Bres	1:05.34	1	
10	Martin, Brock	Grimsby D S S	1:05.95	2	
11	Botterill, Bryce	Highland	1:06.84	1	
12	Tadeson, Adam	Grimsby D S S	1:07.04	1	
13	Richard, Austin	Lakeshore C H S	1:08.19	1	
14	Allingham, Michael	Grimsby D S S	1:09.08	1	
15	Rozon, Eric	Sir Winston Churchill S S	1:11.63	1	

Men 4x100 Meter Relay Senior

	Team	Relay	Finals	H#	Points
Finals					
1	Notre Dame College 1) Augustine, Johnny	A 2) Brannigan, Kevlyn	44.69	2	6
2	Denis Morris H S 1) Bell, Twanell	A 2) Prince, Byron	44.69	2	4
3	Sir Winston Churchill S S 1) Westbrook, Calum	A 3) Schertzer, Kyle	46.10	2	3
4	E. L. Crossley S S	A	46.19	2	2
5	Lakeshore C H S	A	46.57	2	1
6	St. Francis S S 1) Purcha, Rob	A 2) Cook, Dahlen	46.75	2	
7	Sir Allan MacNab 1) Haynes, Brett	A 2) Dwyer, Hamid	47.41	1	
8	Hamilton District	A	47.73	1	
9	A.N. Myer S S	A	48.30	2	
10	West Park S S	A	48.44	1	
11	Grimsby D S S 1) Martin, Brock	A 2) Stirtzinger, Jesse	48.55	1	
		3) Joseph, Ralph 3) Idowu, Lekan 3) Espino, Jeremy 3) Guzlak-Messam, Isaiah 3) Bonneau, Kevin	4) Westin, Austin 4) George, Jabari 4) Abdula, Adam 4) Damiano, Alex 4) Dixon, Andre 4) Snyder, Trent		

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Men 4x100 Meter Relay Senior)**

Team	Relay	Finals	H#	Points
12 Centennial S S	A	50.25	1	
1) Brady, Dalton	2) Smith, Stephen	3) Berketo, Noah	4) Parry, Cameron	
13 Sherwood	A	50.36	1	
1) Alkayat, Muntazer	2) Douglin, Nathaniel	3) Osmond-Ward, Quintin	4) Ellis, Brent	

Men High Jump Senior

Name	School	Finals	Points
Finals			
1 Hunt, J.T.	St. Michael H S	1.93m	6
2 Parry, Cameron	Centennial S S	1.90m	4
3 Peebles, Mitchell	Eastdale S S	1.85m	3
4 Scott, Connor	West Park S S	1.80m	2
5 Alfico, Flavio	Glendale	J1.80m	1
6 Datema, Caleb	Guido de Bres	1.75m	
7 Stones, Kevin	Beamsville D S S	J1.75m	
8 Jaskiewicz, Kevin	Denis Morris H S	1.70m	
9 Taylor, Zach	Governor Simcoe S S	J1.70m	
10 Mans, Brad	Guido de Bres	1.65m	
11 Hoffman, Sean	Eastdale S S	J1.65m	
12 Kennett, Matt	Ancaster High	1.60m	
13 Cheung, Martin	Niagara Christian College	J1.60m	

Men Pole Vault Senior

Name	School	Finals	Points
Finals			
1 Marcil, Jesse	Ridgeway-Crystal Beach	4.20m	6
2 Smith, Tyler	Ridgeway-Crystal Beach	3.45m	4
3 St. Pierre, Eric	Ridgeway-Crystal Beach	J3.45m	3
4 Bolton, Andy	Ridgeway-Crystal Beach	3.30m	1.50
4 Watson, Cole	E. L. Crossley S S	3.30m	1.50
6 Young, Tyler	E. L. Crossley S S	3.15m	
--- Lourenssen, Jason	Eden High School	FAIL	
--- Fortin, Jordan	Westlane S S	FAIL	

Men Long Jump Senior

Name	School	Finals	Points
Finals			
1 Dion, Garrett	Sir Winston Churchill S S	6.31m	6
2 Kit, Austin	Orchard Park	6.28m	4
3 Wu, Marcus	Westmount	6.20m	3
4 Francis, Matt	Denis Morris H S	6.18m	2
5 Kapetanovic, David	Westlane S S	6.05m	1
6 Stirtzinger, Jesse	Grimsby D S S	5.98m	
7 Suen, Daniel	Niagara Christian College	5.92m	
8 Zantingh, Joe	Smithville District C H S	5.77m	
9 Datema, Caleb	Guido de Bres	5.57m	
10 Okwudili, Elvis	Hamilton District	5.49m	
11 Katulic-Ducharme, Nic	Centennial S S	5.44m	
12 Wimperis, Alex	Lakeshore C H S	4.98m	
--- hall, dan	South Lincoln H S	FOUL	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Men Triple Jump Senior**

	Name	School	Finals	Points
Finals				
1	Ingraham, Jordan	E. L. Crossley S S	12.71m	6
2	Kit, Austin	Orchard Park	12.27m	4
3	Suen, Daniel	Niagara Christian College	12.23m	3
4	Datema, Caleb	Guido de Bres	12.14m	2
5	Idowu, Lekan	Denis Morris H S	12.13m	1
6	Parker, Justin	McKinnon Park H S	11.94m	
7	Haslam, Brad	Sir Winston Churchill S S	11.91m	
8	Abdula, Adam	Sir Winston Churchill S S	11.48m	
9	Zantingh, Joe	Smithville District C H S	11.44m	
10	Sohal, Arjun	St. Michael H S	11.24m	
11	Hogg, William	Fort Erie S S	11.18m	
12	hall, dan	South Lincoln H S	10.87m	
13	Dugas, Tyler	Barton S.S.	9.94m	

Men Shot Put Senior

	Name	School	Finals	Points
Finals				
1	Marr, Kyle	Dunnville S S	13.73m	6
2	Brew, Mychael	St. Catharines C I & V S	13.25m	4
3	Derwinsky, Wes	Thorold S S	12.63m	3
4	Kenny, Chris	Denis Morris H S	12.03m	2
5	Brown, Ben	Sir Allan MacNab	11.97m	1
6	Koroll, Zach	Governor Simcoe S S	11.87m	
7	Barnett, Bowman	Eastdale S S	11.85m	
8	Williams, Aaron	Guido de Bres	11.26m	
9	Soccio-Marandola, Sebastian	Denis Morris H S	11.03m	
10	Williams, Jake	Sir Allan MacNab	11.00m	
11	Kruger, Ewald	St. Michael H S	10.87m	
12	Joosse, Brad	Guido de Bres	10.15m	
13	Madden, Frank	Sir Winston Churchill	9.57m	

Men Discus Throw Senior

	Name	School	Finals	Points
Finals				
1	Koroll, Zach	Governor Simcoe S S	47.15m	6
2	Felker, Justin	Sir Winston Churchill S S	43.85m	4
3	Marr, Kyle	Dunnville S S	37.85m	3
4	Lisoy, Colin	Sir Winston Churchill S S	37.84m	2
5	Norang, Prang	St. Paul H S	36.35m	1
6	Kreuger, Zack	Port Colborne H S	35.63m	
7	Matiasz, Dalton	Ridgeway-Crystal Beach	34.19m	
8	Kucic, Tomas	Highland	31.88m	
9	Davis, Alec	Ridgeway-Crystal Beach	31.07m	
10	Williams, Aaron	Guido de Bres	27.68m	
11	Brew, Mychael	St. Catharines C I & V S	27.03m	
12	Colavecchia, Zach	Denis Morris H S	26.53m	
13	Blokker, Tyson	Guido de Bres	26.29m	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Men Javelin Throw Senior**

	Name	School	Finals	Points
Finals				
1	Rhodes, Jason	St. Paul H S	46.96m	6
2	Hutton, Randy	Blessed Trinity H S	46.18m	4
3	Dale, Ben	Great Lakes Christian Col	45.65m	3
4	Fisher, Reece	St. Paul H S	44.46m	2
5	Epp, Shawn	Denis Morris H S	42.52m	1
6	erskine, kyle	South Lincoln H S	40.70m	
7	Felker, Justin	Sir Winston Churchill S S	39.73m	
8	Cropper, Zach	Hamilton District	38.55m	
9	Vail, Mitchel	Ridgeway-Crystal Beach	38.23m	
10	Maecker, Mark	E. L. Crossley S S	36.13m	
11	Price, Sam	Centennial S S	33.17m	
12	Bylsma, Alex	Highland	32.77m	
13	Northey, Jake	Highland	32.37m	
14	MacKenzie, Gage	Sir Allan MacNab	30.12m	

Men 2000 Meter Steeplechase Open

	Name	School	Finals	Points
Finals				
1	Nebel, Andrew	Sir Winston Churchill S S	6:34.17	6
2	Hambly, Kent	Ancaster High	6:43.98	4
3	Young, Tyler	E. L. Crossley S S	6:46.74	3
4	Fortaleza, Mike	Sir Winston Churchill S S	6:47.74	2
5	Walicki, Dylan	Eden High School	6:54.86	1
6	Cormier, Matthew	Sir Winston Churchill S S	6:58.48	
7	deJong, Calvin	Guido de Bres	7:01.88	
8	Rempel, Jared	E. L. Crossley S S	7:07.63	
9	Hassan, Nasrudin	Laura Secord S S	7:12.31	
10	VanHell, Kyle	Centennial S S	7:14.45	
11	Mahdi, Abdi	Sir John A MacDonald	7:16.88	
12	McConnell, Luke	Ancaster High	7:26.28	
13	Sober, John	Parkside	7:33.83	
14	Leblanc, Marcel	Eastdale S S	7:35.15	
---	Baker, Nathaniel	Centennial S S	DNF	

Men 4x400 Meter Relay Open

	Team	Relay	Finals	H#	Points
Finals					
1	Highland	A	3:40.14	2	6
	1) Smith, Liam	2) Manson, Tom	3) Fisher, Owen	4) Holmes, Jack	
2	Sir Winston Churchill S S	A	3:46.37	2	4
3	E. L. Crossley S S	A	3:49.52	2	3
4	Guido de Bres	A	3:50.11	2	2
	1) deJong, Calvin	2) Ravensbergen, Josh	3) Post, Jesse	4) Bergsma, Arin	
5	A.N. Myer S S	A	3:51.23	2	1
6	Ridgeway-Crystal Beach	A	3:51.50	2	
7	St. Francis S S	A	3:54.86	2	
8	Laura Secord S S	A	3:55.12	1	
9	Denis Morris H S	A	3:58.43	1	
10	Ancaster High	A	3:59.04	1	

2013 SOSSA TRACK & FIELD CHAMPIONSHIP - 13/03/2013**Niagara Olympic Club Centre - West Park****Results****Finals ... (Men 4x400 Meter Relay Open)**

	Team	Relay	Finals	H#	Points
11	Centennial S S	A	4:08.23	1	
12	Eastdale S S	A	4:15.18	1	
---	Grimsby D S S	A	DNF	2	

Men 100 Meter Dash Visually Imp Blind

	Name	School	Finals	Points
Finals				
1	McLeod, Adam	Lakeshore C H S	17.15	6

Men 800 Meter Run Visually Imp Blind

	Name	School	Finals	Points
Finals				
1	McLeod, Adam	Lakeshore C H S	3:13.46	6

Men 100 Meter Dash Intellectual Ambulatory

	Name	School	Finals	Points
Finals				
1	Ladd, Chandler	Lakeshore C H S	14.80	6