

Licensed to SOSSA Championship Meet Hy-Tek's Meet Manager 24/05/2007 07:41 PM
 SOSSA - 24/05/2007
 Track & Field Championships
 Niagara Olympic Club
 Results

Event 1 Women 100 Meter Dash Midget

Name	Year Team	Prelims	H#
Preliminaries			
1 Emma ROUNG	Ancaster Hig	13.19Q	2
2 Tamar Brereton	MacDonald, S	13.20Q	1
3 Candis Petrina	Blessed Trin	13.36Q	1
4 Kadaija Blackwood	Westlane	13.57Q	2
5 Dawn Elmers	Smithville D	13.38q	1
6 Victoria Smith	Myer, A.N.	13.69q	2
7 Holly Drohomysky	Westmount	13.70q	1
8 Larissa Bruzzese	Notre Dame C	13.78q	2
9 Samantha Mersereau	Westmount	13.79	1
10 Alana Attema	Beamsville D	13.86	2
11 Olenka Iwanicki	Centennial S	13.94	1
12 Sina Woerthle	Churchill, S	14.18	1
13 Michelle Hollingshead	Centennial S	14.20	1
14 Natasha Auret	Westdale	14.39	2
15 Michele Riva	St. Francis	14.50	2

Event 1 Women 100 Meter Dash Midget

Name	Year Team	Finals	Points
Finals			
1 Emma ROUNG	Ancaster Hig	12.95	6
2 Tamar Brereton	MacDonald, S	13.05	4
3 Larissa Bruzzese	Notre Dame C	13.10	3
4 Victoria Smith	Myer, A.N.	13.31	2
5 Kadaija Blackwood	Westlane	13.36	1
6 Dawn Elmers	Smithville D	13.38	
7 Candis Petrina	Blessed Trin	13.39	
8 Holly Drohomysky	Westmount	13.87	

Event 2 Men 100 Meter Dash Midget

Name	Year Team	Prelims	H#
Preliminaries			
1 Alistair Moona	MacDonald, S	11.97Q	2
2 James Gould	Highland SS	12.49Q	1
3 Mat Kit	Orchard Park	12.11Q	2
4 Zak Beales	Waterdown	12.61Q	1
5 Jahmal Louns	Westlane	12.31q	2
6 Jake Cardwell	St. Paul HS	12.39q	2
7 Jamie Cardamone	St. Paul HS	12.45q	2
8 Grant Durfey	Orchard Park	12.50q	2
9 Johnathon Taylor	West Park	12.73	2
10 Brandon Broijer	Blessed Trin	12.83	1
11 Joel Forestell	Beamsville D	12.84	1
12 Ryley Davoli	Notre Dame C	12.89	1
13 Dalton Rawcliffe	Hagersville	12.90	2
14 Steve Boekestyn	Heritage Chr	13.07	1

15 Greg Hoekstra Smithville D 13.12 1

Event 2 Men 100 Meter Dash Midget

Name	Year Team	Finals	Points
Finals			
1 Alistair Moona	MacDonald, S	12.01	6
2 James Gould	Highland SS	12.05	4
3 Mat Kit	Orchard Park	12.25	3
4 Jahmal Loungs	Westlane	12.34	2
5 Jake Cardwell	St. Paul HS	12.35	1
6 Zak Beales	Waterdown	12.40	
7 Jamie Cardamone	St. Paul HS	12.45	
8 Grant Durfey	Orchard Park	12.77	

Event 3 Women 200 Meter Dash Midget

Name	Year Team	Finals	H#	Points
1 Emma ROUNG	Ancaster Hig	26.65	2	6
2 Tamar Brereton	MacDonald, S	26.70	2	4
3 Dawn Elmers	Smithville D	27.42	2	3
4 Larissa Bruzzese	Notre Dame C	27.84	1	2
5 Victoria Smith	Myer, A.N.	27.96	2	1
6 Alana Attema	Beamsville D	28.53	2	
7 Samantha Mersereau	Westmount	28.62	2	
8 Lauren Brew	St. Catharin	28.91	1	
9 Hailey Dang	Westlane	29.25	1	
10 Alison Boyd	Governor Sim	29.66	2	
11 Caprice Aiello	St. Michael	29.69	1	
12 Julie DeJong	Hamilton Dis	30.22	1	
13 Kierra Green	Lakeshore CH	31.76	1	

Event 4 Men 200 Meter Dash Midget

Name	Year Team	Finals	H#	Points
1 Alistair Moona	MacDonald, S	24.02	2	6
2 Matt Wojcik	Holy Cross H	24.18	2	4
3 James Gould	Highland SS	24.86	2	3
4 Jahmal Loungs	Westlane	25.05	2	2
5 Zak Beales	Waterdown	25.16	2	1
6 Ryley Davoli	Notre Dame C	25.50	2	
7 Steve Bokestyn	Heritage Chr	25.91	1	
8 Assad Kaker	Westlane	25.98	1	
9 Mark DiDonato	West Park	26.00	2	
10 Dalton Rawcliffe	Hagersville	26.14	2	
11 Greg Hoekstra	Smithville D	26.24	1	
12 Miklos McMaster	St. Paul HS	26.47	1	
13 Henry Fothergill	Westmount	26.65	1	
14 Grant Durfey	Orchard Park	27.56	1	

Event 5 Women 400 Meter Dash Midget

Name	Year Team	Finals	H#	Points
1 Tamar Brereton	MacDonald, S	1:00.03	2	6
2 Michelle Hollingshead	Centennial S	1:02.61	2	4
3 Carly McKeigan	St. Francis	1:03.40	2	3

4	Alison Boyd	Governor Sim	1:03.85	2	2
5	Lindsey Jones	Jean Vanier	1:04.19	2	1
6	Kelsey McDougall	Waterdown	1:04.52	2	
7	Paige Garvey	Crossley	1:04.66	1	
8	Shayla Mordue	Highland SS	1:06.23	1	
9	Heather Gaffney	Waterdown	1:06.45	1	
10	Chelsey Wilson	Grimsby Dss	1:06.96	2	
11	Carli Adams	Blessed Trin	1:07.71	1	
12	Bronte Fudge	Crossley	1:08.44	1	
13	Tessa Tritton	Notre Dame C	1:08.90	2	
14	Becky Bergsma	Laura Secord	1:12.69	1	

Event 6 Men 400 Meter Dash Midget

Name	Year Team	Finals	H#	Points
1 Alistair Moona	MacDonald, S	52.92	2	6
2 Matt Wojcik	Holy Cross H	53.63	2	4
3 Dayo Odutayo	St. Paul HS	55.46	2	3
4 Jesse Derwinsky	Crossley	55.51	2	2
5 Adam McMurtrie	Beamsville D	56.53	2	1
6 Jeff Behan	Westdale	57.64	2	
7 Dalton Rawcliffe	Hagersville	57.94	1	
8 Drew Hampel	Ridge-Cr HS	58.72	1	
9 Henry Fothergill	Westmount	58.86	1	
10 Andrew Bomberry	Hagersville	59.27	1	
11 Anthony Delisio	Holy Cross H	59.62	1	
12 Corrigan Lief	Saltfleet DH	59.71	1	
13 Johnathon Taylor	West Park	1:08.16	2	
-- Devin Jacobi	Heritage Chr	DNF	1	

Event 7 Women 800 Meter Run Midget

Name	Year Team	Finals	H#	Points
1 Danielle Harding	Governor Sim	2:29.31	2	6
2 Shelby Dunbar	West Park	2:31.62	2	4
3 Lauren Bentham	Highland SS	2:32.10	2	3
4 Carise Thompson	Highland SS	2:33.77	2	2
5 Olivia Hunter	Notre Dame C	2:35.09	2	1
6 Lindsey Jones	Jean Vanier	2:37.43	2	
7 Carly McKeigan	St. Francis	2:37.80	2	
8 Sarah Rasmussen	Ancaster Hig	2:40.01	1	
9 Jessica Fickel	Fort Erie SS	2:43.47	2	
10 Monique Stuve	Eden High Sc	2:44.51	1	
11 Tessa Tritton	Notre Dame C	2:46.14	1	
12 Meagan Obrien	Highland SS	2:48.36	1	
13 Bronte Fudge	Crossley	2:48.75	1	
14 Ellen Warkholdt	Laura Secord	3:06.40	1	

Event 8 Men 800 Meter Run Midget

Name	Year Team	Finals	H#	Points
1 Kosta Krajisnik	Westlane	2:13.14	2	6
2 Dayo Odutayo	St. Paul HS	2:15.88	2	4
3 Devin Jacobi	Heritage Chr	2:16.50	2	3
4 Adam Voorberg	Hamilton Dis	2:18.17	2	2
5 Ager Hasan	Sir Winston	2:18.27	1	1
6 Colin Wierts	Beamsville D	2:20.46	2	

7	Ben Wyman	Westdale	2:21.64	1
8	Alexandre Lafontaine	Jean Vanier	2:21.81	1
9	Jeremy Muizelaar	South Lincol	2:22.11	2
10	Scott Brochu	Centennial S	2:22.81	1
11	Tommy Lariviere	Highland SS	2:23.01	1
12	Drew Hampel	Ridge-Cr HS	2:26.22	1
13	Dylan Calhoun	Highland SS	2:26.35	1
14	Matt Wojcik	Holy Cross H	2:27.34	2
--	Connor Murphy	Churchill, S	DNF	2

Event 9 Women 1500 Meter Run Midget

Name	Year Team	Finals	Points
1 Danielle Harding	Governor Sim	5:11.04	6
2 Deanna Brasz	Heritage Chr	5:14.92	4
3 Carise Thompson	Highland SS	5:16.67	3
4 Colleen Wilson	Ancaster Hig	5:17.32	2
5 Julie Hambleton	Grimsby Dss	5:20.38	1
6 Kristen Johnson	Crossley	5:28.45	
7 Jessica Fickel	Fort Erie SS	5:31.16	
8 Olivia Hunter	Notre Dame C	5:35.67	
9 Becky Bergsma	Laura Secord	5:40.87	
10 Lauren Bentham	Highland SS	5:42.40	
11 Anna Peterson	Highland SS	5:42.54	
12 Jocelyn Minor	Dunnville SS	6:11.79	
--	Adriana Cappelletti	Churchill, S	DNF

Event 10 Men 1500 Meter Run Midget

Name	Year Team	Finals	Points
1 Kosta Krajisnik	Westlane	4:26.68	6
2 Thomas McRae	St. Paul HS	4:27.31	4
3 Connor Murphy	Churchill, S	4:32.97	3
4 Satar Wahidi	Orchard Park	4:39.80	2
5 Jesse Derwinsky	Crossley	4:43.58	1
6 Kyle Varley	Westlane	4:47.42	
7 Ager Hasan	Sir Winston	4:49.30	
8 Colin Wierts	Beamsville D	4:49.77	
9 Adam Voorberg	Hamilton Dis	4:51.99	
10 Scott Brochu	Centennial S	4:54.07	
11 Daniel Hellendy	Westmount	4:54.37	
12 Jeremy Muizelaar	South Lincol	5:02.75	
13 Dylan Calhoun	Highland SS	5:06.30	
14 Broghan Park	Grimsby Dss	5:06.35	
15 Josh Romano	Denis Morris	5:15.19	

Event 11 Women 3000 Meter Run Midget

Name	Year Team	Finals	Points
1 Julie Hambleton	Grimsby Dss	11:33.63	6
2 Colleen Wilson	Ancaster Hig	11:44.70	4
3 Anna Peterson	Highland SS	12:09.11	3
4 Deanna Brasz	Heritage Chr	12:14.89	2
5 Brittany Hambleton	Grimsby Dss	12:23.42	1
6 Sarah Rasmussen	Ancaster Hig	12:35.81	
7 Jessica Passant	Highland SS	13:02.39	
8 Adriana Cappelletti	Churchill, S	13:21.37	

9 Monique Stuiwe

Eden High Sc

13:43.78

Event 12 Men 3000 Meter Run Midget

Name	Year Team	Finals	Points
1 Thomas McRae	St. Paul HS	10:02.18	6
2 Connor Murphy	Churchill, S	10:18.69	4
3 Daniel Hellendy	Westmount	10:35.27	3
4 Kyle Varley	Westlane	10:56.67	2
5 Joseph LaSelva	St. Francis	10:57.61	1
6 Evan Mann	Westlane	10:59.15	
7 Andrew Scotland	Grimsby Dss	11:13.77	
8 Duke Lloyd	Highland SS	11:30.17	
9 Greg Lariviere	Westdale	11:32.50	
10 Spencer Giles	Centennial S	11:43.44	
11 Cody Robinson	Ridge-Cr HS	12:19.56	
12 Dillon Bonomo	Guido De Bre	12:34.78	
13 Kevin Mills	Beamsville D	13:37.63	
-- Tyler Hollenbeck	Waterdown	DNF	
-- Mike Kessler	St. Francis	DNF	

Event 13 Women 80 Meter Hurdles Midget

Name	Year Team	Prelims	H#
Preliminaries			
1 Vanessa Sarjeant	Orchard Park	13.61Q	1
2 Olivia Cook	Ridge-Cr HS	13.91Q	2
3 Shannon Rogers	Crossley	14.46Q	1
4 Allie Carpenter	Cayuga Ss-Ca	14.91Q	2
5 Emily Schoppmann	Blessed Trin	14.53q	1
6 Alana Attema	Beamsville D	15.14q	2
7 Amanda Coutu	Churchill, S	15.16q	1
8 Madison Leslie	Grimsby Dss	15.31q	1
9 Rebecca Hayward	Highland SS	15.45	2
10 Teanne Teeft	Grimsby Dss	15.81	2
11 Stephanie Forrest	Hagersville	15.93	1
12 Victoria DeJong	Hamilton Dis	17.88	2

Event 13 Women 80 Meter Hurdles Midget

Name	Year Team	Finals	Points
Finals			
1 Olivia Cook	Ridge-Cr HS	13.35	6
2 Vanessa Sarjeant	Orchard Park	13.38	4
3 Emily Schoppmann	Blessed Trin	14.29	3
4 Amanda Coutu	Churchill, S	14.33	2
5 Shannon Rogers	Crossley	14.35	1
6 Alana Attema	Beamsville D	14.68	
7 Allie Carpenter	Cayuga Ss-Ca	14.72	
8 Madison Leslie	Grimsby Dss	15.04	

Event 14 Men 100 Meter Hurdles Midget

Name	Year Team	Prelims	H#
Preliminaries			
1 Steve Tripp	Ridge-Cr HS	16.02Q	2

2	Rob Fearman	Cayuga Ss-Ca	16.32Q	1
3	Trevor Ruzyllo	Grimsby Dss	16.35Q	2
4	Eric Press	Highland SS	16.39Q	1
5	John Carviel	Cayuga Ss-Ca	16.47q	2
6	Casey Patterson	Ridge-Cr HS	16.71q	2
7	Braden Fleming	Cayuga Ss-Ca	17.20q	1
8	Shane Huisman	Highland SS	18.11q	2
9	Tim Skuse	Grimsby Dss	18.97	1
10	Braden Colyn	Smithville D	19.17	1
11	Shane Leboeuf	Laura Secord	22.06	1
--	Sean Knecht	Guido De Bre	DQ	2

Event 14 Men 100 Meter Hurdles Midget

Name	Year Team	Finals	Points
Finals			
1	Trevor Ruzyllo	Grimsby Dss	15.59 6
2	Steve Tripp	Ridge-Cr HS	15.71 4
3	Rob Fearman	Cayuga Ss-Ca	15.72 3
4	Eric Press	Highland SS	16.08 2
5	Casey Patterson	Ridge-Cr HS	16.22 1
6	John Carviel	Cayuga Ss-Ca	16.43
7	Shane Huisman	Highland SS	17.66
8	Braden Fleming	Cayuga Ss-Ca	18.07

Event 15 Women 300 Meter Hurdles Midget

Name	Year Team	Finals	H#	Points
1	Olivia Cook	Ridge-Cr HS	51.40 2	6
2	Paige Garvey	Crossley	53.13 2	4
3	Rebecca Hayward	Highland SS	53.20 2	3
4	Vanessa Sarjeant	Orchard Park	53.35 2	2
5	Chelsey Wilson	Grimsby Dss	53.56 2	1
6	Stephanie Forrest	Hagersville	54.86 2	
7	Amanda Coutu	Churchill, S	54.98 2	
8	Shannon Rogers	Crossley	55.78 1	
9	Jessica Passant	Highland SS	56.37 1	
10	Kristen Johnson	Crossley	56.92 2	
11	Teanne Teeft	Grimsby Dss	57.33 1	

Event 16 Men 300 Meter Hurdles Midget

Name	Year Team	Finals	H#	Points
1	Trevor Ruzyllo	Grimsby Dss	44.15 2	6
2	Eric Press	Highland SS	44.74 2	4
3	Steve Tripp	Ridge-Cr HS	45.94 2	3
4	Rob Fearman	Cayuga Ss-Ca	46.91 2	2
5	Rob Slessor	Grimsby Dss	47.74 1	1
6	Casey Patterson	Ridge-Cr HS	49.03 2	
7	Drew Hampel	Ridge-Cr HS	49.19 2	
8	Shane Huisman	Highland SS	50.62 2	
9	Tim Skuse	Grimsby Dss	50.93 2	
10	Michael Naundorf	Crossley	52.67 1	
11	Alan Awez	Sir Winston	56.23 1	

Event 17 Women High Jump Midget

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Name	Year Team	Finals	Points
1 Heather Hicks	Grimsby Dss	1.48m	6
2 Danielle Kamps	Heritage Chr	1.45m	4
3 Caprice Aiello	St. Michael	1.40m	3
4 Vanessa Sarjeant	Orchard Park	J1.40m	2
5 Julie DeJong	Hamilton Dis	J1.40m	1
6 Lisa Christmas	Waterdown	1.35m	
6 Victoria DeJong	Hamilton Dis	1.35m	
7 Megan Singleton	Ridge-Cr HS	J1.35m	
7 Courtney Yole	Blessed Trin	J1.35m	
8 Shalimar Stechysyn	Crossley	J1.35m	
9 Jessica Brent	Eden High Sc	J1.30m	
9 Taylor Munro	Crossley	J1.30m	
10 Kelsey Stewart	Lakeshore CH	J1.25m	

Event 18 Men High Jump Midget

Name	Year Team	Finals	Points
1 Jeff Webb	Eden High Sc	1.95m	6
2 Satar Wahidi	Orchard Park	1.80m	4
3 Jean-Paul Lauzon	St. Paul HS	J1.80m	3
4 Cody Wright	Orchard Park	1.75m	2
5 Lamoie Swaby	Delta Ss- Ha	1.65m	1
6 Shaun Simon	St. Paul HS	J1.65m	
7 Joel Forestell	Beamsville D	J1.65m	
8 Brandon Byskov	Churchill, S	J1.65m	
9 Adam McMurtrie	Beamsville D	1.60m	
10 Brian Macsweyn	Fort Erie SS	1.55m	
11 Clinton Andrews	Hill Park SS	1.45m	
11 Brandon Sonnenberg	Ridge-Cr HS	1.45m	
11 Corrigan Lief	Saltfleet DH	1.45m	

Event 20 Men Pole Vault Midget

Name	Year Team	Finals	Points
1 Nathan Merritt	Ridge-Cr HS	2.40m	6
2 Danny Maljkovic	Ridge-Cr HS	2.20m	4
3 Ryan Bath	Crossley	2.00m	2.5
3 Jesse Paal	Laura Secord	2.00m	2.5

Event 21 Women Long Jump Midget

Name	Year Team	Finals	Points
1 Bianca Molnar	Jean Vanier	4.81m	6
2 Shyrell Gough	West Park	4.62m	4
3 Shelby Johnston	Centennial S	4.60m	3
4 Melanie Ulch	Crossley	4.53m	2
5 Olenka Iwanicki	Centennial S	4.52m	1
6 Taylor MacLeod	Grimsby Dss	4.46m	
7 Candis Petrina	Blessed Trin	4.43m	
8 Gugu Mpofu	Orchard Park	4.29m	
9 Kadaija Blackwood	Westlane	4.26m	
10 Mika Hendricks	South Lincol	4.22m	
11 Elisa Moyer	Beamsville D	4.18m	
12 Katelin Smith	Orchard Park	4.15m	
13 Nicole Rak	Waterdown	3.82m	

14 Hava Starkman Westdale 3.64m

Event 22 Men Long Jump Midget

Name	Year Team	Finals	Points
1 Jean-Paul Lauzon	St. Paul HS	6.10m	6
2 Jeff Webb	Eden High Sc	6.02m	4
3 Cody Wright	Orchard Park	5.82m	3
4 Nathan Merritt	Ridge-Cr HS	5.74m	2
5 Chris Langdon	Holy Cross H	5.47m	1
6 Nathan Berardi	Notre Dame C	5.28m	
7 Trevor Kearse	Orchard Park	5.04m	
8 Cody Beattie	Stamford Cvi	5.03m	
9 Shaun Simon	St. Paul HS	4.81m	
10 Shane Huisman	Highland SS	4.80m	
11 Joel Forestell	Beamsville D	4.66m	
12 Peter Teeuwssen	Beacon Chris	4.60m	
13 Sean Knegt	Guido De Bre	4.56m	
14 Corrigan Lief	Saltfleet DH	4.24m	

Event 23 Women Triple Jump Midget

Name	Year Team	Finals	Points
1 Olivia Cook	Ridge-Cr HS	10.10m	6
2 Melanie Ulch	Crossley	10.04m	4
3 Heather Hicks	Grimsby Dss	9.92m	3
4 Shelby Johnston	Centennial S	9.88m	2
5 Dawn Elmers	Smithville D	9.68m	1
6 Julie DeJong	Hamilton Dis	9.56m	
7 Bianca Molnar	Jean Vanier	9.48m	
8 Allie Carpenter	Cayuga Ss-Ca	9.41m	
9 Natalie Diakow	Governor Sim	9.35m	
10 Taylor MacLeod	Grimsby Dss	9.24m	
11 Rebecca Hayward	Highland SS	8.81m	
12 Maryanne Teng	Lakeport SS	8.71m	
13 Erica Rasmussen	Westmount	8.45m	

Event 24 Men Triple Jump Midget

Name	Year Team	Finals	Points
1 Nathan Merritt	Ridge-Cr HS	12.27m	6
2 Eric Press	Highland SS	11.34m	4
3 Mark DiDonato	West Park	11.33m	3
4 Eric Kippers	Hamilton Dis	11.32m	2
5 Derek Grant	Jean Vanier	10.89m	1
6 Cody Beattie	Stamford Cvi	10.68m	
7 Steve Tripp	Ridge-Cr HS	10.66m	
8 Trevor Ruzyllo	Grimsby Dss	10.35m	
9 Robert Dipietro	St. Francis	9.34m	
10 Sean Knegt	Guido De Bre	9.26m	
11 Nick Rulhoff	South Lincol	9.07m	
12 James Ringler	Kernahan Par	6.72m	

Event 25 Women Shot Put Midget

Name	Year Team	Finals	Points
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1	Katie Klodnicki	Grimsby Dss	9.95m	6
2	Lauren Brew	St. Catharin	9.56m	4
3	Kristina Smolovic	Barton SS	9.00m	3
4	Melissa Ott	Fort Erie SS	8.63m	2
5	Chi Chi Chuks-Mady	Barton SS	8.30m	1
6	Campbell Allison	Cayuga Ss-Ca	7.97m	
7	My Nguyen	Westlane	7.59m	
8	Jennifer Hall	Hill Park SS	7.44m	
9	Sarah Scapilatti	Notre Dame C	7.16m	
10	Katie Pratt	Waterdown	6.76m	
11	Jennifer Ridder	South Lincol	6.67m	
12	Emma Sanges	Highland SS	6.58m	
13	Lindsey Rivet	Fort Erie SS	6.49m	
14	Arden Miller	Great Lakes	6.40m	

Event 26 Men Shot Put Midget

Name	Year Team	Finals	Points
1 Stefan Palios	Grimsby Dss	14.20m	6
2 Chris Langdon	Holy Cross H	13.23m	4
3 Colin Brown	Dunnville SS	12.77m	3
4 Daniel Puhl	Lakeshore CH	12.02m	2
5 Josh Beckett	Highland SS	11.92m	1
6 Ian Marouf	Lakeshore CH	11.26m	
7 Chris Bailey	Sir Winston	10.84m	
8 Jesse Nunn	Holy Cross H	10.54m	
9 Craig Sider	Ridge-Cr HS	9.84m	
10 Tom Booker	Dunnville SS	9.83m	

Event 27 Women Discus Throw Midget

Name	Year Team	Finals	Points
1 Katie Klodnicki	Grimsby Dss	35.15m	6
2 Campbell Allison	Cayuga Ss-Ca	19.95m	4
3 Erika Rogers	Crossley	18.27m	3
4 Amber Hogeveen	Smithville D	17.85m	2
5 Shanika Lewis-Waddell	Orchard Park	17.76m	1
6 Taylor Munro	Crossley	16.88m	
7 Shalimar Stechysyn	Crossley	16.71m	
8 Arden Miller	Great Lakes	16.40m	
9 Emily Weingartner	Highland SS	15.02m	
10 Becca Thomas	Hill Park SS	14.96m	
11 Alisha Mackenzie	Highland SS	14.75m	
12 Kirsten Osterlund	Crossley	14.59m	
13 Chandler Millard	Highland SS	12.18m	
14 Jennifer Ridder	South Lincol	11.33m	

Event 28 Men Discus Throw Midget

Name	Year Team	Finals	Points
1 Stefan Palios	Grimsby Dss	51.97m	6
2 Matt Woehl	Ridge-Cr HS	39.37m	4
3 Ray Dykstra	Grimsby Dss	35.52m	3
4 Nelson Davies	Ridge-Cr HS	35.43m	2
5 Daniel Puhl	Lakeshore CH	35.11m	1
6 Brandon Duva	St. Paul HS	34.74m	
7 Paul Zdichavsky	Blessed Trin	30.06m	

8 Wesley Caliguero	St. Paul HS	29.62m
9 Luke Dortono	Lakeport SS	27.20m
10 Josh Beckett	Highland SS	22.44m
11 Greg Riddell	Laura Secord	21.85m
12 Josh Earls	Hamilton Dis	17.52m

Event 29 Women Javelin Throw Midget

Name	Year Team	Finals	Points
1 Shalimar Stechysyn	Crossley	25.65m	6
2 Katie Klodnicki	Grimsby Dss	25.61m	4
3 Taylor Munro	Crossley	24.44m	3
4 Kirsten Osterlund	Crossley	24.30m	2
5 Melissa Ott	Fort Erie SS	23.93m	1
6 Alisha Mackenzie	Highland SS	22.18m	
7 Katie Pratt	Waterdown	22.02m	
8 Emily Weingartner	Highland SS	19.61m	
9 Aurora Anderson-Shortt	Niagara D	18.66m	
10 Campbell Allison	Cayuga Ss-Ca	17.36m	
11 Kristina Bonk	St. Francis	15.95m	
12 Jennifer Ridder	South Lincol	14.32m	
13 Chandler Millard	Highland SS	12.53m	
14 Michelle Donovan	Hill Park SS	12.25m	
15 Arden Miller	Great Lakes	10.56m	

Event 30 Men Javelin Throw Midget

Name	Year Team	Finals	Points
1 Ray Dykstra	Grimsby Dss	47.26m	6
2 Eric Kippers	Hamilton Dis	42.98m	4
3 Blake Miller	Centennial S	40.26m	3
4 Brandon Berlingieri	McKinnon Par	37.68m	2
5 Darrell Lane	Ridge-Cr HS	36.42m	1
6 Matthew Wendel	St. Francis	36.20m	
7 Daniel Puhl	Lakeshore CH	35.26m	
8 Brian Macsweyn	Fort Erie SS	33.98m	
9 Teagan Waite	South Lincol	33.46m	
10 Dylan Calhoun	Highland SS	31.30m	
11 Matt Wensink	Heritage Chr	29.82m	
12 Braden Colyn	Smithville D	29.08m	
13 Nate Fennema	Hamilton Dis	26.58m	
14 Josh Beckett	Highland SS	24.52m	
15 Spencer Wikkerink	Hamilton Dis	21.70m	

Event 31 Women 4x100 Meter Relay Midget

Team	Finals	H#	Points
1 Grimsby D S S 'A'	53.51	2	6
2 Centennial S S 'A'	53.53	2	4
3 Westmount S S 'A'	54.30	2	3
4 E. L. Crossley S S 'A'	54.47	2	2
5 Jean Vanier E S 'A'	54.79	2	1
6 Highland S S 'A'	55.91	2	
7 Fort Erie S S 'A'	57.66	2	
8 Hamilton District C H S 'A'	58.53	1	
9 Waterdown D H S 'A'	58.95	2	
10 Blessed Trinity H S 'A'	59.68	1	

Event 32 Men 4x100 Meter Relay Midget

Team	Finals	H#	Points
1 Highland S S 'A'	48.01	2	6
2 Orchard Park S S 'A'	48.49	2	4
3 Ridgeway-Crystal Beach 'A'	48.92	2	3
4 Lakeshore C H S 'A'	49.29	2	2
5 Beamsville D S S 'A'	49.77	1	1
6 E. L. Crossley S S 'A'	49.77	2	
7 Notre Dame College 'A'	49.97	2	
8 Holy Cross H S 'A'	50.93	1	
9 South Lincoln H S 'A'	51.68	1	
10 Lakeport S S 'A'	53.95	1	
11 Hamilton District C H S 'A'	54.62	1	
12 Delta S S 'A'	54.76	1	
13 Sir Winston Churchill 'A'	55.63	1	
-- St. Paul H S 'A'	DQ	2	

Event 33 Women 100 Meter Dash Junior

Name	Year Team	Prelims	H#
Preliminaries			
1 Sarah Weemhoff	Waterdown	13.03Q	2
2 Megan Hill	Ancaster Hig	13.41Q	1
3 Chelsea Duncan	Churchill, S	13.18Q	2
4 Deana-Rose Smith	South Lincol	13.57Q	1
5 Bailey Fehrman	Cayuga Ss-Ca	13.45q	2
6 Amy Lavoie	Jean Vanier	13.72q	1
7 Krista Barber	McKinnon Par	13.78q	2
8 Kaitlyn Au	St. Paul HS	13.80q	1
9 Ashley Moes	Eden High Sc	13.89	2
10 Alex Grosskurth	Laura Secord	13.89	1
11 Diana Haebele	Glendale SS	14.18	2
12 Rebekah Steele	Dunnville SS	14.34	1
13 Erin Sauder	Denis Morris	14.60	1

Event 33 Women 100 Meter Dash Junior

Name	Year Team	Finals	Points
Finals			
1 Sarah Weemhoff	Waterdown	12.83	6
2 Chelsea Duncan	Churchill, S	13.10	4
3 Megan Hill	Ancaster Hig	13.19	3
4 Deana-Rose Smith	South Lincol	13.29	2
5 Bailey Fehrman	Cayuga Ss-Ca	13.43	1
6 Amy Lavoie	Jean Vanier	13.68	
7 Kaitlyn Au	St. Paul HS	13.81	
8 Krista Barber	McKinnon Par	13.87	

Event 34 Men 100 Meter Dash Junior

Name	Year Team	Prelims	H#
Preliminaries			
1 Carlin McLean	Orchard Park	11.73Q	1
2 Simon Earp-Lynch	Churchill, S	11.90Q	2

3	Michael Masonovich	St. Paul HS	11.77Q	1
4	Steven King	Westmount	11.98Q	2
5	Ben Earp-Lynch	Churchill, S	11.92q	1
6	Kadeem Allen	Westlane	12.01q	1
7	Ethan Moore	Crossley	12.01q	2
8	Marcus Murray	MacDonald, S	12.04q	1
9	Michael Marquis	Notre Dame C	12.10	1
10	Davor Stojanov	Saltfleet DH	12.28	1
11	Brandon Nelson	Westmount	12.32	2
12	Akeem Norris	Great Lakes	12.34	1
13	Michael Boyd	Centennial S	12.40	2
14	Sandro Sfrazza	St. Francis	12.60	2

Event 34 Men 100 Meter Dash Junior

Name	Year Team	Finals	Points
Finals			
1	Michael Masonovich	St. Paul HS	11.48 6
2	Carlin McLean	Orchard Park	11.54 4
3	Simon Earp-Lynch	Churchill, S	11.78 3
4	Steven King	Westmount	11.79 2
5	Ben Earp-Lynch	Churchill, S	11.80 1
6	Marcus Murray	MacDonald, S	11.81
7	Ethan Moore	Crossley	11.94
8	Kadeem Allen	Westlane	11.97

Event 35 Women 200 Meter Dash Junior

Name	Year Team	Finals	H#	Points
1	Alex Giles	Governor Sim	27.01	2 6
2	Sarah Rosso	Waterdown	27.25	2 4
3	Kristen Pizycki	Denis Morris	27.38	2 3
4	Chelsea Duncan	Churchill, S	27.57	2 2
5	Emily Shing	Highland SS	27.62	2 1
6	Bailey Fehrman	Cayuga Ss-Ca	27.79	2
7	Deana-Rose Smith	South Lincol	27.80	1
8	Megan Hill	Ancaster Hig	27.99	2
9	Keeley Levitt	West Park	28.31	2
10	Jessie Sawyers	Highland SS	28.56	1
11	Gill Thomas	Hamilton Dis	29.90	1
12	Rachel Fitkowski	St. Michael	30.42	1
13	Rachael Flagg	Crossley	30.51	1
14	Charlene Hartwick	Crossley	32.23	1

Event 36 Men 200 Meter Dash Junior

Name	Year Team	Finals	H#	Points
1	Michael Masonovich	St. Paul HS	23.82	2 6
2	Simon Earp-Lynch	Churchill, S	23.90	2 4
3	Ben Earp-Lynch	Churchill, S	24.02	2 3
4	Brandon Nelson	Westmount	24.51	2 2
5	Ethan Moore	Crossley	24.56	1 1
6	Steven King	Westmount	24.72	2
7	Michael St. Jean	MacDonald, S	24.73	1
8	Michael Marquis	Notre Dame C	24.84	1
9	Marcus Murray	MacDonald, S	25.09	2
10	James Noordam	Hamilton Dis	25.12	1

11 Michael Boyd	Centennial S	25.19	1
12 Matt Firth	Grimsby Dss	25.39	2
13 Sandro Sfrazza	St. Francis	25.49	2
14 Patrick Twomey	Crossley	25.52	1

Event 37 Women 400 Meter Dash Junior

Name	Year Team	Finals	H#	Points
1 Jaclyn Harris	Beamsville D	1:00.69	2	6
2 Alex Giles	Governor Sim	1:01.66	2	4
3 Kristen Pizycki	Denis Morris	1:01.89	2	3
4 Emily Shing	Highland SS	1:02.53	2	2
5 Keeley Levitt	West Park	1:03.10	2	1
6 Emily Milko	Blessed Trin	1:07.09	1	
7 Megan Ainslie	Myer, A.N.	1:07.81	2	
8 Emily Kieffer	Ridge-Cr HS	1:11.82	1	

Event 38 Men 400 Meter Dash Junior

Name	Year Team	Finals	H#	Points
1 Troy Oliver	Crossley	52.55	2	6
2 Doug Easterbrook	Grimsby Dss	53.01	2	4
3 Chris Miedema	Lakeshore CH	53.36	2	3
4 Julien Rousseau	Churchill, S	53.64	2	2
5 Brad Jamison	Eden High Sc	55.06	2	1
6 Donovan Kerry	Denis Morris	55.33	2	
7 Steve Komadoski	Eden High Sc	55.66	2	
8 Derrell Ellis	MacDonald, S	56.00	2	
9 James Noordam	Hamilton Dis	56.08	1	
10 Josh Patterson	Waterdown	56.25	1	
11 Travis Clouden	St. Michael	56.35	1	
12 Russell Samasuwo	Saltfleet DH	56.62	1	
13 Patrick Twomey	Crossley	56.82	1	
14 Nathan Cheney	Myer, A.N.	57.01	1	
15 Marcus Murray	MacDonald, S	57.02	1	

Event 39 Women 800 Meter Run Junior

Name	Year Team	Finals	H#	Points
1 Paris Adams	Blessed Trin	2:29.87	2	6
2 Mariah Kelly	St. Michael	2:31.90	2	4
3 Keigan Curran	St. Michael	2:38.95	1	3
4 Rachel Hicks	Highland SS	2:39.37	2	2
5 Jasmin Assogna	Glendale SS	2:40.00	2	1
6 Janelle Brouwer	Hamilton Dis	2:42.86	2	
7 Shelby Letkemann	Ancaster Hig	2:43.38	1	
8 Kristia Bracken	Laura Secord	2:44.55	1	
9 Emily Milko	Blessed Trin	2:45.21	2	
10 Erin Kurpe	Grimsby Dss	2:46.24	2	
11 Emily Kieffer	Ridge-Cr HS	2:47.79	1	
12 Courtney Patterson	Highland SS	2:50.25	2	
13 Rachelle Spadzinski	Myer, A.N.	2:56.14	1	
14 Erica Ventura	Lakeshore CH	3:14.60	1	
-- Jaclyn Harris	Beamsville D	DNF	1	

Event 40 Men 800 Meter Run Junior

Name	Year Team	Finals	H#	Points
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Name	Year Team	Finals	H#	Points
1 Doug Easterbrook	Grimsby Dss	2:01.57	2	6
2 Julien Rousseau	Churchill, S	2:03.16	2	4
3 Brad Jamison	Eden High Sc	2:08.69	2	3
4 Chris Miedema	Lakeshore CH	2:09.81	2	2
5 Josh Patterson	Waterdown	2:10.98	2	1
6 Tyson Sider	Niagara Coll	2:15.79	2	
7 Jordan Antonio	St. Michael	2:17.85	1	
8 Russell McKean	West Park	2:17.92	2	
9 Stephen DeJong	Guido De Bre	2:18.96	1	
10 Daniel Brown	St. Paul HS	2:23.60	1	
11 Cody Biggley	Sir Winston	2:24.78	1	
12 Donovan Kerry	Denis Morris	2:26.45	1	
13 Colin Kasper	Guido De Bre	2:26.67	1	
14 James Tonogai	Sherwood SS	2:30.44	1	

Event 41 Women 1500 Meter Run Junior

Name	Year Team	Finals	Points
1 Heather Stuive	Eden High Sc	5:02.20	6
2 Paris Adams	Blessed Trin	5:08.38	4
3 Katelyn Hodgson	Grimsby Dss	5:12.94	3
4 Rachel Hicks	Highland SS	5:15.77	2
5 Brittany Jones	Jean Vanier	5:16.38	1
6 Jasmin Assogna	Glendale SS	5:36.17	
7 Kristen Vromans	Grimsby Dss	5:36.57	
8 Brianne Kilgour	Westdale	5:46.59	
9 Emily Kieffer	Ridge-Cr HS	5:57.53	
10 Kristia Bracken	Laura Secord	6:05.82	
-- Jennifer Rowland	Centennial S	DNF	
-- Mariah Kelly	St. Michael	DQ	

Event 42 Men 1500 Meter Run Junior

Name	Year Team	Finals	Points
1 Mohamed Ahmed	St. Catharin	4:06.21	6
2 Jeremy Rae	Lakeshore CH	4:09.43	4
3 Doug Easterbrook	Grimsby Dss	4:12.42	3
4 Paul Scholl	Churchill, S	4:14.66	2
5 Brad Jamison	Eden High Sc	4:34.18	1
6 Russell McKean	West Park	4:46.33	
7 Cody Biggley	Sir Winston	4:54.93	
8 Andrew Levesque	Cayuga Ss-Ca	4:56.45	
9 David Marshall	Highland SS	4:57.71	
10 James Tonogai	Sherwood SS	5:06.96	
11 Jordan Antonio	St. Michael	5:07.00	
12 Eli Dwor	Port Colborn	5:18.23	
13 Nicholas Gegan	Land, Robert	5:24.96	
14 Zack Green	Hamilton Dis	5:44.46	
15 Hannes Louw	Hamilton Dis	6:02.81	

Event 43 Women 3000 Meter Run Junior

Name	Year Team	Finals	Points
1 Heather Stuive	Eden High Sc	11:01.95	6
2 Rebecca Masten-Davies	Ancaster Hig	11:40.97	4

3	Katelyn Hodgson	Grimsby Dss	12:00.47	3
4	Kristen Vromans	Grimsby Dss	12:26.21	2
5	Brianne Kilgour	Westdale	12:32.98	1
6	Madelaine Bonsma	Smithville D	12:37.90	
7	Brittany Jones	Jean Vanier	12:43.67	
8	Maryse Thomas	Churchill, S	13:47.61	

Event 44 Men 3000 Meter Run Junior

Name	Year Team	Finals	Points
1 Mohamed Ahmed	St. Catharin	9:08.95	6
2 Ryan Thomas	Grimsby Dss	9:13.68	4
3 Jeremy Rae	Lakeshore CH	9:15.27	3
4 Paul Scholl	Churchill, S	9:28.91	2
5 John Rasmussen	Ancaster Hig	9:58.44	1
6 Dylan Jones	South Lincol	10:33.22	
7 Mike Macket	St. Francis	11:02.94	
8 Stephen DeJong	Guido De Bre	11:13.32	
9 Andrew Levesque	Cayuga Ss-Ca	11:14.97	
10 David Marshall	Highland SS	11:29.51	
11 Nicholas Gegan	Land, Robert	11:46.21	
12 Tim Garlow	McKinnon Par	12:20.39	
13 Zack Green	Hamilton Dis	13:32.50	

Event 45 Women 80 Meter Hurdles Junior

Name	Year Team	Prelims	H#
Preliminaries			
1 Danielle Cottrell	Waterdown	13.11q	1
2 Jessica May	Saltfleet DH	13.36q	2
3 Devin Glodziak	Grimsby Dss	13.42q	2
4 Shelby Bordi	Highland SS	13.85q	1
5 Tori Lee	Grimsby Dss	14.20q	1
6 Cassee Hayes	Cayuga Ss-Ca	14.75q	2
7 Natasha Chang	Cayuga Ss-Ca	14.84q	2
8 Lily Davis	South Lincol	15.12q	2
9 Megan MacLeod	Grimsby Dss	15.39	1
10 Erin Samchyk	Grimsby Dss	15.78	2
11 Bailey Fehrman	Cayuga Ss-Ca	16.34	1
12 Jennifer MacBain	Saltfleet DH	16.37	1
13 Becca Reynolds	Dunnville SS	18.67	2
14 Allison Mauro	Centennial S	21.59	2

Event 45 Women 80 Meter Hurdles Junior

Name	Year Team	Finals	Points
Finals			
1 Danielle Cottrell	Waterdown	13.06	6
2 Jessica May	Saltfleet DH	13.14	4
3 Devin Glodziak	Grimsby Dss	13.21	3
4 Cassee Hayes	Cayuga Ss-Ca	13.32	2
5 Shelby Bordi	Highland SS	13.78	1
6 Tori Lee	Grimsby Dss	13.79	
7 Lily Davis	South Lincol	14.67	
8 Natasha Chang	Cayuga Ss-Ca	14.82	

Event 46 Men 100 Meter Hurdles Junior

Name	Year Team	Prelims	H#
Preliminaries			
1 Townsend Benard	Laura Secord	14.38Q	1
2 Lenny Dimberio	Lakeshore CH	15.20Q	2
3 Kevin Murphy	Centennial S	15.35Q	2
4 Stephen Hume	Myer, A.N.	16.03Q	1
5 Brian Mills	Highland SS	16.22q	2
6 Wes Vanbarneveld	Guido De Bre	17.63q	2
7 Nick Calabrese	West Park	17.64q	1
8 Shawn Hind	Holy Cross H	17.66q	1
9 Jeff DeVisser	Smithville D	17.93	2
10 Jordon Grundy	Highland SS	18.76	2
11 Kyle Johnson	Crossley	21.85	1

Event 46 Men 100 Meter Hurdles Junior

Name	Year Team	Finals	Points
Finals			
1 Townsend Benard	Laura Secord	14.39	6
2 Lenny Dimberio	Lakeshore CH	15.14	4
3 Kevin Murphy	Centennial S	15.20	3
4 Stephen Hume	Myer, A.N.	15.95	2
5 Brian Mills	Highland SS	16.23	1
6 Shawn Hind	Holy Cross H	17.17	
7 Nick Calabrese	West Park	17.19	
8 Wes Vanbarneveld	Guido De Bre	17.29	

Event 47 Women 300 Meter Hurdles Junior

Name	Year Team	Finals	H#	Points
1 Sarah Rosso	Waterdown	47.81	2	6
2 Jaclyn Harris	Beamsville D	49.28	2	4
3 Jessica May	Saltfleet DH	49.41	2	3
4 Devin Glodziak	Grimsby Dss	49.66	2	2
5 Halee Lymburner	Crossley	50.96	2	1
6 Andrea Thiessen	Eden High Sc	52.72	2	
7 Charlene Hartwick	Crossley	53.80	1	
8 Shelby Letkemann	Ancaster Hig	53.96	1	
9 Megan MacLeod	Grimsby Dss	54.59	2	
10 Tori Lee	Grimsby Dss	54.72	2	
11 Natasha Chang	Cayuga Ss-Ca	55.40	1	
12 Cassee Hayes	Cayuga Ss-Ca	56.21	1	

Event 48 Men 300 Meter Hurdles Junior

Name	Year Team	Finals	H#	Points
1 Matt Swan	Ridge-Cr HS	43.79	2	6
2 Desmond Cousins	Ridge-Cr HS	44.85	2	4
3 Jordon Grundy	Highland SS	45.43	2	3
4 Zach Allen	Ridge-Cr HS	45.93	2	2
5 Brian Mills	Highland SS	46.13	2	1
6 Michael Luo	Laura Secord	47.68	2	
7 Stuart Bonk	Beamsville D	48.45	1	
8 Ben Grant	Holy Cross H	48.47	2	
9 Jeff Regnerus	Hamilton Dis	49.78	1	

10	Kyle Johnson	Crossley	50.05	1
11	Ernesto Fernandez	Churchill, S	50.13	1

Event 49 Women High Jump Junior

Name	Year Team	Finals	Points
1 Halee Lymburner	Crossley	1.50m	6
2 Jenny Reid	Dunnville SS	J1.50m	4
3 Marni Venter	Heritage Chr	J1.50m	3
4 Kim MacKay	Churchill, S	1.45m	2
5 Lily Davis	South Lincol	1.40m	1
6 Elisa Coates	Waterdown	J1.40m	
7 Sara Desterke	Highland SS	1.30m	
7 Lycia Evashkow	Glendale SS	1.30m	
7 Amber Bramer	Orchard Park	1.30m	
10 Erin Sauder	Denis Morris	1.20m	
-- Courtney Olah	St. Paul HS	NH	

Event 50 Men High Jump Junior

Name	Year Team	Finals	Points
1 Dominic Kucharski	Governor Sim	1.75m	6
2 Jeff Regnerus	Hamilton Dis	1.70m	4
3 Jay Fast	Governor Sim	1.65m	3
4 Stephen Hume	Myer, A.N.	J1.65m	2
5 Rick Dooler	Crossley	J1.65m	1
6 Sean Parker	Lakeshore CH	1.60m	
7 Alex Versluis	Beacon Chris	J1.60m	
8 Steven Kisaka	Saltfleet DH	1.55m	
8 Jordan Raycroft	Centennial S	1.55m	
10 Dylan Janssen	Smithville D	J1.55m	
-- Michael Boyd	Centennial S	NH	

Event 51 Women Pole Vault Midget / Junior

Name	Year Team	Finals	Points
1 Sharon Michalak	Notre Dame C	2.60m	6
2 Whitney Nicholas	Hagersville	2.50m	4
3 Avery Thomas	Grimsby Dss	J2.50m	3
4 Alison Stark	Crossley	2.30m	2
5 Rebecca Stallwood	Hagersville	2.20m	1
6 Krista Hall	Hagersville	1.95m	
7 Ellen Warkholdt	Laura Secord	1.80m	

Event 52 Men Pole Vault Junior

Name	Year Team	Finals	Points
1 Mikey Maljkovic	Ridge-Cr HS	3.40m	6
2 Townsend Benard	Laura Secord	3.30m	4
3 Kyle Johnson	Crossley	2.40m	2.5
3 Garrett Wassenaar	Crossley	2.40m	2.5
5 Zach Allen	Ridge-Cr HS	1.80m	1

Event 53 Women Long Jump Junior

Name	Year Team	Finals	Points
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1	Chelsea Duncan	Churchill, S	4.89m	6
2	Courtney Olah	St. Paul HS	4.66m	4
3	Marni Venter	Heritage Chr	J4.66m	3
4	Gill Thomas	Hamilton Dis	4.60m	2
5	Echo Fleury	Jean Vanier	4.59m	1
6	Margie Boese	Niagara D	4.55m	
7	Krista Barber	McKinnon Par	J4.55m	
8	Amy Lavoie	Jean Vanier	4.52m	
9	Roz Vanderwoude	Guido De Bre	4.43m	
10	Ashley Moes	Eden High Sc	4.36m	
11	Andrea Thiessen	Eden High Sc	4.26m	
12	Rebecca Bauer	Westlane	4.19m	
13	Sara Desterke	Highland SS	3.98m	
14	Diana Haebele	Glendale SS	3.91m	
15	Kira Lodder	Guido De Bre	3.89m	

Event 54 Men Long Jump Junior

Name	Year Team	Finals	Points
1 Carlin McLean	Orchard Park	6.37m	6
2 Mike McNally	Orchard Park	5.78m	4
3 Cam Atkinson	Grimsby Dss	5.74m	3
4 Shawn Hind	Holy Cross H	5.63m	2
5 Mike Marquis	Notre Dame C	5.56m	1
6 Spencer Thompson	Crossley	5.52m	
7 Michael St. Jean	MacDonald, S	5.51m	
8 Davor Stojanov	Saltfleet DH	5.36m	
9 Rhodri Mativo	St. Paul HS	5.31m	
10 Cameron McLean	St. Michael	5.29m	
11 Daniel DeBruyne	Beacon Chris	5.21m	
12 Matt Roy	Ridge-Cr HS	5.17m	
13 Aaron Brown	Governor Sim	5.04m	
14 Dylan Janssen	Smithville D	4.93m	

Event 55 Women Triple Jump Junior

Name	Year Team	Finals	Points
1 Echo Fleury	Jean Vanier	10.55m	6
2 Devin Glodziak	Grimsby Dss	9.92m	4
3 Krista Barber	McKinnon Par	9.89m	3
4 Ashley Moes	Eden High Sc	9.87m	2
5 Rebecca Bauer	Westlane	9.82m	1
6 Erin Sauder	Denis Morris	9.69m	
7 Jenny Reid	Dunnville SS	9.62m	
8 Tara Douglas	Lakeport SS	9.16m	
9 Hannah Woods	Grimsby Dss	8.71m	
10 Cassee Hayes	Cayuga Ss-Ca	8.65m	
11 Brittany Hicks	Saltfleet DH	8.60m	
12 Roz Vanderwoude	Guido De Bre	8.55m	
13 Brittany Cumming	Highland SS	8.38m	
14 Sara Desterke	Highland SS	7.94m	
15 Kristin Boonstra	Waterdown	7.40m	

Event 56 Men Triple Jump Junior

Name	Year Team	Finals	Points
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1	Carlin McLean	Orchard Park	12.49m	6
2	Cam Atkinson	Grimsby Dss	11.93m	4
3	Chris Miedema	Lakeshore CH	11.24m	3
4	Spencer Thompson	Crossley	10.93m	2
5	Rob White	Myer, A.N.	10.90m	0.5
5	Matt Firth	Grimsby Dss	10.90m	0.5
7	Brent Harris	Smithville D	10.80m	
8	Matt Roy	Ridge-Cr HS	10.77m	
9	Jason Schulenberg	Guido De Bre	10.51m	
10	Cameron McLean	St. Michael	10.43m	
11	Daniel DeBruyne	Beacon Chris	10.41m	
12	Steven Kisaka	Saltfleet DH	10.39m	
13	Tom Sikma	Hamilton Dis	10.28m	
14	Cameron Anderson	West Park	10.27m	
15	Joel Gritter	Guido De Bre	10.26m	

Event 57 Women Shot Put Junior

Name	Year Team	Finals	Points
1	Nicki Miller	Saltfleet DH	8.91m 6
2	Krista Hall	Hagersville	8.89m 4
3	Kim MacKay	Churchill, S	8.81m 3
4	Erica Tokar	Crossley	8.59m 2
5	Brittany Quin	Ridge-Cr HS	8.53m 1
6	Cheyenne Jope	Notre Dame C	8.35m
7	Amie Mogford	Great Lakes	7.87m
8	Kristin Kish	Eden High Sc	7.52m
9	Tracey Boeringa	Guido De Bre	6.81m
10	Crystel Taylor	Hagersville	6.67m
11	Leona Cunningham	Blessed Trin	6.33m
12	Gill Thomas	Hamilton Dis	6.30m
13	Lindsay Huczel	Highland SS	5.94m
14	C.J Sutton	Laura Secord	5.92m

Event 58 Men Shot Put Junior

Name	Year Team	Finals	Points
1	Jon Ventresca	Highland SS	14.84m 6
2	Hoas Langerap	Lakeshore CH	13.75m 4
3	Zack Duguay	Denis Morris	13.64m 3
4	Scott DeGraaf	Hagersville	13.48m 2
5	Garrett House	Lakeshore CH	13.35m 1
6	Allen Tripp	Ridge-Cr HS	12.92m
7	James Soon	Crossley	12.83m
8	Dillon Doig	West Park	12.63m
9	Aaron Baird	St. Francis	12.48m
10	PJ Demik	Hamilton Dis	12.21m
11	James Klassen	Eden High Sc	12.17m
12	Riley Jacobschuk	Denis Morris	11.78m
13	Clint Mackenzie	Highland SS	11.74m
14	David Woods	Sir Winston	11.53m
15	James Curwin	Waterdown	9.56m

Event 59 Women Discus Throw Junior

Name	Year Team	Finals	Points
1	Nicki Miller	Saltfleet DH	31.50m 6

2	Karie Alderman	Grimsby Dss	30.47m	4
3	Tracey Boeringa	Guido De Bre	25.60m	3
4	Brittany Hicks	Saltfleet DH	24.39m	2
5	Erica Tokar	Crossley	21.71m	1
6	Stephanie Cyr	Centennial S	21.11m	
7	Leona Cunningham	Blessed Trin	20.46m	
8	Alana Goodlet	Hagersville	19.56m	
9	Kelsey Milmine	Saltfleet DH	18.66m	
10	Bosa Zagorac	Saltfleet DH	17.99m	
11	Nicole Ciszek	Niagara Coll	16.46m	
12	Maeghan Leavens	Crossley	16.25m	
13	Amie Mogford	Great Lakes	16.14m	
14	Tashawna Linkiewicz	Blessed Trin	12.83m	

Event 60 Men Discus Throw Junior

Name	Year Team	Finals	Points
1 Hoas Langerap	Lakeshore CH	38.33m	6
2 Garrett House	Lakeshore CH	38.11m	4
3 Will Beyer	Grimsby Dss	37.50m	3
4 Leigh Pauls	Churchill, S	36.66m	2
5 Scott DeGraaf	Hagersville	32.55m	1
6 Corbin Dailey	Grimsby Dss	32.45m	
7 Simon Fallon	Hamilton Dis	31.36m	
8 Hannes Louw	Hamilton Dis	29.88m	
9 Will Vance	Highland SS	29.01m	
10 Chris Legendre	Laura Secord	26.86m	
11 James Soon	Crossley	26.77m	
12 Zack Duguay	Denis Morris	25.57m	
13 PJ Demik	Hamilton Dis	25.31m	
14 Zakk Burton	Crossley	24.10m	

Event 61 Women Javelin Throw Junior

Name	Year Team	Finals	Points
1 Brittany Hicks	Saltfleet DH	34.78m	6
2 Whitney Nicholas	Hagersville	29.16m	4
3 Jillian Myers	Waterdown	28.27m	3
4 Kim MacKay	Churchill, S	25.81m	2
5 Michelle Trottier	St. Michael	22.27m	1
6 Mirjana Zagorac	Saltfleet DH	22.17m	
7 Natalie Thomson	St. Paul HS	21.76m	
8 Amanda Slamka	Holy Cross H	21.39m	
8 Amanda DeHaan	Hamilton Dis	21.39m	
10 Paige Darling	Highland SS	21.33m	
11 Brittany Chambers	Ridge-Cr HS	19.36m	
12 Amie Mogford	Great Lakes	18.22m	
13 Natalie Trojanowski	St. Michael	16.95m	
14 Tashawna Linkiewicz	Blessed Trin	15.26m	
15 Karie Alderman	Grimsby Dss	14.14m	

Event 62 Men Javelin Throw Junior

Name	Year Team	Finals	Points
1 Kenny Bradford	Eden High Sc	48.86m	6
2 Will Vance	Highland SS	45.09m	4
3 Troy Oliver	Crossley	44.18m	3

4	PJ Demik	Hamilton Dis	42.81m	2
5	Dominic Kucharski	Governor Sim	40.00m	1
6	Ethan Werner	Dunnville SS	39.35m	
7	Joseph Cinq-Mars	Cayuga Ss-Ca	38.83m	
8	Jordan Kewell	Blessed Trin	36.66m	
9	Hannes Louw	Hamilton Dis	36.28m	
10	Dakota Bezemer	Hamilton Dis	35.52m	
11	Matt Bouwers	Hamilton Dis	35.29m	
12	Leigh Pauls	Churchill, S	35.18m	

Event 63 Women 4x100 Meter Relay Junior

Team	Finals	H#	Points
1 Waterdown D H S 'A'	51.33	2	6
2 Highland S S 'A'	52.19	2	4
3 Ancaster High 'A'	53.00	2	3
4 Sir Winston Churchill S S 'A'	53.06	2	2
5 Centennial S S 'A'	54.24	1	1
6 South Lincoln H S 'A'	54.41	2	
7 E. L. Crossley S S 'A'	54.52	1	
8 Cayuga S S 'A'	54.68	2	
9 Grimsby D S S 'A'	54.88	1	
10 Saltfleet D H S 'A'	55.17	1	
11 Laura Secord S S 'A'	55.29	2	
12 Denis Morris H S 'A'	55.31	2	

Event 64 Men 4x100 Meter Relay Junior

Team	Finals	H#	Points
1 Sir John A. MacDonald S S 'A'	46.14	2	6
2 E. L. Crossley S S 'A'	46.23	2	4
3 St. Paul H S 'A'	46.52	2	3
4 Ridgeway-Crystal Beach 'A'	47.78	2	2
5 Hamilton District C H S 'A'	48.09	2	1
6 Westmount S S 'A'	48.27	2	
7 Denis Morris H S 'A'	48.79	2	
8 Grimsby D S S 'A'	49.25	1	
9 Sir Winston Churchill 'A'	51.23	1	
10 Smithville District C H S 'A'	51.85	1	
11 Blessed Trinity H S 'A'	53.38	1	
-- St. Michael H S 'A'	DQ	1	

Event 65 Women 100 Meter Dash Senior

Name	Year Team	Prelims	H#
Preliminaries			
1 Stesha Conway	Jean Vanier	12.74Q	1
2 Kirstie Sheperd	Sir Winston	13.10Q	2
3 Esther Adjekum	MacDonald, S	13.02Q	1
4 Alexandra Biggs	MacDonald, S	13.14Q	2
5 Natasha Bonk	St. Francis	13.38q	2
6 Kaysea Toy	St. Michael	13.40q	2
7 Elysha Buma	Heritage Chr	13.45q	1
8 Alexa Fraser	Crossley	13.56q	2
9 Kayla Tuckwell	Laura Secord	13.69	1
10 Stacy Drohomysky	Westmount	13.70	1
11 Katie Shelley	Ancaster Hig	13.84	2

12 Megan Purdy	Beamsville D	14.04	2
13 Kerri Mulder	South Lincol	14.20	1
14 Lauren Miller	Myer, A.N.	14.61	1
-- Janine Wassenaar	Crossley	DNF	1

Event 65 Women 100 Meter Dash Senior

Name	Year Team	Finals	Points
Finals			
1 Stesha Conway	Jean Vanier	12.73	6
2 Esther Adjekum	MacDonald, S	13.02	4
3 Alexandra Biggs	MacDonald, S	13.14	3
4 Elysha Buma	Heritage Chr	13.17	2
5 Natasha Bonk	St. Francis	13.21	1
6 Kaysea Toy	St. Michael	13.40	
7 Kirstie Sheperd	Sir Winston	13.42	
8 Alexa Fraser	Crossley	13.49	

Event 66 Men 100 Meter Dash Senior

Name	Year Team	Prelims	H#
Preliminaries			
1 Damion Vassell	MacDonald, S	11.34Q	1
2 Tanner Goode	St. Francis	11.58Q	2
3 Tristan Woodburn	Westlane	11.41Q	1
4 Dujon Williams	MacNab,Sir A	11.72Q	2
5 Matthew MacDonald	St. Francis	11.78q	1
6 Dave Feere	Waterdown	11.80q	2
7 Jed Gardner	St. Michael	11.84q	1
8 Dustin Atkinson	St. Paul HS	11.88q	1
9 Andrew Myer	St. Francis	11.97	1
10 Jabari Selman	Laura Secord	12.04	2
11 James Williams	Orchard Park	12.17	2
12 Sean Ogrady	Notre Dame C	12.40	2
13 Ryan Dalley	Beamsville D	12.50	2

Event 66 Men 100 Meter Dash Senior

Name	Year Team	Finals	Points
Finals			
1 Damion Vassell	MacDonald, S	11.26	6
2 Tristan Woodburn	Westlane	11.30	4
3 Tanner Goode	St. Francis	11.47	3
4 Dave Feere	Waterdown	11.58	2
5 Dujon Williams	MacNab,Sir A	11.58	1
6 Jed Gardner	St. Michael	11.66	
7 Dustin Atkinson	St. Paul HS	11.76	
-- Matthew MacDonald	St. Francis	DNF	

Event 67 Women 200 Meter Dash Senior

Name	Year Team	Finals	H#	Points
1 Stesha Conway	Jean Vanier	26.23	2	6
2 Esther Vermeer	Smithville D	26.79	2	4
3 Lauren Aquilina	Westmount	27.07	2	3
4 Elysha Buma	Heritage Chr	27.23	2	2

5	Leigh Veerman	Laura Secord	27.34	2	1
6	Alexandra Biggs	MacDonald, S	27.42	2	
7	Alisha Witter	Westmount	27.64	2	
8	Alexa Fraser	Crossley	28.10	1	
9	Bryanna Kelly	Beamsville D	28.66	1	
10	Katie Shelley	Ancaster Hig	28.80	1	
11	Pam Gorham	Ridge-Cr HS	30.44	1	
12	Hailey Gullett	Crossley	31.19	1	

Event 68 Men 200 Meter Dash Senior

Name	Year Team	Finals	H#	Points
1 Cody Boyd	Churchill, S	22.52	2	6
2 Damion Vassell	MacDonald, S	23.14	2	4
3 Jordan Baronet	Waterdown	23.34	2	3
4 Dave Feere	Waterdown	23.57	2	2
5 Tanner Goode	St. Francis	23.68	2	1
6 Matthew MacDonald	St. Francis	24.31	2	
7 Jordan Brouwer	Hamilton Dis	24.41	1	
8 Taylor Woodburn	Westlane	24.78	1	
9 Jabari Selman	Laura Secord	24.93	2	
10 Sean Ogrady	Notre Dame C	25.01	1	
11 George Dunn	Myer, A.N.	25.34	1	
12 Jordan Glancie	Laura Secord	25.39	1	
13 Matija Borojevic	Westlane	25.68	1	

Event 69 Women 400 Meter Dash Senior

Name	Year Team	Finals	H#	Points
1 Esther Vermeer	Smithville D	58.02	2	6
2 Jillian Wyman	Westdale	59.98	2	4
3 Monique Cryne	Westdale	1:00.00	2	3
4 Heather Kurpe	Grimsby Dss	1:00.23	2	2
5 Alexa Fraser	Crossley	1:01.76	2	1
6 Laurel Patterson	Ancaster Hig	1:02.16	2	
7 Alisha Witter	Westmount	1:02.21	2	
8 Hannah Pate	Highland SS	1:03.26	2	
9 Katie Beaucock	Governor Sim	1:03.65	1	
10 Alyssa Clarke	Fort Erie SS	1:04.90	1	
11 Leigh Veerman	Laura Secord	1:05.11	1	
12 Emily Hughes	Governor Sim	1:06.78	1	
13 Pam Gorham	Ridge-Cr HS	1:08.85	1	
14 Megan Thomas	Ridge-Cr HS	1:17.46	1	
15 Katie Dandos	Ridge-Cr HS	1:21.38	1	
-- Max Turcotte-Novosedlik	Churchill, S	DNF	1	

Event 70 Men 400 Meter Dash Senior

Name	Year Team	Finals	H#	Points
1 Cody Boyd	Churchill, S	49.00	2	6
2 Lee Mori	Denis Morris	50.58	2	4
3 Jordan Baronet	Waterdown	50.60	2	3
4 Thomson Justin	Saltfleet DH	51.69	2	2
5 Matthew MacDonald	St. Francis	51.74	2	1
6 Jordan Brouwer	Hamilton Dis	52.22	2	
7 Max Csikos	Crossley	52.34	2	
8 David Webb	Notre Dame C	52.58	2	

9	Ryan Phipps	Beamsville D	52.71	1
10	Jordan Heckman	Churchill, S	52.73	1
11	Andrew Flagg	Crossley	52.86	1
12	Raffi Schulmann	Highland SS	53.85	1
13	John Huczel	Highland SS	53.88	1
14	Gord Middleton	Ridge-Cr HS	54.72	1
15	Matt Wakulich	Crossley	55.15	1

Event 71 Women 800 Meter Run Senior

Name	Year Team	Finals	H#	Points
1 Esther Vermeer	Smithville D	2:18.01	2	6
2 Jillian Wyman	Westdale	2:18.33	2	4
3 Robyn Mildren	Highland SS	2:29.65	2	3
4 Emily Hughes	Governor Sim	2:30.98	2	2
5 Max Turcotte-Novosedlik	Churchill, S	2:34.52	2	1
6 Elizabeth King	St. Francis	2:36.72	2	
7 Alyssa Clarke	Fort Erie SS	2:44.09	2	
8 Kelsey Kurgan	Crossley	2:44.28	1	
9 Kirstyn Moore	Centennial S	2:49.00	1	
10 Heather Isnor	Westdale	2:58.65	1	
11 Meagan Callahan	St. Paul HS	3:06.06	1	
-- Lindsay Mooradian	West Park	DNF	2	

Event 72 Men 800 Meter Run Senior

Name	Year Team	Finals	H#	Points
1 James Paul	Churchill, S	1:59.55	2	6
2 Matt Mahler	Denis Morris	2:00.27	2	4
3 Spencer Pruhomme	West Park	2:00.80	2	3
4 Nathaniel Hayward	Highland SS	2:01.93	2	2
5 Thomson Justin	Saltfleet DH	2:01.94	2	1
6 Matt Richardson	Westdale	2:03.65	2	
7 Lee Mori	Denis Morris	2:05.30	2	
8 David Webb	Notre Dame C	2:06.75	2	
9 Ben Merritt	Centennial S	2:07.62	1	
10 Dave Rauwerda	Hamilton Dis	2:09.62	1	
11 Matt Dimarcantonio	Notre Dame C	2:11.14	1	
12 Ben Cooper	St. Paul HS	2:11.42	1	
13 Eliot Dumitru	Westmount	2:11.44	1	
14 Mike Zoric	Crossley	2:14.28	1	
15 Jordan Heckman	Churchill, S	2:18.66	1	

Event 73 Women 1500 Meter Run Senior

Name	Year Team	Finals	Points
1 Jillian Wyman	Westdale	4:41.60	6
2 Alanah Drake	Grimsby Dss	4:55.93	4
3 Sam Beattie	MacNab, Sir A	4:57.42	3
4 Sarah Parfeniuk	Highland SS	5:13.59	2
5 Alex Harriss	Highland SS	5:22.64	1
6 Lindsay Mooradian	West Park	5:25.19	
7 Adriana Csanadi	Niagara Coll	5:33.30	
8 Crissy Kingma	Holy Cross H	5:44.29	
9 Megan Sunners	Ridge-Cr HS	5:45.54	
10 Hilary van Gelder	Laura Secord	5:47.61	
11 Kirstyn Moore	Centennial S	5:59.42	

12 Ellen Scholl	Churchill, S	6:05.33
13 Marlaina Meinzinger	Centennial S	6:23.31
-- Breanna Hall	Highland SS	DNF
-- Megan Black	Crossley	DNF

Event 74 Men 1500 Meter Run Senior

Name	Year Team	Finals	Points
1 James Paul	Churchill, S	3:59.89	6
2 Terence Attema	Smithville D	4:03.16	4
3 Derek Moore	Churchill, S	4:05.05	3
4 Spencer Pruhomme	West Park	4:07.03	2
5 Matt Mahler	Denis Morris	4:13.24	1
6 Colin Lavigne	Sir Winston	4:25.26	
7 Brandon Smith	Ancaster Hig	4:30.99	
8 Marc Thebaud	Ridge-Cr HS	4:31.29	
9 Matt Dimarcantonio	Notre Dame C	4:41.18	
10 Cody Wilson	Centennial S	4:44.22	
11 Star Jackman	Crossley	4:45.04	
12 Eliot Dumitru	Westmount	4:48.58	
13 Glynn Manchester	Highland SS	4:51.42	
14 Gordon Dumitru	Westmount	4:54.49	
15 Tim Nanticoke	McKinnon Par	5:06.27	

Event 75 Women 3000 Meter Run Senior

Name	Year Team	Finals	Points
1 Sam Beattie	MacNab, Sir A	10:58.86	6
2 Alanah Drake	Grimsby Dss	11:17.09	4
3 Kelsie Slater	Grimsby Dss	11:21.11	3
4 Sarah Parfeniuk	Highland SS	11:42.05	2
5 Sarah Boright	Governor Sim	11:55.07	1
6 Alex Harriss	Highland SS	12:12.05	
7 Lindsay Mooradian	West Park	12:18.97	
8 Jenn Zuccolo	Highland SS	12:19.12	
9 Megan Sunners	Ridge-Cr HS	12:20.76	
10 Adriana Csanadi	Niagara Coll	12:45.39	
-- Anita Demczuk	Westdale	DNF	
-- Ellen Scholl	Churchill, S	DNF	

Event 76 Men 3000 Meter Run Senior

Name	Year Team	Finals	Points
1 Ahmed Khalif	MacDonald, S	9:02.46	6
2 Terence Attema	Smithville D	9:06.33	4
3 Jeff Dill	Eden High Sc	9:22.84	3
4 Derek Moore	Churchill, S	9:36.91	2
5 Colin Lavigne	Sir Winston	9:51.24	1
6 Brandon Smith	Ancaster Hig	10:08.05	
7 Mike Kit	Churchill, S	10:08.72	
8 Marc Thebaud	Ridge-Cr HS	10:12.72	
9 Andrew Willison	Westdale	10:21.64	
10 Nick Janssen	Crossley	10:27.03	
11 Cody Wilson	Centennial S	10:41.77	
12 Keith Kyer	Laura Secord	10:51.86	
13 Thomas Longay	Land, Robert	11:07.57	
14 Neil Olij	Guido De Bre	11:13.85	

15 Trevor Hodgson Centennial S 11:25.53

Event 77 Women 100 Meter Hurdles Senior

Name	Year Team	Prelims	H#
Preliminaries			
1 Kelly Morrison	Ancaster Hig	16.23Q	1
2 Brittany Kadwell	Grimsby Dss	16.62Q	2
3 Jessica Miotto	Laura Secord	16.76Q	2
4 Sabrina Giancaterino	St. Francis	17.37Q	1
5 Kayla Colling	Grimsby Dss	18.48q	1
6 Leanne Campbell	Beamsville D	18.72q	2
7 Tasha Moerman	Cayuga Ss-Ca	19.31q	2
8 Jessica Sternberg	Centennial S	19.61q	1
9 Lise Kiefer	Cayuga Ss-Ca	19.79	1
10 Heather Isnor	Westdale	20.82	2
11 Lisa Klunder	Cayuga Ss-Ca	21.34	2
12 Angela Dawdy	Ridge-Cr HS	22.55	1

Event 77 Women 100 Meter Hurdles Senior

Name	Year Team	Finals	Points
Finals			
1 Kelly Morrison	Ancaster Hig	16.03	6
2 Brittany Kadwell	Grimsby Dss	16.18	4
3 Sabrina Giancaterino	St. Francis	16.70	3
4 Jessica Miotto	Laura Secord	17.99	2
5 Kayla Colling	Grimsby Dss	18.06	1
6 Tasha Moerman	Cayuga Ss-Ca	18.14	
7 Leanne Campbell	Beamsville D	18.59	
8 Jessica Sternberg	Centennial S	19.16	

Event 78 Men 110 Meter Hurdles Senior

Name	Year Team	Prelims	H#
Preliminaries			
1 Braden Nielson	Sir Winston	15.24Q	1
2 Kevin Shaver	Highland SS	15.42Q	2
3 Jordan Glancie	Laura Secord	16.07Q	1
4 Spencer Burniston	Blessed Trin	16.20Q	2
5 Zach Fisher	Crossley	16.69q	1
6 Jabari Selman	Laura Secord	17.26q	2
7 Victor Bibby	Grimsby Dss	17.43q	2
8 Dan MacLeod	Ridge-Cr HS	17.89q	1
9 Patrick Brown	Beamsville D	17.99	1
10 Matthew Flagg	Crossley	18.92	2

Event 78 Men 110 Meter Hurdles Senior

Name	Year Team	Finals	Points
Finals			
1 Braden Nielson	Sir Winston	14.86	6
2 Kevin Shaver	Highland SS	15.06	4
3 Spencer Burniston	Blessed Trin	15.29	3
4 Jordan Glancie	Laura Secord	15.52	2
5 Zach Fisher	Crossley	16.39	1

6 Victor Bibby	Grimsby Dss	16.98
7 Jabari Selman	Laura Secord	16.99
8 Dan MacLeod	Ridge-Cr HS	17.28

Event 79 Women 400 Meter Hurdles Senior

Name	Year Team	Finals	H#	Points
1 Heather Kurpe	Grimsby Dss	1:07.95	2	6
2 Amanda McMurtrie	South Lincol	1:13.03	2	4
3 Pam Gorham	Ridge-Cr HS	1:13.33	2	3
4 Brittany Kadwell	Grimsby Dss	1:18.18	2	2
5 Jennifer Gearing	Crossley	1:19.96	2	1
6 Kelli Romanin	Crossley	1:22.13	1	
7 Trish Howard	St. Francis	1:24.44	2	
8 Amanda Weaver	Centennial S	1:26.14	1	
9 Jennifer Howard	St. Francis	1:29.90	2	
10 Jillian Dixon	Crossley	1:33.47	1	

Event 80 Men 400 Meter Hurdles Senior

Name	Year Team	Finals	H#	Points
1 Kevin Shaver	Highland SS	58.16	2	6
2 Nathaniel Hayward	Highland SS	59.53	2	4
3 David Griem	Ridge-Cr HS	1:00.34	2	3
4 Dan MacLeod	Ridge-Cr HS	1:01.49	2	2
5 Jordan Glancie	Laura Secord	1:02.08	2	1
6 Darren Edwards	Waterdown	1:03.68	2	
7 Zach Fisher	Crossley	1:03.71	2	
8 Jordan Bartol	Westlane	1:04.64	2	
9 Spencer Burniston	Blessed Trin	1:05.34	1	
10 Kyle Fisher	Highland SS	1:06.96	1	
-- Max Csikos	Crossley	DNF	1	

Event 81 Women High Jump Senior

Name	Year Team	Finals	Points
1 Kelly Morrison	Ancaster Hig	1.60m	6
2 Kristen MacLeod	Grimsby Dss	J1.60m	4
3 Rachel Sellan	Jean Vanier	1.55m	3
4 Jasmin Elmers	Smithville D	1.50m	2
5 Kaysea Toy	St. Michael	1.45m	1
6 Jessica Hicks	Grimsby Dss	J1.45m	
7 Chelsey Nicholas	Hagersville	J1.45m	
8 Sammie Duffus	Saltfleet DH	J1.45m	
9 Katie Wierenga	Smithville D	J1.45m	
10 Shannon McIvor	Crossley	1.40m	
11 Tasha Moerman	Cayuga Ss-Ca	J1.40m	
12 Krissie Sullivan	Ancaster Hig	1.35m	
-- Megan Purdy	Beamsville D	NH	

Event 82 Men High Jump Senior

Name	Year Team	Finals	Points
1 Nick Glover	Beamsville D	1.90m	6
2 Jason Diston	St. Paul HS	J1.90m	4
3 Eric Schwoob	Dunnville SS	1.85m	3

4	Jon Sipter	Hill Park SS	J1.85m	2
5	Phil Williamson	Thorold Ss-T	J1.85m	1
6	Mitch McPherson	St. Francis	1.80m	
7	Andrew Ghaly	St. Paul HS	J1.80m	
8	Shane Garrison	St. Paul HS	J1.80m	
9	Sebastian Cerruti	Hamilton Dis	1.70m	
10	Matt Lane	Thorold Ss-T	J1.70m	
11	Jashai Bent	Mountain Sec	1.65m	
12	Bryan Rose	Laura Secord	J1.65m	
--	Brett Hall	Mountain Sec	NH	
--	Josh Smith	Mountain Sec	NH	
--	Joel Armstrong	Niagara Coll	NH	

Event 83 Women Pole Vault Senior

Name	Year Team	Finals	Points
1 Becky Shantz	Laura Secord	2.70m	6
2 Chelsey Nicholas	Hagersville	2.60m	4
3 Janine Wassenaar	Crossley	2.40m	3
4 Meaghan Krawczyk	Ridge-Cr HS	2.25m	2
5 Renata Tracey	Beamsville D	J2.25m	1
6 Megan Black	Crossley	2.10m	
7 Jennifer Gearing	Crossley	1.93m	

Event 84 Men Pole Vault Senior

Name	Year Team	Finals	Points
1 Kyle Tomasello	Ridge-Cr HS	4.20m	6
2 Daniel Ammendolia	Notre Dame C	3.70m	4
3 Jacob Stallwood	Hagersville	3.50m	3
4 Tim Betzold	Ridge-Cr HS	3.30m	2
5 Sean Fallon	Hamilton Dis	3.15m	1
6 Adam Rudd	Ridge-Cr HS	J3.15m	

Event 85 Women Long Jump Senior

Name	Year Team	Finals	Points
1 Leigh Veerman	Laura Secord	5.32m	6
2 Kelly Morrison	Ancaster Hig	4.94m	4
3 Lydia Steele	MacDonald, S	4.79m	3
4 Liz Doyle	Notre Dame C	4.76m	2
5 Esther Adjekum	MacDonald, S	4.75m	1
6 Katie Wierenga	Smithville D	4.58m	
7 Felicia Dracz	Notre Dame C	4.54m	
8 Stesha Conway	Jean Vanier	4.52m	
9 Sammie Duffus	Saltfleet DH	4.49m	
9 Karin Kranenburg	Hamilton Dis	4.49m	
11 Chantal Landon	Denis Morris	4.42m	
12 Pearl Leung	Westlane	4.40m	
13 Nechelle Venturini	Ridge-Cr HS	4.26m	
14 Niina Fauteux	St. Francis	4.21m	
15 Karley Beach	Grimsby Dss	4.15m	

Event 86 Men Long Jump Senior

Name	Year Team	Finals	Points
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1	Damion Vassell	MacDonald, S	6.51m	6
2	Tristan Woodburn	Westlane	6.50m	4
3	Eric Schwoob	Dunnville SS	6.29m	3
4	Jason Peng	Stamford Cvi	6.06m	2
5	Braden Nielson	Sir Winston	6.05m	1
6	Taylor Woodburn	Westlane	5.79m	
7	Travis Lees	Niagara D	5.72m	
8	Ben Merritt	Centennial S	5.66m	
9	Joe DeAngelis	Blessed Trin	5.59m	
10	Clayton Weyrauch	Waterdown	5.58m	
11	Jesse Prentice de Weber	Blessed Trin	5.45m	
12	Jordan Moffat	Eden High Sc	5.41m	
13	Jon Sipter	Hill Park SS	5.08m	
14	Bryan Schiedel	Waterdown	4.89m	
15	Brent Williams	Grimsby Dss	4.78m	

Event 87 Women Triple Jump Senior

Name	Year Team	Finals	Points
1 Lydia Steele	MacDonald, S	11.37m	6
2 Felicia Dracz	Notre Dame C	10.20m	4
3 Jessica Miotto	Laura Secord	10.16m	3
4 Nechelle Venturini	Ridge-Cr HS	10.02m	2
5 Katie Wierenga	Smithville D	9.80m	1
6 Karley Beach	Grimsby Dss	9.66m	
6 Pearl Leung	Westlane	9.66m	
8 Karin Kranenburg	Hamilton Dis	9.59m	
9 Alyssa Clarke	Fort Erie SS	9.48m	
10 Mary Anne Lehman	Holy Cross H	9.26m	
11 Sammie Duffus	Saltfleet DH	9.23m	
12 Christa Ohowe	Westlane	8.97m	
13 Dasol Lee	Westdale	8.75m	
14 Lauren Orosz	Beamsville D	8.72m	

Event 88 Men Triple Jump Senior

Name	Year Team	Finals	Points
1 David Tebbutt	Eden High Sc	12.99m	6
2 Taylor Woodburn	Westlane	12.95m	4
3 Jason Peng	Stamford Cvi	12.78m	3
4 Brock Murphy	Crossley	12.40m	2
5 Ben Merritt	Centennial S	12.28m	1
6 Clayton Weyrauch	Waterdown	12.09m	
7 Corey Cheropita	West Park	11.78m	
8 Kevin DeJong	Guido De Bre	11.70m	
9 Eric Schwoob	Dunnville SS	11.55m	
10 Nathan DeHaan	Hamilton Dis	11.15m	
11 Travis VanRootselaar	Hamilton Dis	10.81m	
12 Brent Williams	Grimsby Dss	10.42m	

Event 89 Women Shot Put Senior

Name	Year Team	Finals	Points
1 Sam Middleton	Dunnville SS	10.88m	6
2 Dana Bee	Grimsby Dss	10.56m	4
3 Amanda Voorberg	Grimsby Dss	10.12m	3
4 Steph Costiff	Grimsby Dss	9.99m	2

5	Holly Han	Niagara Coll	9.55m	1
6	Rachel Golob	St. Francis	8.91m	
7	Aubrie Smith	Niagara D	8.81m	
8	Keisha Dailey	Barton SS	8.65m	
9	Michelle Zheng	Westdale	8.15m	
10	Lindsay Plugers	Notre Dame C	8.11m	
11	Becky Mobach	Hamilton Dis	7.58m	
12	Sara Norman	Port Colborn	7.50m	
13	Amber Deveau	Mountain Sec	6.70m	
14	Brittany Carovillano	Notre Dame C	6.61m	

Event 90 Men Shot Put Senior

Name	Year Team	Finals	Points
1 John Chayka	Beamsville D	14.03m	6
2 Adam Betz	Grimsby Dss	13.87m	4
3 Nick Woehl	Ridge-Cr HS	13.23m	3
4 Josh Bitner	Crossley	12.55m	2
5 Paul Sirignano	St. Francis	12.42m	1
6 Dishan Werkman	Beacon Chris	12.14m	
7 Nic Barron	Centennial S	12.09m	
8 Brian Bailey	Sir Winston	11.47m	
9 Scott Timmins	Hill Park SS	11.25m	
10 Cameron Goertzen	Niagara D	11.23m	
11 Mirko Smolovic	Barton SS	10.84m	
12 Jordon Emick	Highland SS	10.62m	
13 Steve Uhm	St. Paul HS	10.50m	
14 Ryan Day	Sir Winston	9.99m	

Event 91 Women Discus Throw Senior

Name	Year Team	Finals	Points
1 Dana Bee	Grimsby Dss	39.19m	6
2 Sam Middleton	Dunnville SS	32.94m	4
3 Alexandra Biggs	MacDonald, S	28.57m	3
4 Aubrie Smith	Niagara D	26.39m	2
5 Danielle Nesbitt	Crossley	23.59m	1
6 Holly Han	Niagara Coll	22.80m	
7 Moriel Mesterman	Highland SS	22.49m	
8 Laura Scull	Governor Sim	22.03m	
9 Julie Osterlund	Crossley	20.92m	
10 Janelle de Waard	Niagara Coll	19.89m	
11 Becky Mobach	Hamilton Dis	19.08m	
12 Jacqueline Vos	Smithville D	18.95m	
13 Brandy Szockyj	Niagara D	15.41m	

Event 92 Men Discus Throw Senior

Name	Year Team	Finals	Points
1 Troy Sider	Ridge-Cr HS	44.50m	6
2 Sobonnie Muon	Laura Secord	39.38m	4
3 Adam Rudd	Ridge-Cr HS	38.30m	3
4 Adam Betz	Grimsby Dss	37.56m	2
5 Nick Woehl	Ridge-Cr HS	36.16m	1
6 Cody Truax	Ridge-Cr HS	34.88m	
7 Nathan Ellis	Notre Dame C	33.88m	
8 Sean Fallon	Hamilton Dis	33.57m	

9 Scott Timmins	Hill Park SS	33.51m
10 Jordon Emick	Highland SS	32.02m
11 Trevor Trotman	Grimsby Dss	31.93m
12 Rob Pickering	Laura Secord	30.07m
13 Cameron Goertzen	Niagara D	26.14m
14 Andrew Hall	Hill Park SS	24.73m
15 Ryan Day	Sir Winston	23.42m

Event 93 Women Javelin Throw Senior

Name	Year Team	Finals	Points
1 Laura Scull	Governor Sim	33.40m	6
2 Moriel Mesterman	Highland SS	32.79m	4
3 Alex Pelissero	Ridge-Cr HS	30.18m	3
4 Alex Laxson	Waterdown	30.17m	2
5 Kate Book	St. Francis	28.57m	1
6 Danielle Nesbitt	Crossley	28.46m	
7 Keisha Dailey	Barton SS	27.70m	
8 Jessica Tarnawski	Ridge-Cr HS	27.60m	
9 Becky Shantz	Laura Secord	26.29m	
10 Kyle MacIntosh	St. Francis	25.70m	
11 Carly Young	St. Francis	22.53m	
12 Michelle Zheng	Westdale	20.63m	
13 Jessica Harbottle	Cayuga Ss-Ca	20.03m	
14 Becky Mobach	Hamilton Dis	18.97m	
-- Brianne Winrow	St. Michael	FOUL	

Event 94 Men Javelin Throw Senior

Name	Year Team	Finals	Points
1 Tom Fisher	Crossley	48.55m	6
2 David Griem	Ridge-Cr HS	46.06m	4
3 Chris Short	Grimsby Dss	44.82m	3
4 Nicholas Oreskovich	St. Paul HS	44.63m	2
5 Sean Fallon	Hamilton Dis	44.20m	1
6 Jon Greening	Barton SS	43.65m	
7 Sobonnie Muon	Laura Secord	42.65m	
8 Bob VanderZalm	St. Francis	41.48m	
9 Corey Daniels	Cayuga Ss-Ca	40.97m	
10 Jordan Brouwer	Hamilton Dis	40.34m	
11 Sean Martins	Laura Secord	40.25m	
12 Christian Berketo	Ridge-Cr HS	37.62m	
13 Andrew Ferguson	Governor Sim	36.54m	
14 Brian Bailey	Sir Winston	35.60m	
14 Jordon Emick	Highland SS	35.60m	

Event 95 Women 4x100 Meter Relay Senior

Team	Finals	H#	Points
1 Sir John A. MacDonald S S 'A'	50.81	2	6
2 Westmount S S 'A'	51.68	2	4
3 Beamsville D S S 'A'	52.61	2	3
4 St. Francis S S 'A'	52.72	2	2
5 Laura Secord S S 'A'	53.19	1	1
6 Ancaster High 'A'	54.07	2	
7 Notre Dame College 'A'	54.27	2	
8 E. L. Crossley S S 'A'	55.02	2	

9	Ridgeway-Crystal Beach	'A'	55.24	2
10	A.N. Myer S S	'A'	56.14	1
11	Guido De Bres C H S	'A'	57.58	1
12	Cayuga S S	'A'	57.87	1

Event 96 Men 4x100 Meter Relay Senior

Team	Finals	H#	Points
1 Sir Winston Churchill S S 'A'	44.62	2	6
2 St. Michael H S 'A'	45.09	2	4
3 St. Francis S S 'A'	45.27	2	3
4 Westlane S S 'A'	45.40	2	2
5 Ridgeway-Crystal Beach 'A'	45.53	2	1
6 E. L. Crossley S S 'A'	45.58	2	
7 Waterdown D H S 'A'	46.70	2	
8 Sir Winston Churchill 'A'	46.78	2	
9 Beamsville D S S 'A'	46.92	1	
10 Laura Secord S S 'A'	47.22	1	
11 Hamilton District C H S 'A'	48.45	1	
12 Highland S S 'A'	48.89	1	
13 Grimsby D S S 'A'	50.64	1	
-- Sir Allan MacNab S S 'A'	DQ	1	
-- Notre Dame College 'A'	DQ	1	

Event 97 Women 1500 Meter Steeplechase Open

Name	Year Team	Finals	Points
1 Amanda McMurtrie	South Lincol	5:19.65	6
2 Alanah Drake	Grimsby Dss	5:20.84	4
3 Robyn Mildren	Highland SS	5:26.86	3
4 Kelsie Slater	Grimsby Dss	5:29.81	2
5 Megan Sunners	Ridge-Cr HS	5:51.82	1
6 Sarah Boright	Governor Sim	5:58.59	
7 Jelena Marjanovic	Highland SS	6:16.88	
8 Kristen Johnson	Crossley	6:20.97	
9 Alicia Beynon	South Lincol	6:34.21	
10 Lisa Baker	Ancaster Hig	6:35.63	

Event 98 Men 2000 Meter Steeplechase Open

Name	Year Team	Finals	Points
1 Ahmed Khalif	MacDonald, S	6:16.11	6
2 Ryan Thomas	Grimsby Dss	6:31.67	4
3 Nathaniel Hayward	Highland SS	6:36.83	3
4 Mike Kit	Churchill, S	6:51.69	2
5 Nick Janssen	Crossley	7:07.37	1
6 Kallahan Park	Grimsby Dss	7:13.29	
7 Elliott Dumitru	Westmount	7:18.82	
8 Michael McRae	St. Paul HS	7:18.93	
9 Steven Roy	Notre Dame C	7:19.18	
10 Andrew Hutton	Highland SS	7:32.76	
11 Mike Mackett	St. Francis	7:34.45	
12 Corey Gillies	Myer, A.N.	7:36.91	
13 Paul Woods	St. Francis	7:37.02	
14 Jason DeBoer	Guido De Bre	7:37.06	

Event 99 Women 4x400 Meter Relay Open

Team	Finals	H#	Points
1 Grimsby D S S 'A'	4:13.45	2	6
2 Westmount S S 'A'	4:17.02	2	4
3 Highland S S 'A'	4:20.17	2	3
4 South Lincoln H S 'A'	4:22.42	2	2
5 Governor Simcoe S S 'A'	4:24.16	2	1
6 E. L. Crossley S S 'A'	4:27.44	2	
7 Ancaster High 'A'	4:32.77	2	
8 Ridgeway-Crystal Beach 'A'	4:47.56	1	
9 Laura Secord S S 'A'	4:55.57	1	
10 Hamilton District C H S 'A'	5:25.79	1	

Event 100 Men 4x400 Meter Relay Open

Team	Finals	H#	Points
1 Sir Winston Churchill S S 'A'	3:29.84	2	6
2 Highland S S 'A'	3:30.40	2	4
3 E. L. Crossley S S 'A'	3:35.33	2	3
4 Grimsby D S S 'A'	3:36.33	2	2
5 Waterdown D H S 'A'	3:37.01	2	1
6 Ridgeway-Crystal Beach 'A'	3:42.04	2	
7 Hamilton District C H S 'A'	3:44.56	2	
8 Beamsville D S S 'A'	3:45.79	1	
9 A.N. Myer S S 'A'	3:49.14	1	
10 Laura Secord S S 'A'	3:54.51	1	
11 Denis Morris H S 'A'	3:54.86	1	
12 Centennial S S 'A'	3:55.24	1	
13 St. Paul H S 'A'	4:05.55	1	

Women - Midget - Team Rankings - 15 Events Scored

1) Grimsby D S S	40	2) E. L. Crossley S S	27
3) Ancaster High	18	3) Ridgeway-Crystal Beach	18
5) Highland S S	14	5) Governor Simcoe S S	14
5) Centennial S S	14	5) Sir John A. MacDonald S S	14
9) Heritage Christian School	10	10) Orchard Park S S	9
11) West Park S S	8	11) Jean Vanier E S	8
13) Smithville District C H S	6	13) Notre Dame College	6
15) St. Catharines C I & V S	4	15) Cayuga S S	4
15) Barton S S	4	18) St. Michael H S	3
18) A.N. Myer S S	3	18) Blessed Trinity H S	3
18) St. Francis S S	3	18) Westmount S S	3
18) Fort Erie S S	3	24) Sir Winston Churchill S S	2
25) Westlane S S	1	25) Hamilton District C H S	1

Women - Junior - Team Rankings - 16 Events Scored

1) Waterdown D H S	31	2) Saltfleet D H S	27
3) Grimsby D S S	24	4) Sir Winston Churchill S S	21
5) Eden High School	14	6) Hagersville S S	13
7) E. L. Crossley S S	12	7) Highland S S	12
9) Blessed Trinity H S	10	9) Ancaster High	10
9) Beamsville D S S	10	9) Governor Simcoe S S	10
13) Jean Vanier E S	8	13) St. Michael H S	8
15) Denis Morris H S	6	15) Notre Dame College	6
15) Heritage Christian School	6	18) St. Paul H S	4
18) Dunnville S S	4	20) McKinnon Park H S	3

20) South Lincoln H S	3	20) Cayuga S S	3
20) Guido De Bres C H S	3	24) Hamilton District C H S	2
25) Ridgeway-Crystal Beach	1	25) Centennial S S	1
25) Glendale S S	1	25) West Park S S	1
25) Westlane S S	1	25) Westdale S S	1

Women - Senior - Team Rankings - 16 Events Scored

1) Grimsby D S S	45	2) Sir John A. MacDonald S S	26
3) Laura Secord S S	19	3) Smithville District C H S	19
5) Westdale S S	17	6) Ancaster High	16
7) Jean Vanier E S	15	8) Highland S S	12
9) Dunnville S S	10	9) Ridgeway-Crystal Beach	10
11) Governor Simcoe S S	9	11) Sir Allan MacNab S S	9
13) St. Francis S S	7	13) Westmount S S	7
15) Notre Dame College	6	15) E. L. Crossley S S	6
17) Beamsville D S S	4	17) Hagersville S S	4
17) South Lincoln H S	4	17) Heritage Christian School	4
21) Waterdown D H S	2	21) Niagara D S S	2
23) St. Michael H S	1	23) Sir Winston Churchill S S	1
23) Niagara Christian College	1		

Women - Open - Team Rankings - 2 Events Scored

1) Grimsby D S S	12	2) South Lincoln H S	8
3) Highland S S	6	4) Westmount S S	4
5) Ridgeway-Crystal Beach	1	5) Governor Simcoe S S	1

Men - Midget - Team Rankings - 16 Events Scored

1) Ridgeway-Crystal Beach	36	2) Grimsby D S S	34
3) St. Paul H S	27	4) Highland S S	24
5) Orchard Park S S	18	5) Sir John A. MacDonald S S	18
5) Westlane S S	18	8) Holy Cross H S	13
9) Eden High School	10	10) Hamilton District C H S	8
11) Sir Winston Churchill S S	7	12) E. L. Crossley S S	5.50
13) Cayuga S S	5	13) Lakeshore C H S	5
15) Dunnville S S	3	15) Centennial S S	3
15) West Park S S	3	15) Westmount S S	3
15) Heritage Christian School	3	20) Laura Secord S S	2.50
21) Beamsville D S S	2	21) McKinnon Park H S	2
23) Sir Winston Churchill	1	23) Waterdown D H S	1
23) St. Francis S S	1	23) Delta S S	1
23) Jean Vanier E S	1		

Men - Junior - Team Rankings - 16 Events Scored

1) Lakeshore C H S	34	2) Grimsby D S S	27.50
3) Sir Winston Churchill S S	23	4) E. L. Crossley S S	22
5) Ridgeway-Crystal Beach	21	6) Orchard Park S S	20
7) Highland S S	15	7) St. Paul H S	15
9) St. Catharines C I & V S	12	10) Eden High School	11
11) Laura Secord S S	10	11) Governor Simcoe S S	10
13) Hamilton District C H S	7	14) Sir John A. MacDonald S S	6
15) A.N. Myer S S	4.50	16) Westmount S S	4
17) Hagersville S S	3	17) Denis Morris H S	3
17) Centennial S S	3	20) Holy Cross H S	2
21) Ancaster High	1	21) Waterdown D H S	1
21) Notre Dame College	1		

Men - Senior - Team Rankings - 16 Events Scored

1) Sir Winston Churchill S S	35	2) Ridgeway-Crystal Beach	31
3) Sir John A. MacDonald S S	22	4) Highland S S	16
5) Westlane S S	14	6) Beamsville D S S	12
7) E. L. Crossley S S	11	8) Waterdown D H S	10
9) Eden High School	9	9) Grimsby D S S	9
9) St. Francis S S	9	9) Denis Morris H S	9
13) Smithville District C H S	8	13) Sir Winston Churchill	8
15) Laura Secord S S	7	16) St. Paul H S	6
16) Dunnville S S	6	18) Stamford C & V I	5
18) West Park S S	5	20) St. Michael H S	4
20) Notre Dame College	4	22) Hagersville S S	3
22) Saltfleet D H S	3	22) Blessed Trinity H S	3
25) Hill Park S S	2	25) Hamilton District C H S	2
27) Sir Allan MacNab S S	1	27) Thorold S S	1
27) Centennial S S	1		

Men - Open - Team Rankings - 2 Events Scored

1) Sir Winston Churchill S S	8	2) Highland S S	7
3) Grimsby D S S	6	3) Sir John A. MacDonald S S	6
5) E. L. Crossley S S	4	6) Waterdown D H S	1