

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Women 100 Meter Dash Midget**

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Zone IV: R 12.96	2005/05/13	LEIGH VEERMAN, Laura Secord		
Pre 2004: R 12.20	1979	YVETTE JULES, Grantham		
Name	Year	School	Prelims	H#
=====				

Preliminaries

1	BROOKE BOEKESTYN	HERITAGE CHR	13.14Q	1
2	KRISTINA MCLAREN	LAURA SECORD S S	13.92Q	2
3	JULIE DION	CHURCHILL, S	13.98Q	2
4	MONIQUE BROWN	DENIS MORRIS H S	14.02Q	1
5	ASHLING DANO	ST. FRANCIS S S	14.08q	1
6	KINSLEY CHILD	CHURCHILL, S	14.44q	1
7	CHINWE NWEBUBE	GREAT LAKES	14.54q	2
8	TORI WHITAKER	SOUTH LINCOLN H S	14.67q	1
9	AMBER KILPATRICK	GOVERNOR SIMCOE SS	14.70	1
10	BRITTNEY DOHERTY	DENIS MORRIS H S	14.73	1
11	CARLY MATTHEWS	EDEN HIGH SCHOOL	14.80	2
12	HAYLEY PINFOLD	DENIS MORRIS H S	14.82	2
13	MARIE-CLAIRE MUTAMBA	DENIS MORRIS H S	14.95	1
14	HANNAH TIELS	WEST PARK S S	15.06	2
15	ANGELICA ANDERSON	EDEN HIGH SCHOOL	15.27	2

Women 100 Meter Dash Midget

=====				
Zone IV: R 12.96	2005/05/13	LEIGH VEERMAN, Laura Secord		
Pre 2004: R 12.20	1979	YVETTE JULES, Grantham		
Name	Year	School	Finals	Points
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Finals

1	BROOKE BOEKESTYN	HERITAGE CHR	13.14	
2	JULIE DION	CHURCHILL, S	13.86	
3	KRISTINA MCLAREN	LAURA SECORD S S	13.86	
4	CHINWE NWEBUBE	GREAT LAKES	13.90	
5	MONIQUE BROWN	DENIS MORRIS H S	13.98	
6	ASHLING DANO	ST. FRANCIS S S	14.07	
7	KINSLEY CHILD	CHURCHILL, S	14.74	
8	TORI WHITAKER	SOUTH LINCOLN H S	14.84	

Women 200 Meter Dash Midget

=====				
Zone IV: R 26.99	2005/05/13	LEIGH VEERMAN, Laura Secord		
Pre 2004: R 25.25	1997	DIANE PEITSCH, Sir Winston Churchill		
Name	Year	School	Finals	H# Points
=====				

1	BROOKE BOEKESTYN	HERITAGE CHR	27.59	2
2	CHINWE NWEBUBE	GREAT LAKES	29.24	2
3	ANNIE DEWAR	DENIS MORRIS H S	29.48	2
4	MARY SOPPITT	EDEN HIGH SCHOOL	29.69	2
5	CARLIE SMITH	GRIMSBY D S S	30.03	2
6	CAITLIN DUCK	SMITHVILLE D	30.66	2
7	AMBER KILPATRICK	GOVERNOR SIMCOE SS	31.16	2
8	TORI WHITAKER	SOUTH LINCOLN H S	31.21	1
9	BRITTNEY DOHERTY	DENIS MORRIS H S	31.85	1
10	CARLY GABRIEL	BLESSED TRINITY H S	31.95	1
11	EMMA TERRIO	GOVERNOR SIMCOE SS	32.11	1

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Women 200 Meter Dash Midget**

12	SARAH GALWAY	ST. FRANCIS S S	32.98	1
13	NATALIE PUTIGNA	BLESSED TRINITY H S	33.24	1
14	NICOLE SKURNAC	BLESSED TRINITY H S	34.98	1
15	MONIQUE BROWN	DENIS MORRIS H S	40.08	2

Women 400 Meter Dash Midget

=====				
	Zone IV: R 1:01.90	2005/05/13	ESTHER VERMEER,	Smithville District C
	Pre 2004: R 1:01.60	1981	LORI LITTLEBOY,	St Catharines Collegi
	Name	Year School	Finals	H# Points
=====				
1	ASHLING DANO	ST. FRANCIS S S	1:07.06	2
2	KATHERINE MAJEROVICH	GRIMSBY D S S	1:07.57	2
3	EMILY BEATTY	LAURA SECORD S S	1:10.61	2
4	AMBER KILPATRICK	GOVERNOR SIMCOE SS	1:12.15	2
5	JESSIE ROBERTSON	SOUTH LINCOLN H S	1:13.80	2
6	SABRINA GRAND	DENIS MORRIS H S	1:15.94	2
7	SYDNEY WATTS	DENIS MORRIS H S	1:16.63	2
8	EMMA TERRIO	GOVERNOR SIMCOE SS	1:16.81	2
9	SINOOR IRANDOST	ST. CATHARIN	1:20.49	1
10	VICTORIA ARCE	DENIS MORRIS H S	1:22.32	1
11	VICTORIA HUYS	EDEN HIGH SCHOOL	1:22.48	1
12	BREANNA GIBBONS	DENIS MORRIS H S	1:25.36	1

Women 800 Meter Run Midget

=====				
	Zone IV: R 2:29.29	2008/05/15	JENNA LEASK,	Sir Winston
	Pre 2004: R 2:20.50	1999	MONIKA GRABOWIECKA,	Sir Winston Ch
	Name	Year School	Finals	Points
=====				
1	LAURA KORSMIT	HOLY CROSS H S	2:29.38	
2	EMILY THOMSON	CHURCHILL, S	2:35.09	
3	BREANNA IANIERO	EDEN HIGH SCHOOL	2:38.63	
4	MARY WUHLAR	ST. CATHARIN	2:49.82	
5	EMILY LAWSON	GRIMSBY D S S	2:54.98	
6	NILA PIO	DENIS MORRIS H S	2:57.59	
7	AMANDA LOUM	GRIMSBY D S S	3:01.66	
8	SABRINA GRAND	DENIS MORRIS H S	3:02.66	
9	KRISTEN WHITFIELD	GREAT LAKES	3:03.40	

Women 1500 Meter Run Midget

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	Zone IV: R 4:57.78	2004/05/13	KELSIE SLATER,	Grimsby DSS
	Pre 2004: R 4:54.80	1999	MONIKA GRABOWIECKA,	Sir Winston Ch
	Name	Year School	Finals	Points
=====				
1	LAURA KORSMIT	HOLY CROSS H S	5:01.53	
2	EMILY THOMSON	CHURCHILL, S	5:27.53	
3	BREANNA IANIERO	EDEN HIGH SCHOOL	5:27.67	
4	ELISE WILEY	CHURCHILL, S	5:30.15	
5	ALYSSA WOODHOUSE	DENIS MORRIS H S	5:48.14	
6	OLIVIA GALLAGHER	BLESSED TRINITY H S	5:57.46	
7	EMILY LAWSON	GRIMSBY D S S	6:06.95	
8	AMANDA LOUM	GRIMSBY D S S	6:08.56	
9	LEAH MILLS	BLESSED TRINITY H S	6:11.11	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Women 1500 Meter Run Midget**

10 SYDNEY WATTS	DENIS MORRIS H S	6:17.68
11 KRISTEN WHITFIELD	GREAT LAKES	6:20.28
12 NILA PIO	DENIS MORRIS H S	6:28.32
13 MEGAN ALLEN	ST. FRANCIS S S	7:10.23
-- SINOOR IRANDOST	ST. CATHARIN	DNF
-- MARY WUHLAR	ST. CATHARIN	DNF

Women 3000 Meter Run Midget

=====				
Zone IV: R 10:44.03	2008/05/15	LAURA MOURADIAN, Denis Morris		
Pre 2004: R 11:03.97	2000	MONIKA GRABOWIECKA, Sir Winston C		
Name	Year	School	Finals	Points
=====				
1 ELISE WILEY		CHURCHILL, S	12:02.42	
2 ALYSSA WOODHOUSE		DENIS MORRIS H S	12:49.25	
3 OLIVIA GALLAGHER		BLESSED TRINITY H S	13:14.91	
4 LEAH MILLS		BLESSED TRINITY H S	13:51.07	
-- EMILY THOMSON		CHURCHILL, S	DNF	

Women 80 Meter Hurdles Midget

=====				
Zone IV: R 13.17	2008/05/15	RACHAEL KLUNDER, South Lincoln		
Pre 2004: R 12.50	1982	SHARI ORDERS, Niagara District		
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 RACHEL EAGLES		BEAMSVILLE D S S	15.22Q	1
2 ARDEN FAIRBROTHER		GRIMSBY D S S	15.24Q	2
3 KAYLA BITTNER		BEAMSVILLE D S S	15.50Q	2
4 KRISTINA MCLAREN		LAURA SECORD S S	16.11Q	1
5 CHRISTINA WEBER		GRIMSBY D S S	15.99q	2
6 KATHERINE MAJEROVICH		GRIMSBY D S S	16.13q	1
7 MARY SOPPITT		EDEN HIGH SCHOOL	16.61q	2
8 CARLIE SMITH		GRIMSBY D S S	16.96q	1
9 ALLISON SCHWANZ		SMITHVILLE D	17.12	2
10 KATIE HORVATH		SMITHVILLE D	17.43	1

Women 80 Meter Hurdles Midget

=====				
Zone IV: R 13.17	2008/05/15	RACHAEL KLUNDER, South Lincoln		
Pre 2004: R 12.50	1982	SHARI ORDERS, Niagara District		
Name	Year	School	Finals	Points
=====				
Finals				
1 RACHEL EAGLES		BEAMSVILLE D S S	14.82	
2 KAYLA BITTNER		BEAMSVILLE D S S	14.98	
3 ARDEN FAIRBROTHER		GRIMSBY D S S	15.25	
4 CHRISTINA WEBER		GRIMSBY D S S	15.69	
5 KRISTINA MCLAREN		LAURA SECORD S S	16.13	
6 CARLIE SMITH		GRIMSBY D S S	16.23	
7 MARY SOPPITT		EDEN HIGH SCHOOL	16.97	
8 KATHERINE MAJEROVICH		GRIMSBY D S S	18.65	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Women 300 Meter Hurdles Midget**

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Zone IV: R 47.23	2005/05/13	ESTHER VERMEER,	Smithville DC	
Pre 2004: R 47.07	1997	KRISTY DEVRIES,	Laura Second	Seconda
Name	Year	School	Finals	Points
=====				
1 ARDEN FAIRBROTHER		GRIMSBY D S S	55.93	
2 KAYLA BITTNER		BEAMSVILLE D S S	56.28	
3 KATHERINE MAJEROVICH		GRIMSBY D S S	56.45	
4 MORGAN JACQUES		GRIMSBY D S S	56.97	
5 CARLIE SMITH		GRIMSBY D S S	56.99	
6 JESSIE ROBERTSON		SOUTH LINCOLN H S	58.74	

Women 4x100 Meter Relay Midget

=====				
Zone IV: R 55.12	2005/05/12	GRIMSBY SECONDARY,	Grimsby Secondary	
		K. MacLeod,	H.r Kurpe, V. Lang, B. Kadwell	
Pre 2004: R 53.20	1977	,	Sir Winston Churchill	
Pre 2004: R 53.20	1971	,	Sir Winston Churchill	
School			Finals	Points
=====				
1 GRIMSBY D S S 'A'			57.28	
2 DENIS MORRIS H S 'A'			57.83	
3 BLESSED TRINITY H S 'A'			1:00.38	
4 ST. FRANCIS S S 'A'			1:01.22	
5 SMITHVILLE DISTRICT C H S 'A'			1:04.67	

Women High Jump Midget

=====				
Zone IV: R 1.56m	2009/05/14	CRYSTAL ELMERS,	Smithville D	
Pre 2004: R 1.63m	1990	JANET WHEELER,	Grimsby Secondary	
Name	Year	School	Finals	Points
=====				
1 SAMANTHA VISSER		CHURCHILL, S	1.40m	
2 JULIE DION		CHURCHILL, S	1.35m	
3 BREANNA IANIERO		EDEN HIGH SCHOOL	1.30m	
3 MIRYAM MIHELICIC		BLESSED TRINITY H S	1.30m	
5 COURTNEY MACNIVEN		BLESSED TRINITY H S	J1.30m	
6 MONIQUE BROWN		DENIS MORRIS H S	1.25m	
7 CHRISTINA WEBER		GRIMSBY D S S	1.20m	
8 VICTORIA ARCE		DENIS MORRIS H S	1.15m	
8 BETTY GEBRE		HOLY CROSS H S	1.15m	

Women Long Jump Midget

=====				
Zone IV: R 4.74m	2006/05/11	CHELSEA DUNCAN,	Sir Winston	
Pre 2004: R 4.95m	1997	ROBYN AHLSTEDT,	Laura Second	Seconda
Name	Year	School	Finals	Points
=====				
1 RACHEL EAGLES		BEAMSVILLE D S S	4.22m	
2 MORGAN JACQUES		GRIMSBY D S S	4.19m	
3 MARY SOPPITT		EDEN HIGH SCHOOL	4.07m	
4 EMILY BEATTY		LAURA SECORD S S	3.96m	
5 ANNIE DEWAR		DENIS MORRIS H S	J3.96m	
6 KINSLEY CHILD		CHURCHILL, S	3.82m	
7 CARLY MATTHEWS		EDEN HIGH SCHOOL	3.73m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Women Long Jump Midget**

8	ZOE YAKUBIW	LAURA SECORD S S	3.65m
9	HAYLEY PINFOLD	DENIS MORRIS H S	3.61m
10	KRISTINA MCLAREN	LAURA SECORD S S	3.58m
10	ASHLING DANO	ST. FRANCIS S S	3.58m
12	JESSIE ROBERTSON	SOUTH LINCOLN H S	3.50m
13	SAMANTHA VISSER	CHURCHILL, S	3.45m
14	JADA GALINDO	HOLY CROSS H S	3.40m
15	RACHEL KRAUSE	EDEN HIGH SCHOOL	3.24m
16	CHINWE NWEBUBE	GREAT LAKES	3.17m

Women Triple Jump Midget

=====				
Zone IV: R 10.14m 2009/05/14 CAITLIN MCCLURKIN, Grimsby DSS				
Pre 2004: R 10.00m 2001 HEIDI BENCH, Laura Secord Secondary				
Name	Year	School	Finals	Points
=====				
1	MORGAN JACQUES	GRIMSBY D S S	9.93m	
2	EMILY BEATTY	LAURA SECORD S S	9.42m	
3	KINSLEY CHILD	CHURCHILL, S	9.12m	
4	CHRISTINA WEBER	GRIMSBY D S S	9.11m	
5	RACHEL EAGLES	BEAMSVILLE D S S	9.01m	
6	SAMANTHA VISSER	CHURCHILL, S	8.88m	
7	JULIE DION	CHURCHILL, S	8.81m	
8	HANNAH TIELS	WEST PARK S S	8.68m	
9	ZOE YAKUBIW	LAURA SECORD S S	8.28m	
10	RACHEL KRAUSE	EDEN HIGH SCHOOL	8.06m	
11	CAITLIN DUCK	SMITHVILLE D	8.01m	

Women Shot Put Midget

=====				
Zone IV: R 9.27m 2007/05/17 KATIE KLODNICKI, Grimsby DSS				
Pre 2004: R 10.50m 1973 LAURA READ, Niagara District				
Name	Year	School	Finals	Points
=====				
1	LEANNE COLLISON	ST. FRANCIS S S	8.01m	
2	CAITLIN DUCK	SMITHVILLE D	7.32m	
3	REBECCA SHORT	GRIMSBY D S S	7.30m	
4	MIRANDA BIEKSA	BLESSED TRINITY H S	6.95m	
5	ANGELICA ANDERSON	EDEN HIGH SCHOOL	6.42m	
6	EMILY BADGEROW	GRIMSBY D S S	6.07m	
7	BREANNA GIBBONS	DENIS MORRIS H S	5.64m	

Women Discus Throw Midget

=====				
Zone IV: R 34.88m 2007/05/17 KATIE KLODNICKI, Grimsby DSS				
Pre 2004: R 30.50m 1975 GAYLE WRIGHT, Grantham				
Name	Year	School	Finals	Points
=====				
1	REBECCA SHORT	GRIMSBY D S S	21.26m	
2	LEANNE COLLISON	ST. FRANCIS S S	18.22m	
3	MIRANDA BIEKSA	BLESSED TRINITY H S	16.64m	
4	MARISSA BENJAMIN	SMITHVILLE D	12.34m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Women Javelin Throw Midget**

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Zone IV: R 27.28m		2004/05/13	HEATHER EYMAN, Sir Winston	
Pre 2004: R 32.80m		1999	SARAH KISH, St. Francis	
Name	Year	School	Finals	Points
=====				
1 ZOE YAKUBIW		LAURA SECORD S S	22.72m	
2 HAYLEY PINFOLD		DENIS MORRIS H S	19.39m	
3 ANNIE DEWAR		DENIS MORRIS H S	18.69m	
4 REBECCA SHORT		GRIMSBY D S S	17.05m	
5 SARA VEENHOF		SMITHVILLE D	12.47m	
6 BREANNA GIBBONS		DENIS MORRIS H S	12.43m	
7 EMILY BADGEROW		GRIMSBY D S S	9.59m	

Women 100 Meter Dash Junior

=====				
Zone IV: R 13.03		2007/05/17	CHELSEA DUNCAN, Churchill, S	
Pre 2004: R 12.18		2000	CATHARINE OKIWINSKY, St. Francis	
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 MARYLYNN DUNNINK		HERITAGE CHR	13.94Q	2
2 JESSICA HUTCHINSON		BLESSED TRINITY H S	14.07Q	1
3 LEXI RUDLIN		GRIMSBY D S S	14.10Q	2
4 KELLY USKIN		ST. FRANCIS S S	14.54Q	1
5 YVONNE VAILLANCOURT		SOUTH LINCOLN H S	14.83q	1
6 HAILEY GAIO		HOLY CROSS H S	14.91q	2
7 BRITTANY WILSON		GRIMSBY D S S	15.40q	1
8 KRISTEN BRIDEL		HOLY CROSS H S	15.80q	2
9 LEAH STEWART		BLESSED TRINITY H S	15.97	2
10 ABIGAIL FALCONI		GRIMSBY D S S	16.05	2
11 ARIANA PERO		DENIS MORRIS H S	16.60	2

Women 100 Meter Dash Junior

=====				
Zone IV: R 13.03		2007/05/17	CHELSEA DUNCAN, Churchill, S	
Pre 2004: R 12.18		2000	CATHARINE OKIWINSKY, St. Francis	
Name	Year	School	Finals	Points
=====				
Finals				
1 JESSICA HUTCHINSON		BLESSED TRINITY H S	13.95	
2 MARYLYNN DUNNINK		HERITAGE CHR	13.97	
3 LEXI RUDLIN		GRIMSBY D S S	14.16	
4 YVONNE VAILLANCOURT		SOUTH LINCOLN H S	14.65	
5 KELLY USKIN		ST. FRANCIS S S	14.69	
6 HAILEY GAIO		HOLY CROSS H S	14.73	
7 BRITTANY WILSON		GRIMSBY D S S	15.76	

Women 200 Meter Dash Junior

=====				
Zone IV: R 26.62		2007/05/17	ALEX GILES, Governor Sim	
Pre 2004: R 25.55		1998	DIANNE PEITSCH, Sir Winston Churchill	
Name	Year	School	Finals	H# Points
=====				
1 MAJA MIHELICIC		BLESSED TRINITY H S	29.23	2
2 SARA WARING		GRIMSBY D S S	30.01	2

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Women 200 Meter Dash Junior**

3	LEXI RUDLIN	GRIMSBY D S S	30.41	2
4	NATALIE ZIMA	BLESSED TRINITY H S	30.67	2
5	KATIE CHELIAK	DENIS MORRIS H S	31.49	2
6	TAYLOR COTNAM	DENIS MORRIS H S	31.61	2
7	HAILEY GAO	HOLY CROSS H S	31.68	2
8	KELLY USKIN	ST. FRANCIS S S	32.13	2
9	SAVANNAH STUART	LAURA SECORD S S	32.98	1
10	DANIELLE LUCIANI	HOLY CROSS H S	33.01	1
11	ABIGAIL FALCONI	GRIMSBY D S S	33.84	1
12	ALEX CELETTI	DENIS MORRIS H S	33.88	1
13	ARIANA PERO	DENIS MORRIS H S	36.52	1
14	DORUNTINA TUSHA	ST. CATHARIN	38.13	1

Women 400 Meter Dash Junior

=====				
Zone IV: R 1:00.77 2004/05/13 AMANDA MCMURTRIE, South Lincol				
Pre 2004: R 59.60 1986 PATTY HIEBERT, Eden High School				
Name	Year	School	Finals	Points
=====				
1	MADISON CLARKE	WEST PARK S S	1:01.20	
2	SELENA CHIVALAN	DENIS MORRIS H S	1:08.91	
3	TAYLOR JAUERNIG	GRIMSBY D S S	1:11.22	
4	TAYLOR COTNAM	DENIS MORRIS H S	1:12.22	
5	ALEX CELETTI	DENIS MORRIS H S	1:15.29	
6	KATIE CHELIAK	DENIS MORRIS H S	1:15.40	
7	SAMANTHA FRATTAROLI	BLESSED TRINITY H S	1:21.19	

Women 800 Meter Run Junior

=====				
Zone IV: R 2:23.17 2005/05/13 KELSIE SLATER, Grimsby DSS				
Pre 2004: R 2:25.20 2002 CAITLIN PAULS, Sir Winston Churchi				
Name	Year	School	Finals	Points
=====				
1	MADISON CLARKE	WEST PARK S S	2:31.51	
2	TALASIA EIZENGA	CHURCHILL, S	2:38.81	
3	SELENA CHIVALAN	DENIS MORRIS H S	2:43.86	
4	RACHEL WACHNER	BLESSED TRINITY H S	2:44.97	
5	MELISSA TEICHGRAF	EDEN HIGH SCHOOL	2:49.81	
6	ERIN LAUGHLIN	BLESSED TRINITY H S	2:52.89	
7	KATRINA CRUICKSHANK	SOUTH LINCOLN H S	2:59.86	
8	ANDREA FERNANDEZ	BLESSED TRINITY H S	3:02.52	
9	ALEX CELETTI	DENIS MORRIS H S	3:04.88	
10	KATHARINE BUIST	SMITHVILLE D	3:15.42	
11	SAM JENNINGS	BEAMSVILLE D S S	3:15.53	
12	FAITH KOUDIJS	GREAT LAKES	3:16.88	

Women 1500 Meter Run Junior

=====				
Zone IV: R 4:58.43 2005/05/13 KELIE SLATER, Grimsby DSS				
Pre 2004: R 4:56.00 1991 KRISTIE OTTO, Lakeport				
Name	Year	School	Finals	Points
=====				
1	TALASIA EIZENGA	CHURCHILL, S	5:23.25	
2	JESSICA MEYER	BLESSED TRINITY H S	5:34.37	
3	TAYLOR JAUERNIG	GRIMSBY D S S	5:52.00	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Women 1500 Meter Run Junior**

4	KATRINA CRUICKSHANK	SOUTH LINCOLN H S	6:01.70
5	ANDREA FERNANDEZ	BLESSED TRINITY H S	6:03.55
6	KATHARINE BUIST	SMITHVILLE D	6:35.62
7	SAMANTHA SIEBERT	BEAMSVILLE D S S	7:12.11

Women 3000 Meter Run Junior

=====				
	Zone IV: R 10:37.15	2008/05/15	DEANNA BRASZ, Heritage Christian	
	Pre 2004: R 10:39.60	1991	KRISTIE OTTO, Lakeport	
	Name	Year	School	Finals Points
=====				
1	JESSICA MEYER		BLESSED TRINITY H S	11:28.80
2	FAITH KOUDIJS		GREAT LAKES	14:29.22
3	SAMANTHA SIEBERT		BEAMSVILLE D S S	14:56.55

Women 80 Meter Hurdles Junior

=====				
	Zone IV: R 12.85	2005/05/13	KATIE WERNER, Grimsby DSS	
	Pre 2004: R 12.00	1998	SARAH MILLER, St. Francis	
	Name	Year	School	Prelims H#
=====				

Preliminaries

1	MARY OLLIER	GRIMSBY D S S	R 12.58Q	2
2	SAVANNAH STUART	LAURA SECORD S S	15.03Q	1
3	ALYSHA BILJAN	BLESSED TRINITY H S	14.56Q	2
4	SAMARA NEUFELD	GRIMSBY D S S	16.08Q	1
5	SHEENA SISAVATH	LAURA SECORD S S	15.44q	2
6	ANNALIES DE GRAAF	BEAMSVILLE D S S	15.59q	2
7	LYNETTE WASILEWSKI	BLESSED TRINITY H S	16.44q	1
8	JESSICA GRZYBEK	BLESSED TRINITY H S	16.45q	1
9	MORGAN RUZYLO	GRIMSBY D S S	16.51	2
10	HAILEY KAMPING	SMITHVILLE D	17.25	1
11	KATHARINE BUIST	SMITHVILLE D	19.19	2

Women 80 Meter Hurdles Junior

=====				
	Zone IV: R 12.85	2005/05/13	KATIE WERNER, Grimsby DSS	
	Pre 2004: R 12.00	1998	SARAH MILLER, St. Francis	
	Name	Year	School	Finals Points
=====				

Finals

1	MARY OLLIER	GRIMSBY D S S	12.29R
2	ALYSHA BILJAN	BLESSED TRINITY H S	14.44
3	SAVANNAH STUART	LAURA SECORD S S	14.80
4	SHEENA SISAVATH	LAURA SECORD S S	15.12
5	ANNALIES DE GRAAF	BEAMSVILLE D S S	15.32
6	JESSICA GRZYBEK	BLESSED TRINITY H S	15.76
7	SAMARA NEUFELD	GRIMSBY D S S	16.02
8	LYNETTE WASILEWSKI	BLESSED TRINITY H S	16.72

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Women 300 Meter Hurdles Junior**

=====				
Zone IV: R 47.13	2006/05/11	BRITTANY KADWELL, Grimsby DSS		
Pre 2004: R 46.00	1998	KRISTY DEVRIES, Laura Secord Seconda		
Name	Year	School	Finals	Points
=====				
1 MARY OLLIER		GRIMSBY D S S	48.45	
2 SAMARA NEUFELD		GRIMSBY D S S	53.98	
3 ALYSHA BILJAN		BLESSED TRINITY H S	54.06	
4 SARA WARING		GRIMSBY D S S	56.18	
5 ANNALIES DE GRAAF		BEAMSVILLE D S S	59.80	
6 MORGAN RUZYLO		GRIMSBY D S S	1:00.43	
7 SHEENA SISAVATH		LAURA SECORD S S	1:00.77	
8 SAVANNAH STUART		LAURA SECORD S S	1:01.28	

Women 4x100 Meter Relay Junior

=====				
Zone IV: R 54.17	2005/05/13	ST.FRANICS, St.Francis		
Pre 2004: R 51.40	1978	N. Bonk, E. King, T. Howard, J. Howard		
School		, Sir Winston Churchill	Finals	Points
=====				
1 GRIMSBY D S S 'A'			54.50	
2 BLESSED TRINITY H S 'A'			57.31	
3 LAURA SECORD S S 'A'			57.50	
4 BEAMSVILLE D S S 'A'			59.88	
5 DENIS MORRIS H S 'A'			1:01.29	
6 HOLY CROSS H S 'A'			1:01.74	

Women High Jump Junior

=====				
Zone IV: R 1.55m	2008/05/15	HEATHER HICKS, Grimsby		
Pre 2004: R 1.70m	1992	WANITA DYKSTRA, Beacon Christian		
Name	Year	School	Finals	Points
=====				
1 MADI TAYLOR		EDEN HIGH SCHOOL	1.45m	
2 MAJA MIHELICIC		BLESSED TRINITY H S	1.40m	
3 MADISON BEACH		GRIMSBY D S S	J1.40m	
4 NATALIE ZIMA		BLESSED TRINITY H S	1.35m	
5 ERIN MARSHALL		SOUTH LINCOLN H S	1.30m	
6 ANNALIES DE GRAAF		BEAMSVILLE D S S	1.20m	

Women Pole Vault Midget / Junior

=====				
Zone IV: R 2.71m	2008/05/15	AVERY THOMAS, Grimsby DSS		
Name	Year	School	Finals	Points
=====				
1 SHEENA SISAVATH		LAURA SECORD S S	2.00m	

Women Long Jump Junior

=====				
Zone IV: R 4.94m	2007/05/17	CHELSEA DUNCAN, Sir Winston		
Pre 2004: R 5.05m	1967	SHIELA FLOWERS, Laura Secord Seconda		
Name	Year	School	Finals	Points
=====				
1 TAYLOR BLATCHLEY		BEAMSVILLE D S S	4.29m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Women Long Jump Junior**

2	MADISON BEACH	GRIMSBY D S S	3.91m
3	JESSICA GRZYBEK	BLESSED TRINITY H S	3.85m
4	MARYLYNN DUNNINK	HERITAGE CHR	3.76m
5	JOCELYN DENHOLLANDER	DENIS MORRIS H S	3.62m
6	KELLY USKIN	ST. FRANCIS S S	3.53m
7	EMILY DOUCETTE	GRIMSBY D S S	3.50m
8	YVONNE VAILLANCOURT	SOUTH LINCOLN H S	3.40m
9	ERIN MARSHALL	SOUTH LINCOLN H S	3.22m
10	DANIELLE LUCIANI	HOLY CROSS H S	3.16m
11	LEAH STEWART	BLESSED TRINITY H S	3.12m
12	BRITTANY WILSON	GRIMSBY D S S	3.02m
13	HAILEY KAMPING	SMITHVILLE D	2.97m
14	SAMANTHA FRATTAROLI	BLESSED TRINITY H S	2.95m
15	LYNETTE WASILEWSKI	BLESSED TRINITY H S	2.75m

Women Triple Jump Junior

=====				
Zone IV: R 10.20m		2004/05/13	SHAWNA HANSON, Blessed Trin	
Pre 2004: R 10.94m		1992	WANITA DYKSTRA, Beacon Christian	
Name	Year	School	Finals	Points
=====				
1	TAYLOR BLATCHLEY	BEAMSVILLE D S S	9.84m	
2	MARYLYNN DUNNINK	HERITAGE CHR	9.30m	
3	MADI TAYLOR	EDEN HIGH SCHOOL	9.18m	
4	YVONNE VAILLANCOURT	SOUTH LINCOLN H S	8.10m	
5	SIERRA MIDDLETON	ST. CATHARIN	8.00m	
6	BRITTANY WILSON	GRIMSBY D S S	7.99m	
7	HAILEY KAMPING	SMITHVILLE D	7.85m	
8	MORGAN RUZYLO	GRIMSBY D S S	7.71m	
9	CORINNE PLACKITT	KERNAHAN PARK S S	7.32m	
10	ERIN MARSHALL	SOUTH LINCOLN H S	6.94m	
--	EMILY DOUCETTE	GRIMSBY D S S	FOUL	

Women Shot Put Junior

=====				
Zone IV: R 10.49m		2008/05/15	KATIE KLODNICKI, Grimsby DSS	
Pre 2004: R 10.86m		1979	HOLLY QUIRING, Lakeport	
Name	Year	School	Finals	Points
=====				
1	JOCELYN DENHOLLANDER	DENIS MORRIS H S	8.76m	
2	JESSICA HOWCROFT	BLESSED TRINITY H S	6.91m	
3	MEGAN WILLIAMS	KERNAHAN PARK S S	6.64m	
4	GILLIAN MACDONALD	ST. FRANCIS S S	6.55m	

Women Discus Throw Junior

=====				
Zone IV: R 36.84m		2008/05/15	KATIE KLODNICKI, Grimsby DSS	
Pre 2004: R 35.54m		1979	NANCY MATHER, Grantham	
Name	Year	School	Finals	Points
=====				
1	CARLY CAIN	BLESSED TRINITY H S	32.02m	
2	JESSICA HOWCROFT	BLESSED TRINITY H S	17.66m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Women Javelin Throw Junior**

=====				
Zone IV: R 33.05m	2005/05/13	MAGGIE SCULL,	Governor Simcoe	
Pre 2004: R 36.30m	2001	SARAH KISH,	St. Francis	
Name	Year	School	Finals	Points
=====				
1 JOCELYN DENHOLLANDER		DENIS MORRIS H S	19.03m	
2 TEIRNEY DIMARIA		HOLY CROSS H S	16.61m	
3 CARR CARLING		HOLY CROSS H S	13.84m	
4 GILLIAN MACDONALD		ST. FRANCIS S S	11.32m	

Women 100 Meter Dash Senior

=====				
Zone IV: R 12.43	2004/05/13	STEPHANIE FORESTELL,	Beamsville	
Pre 2004: R 12.50	1980	MARTHA MERRITT,	Sir Winston Chur	
Pre 2004: R 12.50	1979	DONNA WOODWARD,	Sir Winston Chur	
Name	Year	School	Prelims	H#
=====				

Preliminaries

1 SHADAE EDWARDS	DENIS MORRIS H S	12.90Q	2
2 ANNIKA MAZZARELLA	LAURA SECORD S S	13.37Q	1
3 MIREILLE MUSCA	BLESSED TRINITY H S	13.44Q	2
4 CAITLIN MCCLURKIN	GRIMSBY D S S	13.47Q	1
5 JASMINE CAMPBELL	BLESSED TRINITY H S	13.97q	2
6 CAMILLE CAMPBELL	BLESSED TRINITY H S	14.00q	1
7 DEVIN BEGIN	ST. FRANCIS S S	14.19q	1
8 STACY TRIFUNOVIC	SOUTH LINCOLN H S	14.29q	2
9 CARLY DUGO	DENIS MORRIS H S	14.45	1
10 MERCEDES BOYKIN	ST. FRANCIS S S	14.50	2
11 BRIAR GILLIS	BLESSED TRINITY H S	14.58	1
12 MORGAN BEACH	GRIMSBY D S S	14.62	2
13 NATASHA ROGERS	GOVERNOR SIMCOE SS	15.20	2
14 NADIA CREDICO	GRIMSBY D S S	15.30	1
15 TAYLOR COPLEN	DENIS MORRIS H S	15.66	1

Women 100 Meter Dash Senior

=====				
Zone IV: R 12.43	2004/05/13	STEPHANIE FORESTELL,	Beamsville D	
Pre 2004: R 12.50	1980	MARTHA MERRITT,	Sir Winston Churchil	
Pre 2004: R 12.50	1979	DONNA WOODWARD,	Sir Winston Churchil	
Name	Year	School	Finals	Points
=====				

Finals

1 SHADAE EDWARDS	DENIS MORRIS H S	12.87
2 CAITLIN MCCLURKIN	GRIMSBY D S S	13.13
3 ANNIKA MAZZARELLA	LAURA SECORD S S	13.36
4 MIREILLE MUSCA	BLESSED TRINITY H S	13.38
5 JASMINE CAMPBELL	BLESSED TRINITY H S	13.75
6 CAMILLE CAMPBELL	BLESSED TRINITY H S	14.15
7 DEVIN BEGIN	ST. FRANCIS S S	14.28
8 STACY TRIFUNOVIC	SOUTH LINCOLN H S	14.51

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Women 200 Meter Dash Senior**

=====				
Zone IV: R 25.82	2008/05/15	CHELSEA DUNCAN, Sir Winston		
Pre 2004: R 25.40	1991	NSENGA BANSFIELD, Niagara District		
Name	Year	School	Finals	H# Points
=====				
1 SHADAE EDWARDS		DENIS MORRIS H S	26.96	2
2 ANNIKA MAZZARELLA		LAURA SECORD S S	28.32	2
3 HEATHER HICKS		GRIMSBY D S S	28.57	2
4 JASMINE CAMPBELL		BLESSED TRINITY H S	29.63	2
5 KAYLA FLOCKHART		BLESSED TRINITY H S	29.69	2
6 JAMILEE GIBSON		DENIS MORRIS H S	30.02	2
7 ADRIENNE THIESSEN		LAURA SECORD S S	30.20	2
8 DEVIN BEGIN		ST. FRANCIS S S	30.35	1
9 RENEE BARTLETT		BEAMSVILLE D S S	30.66	1
10 CARLY DUGO		DENIS MORRIS H S	30.78	1
11 MORGAN BEACH		GRIMSBY D S S	30.81	1
12 NATASHA ROGERS		GOVERNOR SIMCOE SS	30.95	1
13 CAMILLE CAMPBELL		BLESSED TRINITY H S	31.48	2
14 EMILY WILSON		LAURA SECORD S S	31.56	1
15 MERCEDES BOYKIN		ST. FRANCIS S S	32.64	1

Women 400 Meter Dash Senior

=====				
Zone IV: R 59.72	2007/05/17	ESTHER VERMEER, Smithville D		
Pre 2004: R 57.50	1991	NSENGA BANSFIELD, Niagara District		
Name	Year	School	Finals	Points
=====				
1 HAILEY MCWILLIAM		LAURA SECORD S S	1:05.50	
2 JAMILEE GIBSON		DENIS MORRIS H S	1:10.17	
3 RACHAEL TOMPA		GRIMSBY D S S	1:10.39	
4 NATASHA ROGERS		GOVERNOR SIMCOE SS	1:13.67	
5 KELSEA LEVESQUE		ST. FRANCIS S S	1:16.19	
6 CRISTIANA NEVES		DENIS MORRIS H S	1:35.05	

Women 800 Meter Run Senior

=====				
Zone IV: R 2:20.33	2004/05/13	MEGAN STEWART, Governor Sim		
Pre 2004: R 2:21.30	1990	KRISSY LOCKYER, Ridley College		
Name	Year	School	Finals	Points
=====				
1 JENNA LEASK		CHURCHILL, S	2:32.07	
2 HAILEY MCWILLIAM		LAURA SECORD S S	2:48.13	
3 JACKIE KOUDYS		BLESSED TRINITY H S	2:54.55	

Women 1500 Meter Run Senior

=====				
Zone IV: R 4:59.37	2005/05/13	KAITLYN TALLMAM, Great Lakes CC		
Pre 2004: R 4:53.40	2003	MONIKA GRABOWIECKA, Sir Winston Ch		
Name	Year	School	Finals	Points
=====				
1 ALISHA ATTEMA		SOUTH LINCOLN H S	5:55.18	
2 BIANCA OPALA		DENIS MORRIS H S	6:32.19	
3 MOLLY SMITH		ST. CATHARIN	7:22.12	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Women 3000 Meter Run Senior**

=====				
Zone IV: R 10:42.29	2009/05/14	HEATHER STUIVE,	Eden High Sc	
Pre 2004: R 10:48.30	1988	MARCI AITKEN,	Denis Morris	
Name	Year	School	Finals	Points
=====				
1 FELICIA DAGENAIS		CHURCHILL, S	11:32.25	
2 BIANCA OPALA		DENIS MORRIS H S	13:53.76	

Women 100 Meter Hurdles Senior

=====				
Zone IV: R 15.35	2004/05/13	LINDSAY WILLIAMSON,	Grimsby DSS	
Pre 2004: R 15.53	2000	SARAH MILLER,	St. Francis	
Name	Year	School	Prelims	H#
=====				

Preliminaries

1 ADRIENNE THIESSEN	LAURA SECORD S S	17.24Q	2
2 RAYLENE ROSS	GRIMSBY D S S	18.62Q	1
3 SALLY LIN	LAURA SECORD S S	17.77Q	2
4 EMILY WILSON	LAURA SECORD S S	19.09Q	1
5 RACHAEL KLUNDER	SOUTH LINCOLN H S	18.93q	2
6 TAVIA BOND	BEAMSVILLE D S S	19.07q	2
7 LAUREN PADUANO	GRIMSBY D S S	19.34q	2
8 OLIVIA OBRIEN	GRIMSBY D S S	19.65q	1
9 MICHELLE RICHARDSON	LAURA SECORD S S	19.79	1
10 ALISON KNAPP	GRIMSBY D S S	22.03	2
11 RENEE BARTLETT	BEAMSVILLE D S S	23.60	1

Women 100 Meter Hurdles Senior

=====				
Zone IV: R 15.35	2004/05/13	LINDSAY WILLIAMSON,	Grimsby DSS	
Pre 2004: R 15.53	2000	SARAH MILLER,	St. Francis	
Name	Year	School	Finals	Points
=====				

Finals

1 ADRIENNE THIESSEN	LAURA SECORD S S	16.47
2 SALLY LIN	LAURA SECORD S S	17.66
3 RAYLENE ROSS	GRIMSBY D S S	18.78
4 EMILY WILSON	LAURA SECORD S S	18.82
5 RACHAEL KLUNDER	SOUTH LINCOLN H S	18.84
6 LAUREN PADUANO	GRIMSBY D S S	18.99
7 OLIVIA OBRIEN	GRIMSBY D S S	20.02
8 TAVIA BOND	BEAMSVILLE D S S	22.01

Women 400 Meter Hurdles Senior

=====				
Zone IV: R 1:07.28	2004/05/13	LAURA ECKER,	Beamsville D	
Pre 2004: R 1:06.45	2000	KRISTY DEVRIES,	Laura Secord Secon	
Name	Year	School	Finals	Points
=====				
1 HAILEY MCWILLIAM	LAURA SECORD S S	1:13.15		
2 ADRIENNE THIESSEN	LAURA SECORD S S	1:17.35		
3 MICHELLE RICHARDSON	LAURA SECORD S S	1:17.98		
4 OLIVIA OBRIEN	GRIMSBY D S S	1:18.10		
5 LAUREN PADUANO	GRIMSBY D S S	1:19.52		
6 RAYLENE ROSS	GRIMSBY D S S	1:19.56		

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Women 400 Meter Hurdles Senior**

7 EMILY WILSON	LAURA SECORD S S	1:23.06
8 ALISON KNAPP	GRIMSBY D S S	1:33.56

Women 4x100 Meter Relay Senior

=====				
Zone IV: R 52.80	2008/05/15	LAURA SECORD, Laura Secord		
		K Tuckwell, A Friesen, A Grosskurth, L Veerman		
Pre 2004: R 51.60	1979	, Sir Winston Churchill		
School			Finals	Points
=====				
1 LAURA SECORD S S	'A'		52.47R	
2 GRIMSBY D S S	'A'		53.93	
3 DENIS MORRIS H S	'A'		54.71	
4 BLESSED TRINITY H S	'A'		54.87	
5 ST. FRANCIS S S	'A'		59.62	

Women High Jump Senior

=====				
Zone IV: R 1.52m	2005/05/13	SAMANTHA MROZCEK, Holy Cross		
Pre 2004: R 1.80m	1993	WANITA DYKSTRA, Beacon Christian		
Name	Year	School	Finals	Points
=====				
1 BROOK DORIN		BLESSED TRINITY H S	1.50m	
2 RACHAEL KLUNDER		SOUTH LINCOLN H S	J1.50m	
3 HEATHER HICKS		GRIMSBY D S S	1.45m	
4 RACHAEL TOMPA		GRIMSBY D S S	1.35m	
5 JORDYN DIVOK		ST. CATHARIN	J1.35m	
6 ALISON KNAPP		GRIMSBY D S S	1.20m	
7 TAYLOR COPLEN		DENIS MORRIS H S	1.15m	

Women Pole Vault Senior

=====				
Zone IV: R 2.30m	2007/05/17	RENATA TRACEY, Beamsville D		
Name	Year	School	Finals	Points
=====				
1 MICHELLE RICHARDSON		LAURA SECORD S S	2.00m	
2 SHANNON LAFONTAINE		LAURA SECORD S S	J2.00m	
3 NICOLE TEMPLE		ST. CATHARIN	1.90m	
4 JACQUELINE TEMPLE		ST. CATHARIN	1.80m	
5 JORDYN DIVOK		ST. CATHARIN	1.75m	
6 NICOLE GILLET		ST. CATHARIN	1.65m	

Women Long Jump Senior

=====				
Zone IV: R 5.23m	2008/05/15	CHELSEA DUNCAN, Sir Winston		
Pre 2004: R 5.38m	1993	WANITA DYKSTRA, Beacon Christian		
Name	Year	School	Finals	Points
=====				
1 CAITLIN MCCLURKIN		GRIMSBY D S S	4.84m	
2 HEATHER HICKS		GRIMSBY D S S	4.60m	
3 SALLY LIN		LAURA SECORD S S	4.42m	
4 MIREILLE MUSCA		BLESSED TRINITY H S	4.41m	
5 REBECCA BARNFIELD		GRIMSBY D S S	4.32m	
6 SHANNON LAFONTAINE		LAURA SECORD S S	4.30m	
7 STACY TRIFUNOVIC		SOUTH LINCOLN H S	4.24m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Women Long Jump Senior**

8	SKYE SOOBRAMANIE	BEAMSVILLE D S S	4.19m
9	AMANDA HENDRIKS	EDEN HIGH SCHOOL	3.92m
10	EMILY GREENE	DENIS MORRIS H S	3.90m
11	HALEY CROUSE	GRIMSBY D S S	3.69m
12	BRIAR GILLIS	BLESSED TRINITY H S	3.48m
13	SHAE KITTLE	HOLY CROSS H S	3.31m
14	TORI PHILLIPS	BLESSED TRINITY H S	3.23m
15	REBECCA LAFRATTA	DENIS MORRIS H S	2.98m

Women Triple Jump Senior

=====				
Zone IV: R 10.56m		2008/05/15	LEIGH VEERMAN, Laura Secord	
Pre 2004: R 10.85m		1993	JODY MONRO, Governor Simcoe	
Name	Year	School	Finals	Points
=====				
1	SALLY LIN	LAURA SECORD S S	10.11m	
2	REBECCA BARNFIELD	GRIMSBY D S S	10.07m	
3	MIREILLE MUSCA	BLESSED TRINITY H S	9.83m	
4	STACY TRIFUNOVIC	SOUTH LINCOLN H S	9.78m	
5	SKYE SOOBRAMANIE	BEAMSVILLE D S S	9.62m	
6	SHANNON LAFONTAINE	LAURA SECORD S S	9.58m	
7	EMILY GREENE	DENIS MORRIS H S	9.00m	
8	MORGAN BEACH	GRIMSBY D S S	8.95m	
9	HALEY CROUSE	GRIMSBY D S S	8.38m	
10	NADIA CREDICO	GRIMSBY D S S	7.65m	

Women Shot Put Senior

=====				
Zone IV: R 10.15m		2008/05/15	AMANDA VOORBERG, Grimsby DSS	
Pre 2004: R 12.00m		1982	LAURANN COL, Merritton High	
Name	Year	School	Finals	Points
=====				
1	LAUREN BREW	ST. CATHARIN	10.08m	
2	TANEISHA MCADAM	DENIS MORRIS H S	8.86m	
3	REBECCA LAFRATTA	DENIS MORRIS H S	7.50m	
4	JULIA CYMBALISTY	LAURA SECORD S S	7.39m	
5	JAMILEE GIBSON	DENIS MORRIS H S	7.38m	
6	SARAH DUCK	SMITHVILLE D	7.34m	
7	ANNIKA MAZZARELLA	LAURA SECORD S S	6.28m	
8	ALYSSA SHORT	GRIMSBY D S S	6.25m	

Women Discus Throw Senior

=====				
Zone IV: R 41.21m		2007/05/17	DANA BEE, Grimsby DSS	
Pre 2004: R 39.30m		2000	ANGELA MACHAJ, Denis Morris	
Name	Year	School	Finals	Points
=====				
1	LAUREN BREW	ST. CATHARIN	26.86m	
2	SARAH DUCK	SMITHVILLE D	21.70m	
3	MICHELE KELLY	SMITHVILLE D	19.92m	
4	JACKIE KOUDYS	BLESSED TRINITY H S	18.71m	
5	CASSIDY MACKAY	CHURCHILL, S	18.38m	
6	ALYSSA SHORT	GRIMSBY D S S	17.94m	
7	JULIA CYMBALISTY	LAURA SECORD S S	17.92m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Women Javelin Throw Senior**

=====				
Zone IV: R 34.64m		2006/05/11	JENNI BAUER, St. Francis	
Pre 2004: R 37.98m		2003	SARAH KISH, St. Francis	
Name	Year	School	Finals	Points
=====				
1 LAUREN BREW		ST. CATHARIN	30.82m	
2 HAILEY SLAMKA		HOLY CROSS H S	28.83m	
3 CASSIDY MACKAY		CHURCHILL, S	27.86m	
4 REBECCA LAFRATTA		DENIS MORRIS H S	23.73m	
5 RACHAEL KLUNDER		SOUTH LINCOLN H S	23.49m	
6 SARAH DUCK		SMITHVILLE D	21.80m	
7 TANEISHA MCADAM		DENIS MORRIS H S	21.63m	
8 ALYSSA SHORT		GRIMSBY D S S	21.00m	
9 AMANDA HENDRIKS		EDEN HIGH SCHOOL	18.36m	
10 MERCEDES BOYKIN		ST. FRANCIS S S	17.81m	
11 DEVIN BEGIN		ST. FRANCIS S S	17.12m	
12 LAUREN PADUANO		GRIMSBY D S S	16.67m	
13 JULIA CYMBALISTY		LAURA SECORD S S	15.27m	
14 MICHELE KELLY		SMITHVILLE D	11.70m	

Women 1500 Meter Steeplechase Open

=====				
Zone IV: R 5:17.69		2006/05/11	KELSIE SLATER, Grimsby DSS	
Name	Year	School	Finals	Points
=====				
1 TALASIA EIZENGA		CHURCHILL, S	5:39.88	
2 JESSICA MEYER		BLESSED TRINITY H S	5:51.74	
3 FELICIA DAGENAIS		CHURCHILL, S	6:01.93	
4 JACKIE KOUDYS		BLESSED TRINITY H S	6:15.47	
5 ALISHA ATTEMA		SOUTH LINCOLN H S	6:23.18	
6 KATRINA CRUICKSHANK		SOUTH LINCOLN H S	6:31.46	
7 AMANDA HENDRIKS		EDEN HIGH SCHOOL	7:05.98	
-- MOLLY SMITH		ST. CATHARIN	DNF	

Women 4x400 Meter Relay Open

=====				
Zone IV: R 4:16.91		2006/05/11	GRIMSBY D S S, Grimsby DSS	
			H Kurpe, A Drake, B Kadwell, K Slater	
Pre 2004: R 4:10.00		1980	, Grimsby Secondary	
School			Finals	Points
=====				
1 SIR WINSTON CHURCHILL S S	'A'		4:33.56	
2 LAURA SECORD S S	'A'		4:41.23	
3 GRIMSBY D S S	'A'		4:41.37	
4 BLESSED TRINITY H S	'A'		4:47.49	
5 DENIS MORRIS H S	'A'		4:55.87	
6 ST. FRANCIS S S	'A'		5:02.10	

Men 100 Meter Dash Midget

=====				
Zone IV: R 11.93		2008/05/15	JOSH FORESTER, Blessed Trinity	
Pre 2004: R 11.40		1970	TED DIDMUS, West Park	
Name	Year	School	Prelims	H#
=====				

Preliminaries

1 MICHAEL YOUNG	GOVERNOR SIMCOE SS	12.14Q	1
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2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Men 100 Meter Dash Midget**

2	CONNER WININGER	GOVERNOR SIMCOE SS	12.44Q	2
3	SHANE DECKER	DENIS MORRIS H S	12.63Q	2
4	KEVIN BONNEAU	GRIMSBY D S S	12.64Q	1
5	SIDDIQUE ALI	GOVERNOR SIMCOE SS	12.65q	2
6	KYLE GIROUX	BEAMSVILLE D S S	12.79q	2
7	STEWART JOYNER	SOUTH LINCOLN H S	12.89q	1
8	ROMAN PROCYK	WEST PARK S S	13.11q	1
9	DYLAN HAGADORN	LAURA SECORD S S	13.14	2
10	DERRICK GIBBONS	DENIS MORRIS H S	13.16	1
11	RAY ZANG-EVA	BLESSED TRINITY H S	13.23	1
12	NICK SCHWAB	BLESSED TRINITY H S	13.30	2
12	BRANDON RUDDY	EDEN HIGH SCHOOL	13.30	1
14	CEDRIC VALDES	DENIS MORRIS H S	13.45	2
15	DAMEN NYLAND	CHURCHILL, S	13.95	2

Men 100 Meter Dash Midget

=====				
Zone IV: R 11.93	2008/05/15	JOSH FORESTER, Blessed Trinity		
Pre 2004: R 11.40	1970	TED DIDMUS, West Park		
Name	Year	School	Finals	Points
=====				

Finals

1	MICHAEL YOUNG	GOVERNOR SIMCOE SS	11.90R	
2	CONNER WININGER	GOVERNOR SIMCOE SS	12.37	
3	SIDDIQUE ALI	GOVERNOR SIMCOE SS	12.50	
4	SHANE DECKER	DENIS MORRIS H S	12.63	
5	STEWART JOYNER	SOUTH LINCOLN H S	12.66	
6	KEVIN BONNEAU	GRIMSBY D S S	12.66	
7	KYLE GIROUX	BEAMSVILLE D S S	12.86	
8	ROMAN PROCYK	WEST PARK S S	13.11	

Men 200 Meter Dash Midget

=====				
Zone IV: R 24.41	2007/05/17	MATT WOJAK, Holy Cross H		
Pre 2004: R 24.00	1979	RICK WILSON, Grantham		
Name	Year	School	Finals	H# Points
=====				

1	MICHAEL YOUNG	GOVERNOR SIMCOE SS	24.49	2
2	CONNER WININGER	GOVERNOR SIMCOE SS	25.48	2
3	KEVIN BONNEAU	GRIMSBY D S S	25.52	2
4	SIDDIQUE ALI	GOVERNOR SIMCOE SS	25.89	2
5	KYLE GIROUX	BEAMSVILLE D S S	26.13	2
6	STEWART JOYNER	SOUTH LINCOLN H S	26.49	2
7	TROY PERRAULT	ST. FRANCIS S S	27.02	2
8	BRANDON RUDDY	EDEN HIGH SCHOOL	27.19	1
9	DYLAN HAGADORN	LAURA SECORD S S	27.87	1
10	DEAN YAROMICH	BLESSED TRINITY H S	27.88	1
11	RAY ZANG-EVA	BLESSED TRINITY H S	28.21	1
12	DAMEN NYLAND	CHURCHILL, S	28.46	2
13	DERRICK GIBBONS	DENIS MORRIS H S	31.25	1
14	SHANE DECKER	DENIS MORRIS H S	31.71	1

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men 400 Meter Dash Midget**

=====					
Zone IV: R 55.48		2004/05/13	JORDAN HECKMAN, Sir Winston		
Pre 2004: R 53.90		1982	TODD ANDERSON, Lakeport		
Name	Year	School	Finals	H#	Points
=====					
1	SIDDIQUE ALI	GOVERNOR SIMCOE SS	58.58	2	
2	KYLE GIROUX	BEAMSVILLE D S S	1:00.09	2	
3	CONNER WININGER	GOVERNOR SIMCOE SS	1:01.33	2	
4	JOHN ABANDO	DENIS MORRIS H S	1:01.73	2	
5	DERRICK GIBBONS	DENIS MORRIS H S	1:02.20	2	
6	RICHARD GRANT	EDEN HIGH SCHOOL	1:03.78	1	
7	JAMES THOMPSON	GRIMSBY D S S	1:04.78	1	
8	NICK PIRRITANO	ST. FRANCIS S S	1:05.69	1	
9	MICHAEL YOUNG	GOVERNOR SIMCOE SS	1:06.44	2	
10	CEDRIC VALDES	DENIS MORRIS H S	1:07.17	1	
11	JOEL CHOUINARD	ST. FRANCIS S S	1:09.22	1	
12	KYLER COLBERT	BEAMSVILLE D S S	1:11.22	1	
13	BRAD MCDUGALL	GRIMSBY D S S	1:11.70	1	

Men 800 Meter Run Midget

=====					
Zone IV: R 2:08.51		2004/05/13	DUSTIN DEMOE, Denis Morris		
Pre 2004: R 2:08.20		1994	NEIL O'REILLY, Sir Winston Churchi		
Name	Year	School	Finals	Points	
=====					
1	ANDREW NEBEL	CHURCHILL, S	2:15.84		
2	COREY GORBEL	CHURCHILL, S	2:18.41		
3	JOHN ABANDO	DENIS MORRIS H S	2:21.73		
4	JONATHAN EMMANUEL	HERITAGE CHR	2:25.80		
5	SPENCER HODGINS	BEAMSVILLE D S S	2:31.29		
6	NICK PIRRITANO	ST. FRANCIS S S	2:32.23		
7	JONATHAN ATTEMA	SMITHVILLE D	2:34.48		
8	JAMES THOMPSON	GRIMSBY D S S	2:42.20		

Men 1500 Meter Run Midget

=====					
Zone IV: R 4:20.74		2004/05/13	KEVIN MOORE, Sir Winston		
Pre 2004: R 4:17.10		1981	MIKE SMITH, Lakeport		
Name	Year	School	Finals	Points	
=====					
1	ANDREW NEBEL	CHURCHILL, S	4:34.52		
2	COREY GORBEL	CHURCHILL, S	4:35.73		
3	JOSH TURNER	GRIMSBY D S S	4:36.65		
4	SPENCER RABY	CHURCHILL, S	4:36.76		
5	ERIC ROZON	CHURCHILL, S	4:51.15		
6	BRADEN KENNY	DENIS MORRIS H S	4:51.99		
7	DYLAN WALICKI	EDEN HIGH SCHOOL	4:58.52		
8	CONNOR DIACUR	ST. CATHARIN	5:14.10		
9	CLAYTON CRANWELL	GRIMSBY D S S	5:20.10		
10	JONATHAN EMMANUEL	HERITAGE CHR	5:21.40		
11	JAMES THOMPSON	GRIMSBY D S S	5:22.79		
12	OWEN AUSTIN	ST. FRANCIS S S	6:09.84		

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men 3000 Meter Run Midget**

=====				
Zone IV: R 9:42.21		2006/05/11	MOHAMED AHMED, St. Catharin	
Pre 2004: R 9:21.20		1981	MIKE SMITH, Lakeport	
Name	Year	School	Finals	Points
=====				
1	JOSH TURNER	GRIMSBY D S S	9:53.52	
2	SPENCER RABY	CHURCHILL, S	9:58.64	
3	COREY GORBEL	CHURCHILL, S	10:14.09	
4	DYLAN WALICKI	EDEN HIGH SCHOOL	10:28.03	
5	MATTHEW CORMIER	CHURCHILL, S	10:28.51	
6	BRADEN KENNY	DENIS MORRIS H S	10:28.69	
7	LANDON WILSON	EDEN HIGH SCHOOL	10:40.18	
8	ERIC ROZON	CHURCHILL, S	10:55.09	
9	CLAYTON CRANWELL	GRIMSBY D S S	11:13.50	
10	TOM KIELSTRA	GREAT LAKES	13:02.64	

Men 100 Meter Hurdles Midget

=====				
Zone IV: R 15.71		2008/05/15	JOSH FORESTER, Blessed Trinity	
Pre 2004: R 14.50		2001	TAI SPENCER-YAP, Laura Second Second	
Pre 2004: R 14.50		1975	LEON ARENDSE, Laura Second Secondary	
Name	Year	School	Finals	Points
=====				
1	JACOB BOTHEN	BLESSED TRINITY H S	16.94	
2	KEVIN BONNEAU	GRIMSBY D S S	17.25	
3	BRAEDAN MCINTYRE	GRIMSBY D S S	19.52	
4	BRAEDEN DANIELS	BEAMSVILLE D S S	20.46	
5	ANDREW WONG	BLESSED TRINITY H S	21.97	

Men 300 Meter Hurdles Midget

=====				
Zone IV: R 43.95		2005/05/13	JORDAN GLANCIE, Laura Second	
Pre 2004: R 42.49		2001	TAI SPENCER-YAP, Laura Second Second	
Name	Year	School	Finals	Points
=====				
1	JACOB BOTHEN	BLESSED TRINITY H S	53.34	
2	BRAEDEN DANIELS	BEAMSVILLE D S S	1:06.32	

Men 4x100 Meter Relay Midget

=====				
Zone IV: R 48.88		2004/05/13	ST. FRANCIS S S, St. Francis	
			M Mckenna, T Goode, J Amadio, A Meyer	
Pre 2004: R 47.60		1979	, Denis Morris	
School			Finals	Points
=====				
1	GOVERNOR SIMCOE SS	'A'	48.68R	
2	BLESSED TRINITY H S	'A'	51.18	
3	DENIS MORRIS H S	'A'	52.90	
4	BEAMSVILLE D S S	'A'	1:02.44	
--	GRIMSBY D S S	'A'	DNF	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men High Jump Midget**

=====				
Zone IV: R 1.85m		2007/05/17	JEFF WEBB, Eden High Sc	
Pre 2004: R 1.87m		1995	MIKE PONIKVAR, Denis Morris	
Name	Year	School	Finals	Points
=====				
1 JONATHAN ATTEMA		SMITHVILLE D	1.65m	
2 RICHARD STEWART		SOUTH LINCOLN H S	1.60m	
3 AUSTIN AWREY		BLESSED TRINITY H S	1.55m	
4 JOE ZANTINGH		SMITHVILLE D	J1.55m	
5 COLTON VATERS		HOLY CROSS H S	1.50m	
6 ROMAN PROCYK		WEST PARK S S	J1.50m	
7 JARED REID		EDEN HIGH SCHOOL	1.45m	
8 MAX HICKS		GRIMSBY D S S	J1.45m	
9 KYLE MARTIN		GRIMSBY D S S	1.40m	

Men Long Jump Midget

=====				
Zone IV: R 5.66m		2008/05/15	JOSH FORESTER, Blessed Trinity	
Pre 2004: R 6.20m		1982	GREG BRISKIN, Lakeport	
Name	Year	School	Finals	Points
=====				
1 DYLAN HODGES		GOVERNOR SIMCOE SS	5.63m	
2 JOE ZANTINGH		SMITHVILLE D	5.30m	
3 CARTER LEPP		GOVERNOR SIMCOE SS	5.09m	
4 MAX HICKS		GRIMSBY D S S	4.95m	
5 DANIEL HALL		SOUTH LINCOLN H S	4.86m	
6 TROY PERRAULT		ST. FRANCIS S S	4.83m	
7 SHANE DECKER		DENIS MORRIS H S	4.69m	
8 JOSH ARNOLD		SOUTH LINCOLN H S	4.58m	
9 TIM BALL		DENIS MORRIS H S	4.56m	
10 WARREN AMALSAD		GREAT LAKES	4.47m	
11 JOHN ABANDO		DENIS MORRIS H S	4.45m	
12 KYLE MARTIN		GRIMSBY D S S	4.32m	
13 NICK SCHWAB		BLESSED TRINITY H S	4.28m	
14 BRAEDAN MCINTYRE		GRIMSBY D S S	4.26m	
15 BRANDON MAC CABE		HOLY CROSS H S	3.74m	
16 DYLAN HAGADORN		LAURA SECORD S S	3.45m	

Men Triple Jump Midget

=====				
Zone IV: R 11.86m		2009/05/14	BLAKE MCPHERSON, Governor Sim	
Pre 2004: R 12.73m		1984	ANDY RYMSHA, Governor Simcoe	
Name	Year	School	Finals	Points
=====				
1 DYLAN HODGES		GOVERNOR SIMCOE SS	11.02m	
2 DANIEL HALL		SOUTH LINCOLN H S	10.69m	
3 CARTER LEPP		GOVERNOR SIMCOE SS	10.44m	
4 MAX HICKS		GRIMSBY D S S	10.27m	
5 JONATHAN ATTEMA		SMITHVILLE D	10.19m	
6 BRAEDAN MCINTYRE		GRIMSBY D S S	10.03m	
7 TOM KIELSTRA		GREAT LAKES	9.18m	
8 OWEN AUSTIN		ST. FRANCIS S S	8.69m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men Shot Put Midget**

=====				
Zone IV: R 14.24m		2007/05/17	STEFAN PALIOS, Grimsby DSS	
Pre 2004: R 14.88m		1981	JOHN WILLMS, Eden High School	
Name	Year	School	Finals	Points
=====				
1 MYCHAEL BREW		ST. CATHARIN	12.27m	
2 TREVOR MCENENY		SOUTH LINCOLN H S	11.94m	
3 EVAN VLAJKOV		GRIMSBY D S S	11.32m	
4 ALEXANDER MARTYNEK		HOLY CROSS H S	10.25m	
5 JOSH ARNOLD		SOUTH LINCOLN H S	9.92m	
6 NIK SUSNYAR		GRIMSBY D S S	9.19m	
7 JAMES COOPER		LAURA SECORD S S	7.72m	

Men Discus Throw Midget

=====				
Zone IV: R 50.52m		2007/05/17	STEFAN PALIOS, Grimsby DSS	
Pre 2004: R 49.92m		2001	JOHNNIE AHLSTEDT, Laura Secord Seco	
Name	Year	School	Finals	Points
=====				
1 MYCHAEL BREW		ST. CATHARIN	35.20m	
2 NIK SUSNYAR		GRIMSBY D S S	26.73m	
3 EVAN VLAJKOV		GRIMSBY D S S	26.70m	
4 STEWART JOYNER		SOUTH LINCOLN H S	24.37m	
5 TREVOR MCENENY		SOUTH LINCOLN H S	23.79m	
6 JOSH ARNOLD		SOUTH LINCOLN H S	20.84m	
7 JAMES COOPER		LAURA SECORD S S	19.65m	

Men Javelin Throw Midget

=====				
Zone IV: R 47.47m		2007/05/17	RAY DYKSTRA, Grimsby DSS	
Pre 2004: R 49.32m		2003	SHAWN BENCH, Laura Secord Secondary	
Name	Year	School	Finals	Points
=====				
1 JOE ZANTINGH		SMITHVILLE D	35.56m	
2 RICHARD STEWART		SOUTH LINCOLN H S	33.33m	
3 MYCHAEL BREW		ST. CATHARIN	30.39m	
4 NIK SUSNYAR		GRIMSBY D S S	27.83m	
5 EVAN VLAJKOV		GRIMSBY D S S	23.70m	
6 JIMMY THOMS		DENIS MORRIS H S	22.08m	
7 JAMES COOPER		LAURA SECORD S S	18.10m	

Men 100 Meter Dash Junior

=====				
Zone IV: R 11.43		2005/05/13	TANNER GOODE, St.Francis	
Pre 2004: R 11.04		2003	DIRK HOFMANN, S.W.C.	
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 NICHOLAS BARTLETT		BEAMSVILLE D S S	12.26Q	1
2 KYLE NARDANGELI		DENIS MORRIS H S	12.29Q	2
3 CARSON FIRTH		GRIMSBY D S S	12.31Q	2
4 JEREMY ESPINO		ST. FRANCIS S S	12.47Q	1
5 NICHOLAS DAVEY		ST. CATHARIN	12.49q	2
6 COLE MORRISON		GRIMSBY D S S	12.67q	1
7 ALEX BURLA		BLESSED TRINITY H S	12.73q	1
8 FRANCISCO FRAGOSO		DENIS MORRIS H S	12.91q	1

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Men 100 Meter Dash Junior**

9	MICHAEL SONG	LAURA SECORD S S	12.96	1
10	DESMOND STEWART	LAURA SECORD S S	13.15	2
11	JOSHUA VANDERMOLEN	HERITAGE CHR	13.15	1
12	JACOB MOORE	BLESSED TRINITY H S	13.20	2
13	ANDONY ESCUDERO	GREAT LAKES	13.51	2
14	EDWARD DONATO	DENIS MORRIS H S	13.65	1
15	RYAN PEDRO	ST. FRANCIS S S	13.74	2

Men 100 Meter Dash Junior

=====				
Zone IV: R 11.43 2005/05/13 TANNER GOODE, St.Francis				
Pre 2004: R 11.04 2003 DIRK HOFMANN, S.W.C.				
Name	Year	School	Finals	Points
=====				

Finals

1	KYLE NARDANGELI	DENIS MORRIS H S	11.96
2	NICHOLAS BARTLETT	BEAMSVILLE D S S	12.07
3	CARSON FIRTH	GRIMSBY D S S	12.11
4	JEREMY ESPINO	ST. FRANCIS S S	12.27
5	ALEX BURLA	BLESSED TRINITY H S	12.57
6	COLE MORRISON	GRIMSBY D S S	12.62
7	NICHOLAS DAVEY	ST. CATHARIN	12.64
8	FRANCISCO FRAGOSO	DENIS MORRIS H S	12.94

Men 200 Meter Dash Junior

=====				
Zone IV: R 23.54 2008/05/15 DYLAN GRANGER, Holy Cross				
Pre 2004: R 23.00 1972 VIC REMPEL, Niagara District				
Name	Year	School	Finals	H# Points
=====				

1	GARRETT DION	CHURCHILL, S	24.42	2
2	NICHOLAS BARTLETT	BEAMSVILLE D S S	24.59	2
3	KYLE NARDANGELI	DENIS MORRIS H S	25.06	2
4	CARSON FIRTH	GRIMSBY D S S	25.06	2
5	BRETT MACDOUGALL	GRIMSBY D S S	26.01	2
6	BEN GADSBY	BEAMSVILLE D S S	26.42	2
7	BROCK MARTIN	GRIMSBY D S S	26.60	2
7	FRANCISCO FRAGOSO	DENIS MORRIS H S	26.60	1
9	MICHAEL SONG	LAURA SECORD S S	26.89	1
10	KEVIN CO	ST. FRANCIS S S	27.58	1
11	EDWARD DONATO	DENIS MORRIS H S	28.66	1
12	TYLER BARTON	KERNAHAN PARK S S	29.26	1
13	RYAN PEDRO	ST. FRANCIS S S	30.74	1
14	CHRIS ROBINSON	KERNAHAN PARK S S	32.16	1
--	IAN NOBLE	LAURA SECORD S S	FS	1

Men 400 Meter Dash Junior

=====				
Zone IV: R 53.86 2006/05/11 LEE MORI, Denis Morris				
Pre 2004: R 50.90 1986 BOB LYONS, Ridley College				
Name	Year	School	Finals	H# Points
=====				

1	GARRETT DION	CHURCHILL, S	55.18	2
2	BROCK MARTIN	GRIMSBY D S S	58.48	2

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Men 400 Meter Dash Junior**

3	LUKE DOHERTY	DENIS MORRIS H S	59.13	2
4	KYLE NARDANGELI	DENIS MORRIS H S	1:00.11	2
5	NICHOLAS DAVEY	ST. CATHARIN	1:00.67	2
6	ZACHARY GODIN	CHURCHILL, S	1:02.02	2
7	TYLER BARTON	KERNAHAN PARK S S	1:06.49	1
8	EDWARD DONATO	DENIS MORRIS H S	1:07.54	1
9	CHRIS ROBINSON	KERNAHAN PARK S S	1:13.08	2
10	JOHN KOLBUC	DENIS MORRIS H S	1:15.61	1

Men 800 Meter Run Junior

=====				
Zone IV: R 2:02.43		2004/05/13	MATTHEW BUTTERS, Denis Morris	
Pre 2004: R 1:58.69		1997	JEFF MALLYSH, Holy Cross	
Name	Year	School	Finals	Points
=====				
1	TROY SMITH	GRIMSBY D S S	2:03.56	
2	ZACHARY GODIN	CHURCHILL, S	2:16.71	
3	MICHAEL DEGRAAF	HERITAGE CHR	2:16.91	
4	BEN DALE	GREAT LAKES	2:20.23	
5	LUKE DOHERTY	DENIS MORRIS H S	2:27.66	
6	NASRUDIN HASSAN	LAURA SECORD S S	2:43.05	
7	JAMES BAILEY	WEST PARK S S	2:44.96	

Men 1500 Meter Run Junior

=====				
Zone IV: R 4:17.52		2007/05/17	MOHAMED AHMED, St. Catharin	
Pre 2004: R 4:06.24		2002	JEFF SCULL, Beamsville Secondary	
Name	Year	School	Finals	Points
=====				
1	TROY SMITH	GRIMSBY D S S	4:12.38R	
2	MICHAEL DEGRAAF	HERITAGE CHR	4:51.68	
3	ADAM SMITH	LAURA SECORD S S	4:53.15	
4	LUKE DOHERTY	DENIS MORRIS H S	5:14.57	
5	RILEY DUNDA	GRIMSBY D S S	5:15.57	
6	JAMES BAILEY	WEST PARK S S	5:26.29	
7	ANDREW PEROSSA	DENIS MORRIS H S	5:34.02	
8	NASRUDIN NASSAN	LAURA SECORD S S	5:41.24	

Men 3000 Meter Run Junior

=====				
Zone IV: R 9:15.44		2007/05/17	MOHAMED AHMED, St. Catharin	
Pre 2004: R 9:04.70		1983	MIKE SMITH, Lakeport	
Name	Year	School	Finals	Points
=====				
1	ADAM SMITH	LAURA SECORD S S	10:24.12	
2	LUKE STEVENS	GRIMSBY D S S	10:42.11	
3	BRENDAN MCDUGALL	GRIMSBY D S S	10:49.77	
4	ANDREW PEROSSA	DENIS MORRIS H S	12:15.12	
5	NASRUDIN NASSAN	LAURA SECORD S S	12:57.00	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men 100 Meter Hurdles Junior**

=====				
Zone IV: R 14.51	2007/05/17	TOWNSEND BENARD, Laura	Second	
Pre 2004: R 14.67	2003	TAI SPENCER-YAP, Laura	Second	Second
Name	Year	School	Finals	Points
=====				
1 PETER OLIVEIRA		BLESSED TRINITY H S	16.01	
2 KEVIN STONES		BEAMSVILLE D S S	16.76	
3 CALVIN BOND		BEAMSVILLE D S S	16.77	
4 KAI HANSEN		LAURA SECORD S S	17.04	
5 DESMOND STEWART		LAURA SECORD S S	17.52	
6 JAMIE FARRELL		GRIMSBY D S S	18.72	
7 BRETT MACDOUGALL		GRIMSBY D S S	19.12	

Men 300 Meter Hurdles Junior

=====				
Zone IV: R 44.00	2004/05/13	TYLER ROUSE, Grimsby	DSS	
Pre 2004: R 42.50	2003	ROB PETERS, Grimsby		
Pre 2004: R 42.50	1994	JIM CORUPE, Denis	Morris	
Pre 2004: R 42.49	2001	TAI SPENCER-YAP, Laura	Second	Second
Name	Year	School	Finals	Points
=====				
1 PETER OLIVEIRA		BLESSED TRINITY H S	44.84	
2 CALVIN BOND		BEAMSVILLE D S S	45.82	
3 JAMIE FARRELL		GRIMSBY D S S	46.04	
4 MIKE FORTALEZA		CHURCHILL, S	46.91	
5 DESMOND STEWART		LAURA SECORD S S	47.03	
6 BRETT MACDOUGALL		GRIMSBY D S S	48.46	

Men 4x100 Meter Relay Junior

=====				
Zone IV: R 47.59	2004/05/13	BEAMSVILLE D S S, Beamsville D		
		S Michener, B Maitland, C Lemieux, R Phipps		
Pre 2004: R 45.90	1980	, Grantham		
School			Finals	Points
=====				
1 GRIMSBY D S S 'A'			48.39	
2 LAURA SECORD S S 'A'			53.28	
3 BLESSED TRINITY H S 'A'			53.51	
-- BEAMSVILLE D S S 'A'			DNF	

Men High Jump Junior

=====				
Zone IV: R 1.88m	2004/05/13	JAMES BRODHAGEN, Thorold	SS-T	
Pre 2004: R 2.11m	1997	MIKE PONIKVAR, Denis	Morris	
Name	Year	School	Finals	Points
=====				
1 KEVIN JASKIEWICZ		DENIS MORRIS H S	1.70m	
2 KEVIN STONES		BEAMSVILLE D S S	1.65m	
3 KYLE SCHERTZER		CHURCHILL, S	1.65m	
4 MATT DISIMONI		DENIS MORRIS H S	1.60m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men Long Jump Junior**

=====				
Zone IV: R 6.05m		2007/05/17	SHAWN HIND, Holy Cross H	
Pre 2004: R 6.55m		1992	ANDREW BELL, St Catharines Collegiat	
Name	Year	School	Finals	Points
=====				
1	GARRETT DION	CHURCHILL, S	5.58m	
2	SHAWN EPP-STRACHAN	DENIS MORRIS H S	5.24m	
3	BEN GADSBY	BEAMSVILLE D S S	5.22m	
4	MARK RANKIN	CHURCHILL, S	5.20m	
5	COLE MORRISON	GRIMSBY D S S	5.04m	
6	DANIEL RIVERA	CHURCHILL, S	4.92m	
7	KEVIN JASKIEWICZ	DENIS MORRIS H S	4.86m	
8	BROCK DEVRIES	SOUTH LINCOLN H S	4.82m	
9	KEVIN CO	ST. FRANCIS S S	4.58m	
10	MICHAEL DEGRAAF	HERITAGE CHR	4.50m	
11	KEVIN STONES	BEAMSVILLE D S S	4.47m	
12	HERI LWESSO	GRIMSBY D S S	4.43m	
13	KAI HANSEN	LAURA SECORD S S	4.33m	
14	MATT DISIMONI	DENIS MORRIS H S	4.28m	
--	MIKE FORTALEZA	CHURCHILL, S	FOUL	

Men Triple Jump Junior

=====				
Zone IV: R 12.89m		2005/05/13	DAVID TEBBUTT, Eden Highschool	
Pre 2004: R 13.65m		2003	TUMELO MOLEKO, Ridley	
Name	Year	School	Finals	Points
=====				
1	BROCK DEVRIES	SOUTH LINCOLN H S	11.30m	
2	CALVIN BOND	BEAMSVILLE D S S	11.17m	
3	MIKE FORTALEZA	CHURCHILL, S	11.12m	
4	COLE MORRISON	GRIMSBY D S S	11.06m	
5	SHAWN EPP-STRACHAN	DENIS MORRIS H S	10.75m	
6	MICHAEL SONG	LAURA SECORD S S	10.57m	
7	DANIEL RIVERA	CHURCHILL, S	10.52m	
8	BEN GADSBY	BEAMSVILLE D S S	10.43m	
9	JAMES BAILEY	WEST PARK S S	10.02m	
10	IAN NOBLE	LAURA SECORD S S	9.29m	
11	CHRIS KENNY	DENIS MORRIS H S	9.03m	
12	ALEX VOORTMAN	SMITHVILLE D	8.18m	

Men Shot Put Junior

=====				
Zone IV: R 16.35m		2008/05/15	STEFAN PALIOS, Grimsby DSS	
Pre 2004: R 16.03m		1990	RICK FRIESEN, Lakeport	
Name	Year	School	Finals	Points
=====				
1	CHRIS KENNY	DENIS MORRIS H S	13.08m	
2	RILEY DUNDA	GRIMSBY D S S	11.90m	
3	BEN DALE	GREAT LAKES	11.55m	
4	HERI LWESSO	GRIMSBY D S S	11.48m	
5	JACOB MOORE	BLESSED TRINITY H S	11.32m	
6	BRANDON HARRISON	WEST PARK S S	11.23m	
7	DEAN CONWAY	GOVERNOR SIMCOE SS	10.79m	
8	MATTHEW GORDON	BEAMSVILLE D S S	10.19m	
9	BEN COBB	CHURCHILL, S	9.84m	
10	MARTIN CROOKS	BLESSED TRINITY H S	9.53m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Men Shot Put Junior**

11	DEVIN SPENCER	LAURA SECORD S S	9.45m
12	PAT SHEEHAN	BLESSED TRINITY H S	8.65m
13	DYLAN AGUIAR	BLESSED TRINITY H S	8.64m
14	LASTEWKA ALEX	CHURCHILL, S	8.43m
15	J.P. TABIOS	ST. FRANCIS S S	8.14m
16	JOHN KOLBUC	DENIS MORRIS H S	5.50m
--	BEN POSAVAD	BEAMSVILLE D S S	X3.84m

Men Discus Throw Junior

=====				
Zone IV: R 54.43m 2008/05/15 STEFAN PALIOS, Grimsby DSS				
Pre 2004: R 45.62m 1990 RICK FRIESEN, Lakeport				
Name	Year	School	Finals	Points
=====				
1	STEVEN FALK	EDEN HIGH SCHOOL	45.29m	
2	ZACHARY KOROLL	GOVERNOR SIMCOE SS	43.38m	
3	HERI LWESSO	GRIMSBY D S S	39.13m	
4	DEAN CONWAY	GOVERNOR SIMCOE SS	31.75m	
5	ADAM SCHWEINBENZ	BLESSED TRINITY H S	30.55m	
6	BROWN MITCHELL	CHURCHILL, S	29.87m	
7	JOSHUA VANDERMOLEN	HERITAGE CHR	28.95m	
8	BRANDON HARRISON	WEST PARK S S	26.90m	
9	SENAD HODZIC	WEST PARK S S	24.57m	
10	DEVIN SPENCER	LAURA SECORD S S	24.20m	
11	MATTHEW GORDON	BEAMSVILLE D S S	23.78m	
12	BEN COBB	CHURCHILL, S	23.35m	
13	ANDREW STEWART	BEAMSVILLE D S S	22.43m	
14	DYLAN AGUIAR	BLESSED TRINITY H S	20.23m	
15	PAT SHEEHAN	BLESSED TRINITY H S	14.18m	
--	WYATT DUNLOP	BLESSED TRINITY H S	FOUL	

Men Javelin Throw Junior

=====				
Zone IV: R 55.45m 2008/05/15 RAY DYKSTRA, Grimsby DSS				
Pre 2004: R 51.16m 2003 RICKY POWELL, Laura Second Secondar				
Name	Year	School	Finals	Points
=====				
1	RANDY HUTTON	BLESSED TRINITY H S	45.06m	
2	RILEY DUNDA	GRIMSBY D S S	40.89m	
3	SHAWN EPP-STRACHAN	DENIS MORRIS H S	35.33m	
4	KEVIN JASKIEWICZ	DENIS MORRIS H S	35.31m	
5	BEN COBB	CHURCHILL, S	33.75m	
6	CHRIS KENNY	DENIS MORRIS H S	31.29m	
7	DEAN CONWAY	GOVERNOR SIMCOE SS	31.05m	
8	STEVEN FALK	EDEN HIGH SCHOOL	28.54m	
9	BRANDON HARRISON	WEST PARK S S	27.49m	
10	LASTEWKA ALEX	CHURCHILL, S	26.98m	
11	MATTHEW GORDON	BEAMSVILLE D S S	26.50m	
12	ANDREW STEWART	BEAMSVILLE D S S	22.84m	
13	ZACHARY KOROLL	GOVERNOR SIMCOE SS	20.69m	
--	KAI HANSEN	LAURA SECORD S S	FOUL	
--	ADAM SCHWEINBENZ	BLESSED TRINITY H S	FOUL	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men 100 Meter Dash Senior**

=====				
Zone IV: R 11.20	2004/05/13	CHRIS GERIMIA, St. Francis		
Pre 2004: R 10.77	2003	ALWYN COX, Ridley		
Pre 2004: R 10.80	1973	VIC REMPEL, Niagara District		
Name	Year	School	Prelims	H#
=====				

Preliminaries

1	DAN (DANIEL) DOMAGALA	HOLY CROSS H S	11.82Q	2
2	JOSH FORESTER	BLESSED TRINITY H S	11.96Q	3
3	JORDON CLOUT	GOVERNOR SIMCOE SS	12.38Q	1
4	MATT JESSOME	ST. FRANCIS S S	12.14q	3
5	TYLER DISIMONI	DENIS MORRIS H S	12.52q	2
6	MATT CHAPUT	ST. FRANCIS S S	12.53q	1
7	BRANDON ROGERS	GOVERNOR SIMCOE SS	12.61q	3
8	MILES MORTON	BLESSED TRINITY H S	12.68q	1
9	JUAN DAVID SEGURA PAEZ	EDEN HIGH SCHOOL	12.73	3
10	STEVE BOEKESTYN	EDEN HIGH SCHOOL	12.81	2
11	CHRISTIAN SANDERCOTT	DENIS MORRIS H S	12.86	2
12	MATT PERELLA	DENIS MORRIS H S	12.96	3
13	ALEX KRETZ	DENIS MORRIS H S	13.17	1
14	DAVID LIVINGSTONE	LAURA SECORD S S	13.23	1
15	ALEC LORENTZ	GRIMSBY D S S	13.28	1
16	NATHAN KEEN	SMITHVILLE D	13.35	3
17	MATTHEW MARRATT	SOUTH LINCOLN H S	13.49	2
18	JOSH BELL	BEAMSVILLE D S S	13.62	2
19	DAVID SCHOLMAN	SMITHVILLE D	14.54	1

Men 100 Meter Dash Senior

=====				
Zone IV: R 11.20	2004/05/13	CHRIS GERIMIA, St. Francis		
Pre 2004: R 10.77	2003	ALWYN COX, Ridley		
Pre 2004: R 10.80	1973	VIC REMPEL, Niagara District		
Name	Year	School	Finals	Points
=====				

Finals

1	JOSH FORESTER	BLESSED TRINITY H S	11.77	
2	DAN (DANIEL) DOMAGALA	HOLY CROSS H S	11.91	
3	JORDON CLOUT	GOVERNOR SIMCOE SS	12.22	
4	MATT JESSOME	ST. FRANCIS S S	12.23	
5	TYLER DISIMONI	DENIS MORRIS H S	12.42	
6	BRANDON ROGERS	GOVERNOR SIMCOE SS	12.53	
7	MATT CHAPUT	ST. FRANCIS S S	12.55	
8	MILES MORTON	BLESSED TRINITY H S	12.73	

Men 200 Meter Dash Senior

=====				
Zone IV: R 22.25	2007/05/17	CODY BOYD, Sir Winston		
Pre 2004: R 22.60	1991	BOB COLES, Holy Cross		
Name	Year	School	Finals	H# Points
=====				
1	MATT JESSOME	ST. FRANCIS S S	24.67	2
2	JOSH FORESTER	BLESSED TRINITY H S	24.91	1
3	RYAN BELISLE	GRIMSBY D S S	24.94	2
4	JORDON CLOUT	GOVERNOR SIMCOE SS	25.46	2
5	BRANDON ROGERS	GOVERNOR SIMCOE SS	25.74	2

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Men 200 Meter Dash Senior**

6	MILES MORTON	BLESSED TRINITY H S	26.26	1
7	BRANDON KERRY	DENIS MORRIS H S	26.40	2
8	CHRISTIAN SANDERCOTT	DENIS MORRIS H S	26.40	1
9	MATT PERELLA	DENIS MORRIS H S	27.30	2
10	JUAN DAVID SEGURA PAEZ	EDEN HIGH SCHOOL	29.09	2
11	DAVID SCHOLMAN	SMITHVILLE D	30.28	1
12	JAKE VANDERHEIDE	SMITHVILLE D	30.62	1
13	ERIK CLEVE	DENIS MORRIS H S	30.95	1

Men 400 Meter Dash Senior

=====				
Zone IV: R 49.81 2007/05/17 CODY BOYD, Sir Winston				
Pre 2004: R 49.40 1991 BRYAN HENRY, Ridley College				
Name	Year	School	Finals	H# Points
=====				
1	CAM GILES	EDEN HIGH SCHOOL	50.60	2
2	KEN SLESSOR	GRIMSBY D S S	52.96	2
3	BRANDON ROGERS	GOVERNOR SIMCOE SS	55.38	2
4	RYAN BELISLE	GRIMSBY D S S	55.67	2
5	LUKE HONSBERGER	LAURA SECORD S S	58.24	2
6	KAKISA WILSON-DEBOER	SMITHVILLE D	59.61	2
7	BRIAN FOURNIER	DENIS MORRIS H S	1:00.39	1
8	BRANDON KERRY	DENIS MORRIS H S	1:02.26	1
9	ALEX (ALEXANDER) MILNE	HOLY CROSS H S	1:04.66	1
10	BRENT SMITH	BLESSED TRINITY H S	1:05.99	2
11	ANDRE VRUGTEVEEN	GRIMSBY D S S	1:06.12	1
12	NATHAN VENDITELLI	DENIS MORRIS H S	1:08.66	1
--	CHRIS HUTTON	CHURCHILL, S	DNF	2

Men 800 Meter Run Senior

=====				
Zone IV: R 1:58.78 2009/05/14 DOUG EASTERBROOK, Grimsby DSS				
Pre 2004: R 1:54.00 1991 BRYAN HENRY, Ridley College				
Name	Year	School	Finals	H# Points
=====				
1	CHRIS HUTTON	CHURCHILL, S	1:58.33R	2
2	TREVOR JANSSEN	EDEN HIGH SCHOOL	2:00.59	2
3	CAM GILES	EDEN HIGH SCHOOL	2:09.27	2
4	CONNOR DOHERTY	CHURCHILL, S	2:09.68	2
5	TAYLOR LAEKEMAN	CHURCHILL, S	2:11.39	2
6	BRADEN DUROCHER	ST. CATHARIN	2:16.44	2
7	BRIAN FOURNIER	DENIS MORRIS H S	2:16.69	2
8	KAKISA WILSON-DEBOER	SMITHVILLE D	2:16.93	2
9	LUKE HONSBERGER	LAURA SECORD S S	2:22.08	1
10	JAKE KENNY	DENIS MORRIS H S	2:23.50	1
11	TYLER TIERSMA	SMITHVILLE D	2:23.69	1
12	KEVIN CHANHSAVANG	LAURA SECORD S S	2:26.63	1
13	COREY HASLAM	GRIMSBY D S S	2:26.79	1
14	JACOB FOLKERTS	SMITHVILLE D	2:38.16	1
15	ERIK CLEVE	DENIS MORRIS H S	2:42.47	1

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men 1500 Meter Run Senior**

=====				
Zone IV: R 3:59.31		2004/05/13	JEFF SCULL, Beamsville D	
Pre 2004: R 3:59.70		1991	JEFF LOCKYER, Sir Winston Churchill	
Name	Year	School	Finals	Points
=====				
1 CHRIS HUTTON		CHURCHILL, S	4:11.91	
2 IBRAHIM AHMED		ST. FRANCIS S S	4:14.85	
3 TREVOR JANSSEN		EDEN HIGH SCHOOL	4:19.26	
4 TAYLOR LAEKEMAN		CHURCHILL, S	4:23.67	
5 CONNOR DOHERTY		CHURCHILL, S	4:25.13	
6 GRANT WIGNALL		DENIS MORRIS H S	4:30.75	
7 SEAN GODDARD		GOVERNOR SIMCOE SS	4:48.53	
8 BRADEN DUROCHER		ST. CATHARIN	4:50.02	
9 NICK GROSSI		DENIS MORRIS H S	4:55.54	
10 DANIEL PETERS		DENIS MORRIS H S	4:55.68	
11 LUKE HONSBERGER		LAURA SECORD S S	4:59.99	
12 COREY HASLAM		GRIMSBY D S S	5:18.47	
13 MATT CHAPUT		ST. FRANCIS S S	5:26.25	
14 BRENDAN HASTIE		DENIS MORRIS H S	5:26.69	

Men 3000 Meter Run Senior

=====				
Zone IV: R 8:30.12		2009/05/14	MOHAMMED AHMED, St. Catharin	
Pre 2004: R 8:40.20		1991	JEFF LOCKYER, Sir Winston Churchill	
Name	Year	School	Finals	Points
=====				
1 IBRAHIM AHMED		ST. FRANCIS S S	9:08.87	
2 GRANT WIGNALL		DENIS MORRIS H S	9:40.35	
3 SEAN GODDARD		GOVERNOR SIMCOE SS	10:06.04	
4 DANIEL PETERS		DENIS MORRIS H S	10:15.18	
5 NICK GROSSI		DENIS MORRIS H S	10:36.14	
6 MARK GERAEDTS		GRIMSBY D S S	10:49.43	
7 COREY HASLAM		GRIMSBY D S S	11:52.60	
8 BEN THOMPSON		BLESSED TRINITY H S	12:17.67	

Men 110 Meter Hurdles Senior

=====				
Zone IV: R 14.85		2008/05/15	TOWNSEND BENARD, Laura Secord	
Pre 2004: R 15.30		1988	BRAD CARROLL, Grimsby Secondary	
Name	Year	School	Finals	Points
=====				
1 KEN SLESSOR		GRIMSBY D S S	17.58	
2 JOE SALTER		LAURA SECORD S S	19.20	
3 NATHAN KEEN		SMITHVILLE D	20.93	

Men 400 Meter Hurdles Senior

=====				
Zone IV: R 59.84		2007/05/17	TYLER ROUSE, Grimsby DSS	
Pre 2004: R 57.20		1995	JIM CORUPE, Denis Morris	
Name	Year	School	Finals	Points
=====				
1 KEN SLESSOR		GRIMSBY D S S	1:01.10	
2 JOE SALTER		LAURA SECORD S S	1:08.92	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men 4x100 Meter Relay Senior**

=====				
Zone IV: R 45.47	2007/05/17	SIR WINSTON CHURCHILL S S, Sir Winst		
		C Boyd, J Heckman, B Earp-Lynch, S Earp-Lynch		
Pre 2004: R 44.60	1971	, Ridley College		
School			Finals	Points
=====				
1 BLESSED TRINITY H S	'A'		48.03	
2 ST. FRANCIS S S	'A'		48.75	
3 LAURA SECORD S S	'A'		49.57	
4 GRIMSBY D S S	'A'		51.86	
-- DENIS MORRIS H S	'A'		DQ	

Men High Jump Senior

=====				
Zone IV: R 1.95m	2006/05/11	NICK GLOVER, Beamsville D		
Pre 2004: R 2.07m	1998	MIKE PONIKVAR, Denis Morris		
Name	Year	School	Finals	Points
=====				
1 DEVIN VANHOFFEN		SMITHVILLE D	1.70m	
2 DYLAN CHRISTIANSEN		LAURA SECORD S S	J1.70m	
2 CODY LAHAIE		GOVERNOR SIMCOE SS	J1.70m	
4 TYLER DISIMONI		DENIS MORRIS H S	1.55m	
5 JACOB FOLKERTS		SMITHVILLE D	J1.55m	
7 ALEX (ALEXANDER) MILNE		HOLY CROSS H S	J1.50m	
7 MATTHEW MARRATT		SOUTH LINCOLN H S	J1.50m	

Men Pole Vault Senior

=====				
Zone IV: R 3.60m	2009/05/14	TOWNSEND BENARD, Laura Secord		
Pre 2004: R 4.10m	1988	DAN PEROSSA, West Park		
Name	Year	School	Finals	Points
=====				
1 JOE SALTER		LAURA SECORD S S	3.20m	
2 SEASON CHANTHAPHONH		LAURA SECORD S S	2.00m	
3 VICTOR FALVO		LAURA SECORD S S	J2.00m	
4 KEVIN CHANHSAVANG		LAURA SECORD S S	J2.00m	

Men Long Jump Senior

=====				
Zone IV: R 6.22m	2008/05/15	DANIK JOHNSTON, St. Catharines Colle		
Pre 2004: R 6.75m	1992	RICH DUNCAN, St Catharines Collegiat		
Name	Year	School	Finals	Points
=====				
1 BLAKE MCPHERSON		GOVERNOR SIMCOE SS	6.20m	
2 DAHLEN COOK		ST. FRANCIS S S	5.54m	
3 AARON SHRUM		SOUTH LINCOLN H S	5.43m	
4 MATT JESSOME		ST. FRANCIS S S	5.42m	
5 CORY PATTISON		HOLY CROSS H S	5.39m	
6 JALEEL WARD		DENIS MORRIS H S	5.23m	
7 JEFF HEUVING		GRIMSBY D S S	5.19m	
8 ERIC VAN GOCH		BLESSED TRINITY H S	5.10m	
9 DYLAN CHRISTIANSEN		LAURA SECORD S S	4.93m	
10 ALEX KRETZ		DENIS MORRIS H S	4.73m	
11 SEASON CHANTHAPHONH		LAURA SECORD S S	4.72m	
12 ANDREW CHIBORAK		DENIS MORRIS H S	4.71m	
13 MATT CHAPUT		ST. FRANCIS S S	4.28m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Men Long Jump Senior**

13 RYLEY MACDONALD	ST. FRANCIS S S	4.28m
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Men Triple Jump Senior

=====				
Zone IV: R 13.20m	2006/05/11	DAVID TEBBUI, Eden High Sc		
Zone IV: R 13.20m	2008/05/15	DANIK JOHNSTON, St. Catharines Coll		
Pre 2004: R 13.77m	1992	RICH DUNCAN, St Catharines Collegia		
Name	Year	School	Finals	Points
=====				
1 BLAKE MCPHERSON		GOVERNOR SIMCOE SS	12.27m	
2 JALEEL WARD		DENIS MORRIS H S	11.76m	
3 CORY PATTISON		HOLY CROSS H S	11.71m	
4 AARON SHRUM		SOUTH LINCOLN H S	11.51m	
5 DAHLEN COOK		ST. FRANCIS S S	J11.51m	
6 DYLAN CHRISTIANSEN		LAURA SECORD S S	11.42m	
7 CODY LAHAIE		GOVERNOR SIMCOE SS	11.18m	
8 JEFF HEUVING		GRIMSBY D S S	11.04m	
9 ERIC VAN GOCH		BLESSED TRINITY H S	10.13m	
10 SEASON CHANTHAPHONH		LAURA SECORD S S	9.93m	
11 STEPHON SHARPE		DENIS MORRIS H S	8.97m	
-- JOSH DURLING		EDEN HIGH SCHOOL	FOUL	

Men Shot Put Senior

=====				
Zone IV: R 14.70m	2009/05/14	STEFAN PALIOS, Grimsby DSS		
Pre 2004: R 16.92m	1991	RICK FRIESEN, Lakeport		
Name	Year	School	Finals	Points
=====				
1 RAY DYKSTRA		GRIMSBY D S S	14.51m	
2 NICO SCOTT		WEST PARK S S	12.58m	
3 JOEL WILLIAMS		BLESSED TRINITY H S	11.93m	
4 DP MAINSE		BLESSED TRINITY H S	11.80m	
5 STEVEN HARDER		BEAMSVILLE D S S	11.71m	
6 CONNER HICKINGBOTTOM		GRIMSBY D S S	11.10m	
7 TOM DYKSTRA		GRIMSBY D S S	11.07m	
8 BRAEDAN HILL		ST. CATHARIN	10.55m	
9 DYLAN COOPER		LAURA SECORD S S	10.01m	
10 MATT DAGENAIS		DENIS MORRIS H S	9.35m	
11 JOSH NIESINK		DENIS MORRIS H S	9.34m	
12 KUNDAI KAHARI		LAURA SECORD S S	8.90m	
13 JARRET GLANCIE		LAURA SECORD S S	8.59m	
14 ANDREW EVANGELISTO		BLESSED TRINITY H S	8.55m	
15 ETHAN KORTEN		SMITHVILLE D	8.47m	
15 NATHANIEL RAHM		SMITHVILLE D	8.47m	

Men Discus Throw Senior

=====				
Zone IV: R 48.52m	2004/05/13	RICH JOHNSON, Governor Sim		
Pre 2004: R 46.86m	1987	DAVE DMYTRAS, Denis Morris		
Name	Year	School	Finals	Points
=====				
1 RAY DYKSTRA		GRIMSBY D S S	45.78m	
2 NICO SCOTT		WEST PARK S S	37.92m	
3 BRANDON KUKHTA		BLESSED TRINITY H S	35.18m	
4 JACKSON RAND		BLESSED TRINITY H S	29.33m	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****....Men Discus Throw Senior**

5	CONNER HICKINGBOTTOM	GRIMSBY D S S	27.99m
6	TOM DYKSTRA	GRIMSBY D S S	27.26m
7	NATHANIEL RAHM	SMITHVILLE D	25.63m
8	ANDREW HAYES	GRIMSBY D S S	25.33m
9	DYLAN COOPER	LAURA SECORD S S	24.66m
10	BRAEDAN HILL	ST. CATHARIN	23.70m
11	DAVID BOONE	LAURA SECORD S S	20.86m
12	JARRET GLANCIE	LAURA SECORD S S	19.64m
13	MATT SIRIGNANO	ST. FRANCIS S S	19.47m
14	CALEB VAN SOELEN	SMITHVILLE D	19.41m
15	DAVID LIVINGSTONE	LAURA SECORD S S	18.55m
16	CHRIS DEKKER	SMITHVILLE D	16.59m

Men Javelin Throw Senior

=====				
Zone IV: R 60.10m 2009/05/14 RAY DYKSTRA, Grimsby DSS				
Pre 2004: R 49.30m 2001 PIERRE ROBINSON, Ridley College				
Name	Year	School	Finals	Points
=====				
1	RAY DYKSTRA	GRIMSBY D S S	63.12mR	
2	CONNER HICKINGBOTTOM	GRIMSBY D S S	47.62m	
3	NICO SCOTT	WEST PARK S S	44.41m	
4	JOE BLACKBOROW	BLESSED TRINITY H S	43.60m	
5	DYLAN THOMPSON	GRIMSBY D S S	40.10m	
6	JARRET GLANCIE	LAURA SECORD S S	38.83m	
7	ANDREW CHIBORAK	DENIS MORRIS H S	36.89m	
8	AARON SHRUM	SOUTH LINCOLN H S	36.34m	
9	ALLEN PHILLIPS	GRIMSBY D S S	34.29m	
10	JACOB FOLKERTS	SMITHVILLE D	34.13m	
11	KUNDAI KAHARI	LAURA SECORD S S	33.73m	
12	DAHLEN COOK	ST. FRANCIS S S	33.04m	
13	DAVID DONNELLY	ST. FRANCIS S S	32.69m	
14	BRENDAN HASTIE	DENIS MORRIS H S	25.86m	
15	ETHAN KORTEN	SMITHVILLE D	25.73m	

Men 2000 Meter Steeplechase Open

=====				
Zone IV: R 6:24.17 2008/05/15 RYAN THOMAS, Grimsby DSS				
Pre 2004: R 6:17.40 1988 TIM MCNEIL, West Park				
Name	Year	School	Finals	Points
=====				
1	GARRISON BARKWAY	EDEN HIGH SCHOOL	7:13.65	
2	LUKE STEVENS	GRIMSBY D S S	7:26.40	
3	JAMIE FARRELL	GRIMSBY D S S	7:28.84	
4	BRENDAN MCDUGALL	GRIMSBY D S S	7:29.55	
5	ADAM SMITH	LAURA SECORD S S	7:35.77	
6	ADAM POLLY	DENIS MORRIS H S	7:37.56	
7	JACKSON RAND	BLESSED TRINITY H S	7:45.35	
8	CLAYTON CRANWELL	GRIMSBY D S S	8:12.60	
9	SPENCER MILLER	EDEN HIGH SCHOOL	8:47.31	

2011 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 2011/05/12**Niagara Olympic Club- West Park****Results****Men 4x400 Meter Relay Open**

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Zone IV: R 3:33.01	2008/05/15	GRIMSBY D S S, Grimsby DSS		
		D Easterbrook, C Short, K Park, C Michaud		
Pre 2004: R 3:31.90	1990	, Ridley College		
School			Finals	Points
=====				
1	SIR WINSTON CHURCHILL S S	'A'	3:37.76	
2	GRIMSBY D S S	'A'	3:40.37	
3	DENIS MORRIS H S	'A'	3:56.02	
4	EDEN HIGH SCHOOL	'A'	4:01.10	
5	BEAMSVILLE D S S	'A'	4:02.66	

Men 100 Meter Dash Ambulatory

=====				
Name	Year	School	Finals	Points
=====				
1 BEN POSAVAD		BEAMSVILLE D S S	20.20	