

**2012 SOSSA ZONE II&III T&F CHAMPIONSHIP MEET - 15/05/2012****Niagara Olympic Club****Records****ZONE 3 GIRLS RECORDS AT CONCLUSION OF 2012 ZONE MEET**

**ZONE III** represents the best performance by a zone 3 athlete at the zone 2/3 meet since 2004.  
**MEET RECORD** represents the best performance by a zone 2 or 3 athlete at the zone 2/3 meet since 2004.

**PRE 2004** represents the best performance by a zone 3 athlete at the zone 2/3 meet prior to 2004 when age categories and other changes were made.

**Event 1 Women 100 Meter Dash Midget**

Zone III 13.0611/05/2004 Lindsey Jones - Crossley  
Meet Record 13.0611/05/2004 Lindsey Jones - Crossley  
Pre 2004 12.16 2001 J. Liebau-Crossley

**Event 3 Women 200 Meter Dash Midget**

Zone III 27.1110/05/2011 Nicole Luciano - Myer, A.N.  
Meet Record 27.1110/05/2011 Nicole Luciano - Myer, A.N.  
Pre 2004 27.20 1992 A. Billyard-Crossley

**Event 5 Women 400 Meter Dash Midget**

Zone III 1:03.6915/05/2012 Jecica Joseph - Lakeshore Catholic  
Meet Record 1:03.6915/05/2012 Jecica Joseph - Lakeshore Catholic  
Pre 2004 1:00.2513/05/2003 Lexie Knox - Myer, A.N.

**Event 7 Women 800 Meter Run Midget**

Zone III 2:30.9413/05/2008 Karley Rempel - Crossley  
Meet Record 2:30.9413/05/2008 Karley Rempel - Crossley  
Pre 2004 2:30.60 1992 C. Wright-Crossley

**Event 9 Women 1500 Meter Run Midget**

Zone III 5:10.9912/05/2009 Alannah MacDonald - Crossley  
Meet Record 5:10.9912/05/2009 Alannah MacDonald - Crossley  
Pre 2004 4:57.10 1986 B. Gras-A.N. Myer

**Event 11 Women 3000 Meter Run Midget**

Zone III 11:25.0610/05/2011 Kristen Kuhn - Ridge-Cr HS  
Meet Record 11:25.0610/05/2011 Kristen Kuhn - Ridge-Cr HS  
Pre 2004 10:46.00 1986 B. Gras-A.N. Myer

**2012 SOSSA ZONE II&III T&F CHAMPIONSHIP MEET - 15/05/2012****Niagara Olympic Club****Records****Event 13 Women 80 Meter Hurdles Midget**

Zone III 13.12 15/05/2012 Emma Nero - Centennial S  
Meet Record 13.12 15/05/2012 Emma Nero - Centennial S  
Pre 2004 12.90 1985 K. Sandulac-Niagara Falls Cvi

**Event 15 Women 300 Meter Hurdles Midget**

Zone III 50.72 12/05/2009 Taylor Zavitz - Crossley  
Meet Record 50.72 12/05/2009 Taylor Zavitz - Crossley  
Pre 2004 52.68 13/05/2003 Sara Jakobs - Crossley

**Event 17 Women High Jump Midget**

Zone III 1.70m 15/05/2012 Shyla Cardy - Crossley  
Meet Record 1.70m 15/05/2012 Shyla Cardy - Crossley  
Pre 2004 1.68m 1999 Stefanie Burch - Centennial

**Event 21 Women Long Jump Midget**

Zone III 4.92m 13/05/2008 Jessica Bagnulo - Myer, A.N.  
Meet Record 4.92m 13/05/2008 Jessica Bagnulo - Myer, A.N.  
Pre 2004 5.25m 1970 W. Teal-Ridgeway-Crystal Beach

**Event 23 Women Triple Jump Midget**

Zone III 10.87m 15/05/2012 Kylie Butler - Crossley  
Meet Record 10.87m 15/05/2012 Kylie Butler - Crossley  
Pre 2004 10.04m 1994 A Luey-Crossley

**Event 25 Women Shot Put Midget**

Zone III 10.26m 12/05/2009 Sarah Moss - Notre Dame C  
Meet Record 10.26m 12/05/2009 Sarah Moss - Notre Dame C  
Pre 2004 10.33m 1981 J. LaForest-Notre Dame

**Event 27 Women Discus Throw Midget**

Zone III 36.91m 12/05/2009 Sarah Moss - Notre Dame C  
Meet Record 36.91m 12/05/2009 Sarah Moss - Notre Dame C  
Pre 2004 34.34m 1998 J. Ruddell-A.N. Myer

**Event 29 Women Javelin Throw Midget**

**2012 SOSSA ZONE II&III T&F CHAMPIONSHIP MEET - 15/05/2012****Niagara Olympic Club****Records**

Zone III 28.95m12/05/2009 Mackenzie Croft - Notre Dame C  
Meet Record 28.95m12/05/2009 Mackenzie Croft - Notre Dame C  
Pre 2004 30.07m15/05/2002 Jill Dominey - Crossley

**Event 31 Women 4x100 Meter Relay Midget**

Zone III 53.1413/05/2008 E. L. Crossley S S - Crossley  
E Gearing, K Kalchman, M Kohli, H Reid  
Meet Record 53.1413/05/2008 E. L. Crossley S S - Crossley  
E Gearing, K Kalchman, M Kohli, H Reid  
Pre 2004 53.30 1992 Crossley

**Event 33 Women 100 Meter Dash Junior**

Zone III 13.1511/05/2004 Valerie Kozina - St. Paul HS  
Meet Record 13.1511/05/2004 Valerie Kozina - St. Paul HS  
Pre 2004 12.6815/05/2002 Ovalyn McDonald - Westlane

**Event 35 Women 200 Meter Dash Junior**

Zone III 25.3011/05/2004 Cara Marcantonio - Eastdale SS  
Meet Record 25.3011/05/2004 Cara Marcantonio - Eastdale SS  
Pre 2004 26.80 1988 C. Perron-Confederation

**Event 37 Women 400 Meter Dash Junior**

Zone III 1:02.9611/05/2010 Alannah MacDonald - Crossley  
Meet Record 1:02.9611/05/2010 Alannah MacDonald - Crossley  
Pre 2004 1:02.70 1975 N. Hurst-Crossley

**Event 39 Women 800 Meter Run Junior**

Zone III 2:24.6212/05/2009 Karley Rempel - Crossley  
Meet Record 2:24.6212/05/2009 Karley Rempel - Crossley  
Pre 2004 2:22.80 1989 B. Gras-A.N. Myer

**Event 41 Women 1500 Meter Run Junior**

Zone III 5:01.7312/05/2009 Karley Rempel - Crossley  
Meet Record 5:01.7312/05/2009 Karley Rempel - Crossley  
Pre 2004 4:51.00 1996 M. Sexsmith-Ridgeway-Crystal Beach

**Event 43 Women 3000 Meter Run Junior**

Zone III 11:18.9215/05/2012 Kristen Kuhn - Ridge.Cr HS  
Meet Record 11:18.9215/05/2012 Kristen Kuhn - Ridge-Cr. HS

**2012 SOSSA ZONE II&III T&F CHAMPIONSHIP MEET - 15/05/2012****Niagara Olympic Club****Records**

Pre 2004 10:28.60 1989 B. Gras-A.N. Myer

**Event 45 Women 80 Meter Hurdles Junior**

Zone III 12.44 11/05/2004 Valerie Kozina - St. Paul HS  
Meet Record 12.44 11/05/2004 Valerie Kozina - St. Paul HS  
Pre 2004 12.20 1991 S. Ruston-Port Colborne High

**Event 47 Women 300 Meter Hurdles Junior**

Zone III 48.93 11/05/2010 Carrie Reichelt - Ridge.Cr HS  
Meet Record 48.93 11/05/2010 Carrie Reichelt - Ridge-Cr. HS  
Pre 2004 50.00 1998 C. Scott-A.N. Myer

**Event 49 Women High Jump Junior**

Zone III 1.60m 12/05/2009 Emma Suiciak - Crossley  
Meet Record 1.60m 12/05/2009 Emma Suiciak - Crossley  
Pre 2004 1.65m 15/05/2002 Stefanie Burch - Centennial S

**Event 51 Women Pole Vault Midget / Junior**

Zone III 2.90m 13/05/2008 Sharon Michalak - Notre Dame C  
Meet Record 2.90m 13/05/2008 Sharon Michalak - Notre Dame C

**Event 53 Women Long Jump Junior**

Zone III 4.87m 10/05/2011 Briar Olah - St. Paul HS  
Meet Record 4.98m 15/05/2012 Lauren Hines - Dunnville Secondary  
Pre 2004 5.36m 1962 P. Teachout-Welland High & V S

**Event 55 Women Triple Jump Junior**

Zone III 10.61m 15/05/2007 Echo Fleury - Jean Vanier  
Meet Record 11.00m 15/05/2012 Lauren Hines - Dunnville Secondary  
Pre 2004 10.19m 1996 K. Knutson-Fort Erie

**Event 57 Women Shot Put Junior**

Zone III 10.80m 11/05/2010 Sarah Moss - Notre Dame C  
Meet Record 10.80m 11/05/2010 Sarah Moss - Notre Dame C  
Pre 2004 10.60m 1982 J. LaForest-Notre Dame

**Event 59 Women Discus Throw Junior**

Zone III 42.75m 11/05/2010 Sarah Moss - Notre Dame C  
Meet Record 42.75m 11/05/2010 Sarah Moss - Notre Dame C

**2012 SOSSA ZONE II&III T&F CHAMPIONSHIP MEET - 15/05/2012****Niagara Olympic Club****Records**

Pre 2004 36.63m 1995 S. Fletcher-Ridgeway-Crystal Beach

**Event 61 Women Javelin Throw Junior**

Zone III 32.51m10/05/2011 Ilyssa Boisvenue - Port Colborn

Meet Record 32.51m10/05/2011 Ilyssa Boisvenue - Port Colborn

Pre 2004 30.38m15/05/2002 Lorraine Lepere - St. Paul HS

**Event 63 Women 4x100 Meter Relay Junior**

Zone III 51.9712/05/2009 E. L. Crossley S S - Crossley

K Kalchman, M Kohli, H Reid, E Suiciak

Meet Record 51.9712/05/2009 E. L. Crossley S S - Crossley

K Kalchman, M Kohli, H Reid, E Suiciak

Pre 2004 50.10 1995 Lakeshore Catholic

**Event 65 Women 100 Meter Dash Senior**

Zone III 12.8710/05/2011 Tasha Rodriques - Westlane

Meet Record 12.8710/05/2011 Tasha Rodriques - Westlane

Pre 2004 12.50 1975 P. Matthews-Stamford

**Event 67 Women 200 Meter Dash Senior**

Zone III 26.1210/05/2011 Emma Suiciak - Crossley

Meet Record 26.1210/05/2011 Emma Suiciak - Crossley

Pre 2004 26.90 1977 C. Perron-Confederation

**Event 69 Women 400 Meter Dash Senior**

Zone III 59.9112/05/2009 Mariah Kelly - St. Michael

Meet Record 59.9112/05/2009 Mariah Kelly - St. Michael

Pre 2004 1:01.20 1975 C. Timms-Crossley

**Event 71 Women 800 Meter Run Senior**

Zone III 2:17.4311/05/2010 Mariah Kelly - St. Michael

Meet Record 2:17.4311/05/2010 Mariah Kelly - St. Michael

Pre 2004 2:23.70 1990 B. Gras-A.N. Myer

**Event 73 Women 1500 Meter Run Senior**

Zone III 4:55.3111/05/2010 Michelle Molodynia - A. N. Myer

Meet Record 4:55.3111/05/2010 Michelle Molodynia - A. N. Myer

Pre 2004 4:47.60 1990 B. Gras-A.N. Myer

**2012 SOSSA ZONE II&III T&F CHAMPIONSHIP MEET - 15/05/2012****Niagara Olympic Club****Records****Event 75 Women 3000 Meter Run Senior**

Zone III 10:58.97 11/05/2010 Karley Rempel - Crossley

Meet Record 10:58.97 11/05/2010 Karley Rempel - Crossley

Pre 2004 10:22.30 1990 B. Gras-A.N. Myer

**Event 77 Women 100 Meter Hurdles Senior**

Zone III 14.93 10/05/2011 Emma Suiciak - Crossley

Meet Record 14.93 10/05/2011 Emma Suiciak - Crossley

Pre 2004 15.80 1996 J. Galambos-Centennial

**Event 79 Women 400 Meter Hurdles Senior**

Zone III 1:10.09 11/05/2010 Katie Kalchman - Crossley

Meet Record 1:10.09 11/05/2010 Katie Kalchman - Crossley

Pre 2004 1:09.10 1985 L. Weaver-Niagara Falls Cvi

**Event 81 Women High Jump Senior**

Zone III 1.73m 11/05/2004 Leanne Pare - Jean Vanier

Meet Record 1.73m 11/05/2004 Leanne Pare - Jean Vanier

Pre 2004 1.60m 1986 M. Pellerin-Westlane

**Event 83 Women Pole Vault Senior**

Zone III 3.15m 11/05/2010 Kendall Darmay - St. Michael

Meet Record 3.15m 11/05/2010 Kendall Darnay - St. Michael

**Event 85 Women Long Jump Senior**

Zone III 5.03m 12/05/2009 Courtney Olah - St. Paul HS

Meet Record 5.03m 12/05/2009 Courtney Olah - St. Paul HS

Pre 2004 5.55m 1996 J. Galambos-Centennial

**Event 87 Women Triple Jump Senior**

Zone III 10.61m 12/05/2009 Courtney Olah - St. Paul HS

Meet Record 10.61m 12/05/2009 Courtney Olah - St. Paul HS

Pre 2004 10.78m 15/05/2002 Julie Noyes - Lakeshore CH

**Event 89 Women Shot Put Senior**

Zone III 11.28m 15/05/2012 Sarah Moss - Notre Dame C

Meet Record 11.28m 15/05/2012 Sarah Moss - Notre Dame C

Pre 2004 12.69m 1968 J. Haist-Pelham High

**2012 SOSSA ZONE II&III T&F CHAMPIONSHIP MEET - 15/05/2012****Niagara Olympic Club****Records****Event 91 Women Discus Throw Senior**

Zone III 42.84m10/05/2011 Sarah Moss - Notre Dame C

Meet Record 42.84m10/05/2011 Sarah Moss - Notre Dame C

Pre 2004 41.58m 1967 J. Haist-Pelham High

**Event 93 Women Javelin Throw Senior**

Zone III 36.02m15/05/2012 Victoria Schoonings - A. N. Myer S. S.

Meet Record 41.70m11/05/2010 Whitney Nicholas - Hagersville

Pre 2004 32.19m 2001 C. Thomas-Port Colborne High

**Event 95 Women 4x100 Meter Relay Senior**

Zone III 52.2511/05/2004 Notre Dame College - Notre Dame C

T Elliot, B Sensabaugh, K Mackiel, J Gallianoardo

Meet Record 52.2511/05/2004 Notre Dame College - Notre Dame C

T Elliot, B Sensabaugh, K Mackiel, J Gallianoardo

Pre 2004 52.60 1996 Crossley

**Event 97 Women 1500 Meter Steeplechase Open**

Zone III 5:45.0011/05/2004 Chelsea Rodriguez - Crossley

Meet Record 5:45.0011/05/2004 Chelsea Rodriguez - Crossley

**Event 99 Women 4x400 Meter Relay Open**

Zone III 4:20.4512/05/2009 E. L. Crossley S S - Crossley

K Kalchman, H Reid, J Young, A MacDonald

Meet Record 4:20.4512/05/2009 E. L. Crossley S S - Crossley

K Kalchman, H Reid, J Young, A MacDonald

Pre 2004 4:23.00 1981 Crossley

**Event 105 Women 800 Meter Dash Wheelchair**

Zone III 6:15.9309/05/2006 Natasha Southwell - Crossley

Meet Record 6:15.9309/05/2006 Natasha Southwell - Crossley