

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Women 100 Meter Dash Midget**

Name	Year School	Finals	H#	Points
1 Ollier, Mary	Grimsby D S S	13.23	1	
2 Innamorati, Selena	Holy Cross H S	13.82	3	
3 Andrews, Caitlyn	Niagara D S S	14.03	1	
4 Dunnink, Mary-Lynn	Heritage Chr	14.31	3	
5 Burtnik, Valerie	St. Francis S S	14.40	4	
6 Sheehan, Devan	Churchill, S	14.41	2	
7 Soji, Lola	Eden High School	14.43	2	
8 Gaio, Danielle	Holy Cross H S	14.56	1	
9 Dunk, Anita	South Lincoln H S	14.64	1	
10 Jauernig, Taylor	Grimsby D S S	14.71	4	
11 Hutchinson, Jessica	Blessed Trinity H S	14.86	1	
12 Muhl, Caitlin	Grimsby D S S	14.94	3	
13 Zou, Helen	Churchill, S	15.00	4	
14 Mihelcic, Maja	Blessed Trinity H S	15.02	4	
15 Gaio, Hailey	Holy Cross H S	15.03	4	
16 Chivaran, Selena	Denis Morris H S	15.16	1	
17 Otten, Danielle	Heritage Chr	15.18	4	
18 Bocchinfuso, Sara	Churchill, S	15.23	3	
19 Clarke, Amanda	South Lincoln H S	15.24	4	
20 Vaillancourt, Yvonne	South Lincoln H S	15.35	3	
21 Kamping, Haley	Smithville D	15.36	1	
22 Thompson, Zoe	Churchill, S	15.49	1	
23 Sergnese, Alaina	St. Francis S S	15.59	2	
24 Stevenson, Dakota	Niagara D S S	15.72	2	
25 Mielczarek, Julia	Holy Cross H S	15.82	2	
26 DeHaan, Emily	Smithville D	15.84	4	
27 Plackitt, Corrine	Kernahan Park S S	15.91	2	
28 Wasilewski, Lynette	Blessed Trinity H S	15.97	3	
29 Stewart, Leah	Blessed Trinity H S	15.99	2	
30 Middleton, Sierra	St. Catharin	16.14	2	

Women 200 Meter Dash Midget

Name	Year School	Finals	H#	Points
1 Eizenga, Talasia	Churchill, S	29.09	3	
2 Hutchinson, Jessica	Blessed Trinity H S	30.56	1	
3 Otten, Danielle	Heritage Chr	31.04	1	
4 Waring, Sara	Grimsby D S S	31.14	2	
5 Katie, Cheliak	Denis Morris H S	31.18	3	
6 Zima, Natalie	Blessed Trinity H S	31.24	3	
7 Muhl, Caitlin	Grimsby D S S	31.39	3	
8 Cotnam, Taylor	Denis Morris H S	31.50	2	
9 Zou, Helen	Churchill, S	32.11	1	
10 Gaio, Hailey	Holy Cross H S	32.20	1	
11 Dunk, Anita	South Lincoln H S	32.43	3	
12 Lampman, Ryann	Blessed Trinity H S	32.75	1	
13 Clarke, Amanda	South Lincoln H S	33.10	2	
14 Wasilewski, Lynette	Blessed Trinity H S	36.64	2	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Women 400 Meter Dash Midget**

Name	Year	School	Finals	H#	Points
1 Clarke, Madison		West Park S S	1:02.31	2	
2 Eizenga, Talasia		Churchill, S	1:04.86	1	
3 Taylor, Madi		Eden High School	1:05.48	2	
4 Jauernig, Taylor		Grimsby D S S	1:09.44	2	
5 Glatt, Gab		Niagara D S S	1:10.58	1	
6 Chivaran, Selena		Denis Morris H S	1:11.16	2	
7 Vermeer, Micah		Smithville D	1:12.33	1	
8 Katie, Cheliak		Denis Morris H S	1:12.81	1	
9 Cotnam, Taylor		Denis Morris H S	1:13.51	1	
10 Smith, Francine		Denis Morris H S	1:16.57	2	
11 Stuart, Savannah		Laura Secord S S	1:18.03	2	
12 Tenbrinke, Dakota		Grimsby D S S	1:19.43	1	
13 Stevenson, Dakota		Niagara D S S	1:20.99	2	

Women 800 Meter Run Midget

Name	Year	School	Finals	Points
1 Clarke, Madison		West Park S S	2:36.03	
2 Wachner, Rachel		Blessed Trinity H S	2:55.61	
3 Hall, Erin		Laura Secord S S	2:57.29	
4 Teichgraf, Melissa		Eden High School	3:00.46	
5 Arnold, Sarah		Blessed Trinity H S	3:05.38	
6 Tenbrinke, Dakota		Grimsby D S S	3:07.45	
7 Buist, Katherine		Smithville D	3:09.89	
8 Fernandez, Andrea		Blessed Trinity H S	3:10.38	
9 Tessier, Jennifer		Denis Morris H S	3:14.13	

Women 1500 Meter Run Midget

Name	Year	School	Finals	Points
1 Meyer, Jessica		Blessed Trinity H S	5:30.27	
2 Lawless, Nicole		Churchill, S	5:31.32	
3 Wachner, Rachel		Blessed Trinity H S	5:57.41	
4 Hall, Erin		Laura Secord S S	5:57.60	
5 Chivaran, Selena		Denis Morris H S	6:01.72	
6 Zima, Natalie		Blessed Trinity H S	6:03.41	
7 Teichgraf, Melissa		Eden High School	6:03.82	
8 Cruickshank, Katrina		South Lincoln H S	6:07.77	
9 Arnold, Sarah		Blessed Trinity H S	6:16.42	
10 Tessier, Jennifer		Denis Morris H S	6:26.17	
11 Gray, Lindsay		Laura Secord S S	6:34.57	
12 Tenbrinke, Dakota		Grimsby D S S	6:42.71	
13 Klyn-Hessleink, Kendra		Heritage Chr	7:12.69	
14 Mackett, Katie		St. Francis S S	7:41.45	

Women 3000 Meter Run Midget

Name	Year	School	Finals	Points
1 Falardeau, Courtney		Governor Simcoe S S	12:24.50	
2 Lawless, Nicole		Churchill, S	13:44.92	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Women 3000 Meter Run Midget**

3 Meyer, Jessica	Blessed Trinity H S	14:17.81
4 Klyn-Hessleink, Kendra	Heritage Chr	15:57.06
5 Cruickshank, Katrina	South Lincoln H S	16:01.48
6 Mackett, Katie	St. Francis S S	19:23.93

Women 80 Meter Hurdles Midget

Name	Year School	Finals	H#	Points
1 Ollier, Mary	Grimsby D S S	13.63	2	
2 Stuart, Savannah	Laura Secord S S	16.79	2	
3 Villers, Kennedy	Niagara D S S	17.08	1	
4 Ruzylo, Morgan	Grimsby D S S	17.27	1	
5 Waring, Sara	Grimsby D S S	17.34	1	
6 Kamping, Haley	Smithville D	17.75	1	
7 Gray, Lindsay	Laura Secord S S	18.17	1	
8 DeHaan, Emily	Smithville D	18.49	2	
9 Buist, Katherine	Smithville D	19.76	2	
10 Cain, Carly	Blessed Trinity H S	21.95	2	

Women 300 Meter Hurdles Midget

Name	Year School	Finals	Points
1 Ollier, Mary	Grimsby D S S	53.35	
2 Waring, Sara	Grimsby D S S	1:00.56	
3 Stuart, Savannah	Laura Secord S S	1:01.53	
4 Gray, Lindsay	Laura Secord S S	1:05.30	
5 Ruzylo, Morgan	Grimsby D S S	1:09.50	

Women 4x100 Meter Relay Midget

School	Finals	Points
1 Sir Winston Churchill S S 'A'	57.63	
2 Grimsby D S S 'A'	57.70	
3 Holy Cross H S 'A'	59.11	
4 Denis Morris H S 'A'	1:00.05	
5 South Lincoln H S 'A'	1:00.16	
6 Niagara D S S 'A'	1:00.34	

Women High Jump Midget

Name	Year School	Finals	Points
1 Taylor, Madi	Eden High School	1.40m	
2 Beach, Madison	Grimsby D S S	1.35m	
2 Dortono, Kristen	Niagara D S S	1.35m	
2 Mihelcic, Maja	Blessed Trinity H S	1.35m	
5 Soji, Lola	Eden High School	1.30m	
6 Villers, Kennedy	Niagara D S S	1.25m	
7 Marshall, Erin	South Lincoln H S	1.20m	
7 DeHaan, Emily	Smithville D	1.20m	
9 Tessier, Jennifer	Denis Morris H S	1.15m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Women Long Jump Midget**

Name	Year	School	Finals	Points
1 Blatchley, Taylor		Beamsville D S S	4.33m	
2 Vermeer, Micah		Smithville D	4.14m	
3 Lampman, Ryann		Blessed Trinity H S	4.10m	
4 Beach, Madison		Grimsby D S S	4.08m	
5 Eizenga, Talasia		Churchill, S	4.06m	
6 Sheehan, Devan		Churchill, S	4.03m	
7 Dunnink, Mary-Lynn		Heritage Chr	3.92m	
8 Mous, Kristie		Blessed Trinity H S	3.91m	
9 Gaio, Danielle		Holy Cross H S	3.80m	
10 Herale, Lauren		Grimsby D S S	3.79m	
11 Bianco, Adriana		Blessed Trinity H S	3.76m	
12 Sergnese, Alaina		St. Francis S S	3.57m	
13 Stewart, Leah		Blessed Trinity H S	3.44m	
14 Vaillancourt, Yvonne		South Lincoln H S	3.43m	
15 Plackitt, Corrine		Kernahan Park S S	3.36m	
16 Marshall, Erin		South Lincoln H S	3.30m	
17 Clarke, Amanda		South Lincoln H S	3.17m	
18 Hall, Erin		Laura Secord S S	3.13m	
19 Bocchinfuso, Sara		Churchill, S	2.72m	

Women Triple Jump Midget

Name	Year	School	Finals	Points
1 Vermeer, Micah		Smithville D	9.44m	
2 Blatchley, Taylor		Beamsville D S S	9.27m	
3 Dunnink, Mary-Lynn		Heritage Chr	9.13m	
4 Herale, Lauren		Grimsby D S S	8.59m	
5 Andrews, Caitlyn		Niagara D S S	8.32m	
6 Dortono, Kristen		Niagara D S S	7.88m	
7 Bianco, Adriana		Blessed Trinity H S	7.64m	
8 Kamping, Haley		Smithville D	7.51m	
9 Dunk, Anita		South Lincoln H S	7.46m	
10 denHollander, Jocelyn		Denis Morris H S	7.37m	
10 Vaillancourt, Yvonne		South Lincoln H S	7.37m	
12 Plackitt, Corrine		Kernahan Park S S	6.75m	
13 Ruzylo, Morgan		Grimsby D S S	6.69m	
14 Slappendel, Veronica		Smithville D	6.15m	
15 Thompson, Zoe		Churchill, S	6.00m	

Women Shot Put Midget

Name	Year	School	Finals	Points
1 denHollander, Jocelyn		Denis Morris H S	9.22m	
2 Vos, Christina		Smithville D	6.14m	
3 Trivieri, Kayla		Blessed Trinity H S	6.02m	

Women Discus Throw Midget

Name	Year	School	Finals	Points
1 Vos, Christina		Smithville D	17.49m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Women Discus Throw Midget**

2	Trivieri, Kayla	Blessed Trinity H S	12.30m
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Women Javelin Throw Midget

Name	Year	School	Finals	Points
1 denHollander, Jocelyn		Denis Morris H S	18.50m	
2 Vos, Christina		Smithville D	18.34m	

Women 100 Meter Dash Junior

Name	Year	School	Finals	H#	Points
1 Edwards, Shadae		Denis Morris H S	13.06	3	
2 Medford, Tanisha		St. Catharin	13.43	1	
3 Guarascia, Melissa		Beamsville D S S	13.72	1	
4 McClurkin, Caitlin		Grimsby D S S	13.73	2	
5 Mazzarella, Annika		Laura Secord S S	13.76	3	
6 Patterson, Carley		St. Francis S S	13.83	1	
7 Simpson, Chloe		Laura Secord S S	14.00	1	
8 Lawther, Jackie		Blessed Trinity H S	14.09	1	
9 McKay, Heather		Denis Morris H S	14.12	1	
10 Summers, Tiara		St. Catharin	14.14	3	
11 McLaren, Kayla		Governor Simcoe S S	14.24	1	
12 Martineau, Danielle		St. Francis S S	14.47	3	
13 Trifunovic, Stacy		South Lincoln H S	14.52	2	
14 Vandriel, Britt		Laura Secord S S	14.66	2	
15 Gillis, Briar		Blessed Trinity H S	14.92	3	
16 Palinkas, Monika		St. Francis S S	15.19	2	
17 Meeboer, Megan		Beamsville D S S	15.27	2	
18 Kittl, Shae		Holy Cross H S	15.28	3	
19 Small, Britnee		Denis Morris H S	15.98	2	
20 Hanemaayer, Sydni		Smithville D	16.63	2	

Women 200 Meter Dash Junior

Name	Year	School	Finals	H#	Points
1 Edwards, Shadae		Denis Morris H S	27.16	2	
2 Medford, Tanisha		St. Catharin	28.76	1	
3 Lawther, Jackie		Blessed Trinity H S	29.14	1	
4 Patterson, Carley		St. Francis S S	29.46	1	
5 Mazzarella, Annika		Laura Secord S S	29.72	2	
6 Martineau, Danielle		St. Francis S S	30.33	2	
7 Vandriel, Britt		Laura Secord S S	31.31	1	
8 Hunter, Danielle		Holy Cross H S	31.79	2	
9 Keller, Ashley		Niagara D S S	33.01	2	
10 Altobelli, Nicole		Blessed Trinity H S	33.13	2	
11 Rashotte, Jillian		Blessed Trinity H S	33.31	1	
12 Small, Britnee		Denis Morris H S	33.98	2	
13 Hanemaayer, Sydni		Smithville D	36.54	2	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Women 400 Meter Dash Junior**

Name	Year	School	Finals	H#	Points
1 Elmers, Crystal		Smithville D	1:06.66	2	
2 Mc William, Hailey		Laura Secord S S	1:06.86	2	
3 Theissen, Adrienne		Laura Secord S S	1:09.68	2	
4 McKay, Heather		Denis Morris H S	1:09.91	1	
5 Chapman, Colleen		Beamsville D S S	1:11.94	2	
6 Hunter, Danielle		Holy Cross H S	1:13.82	1	
7 Keller, Ashley		Niagara D S S	1:15.95	1	
8 Vandriel, Britt		Laura Secord S S	1:16.29	2	

Women 800 Meter Run Junior

Name	Year	School	Finals	Points
1 Mc William, Hailey		Laura Secord S S	2:38.10	
2 Wallace, Jessica		Churchill, S	2:38.62	
3 Graziano, Katie		Holy Cross H S	2:50.95	
4 Gilleta, Nicole		St. Catharin	2:52.06	
5 Ross, Raylene		Grimsby D S S	2:56.14	
6 Rashotte, Jillian		Blessed Trinity H S	2:57.06	
7 Koudys, Jackie		Blessed Trinity H S	3:01.60	
8 Altobelli, Nicole		Blessed Trinity H S	3:03.97	
9 Barich, Ally		Blessed Trinity H S	3:10.41	

Women 1500 Meter Run Junior

Name	Year	School	Finals	Points
1 Toderick, Carley		Denis Morris H S	5:12.10	
2 Wallace, Jessica		Churchill, S	5:17.90	
3 Mc William, Hailey		Laura Secord S S	5:26.80	
4 Dagenais, Felicia		Churchill, S	5:33.60	
5 Graziano, Katie		Holy Cross H S	5:41.50	
6 Gilleta, Nicole		St. Catharin	5:45.50	
7 Kleemola, Sarah		Denis Morris H S	5:57.20	
8 Ross, Raylene		Grimsby D S S	5:59.90	
9 Chapman, Colleen		Beamsville D S S	6:29.50	
10 Hodgins, Taylor		Beamsville D S S	7:35.20	

Women 3000 Meter Run Junior

Name	Year	School	Finals	Points
1 Toderick, Carley		Denis Morris H S	13:23.23	
2 Dagenais, Felicia		Churchill, S	13:50.61	
3 Kleemola, Sarah		Denis Morris H S	14:38.11	
4 Wallace, Jessica		Churchill, S	15:05.35	
5 Andrews, Aleigh		Niagara D S S	16:26.92	

Women 80 Meter Hurdles Junior

Name	Year	School	Finals	H#	Points
1 Musca, Mireille		Blessed Trinity H S	13.51	2	

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2	Theissen, Adrienne	Laura Secord S S	13.97	1
3	Lin, Sally	Laura Secord S S	13.99	2
4	Zachar, Stephanie	Beamsville D S S	15.65	2
5	Knapp, Alison	Grimsby D S S	16.25	2
6	Paduano, Lauren	Grimsby D S S	16.26	2
7	Meeboer, Megan	Beamsville D S S	16.36	1
8	Blayney, Samantha	Grimsby D S S	16.40	1
9	Deboer, Cassandra	Smithville D	16.60	2
10	Wilson, Emily	Laura Secord S S	16.64	1
11	Fischler, Jessica	Blessed Trinity H S	17.79	1

Women 300 Meter Hurdles Junior

Name	Year	School	Finals	H#	Points
1 Musca, Mireille		Blessed Trinity H S	49.79	1	
2 Theissen, Adrienne		Laura Secord S S	53.10	1	
3 Blayney, Samantha		Grimsby D S S	55.30	2	
4 Paduano, Lauren		Grimsby D S S	55.88	1	
5 Wilson, Emily		Laura Secord S S	56.42	2	
6 Simpson, Chloe		Laura Secord S S	57.36	1	
7 Knapp, Alison		Grimsby D S S	58.53	1	
8 Ross, Raylene		Grimsby D S S	59.20	2	
9 Barrett, Sierra		Beamsville D S S	1:02.48	2	
10 Fischler, Jessica		Blessed Trinity H S	1:04.06	2	

Women 4x100 Meter Relay Junior

School	Finals	Points
1 Laura Secord S S 'A'	54.57	
2 Grimsby D S S 'A'	54.91	
3 St. Catharines C I & V S 'A'	56.88	
4 St. Francis S S 'A'	57.75	
5 Denis Morris H S 'A'	57.87	
6 Beamsville D S S 'A'	58.33	
7 Holy Cross H S 'A'	58.56	
8 Smithville District C H S 'A'	59.59	

Women High Jump Junior

Name	Year	School	Finals	Points
1 Elmers, Crystal		Smithville D	1.45m	
2 Bajic, Melanie		Grimsby D S S	1.40m	
3 Deboer, Cassandra		Smithville D	1.35m	
4 Scheers, Brittney		Governor Simcoe S S	1.30m	
4 Knapp, Alison		Grimsby D S S	1.30m	
6 McLaren, Kayla		Governor Simcoe S S	1.25m	
7 Gillis, Briar		Blessed Trinity H S	1.10m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Women Long Jump Junior**

Name	Year	School	Finals	Points
1 McClurkin, Caitlin		Grimsby D S S	4.75m	
2 Elmers, Crystal		Smithville D	4.64m	
3 Trifunovic, Stacy		South Lincoln H S	4.47m	
4 Lin, Sally		Laura Secord S S	4.42m	
5 Bajic, Melanie		Grimsby D S S	4.35m	
6 MacKay, Cassidy		Churchill, S	4.20m	
7 Medford, Tanisha		St. Catharin	4.19m	
8 Palinkas, Monika		St. Francis S S	4.13m	
8 Graziano, Katie		Holy Cross H S	4.13m	
10 Hogeveen, Jazmine		Smithville D	4.08m	
11 Kittl, Shae		Holy Cross H S	4.00m	
12 Summers, Tiara		St. Catharin	3.88m	
13 McLaren, Kayla		Governor Simcoe S S	3.87m	
14 Gillis, Briar		Blessed Trinity H S	3.80m	
15 Zachar, Stephanie		Beamsville D S S	3.76m	
15 Slamka, Hailey		Holy Cross H S	3.76m	
17 Giles, Lexie		Churchill, S	3.58m	
18 Scheers, Brittney		Governor Simcoe S S	3.32m	
19 Neves, Chritiana		Denis Morris H S	2.69m	

Women Triple Jump Junior

Name	Year	School	Finals	Points
1 Dunbar, Carly		West Park S S	9.85m	
2 Musca, Mireille		Blessed Trinity H S	9.71m	
3 Lin, Sally		Laura Secord S S	9.63m	
4 Trifunovic, Stacy		South Lincoln H S	9.27m	
5 MacKay, Cassidy		Churchill, S	9.15m	
6 Simpson, Chloe		Laura Secord S S	9.08m	
7 McClurkin, Caitlin		Grimsby D S S	9.01m	
8 Hogeveen, Jazmine		Smithville D	8.19m	

Women Shot Put Junior

Name	Year	School	Finals	Points
1 Hogeveen, Jazmine		Smithville D	7.63m	
2 Deboer, Cassandra		Smithville D	7.37m	
3 Staples, Olivia		Blessed Trinity H S	7.08m	
4 Hendricks, Tabitha		South Lincoln H S	6.94m	
5 Mazzarella, Annika		Laura Secord S S	6.57m	
6 Fisher, Natalie		South Lincoln H S	6.45m	
7 Moloney, Jessica		St. Francis S S	5.65m	
8 Short, Sarah		West Park S S	4.79m	

Women Discus Throw Junior

Name	Year	School	Finals	Points
1 Bajic, Melanie		Grimsby D S S	22.42m	
2 Procyk, Kathy		West Park S S	17.70m	
3 Hendricks, Tabitha		South Lincoln H S	17.30m	

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4	Fischler, Jessica	Blessed Trinity H S	17.09m
5	Fisher, Natalie	South Lincoln H S	15.76m
6	Koudys, Jackie	Blessed Trinity H S	15.10m
7	Staples, Olivia	Blessed Trinity H S	14.78m

Women Javelin Throw Junior

Name	Year	School	Finals	Points
1 Slamka, Hailey		Holy Cross H S	21.82m	
2 MacKay, Cassidy		Churchill, S	21.15m	
3 Fisher, Natalie		South Lincoln H S	20.19m	
4 Hendricks, Tabitha		South Lincoln H S	16.95m	
5 Procyk, Kathy		West Park S S	16.90m	
6 Scheers, Brittney		Governor Simcoe S S	15.79m	
7 Short, Sarah		West Park S S	15.21m	
8 Moloney, Jessica		St. Francis S S	12.12m	

Women 100 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1 Smith, Deanna Rose		South Lincoln H S	13.11	1	
2 Isenor, Jordan		Niagara D S S	13.89	1	
3 Cloutier, Anita		St. Catharin	13.95	1	
4 Flockhart, Kayla		Blessed Trinity H S	13.99	3	
5 Gadsby, Christy		Beamsville D S S	14.04	1	
6 Begin, Devin		St. Francis S S	14.16	2	
7 Beach, Morgan		Grimsby D S S	14.16	1	
8 Boykin, Mercedes		St. Francis S S	14.26	2	
9 Bartlett, Renee		Beamsville D S S	14.33	3	
10 Schoppmann, Emily		Blessed Trinity H S	14.34	1	
11 Winnington, Tat		Churchill, S	14.58	3	
12 Dugo, Carly		Denis Morris H S	14.70	3	
13 Genest, Kaora		Great Lakes	14.78	2	
14 Medeiros, Victoria		Blessed Trinity H S	14.93	2	
15 Linton, Jordan		St. Francis S S	15.10	1	
16 McAdam, Taneisha		Denis Morris H S	15.11	2	
17 Lepp, Alyssa		St. Francis S S	15.33	3	
18 Eliacin, Roline		Great Lakes	15.54	3	
19 Sheehan, Caitlin		Denis Morris H S	15.75	1	
20 Crouse, Haley		Grimsby D S S	15.77	2	
21 Chan, Kate		Laura Secord S S	17.57	3	

Women 200 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1 Smith, Deanna Rose		South Lincoln H S	27.79	2	
2 Hicks, Heather		Grimsby D S S	28.21	3	
3 Bartlett, Renee		Beamsville D S S	29.45	3	
4 Boyd, Alison		Governor Simcoe S S	29.60	3	
5 Reed, Kristine		Beamsville D S S	29.83	2	
6 Beach, Morgan		Grimsby D S S	30.23	1	
7 Vaughan, Olivia		Grimsby D S S	30.63	2	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Women 200 Meter Dash Senior**

8	Begin, Devin	St. Francis S S	30.65	1
9	Genest, Kaora	Great Lakes	30.79	3
10	Boykin, Mercedes	St. Francis S S	30.93	3
11	Medeiros, Victoria	Blessed Trinity H S	31.43	1
12	Dugo, Carly	Denis Morris H S	31.98	1
13	Mancini, Lisa	St. Francis S S	32.34	3
14	Adams, Carli	Blessed Trinity H S	32.78	3
15	Eliacin, Roline	Great Lakes	32.84	2
16	Levesque, Kelsea	St. Francis S S	33.08	2
17	Sheehan, Caitlin	Denis Morris H S	34.23	2
18	Lauritzen, Jasmine	Denis Morris H S	36.37	3
19	Chan, Kate	Laura Secord S S	38.51	2

Women 400 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1	Boyd, Alison	Governor Simcoe S S	1:07.91	1	
2	Reed, Kristine	Beamsville D S S	1:08.98	2	
3	Adams, Carli	Blessed Trinity H S	1:15.36	1	
4	Lauritzen, Jasmine	Denis Morris H S	1:16.29	1	
5	Levesque, Kelsea	St. Francis S S	1:20.93	1	
6	Linton, Jordan	St. Francis S S	1:23.54	2	
7	Wood, Trisha	Denis Morris H S	1:26.65	2	

Women 800 Meter Run Senior

Name	Year	School	Finals	Points
1	Leask, Jenna	Churchill, S	2:30.63	
2	Dunbar, Shelby	West Park S S	2:41.51	
3	Snelgrove, Erin	Denis Morris H S	2:45.68	
4	Attema, Alisha	South Lincoln H S	2:48.46	
5	Medalla, Yhael	Denis Morris H S	3:04.43	
6	Buttram, Emily	Great Lakes	3:08.00	
7	Adams, Carli	Blessed Trinity H S	3:09.21	
8	Lauritzen, Jasmine	Denis Morris H S	3:13.03	

Women 1500 Meter Run Senior

Name	Year	School	Finals	Points
1	Brasz, Deanna	Heritage Chr	5:00.92	
2	Hambleton, Julie	Grimsby D S S	5:02.61	
3	Leask, Jenna	Churchill, S	5:08.95	
4	Snelgrove, Erin	Denis Morris H S	5:22.25	
5	Brittany, Hambleton	Grimsby D S S	5:26.07	
6	Attema, Alisha	South Lincoln H S	5:44.35	
7	Sukkau, Hannah	Churchill, S	5:49.66	
8	Buttram, Emily	Great Lakes	6:22.32	
9	Colalilo, Dianna	Beamsville D S S	6:32.20	
10	Heins, Jen	Niagara D S S	7:36.10	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Women 3000 Meter Run Senior**

Name	Year	School	Finals	Points
1 Brasz, Deanna		Heritage Chr	10:28.25	
2 Hambleton, Julie		Grimsby D S S	11:16.25	
3 Brittany, Hambleton		Grimsby D S S	11:54.27	
4 Stuive, Monique		Eden High School	12:11.03	
5 Attema, Alisha		South Lincoln H S	13:01.92	
6 Kalvaitis, Genna		Blessed Trinity H S	13:42.26	
7 Colalilo, Dianna		Beamsville D S S	13:56.62	
8 Buttram, Emily		Great Lakes	14:18.37	
9 Cano, Jenn		Blessed Trinity H S	14:23.70	
10 Duck, Sarah		Smithville D	15:16.03	

Women 100 Meter Hurdles Senior

Name	Year	School	Finals	H#	Points
1 Vaughan, Olivia		Grimsby D S S	18.82	2	
2 Richardson, Michelle		Laura Secord S S	19.03	2	
3 Bond, Tavia		Beamsville D S S	19.39	1	
4 Bartlett, Renee		Beamsville D S S	19.43	2	
5 Klunder, Rachael		South Lincoln H S	19.77	1	
6 Given, Lesley		South Lincoln H S	19.78	2	
7 Slappendel, Diana		Smithville D	24.46	2	

Women 400 Meter Hurdles Senior

Name	Year	School	Finals	Points
1 Schoppmann, Emily		Blessed Trinity H S	1:16.35	
2 Vaughan, Olivia		Grimsby D S S	1:17.76	
3 Given, Lesley		South Lincoln H S	1:22.56	
4 Richardson, Michelle		Laura Secord S S	1:27.08	

Women 4x100 Meter Relay Senior

School	Finals	Points
1 Grimsby D S S 'A'	53.40	
2 South Lincoln H S 'A'	55.20	
3 Sir Winston Churchill S S 'A'	57.03	
4 Denis Morris H S 'A'	1:01.39	

Women High Jump Senior

Name	Year	School	Finals	Points
1 Hicks, Heather		Grimsby D S S	1.45m	
2 Yole, Courtney		Blessed Trinity H S	1.20m	
2 Klunder, Rachael		South Lincoln H S	1.20m	
4 Dorin, Brook		Blessed Trinity H S	1.15m	
4 White, Mackenzie		Beamsville D S S	1.15m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Women Long Jump Senior**

Name	Year	School	Finals	Points
1 Smith, Deanna Rose		South Lincoln H S	4.62m	
2 Hicks, Heather		Grimsby D S S	4.57m	
3 Macleod, Taylor		Grimsby D S S	4.50m	
4 Barnfield, Rebecca		Grimsby D S S	4.41m	
5 Gough, Shyrell		West Park S S	4.36m	
6 La Fontaine, Shannon		Laura Secord S S	4.34m	
7 Cloutier, Anita		St. Catharin	4.25m	
8 Soobramanie, Skye		Beamsville D S S	4.20m	
9 Hendriks, Amanda		Eden High School	3.74m	
10 Slappendel, Diana		Smithville D	3.72m	
11 Linton, Jordan		St. Francis S S	3.67m	
12 Robinson, Alisha		Great Lakes	3.65m	
13 Temple, Nicole		St. Catharin	3.58m	
14 Crouse, Haley		Grimsby D S S	3.56m	
15 Wood, Trisha		Denis Morris H S	3.40m	
16 Heins, Jen		Niagara D S S	3.04m	
17 Ali, Sophie		Laura Secord S S	2.45m	

Women Triple Jump Senior

Name	Year	School	Finals	Points
1 Barnfield, Rebecca		Grimsby D S S	9.89m	
2 La Fontaine, Shannon		Laura Secord S S	9.74m	
3 Isenor, Jordan		Niagara D S S	9.45m	
4 Cloutier, Anita		St. Catharin	9.44m	
5 Macleod, Taylor		Grimsby D S S	9.35m	
6 Beach, Morgan		Grimsby D S S	8.94m	
7 Given, Lesley		South Lincoln H S	8.91m	
8 Robinson, Alisha		Great Lakes	8.76m	
9 Soobramanie, Skye		Beamsville D S S	8.46m	
10 Slappendel, Diana		Smithville D	7.92m	
11 Kalvaitis, Genna		Blessed Trinity H S	7.88m	
12 Crouse, Haley		Grimsby D S S	7.76m	
13 Temple, Nicole		St. Catharin	7.71m	
14 Wood, Trisha		Denis Morris H S	7.54m	
15 Hamilton, Jordan		Blessed Trinity H S	7.20m	
16 Heins, Jen		Niagara D S S	6.93m	
17 Wittingham, Amy		St. Francis S S	6.75m	

Women Shot Put Senior

Name	Year	School	Finals	Points
1 Koroll, Kortney		Governor Simcoe S S	9.91m	
2 McAdam, Taneisha		Denis Morris H S	9.46m	
3 Brew, Lauren		St. Catharin	8.74m	
4 Murre, Teresa		Eden High School	7.79m	
5 Kaple, Kathryn		Niagara D S S	7.68m	
6 Fisher, Brianne		South Lincoln H S	7.10m	
7 Ridder, Jen		South Lincoln H S	6.97m	
8 Duck, Sarah		Smithville D	6.70m	
9 Traver, Trinkia		Smithville D	6.10m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Women Shot Put Senior**

10	A. Shortt, Aurora	Niagara D S S	6.05m
11	Thiessen, Kailey	Eden High School	5.84m
12	Wilson, Maryanna	Smithville D	5.24m

Women Discus Throw Senior

Name	Year	School	Finals	Points
1	Klodnicki, Katie	Grimsby D S S	35.50m	
2	Koroll, Kortney	Governor Simcoe S S	26.93m	
3	Brew, Lauren	St. Catharin	25.01m	
4	Yole, Courtney	Blessed Trinity H S	21.24m	
5	Traver, Trinkia	Smithville D	18.17m	
6	Ridder, Jen	South Lincoln H S	17.77m	
7	A. Shortt, Aurora	Niagara D S S	17.66m	
8	Wilson, Maryanna	Smithville D	16.93m	
9	Kaple, Kathryn	Niagara D S S	16.70m	
10	Fisher, Brianne	South Lincoln H S	13.84m	
11	Hamilton, Jordan	Blessed Trinity H S	12.34m	

Women Javelin Throw Senior

Name	Year	School	Finals	Points
1	Koroll, Kortney	Governor Simcoe S S	30.46m	
2	Fisher, Brianne	South Lincoln H S	25.21m	
3	A. Shortt, Aurora	Niagara D S S	22.25m	
4	Brew, Lauren	St. Catharin	20.41m	
5	Klunder, Rachael	South Lincoln H S	18.98m	
6	Traver, Trinkia	Smithville D	17.52m	
7	Ridder, Jen	South Lincoln H S	17.03m	
8	Murre, Teresa	Eden High School	16.84m	
9	Duck, Sarah	Smithville D	16.65m	
10	Karpyshyn, Taylor	Laura Secord S S	14.59m	
11	Medalla, Yhael	Denis Morris H S	14.55m	
12	Boykin, Mercedes	St. Francis S S	14.26m	
13	McAdam, Taneisha	Denis Morris H S	13.39m	
14	Hendriks, Amanda	Eden High School	12.32m	
15	Kaple, Kathryn	Niagara D S S	11.88m	
15	Wilson, Maryanna	Smithville D	11.88m	

Women 1500 Meter Steeplechase Open

Name	Year	School	Finals	Points
1	Koudys, Jackie	Blessed Trinity H S	6:38.36	
2	Karpyshyn, Taylor	Laura Secord S S	6:51.51	
3	Andrews, Aleigh	Niagara D S S	7:10.07	
4	Ali, Sophie	Laura Secord S S	8:03.89	

Women 4x400 Meter Relay Open

School	Finals	Points
1 Laura Secord S S 'A'	4:47.75	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Women 4x400 Meter Relay Open**

2 Denis Morris H S 'A'	4:52.89
3 Grimsby D S S 'A'	4:53.41
4 St. Francis S S 'A'	4:55.60

Men 100 Meter Dash Midget

Name	Year School	Finals	H#	Points
1 Westbrook, Calum	Churchill, S	12.12	3	
2 Bartlett, Nick	Beamsville D S S	12.41	3	
3 Demos, Trevon	St. Catharin	12.58	1	
4 Hawryluk, Avery	Churchill, S	12.82	3	
5 Woodrow, Patrick	Churchill, S	12.89	2	
6 Humphrey, Mike	Blessed Trinity H S	12.91	2	
6 Espino, Jeremy	St. Francis S S	12.91	3	
8 Obeseki, Emmanuel	Eden High School	13.07	2	
9 Nardangeli, Kyle	Denis Morris H S	13.12	1	
9 Davey, Nicholas	St. Catharin	13.12	2	
11 Donato, Edward	Denis Morris H S	13.63	2	
12 Kornelson, Matthew	Laura Secord S S	13.68	2	
13 Vandermolen, Josh	Heritage Chr	13.79	1	
14 Izzo, Andrew	Blessed Trinity H S	13.82	1	
15 Figuerra, Daniel	Denis Morris H S	13.85	3	
16 Song, Michael	Laura Secord S S	14.10	1	
17 Turner, John	Eden High School	14.43	1	
18 Zajackowski, Victor	Holy Cross H S	14.60	2	
19 Fung, Aiden	Blessed Trinity H S	15.07	3	
20 DiSimoni, Matt	Denis Morris H S	16.94	3	

Men 200 Meter Dash Midget

Name	Year School	Finals	H#	Points
1 Westbrook, Calum	Churchill, S	24.49	3	
2 Bartlett, Nick	Beamsville D S S	25.71	2	
3 Woodrow, Patrick	Churchill, S	25.99	1	
4 Dion, Garrett	Churchill, S	26.37	2	
5 Gadsby, Ben	Beamsville D S S	26.53	1	
6 Oliveira, Peter	Blessed Trinity H S	26.63	1	
7 MacDougall, Brett	Grimsby D S S	26.98	3	
8 Nardangeli, Kyle	Denis Morris H S	27.02	1	
9 Davey, Nicholas	St. Catharin	27.09	3	
10 Humphrey, Mike	Blessed Trinity H S	27.58	3	
11 Martin, Brock	Grimsby D S S	27.76	2	
12 Brown, Mitchel	Churchill, S	28.23	1	
13 Kornelson, Matthew	Laura Secord S S	28.28	1	
14 Co, Kevin	St. Francis S S	28.73	2	
15 Song, Michael	Laura Secord S S	29.30	2	
16 Swanson, Jim	Grimsby D S S	29.46	1	
17 Ouellette, Rejean	Laura Secord S S	29.83	3	
18 Spoja, Brett	South Lincoln H S	29.96	2	
19 Kolbuc, John	Denis Morris H S	32.68	3	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Men 400 Meter Dash Midget**

Name	Year School	Finals	H#	Points
1 Woodrow, Patrick	Churchill, S	57.70	2	
2 Continisio, Carmen	Blessed Trinity H S	59.11	1	
3 Bond, Calvin	Beamsville D S S	59.20	2	
4 Dion, Garrett	Churchill, S	59.33	3	
5 Reed, Dan	Beamsville D S S	59.36	1	
6 Stones, Kevin	Beamsville D S S	1:00.69	3	
7 Gadsby, Ben	Beamsville D S S	1:02.57	3	
8 Davey, Nicholas	St. Catharin	1:03.50	1	
9 Dunda, Riley	Grimsby D S S	1:03.57	2	
10 Brown, Mitchell	Churchill, S	1:04.74	1	
11 Martin, Brock	Grimsby D S S	1:04.97	2	
12 Figuerra, Daniel	Denis Morris H S	1:06.38	3	
13 Donato, Edward	Denis Morris H S	1:06.49	1	
14 Ouellette, Rejean	Laura Secord S S	1:07.39	1	
15 Hansen, Kai	Laura Secord S S	1:08.25	2	
16 Altobelli, Christian	Blessed Trinity H S	1:09.40	3	
17 Merratt, Matt	South Lincoln H S	1:10.63	3	
18 Perossa, Andrew	Denis Morris H S	1:11.41	2	
19 Kolbuc, John	Denis Morris H S	1:14.29	1	

Men 800 Meter Run Midget

Name	Year School	Finals	Points
1 Godin, Zach	Churchill, S	2:11.59	
2 Rabideau, John	Churchill, S	2:15.23	
3 Smith, Troy	Grimsby D S S	2:17.12	
4 Fortaleza, Mike	Churchill, S	2:17.85	
5 Falk, Steven	Eden High School	2:23.51	
6 Stones, Kevin	Beamsville D S S	2:34.87	
7 Tourigny, Montana	Eden High School	2:41.22	
8 Perossa, Andrew	Denis Morris H S	2:46.40	
9 Leon Baker, Nolan	Holy Cross H S	2:49.98	
10 Nufio-Escobar, Lemuel	Denis Morris H S	2:52.98	
11 Myers, Tanner	Kernahan Park S S	2:55.48	
12 Reed, Dan	Beamsville D S S	2:55.56	

Men 1500 Meter Run Midget

Name	Year School	Finals	Points
1 Godin, Zach	Churchill, S	4:33.71	
2 Rabideau, John	Churchill, S	4:37.06	
3 Smith, Troy	Grimsby D S S	4:37.94	
4 Fortaleza, Mike	Churchill, S	4:39.71	
5 Rivera, Dan	Churchill, S	4:46.29	
6 Continisio, Carmen	Blessed Trinity H S	4:52.90	
7 Pagendam, Jamie	Eden High School	5:06.85	
8 Smith, Adam	Laura Secord S S	5:15.15	
9 McDougall, Brendan	Grimsby D S S	5:27.91	
10 Tourigny, Montana	Eden High School	5:33.21	
11 Leon Baker, Nolan	Holy Cross H S	5:36.38	
12 Devries, Brock	South Lincoln H S	5:39.47	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men 1500 Meter Run Midget**

13	Nufio-Escobar, Lemuel	Denis Morris H S	5:45.95
14	Myers, Tanner	Kernahan Park S S	5:53.04
15	Perossa, Andrew	Denis Morris H S	5:55.96

Men 3000 Meter Run Midget

Name	Year	School	Finals	Points
1 Smith, Adam		Laura Secord S S	11:02.57	
2 Davis, Tyler		Churchill, S	11:02.64	
3 Rivera, Dan		Churchill, S	11:29.12	
4 Fortaleza, Mike		Churchill, S	11:29.19	
5 Dale, Ben		Great Lakes	11:38.21	
6 McDougall, Brendan		Grimsby D S S	11:39.02	
7 Hayward, Grant		Churchill, S	12:19.95	

Men 100 Meter Hurdles Midget

Name	Year	School	Finals	Points
1 Oliveira, Peter		Blessed Trinity H S	16.78	
2 Stewart, Desmond		Laura Secord S S	18.77	
3 MacDougall, Brett		Grimsby D S S	19.27	
4 Farrell, Jamie		Grimsby D S S	19.70	
5 Hansen, Kai		Laura Secord S S	21.17	

Men 300 Meter Hurdles Midget

Name	Year	School	Finals	Points
1 Bond, Calvin		Beamsville D S S	47.72	
2 Farrell, Jamie		Grimsby D S S	49.10	
3 Stewart, Desmond		Laura Secord S S	54.97	
4 Martin, Brock		Grimsby D S S	57.60	

Men 4x100 Meter Relay Midget

School	Finals	Points
1 Sir Winston Churchill S S 'A'	49.20	
2 Grimsby D S S 'A'	51.35	
3 Beamsville D S S 'A'	51.59	
4 Denis Morris H S 'A'	53.05	
5 Blessed Trinity H S 'A'	53.31	
6 Laura Secord S S 'A'	54.93	
7 Heritage Christian School 'A'	57.54	

Men High Jump Midget

Name	Year	School	Finals	Points
1 Schertzer, Kyle		Churchill, S	1.60m	
2 Cook, Dahlen		St. Francis S S	1.55m	
2 Stones, Kevin		Beamsville D S S	1.55m	
2 Oliveira, Peter		Blessed Trinity H S	1.55m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men High Jump Midget**

5	DiSimoni, Matt	Denis Morris H S	1.50m
5	Merratt, Matt	South Lincoln H S	1.50m
5	VanderLinde, Thomas	Smithville D	1.50m
8	Leveille, Cameron	West Park S S	1.45m
8	Wakeling, Ethan	Laura Secord S S	1.45m
8	Coolen, Caleb	Heritage Chr	1.45m
11	Bruinekool, Curtis	Heritage Chr	1.40m
11	Nardangeli, Kyle	Denis Morris H S	1.40m
11	Spoja, Brett	South Lincoln H S	1.40m

Men Long Jump Midget

Name	Year	School	Finals	Points
1	Dion, Garrett	Churchill, S	5.27m	
2	Gadsby, Ben	Beamsville D S S	5.24m	
3	Humphrey, Mike	Blessed Trinity H S	5.12m	
4	Cook, Dahlen	St. Francis S S	5.07m	
5	Smith, Josh	Niagara D S S	5.00m	
6	A. Shortt, Angus	Niagara D S S	4.91m	
7	Rankin, Mark	Churchill, S	4.84m	
8	Metz, Desmond	Holy Cross H S	4.82m	
9	Wakeling, Ethan	Laura Secord S S	4.51m	
10	Dale, Ben	Great Lakes	4.44m	
11	Zajackowski, Victor	Holy Cross H S	4.41m	
12	Bowden, Bailey	Laura Secord S S	4.40m	
13	Devries, Brock	South Lincoln H S	4.38m	
14	Hawryluk, Avery	Churchill, S	4.37m	
15	Coolen, Caleb	Heritage Chr	4.32m	
16	Co, Kevin	St. Francis S S	4.31m	
16	MacDougall, Brett	Grimsby D S S	4.31m	
18	Leveille, Cameron	West Park S S	4.29m	
19	Bailey, James	West Park S S	4.27m	
20	Bruinekool, Curtis	Heritage Chr	4.24m	
20	Spoja, Brett	South Lincoln H S	4.24m	
22	Ventresca, Rob	St. Francis S S	4.20m	
23	Altobelli, Christian	Blessed Trinity H S	4.11m	
24	Ouellette, Rejean	Laura Secord S S	4.07m	
25	VanderLinde, Thomas	Smithville D	4.00m	
26	Dunlop, Wyatt	Blessed Trinity H S	3.94m	
26	Swanson, Jim	Grimsby D S S	3.94m	
28	Hutton, Randy	Blessed Trinity H S	3.87m	
29	Stewart, Desmond	Laura Secord S S	3.82m	

Men Triple Jump Midget

Name	Year	School	Finals	Points
1	Bond, Calvin	Beamsville D S S	11.54m	
2	Rivera, Dan	Churchill, S	11.45m	
3	Cook, Dahlen	St. Francis S S	10.29m	
4	Devries, Brock	South Lincoln H S	10.02m	
4	Rankin, Mark	Churchill, S	10.02m	
6	A. Shortt, Angus	Niagara D S S	10.00m	
7	Leveille, Cameron	West Park S S	9.85m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men Triple Jump Midget**

8 Wakeling, Ethan	Laura Secord S S	9.82m
9 Bailey, James	West Park S S	9.64m
9 Coolen, Caleb	Heritage Chr	9.64m
11 Song, Michael	Laura Secord S S	9.38m
12 Swanson, Jim	Grimsby D S S	9.32m
13 Bowden, Bailey	Laura Secord S S	9.20m
14 Bruinekool, Curtis	Heritage Chr	9.18m
15 VanderLinde, Thomas	Smithville D	9.06m
16 Continisio, Carmen	Blessed Trinity H S	8.97m
17 Metz, Desmond	Holy Cross H S	8.75m

Men Shot Put Midget

Name	Year School	Finals	Points
1 Demos, Trevon	St. Catharin	11.86m	
2 Dale, Ben	Great Lakes	10.58m	
3 Spencer, Devin	Laura Secord S S	10.57m	
4 Hutton, Randy	Blessed Trinity H S	10.46m	
5 Moore, Jacob	Blessed Trinity H S	10.31m	
6 Harrison, Brandon	West Park S S	10.23m	
7 Conway, Dean	Governor Simcoe S S	10.00m	
8 Vandermolen, Josh	Heritage Chr	9.48m	
9 Kolbuc, John	Denis Morris H S	9.44m	
10 Lastewka, Alex	Churchill, S	9.24m	
11 Koroll, Zachary	Governor Simcoe S S	9.07m	
12 Schweinbenz, Adam	Blessed Trinity H S	8.89m	
13 Rotundo, Jeremy	Kernahan Park S S	8.40m	
14 Vandenede, Jesse	Heritage Chr	7.77m	
15 Kilic, Can	Churchill, S	7.03m	
16 Smith, Adam	Laura Secord S S	6.23m	

Men Discus Throw Midget

Name	Year School	Finals	Points
1 Demos, Trevon	St. Catharin	34.30m	
2 Smith, Josh	Niagara D S S	32.61m	
3 Conway, Dean	Governor Simcoe S S	29.77m	
4 Harrison, Brandon	West Park S S	26.80m	
5 Vandermolen, Josh	Heritage Chr	25.82m	
6 Koroll, Zachary	Governor Simcoe S S	25.23m	
7 Falk, Steven	Eden High School	24.36m	
8 Turner, John	Eden High School	23.99m	
9 Brown, Mitchel	Churchill, S	23.27m	
10 Spencer, Devin	Laura Secord S S	20.23m	
11 Dunlop, Wyatt	Blessed Trinity H S	19.28m	
12 Vandenede, Jesse	Heritage Chr	16.40m	
13 Hicks, Doug	Eden High School	14.15m	

Men Javelin Throw Midget

Name	Year School	Finals	Points
1 Dunda, Riley	Grimsby D S S	40.11m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men Javelin Throw Midget**

2	Hutton, Randy	Blessed Trinity H S	36.21m
3	Conway, Dean	Governor Simcoe S S	28.01m
4	Koroll, Zachary	Governor Simcoe S S	27.14m
5	Schweinbenz, Adam	Blessed Trinity H S	24.89m
6	Spencer, Devin	Laura Secord S S	22.80m
7	Obeseki, Emmanuel	Eden High School	22.30m
8	Harrison, Brandon	West Park S S	22.29m
9	Lastewka, Alex	Churchill, S	22.08m
10	Merratt, Matt	South Lincoln H S	21.42m
11	Kilic, Can	Churchill, S	15.42m
12	Figuerra, Daniel	Denis Morris H S	14.80m
13	Hicks, Doug	Eden High School	14.17m

Men 100 Meter Dash Junior

Name	Year	School	Finals	H#	Points
1 Clout, Jordan		Governor Simcoe S S	12.26	1	
2 Domagala, Daniel		Holy Cross H S	12.34	4	
3 Christiansen, Thomas		Laura Secord S S	12.36	4	
4 Blackborow, Joe		Blessed Trinity H S	12.59	2	
5 McIntyre, Steve		Holy Cross H S	12.62	3	
6 Roberto, Devon		West Park S S	12.63	3	
7 Rana, Osman		Churchill, S	12.74	3	
8 Lirette, Conner		St. Francis S S	12.79	2	
9 Sandercott, Christian		Denis Morris H S	12.97	3	
10 Hough, David		Denis Morris H S	13.00	1	
11 Tadeson, Mark		Grimsby D S S	13.05	3	
12 Harley, Jackson		Grimsby D S S	13.10	4	
13 MacDonald, Ryley		St. Francis S S	13.13	3	
14 Scholman, Joshua		Smithville D	13.14	1	
15 Hoekstra, Alex		Smithville D	13.26	4	
16 Livingstone, David		Laura Secord S S	13.27	3	
16 Perella, Matt		Denis Morris H S	13.27	2	
18 Wilson, Kakisa		Smithville D	13.35	2	
19 Sayers, Jaylen		St. Francis S S	13.43	1	
20 Cowan, Brad		Niagara D S S	13.46	2	
21 Smith, Colin		Beamsville D S S	13.48	2	
22 Rebarter, Arvencole		Holy Cross H S	13.70	2	
23 DelaCruz, Roland		St. Francis S S	13.85	4	
24 Bissonnette, Jacob		Blessed Trinity H S	13.87	1	
25 Hall, Brad		Governor Simcoe S S	14.03	4	
26 Hickingbottom, Connor		Grimsby D S S	14.14	2	
27 Ramparsaud, Josha		Blessed Trinity H S	14.19	3	
28 Chung, Hung		Laura Secord S S	14.42	1	
29 Niesink, Josh		Denis Morris H S	14.95	4	

Men 200 Meter Dash Junior

Name	Year	School	Finals	H#	Points
1 Krzeczowski, Andrew		Churchill, S	24.80	3	
2 McPherson, Blake		Governor Simcoe S S	24.84	1	
3 Blackborow, Joe		Blessed Trinity H S	25.27	3	
4 Christiansen, Thomas		Laura Secord S S	25.57	4	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men 200 Meter Dash Junior**

5	Rana, Osman	Churchill, S	25.95	4
6	Saxton, Brett	Churchill, S	25.98	2
7	Ward, Jaleel	Denis Morris H S	26.98	1
8	Sandercott, Christian	Denis Morris H S	27.00	3
9	Tadeson, Mark	Grimsby D S S	27.19	3
10	Perella, Matt	Denis Morris H S	27.34	4
11	Serrano, Franklin	Kernahan Park S S	27.63	1
12	Smith, Colin	Beamsville D S S	27.65	4
13	Tan, Henry	Laura Secord S S	27.78	3
14	McIntyre, Steve	Holy Cross H S	27.79	4
15	Folkerts, Jacob	Smithville D	27.99	2
16	Sayers, Jaylen	St. Francis S S	28.15	3
17	MacDonald, Ryley	St. Francis S S	28.23	4
18	Love, Jake	Grimsby D S S	28.32	2
19	Bissonnette, Jacob	Blessed Trinity H S	28.45	2
20	DelaCruz, Roland	St. Francis S S	28.81	1
21	Bugye, Ryan	Governor Simcoe S S	28.95	3
22	Chanhsavang, Kevin	Laura Secord S S	29.61	1
23	VanderHeide, Jake	Smithville D	33.64	4

Men 400 Meter Dash Junior

Name	Year	School	Finals	H#	Points
1 Krzeczowski, Andrew		Churchill, S	56.51	1	
2 Saxton, Brett		Churchill, S	58.63	3	
3 Slessor, Ken		Grimsby D S S	59.27	3	
4 Wilson, Kakisa		Smithville D	59.40	3	
5 Ward, Jaleel		Denis Morris H S	59.64	2	
6 Roberto, Devon		West Park S S	59.76	1	
7 Farrer, Jonathan		South Lincoln H S	1:01.71	2	
8 Serrano, Franklin		Kernahan Park S S	1:03.27	3	
9 Bugye, Ryan		Governor Simcoe S S	1:03.53	2	
10 Krzywdzinski, Lucas		Holy Cross H S	1:03.72	2	
11 VanGoch, Eric		Blessed Trinity H S	1:04.77	1	
12 Tan, Henry		Laura Secord S S	1:04.90	2	
13 Honsberger, Luke		Laura Secord S S	1:05.12	3	
14 Milne, Alexander		Holy Cross H S	1:07.30	1	
15 Zwiep, Aaron		Heritage Chr	1:07.60	3	
16 Chanhsavang, Kevin		Laura Secord S S	1:08.80	1	
17 Blake, Austin		Beamsville D S S	1:09.47	3	

Men 800 Meter Run Junior

Name	Year	School	Finals	Points
1 Hutton, Chris		Churchill, S	2:12.28	
2 Laekman, Taylor		Churchill, S	2:15.72	
3 McKenzie-Lefurgy, Branne		Churchill, S	2:15.88	
4 Wilson, Kakisa		Smithville D	2:25.49	
5 Krzywdzinski, Lucas		Holy Cross H S	2:28.67	
6 Honsberger, Luke		Laura Secord S S	2:33.46	
7 Farrer, Jonathan		South Lincoln H S	2:33.69	
8 Zwiep, Aaron		Heritage Chr	2:41.39	
9 Tan, Henry		Laura Secord S S	2:41.53	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men 800 Meter Run Junior**

10	Chanhsavang, Kevin	Laura Secord S S	2:41.98
11	Laman, Ethan	Heritage Chr	2:42.80
12	Heida, Jim	Heritage Chr	2:46.12
13	VanGeytenbeek, Randy	Smithville D	2:50.84

Men 1500 Meter Run Junior

Name	Year	School	Finals	Points
1 Hutton, Chris		Churchill, S	4:29.79	
2 Laekman, Taylor		Churchill, S	4:35.67	
3 McKenzie-Lefurgy, Branne		Churchill, S	4:39.07	
4 Wignall, Grant		Denis Morris H S	4:41.84	
5 Mitov, David		Churchill, S	4:59.97	
6 Mastervick, Nick		Beamsville D S S	5:05.23	
7 Krzywdzinski, Lucas		Holy Cross H S	5:07.81	
8 Milne, Alexander		Holy Cross H S	5:11.31	
9 Tiersma, Tyler		Smithville D	5:19.31	
10 Honsberger, Luke		Laura Secord S S	5:22.47	
11 Bull, Evan		Beamsville D S S	5:22.58	
12 Geraedts, Mark		Grimsby D S S	5:28.72	
13 Durling, Josh		Eden High School	5:56.08	
14 Blake, Austin		Beamsville D S S	6:02.78	

Men 3000 Meter Run Junior

Name	Year	School	Finals	Points
1 Wignall, Grant		Denis Morris H S	10:02.41	
2 Palframan, Kyle		Churchill, S	10:11.07	
3 Rand, Jackson		Blessed Trinity H S	10:42.20	
4 Mastervick, Nick		Beamsville D S S	10:58.86	
5 Hansen, Kristiaan		Beamsville D S S	11:01.32	
6 McKenzie-Lefurgy, Branne		Churchill, S	11:36.52	
7 Laekman, Taylor		Churchill, S	11:36.65	
8 Geraedts, Mark		Grimsby D S S	11:51.81	
9 Bull, Evan		Beamsville D S S	12:13.79	
10 VanGoch, Eric		Blessed Trinity H S	14:12.87	

Men 100 Meter Hurdles Junior

Name	Year	School	Finals	H#	Points
1 Slessor, Ken		Grimsby D S S	16.22	2	
2 Christiansen, Thomas		Laura Secord S S	16.23	1	
3 Salter, Joe		Laura Secord S S	16.69	2	
4 Thompson, Iain		Niagara D S S	17.18	1	
5 Christiansen, Dylan		Laura Secord S S	17.84	2	
6 Pozzebon, Aaron		Niagara D S S	18.49	2	
7 Yakubiw, Zach		Niagara D S S	19.55	2	
8 Hoekstra, Alex		Smithville D	19.85	1	
9 Stratton, Cody		Niagara D S S	22.68	1	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Men 300 Meter Hurdles Junior**

Name	Year	School	Finals	Points
1 Slessor, Ken		Grimsby D S S	45.68	
2 Thompson, Iain		Niagara D S S	48.34	
3 Salter, Joe		Laura Secord S S	49.63	
4 Heuving, Jeff		Grimsby D S S	51.72	
5 Pozzebon, Aaron		Niagara D S S	51.75	
6 Stratton, Cody		Niagara D S S	56.44	
7 Yakubiw, Zach		Niagara D S S	1:01.91	

Men 4x100 Meter Relay Junior

School	Finals	Points
1 Laura Secord S S 'A'	48.80	
2 Sir Winston Churchill S S 'A'	49.09	
3 Grimsby D S S 'A'	51.47	
4 Holy Cross H S 'A'	51.82	
5 Smithville District C H S 'A'	51.95	
6 Denis Morris H S 'A'	52.07	

Men High Jump Junior

Name	Year	School	Finals	Points
1 Laman, Ethan		Heritage Chr	1.69m	
2 VanHoffen, Devon		Smithville D	1.65m	
3 Scholman, Joshua		Smithville D	1.60m	
3 Bride, Nick		Churchill, S	1.60m	
5 Snippe, Nathan		Smithville D	1.55m	
6 Christiansen, Dylan		Laura Secord S S	1.45m	
6 Dick, Austin		Eden High School	1.45m	
6 McIntyre, Steve		Holy Cross H S	1.45m	
6 Hough, David		Denis Morris H S	1.45m	
6 Heffner, Jason		South Lincoln H S	1.45m	
6 Milne, Alexander		Holy Cross H S	1.45m	

Men Long Jump Junior

Name	Year	School	Finals	Points
1 Falvo, Victor		Laura Secord S S	5.54m	
2 McPherson, Blake		Governor Simcoe S S	5.47m	
3 Domagala, Daniel		Holy Cross H S	5.36m	
4 Lirette, Conner		St. Francis S S	4.90m	
5 VanHoffen, Devon		Smithville D	4.77m	
6 Scholman, Joshua		Smithville D	4.71m	
7 Peralta, Abraham		Great Lakes	4.67m	
8 Bald, Austin		Blessed Trinity H S	4.66m	
9 Upshall, Tim		Niagara D S S	4.65m	
10 Hough, David		Denis Morris H S	4.62m	
11 Bakker, Darryl		Heritage Chr	4.58m	
12 Snippe, Nathan		Smithville D	4.50m	
13 VanLandschoot, Lucas		Blessed Trinity H S	4.44m	
13 Clout, Jordan		Governor Simcoe S S	4.44m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men Long Jump Junior**

15	VanGoch, Eric	Blessed Trinity H S	4.38m
16	Heida, Jim	Heritage Chr	4.27m
17	Folkerts, Jacob	Smithville D	4.22m
18	Bugye, Ryan	Governor Simcoe S S	4.18m
19	Rebarter, Arvencole	Holy Cross H S	4.12m
20	Cino, Marshall	Blessed Trinity H S	4.04m
21	Chung, Hung	Laura Secord S S	3.90m
22	Heuving, Jeff	Grimsby D S S	3.86m

Men Triple Jump Junior

Name	Year	School	Finals	Points
1	McPherson, Blake	Governor Simcoe S S	11.31m	
2	Heffner, Jason	South Lincoln H S	10.26m	
3	Bakker, Darryl	Heritage Chr	10.21m	
4	Heuving, Jeff	Grimsby D S S	9.88m	
5	Durling, Josh	Eden High School	9.84m	
6	Bangs, Zachary	Holy Cross H S	9.57m	
7	Snippe, Nathan	Smithville D	9.16m	
8	Cino, Marshall	Blessed Trinity H S	9.06m	
9	Chung, Hung	Laura Secord S S	8.57m	
10	VanderHeide, Jake	Smithville D	8.28m	
11	Tiersma, Tyler	Smithville D	8.19m	

Men Shot Put Junior

Name	Year	School	Finals	Points
1	Mainse, David	Blessed Trinity H S	12.87m	
2	Peralta, Abraham	Great Lakes	11.33m	
3	Bangs, Zachary	Holy Cross H S	11.07m	
4	Hickingbottom, Connor	Grimsby D S S	10.74m	
5	Dykstra, Tom	Grimsby D S S	10.72m	
6	Cooper, Dylan	Laura Secord S S	10.65m	
7	Niesink, Josh	Denis Morris H S	10.58m	
8	Larouche, Matt	Kernahan Park S S	10.06m	
9	Trivieri, Tommas	Blessed Trinity H S	9.89m	
10	Hayes, Andrew	Grimsby D S S	9.78m	
10	Glancie, Jarret	Laura Secord S S	9.78m	
12	Fryer, Lucas	Blessed Trinity H S	9.72m	
13	Korten, Ethan	Smithville D	9.65m	
14	Boese, Henry	Niagara D S S	8.52m	
15	Aantjes, David	Smithville D	8.16m	
16	Librock, Jeff	Grimsby D S S	7.48m	
17	Dekker, Chris	Smithville D	7.09m	
18	Scholman, David	Smithville D	6.48m	

Men Discus Throw Junior

Name	Year	School	Finals	Points
1	Upshall, Tim	Niagara D S S	34.25m	
2	Trivieri, Tommas	Blessed Trinity H S	33.97m	
3	Falvo, Victor	Laura Secord S S	33.11m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men Discus Throw Junior**

4	Rand, Jackson	Blessed Trinity H S	32.51m
5	Dykstra, Tom	Grimsby D S S	31.34m
6	Bride, Nick	Churchill, S	30.73m
7	Harley, Jackson	Grimsby D S S	28.24m
8	Mainse, David	Blessed Trinity H S	27.50m
9	Cooper, Dylan	Laura Secord S S	27.19m
10	Livingstone, David	Laura Secord S S	25.21m
11	Glancie, Jarret	Laura Secord S S	24.71m
12	Bald, Austin	Blessed Trinity H S	23.32m
13	VanGeytenbeek, Randy	Smithville D	23.24m
14	Dekker, Chris	Smithville D	21.78m
15	Scholman, David	Smithville D	19.13m
16	Librock, Jeff	Grimsby D S S	18.71m
17	Hayes, Andrew	Grimsby D S S	16.77m

Men Javelin Throw Junior

Name	Year	School	Finals	Points
1	Hickingbottom, Connor	Grimsby D S S	40.83m	
2	Glancie, Jarret	Laura Secord S S	40.47m	
3	Peralta, Abraham	Great Lakes	37.81m	
4	Bride, Nick	Churchill, S	36.93m	
5	Dykstra, Tom	Grimsby D S S	33.86m	
6	Rand, Jackson	Blessed Trinity H S	32.17m	
7	Cooper, Dylan	Laura Secord S S	32.10m	
8	Hall, Brad	Governor Simcoe S S	30.58m	
9	Blackborow, Joe	Blessed Trinity H S	30.41m	
10	Cameron, Darren	Blessed Trinity H S	30.16m	
11	Kreczkowski, Andrew	Churchill, S	29.49m	
12	Korten, Ethan	Smithville D	29.00m	
13	Hayes, Andrew	Grimsby D S S	28.82m	
14	Folkerts, Jacob	Smithville D	28.34m	
15	Boese, Henry	Niagara D S S	28.30m	
16	Clout, Jordan	Governor Simcoe S S	27.86m	
17	VanHoffen, Devon	Smithville D	27.39m	
18	Yakubiw, Zach	Niagara D S S	27.04m	
19	Zwiep, Aaron	Heritage Chr	26.75m	
20	Livingstone, David	Laura Secord S S	26.42m	
21	Bangs, Zachary	Holy Cross H S	24.64m	
22	Librock, Jeff	Grimsby D S S	24.02m	
22	Scholman, David	Smithville D	24.02m	
24	Christiansen, Dylan	Laura Secord S S	23.19m	
25	Niesink, Josh	Denis Morris H S	22.85m	
26	Cowan, Brad	Niagara D S S	22.83m	

Men 100 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1	Williams, Akeeno	Grimsby D S S	11.49	1	
2	Forester, Josh	Blessed Trinity H S	11.58	4	
3	Spagnulo, Lucas	Grimsby D S S	11.75	3	
4	Le, Vinh	Holy Cross H S	12.15	4	
5	Forestell, Joel	Beamsville D S S	12.19	4	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men 100 Meter Dash Senior**

6	Whitehouse, Kyle	Kernahan Park S S	12.24	3
7	Langdon, Christopher	Holy Cross H S	12.25	3
8	McAlpine, Travis	Governor Simcoe S S	12.26	4
9	Baum, Jason	Blessed Trinity H S	12.31	2
10	Sharpe, Stephon	Denis Morris H S	12.36	3
11	Marchese, Michael	St. Francis S S	12.39	2
12	McMurtrie, Adam	Beamsville D S S	12.45	2
13	Johnson, Tyler	West Park S S	12.48	1
14	Haro Montiel, Benjamin	Holy Cross H S	12.51	1
15	Basic, Asmir	West Park S S	12.56	2
16	Ross, Ray	Grimsby D S S	12.59	2
17	Weylie, Mitchell	Grimsby D S S	12.74	4
18	Jessome, Matt	St. Francis S S	12.74	1
19	Klyn-Hessleink, Dan	Heritage Chr	12.99	1
20	Morton, Miles	Blessed Trinity H S	13.07	3
21	TeDESCO, Jacob	Denis Morris H S	13.27	1
22	Lupul, Alex	Denis Morris H S	13.33	4
23	Paal, Jesse	Laura Secord S S	13.33	4
24	Chiborak, Andrew	Denis Morris H S	13.61	2
25	Chanthaphonh, Season	Laura Secord S S	13.67	3
26	Umair, Muhammad	Governor Simcoe S S	13.78	3
27	Shah, Azlan	Laura Secord S S	14.13	2
28	Keen, Nathan	Smithville D	14.17	4
29	Baltus, Tyler	Laura Secord S S	14.19	2
30	Nasser, Mohamed	St. Catharin	16.83	1

Men 200 Meter Dash Senior

Name	Year	School	Finals	H#	Points
1 Williams, Akeeno		Grimsby D S S	23.73	2	
2 Finora, Blake		West Park S S	24.86	1	
3 Whitehouse, Kyle		Kernahan Park S S	24.91	4	
4 Marchese, Michael		St. Francis S S	25.04	4	
5 McAlpine, Travis		Governor Simcoe S S	25.48	3	
6 Johnson, Tyler		West Park S S	25.86	3	
7 Rogers, Brandon		Governor Simcoe S S	25.89	4	
8 Ross, Ray		Grimsby D S S	26.05	1	
9 Fernandez, Ernesto		Churchill, S	26.20	1	
10 Basic, Asmir		West Park S S	26.38	2	
11 Turl, Jake		Grimsby D S S	26.45	4	
12 Klyn-Hessleink, Dan		Heritage Chr	26.53	1	
13 Weylie, Mitchell		Grimsby D S S	26.99	3	
14 Morton, Miles		Blessed Trinity H S	27.01	4	
15 DiSimoni, Tyler		Denis Morris H S	27.11	2	
16 Paal, Jesse		Laura Secord S S	27.56	2	
17 Chiborak, Andrew		Denis Morris H S	28.41	4	
18 Orellana, Daniel		Denis Morris H S	28.42	1	
19 Umair, Muhammad		Governor Simcoe S S	28.63	1	
20 Devellis, David		Holy Cross H S	29.10	2	
21 Baltus, Tyler		Laura Secord S S	29.60	4	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Men 400 Meter Dash Senior**

Name	Year	School	Finals	H#	Points
1 Giles, Cam		Eden High School	54.09	1	
2 Komadoski, Steve		Eden High School	55.20	3	
3 Finora, Blake		West Park S S	56.24	1	
4 Johnson, Tyler		West Park S S	57.03	3	
5 McMurtrie, Adam		Beamsville D S S	57.58	2	
6 Rogers, Brandon		Governor Simcoe S S	57.69	3	
7 Whitehouse, Kyle		Kernahan Park S S	58.42	1	
8 Spagnulo, Lucas		Grimsby D S S	58.86	3	
9 Fernandez, Ernesto		Churchill, S	59.64	3	
10 DiSimoni, Tyler		Denis Morris H S	1:01.47	3	
11 Turl, Jake		Grimsby D S S	1:01.54	1	
12 Boeck, Jake		Grimsby D S S	1:01.97	2	
13 Smith, Brent		Blessed Trinity H S	1:03.78	2	
14 Lupul, Alex		Denis Morris H S	1:04.33	3	
15 Grossi, Chad		Denis Morris H S	1:07.47	2	
16 Richmond, Sam		Governor Simcoe S S	1:07.79	2	
17 Rahm, Nathaniel		Smithville D	1:10.35	1	
18 denHollander, Landon		Denis Morris H S	1:42.67	1	

Men 800 Meter Run Senior

Name	Year	School	Finals	Points
1 Janssen, Trevor		Eden High School	2:08.19	
2 Doherty, Connor		Churchill, S	2:13.47	
3 Byskov, Brandon		Churchill, S	2:15.27	
4 Giles, Cam		Eden High School	2:16.77	
5 Albers, John		Grimsby D S S	2:20.37	
6 Grossi, Nick		Denis Morris H S	2:26.95	
7 Kenny, Jake		Denis Morris H S	2:30.47	
8 Hastie, Brendan		Denis Morris H S	2:31.96	
9 Boeck, Jake		Grimsby D S S	2:34.73	
10 Dagenais, Matt		Denis Morris H S	2:45.41	
11 Richmond, Sam		Governor Simcoe S S	2:48.29	

Men 1500 Meter Run Senior

Name	Year	School	Finals	Points
1 Janssen, Trevor		Eden High School	4:17.98	
2 Ahmed, Ibrahim		St. Francis S S	4:20.76	
3 Albers, John		Grimsby D S S	4:32.77	
4 Doherty, Connor		Churchill, S	4:34.60	
5 Giles, Cam		Eden High School	4:44.81	
6 Corcoran, Hunter		Churchill, S	4:47.15	
7 Peters, Daniel		Denis Morris H S	4:49.01	
8 Byskov, Brandon		Churchill, S	4:54.68	
9 Hastie, Brendan		Denis Morris H S	5:03.19	
10 Whitehead, Chris		Great Lakes	5:04.28	
11 Phoenix, Dorian		Eden High School	5:04.69	
12 Brenner, Garret		St. Catharin	5:05.11	
13 Thompson, Ben		Blessed Trinity H S	5:12.88	
14 McGee, Dan		Churchill, S	5:12.97	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men 1500 Meter Run Senior**

15	Grossi, Chad	Denis Morris H S	5:14.72
16	Dagenais, Matt	Denis Morris H S	5:16.49

Men 3000 Meter Run Senior

Name	Year	School	Finals	Points
1 Ahmed, Ibrahim		St. Francis S S	9:36.54	
2 Peters, Daniel		Denis Morris H S	10:26.88	
3 Polly, Adam		Denis Morris H S	10:31.99	
4 Corcoran, Hunter		Churchill, S	10:32.06	
5 Grossi, Nick		Denis Morris H S	11:15.78	
6 Kenny, Jake		Denis Morris H S	11:41.09	
7 McGee, Dan		Churchill, S	12:00.72	
8 Whitehead, Chris		Great Lakes	12:20.49	

Men 110 Meter Hurdles Senior

Name	Year	School	Finals	Points
1 Forester, Josh		Blessed Trinity H S	18.76	
2 Chanthaphonh, Season		Laura Secord S S	19.62	
3 Rivera, Alejandro		Laura Secord S S	20.56	
4 Shah, Azlan		Laura Secord S S	21.14	
5 Keen, Nathan		Smithville D	21.18	

Men 400 Meter Hurdles Senior

Name	Year	School	Finals	Points
1 McMurtrie, Adam		Beamsville D S S	1:07.52	
2 Rivera, Alejandro		Laura Secord S S	1:10.93	
3 Shah, Azlan		Laura Secord S S	1:17.97	

Men 4x100 Meter Relay Senior

School	Finals	Points
1 Grimsby D S S 'A'	46.30	
2 Blessed Trinity H S 'A'	47.06	
3 Governor Simcoe S S 'A'	47.08	
4 St. Francis S S 'A'	49.16	
5 Holy Cross H S 'A'	50.95	
6 Laura Secord S S 'A'	51.97	

Men High Jump Senior

Name	Year	School	Finals	Points
1 Webb, Jeff		Eden High School	1.85m	
2 VanderMeer, Nick		Smithville D	1.75m	
2 Forestell, Joel		Beamsville D S S	1.75m	
4 Lahaie, Cody		Governor Simcoe S S	1.55m	
4 Wieler, Dave		Niagara D S S	1.55m	
6 Lee, Alex		Holy Cross H S	1.50m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****Men Long Jump Senior**

Name	Year	School	Finals	Points
1 Jessome, Matt		St. Francis S S	7.94m	
2 Webb, Jeff		Eden High School	6.22m	
3 Le, Vinh		Holy Cross H S	6.20m	
4 Pattison, Cory		Holy Cross H S	5.74m	
5 Chemerika, Cody		Blessed Trinity H S	5.49m	
6 Langdon, Christopher		Holy Cross H S	5.47m	
7 Forestell, Joel		Beamsville D S S	5.36m	
8 McAlpine, Travis		Governor Simcoe S S	5.25m	
8 Choi, Brian		Great Lakes	5.25m	
10 Dale, Joe		Great Lakes	5.13m	
11 McAndrews, Dylan		West Park S S	5.11m	
12 Wieler, Dave		Niagara D S S	4.95m	
13 Ross, Ray		Grimsby D S S	4.92m	
14 Haro Montiel, Benjamin		Holy Cross H S	4.89m	
15 Choi, Kelvin		Great Lakes	4.80m	
16 Kretz, Alex		Denis Morris H S	4.63m	
17 Trifunovic, Luka		South Lincoln H S	4.61m	
18 Phoenix, Dorian		Eden High School	4.57m	
19 Chiborak, Andrew		Denis Morris H S	4.53m	
20 Zasucha, Tommy		Blessed Trinity H S	4.51m	
21 TeDesco, Jacob		Denis Morris H S	4.48m	
22 Rogers, Brandon		Governor Simcoe S S	4.41m	
23 Lahaie, Cody		Governor Simcoe S S	4.32m	
24 McKeen, Jason		South Lincoln H S	4.25m	
25 Klyn-Hessleink, Dan		Heritage Chr	4.17m	
26 Grossi, Chad		Denis Morris H S	3.90m	
27 Baltus, Tyler		Laura Secord S S	3.55m	

Men Triple Jump Senior

Name	Year	School	Finals	Points
1 Le, Vinh		Holy Cross H S	13.38m	
2 DiDonato, Mark		West Park S S	11.13m	
2 Choi, Brian		Great Lakes	11.13m	
2 Pattison, Cory		Holy Cross H S	11.13m	
5 Wieler, Dave		Niagara D S S	10.96m	
6 Wieler, Isaak		Niagara D S S	10.89m	
7 Lahaie, Cody		Governor Simcoe S S	10.78m	
8 Perez, Michael		Laura Secord S S	10.47m	
9 Boeck, Jake		Grimsby D S S	9.87m	
10 Dale, Joe		Great Lakes	9.56m	
11 McKeen, Jason		South Lincoln H S	9.27m	

Men Shot Put Senior

Name	Year	School	Finals	Points
1 Palios, Stefan		Grimsby D S S	16.83m	
2 Dykstra, Ray		Grimsby D S S	13.68m	
3 Langdon, Christopher		Holy Cross H S	12.02m	
4 Williams, Joel		Blessed Trinity H S	11.46m	
5 Barry, Andrew		Blessed Trinity H S	11.04m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men Shot Put Senior**

6	Harder, Steven	Beamsville D S S	10.19m
7	Woelke, Ben	Niagara D S S	9.75m
8	Giroux, Craig	Governor Simcoe S S	9.70m
9	Delisle, Trevor	Blessed Trinity H S	9.66m
10	Berg, Kurtis	Governor Simcoe S S	9.17m
11	Dagenais, Matt	Denis Morris H S	9.08m
12	VanDyk, Nicolas	Governor Simcoe S S	9.07m
13	Diro, Gabriel	West Park S S	8.66m
14	Rahm, Nathaniel	Smithville D	8.48m
15	Wensink, Matt	Heritage Chr	8.39m
16	Kahari, Kundai	Laura Secord S S	8.38m
17	Henderson, Ethan	Grimsby D S S	8.30m
18	Muhammad, Ahtshan	Laura Secord S S	6.65m

Men Discus Throw Senior

Name	Year	School	Finals	Points
1	Palios, Stefan	Grimsby D S S	46.12m	
2	Dykstra, Ray	Grimsby D S S	44.73m	
3	Kukhta, Brandon	Blessed Trinity H S	34.32m	
4	McKeen, Jason	South Lincoln H S	30.72m	
5	Sirignano, Dan	St. Francis S S	26.96m	
6	Strazalkowski, Patrick	Churchill, S	26.52m	
7	Giroux, Craig	Governor Simcoe S S	26.29m	
8	Diro, Gabriel	West Park S S	25.97m	
9	Webb, Jeff	Eden High School	24.94m	
10	Rahm, Nathaniel	Smithville D	24.37m	
11	Harder, Steven	Beamsville D S S	24.33m	
12	Berg, Kurtis	Governor Simcoe S S	24.30m	
13	Delisle, Trevor	Blessed Trinity H S	24.02m	
14	Skiba, Greg	St. Francis S S	21.52m	
15	Wensink, Matt	Heritage Chr	20.10m	
16	Muhammad, Ahtshan	Laura Secord S S	19.52m	
17	Henderson, Ethan	Grimsby D S S	18.32m	
18	Sirignano, Matt	St. Francis S S	18.00m	
19	Kahari, Kundai	Laura Secord S S	17.65m	
20	Donnelly, David	St. Francis S S	15.12m	
21	Trifunovic, Luka	South Lincoln H S	14.63m	

Men Javelin Throw Senior

Name	Year	School	Finals	Points
1	Dykstra, Ray	Grimsby D S S	64.60m	
2	VanderMeer, Nick	Smithville D	40.31m	
3	Basic, Asmir	West Park S S	38.45m	
4	Barry, Andrew	Blessed Trinity H S	37.89m	
5	Waite, Teagan	South Lincoln H S	36.96m	
6	Strazalkowski, Patrick	Churchill, S	36.57m	
7	Phillips, Allen	Grimsby D S S	35.87m	
8	Trifunovic, Luka	South Lincoln H S	35.78m	
9	Woelke, Ben	Niagara D S S	34.08m	
10	Harder, Steven	Beamsville D S S	33.22m	
11	Zdichavsky, Paul	Blessed Trinity H S	32.29m	

2010 SOSSA ZONE IV PRELIMINARY MEET - 5/6/2010**Niagara Olympic Club T & F Centre - West Park****Results****....Men Javelin Throw Senior**

12 Donnelly, David	St. Francis S S	32.28m
12 Wittig, Jack	St. Francis S S	32.28m
14 Turl, Jake	Grimsby D S S	32.27m
15 Sirignano, Matt	St. Francis S S	31.97m
16 Giroux, Craig	Governor Simcoe S S	31.91m
17 Bone, Zachary	Holy Cross H S	30.74m
18 Choi, Kelvin	Great Lakes	30.55m
19 Kahari, Kundai	Laura Secord S S	29.81m
20 Perez, Michael	Laura Secord S S	28.84m
21 Taylor, James	St. Catharin	28.78m
22 Berg, Kurtis	Governor Simcoe S S	27.95m
23 Hastie, Brendan	Denis Morris H S	27.71m
24 Delisle, Trevor	Blessed Trinity H S	27.42m
25 Muhammad, Ahtshan	Laura Secord S S	26.34m
26 Henderson, Ethan	Grimsby D S S	25.42m
27 Rinaldi, Michael	St. Francis S S	24.26m

Men 2000 Meter Steeplechase Open

Name	Year School	Finals	Points
1 Palframan, Kyle	Churchill, S	7:16.80	
2 Brenner, Garret	St. Catharin	7:32.06	
3 Polly, Adam	Denis Morris H S	7:56.50	
4 Farrell, Jamie	Grimsby D S S	8:06.04	
5 Poustie, Cam	Blessed Trinity H S	8:08.40	
6 MacDonald, Ryley	St. Francis S S	9:28.64	

Men 4x400 Meter Relay Open

School	Finals	Points
1 Sir Winston Churchill S S 'A'	3:51.74	
2 Grimsby D S S 'A'	4:03.24	
3 Beamsville D S S 'A'	4:07.20	
4 Denis Morris H S 'A'	4:18.40	
5 Heritage Christian School 'A'	4:19.01	
6 Blessed Trinity H S 'A'	4:21.62	

Men 100 Meter Dash Ambulatory

Name	Year School	Finals	Points
1 Whitehouse, Kyle	Kernahan Park S S	12.24	