

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Women 100 Meter Dash Midget****Zone IV: 12.96 R 13/05/2005** LEIGH VEERMAN**Pre 2004: 12.20 r 1979** YVETTE JULES

Name	School	Prelims
Preliminaries		
1 VIKTORIA VANZANTEI	HERITAGE CHR	13.32Q
2 EMILIE DANIEL	GOVERNOR SIM	13.68Q
3 MIRANDA CRAIG	BLESSED TRIN	14.10Q
4 JADE CONWAY	HOLY CROSS H	14.26Q
5 ALLY SZABO	BLESSED TRIN	14.38q
6 KYLIE LAUS	BLESSED TRIN	14.44q
7 ALANA HEWSON	SMITHVILLE D	14.48q
8 TAYLOR ALDE	SOUTH LINCOL	14.70q
9 HANNAH MEINDERS	SMITHVILLE D	14.80
10 ERICA SIMMANIVONG	DENIS MORRIS	14.83
11 SYDNEY MUMFORD	EDEN HIGH SC	14.91
12 TERI SIMONE	EDEN HIGH SC	15.00
13 MICHELLE OROURKE	HOLY CROSS H	15.12
14 NICOLE WIENS	EDEN HIGH SC	15.20
15 TIANAH DIFEDE	DENIS MORRIS	16.64
--- LAUREN WATTERS	BLESSED TRIN	DNS

Women 100 Meter Dash Midget**Zone IV: 12.96 R 13/05/2005** LEIGH VEERMAN**Pre 2004: 12.20 r 1979** YVETTE JULES

Name	School	Finals
Finals		
1 VIKTORIA VANZANTEI	HERITAGE CHR	12.97 6
2 EMILIE DANIEL	GOVERNOR SIM	13.30 4
3 ALLY SZABO	BLESSED TRIN	13.97 3
4 MIRANDA CRAIG	BLESSED TRIN	14.00 2
5 JADE CONWAY	HOLY CROSS H	14.05 1
6 ALANA HEWSON	SMITHVILLE D	14.23
7 TAYLOR ALDE	SOUTH LINCOL	14.56
--- KYLIE LAUS	BLESSED TRIN	DNS

Women 200 Meter Dash Midget**Zone IV: 26.59 R 17/05/2012** SAVANAH ALLEN**Pre 2004: 25.25 r 1997** DIANE PEITSCH

Name	School	Finals
Finals		
1 JASMINE LOUGHEED	LAURA SECORI	26.72 6
2 VIKTORIA VANZANTEI	HERITAGE CHR	27.16 4
3 EMILIE DANIEL	GOVERNOR SIM	27.94 3
4 SARAH COBURN	DENIS MORRIS	29.38 2
5 MADELEINE SMITH	CHURCHILL, S	29.97 1
6 TAYLOR THOMSON	BLESSED TRIN	30.05
7 ALANA HEWSON	SMITHVILLE D	30.09
8 LIZ BERNARD	SOUTH LINCOL	30.25
9 SARAH SGAMBELURRI	BLESSED TRIN	30.70
10 SYDNEY MUMFORD	EDEN HIGH SC	30.73
11 ALLY SZABO	BLESSED TRIN	30.86
12 HANNAH MEINDERS	SMITHVILLE D	31.08
13 MICHELLE OROURKE	HOLY CROSS H	31.68
14 KEESHIA KAMPING	SMITHVILLE D	32.96

15 MARISA VANREINSBU	SMITHVILLE D	33.06
--- TAYLOR ALDE	SOUTH LINCOL	DNS

Women 400 Meter Dash Midget**Zone IV: 1:01.66 R 12/05/2010** MADISON CLARKE**Pre 2004: 1:01.60 r 1981** LORI LITTLEBOY

Name	School	Finals
Finals		
1 JASMINE LOUGHEED	LAURA SECORI	1:02.83 6
2 KENNEDY THOMSON	CHURCHILL, S	1:03.39 4
3 MIKAYLA SONNENBEF	LAURA SECORI	1:05.57 3
4 TAYLOR THOMSON	BLESSED TRIN	1:09.27 2
5 SARAH COBURN	DENIS MORRIS	1:10.24 1
6 ALYSSA MUIR	ST. CATHARIN	1:12.27
7 KALLIE CHARETTE	DENIS MORRIS	1:15.16
8 KIMBERLYN SHEEHAN	ST. FRANCIS	1:18.19
9 JUMANA BASHA	ST. FRANCIS	1:29.54
--- HAYLEA MCGAHAN-JC	ST. CATHARIN	DNS

Women 800 Meter Run Midget**Zone IV: 2:23.55 R 17/05/2012** TRACEY MYERS**Pre 2004: 2:20.50 r 1999** MONIKA GRABOWIECKA

Name	School	Finals
Finals		
1 KENNEDY THOMSON	CHURCHILL, S	2:31.39 6
2 KAYLA BAKER	BLESSED TRIN	2:50.34 4
3 RACHEL MILLER	EDEN HIGH SC	2:53.86 3
4 SELENA HAGOPIAN	ST. FRANCIS	3:19.73 2

Women 1500 Meter Run Midget**Zone IV: 4:57.78 R 13/05/2004** KELSIE SLATER**Pre 2004: 4:54.80 r 1999** MONIKA GRABOWIECKA

Name	School	Finals
Finals		
1 KAYLA BAKER	BLESSED TRIN	5:34.34 6
2 TAYLOR THOMSON	BLESSED TRIN	5:36.77 4
--- JUSTICE WHITE	KERNAHAN PAI	SCR
--- HAYLEY MCMILLAN	GRIMSBY DSS	SCR

Women 3000 Meter Run Midget**Zone IV: 10:39.44 R 13/05/2010** COURTNEY FALARDEAU**Pre 2004: 11:03.97 r 2000** MONIKA GRABOWIECKA

Name	School	Finals
Finals		
1 RACHEL LANGELAAN	BLESSED TRIN	12:09.09 6

Women 80 Meter Hurdles Midget**Zone IV: 13.10 R 13/05/2010** MARY OLLIER**Pre 2004: 12.50 r 1982** SHARI ORDERS

Name	School	Prelims
Preliminaries		
1 JASMINE LOUGHEED	LAURA SECORI	13.16q
2 RACHEL LANGELAAN	BLESSED TRIN	13.66q
3 LAUREN WATTERS	BLESSED TRIN	13.94q
4 DANIELLE SAULNIER	GRIMSBY DSS	14.51q
5 MIKAYLA SONNENBEF	LAURA SECORI	14.99q
6 RACHEL HOLODNIUK	GRIMSBY DSS	15.25q

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013

Niagara Olympic Club- West Park

Results

Preliminaries ... (Women 80 Meter Hurdles Midget)

Name	School	Prelims
7 AMANDA SIPOS	BLESSED TRIN	15.37q
8 JULIA MEEBOER	BEAMSVILLE D	15.80q
9 MARISA VANREINSBU	SMITHVILLE D	16.12
10 HANNAH MEINDERS	SMITHVILLE D	16.34
11 HAILEY OROSZ	SOUTH LINCOL	16.68
12 KEESHIA KAMPING	SMITHVILLE D	17.31
13 TAYLOR ALDE	SOUTH LINCOL	17.48
14 DIANA PRALESKA	GRIMSBY DSS	17.67
15 EMILY SUELZLE	EDEN HIGH SC	18.29
--- AMANDA ABRAMS	BLESSED TRIN	DNS

Women 80 Meter Hurdles Midget

Zone IV: 13.10 R 13/05/2010 MARY OLLIER

Pre 2004: 12.50 r 1982 SHARI ORDERS

Name	School	Finals
Finals		
1 JASMINE LOUGHEED	LAURA SECORI	12.85R 6
2 RACHEL LANGELAAN	BLESSED TRIN	13.28 4
3 LAUREN WATTERS	BLESSED TRIN	13.74 3
4 DANIELLE SAULNIER	GRIMSBY DSS	14.06 2
5 AMANDA SIPOS	BLESSED TRIN	14.20 1
6 RACHEL HOLODNIUK	GRIMSBY DSS	14.47
7 MIKAYLA SONNENBEF	LAURA SECORI	15.36
8 JULIA MEEBOER	BEAMSVILLE D	15.81

Women 300 Meter Hurdles Midget

Zone IV: 47.23 R 13/05/2005 ESTHER VERMEER

Pre 2004: 47.07 r 1997 KRISTY DEVRIES

Name	School	Finals
Finals		
1 JULIA MEEBOER	BEAMSVILLE D	53.18 6
2 DANIELLE SAULNIER	GRIMSBY DSS	53.48 4
3 LIZ BERNARD	SOUTH LINCOL	53.53 3
4 MIKAYLA SONNENBEF	LAURA SECORI	53.89 2
5 AMANDA SIPOS	BLESSED TRIN	55.48 1
6 DIANA PRALESKA	GRIMSBY DSS	56.03
7 HAILEY OROSZ	SOUTH LINCOL	56.59
8 PHOEBE GALVAN	LAURA SECORI	1:05.11

Women 4x100 Meter Relay Midget

Zone IV: 55.12 R 12/05/2005 GRIMSBY SECONDARY

K. MacLeod, H.r Kurpe, V. Lang, B. Kadwell

Pre 2004: 53.20 R 1977

Pre 2004: 53.20 r 1971

Team	Relay	Finals
Finals		
1 GRIMSBY D S S	A	56.27 6
1) DANIELLE SAULNIER	2) RACHEL HOLODNIUK	
3) DIANA PRALESKA	4) ALYSSA WEBER	
2 DENIS MORRIS H S	A	56.70 4
3 BLESSED TRINITY H S	A	56.87 3
1) KYLIE LAUS	2) ALLY SZABO	
3) LAUREN WATTERS	4) MIRANDA CRAIG	
4 SMITHVILLE D	A	59.46 2

5 ST. CATHARIN	A	1:04.66 1
1) TABBETHIA MCFALL	2) SHAELYNN MORRIS	
3) JENNIFER RIVERA	4) KYLA TOWNSEND	

Women High Jump Midget

Zone IV: 1.56m R 14/05/2009 CRYSTAL ELMERS

Pre 2004: 1.63m r 1990 JANET WHEELER

Name	School	Finals
Finals		
1 OLIVIA HAMLYN	EDEN HIGH SC	1.45m 6
2 SHANNON COLLING	BLESSED TRIN	1.40m 4
3 AMANDA SIPOS	BLESSED TRIN	1.30m 3
4 ALANA HEWSON	SMITHVILLE D	J1.30m 2
5 KAYLA BAJZERT	BLESSED TRIN	J1.30m 1
--- KALEY LAKATOS	SOUTH LINCOL	DNS

Women Pole Vault Midget

Name	School	Finals
Finals		
1 MEGAN SHIMMON	LAURA SECORI	1.60m 6
2 ZAHRA SIMPSON	LAURA SECORI	1.40m 4

Women Long Jump Midget

Zone IV: 4.74m R 11/05/2006 CHELSEA DUNCAN

Pre 2004: 4.95m r 1997 ROBYN AHLSTEDT

Name	School	Finals
Finals		
1 RYLEIGH UNRAU	EDEN HIGH SC	4.73m 6
2 JADE CONWAY	HOLY CROSS H	4.39m 4
3 VIKTORIA VANZANTEI	HERITAGE CHR	4.36m 3
4 SARAH COBURN	DENIS MORRIS	4.28m 2
5 DANIELLE SAULNIER	GRIMSBY DSS	4.17m 1
6 RACHEL LANGELAAN	BLESSED TRIN	4.06m
7 RACHEL HOLODNIUK	GRIMSBY DSS	4.03m
8 DARBY SCHELLENBER	EDEN HIGH SC	3.69m
9 ALYSSA WEBER	GRIMSBY DSS	3.55m
10 PHOEBE GALVAN	LAURA SECORI	3.51m
11 KYLA TOWNSEND	ST. CATHARIN	3.43m
12 JENNIFER RIVERA	ST. CATHARIN	3.41m
13 HAILEY OROSZ	SOUTH LINCOL	3.40m
14 KALEY LAKATOS	SOUTH LINCOL	3.06m
15 KALLIE CHARETTE	DENIS MORRIS	2.79m
16 TIANAH DIFEDE	DENIS MORRIS	2.33m

Women Triple Jump Midget

Zone IV: 10.43m R 17/05/2012 SARA KOVAC

Pre 2004: 10.00m r 2001 HEIDI BENCH

Name	School	Finals
Finals		
1 RYLEIGH UNRAU	EDEN HIGH SC	9.53m 6
2 MADELEINE SMITH	CHURCHILL, S	8.86m 4
3 LIZ BERNARD	SOUTH LINCOL	8.85m 3
4 ALYSSA WEBER	GRIMSBY DSS	8.42m 2
5 MARISA VANREINSBU	SMITHVILLE D	8.21m 1
6 NICOLE WIENS	EDEN HIGH SC	8.10m
7 ERICA SIMMANIVONG	DENIS MORRIS	7.96m

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Finals ... (Women Triple Jump Midget)**

Name	School	Finals
8 TERI SIMONE	EDEN HIGH SC	7.54m
9 KATIE JURITSCH	LAURA SECORI	7.31m
10 AYESHA KHAN	LAURA SECORI	4.32m
--- ZAHRA SIMPSON	LAURA SECORI	FOUL

Women Shot Put Midget**Zone IV: 9.56m R 13/05/2010 JOCELYN DENHOLLANDER****Pre 2004: 10.50m r 1973 LAURA READ**

Name	School	Finals
Finals		
1 CASSANDRA PLUTE	BLESSED TRIN	8.51m 6
2 DANIELLE BRIDLE	CHURCHILL, S	8.00m 4
3 PAIGE VEENHOF	SMITHVILLE D	7.33m 3
4 TIA STYS	HOLY CROSS H	7.32m 2
5 SYDNEY MIRES	LAURA SECORI	7.20m 1
6 BRIER BARCLAY	SOUTH LINCOL	7.04m
7 SAMANTHA WEDDERS	ST. FRANCIS	6.98m
8 RACHEL BANNERMAN	CHURCHILL, S	6.88m
9 JENNIFER DECIUS	ST. FRANCIS	6.60m
10 KYLIE LAUS	BLESSED TRIN	6.43m
11 MAKAYLA TODD	LAURA SECORI	6.34m
12 CHRISSA SINNET	SOUTH LINCOL	6.09m
13 ALEXIS WELCH	DENIS MORRIS	5.93m
14 CHANDRA FOX	LAURA SECORI	5.13m
15 ZAHRA SIMPSON	LAURA SECORI	5.07m
16 ANGELA SNOWDEN	ST. FRANCIS	5.01m

Women Discus Throw Midget**Zone IV: 34.88m R 17/05/2007 KATIE KLODNICKI****Pre 2004: 30.50m r 1975 GAYLE WRIGHT**

Name	School	Finals
Finals		
1 CASSANDRA PLUTE	BLESSED TRIN	25.97m 6
2 DANIELLE BRIDLE	CHURCHILL, S	21.36m 4
3 SYDNEY MIRES	LAURA SECORI	20.86m 3
4 PAIGE VEENHOF	SMITHVILLE D	20.68m 2
5 RACHEL BANNERMAN	CHURCHILL, S	20.67m 1
6 CHRISSA SINNET	SOUTH LINCOL	19.76m
7 BRIER BARCLAY	SOUTH LINCOL	19.25m
8 OLIVIA FRANKO	HOLY CROSS H	18.07m
9 ALEXIS WELCH	DENIS MORRIS	17.67m
10 MAKAYLA TODD	LAURA SECORI	15.44m
11 CHANDRA FOX	LAURA SECORI	14.93m
12 AYESHA KHAN	LAURA SECORI	12.19m

Women Javelin Throw Midget**Zone IV: 27.28m R 13/05/2004 HEATHER EYMAN****Pre 2004: 32.80m r 1999 SARAH KISH**

Name	School	Finals
Finals		
1 SHANNON COLLING	BLESSED TRIN	30.97mR 6
2 OLIVIA FRANKO	HOLY CROSS H	28.55mR 4
3 HOPE LAMOUR	EDEN HIGH SC	26.98m 3
4 DANIELLE BRIDLE	CHURCHILL, S	26.32m 2

5 SYDNEY MIRES	LAURA SECORI	20.97m 1
6 ALEXIS WELCH	DENIS MORRIS	20.71m
7 MAKAYLA TODD	LAURA SECORI	20.59m
8 PAIGE VEENHOF	SMITHVILLE D	20.28m
9 OLIVIA HAMLIN	EDEN HIGH SC	17.83m
10 TIA STYS	HOLY CROSS H	17.08m
11 CHANDRA FOX	LAURA SECORI	14.25m
12 MEGAN SHIMMON	LAURA SECORI	13.65m
13 BRIER BARCLAY	SOUTH LINCOL	13.63m
14 RACHEL BANNERMAN	CHURCHILL, S	13.34m
15 SAMANTHA WEDDERS	ST. FRANCIS	13.30m
16 CHRISSA SINNET	SOUTH LINCOL	10.28m

Women 100 Meter Dash Junior**Zone IV: 13.03 R 17/05/2007 CHELSEA DUNCAN****Pre 2004: 12.18 r 2000 CATHARINE OKIWINSKY**

Name	School	Prelims
Preliminaries		
1 SAVANAH RAINFORD-	DENIS MORRIS	R 13.02Q
2 CASSIDY MURRAY	BLESSED TRIN	13.22Q
3 DANIELLA BARICHEL	BLESSED TRIN	13.72Q
4 LYNDIA OTHMAN	LAURA SECORI	14.27Q
5 SARA KOVAC	EDEN HIGH SC	13.93q
6 HANNAH SKIRROW	EDEN HIGH SC	14.35q
7 TAYLOR LOON	EDEN HIGH SC	14.39q
8 NICOLE SIMIONI	BLESSED TRIN	14.51q
9 JOSIE MCDONALD	DENIS MORRIS	15.07
10 OLIVIA GARR	GRIMSBY DSS	15.22
11 TIA RUSTENBURY	GRIMSBY DSS	16.48
12 SAMMY MANNERS	GOVERNOR SIM	16.93
13 SHALIKA JUNIOR-BRO'	DENIS MORRIS	16.99
--- COURTNEY PATRICK	EDEN HIGH SC	DNF
--- SAMANTHA TUFFORD	THOROLD SS-T	DNF
--- DANNI KOZELA	LAURA SECORI	DNS

Women 100 Meter Dash Junior**Zone IV: 13.03 R 17/05/2007 CHELSEA DUNCAN****Pre 2004: 12.18 r 2000 CATHARINE OKIWINSKY**

Name	School	Finals
Finals		
1 SAVANAH RAINFORD-	DENIS MORRIS	12.78R 6
2 CASSIDY MURRAY	BLESSED TRIN	13.01R 4
3 DANIELLA BARICHEL	BLESSED TRIN	13.49 3
4 SARA KOVAC	EDEN HIGH SC	13.91 2
5 LYNDIA OTHMAN	LAURA SECORI	14.36 1
6 NICOLE SIMIONI	BLESSED TRIN	14.39
7 HANNAH SKIRROW	EDEN HIGH SC	14.41
8 TAYLOR LOON	EDEN HIGH SC	14.45

Women 200 Meter Dash Junior**Zone IV: 26.62 R 17/05/2007 ALEX GILES****Pre 2004: 25.55 r 1998 DIANNE PEITSCH**

Name	School	Finals
Finals		
1 SAVANAH RAINFORD-	DENIS MORRIS	26.05R 6
2 DANIELLA BARICHEL	BLESSED TRIN	28.94 4

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Finals ... (Women 200 Meter Dash Junior)**

Name	School	Finals	
3 KRISTA JONES	BLESSED TRIN	29.30	3
4 HANNAH KURPE	BLESSED TRIN	29.65	2
5 TAYLOR LYS	BEAMSVILLE D	29.78	1
6 PYLIN CHRISTOPHER	HOLY CROSS H	30.22	
7 NICOLE SIMIONI	BLESSED TRIN	30.57	
8 VICTORIA TOUSAW	GRIMSBY DSS	30.90	
9 ALEXANDRA TRIVERI	HOLY CROSS H	31.89	
10 KAROLINE MAZZAREL	LAURA SECORI	32.18	
11 JOSIE MCDONALD	DENIS MORRIS	32.35	
12 BRIAR HUNTER	EDEN HIGH SC	32.63	
13 ABBEY DEGIOVANNI	EDEN HIGH SC	32.76	
14 SANNE ELSINGA	EDEN HIGH SC	32.80	
15 EMILY NACCARATO	HOLY CROSS H	33.65	
16 COURTNEY PATRICK	EDEN HIGH SC	34.91	

Women 400 Meter Dash Junior

Zone IV: 1:00.77 R 13/05/2004 AMANDA MCMURTRIE

Pre 2004: 59.60 r 1986 PATTY HIEBERT

Name	School	Finals	
Finals			
1 HANNAH KURPE	BLESSED TRIN	1:09.81	6
2 ALEXANDRA TRIVERI	HOLY CROSS H	1:10.83	4
3 KAROLINE MAZZAREL	LAURA SECORI	1:10.96	3
4 COURTNEY WESTBROO	CHURCHILL, S	1:16.14	2

Women 800 Meter Run Junior

Zone IV: 2:23.17 R 13/05/2005 KELSIE SLATER

Pre 2004: 2:25.20 r 2002 CAITLIN PAULS

Name	School	Finals	
Finals			
1 CEILI RANDALL	BEAMSVILLE D	2:42.23	6
2 JORDAN MCLACHLAN	GOVERNOR SIM	2:47.13	4
3 HAILLE NICKERSON	BLESSED TRIN	2:53.13	3
4 ANNETTE LWESSO	GRIMSBY DSS	2:55.70	2
5 MICHALLA BENT	LAURA SECORI	2:56.44	1
6 JULIA MAY	WEST PARK	3:02.28	
7 BRIDGET DAGENAIS	THOROLD SS-T	3:09.52	
8 RACHEL JEROME	BLESSED TRIN	3:09.88	

Women 1500 Meter Run Junior

Zone IV: 4:56.09 R 17/05/2012 LAURA KORSMIT

Pre 2004: 4:56.00 r 1991 KRISTIE OTTO

Name	School	Finals	
Finals			
1 JORDAN MCLACHLAN	GOVERNOR SIM	5:56.95	6
2 ANNETTE LWESSO	GRIMSBY DSS	6:04.18	4
3 RAMONA KHANISHO	DENIS MORRIS	6:06.40	3
4 KRISTEN NIEUWOLD	HERITAGE CHR	6:09.99	2
5 FAITH BRASZ	HERITAGE CHR	6:12.21	1
6 LAUREN PASALUKO	SOUTH LINCOL	6:30.90	
7 LINNEAH ZWAAGSTRA	HERITAGE CHR	7:01.34	
--- JULIA MAY	WEST PARK	DNF	

Women 3000 Meter Run Junior

Zone IV: 10:37.15 R 15/05/2008 DEANNA BRASZ

Pre 2004: 10:39.60 r 1991 KRISTIE OTTO

Name	School	Finals	
Finals			
1 RACHEL BARICH	BLESSED TRIN	12:26.60	6
2 RAMONA KHANISHO	DENIS MORRIS	13:25.18	4
3 FAITH BRASZ	HERITAGE CHR	14:03.34	3

Women 80 Meter Hurdles Junior

Zone IV: 12.29 R 12/05/2011 MARY OLLIER

Pre 2004: 12.00 r 1998 SARAH MILLER

Name	School	Prelims	
Preliminaries			
1 LYNDIA OTHMAN	LAURA SECORI	13.31Q	
2 VICTORIA TOUSAW	GRIMSBY DSS	14.57Q	
3 KATIE MOORADIAN	CHURCHILL, S	14.63Q	
4 ALLY HENDRIKS	BLESSED TRIN	15.12Q	
5 COURTNEY WESTBROO	CHURCHILL, S	15.77q	
6 HAILIE CROWE	BEAMSVILLE D	15.83q	
7 BROOK HAIGHT	EDEN HIGH SC	16.45q	
8 EMILY NEUENHAGEN	GRIMSBY DSS	16.95q	
9 ZOE DUNN	GRIMSBY DSS	18.23	
--- DANNI KOZELA	LAURA SECORI	DNS	

Women 80 Meter Hurdles Junior

Zone IV: 12.29 R 12/05/2011 MARY OLLIER

Pre 2004: 12.00 r 1998 SARAH MILLER

Name	School	Finals	
Finals			
1 LYNDIA OTHMAN	LAURA SECORI	13.19	6
2 VICTORIA TOUSAW	GRIMSBY DSS	14.26	4
3 KATIE MOORADIAN	CHURCHILL, S	14.47	3
4 ALLY HENDRIKS	BLESSED TRIN	14.72	2
5 HAILIE CROWE	BEAMSVILLE D	15.06	1
6 COURTNEY WESTBROO	CHURCHILL, S	15.35	
7 BROOK HAIGHT	EDEN HIGH SC	16.03	
8 EMILY NEUENHAGEN	GRIMSBY DSS	16.74	

Women 300 Meter Hurdles Junior

Zone IV: 47.13 R 11/05/2006 BRITTANY KADWELL

Pre 2004: 46.00 r 1998 KRISTY DEVRIES

Name	School	Finals	
Finals			
1 LYNDIA OTHMAN	LAURA SECORI	52.74	6
2 KATIE MOORADIAN	CHURCHILL, S	53.27	4
3 VICTORIA TOUSAW	GRIMSBY DSS	57.19	3
4 COURTNEY WESTBROO	CHURCHILL, S	58.56	2
5 ALLY HENDRIKS	BLESSED TRIN	58.88	1
6 HAILIE CROWE	BEAMSVILLE D	59.57	
7 MICHALLA BENT	LAURA SECORI	1:01.44	
8 EMILY NEUENHAGEN	GRIMSBY DSS	1:02.18	
9 NICOLE SPADARO	BLESSED TRIN	1:03.16	
10 ZOE DUNN	GRIMSBY DSS	1:09.59	

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Women 4x100 Meter Relay Junior****Zone IV: 53.50 R 13/05/2010 LAURA SECOR****C. Simpson, S. Lin, H. McWilliam, A. Mazzarella****Pre 2004: 51.40 r 1978**

Team	Relay	Finals
Finals		
1 BLESSED TRINITY H S	A	55.39 6
2 EDEN HIGH SCHOOL	A	56.06 4
1) SARA KOVAC	2) TAYLOR LOON	
3) HANNAH SKIRROW	4) RYLEIGH UNRAU	
3 HOLY CROSS H S	A	59.86 3

Women High Jump Junior**Zone IV: 1.55m R 15/05/2008 HEATHER HICKS****Pre 2004: 1.70m r 1992 WANITA DYKSTRA**

Name	School	Finals
Finals		
1 EMILY CAMPBELL	EDEN HIGH SC	1.50m 6
2 ALLY HENDRIKS	BLESSED TRIN	1.45m 3.5
2 ALEXYS EDWARDS	THOROLD SS-T	1.45m 3.5
4 TIA RUSTENBURY	GRIMSBY DSS	1.30m 1.5
4 EMILY NACCARATO	HOLY CROSS H	1.30m 1.5
6 CLARE JORDAN	BLESSED TRIN	1.20m
6 EMMA DUKES	GRIMSBY DSS	1.20m

Women Pole Vault Junior**Zone IV: 2.71m R 15/05/2008 AVERY THOMAS**

Name	School	Finals
Finals		
1 MICHALLA BENT	LAURA SECORI	1.40m 6

Women Long Jump Junior**Zone IV: 4.94m R 17/05/2007 CHELSEA DUNCAN****Pre 2004: 5.05m r 1967 SHIELA FLOWERS**

Name	School	Finals
Finals		
1 SAVANAH RAINFORD-	DENIS MORRIS	4.90m 6
2 SARA KOVAC	EDEN HIGH SC	4.57m 4
3 LINNEAH ZWAAGSTRA	HERITAGE CHR	4.13m 3
4 BROOK HAIGHT	EDEN HIGH SC	4.08m 2
5 HANNAH SKIRROW	EDEN HIGH SC	4.08m 1
6 JESSIE LECHOWICZ	SOUTH LINCOL	4.02m
7 PYLIN CHRISTOPHER	HOLY CROSS H	3.99m
8 TEA VLATKOVICH	EDEN HIGH SC	3.93m
9 KRISTA JONES	BLESSED TRIN	3.69m
10 EMMA DUKES	GRIMSBY DSS	3.62m
11 RACHEL JEROME	BLESSED TRIN	3.24m
12 KAYLI THORPE	BLESSED TRIN	3.11m
13 AUTUMN STAVROU	DENIS MORRIS	3.08m
14 ANNETTE LWESSO	GRIMSBY DSS	2.97m
15 MADISON SMITH	THOROLD SS-T	2.77m
--- DANNI KOZELA	LAURA SECORI	DNS

Women Triple Jump Junior**Zone IV: 10.43m R 13/05/2010 MIREILLE MUSCA****Pre 2004: 10.94m r 1992 WANITA DYKSTRA**

Name	School	Finals
Finals		
1 SARA KOVAC	EDEN HIGH SC	10.61m 6
2 TAYLOR LOON	EDEN HIGH SC	9.99m 4
3 TAYLOR LYS	BEAMSVILLE D	8.88m 3
4 HANNAH SKIRROW	EDEN HIGH SC	8.85m 2
5 KAROLINE MAZZAREL	LAURA SECORI	7.77m 1
6 AUTUMN STAVROU	DENIS MORRIS	7.62m
7 JESSIE LECHOWICZ	SOUTH LINCOL	7.45m

Women Shot Put Junior**Zone IV: 10.49m R 15/05/2008 KATIE KLODNICKI****Pre 2004: 10.86m r 1979 HOLLY QUIRING**

Name	School	Finals
Finals		
1 HANNAH NAZAR	CHURCHILL, S	8.34m 6
2 STEPHANIE NGUYEN	ST. FRANCIS	8.30m 4
3 ALEXANDRA HILL	LAURA SECORI	8.07m 3
4 MCKINLEY BAZYLEWS	CHURCHILL, S	7.94m 2
5 AUTUMN STAVROU	DENIS MORRIS	7.62m 1
6 ERIN CROSS-NICHOLS	BLESSED TRIN	7.44m
7 KRISTEN NIEUWOLD	HERITAGE CHR	6.90m
8 SARAH WILLIAMS	GRIMSBY DSS	6.75m
9 RACHEL OHOSKI	SOUTH LINCOL	6.57m
10 ZYA ASPDEN	CHURCHILL, S	5.97m
11 MONTANA RILEY	LAURA SECORI	5.83m
12 JESSIE LECHOWICZ	SOUTH LINCOL	5.79m
13 DELANEY SPENCER	LAURA SECORI	5.70m
14 ALLY COSGROVE	SOUTH LINCOL	5.62m
15 SARAH HILLMAN	SOUTH LINCOL	5.40m
16 FAITH BRASZ	HERITAGE CHR	5.28m

Women Discus Throw Junior**Zone IV: 36.84m R 15/05/2008 KATIE KLODNICKI****Pre 2004: 35.54m r 1979 NANCY MATHER**

Name	School	Finals
Finals		
1 OLIVIA GARR	GRIMSBY DSS	24.04m 6
2 VICTORIA HALLIDAY	WEST PARK	23.85m 4
3 MCKINLEY BAZYLEWS	CHURCHILL, S	21.34m 3
4 EMILY BOOK	EDEN HIGH SC	20.94m 2
5 HANNAH NAZAR	CHURCHILL, S	20.76m 1
6 SARAH FREEMAN	BLESSED TRIN	19.99m
7 ALEXANDRA HILL	LAURA SECORI	18.29m
8 DELANEY SPENCER	LAURA SECORI	18.25m
9 NICOLE CHIESA	DENIS MORRIS	17.97m
10 SARAH WILLIAMS	GRIMSBY DSS	17.80m
11 LAUREN PASALUKO	SOUTH LINCOL	16.58m
12 ERIN CROSS-NICHOLS	BLESSED TRIN	15.14m
13 ALLY COSGROVE	SOUTH LINCOL	13.97m
14 SARAH HILLMAN	SOUTH LINCOL	13.73m
15 MONTANA RILEY	LAURA SECORI	13.70m

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Finals ... (Women Discus Throw Junior)**

Name	School	Finals
16 RACHEL OHOSKI	SOUTH LINCOL	13.46m

Women Javelin Throw Junior

Zone IV: 33.05m R 13/05/2005MAGGIE SCULL

Pre 2004: 36.30m r 2001 SARAH KISH

Name	School	Finals
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Finals

1 NICOLE SPADARO	BLESSED TRIN	29.71m	6
2 TEA VLATKOVICH	EDEN HIGH SC	29.39m	4
3 VICTORIA HALLIDAY	WEST PARK	26.31m	3
4 HANNAH NAZAR	CHURCHILL, S	25.36m	2
5 KAYLI THORPE	BLESSED TRIN	25.07m	1
6 ALEXANDRA HILL	LAURA SECORI	24.88m	
7 SARAH FREEMAN	BLESSED TRIN	23.76m	
8 NICOLE CHIESA	DENIS MORRIS	22.75m	
9 RACHEL OHOSKI	SOUTH LINCOL	20.07m	
10 MCKINLEY BAZYLEWS	CHURCHILL, S	19.92m	
11 MONTANA RILEY	LAURA SECORI	19.65m	
12 SARAH HILLMAN	SOUTH LINCOL	19.25m	
13 DELANEY SPENCER	LAURA SECORI	19.24m	
14 SARAH WILLIAMS	GRIMSBY DSS	18.69m	
15 OLIVIA GARR	GRIMSBY DSS	18.31m	
16 CEILI RANDALL	BEAMSVILLE D	17.32m	

Women 100 Meter Dash Senior

Zone IV: 12.43 R 13/05/2004STEPHANIE FORESTELL

Pre 2004: 12.50 R 1980 MARTHA MERRITT

Pre 2004: 12.50 r 1979 DONNA WOODWARD

Name	School	Prelims
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Preliminaries

1 BROOKE BOEKESTYN	HERITAGE CHR	13.47Q
2 ANNIKA MAZZARELLA	LAURA SECORI	13.70Q
3 KIANA NICHOLS	GRIMSBY DSS	14.23Q
4 ERIN MCLEOD	CHURCHILL, S	14.48Q
5 MARIE CLAIRE MUTAN	DENIS MORRIS	14.50q
6 SONIA PEREIRA	HOLY CROSS H	14.52q
7 LEXI RUDLIN	GRIMSBY DSS	14.59q
8 KELLY USKIN	ST. FRANCIS	14.86q
9 SHANNIQUA GERALD	DENIS MORRIS	14.95
10 ALEXA BEALS	GOVERNOR SIM	15.33
11 TONYE WARMATE	GREAT LAKES	15.36
12 EUNICE ESPINO	ST. FRANCIS	15.60
13 TORI LY	GRIMSBY DSS	15.69
14 SARAH GALWAY	ST. FRANCIS	15.95
15 NICOLE SKURNAC	BLESSED TRIN	16.31

Women 100 Meter Dash Senior

Zone IV: 12.43 R 13/05/2004STEPHANIE FORESTELL

Pre 2004: 12.50 R 1980 MARTHA MERRITT

Pre 2004: 12.50 r 1979 DONNA WOODWARD

Name	School	Finals
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Finals

1 BROOKE BOEKESTYN	HERITAGE CHR	13.15	6
2 ANNIKA MAZZARELLA	LAURA SECORI	13.89	4

3 KIANA NICHOLS	GRIMSBY DSS	13.91	3
4 ERIN MCLEOD	CHURCHILL, S	14.35	2
5 SONIA PEREIRA	HOLY CROSS H	14.41	1
6 LEXI RUDLIN	GRIMSBY DSS	14.42	
7 MARIE CLAIRE MUTAN	DENIS MORRIS	14.48	
8 KELLY USKIN	ST. FRANCIS	14.84	

Women 200 Meter Dash Senior

Zone IV: 25.82 R 15/05/2008CHELSEA DUNCAN

Pre 2004: 25.40 r 1991 NSENGA BANSFIELD

Name	School	Finals
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Finals

1 BROOKE BOEKESTYN	HERITAGE CHR	27.28	6
2 ANNIKA MAZZARELLA	LAURA SECORI	28.59	4
3 MARY SOPPITT	EDEN HIGH SC	28.89	3
4 KINSLEY CHILD	CHURCHILL, S	29.52	2
5 KATIE CHELIAK	DENIS MORRIS	29.69	1
6 ERIN MCLEOD	CHURCHILL, S	30.00	
7 JELAYNA GADULA	HOLY CROSS H	31.19	
8 KIANA NICHOLS	GRIMSBY DSS	31.26	
9 SHANNIQUA GERALD	DENIS MORRIS	31.54	
10 ASHLEY HAWKISSTON	ST. FRANCIS	31.68	
11 RUIDAN JI	EDEN HIGH SC	32.22	
12 ALEXA BEALS	GOVERNOR SIM	32.65	
13 NICOLE SKURNAC	BLESSED TRIN	35.19	
14 TALIN NAJARIAN	GOVERNOR SIM	37.14	
--- TAYLOR COTNAM	DENIS MORRIS	DNS	
--- LEXI RUDLIN	GRIMSBY DSS	SCR	

Women 400 Meter Dash Senior

Zone IV: 59.72 R 17/05/2007ESTHER VERMEER

Pre 2004: 57.50 r 1991 NSENGA BANSFIELD

Name	School	Finals
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Finals

1 ANNIKA MAZZARELLA	LAURA SECORI	1:04.98	6
2 ASHLING DANO	ST. FRANCIS	1:05.44	4
3 SELENA CHIVALLAN	DENIS MORRIS	1:07.94	3
4 ERIN LAUGHLIN	BLESSED TRIN	1:08.36	2
5 OLIVIA COLLING	GRIMSBY DSS	1:08.73	1
6 HAYLEY PINFOLD	DENIS MORRIS	1:10.18	
7 ASHLEY HAWKISSTON	ST. FRANCIS	1:10.72	
8 AMY BROWETT	THOROLD SS-T	1:12.41	
9 KATIE CHELIAK	DENIS MORRIS	1:13.56	
10 TONYE WARMATE	GREAT LAKES	1:16.33	
11 JESSIE ROBERTSON	SOUTH LINCOL	1:17.72	
12 TAYLOR COTNAM	DENIS MORRIS	1:21.57	
--- SHENDRITA AJVAZI	ST. CATHARIN	DNF	

Women 800 Meter Run Senior

Zone IV: 2:20.33 R 13/05/2004MEGAN STEWART

Pre 2004: 2:21.30 r 1990 KRISSY LOCKYER

Name	School	Finals
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Finals

1 BREANNA IANIERO	EDEN HIGH SC	2:33.32	6
2 SELENA CHIVALLAN	DENIS MORRIS	2:40.98	4
3 KARA ROSS	GOVERNOR SIM	2:50.01	3

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Finals ... (Women 800 Meter Run Senior)**

Name	School	Finals
4 KATRINA CRUICKSHAI	SOUTH LINCOL	2:56.42 2
5 RACHEL WACHNER	BLESSED TRIN	2:59.91 1
6 SONIA PEREIRA	HOLY CROSS H	3:05.87
7 KRISTEN WHITFIELD	GREAT LAKES	3:06.33
8 SHENDRITA AJVAZI	ST. CATHARIN	3:16.78
9 ALISON HOWES	DENIS MORRIS	3:24.13
10 KALEIGH DYCK	EDEN HIGH SC	3:36.93
--- ANDREA FERNANDEZ	BLESSED TRIN	SCR
--- KENNEDY THOMSON	CHURCHILL, S	SCR

Women 1500 Meter Run Senior**Zone IV: 4:51.68 R 13/05/2010 DEANNA BRASZ****Pre 2004: 4:53.40 r 2003 MONIKA GRABOWIECKA**

Name	School	Finals
Finals		
1 LAURA KORSMIT	HOLY CROSS H	5:10.82 6
2 TALASIA EIZENGA	CHURCHILL, S	5:37.27 4
3 BREANNA IANIERO	EDEN HIGH SC	5:40.26 3
4 KARA ROSS	GOVERNOR SIM	5:47.48 2
5 AMY BROWETT	THOROLD SS-T	5:51.41 1
6 OLIVIA GALLAGHER	BLESSED TRIN	5:58.31
7 KELLY USKIN	ST. FRANCIS	6:13.36
8 KATRINA CRUICKSHAI	SOUTH LINCOL	6:16.71
9 LEAH HOLODNIUK	GRIMSBY DSS	6:20.82
10 KRISTEN WHITFIELD	GREAT LAKES	6:23.30
11 ALEX CELETTI	DENIS MORRIS	6:31.20
12 CARLY MCCOLLUM	SOUTH LINCOL	6:50.59
13 ALISON HOWES	DENIS MORRIS	7:06.14
14 EMILY SCHROEDER	EDEN HIGH SC	7:23.64
--- ALYSA WOODHOUSE	DENIS MORRIS	DNF
--- EVELYN TSAKIRIDIS	GRIMSBY DSS	SCR

Women 3000 Meter Run Senior**Zone IV: 10:03.77 R 13/05/2010 DEANNA BRASZ****Pre 2004: 10:48.30 r 1988 MARCI AITKEN**

Name	School	Finals
Finals		
1 LAURA KORSMIT	HOLY CROSS H	11:49.42 6
2 TALASIA EIZENGA	CHURCHILL, S	12:52.07 4
3 OLIVIA GALLAGHER	BLESSED TRIN	13:20.15 3
4 ALYSA WOODHOUSE	DENIS MORRIS	14:05.38 2

Women 100 Meter Hurdles Senior**Zone IV: 15.35 R 13/05/2004 LINDSAY WILLIAMSON****Pre 2004: 15.53 r 2000 SARAH MILLER**

Name	School	Prelims
Preliminaries		
1 MARY OLLIER	GRIMSBY DSS	15.58Q
2 ANNALISE DEGRAAF	BEAMSVILLE D	17.99Q
3 JULIE DION	CHURCHILL, S	17.46Q
4 MARY SOPPITT	EDEN HIGH SC	19.09Q
5 KINSLEY CHILD	CHURCHILL, S	17.93q
6 LAUREN PADUANO	GRIMSBY DSS	19.14q
7 CHRISTINA WEBER	GRIMSBY DSS	20.07q

8 EMILY BEATTY	LAURA SECORI	20.12q
9 ERICA DAMORE	LAURA SECORI	20.32
10 ERIN MCLEOD	CHURCHILL, S	20.72
11 TORI LY	GRIMSBY DSS	21.45

Women 100 Meter Hurdles Senior**Zone IV: 15.35 R 13/05/2004 LINDSAY WILLIAMSON****Pre 2004: 15.53 r 2000 SARAH MILLER**

Name	School	Finals
Finals		
1 MARY OLLIER	GRIMSBY DSS	15.13R 6
2 KINSLEY CHILD	CHURCHILL, S	16.90 4
3 JULIE DION	CHURCHILL, S	17.31 3
4 ANNALISE DEGRAAF	BEAMSVILLE D	17.67 2
5 LAUREN PADUANO	GRIMSBY DSS	18.84 1
6 MARY SOPPITT	EDEN HIGH SC	19.07
7 CHRISTINA WEBER	GRIMSBY DSS	19.66
8 EMILY BEATTY	LAURA SECORI	19.91

Women 400 Meter Hurdles Senior**Zone IV: 1:07.28 R 13/05/2004 LAURA ECKER****Pre 2004: 1:06.45 r 2000 KRISTY DEVRIES**

Name	School	Finals
Finals		
1 JULIE DION	CHURCHILL, S	1:16.69 6
2 OLIVIA COLLING	GRIMSBY DSS	1:17.65 4
3 LAUREN PADUANO	GRIMSBY DSS	1:23.22 3
4 CHRISTINA WEBER	GRIMSBY DSS	1:26.89 2
5 JESSIE ROBERTSON	SOUTH LINCOL	1:26.94 1
--- SAMARA HENDRIKS	BLESSED TRIN	DNS

Women 4x100 Meter Relay Senior**Zone IV: 51.99 R 17/05/2012 GRIMSBY D S S****L Paduano, R Ross, C McClurkin, M Ollier****Pre 2004: 51.60 r 1979**

Team	Relay	Finals
Finals		
1 DENIS MORRIS H S	A	53.14 6
2 LAURA SECOR D S S	A	53.63 4
1) LYNDIA OTHMAN	2) JASMINE LOUGHEED	
3) KAROLINE MAZZARELLA	4) ANNIKA MAZZARELLA	
3 GRIMSBY D S S	A	54.81 3
1) KIANA NICHOLS	2) MARY OLLIER	
3) LEXI RUDLIN	4) VICTORIA TOUSAW	
4 CHURCHILL, S	A	55.40 2
1) JULIE DION	2) KINSLEY CHILD	
3) KATIE MOORIDIAN	4) MADELEINE SMITH	
5 BEAMSVILLE D S S	A	57.90 1
1) RACHEL EAGLES	2) TAYLOR LYS	
3) HAILIE CROWE	4) ANNALISE DEGRAAF	
6 ST. FRANCIS S S	A	58.45
1) ASHLING DANO	2) KELLY USKIN	
3) SARAH GALWAY	4) ASHLEY HAWKISSTONE	
--- BLESSED TRINITY H S	A	DNS
--- HOLY CROSS H S	A	DNS

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Women High Jump Senior**

Zone IV: 1.52m R 13/05/2005SAMANTHA MROZCEK

Pre 2004: 1.80m r 1993 WANITA DYKSTRA

Name	School	Finals
Finals		
1 MADISON TAYLOR	EDEN HIGH SC	1.60mR 6
2 JULIE DION	CHURCHILL, S	1.50m 4
3 ANNALISE DEGRAAF	BEAMSVILLE D	1.45m 3
4 BREANNA IANIERO	EDEN HIGH SC	1.45m 2
5 MORGAN JACQUES	GRIMSBY DSS	1.35m 1
6 ERICA DAMORE	LAURA SECORI	1.35m
7 LEXIE LAUS	BLESSED TRIN	1.30m

Women Pole Vault Senior

Zone IV: 2.35m R 17/05/2012SHEENA SISAVATH

Name	School	Finals
Finals		
1 TAYLOR MADISON	EDEN HIGH SC	2.70mR 6

Women Long Jump Senior

Zone IV: 5.23m R 15/05/2008CHELSEA DUNCAN

Pre 2004: 5.38m r 1993 WANITA DYKSTRA

Name	School	Finals
Finals		
1 RACHEL EAGLES	BEAMSVILLE D	4.60m 6
2 SONIA PEREIRA	HOLY CROSS H	4.51m 4
3 ANNIE DEWAR	DENIS MORRIS	4.47m 3
4 HAYLEY PINFOLD	DENIS MORRIS	4.47m 2
5 MARY SOPPITT	EDEN HIGH SC	4.47m 1
6 MORGAN JACQUES	GRIMSBY DSS	4.39m
7 RUIDAN JI	EDEN HIGH SC	4.25m
8 ALYSSA ADDABBO	DENIS MORRIS	3.83m
9 ASHLEY HAWKISSTON	ST. FRANCIS	3.65m
10 KELLY USKIN	ST. FRANCIS	3.55m
11 SAMANTHA LEGER	GRIMSBY DSS	3.53m
12 MARIE CLAIRE MUTAN	DENIS MORRIS	3.37m
13 TORI LY	GRIMSBY DSS	3.07m
14 TAYLOR BLATCHLEY	BEAMSVILLE D	1.53m
--- ZOE YAKUBIW	LAURA SECORI	FOUL
--- SAMARA HENDRIKS	BLESSED TRIN	DNS

Women Triple Jump Senior

Zone IV: 10.56m R 15/05/2008LEIGH VEERMAN

Pre 2004: 10.85m r 1993 JODY MONRO

Name	School	Finals
Finals		
1 RACHEL EAGLES	BEAMSVILLE D	9.76m 6
2 TAYLOR BLATCHLEY	BEAMSVILLE D	9.62m 4
3 MORGAN JACQUES	GRIMSBY DSS	9.49m 3
4 EMILY BEATTY	LAURA SECORI	9.07m 2
5 KASSY TRIFUNAVIC	SOUTH LINCOL	8.98m 1
6 CHRISTINA WEBER	GRIMSBY DSS	8.71m
7 ERICA DAMORE	LAURA SECORI	8.64m
8 SAMANTHA LEGER	GRIMSBY DSS	8.18m
--- KRISTIN BRIDGES	GRIMSBY DSS	SCR

Women Shot Put Senior

Zone IV: 10.15m R 15/05/2008AMANDA VOORBERG

Pre 2004: 12.00m r 1982 LAURANN COL

Name	School	Finals
Finals		
1 JOCELYN DENHOLLAN	DENIS MORRIS	10.04m 6
2 KASSY TRIFUNAVIC	SOUTH LINCOL	7.49m 4
3 BETHANY JONES	BEAMSVILLE D	6.82m 3
4 EMILY BEATTY	LAURA SECORI	6.60m 2
5 MIRANDA BIEKSA	BLESSED TRIN	6.49m 1
6 KAYLA VICKERS	SOUTH LINCOL	6.42m
--- KARLE RENAUD	GRIMSBY DSS	DNS

Women Discus Throw Senior

Zone IV: 41.21m R 17/05/2007DANA BEE

Pre 2004: 39.30m r 2000 ANGELA MACHAJ

Name	School	Finals
Finals		
1 JOCELYN DENHOLLAN	DENIS MORRIS	27.19m 6
2 CARLY CAIN	BLESSED TRIN	26.25m 4
3 CARLY CALABRESE	WEST PARK	21.99m 3
4 KAYLA VICKERS	SOUTH LINCOL	20.28m 2
5 ZOE YAKUBIW	LAURA SECORI	19.65m 1
6 KASSY TRIFUNAVIC	SOUTH LINCOL	19.26m
7 MIRANDA BIEKSA	BLESSED TRIN	18.29m
8 BETHANY JONES	BEAMSVILLE D	17.40m
9 JADE BACKSHALL	WEST PARK	16.90m
10 SARAH GALWAY	ST. FRANCIS	15.75m
11 GABRIELLE VELDBOOL	SMITHVILLE D	13.78m

Women Javelin Throw Senior

Zone IV: 34.64m R 11/05/2006JENNI BAUER

Pre 2004: 37.98m r 2003 SARAH KISH

Name	School	Finals
Finals		
1 ZOE YAKUBIW	LAURA SECORI	24.45m 6
2 JADE BACKSHALL	WEST PARK	23.98m 4
3 ANGELICA ANDERSON	EDEN HIGH SC	23.12m 3
4 ANNIE DEWAR	DENIS MORRIS	22.06m 2
5 OLIVIA COLLING	GRIMSBY DSS	21.45m 1
6 CARLY CALABRESE	WEST PARK	20.71m
7 HAYLEY PINFOLD	DENIS MORRIS	19.91m
8 MONIQUE BROWN	DENIS MORRIS	16.76m
9 ALYSSA ADDABBO	DENIS MORRIS	15.45m
10 LEAH HOLODNIUK	GRIMSBY DSS	13.82m
11 KAYLA VICKERS	SOUTH LINCOL	12.00m
--- KARLE RENAUD	GRIMSBY DSS	FOUL
--- JENNIFER CUADROS	HOLY CROSS H	FOUL
--- EVELYN TSAKIRIDIS	GRIMSBY DSS	SCR

Women 1500 Meter Steeplechase Open

Zone IV: 5:17.69 R 11/05/2006KELSIE SLATER

Name	School	Finals
Finals		
1 TALASIA EIZENGA	CHURCHILL, S	6:05.96 6

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Finals ... (Women 1500 Meter Steeplechase Open)**

Name	School	Finals
2 ALYSSA WOODHOUSE	DENIS MORRIS	6:21.29 4
3 ERIN LAUGHLIN	BLESSED TRIN	6:21.56 3
4 RACHEL MILLER	EDEN HIGH SC	6:25.23 2
5 KATRINA CRUICKSHAI	SOUTH LINCOL	6:29.01 1
6 CARLY MCCOLLUM	SOUTH LINCOL	7:02.29
7 LAUREN PASALUKO	SOUTH LINCOL	7:26.77

Women 4x400 Meter Relay Open

Zone IV: 4:16.91 R 11/05/2006GRIMSBY D S S

H Kurpe, A Drake, B Kadwell, K Slater

Pre 2004: 4:10.00 r 1980

Team	Relay	Finals
Finals		
1 BLESSED TRINITY H S	A	4:37.04 6
2 CHURCHILL, S	A	4:47.72 4
3 LAURA SECORD S S	A	4:49.94 3
4 DENIS MORRIS H S	A	4:59.30 2

Women 100 Meter Dash Ambulatory

Name	School	Finals
Finals		
1 TALIN NAJARIAN	GOVERNOR SIM	16.59

Men 100 Meter Dash Midget

Zone IV: 11.90 R 12/05/2011MICHAEL YOUNG

Pre 2004: 11.40 r 1970 TED DIDMUS

Name	School	Prelims
Preliminaries		
1 TRENT SNYDER	GRIMSBY DSS	R 11.80Q
2 ATREYU GODARD	DENIS MORRIS	12.00Q
3 KRAIG HNAKTO	SOUTH LINCOL	12.18Q
4 DAMON JOHNSON	ST. CATHARIN	12.40Q
5 THOMAS BOEKESTYN	HERITAGE CHR	12.37q
6 RILEY MCKINNON	WEST PARK	12.44q
7 JACK MOSQUITE	BLESSED TRIN	12.77q
8 JAKE STEVENSON	DENIS MORRIS	12.89q
9 CADE SCOTT	WEST PARK	12.94
10 MITCH MUELLER	BLESSED TRIN	12.94
11 NOLAN BENEVENTO	WEST PARK	12.97
12 JACOB HINCHBERGER	CHURCHILL, S	13.03
13 JOSEPH MERGL	SMITHVILLE D	13.24
14 JONATHAN DAVIES	HOLY CROSS H	13.28
15 CHRISTIAN BALANOW	DENIS MORRIS	13.74

Men 100 Meter Dash Midget

Zone IV: 11.90 R 12/05/2011MICHAEL YOUNG

Pre 2004: 11.40 r 1970 TED DIDMUS

Name	School	Finals
Finals		
1 TRENT SNYDER	GRIMSBY DSS	11.66R 6
2 ATREYU GODARD	DENIS MORRIS	11.95 4
3 KRAIG HNAKTO	SOUTH LINCOL	12.08 3
4 RILEY MCKINNON	WEST PARK	12.42 2
5 DAMON JOHNSON	ST. CATHARIN	12.43 1

6 THOMAS BOEKESTYN	HERITAGE CHR	12.55
7 JACK MOSQUITE	BLESSED TRIN	12.75
8 JAKE STEVENSON	DENIS MORRIS	12.84

Men 200 Meter Dash Midget

Zone IV: 24.21 R 17/05/2012JAQUAN SELMAN

Pre 2004: 24.00 r 1979 RICK WILSON

Name	School	Finals
Finals		
1 TRENT SNYDER	GRIMSBY DSS	24.21R 6
2 ATREYU GODARD	DENIS MORRIS	25.03 4
3 KRAIG HNAKTO	SOUTH LINCOL	25.37 3
4 RILEY MCKINNON	WEST PARK	26.03 2
5 ROBERT HOUGH	DENIS MORRIS	26.41 1
6 JACK MOSQUITE	BLESSED TRIN	26.55
7 JACOB HINCHBERGER	CHURCHILL, S	26.57
8 JONATHAN DAVIES	HOLY CROSS H	27.13
9 JOSEPH MERGL	SMITHVILLE D	27.16
10 CULLEN VARGA	BLESSED TRIN	27.23
11 LENO DEL DUCA	DENIS MORRIS	27.33
12 TROY BAXTER	DENIS MORRIS	28.36
13 EDUARD MADERER	ST. CATHARIN	30.81
--- DAVID KRALT	GREAT LAKES	DNS
--- THOMAS BOEKESTYN	HERITAGE CHR	DNS
--- BRANDON BENJAMIN	SMITHVILLE D	DNS

Men 400 Meter Dash Midget

Zone IV: 55.48 R 13/05/2004JORDAN HECKMAN

Pre 2004: 53.90 r 1982 TODD ANDERSON

Name	School	Finals
Finals		
1 JACK MONCUR	CHURCHILL,SI	58.62 6
2 ROBERT HOUGH	DENIS MORRIS	1:00.20 4
3 MATTHEW EIZENGA	CHURCHILL, S	1:02.19 3
4 LENO DEL DUCA	DENIS MORRIS	1:02.32 2
5 CALEB RAMEY	GREAT LAKES	1:05.53 1
6 DILLON ERSKINE	SOUTH LINCOL	1:06.03
7 SAM LAFLEUR	LAURA SECOR	1:09.00

Men 800 Meter Run Midget

Zone IV: 2:05.07 R 13/05/2010ZACH GODIN

Pre 2004: 2:08.20 r 1994 NEIL O'REILLY

Name	School	Finals
Finals		
1 MILLAR COVENEY	CHURCHILL, S	2:12.06 6
2 GAVIN SMITH	GRIMSBY DSS	2:12.76 4
3 THOMAS VOLZ	BLESSED TRIN	2:32.79 3
4 ROSS HALFYARD	CHURCHILL, S	2:34.30 2
5 STEVE KILLINS	SOUTH LINCOL	2:38.20 1
6 CALEB RAMEY	GREAT LAKES	2:42.45
7 DILLON ERSKINE	SOUTH LINCOL	2:45.35
8 TYLER MALONEY	BLESSED TRIN	3:27.19

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Men 1500 Meter Run Midget****Zone IV: 4:20.74 R 13/05/2004 KEVIN MOORE****Pre 2004: 4:17.10 r 1981 MIKE SMITH**

Name	School	Finals
Finals		
1 MILLAR COVENEY	CHURCHILL, S	4:27.67 6
2 GAVIN SMITH	GRIMSBY DSS	4:28.36 4
3 THOMAS VOLZ	BLESSED TRIN	5:08.53 3
4 ROSS HALFYARD	CHURCHILL, S	5:16.38 2
5 ADAM ZAMMITT	LAURA SECORI	5:16.48 1
6 CALEB RAMEY	GREAT LAKES	5:18.61
7 DAMON DAVIDSON	DENIS MORRIS	5:21.06
8 STEVE KILLINS	SOUTH LINCOL	5:30.88
9 RAIMONDO ACETI	EDEN HIGH SC	5:41.15
10 SEBASTIAN SWAYZE	THOROLD SS-T	5:52.26

Men 3000 Meter Run Midget**Zone IV: 9:42.21 R 11/05/2006 MOHAMED AHMED****Pre 2004: 9:21.20 r 1981 MIKE SMITH**

Name	School	Finals
Finals		
1 MILLAR COVENEY	CHURCHILL, S	11:00.24 6
2 SEBASTIAN SWAYZE	THOROLD SS-T	11:55.76 4
3 ADAM ZAMMITT	LAURA SECORI	11:55.89 3
4 ROSS HALFYARD	CHURCHILL, S	11:59.58 2
5 DAMON DAVIDSON	DENIS MORRIS	12:00.49 1
6 RAIMONDO ACETI	EDEN HIGH SC	12:15.31
7 GERRIT PICCOLO	THOROLD SS-T	13:26.25

Men 100 Meter Hurdles Midget**Zone IV: 15.71 R 15/05/2008 JOSH FORESTER****Pre 2004: 14.50 R 2001 TAI SPENCER-YAP****Pre 2004: 14.50 r 1975 LEON ARENDSE**

Name	School	Finals
Finals		
1 KYLE CRAIG	LAURA SECORI	17.09 6
2 LIAM BURROWS	SOUTH LINCOL	17.85 4
3 KYLE FRKETICH	GRIMSBY DSS	19.27 3
4 MATTHEW MOORE	LAURA SECORI	20.17 2
5 SAM LAFLEUR	LAURA SECORI	20.99 1

Men 300 Meter Hurdles Midget**Zone IV: 43.95 R 13/05/2005 JORDAN GLANCIE****Pre 2004: 42.49 r 2001 TAI SPENCER-YAP**

Name	School	Finals
Finals		
1 THOMAS VOLZ	BLESSED TRIN	50.13 6
2 KYLE CRAIG	LAURA SECORI	50.90 4
--- DANE STEWART	THOROLD SS-T	SCR

Men 4x100 Meter Relay Midget**Zone IV: 48.46 R 17/05/2012 DENIS MORRIS H S****J. Chambers, V. Cojocari, J. Selman, A. Wilson****Pre 2004: 47.60 r 1979**

Team	Relay	Finals
Finals		
1 WEST PARK S S	A	49.27 6
2 BLESSED TRINITY H S	A	50.59 4
--- DENIS MORRIS H S	A	DQ
--- SMITHVILLE D	A	DNS

Men High Jump Midget**Zone IV: 1.85m R 17/05/2007 JEFF WEBB****Pre 2004: 1.87m r 1995 MIKE PONIKVAR**

Name	School	Finals
Finals		
1 DAMON JOHNSON	ST. CATHARIN	1.67m 6
2 NOLAN BENEVENTO	WEST PARK	1.55m 4
3 OWEN DE GRAAF	BLESSED TRIN	1.55m 3
4 PATRICK ZIMA	BLESSED TRIN	1.55m 2
5 LIAM BURROWS	SOUTH LINCOL	1.50m 1
6 NUHASH BADRUZZAM	EDEN HIGH SC	1.50m
7 BRANDON BENJAMIN	SMITHVILLE D	1.40m
--- CONNER CRABBE	SOUTH LINCOL	DNS

Men Pole Vault Midget**Zone IV: 2.44m R 13/05/2005 BRYAN ROSE****Pre 2004: 3.26m r 1986 MARK WIKABRADO**

Name	School	Finals
Finals		
1 ADAM ZAMMITT	LAURA SECORI	1.80m 6

Men Long Jump Midget**Zone IV: 5.70m R 17/05/2012 ALVIN FORTALEZA****Pre 2004: 6.20m r 1982 GREG BRISKIN**

Name	School	Finals
Finals		
1 TROY BAXTER	DENIS MORRIS	5.21m 6
2 KYLE CRAIG	LAURA SECORI	5.02m 4
3 HOWELL CANLAS	THOROLD SS-T	5.00m 3
4 JACOB HINCHBERGER	CHURCHILL, S	4.81m 2
5 RILEY MCKINNON	WEST PARK	4.73m 1
6 LENO DEL DUCA	DENIS MORRIS	4.72m
7 OWEN DE GRAAF	BLESSED TRIN	4.61m
8 JACK MONCUR	CHURCHILL, SI	4.49m
9 MATTHEW EIZENGA	CHURCHILL, S	4.43m
10 MITCH MAXNER	DENIS MORRIS	4.41m
11 LIAM BURROWS	SOUTH LINCOL	4.21m
12 THOMAS DEKLERK	SMITHVILLE D	4.16m
13 ALEX BOEKESTYN	SMITHVILLE D	3.89m
14 CONNER CRABBE	SOUTH LINCOL	3.75m

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Men Triple Jump Midget****Zone IV: 12.08m R 17/05/2012** EDVIN MILLER**Pre 2004: 12.73m r 1984** ANDY RYMISHA

Name	School	Finals
Finals		
1 HOWELL CANLAS	THOROLD SS-T	10.54m 6
2 KRAIG HNAKTO	SOUTH LINCOL	10.41m 4
3 MATTHEW EIZENGA	CHURCHILL, S	10.23m 3
4 MITCH MAXNER	DENIS MORRIS	9.99m 2
5 STEVE KILLINS	SOUTH LINCOL	9.60m 1
6 ALEX BOEKESTYN	SMITHVILLE D	9.52m
7 THOMAS DEKLERK	SMITHVILLE D	8.97m
8 AUSTIN BRANIGAN	SOUTH LINCOL	8.40m
--- THOMAS BOEKESTYN	HERITAGE CHR	FOUL

Men Shot Put Midget**Zone IV: 14.24m R 17/05/2007** STEFAN PALIOS**Pre 2004: 14.88m r 1981** JOHN WILLMS

Name	School	Finals
Finals		
1 BROCK SPELLER	SOUTH LINCOL	12.73m 6
2 JAKE STEVENSON	DENIS MORRIS	10.75m 4
3 MICHAEL RAMIREZ	ST. FRANCIS	10.62m 3
4 BLAKE PATTERSON	SOUTH LINCOL	10.44m 2
5 DAKOTA FOLLIK	ST. FRANCIS	10.41m 1
6 CHRISTIAN BALANOW	DENIS MORRIS	10.17m
7 MICHAEL KAZIMOWIC	CHURCHILL, S	10.03m
8 ABDUL MATUS	CHURCHILL, S	8.01m
--- DANE STEWART	THOROLD SS-T	SCR

Men Discus Throw Midget**Zone IV: 50.52m R 17/05/2007** STEFAN PALIOS**Pre 2004: 49.92m r 2001** JOHNNIE AHLSTEDT

Name	School	Finals
Finals		
1 BROCK SPELLER	SOUTH LINCOL	40.74m 6
2 HARRISON JARVIS	CHURCHILL, S	33.60m 4
3 BLAKE PATTERSON	SOUTH LINCOL	31.85m 3
4 JOSEPH KNIZAT	CHURCHILL, S	30.28m 2
5 JAKE STEVENSON	DENIS MORRIS	28.95m 1
6 PATRICK ZIMA	BLESSED TRIN	28.62m
7 MITCH MUELLER	BLESSED TRIN	28.54m
8 MICHAEL KAZIMOWIC	CHURCHILL, S	25.16m
9 KYLE FRKETICH	GRIMSBY DSS	23.65m
10 DEVON HALLETT	ST. FRANCIS	23.60m
11 DAKOTA FOLLIK	ST. FRANCIS	23.07m
12 JACOB ZANTINGH	SMITHVILLE D	22.99m
13 THOMAS DEKLERK	SMITHVILLE D	22.53m
14 ABDUL MATUS	CHURCHILL, S	19.09m

Men Javelin Throw Midget**Zone IV: 47.47m R 17/05/2007** RAY DYKSTRA**Pre 2004: 49.32m r 2003** SHAWN BENCH

Name	School	Finals
Finals		
1 HARRISON JARVIS	CHURCHILL, S	37.04m 6
2 BROCK SPELLER	SOUTH LINCOL	36.68m 4
3 JACOB ZANTINGH	SMITHVILLE D	34.59m 3
4 JOSEPH KNIZAT	CHURCHILL, S	34.12m 2
5 BLAKE PATTERSON	SOUTH LINCOL	29.67m 1
6 BRANDON BENJAMIN	SMITHVILLE D	28.33m
7 KYLE FRKETICH	GRIMSBY DSS	25.52m
8 DEVON HALLETT	ST. FRANCIS	24.90m
9 MICHAEL KAZIMOWIC	CHURCHILL, S	24.74m
10 TYLER WEASNER	WEST PARK	20.23m
11 ABDUL MATUS	CHURCHILL, S	17.93m
12 CHRISTIAN BALANOW	DENIS MORRIS	15.44m
13 GERRIT PICCOLO	THOROLD SS-T	14.79m
--- DANE STEWART	THOROLD SS-T	SCR

Men 100 Meter Dash Junior**Zone IV: 11.43 R 13/05/2005** TANNER GOODE**Pre 2004: 11.04 r 2003** DIRK HOFMANN

Name	School	Prelims
Preliminaries		
1 TWANELL BELL	DENIS MORRIS	11.63Q
2 JAQUAN SELMAN	DENIS MORRIS	11.80Q
3 NATHAN KENNEDY	BLESSED TRIN	12.01Q
4 DANNY CAMPBELL	GOVERNOR SIM	12.09Q
5 BYRON PRINCE	DENIS MORRIS	12.05q
6 ROBERT BARBAS	HOLY CROSS H	12.18q
7 AKEEM WILSON	DENIS MORRIS	12.22q
8 NICHOLAS DHANNYRA	HOLY CROSS H	12.25q
9 ALLEN VARY	CHURCHILL, S	12.54
10 TERENCE CHAN	LAURA SECORE	12.70
11 JADEN SAYAVONG	GOVERNOR SIM	12.96
12 CURTIS HOEKSTRA	SMITHVILLE D	13.29

Men 100 Meter Dash Junior**Zone IV: 11.43 R 13/05/2005** TANNER GOODE**Pre 2004: 11.04 r 2003** DIRK HOFMANN

Name	School	Finals
Finals		
1 TWANELL BELL	DENIS MORRIS	11.48 6
2 JAQUAN SELMAN	DENIS MORRIS	11.66 4
3 DANNY CAMPBELL	GOVERNOR SIM	11.90 3
4 NATHAN KENNEDY	BLESSED TRIN	11.94 2
5 BYRON PRINCE	DENIS MORRIS	12.09 1
6 NICHOLAS DHANNYRA	HOLY CROSS H	12.10
7 ROBERT BARBAS	HOLY CROSS H	12.12
8 AKEEM WILSON	DENIS MORRIS	12.21

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Men 200 Meter Dash Junior****Zone IV: 23.54 R 15/05/2008 DYLAN GRANGER****Pre 2004: 23.00 r 1972 VIC REMPEL**

Name	School	Finals
Finals		
1 JAQUAN SELMAN	DENIS MORRIS	24.05 6
2 SAM GREENLAW	GOVERNOR SIM	24.54 4
3 ROBERT BARBAS	HOLY CROSS H	24.56 3
4 NICHOLAS DHANNYRA	HOLY CROSS H	24.85 2
5 NATHAN KENNEDY	BLESSED TRIN	25.06 1
6 BYRON PRINCE	DENIS MORRIS	25.11
7 WILL COWLING	LAURA SECORI	25.18
8 ALLEN VARY	CHURCHILL, S	25.51
9 TERENCE CHAN	LAURA SECORI	25.59
10 AKEEM WILSON	DENIS MORRIS	25.85
11 JADEN SAYAVONG	GOVERNOR SIM	26.75
12 TREVOR JOHNSON	LAURA SECORI	29.10
13 JUSTIN BRODERICK	THOROLD SS-T	30.42
--- JOE FALZONE	SMITHVILLE D	DQ
--- DARIEN GOMEZ	BLESSED TRIN	DNS

Men 400 Meter Dash Junior**Zone IV: 53.86 R 11/05/2006 LEE MORI****Pre 2004: 50.90 r 1986 BOB LYONS**

Name	School	Finals
Finals		
1 SAM GREENLAW	GOVERNOR SIM	55.27 6
2 WILL COWLING	LAURA SECORI	55.54 4
3 TERENCE CHAN	LAURA SECORI	59.53 3
4 DARIEN GOMEZ	BLESSED TRIN	1:01.23 2
5 KYLE KAJASTE	SOUTH LINCOL	1:02.76 1
6 MATTEO COLAVECCHI	ST. FRANCIS	1:02.94
7 BEN BONSMAS	SMITHVILLE D	1:03.86
8 ROGER BERTRAND	SOUTH LINCOL	1:04.47
9 DREW SMITH	WEST PARK	1:04.56
10 HARLEY ROGERS	WEST PARK	1:04.95
11 PEPPER GARETT	SOUTH LINCOL	1:07.43
12 GEORGE DUBON	WEST PARK	1:08.99
--- MARTIN GOODFELLOW	GREAT LAKES	DNS
--- PATRICK HOLDITCH	THOROLD SS-T	SCR

Men 800 Meter Run Junior**Zone IV: 2:01.11 R 13/05/2010 CHRIS HUTTON****Pre 2004: 1:58.69 r 1997 JEFF MALLYSH**

Name	School	Finals
Finals		
1 NICHOLAS DHANNYRA	HOLY CROSS H	2:08.24 6
2 CAIN HASSIM	CHURCHILL, S	2:13.51 4
3 JUSTIN LAWLESS	CHURCHILL, S	2:18.43 3
4 DREW HARSHAW	CHURCHILL, S	2:24.20 2
5 DARIEN GOMEZ	BLESSED TRIN	2:25.89 1
6 AUSTIN NORTHEY	BLESSED TRIN	2:30.70
7 NICOLAS CLUTE	HOLY CROSS H	2:30.92
8 KYLE TIERSMA	SMITHVILLE D	2:31.25
9 ROGER BERTRAND	SOUTH LINCOL	2:31.49

10 JOHN GOEREE	SOUTH LINCOL	2:35.45
11 KYLE KAJASTE	SOUTH LINCOL	2:35.62
12 PEPPER GARETT	SOUTH LINCOL	2:40.70
13 JACOB LAMBIE	THOROLD SS-T	2:51.39
--- GEORGE DUBON	WEST PARK	DNS

Men 1500 Meter Run Junior**Zone IV: 4:12.38 R 12/05/2011 TROY SMITH****Pre 2004: 4:06.24 r 2002 JEFF SCULL**

Name	School	Finals
Finals		
1 CAIN HASSIM	CHURCHILL, S	4:25.52 6
2 DAVID ALTAMIRANO	DENIS MORRIS	4:37.48 4
3 JUSTIN LAWLESS	CHURCHILL, S	4:44.09 3
4 DREW HARSHAW	CHURCHILL, S	4:54.70 2
5 KYLE TIERSMA	SMITHVILLE D	4:59.72 1
6 JOHN GOEREE	SOUTH LINCOL	5:08.46
7 KYLE KAJASTE	SOUTH LINCOL	5:09.29
8 NICOLAS CLUTE	HOLY CROSS H	5:13.59
9 PEPPER GARETT	SOUTH LINCOL	5:29.63
10 JONATHAN ZONRUITEI	BLESSED TRIN	5:40.55
11 JACOB LAMBIE	THOROLD SS-T	5:46.76
12 BEN LANTZ	THOROLD SS-T	5:48.61
13 JAKE DAVIES	ST. FRANCIS	6:24.61

Men 3000 Meter Run Junior**Zone IV: 9:15.44 R 17/05/2007 MOHAMED AHMED****Pre 2004: 9:04.70 r 1983 MIKE SMITH**

Name	School	Finals
Finals		
1 CAIN HASSIM	CHURCHILL, S	10:12.51 6
2 DAVID ALTAMIRANO	DENIS MORRIS	10:21.88 4
3 DREW HARSHAW	CHURCHILL, S	11:04.55 3
4 JOHN GOEREE	SOUTH LINCOL	11:19.13 2
5 BEN BONSMAS	SMITHVILLE D	12:02.59 1
6 JONATHAN ZONRUITEI	BLESSED TRIN	12:59.64

Men 100 Meter Hurdles Junior**Zone IV: 14.51 R 17/05/2007 TOWNSEND BENARD****Pre 2004: 14.67 r 2003 TAI SPENCER-YAP**

Name	School	Finals
Finals		
1 MACK WILSON	LAURA SECORI	15.83 6
2 MATTHEW NICKEL	CHURCHILL, S	16.10 4
3 DUAN PARCHMENT	LAURA SECORI	16.56 3
4 NOLAN HARDT	SOUTH LINCOL	17.40 2

Men 300 Meter Hurdles Junior**Zone IV: 44.00 R 13/05/2004 TYLER ROUSE****Pre 2004: 42.50 R 2003 ROB PETERS****Pre 2004: 42.50 R 1994 JIM CORUPE****Pre 2004: 42.49 r 2001 TAI SPENCER-YAP**

Name	School	Finals
Finals		
1 MATTHEW NICKEL	CHURCHILL, S	43.17R 6
2 MACK WILSON	LAURA SECORI	45.23 4

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Finals ... (Men 300 Meter Hurdles Junior)**

Name	School	Finals
3 DUAN PARCHMENT	LAURA SECORI	45.75 3
4 WILL COWLING	LAURA SECORI	54.79 2

Men 4x100 Meter Relay Junior

Zone IV: 47.22 R 17/05/2012 GOVERNOR SIMCOE S S

S.Ali, D.Campbell, D. Hodges, M. Young

Pre 2004: 45.90 r 1980

Team	Relay	Finals
Finals		
1 DENIS MORRIS H S	A	45.77r 6
2 CHURCHILL, S	A	48.47 4
3) ALVIN FORTALEZEA	4) DAVID LILLO	
3 HOLY CROSS H S	A	49.30 3
4 BLESSED TRINITY H S	A	51.48 2
5 SMITHVILLE D	A	51.94 1
6 THOROLD S S	A	57.87
--- LAURA SECORD S S	A	DQ
1) TERRENCE CHAN	2) MACK WILSON	
3) WILL COWLING	4) DUAN PARCHMENT	

Men High Jump Junior

Zone IV: 1.88m R 13/05/2004 JAMES BRODHAGEN

Pre 2004: 2.11m r 1997 MIKE PONIKVAR

Name	School	Finals
Finals		
1 LOGAN GAULD	THOROLD SS-T	1.75m 6
2 DAVID BAILEY	WEST PARK	1.75m 4
3 MATTHEW NICKEL	CHURCHILL, S	1.65m 3
4 ISSAC WHITTY	THOROLD SS-T	1.65m 2
5 NOLAN HARDT	SOUTH LINCOL	1.55m 1
6 AIDEN WILLAN	LAURA SECORI	1.45m
--- RICHARD NIEUWOLD	HERITAGE CHR	DNS
--- DARE ADEBANJO	DENIS MORRIS	DNS

Men Pole Vault Junior

Zone IV: 3.30m R 17/05/2007 TOWNSEND BENARD

Pre 2004: 3.91m r 1986 DAN PEROSSA

Name	School	Finals
Finals		
1 MACK WILSON	LAURA SECORI	2.20m 6

Men Long Jump Junior

Zone IV: 6.05m R 17/05/2007 SHAWN HIND

Pre 2004: 6.55m r 1992 ANDREW BELL

Name	School	Finals
Finals		
1 TWANELL BELL	DENIS MORRIS	6.03m 6
2 AKEEM WILSON	DENIS MORRIS	5.77m 4
3 ALVIN FORTALEZA	CHURCHILL, S	5.71m 3
4 JAKE CHAMBERS	DENIS MORRIS	5.54m 2
5 RICHARD NIEUWOLD	HERITAGE CHR	5.29m 1
6 DANNY CAMPBELL	GOVERNOR SIM	5.12m
7 TYLER WALIKI	LAURA SECORI	5.11m

8 DANIEL ALEXANDROV	EDEN HIGH SC	4.81m
8 ALLEN VARY	CHURCHILL, S	4.81m
10 JOE FALZONE	SMITHVILLE D	4.80m
11 MATTEO COLAVECCHI	ST. FRANCIS	4.72m
12 CURTIS HOEKSTRA	SMITHVILLE D	4.68m
13 AIDEN WILLAN	LAURA SECORI	4.67m
--- DARE ADEBANJO	DENIS MORRIS	DNS
--- JOE SUK	HERITAGE CHR	SCR
--- JEREMY VANDERMOL	HERITAGE CHR	SCR

Men Triple Jump Junior

Zone IV: 12.89m R 13/05/2005 DAVID TEBBUTT

Pre 2004: 13.65m r 2003 TUMELO MOLEKO

Name	School	Finals
Finals		
1 RICHARD NIEUWOLD	HERITAGE CHR	12.65m 6
2 JAQUAN SELMAN	DENIS MORRIS	12.60m 4
3 TWANELL BELL	DENIS MORRIS	12.26m 3
4 ALVIN FORTALEZA	CHURCHILL, S	12.00m 2
5 JAKE CHAMBERS	DENIS MORRIS	11.84m 1
6 DUAN PARCHMENT	LAURA SECORI	11.40m
7 DANIEL ALEXANDROV	EDEN HIGH SC	10.12m
8 DAVID LILLO	CHURCHILL, S	9.55m
--- PATRICK HOLDITCH	THOROLD SS-T	SCR

Men Shot Put Junior

Zone IV: 16.35m R 15/05/2008 STEFAN PALIOS

Pre 2004: 16.03m r 1990 RICK FRIESEN

Name	School	Finals
Finals		
1 ALEX JOBSON	GOVERNOR SIM	14.63m 6
2 NOLAN NARDANGELI	DENIS MORRIS	11.77m 4
3 JUSTIN BRODERICK	THOROLD SS-T	11.75m 3
4 LUKAS BRENNAN	WEST PARK	11.62m 2
5 VLAD COJOCARI	DENIS MORRIS	11.10m 1
6 DANIEL VACCARO	WEST PARK	10.99m
7 ERIC DENE	SMITHVILLE D	10.91m
8 JACK KATZMAN	WEST PARK	10.90m
9 TONY WANG	GREAT LAKES	10.15m
10 SAM DEKKER	SMITHVILLE D	9.89m
11 JOSH FERRUSI	BLESSED TRIN	9.66m
12 NICK SHIELDS	BLESSED TRIN	9.65m
13 SHAWN DEKLERK	SMITHVILLE D	9.49m
--- JEREMY VANDERMOL	HERITAGE CHR	DNS
--- ALFONSO SAWYER	BLESSED TRIN	DNS
--- DANIEL WOLFERT	HERITAGE CHR	SCR

Men Discus Throw Junior

Zone IV: 54.43m R 15/05/2008 STEFAN PALIOS

Pre 2004: 45.62m r 1990 RICK FRIESEN

Name	School	Finals
Finals		
1 JOSH COLE	SOUTH LINCOL	37.23m 6
2 JEREMY PENNER	CHURCHILL, S	36.59m 4
3 MATTEO COLAVECCHI	ST. FRANCIS	35.96m 3
4 NOLAN HARDT	SOUTH LINCOL	33.84m 2

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Finals ... (Men Discus Throw Junior)**

Name	School	Finals
5 VLAD COJOCARI	DENIS MORRIS	31.94m 1
6 ERIC DENE	SMITHVILLE D	31.90m
7 BRADEN MCKIE	HOLY CROSS H	30.55m
8 SHAWN DEKLERK	SMITHVILLE D	29.70m
9 SAM DEKKER	SMITHVILLE D	28.52m
10 ABE BOESE	LAURA SECORI	28.34m
11 LUKAS BRENNAN	WEST PARK	28.10m
12 NOLAN NARDANGELI	DENIS MORRIS	28.08m
13 TYLER WALIKI	LAURA SECORI	27.30m
14 JOSH FERRUSI	BLESSED TRIN	26.20m
15 BYRON PRINCE	DENIS MORRIS	25.69m
16 BRYCE KIEFFER	BLESSED TRIN	22.20m

Men Javelin Throw Junior**Zone IV: 55.45m R 15/05/2008RAY DYKSTRA****Pre 2004: 51.16m r 2003 RICKY POWELL**

Name	School	Finals
Finals		
1 NOAH LANE	BLESSED TRIN	48.11m 6
2 SIMON FOLKERTS	SMITHVILLE D	47.66m 4
3 JEREMY PENNER	CHURCHILL, S	45.88m 3
4 DANIEL ALEXANDROV	EDEN HIGH SC	44.63m 2
5 TYLER WALIKI	LAURA SECORI	41.89m 1
6 HUSAM BADAWI	WEST PARK	38.61m
7 ERIC VANDERMEER	SMITHVILLE D	36.13m
8 BRADEN MCKIE	HOLY CROSS H	34.59m
9 VLAD COJOCARI	DENIS MORRIS	31.72m
10 ABE BOESE	LAURA SECORI	30.06m
11 JOE FALZONE	SMITHVILLE D	29.80m
12 AIDEN WILLAN	LAURA SECORI	28.16m
13 NOLAN NARDANGELI	DENIS MORRIS	26.38m
14 JOSH COLE	SOUTH LINCOL	25.45m
15 JAKE DAVIES	ST. FRANCIS	23.01m
--- DANIEL WOLFERT	HERITAGE CHR	SCR

Men 100 Meter Dash Senior**Zone IV: 11.20 R 13/05/2004CHRIS GERIMIA****Pre 2004: 10.77 R 2003 ALWYN COX****Pre 2004: 10.80 r 1973 VIC REMPEL**

Name	School	Prelims
Preliminaries		
1 SHANE DECKER	DENIS MORRIS	11.24Q
2 LEKAN IDOWU	DENIS MORRIS	11.43Q
3 MATT FRANCIS	DENIS MORRIS	11.44Q
4 JABARI GEORGE	DENIS MORRIS	11.45Q
5 BEN GADSBY	BEAMSVILLE D	11.64q
6 ROB PURCHA	ST. FRANCIS	11.99q
7 KEVIN BONNEAU	GRIMSBY DSS	12.06q
8 RAY ZANG-EVA	BLESSED TRIN	12.16q
9 JEROME DAVIS	BLESSED TRIN	12.27
10 JEREMY ESPINO	ST. FRANCIS	12.27
11 EMERSON CASTANED/	HOLY CROSS H	12.37
12 ANDONY ESCUDERO	GREAT LAKES	12.43
13 MATEO CINO	CHURCHILL, S	12.57

14 ADAM ABDULA	CHURCHILL, S	12.64
15 DESMOND STEWART	LAURA SECORI	12.73
16 JOSH UPPER	THOROLD SS-T	12.79

Men 100 Meter Dash Senior**Zone IV: 11.20 R 13/05/2004CHRIS GERIMIA****Pre 2004: 10.77 R 2003 ALWYN COX****Pre 2004: 10.80 r 1973 VIC REMPEL**

Name	School	Finals
Finals		
1 SHANE DECKER	DENIS MORRIS	11.17R 6
2 LEKAN IDOWU	DENIS MORRIS	11.38 4
3 BEN GADSBY	BEAMSVILLE D	11.43 3
4 JABARI GEORGE	DENIS MORRIS	11.46 2
5 MATT FRANCIS	DENIS MORRIS	11.53 1
6 KEVIN BONNEAU	GRIMSBY DSS	11.91
7 RAY ZANG-EVA	BLESSED TRIN	12.10
8 ROB PURCHA	ST. FRANCIS	12.10

Men 200 Meter Dash Senior**Zone IV: 22.25 R 17/05/2007CODY BOYD****Pre 2004: 22.60 r 1991 BOB COLES**

Name	School	Finals
Finals		
1 SHANE DECKER	DENIS MORRIS	22.96 6
2 GARRETT DION	CHURCHILL, S	23.15 4
3 CALUM WESTBROOK	CHURCHILL, S	23.38 3
4 BEN GADSBY	BEAMSVILLE D	23.51 2
5 JABARI GEORGE	DENIS MORRIS	24.02 1
6 MATT FRANCIS	DENIS MORRIS	24.20
7 CONNOR SCOTT	WEST PARK	24.29
8 JEROME DAVIS	BLESSED TRIN	24.30
9 EMERSON CASTANED/	HOLY CROSS H	25.14
10 MATEO CINO	CHURCHILL, S	25.21
11 DESMOND STEWART	LAURA SECORI	25.44
12 SIDDIQUE ALI	GOVERNOR SIM	25.50
13 JOSH UPPER	THOROLD SS-T	25.95
14 KEVIN CO	ST. FRANCIS	26.35
15 CEDRIC MALANGIS-V/	DENIS MORRIS	26.66
--- KEVIN BONNEAU	GRIMSBY DSS	SCR

Men 400 Meter Dash Senior**Zone IV: 49.81 R 17/05/2007CODY BOYD****Pre 2004: 49.40 r 1991 BRYAN HENRY**

Name	School	Finals
Finals		
1 GARRETT DION	CHURCHILL, S	51.72 6
2 JABARI GEORGE	DENIS MORRIS	52.63 4
3 CALUM WESTBROOK	CHURCHILL, S	56.23 3
4 BROCK MARTIN	GRIMSBY DSS	57.21 2
5 RICKY BEAUDRY	GOVERNOR SIM	57.29 1
6 SIDDIQUE ALI	GOVERNOR SIM	58.02
7 ADAM ABDULA	CHURCHILL, S	58.21
8 AARON WOODHOUSE	DENIS MORRIS	58.92
9 CAM PHILIP	THOROLD SS-T	59.27
10 EMERSON CASTANED/	HOLY CROSS H	59.34

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Finals ... (Men 400 Meter Dash Senior)**

Name	School	Finals
11 HARLIE SCAPILLATO	THOROLD SS-T	1:00.59
12 CALVIN NIEUWOLD	HERITAGE CHR	1:01.64
13 RYAN PEDRO	ST. FRANCIS	1:02.28
--- PETER LI	CHURCHILL, S	DNF
--- COLIN MCKIE	HOLY CROSS H	DNS
--- MICHAEL BURCH	DENIS MORRIS	SCR

Men 800 Meter Run Senior**Zone IV: 1:58.13 R 17/05/2012CHRIS HUTTON****Pre 2004: 1:54.00 r 1991 BRYAN HENRY**

Name	School	Finals
Finals		
1 JEREMY MOL	ST. FRANCIS	2:03.62 6
2 MIKE FORTALEZA	CHURCHILL, S	2:14.06 4
3 BEN DALE	GREAT LAKES	2:14.64 3
4 GARRISON BARKWAY	EDEN HIGH SC	2:15.17 2
5 PETER LI	CHURCHILL, S	2:15.41 1
6 AARON WOODHOUSE	DENIS MORRIS	2:19.89
7 CAM PHILIP	THOROLD SS-T	2:27.26
8 ERIC ROZON	CHURCHILL, S	2:27.29
9 CLARK HAMILTON	BLESSED TRIN	2:46.00
10 CEDRIC MALANGIS-V	DENIS MORRIS	2:48.12
11 EDWARD DONATO	DENIS MORRIS	2:49.82
--- RICKY BEAUDRY	GOVERNOR SIM	DNF
--- ZACHARY GODIN	CHURCHILL, S	DNF
--- MICHAEL BURCH	DENIS MORRIS	DQ
--- COLIN MCKIE	HOLY CROSS H	DNS
--- CHRIS ROBINSON	KERNAHAN PAI	SCR

Men 1500 Meter Run Senior**Zone IV: 3:55.89 R 17/05/2012TROY SMITH****Pre 2004: 3:59.70 r 1991 JEFF LOCKYER**

Name	School	Finals
Finals		
1 TROY SMITH	GRIMSBY DSS	4:05.91 6
2 JEREMY MOL	ST. FRANCIS	4:15.87 4
3 ZACHARY GODIN	CHURCHILL, S	4:18.86 3
4 ANDREW NEBEL	CHURCHILL, S	4:22.21 2
5 BRADEN KENNY	DENIS MORRIS	4:22.98 1
6 JOSH TURNER	GRIMSBY DSS	4:29.58
7 MIKE FORTALEZA	CHURCHILL, S	4:29.73
8 BEN DALE	GREAT LAKES	4:55.53
9 ADAM SMITH	LAURA SECORI	4:57.23
10 MICHAEL BURCH	DENIS MORRIS	5:05.00
11 ALEX MILNE	HOLY CROSS H	5:08.71
12 CALVIN NIEUWOLD	HERITAGE CHR	5:08.87
13 LEMUEL NUFIO-ESCOE	DENIS MORRIS	5:10.52
14 TYLER WHITE	ST. CATHARIN	5:25.97
--- ISMAIL BASIC	WEST PARK	DNS
--- MATTHEW CORMIER	CHURCHILL, S	DNS

Men 3000 Meter Run Senior**Zone IV: 8:30.12 R 14/05/2009MOHAMMED AHMED****Pre 2004: 8:40.20 r 1991 JEFF LOCKYER**

Name	School	Finals
Finals		
1 TROY SMITH	GRIMSBY DSS	8:48.44 6
2 ZACHARY GODIN	CHURCHILL, S	9:34.85 4
3 ANDREW NEBEL	CHURCHILL, S	9:45.40 3
4 MATTHEW CORMIER	CHURCHILL, S	9:45.86 2
5 BRADEN KENNY	DENIS MORRIS	9:47.91 1
6 JOSH TURNER	GRIMSBY DSS	9:47.96
7 ADAM SMITH	LAURA SECORI	10:46.34
8 NASRUDIN HASSAN	LAURA SECORI	10:46.45
9 SPENCER RABY	CHURCHILL, S	10:54.96
10 DYLAN WALICKI	EDEN HIGH SC	10:56.67
11 TOM KIELSTRA	GREAT LAKES	12:20.62
12 ELLIOT KOUDIJS	GREAT LAKES	12:21.49
--- TYLER WHITE	ST. CATHARIN	DNS
--- DOMENIC KOCJAN	DENIS MORRIS	SCR
--- LEMUEL NUFIO-ESCOE	DENIS MORRIS	SCR
--- SETH KAMMINGA	GREAT LAKES	SCR

Men 110 Meter Hurdles Senior**Zone IV: 14.85 R 15/05/2008TOWNSEND BENARD****Pre 2004: 15.30 r 1988 BRAD CARROLL**

Name	School	Finals
Finals		
1 JESSE STIRTZINGER	GRIMSBY DSS	15.46 6
2 KEVIN BONNEAU	GRIMSBY DSS	16.06 4
3 KEVIN STONES	BEAMSVILLE D	16.93 3
4 KYLE SCHERTZER	CHURCHILL, S	17.22 2
5 DESMOND STEWART	LAURA SECORI	17.93 1
6 ADAM TADESON	GRIMSBY DSS	19.68
7 MICHAEL ALLINGHAM	GRIMSBY DSS	19.69
8 BEN PENNING	HERITAGE CHR	21.49

Men 400 Meter Hurdles Senior**Zone IV: 59.84 R 17/05/2007TYLER ROUSE****Pre 2004: 57.20 r 1995 JIM CORUPE**

Name	School	Finals
Finals		
1 KEVIN STONES	BEAMSVILLE D	1:00.97 6
2 BROCK MARTIN	GRIMSBY DSS	1:05.64 4
3 ADAM TADESON	GRIMSBY DSS	1:08.87 3
4 ERIC ROZON	CHURCHILL, S	1:09.89 2
5 MICHAEL ALLINGHAM	GRIMSBY DSS	1:11.97 1

Men 4x100 Meter Relay Senior**Zone IV: 45.47 R 17/05/2007SIR WINSTON CHURCHILL****C Boyd, J Heckman, B Earp-Lynch, S Earp-Lynch****Pre 2004: 44.60 r 1971**

Team	Relay	Finals
Finals		
1 DENIS MORRIS H S	A	45.42R 6

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Finals ... (Men 4x100 Meter Relay Senior)**

Team	Relay	Finals	
2 CHURCHILL, S	A	46.20	4
1) CALUM WESTBROOK	2) GARRETT DION		
3) KYLE SCHERTZER	4) ADAM ABDULA		
3 ST. FRANCIS S S	A	47.23	3
1) ROB PURCHA	2) DAHLEN COOK		
3) JEREMY ESPINO	4) ALEX DAMIANO		
4 GRIMSBY D S S	A	48.73	2
1) BROCK MARTIN	2) JESSE STIRTZINGER		
3) KEVIN BONNEAU	4) TRENT SNYDER		
5 WEST PARK S S	A	49.35	1
6 THOROLD S S	A	52.38	

Men High Jump Senior**Zone IV: 1.95m R 11/05/2006 NICK GLOVER****Pre 2004: 2.07m r 1998 MIKE PONIKVAR**

Name	School	Finals	
Finals			
1 CONNOR SCOTT	WEST PARK	1.85m	6
2 KEVIN STONES	BEAMSVILLE D	1.70m	4
3 ZACH TAYLOR	GOVERNOR SIM	1.65m	3
4 KEVIN JASKIEWICZ	DENIS MORRIS	1.65m	2
5 KYLE SCHERTZER	CHURCHILL, S	1.55m	1

Men Long Jump Senior**Zone IV: 6.62m R 13/05/2010 VINH LE****Pre 2004: 6.75m r 1992 RICH DUNCAN**

Name	School	Finals	
Finals			
1 GARRETT DION	CHURCHILL, S	6.39m	6
2 JESSE STIRTZINGER	GRIMSBY DSS	6.02m	4
3 JOE ZANTINGH	SMITHVILLE D	5.69m	3
4 MATT FRANCIS	DENIS MORRIS	5.67m	2
5 DAN HALL	SOUTH LINCOL	5.59m	1
6 DAHLEN COOK	ST. FRANCIS	5.42m	
7 LEKAN IDOWU	DENIS MORRIS	5.20m	
8 BRAD HASLAM	CHURCHILL, S	5.12m	
9 ALEX DAMIANO	ST. FRANCIS	5.10m	
10 COLIN MILLER	ST. FRANCIS	5.08m	
11 AARON WOODHOUSE	DENIS MORRIS	5.04m	
12 KYLE SCHERTZER	CHURCHILL, S	4.92m	
13 ANDONY ESCUDERO	GREAT LAKES	4.89m	
14 JOEL CHOUINARD	ST. FRANCIS	4.54m	
15 JAKE GALLANT	WEST PARK	4.42m	
16 TOM KIELSTRA	GREAT LAKES	4.37m	

Men Triple Jump Senior**Zone IV: 13.61m R 13/05/2010 VINH LE****Zone IV: 13.20m R****Pre 2004: 13.77m r 1992 RICH DUNCAN**

Name	School	Finals	
Finals			
1 LEKAN IDOWU	DENIS MORRIS	12.63m	6
2 BRAD HASLAM	CHURCHILL, S	11.95m	4
3 JOE ZANTINGH	SMITHVILLE D	11.74m	3

4 DAN HALL	SOUTH LINCOL	11.57m	2
5 ADAM ABDULA	CHURCHILL, S	11.43m	1
6 TOM KIELSTRA	GREAT LAKES	10.63m	
7 DAHLEN COOK	ST. FRANCIS	10.55m	
8 HENRY FREEMAN	THOROLD SS-T	9.97m	
9 ALEX DAMIANO	ST. FRANCIS	9.82m	
10 NATHANIEL ABRAHAM	DENIS MORRIS	8.44m	
11 BISHOY SELIMAN	DENIS MORRIS	7.32m	

Men Shot Put Senior**Zone IV: 16.26m R 13/05/2010 STEFAN PALIOS****Pre 2004: 16.92m r 1991 RICK FRIESEN**

Name	School	Finals	
Finals			
1 MYCHAEAL BREW	ST. CATHARIN	12.82m	6
2 WES DERWINSKY	THOROLD SS-T	12.41m	4
3 CHRIS KENNY	DENIS MORRIS	12.27m	3
4 ZACH KOROLL	GOVERNOR SIM	11.73m	2
5 SEBASTIAN SOCCIO-M	DENIS MORRIS	11.27m	1
6 IAN MACMILLAN	DENIS MORRIS	10.76m	
7 ANGUS RANKIN	ST. FRANCIS	10.63m	
8 JOHNATHON GRANT	DENIS MORRIS	10.51m	
9 ALEX MARTYNEK	HOLY CROSS H	10.21m	
10 LYLE GAYDER	LAURA SECORE	9.65m	
11 JOSH ARNOLD	SOUTH LINCOL	9.42m	
12 BRANDON HARRISON	WEST PARK	9.14m	
13 JAMES COOPER	LAURA SECORE	9.03m	
14 DALTON MARACLE	CHURCHILL, S	8.41m	
--- DYLAN AGUIAR	BLESSED TRIN	DNS	
--- ERIC PEARSON	CHURCHILL, S	DNS	

Men Discus Throw Senior**Zone IV: 48.52m R 13/05/2004 RICH JOHNSON****Pre 2004: 46.86m r 1987 DAVE DMYTRAS**

Name	School	Finals	
Finals			
1 ZACH KOROLL	GOVERNOR SIM	47.28m	6
2 JUSTIN FELKER	CHURCHILL, S	40.33m	4
3 COLIN LISOY	CHURCHILL, S	36.80m	3
4 MYCHAEAL BREW	ST. CATHARIN	31.95m	2
5 ZACH COLAVECCHIA	DENIS MORRIS	29.32m	1
6 ANGUS RANKIN	ST. FRANCIS	29.02m	
7 BRANDON HARRISON	WEST PARK	28.93m	
8 MACKENZIE MARTINS	THOROLD SS-T	28.38m	
9 JOHNATHON GRANT	DENIS MORRIS	26.88m	
10 PAUL MARTENS	CHURCHILL, S	25.65m	
11 SETH KAMMINGA	GREAT LAKES	25.53m	
12 JAMES COOPER	LAURA SECORE	24.35m	
13 KYLE ERSKINE	SOUTH LINCOL	23.25m	
14 LYLE GAYDER	LAURA SECORE	23.06m	
--- DYLAN AGUIAR	BLESSED TRIN	DNS	
--- NATHAN LAVICTOIRE	GREAT LAKES	DNS	

2013 ZONE 4 CHAMPIONSHIP MEET - 16/05/2013**Niagara Olympic Club- West Park****Results****Men Javelin Throw Senior****Zone IV: 69.85m R 13/05/2010 RAY DYKSTRA****Pre 2004: 49.30m r 2001 PIERRE ROBINSON**

Name	School	Finals
Finals		
1 RANDY HUTTON	BLESSED TRIN	44.26m 6
2 SHAWN EPP	DENIS MORRIS	44.12m 4
3 BEN DALE	GREAT LAKES	42.91m 3
4 KYLE ERSKINE	SOUTH LINCOL	41.12m 2
5 JUSTIN FELKER	CHURCHILL, S	39.99m 1
6 DYLAN AGUIAR	BLESSED TRIN	39.25m
7 DAHLEN COOK	ST. FRANCIS	38.67m
8 MYCHAEAL BREW	ST. CATHARIN	38.14m
9 COLIN LISOY	CHURCHILL, S	33.30m
10 SENAD HODZIC	WEST PARK	28.63m
11 LYLE GAYDER	LAURA SECORI	28.49m
12 BRANDON HARRISON	WEST PARK	26.64m
13 DOMENIC KOCJAN	DENIS MORRIS	26.02m
14 WES DERWINSKY	THOROLD SS-T	25.16m
--- JOSH ARNOLD	SOUTH LINCOL	FOUL
--- ERIC PEARSON	CHURCHILL, S	DNS

Men 2000 Meter Steeplechase Open**Zone IV: 6:24.17 R 15/05/2008 RYAN THOMAS****Pre 2004: 6:17.40 r 1988 TIM MCNEIL**

Name	School	Finals
Finals		
1 ANDREW NEBEL	CHURCHILL, S	6:39.11 6
2 MIKE FORTALEZA	CHURCHILL, S	6:40.54 4
3 MATTHEW CORMIER	CHURCHILL, S	6:51.93 3
4 NASRUDIN HASSAN	LAURA SECORI	6:57.32 2
5 DYLAN WALICKI	EDEN HIGH SC	7:04.46 1
6 GARRISON BARKWAY	EDEN HIGH SC	7:26.11
7 EVAN BULL	BEAMSVILLE D	7:28.93
8 MATTHEW WASYLECZ	GRIMSBY DSS	7:57.54
9 J.P. CARFAGNINI	DENIS MORRIS	8:46.24
--- KEVIN JASKIEWICZ	DENIS MORRIS	FS

Men 4x400 Meter Relay Open**Zone IV: 3:33.01 R 15/05/2008 GRIMSBY D S S****D Easterbrook, C Short, K Park, C Michaud****Pre 2004: 3:31.90 r 1990**

Team	Relay	Finals
Finals		
1 CHURCHILL, S	A	3:48.46 6
2 ST. FRANCIS S S	A	3:52.01 4
3 GRIMSBY D S S	A	3:55.92 3
4 LAURA SECORD S S	A	3:57.81 2
5 DENIS MORRIS H S	A	4:03.87 1