

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Women 100 Meter Dash Midget****Zone IV: 12.96 R 5/13/2005 LEIGH VEERMAN, Laura Secord****Pre 2004: 12.20 R 1979 YVETTE JULES, Grantham**

Name	School	Seed	Prelims	H#
Preliminaries				
1 BOEKESTYN, RICHELLE	HERITAGE CHRISTIAN SCH	13.86	14.17 Q	1
2 MCCLURKEN, CAITLYN	GRIMSBY D S S	14.03	14.58 Q	2
3 PATTERSON, CARLEY	ST. FRANCIS S S	14.32	14.25 Q	1
4 MUSCA, MIREILLE	BLESSED TRINITY H S	13.91	14.62 Q	2
5 EDWARDS, SHADAE	DENIS MORRIS H S	14.05	14.28 q	1
6 MAZZARELLA, ANNIKA	LAURA SECORD S S	14.17	14.31 q	1
7 DORIN, BRIANNA	BLESSED TRINITY H S	14.52	14.57 q	1
8 SIMPSON, CHLOE	LAURA SECORD S S	14.32	15.10 q	2
9 HUNTER, DANIELLE	HOLY CROSS H S	14.62	15.11	1
10 SUMMERS, TIARA	ST. CATHARINES C I & V S	14.45	15.21	1
11 MCLAREN, KAYLA	GOVERNOR SIMCOE S S	14.29	15.24	2
12 BARTFAI, JULA	BEAMSVILLE D S S	14.77	15.30	2
13 TRIFUNOVIC, STACEY	SOUTH LINCOLN H S	14.56	15.39	2
14 MACDONALD, MOLLY	ST. FRANCIS S S	14.73	15.73	2
--- MEEBOER, MEGAN	BEAMSVILLE D S S	15.12	DNS	1

Women 100 Meter Dash Midget**Zone IV: 12.96 R 5/13/2005 LEIGH VEERMAN, Laura Secord****Pre 2004: 12.20 R 1979 YVETTE JULES, Grantham**

Name	School	Prelims	Finals	Points
Finals				
1 MCCLURKEN, CAITLYN	GRIMSBY D S S	14.58	13.84	6
2 BOEKESTYN, RICHELLE	HERITAGE CHRISTIAN SCH	14.17	13.90	4
3 EDWARDS, SHADAE	DENIS MORRIS H S	14.28	13.91	3
4 PATTERSON, CARLEY	ST. FRANCIS S S	14.25	14.02	2
5 MAZZARELLA, ANNIKA	LAURA SECORD S S	14.31	14.13	1
6 MUSCA, MIREILLE	BLESSED TRINITY H S	14.62	14.22	
7 DORIN, BRIANNA	BLESSED TRINITY H S	14.57	14.34	
8 SIMPSON, CHLOE	LAURA SECORD S S	15.10	14.44	

Women 200 Meter Dash Midget**Zone IV: 26.99 R 5/13/2005 LEIGH VEERMAN, Laura Secord****Pre 2004: 25.25 R 1997 DIANE PEITSCH, Sir Winston Churchill**

Name	School	Seed	Finals	H#	Points
1 EDWARDS, SHADAE	DENIS MORRIS H S	27.54	27.34	2	6
2 ROSTS, MIKAYLA	GOVERNOR SIMCOE S S	28.60	27.87	2	4
3 MUSCA, MIREILLE	BLESSED TRINITY H S	29.11	28.95	2	3
4 PATTERSON, CARLEY	ST. FRANCIS S S	29.88	29.16	2	2
5 BAJIC, MELANIE	GRIMSBY D S S	30.07	29.26	2	1
6 BLAYNEY-CALDER, SAM	GRIMSBY D S S	31.02	29.68	1	
7 SIMPSON, CHLOE	LAURA SECORD S S	30.13	29.69	2	
8 HUNTER, DANIELLE	HOLY CROSS H S	30.42	30.25	1	
9 MACDONALD, MOLLY	ST. FRANCIS S S	30.96	30.98	1	
10 MAZZARELLA, ANNIKA	LAURA SECORD S S	30.25	31.13	2	
11 GILLIS, BRIAR	BLESSED TRINITY H S	31.52	31.39	1	
12 BARICH, ALLY	BLESSED TRINITY H S	31.80	31.73	1	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Women 200 Meter Dash Midget)**

	Name	School	Seed	Finals	H#	Points
13	RASCHOTTE, JILLIAN	BLESSED TRINITY H S	32.10	31.95	1	
---	BOEKESTYN, RICHELLE	HERITAGE CHRISTIAN SCH	28.88	DNS	2	
---	BARTFAI, JULA	BEAMSVILLE D S S	30.85	DNS	1	
---	MCLAREN, KAYLA	GOVERNOR SIMCOE S S	31.60	DNS	1	

Women 400 Meter Dash Midget**Zone IV: 1:01.90 R 5/13/2005****ESTHER VERMEER, Smithville District C****Pre 2004: 1:01.60 R 1981****LORI LITTLEBOY, St Catharines Collegiate**

	Name	School	Seed	Finals	Points
1	ROSTS, MIKAYLA	GOVERNOR SIMCOE S S	1:02.88	1:04.52	6
2	MC WILLIAM, HAILEY	LAURA SECORD S S	1:07.45	1:08.43	4
3	GRAZIANO, KATIE	HOLY CROSS H S	1:09.50	1:11.25	3
4	POT, ALANNA	SMITHVILLE DISTRICT C H	1:12.75	1:12.01	2
5	KLEEMOLA, SARAH	DENIS MORRIS H S	1:12.99	1:13.33	1
6	GILLETA, NICOLE	ST. CATHARINES C I & V S	1:13.13	1:13.99	
7	KELLER, ASHLEY	NIAGARA D S S	1:13.03	1:14.85	
8	KALABIS, ASHLEY	DENIS MORRIS H S	1:21.93	1:23.29	

Women 800 Meter Run Midget**Zone IV: 2:29.29 R 5/15/2008****JENNA LEASK, Sir Winston****Pre 2004: 2:20.50 R 1999****MONIKA GRABOWIECKA, Sir Winston Churchill**

	Name	School	Seed	Finals	Points
1	ROSTS, MIKAYLA	GOVERNOR SIMCOE S S	2:47.17	2:37.18	6
2	MC WILLIAM, HAILEY	LAURA SECORD S S	2:47.14	2:39.39	4
3	ROSS, RAYLENE	GRIMSBY D S S	2:51.00	2:48.00	3
4	KOUDYS, JACKIE	BLESSED TRINITY H S	2:54.88	2:50.49	2
5	POT, ALANNA	SMITHVILLE DISTRICT C H	3:04.07	2:51.38	1
6	DEMPSEY, KATIE	DENIS MORRIS H S	3:06.06	2:57.31	
---	BARRETT, SIERRA	BEAMSVILLE D S S	3:02.00	DNS	
---	KLEEMOLA, SARAH	DENIS MORRIS H S	2:58.42	DNS	
---	GRAZIANO, KATIE	HOLY CROSS H S	3:01.03	DNS	

Women 1500 Meter Run Midget**Zone IV: 4:57.78 R 5/13/2004****KELSIE SLATER, Grimsby DSS****Pre 2004: 4:54.80 R 1999****MONIKA GRABOWIECKA, Sir Winston Churchill**

	Name	School	Seed	Finals	Points
1	WALLACE, JESSICA	SIR WINSTON CHURCHILL	5:31.72	5:23.00	6
2	KLEEMOLA, SARAH	DENIS MORRIS H S	5:39.45	5:25.00	4
3	MC WILLIAM, HAILEY	LAURA SECORD S S	5:40.94	5:35.20	3
4	DAGENAIS, FELICIA	SIR WINSTON CHURCHILL	5:40.54	5:41.80	2
5	VINDIS, KATELYN	SOUTH LINCOLN H S	5:53.45	5:45.90	1
6	ROSS, RAYLENE	GRIMSBY D S S	5:58.59	5:49.30	
7	TODERICK, CARLEY	DENIS MORRIS H S	6:05.34	5:49.50	
8	GILLETA, NICOLE	ST. CATHARINES C I & V S	5:50.11	5:53.80	
9	GREENE, EMILY	DENIS MORRIS H S	5:56.08	5:55.10	
10	ANDREWS, ALEIGH	NIAGARA D S S	5:54.74	5:56.90	
11	VLAAR-PHILBRIK, JANAE	BEACON CHRISTIAN H S	6:16.37	5:59.10	
12	THIESSEN, ADRIENNE	LAURA SECORD S S	6:11.23	5:59.70	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Women 3000 Meter Run Midget****Zone IV: 10:44.03 R 5/15/2008****LAURA MOURADIAN, Denis Morris****Pre 2004: 11:03.97 R 2000****MONIKA GRABOWIECKA, Sir Winston Churchill**

	Name	School	Seed	Finals	Points
1	WALLACE, JESSICA	SIR WINSTON CHURCHILL	11:54.39	12:14.21	6
2	DAGENAIS, FELICIA	SIR WINSTON CHURCHILL	12:08.14	12:30.98	4
3	VINDIS, KATELYN	SOUTH LINCOLN H S	12:48.84	12:35.63	3
4	TODERICK, CARLEY	DENIS MORRIS H S	13:17.93	12:40.04	2
5	ANDREWS, ALEIGH	NIAGARA D S S	12:47.87	12:48.27	1
6	VLAAR-PHILBRIK, JANA E	BEACON CHRISTIAN H S	13:23.40	13:08.17	

Women 80 Meter Hurdles Midget**Zone IV: 13.17 R 5/15/2008****RACHAEL KLUNDER, South Lincoln****Pre 2004: 12.50 R 1982****SHARI ORDERS, Niagara District**

	Name	School	Seed	Finals	Points
1	MUSCA, MIREILLE	BLESSED TRINITY H S	13.58	14.57	6
2	LIN, SALLY	LAURA SECORD S S	14.85	15.92	4
3	MEEBOER, MEGAN	BEAMSVILLE D S S	15.79	16.05	3
4	BLAYNEY-CALDER, SAM	GRIMSBY D S S	18.06	16.38	2
5	KOUDYS, JACKIE	BLESSED TRINITY H S	16.92	16.58	1
6	GOLFI, LAUREN	BLESSED TRINITY H S	16.69	16.61	
7	FISCHLER, JESSICA	BLESSED TRINITY H S	17.68	17.59	
8	WILSON, EMILY	LAURA SECORD S S	17.38	17.94	

Women 300 Meter Hurdles Midget**Zone IV: 47.23 R 5/13/2005****ESTHER VERMEER, Smithville DC****Pre 2004: 47.07 R 1997****KRISTY DEVRIES, Laura Secord Secondary**

	Name	School	Seed	Finals	Points
1	BLAYNEY-CALDER, SAM	GRIMSBY D S S	55.25	53.52	6
2	SIMPSON, CHLOE	LAURA SECORD S S	57.81	55.02	4
3	THIESSEN, ADRIENNE	LAURA SECORD S S	59.37	56.29	3
4	WILSON, EMILY	LAURA SECORD S S	58.80	57.35	2
5	BARRETT, SIERRA	BEAMSVILLE D S S	1:00.14	57.79	1
6	KELLER, ASHLEY	NIAGARA D S S	1:02.73	59.26	
7	FISCHLER, JESSICA	BLESSED TRINITY H S	1:03.76	1:00.77	
8	DUSEK, JANELLE	LAURA SECORD S S		1:08.57	

Women 4x100 Meter Relay Midget**Zone IV: 55.12 R 5/12/2005****GRIMSBY SECONDARY, Grimsby Secondary****Pre 2004: 53.20 R 1977****K. MacLeod, H.r Kurpe, V. Lang, B. Kadwell****Pre 2004: 53.20 R 1971****, Sir Winston Churchill****, Sir Winston Churchill**

	Team	Relay	Seed	Finals	Points
1	LAURA SECORD S S	A	55.13	55.15	6
2	GRIMSBY D S S	A	56.72	55.68	4
3	BLESSED TRINITY H S	A	57.79	57.42	3
4	HOLY CROSS H S	A	58.23	57.82	2
5	SOUTH LINCOLN H S	A	59.06	58.27	1
6	DENIS MORRIS H S	A	59.65	58.70	
---	ST. FRANCIS S S	A	59.99	DNS	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Women High Jump Midget****Zone IV: 1.55m R 5/15/2008****RACHAEL KLUNDER, South Lincoln****Pre 2004: 1.63m R 1990****JANET WHEELER, Grimsby Secondary**

Name	School	Seed	Finals	Points
1 ELMERS, CRYSTAL	SMITHVILLE DISTRICT C H	1.10m	1.56m R	6
2 LOFF, LEANNE	EDEN HIGH SCHOOL	1.40m	1.40m	4
3 BAJIC, MELANIE	GRIMSBY D S S	1.10m	1.35m	3
4 BIANCANIELLO, JESSICA	HOLY CROSS H S	1.30m	J1.35m	2
5 RASCHOTTE, JILLIAN	BLESSED TRINITY H S	1.30m	1.30m	1
6 LAWOTHER, JACKIE	BLESSED TRINITY H S	1.20m	1.25m	
7 MARTINO, AMANDA	BLESSED TRINITY H S	1.25m	1.20m	
8 MCLAREN, KAYLA	GOVERNOR SIMCOE S S	1.30m	J1.20m	
9 BARRETT, SIERRA	BEAMSVILLE D S S	1.20m	1.15m	
10 NEVES, CRISTIANA	DENIS MORRIS H S	1.10m	1.10m	

Women Long Jump Midget**Zone IV: 4.74m R 5/11/2006****CHELSEA DUNCAN, Sir Winston****Pre 2004: 4.95m R 1997****ROBYN AHLSTEDT, Laura Secord Secondary**

Name	School	Seed	Finals	Points
1 ELMERS, CRYSTAL	SMITHVILLE DISTRICT C H	4.40m	4.48m	6
2 MCCLURKEN, CAITLYN	GRIMSBY D S S	4.44m	4.34m	4
3 MACKAY, CASSIDY	SIR WINSTON CHURCHILL	4.15m	4.19m	3
4 TRIFUNOVIC, STACEY	SOUTH LINCOLN H S	4.13m	4.18m	2
5 LIN, SALLY	LAURA SECORD S S	3.84m	4.09m	1
6 BAJIC, MELANIE	GRIMSBY D S S	4.12m	4.02m	
7 ARMES, KORI	EDEN HIGH SCHOOL	3.88m	3.87m	
7 SLAMKA, HAILEY	HOLY CROSS H S	4.02m	3.87m	
9 DUNBAR, CARLY	WEST PARK S S	3.91m	3.71m	
9 SUMMERS, TIARA	ST. CATHARINES C I & V S	3.73m	3.71m	
11 BARTFAI, JULA	BEAMSVILLE D S S	3.93m	3.69m	
12 KITTL, SHAE	HOLY CROSS H S	3.76m	3.66m	
13 HOGEVEEN, JAZMINE	SMITHVILLE DISTRICT C H	3.94m	3.53m	
14 VANDERVEEN, SHANNON	SMITHVILLE DISTRICT C H	3.71m	3.48m	
15 HAJ-AHMAD, LILA	SIR WINSTON CHURCHILL	3.52m	3.34m	
16 VINDIS, KATELYN	SOUTH LINCOLN H S	3.58m	3.32m	

Women Triple Jump Midget**Zone IV: 10.07m R 5/13/2005****RENATE TRACEY, Beamsville DSS****Pre 2004: 10.00m R 2001****HEIDI BENCH, Laura Secord Secondary**

Name	School	Seed	Finals	Points
1 MCCLURKEN, CAITLYN	GRIMSBY D S S	9.91m	10.14m R	6
2 ELMERS, CRYSTAL	SMITHVILLE DISTRICT C H	9.21m	9.83m	4
3 DUNBAR, CARLY	WEST PARK S S	9.48m	9.74m	3
4 MACKAY, CASSIDY	SIR WINSTON CHURCHILL	9.45m	9.59m	2
5 TRIFUNOVIC, STACEY	SOUTH LINCOLN H S	9.07m	9.50m	1
6 LIN, SALLY	LAURA SECORD S S	9.00m	J9.50m	
7 BOEKESTYN, RICHELLE	HERITAGE CHRISTIAN SCH	9.42m	9.49m	
8 DORIN, BRIANNA	BLESSED TRINITY H S	8.61m	9.00m	
9 SUMMERS, TIARA	ST. CATHARINES C I & V S	8.61m	8.94m	
10 HAJ-AHMAD, LILA	SIR WINSTON CHURCHILL	8.38m	8.93m	
11 GILLETA, NICOLE	ST. CATHARINES C I & V S	8.15m	8.60m	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Women Triple Jump Midget)**

	Name	School	Seed	Finals	Points
12	VANDERVEEN, SHANNON	SMITHVILLE DISTRICT C H	7.84m	8.38m	
13	POT, ALANNA	SMITHVILLE DISTRICT C H	7.77m	8.17m	
14	MARTINO, AMANDA	BLESSED TRINITY H S	7.01m	7.46m	
15	FOWLER, INDIA	LAURA SECORD S S	7.49m	6.97m	
---	DIVOK, JORDYN	ST. CATHARINES C I & V S	8.00m	DNS	

Women Shot Put Midget**Zone IV: 9.27m R 5/17/2007****KATIE KLODNICKI, Grimsby DSS****Pre 2004: 10.50m R 1973****LAURA READ, Niagara District**

	Name	School	Seed	Finals	Points
1	HOGVEEN, JAZMINE	SMITHVILLE DISTRICT C H	8.03m	7.86m	6
2	MIOTTO, JAMIE	LAURA SECORD S S	7.79m	7.76m	4
3	ROGERS, KELSEY	DENIS MORRIS H S		6.74m	3
4	BIANCANIELLO, JESSICA	HOLY CROSS H S	6.91m	6.65m	2
5	MAZZARELLA, ANNIKA	LAURA SECORD S S	5.84m	6.09m	1
6	FOWLER, INDIA	LAURA SECORD S S	5.34m	5.38m	
---	MARTELLA, NADIA	LAURA SECORD S S	6.42m	SCR	

Women Discus Throw Midget**Zone IV: 34.88m R 5/17/2007****KATIE KLODNICKI, Grimsby DSS****Pre 2004: 30.50m R 1975****GAYLE WRIGHT, Grantham**

	Name	School	Seed	Finals	Points
1	HOGVEEN, JAZMINE	SMITHVILLE DISTRICT C H	16.09m	18.28m	6
2	MIOTTO, JAMIE	LAURA SECORD S S	14.99m	16.31m	4
3	FISHER, NATALIE	SOUTH LINCOLN H S	13.55m	15.36m	3

Women Javelin Throw Midget**Zone IV: 27.28m R 5/13/2004****HEATHER EYMAN, Sir Winston****Pre 2004: 32.80m R 1999****SARAH KISH, St. Francis**

	Name	School	Seed	Finals	Points
1	SLAMKA, HAILEY	HOLY CROSS H S	22.96m	23.49m	6
2	FISHER, NATALIE	SOUTH LINCOLN H S	21.37m	22.38m	4
3	MIOTTO, JAMIE	LAURA SECORD S S	19.29m	19.23m	3
4	ROGERS, KELSEY	DENIS MORRIS H S		18.40m	2
5	DUSEK, JANELLE	LAURA SECORD S S	15.88m	16.13m	1
6	SHORT, SARAH	WEST PARK S S	14.08m	14.45m	
7	VANDERVEEN, SHANNON	SMITHVILLE DISTRICT C H	12.30m	13.16m	

Women 100 Meter Dash Junior**Zone IV: 13.03 R 5/17/2007****CHELSEA DUNCAN, Churchill, S****Pre 2004: 12.18 R 2000****CATHARINE OKIWINSKY, St. Francis**

	Name	School	Seed	Prelims	H#
Preliminaries					
1	ISENOR, JORDAN	NIAGARA D S S	13.86	14.68 Q	2
2	BOYKIN, MERCEDES	ST. FRANCIS S S	14.16	14.77 Q	1
3	BARTLETT, RENEE	BEAMSVILLE D S S	14.70	15.18 Q	1
3	BEACH, MORGAN	GRIMSBY D S S	14.20	15.18 Q	1
5	BARNFIELD, REBECCA	GRIMSBY D S S	14.37	15.20 Q	2
6	READ, KRISTINE	BEAMSVILLE D S S	14.74	15.20 q	1
7	BEGIN, DEVIN	ST. FRANCIS S S	14.62	15.22 q	2
8	DUGO, CARLY	DENIS MORRIS H S	14.89	15.24 q	2

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Preliminaries ... (Women 100 Meter Dash Junior)**

	Name	School	Seed	Prelims	H#
9	MCADAM, TANEISHA	DENIS MORRIS H S	14.96	15.35	1
10	RATERINK, LOANN	SOUTH LINCOLN H S	14.78	15.43	2
11	CROUSE, HALEY	GRIMSBY D S S	14.97	15.56	1
12	WILLIAMS, LASHAENA	ST. FRANCIS S S	15.25	15.86	1
13	MEDEIROS, VICTORIA	BLESSED TRINITY H S	15.09	16.05	2
14	LUPUL, KASSANDRA	DENIS MORRIS H S	15.78	16.35	1
15	KASAMBA, SARAH	DENIS MORRIS H S	15.88	17.46	2
---	ZIOMICK, AMBER	BEAMSVILLE D S S	15.23	DNS	2

Women 100 Meter Dash Junior**Zone IV: 13.03 R 5/17/2007****CHELSEA DUNCAN, Churchill, S****Pre 2004: 12.18 R 2000****CATHARINE OKIWINSKY, St. Francis**

	Name	School	Prelims	Finals	Points
Finals					
1	ISENOR, JORDAN	NIAGARA D S S	14.68	13.84	6
2	BOYKIN, MERCEDES	ST. FRANCIS S S	14.77	14.03	4
3	BEGIN, DEVIN	ST. FRANCIS S S	15.22	14.29	3
4	BEACH, MORGAN	GRIMSBY D S S	15.18	14.34	2
5	BARTLETT, RENEE	BEAMSVILLE D S S	15.18	14.45	1
6	READ, KRISTINE	BEAMSVILLE D S S	15.20	14.58	
7	BARNFIELD, REBECCA	GRIMSBY D S S	15.20	14.71	
8	DUGO, CARLY	DENIS MORRIS H S	15.24	14.78	

Women 200 Meter Dash Junior**Zone IV: 26.62 R 5/17/2007****ALEX GILES, Governor Sim****Pre 2004: 25.55 R 1998****DIANNE PEITSCH, Sir Winston Churchill**

	Name	School	Seed	Finals	H#	Points
1	MOSTERT, RACHEL	BEACON CHRISTIAN H S	30.38	29.63	2	6
2	BARTLETT, RENEE	BEAMSVILLE D S S	30.74	29.79	2	4
3	FLOCKHART, KAYLA	BLESSED TRINITY H S	30.55	29.93	2	3
4	BEACH, MORGAN	GRIMSBY D S S	30.12	30.27	2	2
5	BEGIN, DEVIN	ST. FRANCIS S S	31.05	30.35	2	1
6	RATERINK, LOANN	SOUTH LINCOLN H S	31.58	30.54	2	
7	FOLKERTS, KATELYNN	SMITHVILLE DISTRICT C H	31.15	30.77	2	
8	WITTEN, TAYLOR	DENIS MORRIS H S	33.14	31.19	1	
9	MEDEIROS, VICTORIA	BLESSED TRINITY H S	31.75	31.63	1	
10	SMITH, JESSIKA	SOUTH LINCOLN H S	31.66	31.92	2	
11	WILLIAMS, LASHAENA	ST. FRANCIS S S	32.93	32.15	1	
12	STEC, WINSOME	DENIS MORRIS H S	32.28	33.98	1	
13	LUPUL, KASSANDRA	DENIS MORRIS H S	33.95	34.03	1	
14	MURPHY, CHRISTINE	DENIS MORRIS H S	34.34	34.53	1	
15	HITCHINGS, MEAGAN	BLESSED TRINITY H S	34.78	35.47	1	

Women 400 Meter Dash Junior**Zone IV: 1:00.77 R 5/13/2004****AMANDA MCMURTRIE, South Lincol****Pre 2004: 59.60 R 1986****PATTY HIEBERT, Eden High School**

	Name	School	Seed	Finals	H#	Points
1	VAUGHAN, OLIVIA	GRIMSBY D S S	1:07.34	1:08.86	1	6
2	MOSTERT, RACHEL	BEACON CHRISTIAN H S	1:14.18	1:09.16	1	4
3	SMITH, JESSIKA	SOUTH LINCOLN H S	1:13.35	1:10.47	1	3

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Name	School	Seed	Finals	H#	Points
4 READ, KRISTINE	BEAMSVILLE D S S	1:11.71	1:11.61	1	2
5 STEC, WINSOME	DENIS MORRIS H S	1:10.65	1:11.79	1	1
6 MCSHANNON, VICTORIA	DENIS MORRIS H S	1:13.39	1:12.96	1	
7 LAFRATTA, REBECCA	DENIS MORRIS H S	1:18.33	1:21.52	1	
8 MINDA, GENEVIEVE	DENIS MORRIS H S	1:35.25	1:29.10	1	
--- TEMPLE, JACQUELINE	ST. CATHARINES C I & V S	1:20.91	DNS	2	

Women 800 Meter Run Junior**Zone IV: 2:23.17 R 5/13/2005****KELSIE SLATER, Grimsby DSS****Pre 2004: 2:25.20 R 2002****CAITLIN PAULS, Sir Winston Churchill**

Name	School	Seed	Finals	Points
1 BEATTIE, HILLARY	GRIMSBY D S S	2:37.72	2:34.62	6
2 LEASK, JENNA	SIR WINSTON CHURCHILL	2:45.38	2:39.86	4
3 KARPYSHYN, TAYLOR	LAURA SECORD S S	3:05.84	3:06.15	3

Women 1500 Meter Run Junior**Zone IV: 4:58.43 R 5/13/2005****KELIE SLATER, Grimsby DSS****Pre 2004: 4:56.00 R 1991****KRISTIE OTTO, Lakeport**

Name	School	Seed	Finals	Points
1 LEASK, JENNA	SIR WINSTON CHURCHILL	5:42.89	7:21.05	6
2 ATTEMA, ALICIA	SOUTH LINCOLN H S	5:54.84	7:36.64	4
3 BRASZ, DEANNA	HERITAGE CHRISTIAN SCH		7:52.10	3
4 KARPYSHYN, TAYLOR	LAURA SECORD S S	6:26.09	8:06.15	2
5 READ, KRISTINE	BEAMSVILLE D S S	6:48.72	8:12.80	1
6 AMODEO, SARAH	BLESSED TRINITY H S	6:41.71	8:14.56	
7 HEINS, JENNIFER	NIAGARA D S S	7:22.16	9:00.38	
--- HEINS, NICOLE	NIAGARA D S S	7:50.61	DNS	

Women 3000 Meter Run Junior**Zone IV: 10:37.15 R 5/15/2008****DEANNA BRASZ, Heritage Christian****Pre 2004: 10:39.60 R 1991****KRISTIE OTTO, Lakeport**

Name	School	Seed	Finals	Points
1 MOORADIAN, LAURA	DENIS MORRIS H S	11:39.73	11:27.93	6
2 BRASZ, DEANNA	HERITAGE CHRISTIAN SCH		12:55.37	4
3 ATTEMA, ALICIA	SOUTH LINCOLN H S	12:47.87	13:13.87	3
--- AMODEO, SARAH	BLESSED TRINITY H S	14:54.84	DNS	

Women 80 Meter Hurdles Junior**Zone IV: 12.85 R 5/13/2005****KATIE WERNER, Grimsby DSS****Pre 2004: 12.00 R 1998****SARAH MILLER, St. Francis**

Name	School	Seed	Prelims	H#
Preliminaries				
1 BEATTIE, HILLARY	GRIMSBY D S S	14.42	14.55 Q	2
2 GIVEN, LESLEY	SOUTH LINCOLN H S	14.70	16.40 Q	1
3 ISENROR, JORDAN	NIAGARA D S S	14.85	15.53 Q	2
4 VAUGHAN, OLIVIA	GRIMSBY D S S	14.78	16.45 Q	1
5 RICHARDSON, MICHELLE	LAURA SECORD S S	15.80	16.22 q	2
6 ALBLAS, MARIAH	GRIMSBY D S S	16.42	17.07 q	1
7 CROUSE, HALEY	GRIMSBY D S S	16.99	17.11 q	2
8 BARTLETT, RENEE	BEAMSVILLE D S S	16.68	17.81 q	1
9 CORNETT, COLLEEN	SIR WINSTON CHURCHILL	17.26	18.27	1

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Women 80 Meter Hurdles Junior****Zone IV: 12.85 R 5/13/2005 KATIE WERNER, Grimsby DSS****Pre 2004: 12.00 R 1998 SARAH MILLER, St. Francis**

	Name	School	Prelims	Finals	Points
Finals					
1	BEATTIE, HILLARY	GRIMSBY D S S	14.55	13.85	6
2	GIVEN, LESLEY	SOUTH LINCOLN H S	16.40	14.31	4
3	VAUGHAN, OLIVIA	GRIMSBY D S S	16.45	14.53	3
4	ISENOR, JORDAN	NIAGARA D S S	15.53	14.82	2
5	RICHARDSON, MICHELLE	LAURA SECORD S S	16.22	15.85	1
6	CROUSE, HALEY	GRIMSBY D S S	17.11	16.08	
7	BARTLETT, RENEE	BEAMSVILLE D S S	17.81	16.26	
8	ALBLAS, MARIAH	GRIMSBY D S S	17.07	16.42	

Women 300 Meter Hurdles Junior**Zone IV: 47.13 R 5/11/2006 BRITTANY KADWELL, Grimsby DSS****Pre 2004: 46.00 R 1998 KRISTY DEVRIES, Laura Secord Secondary**

	Name	School	Seed	Finals	Points
1	BEATTIE, HILLARY	GRIMSBY D S S	50.65	50.66	6
2	VAUGHAN, OLIVIA	GRIMSBY D S S	55.77	53.65	4
3	GIVEN, LESLEY	SOUTH LINCOLN H S	56.65	54.01	3
4	ALBLAS, MARIAH	GRIMSBY D S S	56.55	54.47	2
5	SMITH, JESSIKA	SOUTH LINCOLN H S	1:02.63	58.37	1
6	HEINS, NICOLE	NIAGARA D S S	1:05.21	1:05.65	

Women 4x100 Meter Relay Junior**Zone IV: 54.17 R 5/13/2005 ST.FRANICS, St.Francis****N. Bonk, E. King, T. Howard, J. Howard
, Sir Winston Churchill****Pre 2004: 51.40 R 1978**

	Team	Relay	Seed	Finals	Points
1	GRIMSBY D S S	A	56.42	56.12	6
2	BEAMSVILLE D S S	A	57.34	56.69	4
3	SMITHVILLE DISTRICT C H	A	59.16	56.70	3
4	DENIS MORRIS H S	A	58.85	57.89	2
5	SOUTH LINCOLN H S	A	58.56	58.06	1

Women High Jump Junior**Zone IV: 1.55m R 5/15/2008 HEATHER HICKS, Grimsby****Pre 2004: 1.70m R 1992 WANITA DYKSTRA, Beacon Christian**

	Name	School	Seed	Finals	Points
1	KLUNDER, RACHAEL	SOUTH LINCOLN H S	1.50m	1.50m	6
2	DORIN, BROOK	BLESSED TRINITY H S	1.35m	1.45m	4
3	FOLKERTS, KATELYNN	SMITHVILLE DISTRICT C H	1.40m	1.40m	3
4	BULL, CAROLINE	BLESSED TRINITY H S	1.35m	1.20m	2

Women Pole Vault Midget / Junior**Zone IV: 2.71m R 5/15/2008 AVERY THOMAS, Grimsby DSS**

	Name	School	Seed	Finals	Points
1	RICHARDSON, MICHELLE	LAURA SECORD S S	2.00m	1.95m	6
2	LAFONTAINE, SHANNON	LAURA SECORD S S	2.00m	1.80m	4
3	FOWLER, INDIA	LAURA SECORD S S		1.65m	3
4	DUSEK, JANELLE	LAURA SECORD S S		1.50m	2

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Women Long Jump Junior****Zone IV: 4.94m R 5/17/2007****CHELSEA DUNCAN, Sir Winston****Pre 2004: 5.05m R 1967****SHIELA FLOWERS, Laura Secord Secondary**

Name	School	Seed	Finals	Points
1 SOOBRAMANIE, SKYE	BEAMSVILLE D S S	4.47m	4.28m	6
2 THEISSEN, JANELLE	EDEN HIGH SCHOOL	4.62m	4.25m	4
3 BARNFIELD, REBECCA	GRIMSBY D S S	4.05m	4.15m	3
4 LAFONTAINE, SHANNON	LAURA SECORD S S	4.20m	4.00m	2
5 CROUSE, HALEY	GRIMSBY D S S	3.76m	3.90m	1
6 SLAPPEDEL, DIANA	SMITHVILLE DISTRICT C H	3.75m	3.73m	
7 TEMPLE, NICOLE	ST. CATHARINES C I & V S	3.57m	3.71m	
8 DUCK, SARAH	SMITHVILLE DISTRICT C H	3.60m	3.59m	
9 RICHARDSON, MICHELLE	LAURA SECORD S S	3.36m	3.24m	
10 LAFRATTA, REBECCA	DENIS MORRIS H S	3.40m	3.09m	
11 GIFFORD, KATELYN	EDEN HIGH SCHOOL	3.40m	3.07m	
12 BOYKIN, MERCEDES	ST. FRANCIS S S	3.81m	3.03m	
13 DORIN, BROOK	BLESSED TRINITY H S	3.47m	2.83m	
--- ZIOMICK, AMBER	BEAMSVILLE D S S	3.43m	DNS	
--- LIBROCK, SHELBY	ST. CATHARINES C I & V S	3.09m	DNS	
--- TEMPLE, JACQUELINE	ST. CATHARINES C I & V S	3.47m	DNS	

Women Triple Jump Junior**Zone IV: 10.20m R 5/13/2004****SHAWNA HANSON, Blessed Trin****Pre 2004: 10.94m R 1992****WANITA DYKSTRA, Beacon Christian**

Name	School	Seed	Finals	Points
1 BARNFIELD, REBECCA	GRIMSBY D S S	9.92m	10.00m	6
2 SOOBRAMANIE, SKYE	BEAMSVILLE D S S	9.00m	9.71m	4
3 LAFONTAINE, SHANNON	LAURA SECORD S S	9.51m	9.51m	3
4 ISENR, JORDAN	NIAGARA D S S	9.42m	9.47m	2
5 BEACH, MORGAN	GRIMSBY D S S	8.89m	9.28m	1
6 GIVEN, LESLEY	SOUTH LINCOLN H S	8.94m	9.16m	
7 SLAPPEDEL, DIANA	SMITHVILLE DISTRICT C H	8.23m	8.39m	
8 TEMPLE, NICOLE	ST. CATHARINES C I & V S	7.56m	8.28m	
9 DUCK, SARAH	SMITHVILLE DISTRICT C H	7.39m	8.13m	
10 ZIOMICK, AMBER	BEAMSVILLE D S S	7.82m	7.28m	
--- BOND, TAVIA	BEAMSVILLE D S S	4.63m	SCR	

Women Shot Put Junior**Zone IV: 10.49m R 5/15/2008****KATIE KLODNICKI, Grimsby DSS****Pre 2004: 10.86m R 1979****HOLLY QUIRING, Lakeport**

Name	School	Seed	Finals	Points
1 MCADAM, TANEISHA	DENIS MORRIS H S	8.96m	8.18m	6
2 DUCK, SARAH	SMITHVILLE DISTRICT C H	6.41m	6.89m	4
3 LANGBROEK, ALLISON	BEACON CHRISTIAN H S	6.21m	6.82m	3
4 RIEBOT, LEANNE	SMITHVILLE DISTRICT C H	6.97m	6.76m	2
5 MACLEOD, MELISSA	DENIS MORRIS H S	6.77m	6.46m	1
6 NOVARRO, MICHELLE	DENIS MORRIS H S	5.15m	5.80m	
7 AHMED, SARA	DENIS MORRIS H S	4.26m	4.65m	
--- KAPLE, KATHRYN	NIAGARA D S S	7.86m	SCR	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Women Discus Throw Junior****Zone IV: 36.84m R 5/15/2008****KATIE KLODNICKI, Grimsby DSS****Pre 2004: 35.54m R 1979****NANCY MATHER, Grantham**

Name	School	Seed	Finals	Points
1 BETZ, TESS	GRIMSBY D S S	21.49m	25.22m	6
2 DRAKE, CASEY	GRIMSBY D S S		18.28m	4
3 RIEBOT, LEANNE	SMITHVILLE DISTRICT C H	18.22m	16.41m	3

Women Javelin Throw Junior**Zone IV: 33.05m R 5/13/2005****MAGGIE SCULL, Governor Simcoe****Pre 2004: 36.30m R 2001****SARAH KISH, St. Francis**

Name	School	Seed	Finals	Points
1 KLUNDER, RACHAEL	SOUTH LINCOLN H S	20.42m	24.55m	6
2 LAFRATTA, REBECCA	DENIS MORRIS H S	19.64m	22.79m	4
3 DRAKE, CASEY	GRIMSBY D S S		20.79m	3
4 MURPHY, CHRISTINE	DENIS MORRIS H S	18.14m	20.12m	2
5 KARPYSHYN, TAYLOR	LAURA SECORD S S	17.31m	19.56m	1
6 HEINS, NICOLE	NIAGARA D S S	14.60m	18.40m	
7 MINDA, GENEVIEVE	DENIS MORRIS H S	17.06m	16.41m	
8 BETZ, TESS	GRIMSBY D S S	16.59m	15.75m	
9 LANGBROEK, ALLISON	BEACON CHRISTIAN H S	12.37m	13.59m	
10 FOLKERTS, KATELYNN	SMITHVILLE DISTRICT C H	13.89m	11.00m	
--- AHMED, SARA	DENIS MORRIS H S	8.23m	FOUL	
--- RIEBOT, LEANNE	SMITHVILLE DISTRICT C H	16.12m	DNS	

Women 100 Meter Dash Senior**Zone IV: 12.43 R 5/13/2004****STEPHANIE FORESTELL, Beamsville D****Pre 2004: 12.50 R 1980****MARTHA MERRITT, Sir Winston Churchill****Pre 2004: 12.50 R 1979****DONNA WOODWARD, Sir Winston Churchill**

Name	School	Seed	Prelims	H#
Preliminaries				
1 ELMERS, DAWN	SMITHVILLE DISTRICT C H	13.52	13.84 Q	1
2 ROSE SMITH, DEANNA	SOUTH LINCOLN H S	13.58	14.08 Q	2
3 KASAMBA, LORETTE	DENIS MORRIS H S	13.57	14.30 Q	2
3 GROSSKURTH, ALEX	LAURA SECORD S S	13.83	14.30 Q	1
5 JANZEN, MEREDITH	EDEN HIGH SCHOOL	14.21	14.63 q	1
6 SCHOPPMANN, EMILY	BLESSED TRINITY H S	14.29	14.91 q	2
7 CLARK, ERIKA	DENIS MORRIS H S	15.08	15.42 q	1
8 VANEGMOND, ALYSHA	EDEN HIGH SCHOOL	14.67	15.82 q	2
9 FUENMAYOR, PAULA	DENIS MORRIS H S	14.69	16.02	1
10 SHEEHAN, CAITLIN	DENIS MORRIS H S	15.91	16.43	2
11 DOWNTON, ALICIA	GREAT LAKES CHRISTIAN	16.55	16.61	1
12 CANO, JENN	BLESSED TRINITY H S	15.72	16.79	2

Women 100 Meter Dash Senior**Zone IV: 12.43 R 5/13/2004****STEPHANIE FORESTELL, Beamsville D****Pre 2004: 12.50 R 1980****MARTHA MERRITT, Sir Winston Churchill****Pre 2004: 12.50 R 1979****DONNA WOODWARD, Sir Winston Churchill**

Name	School	Prelims	Finals	Points
Finals				
1 ELMERS, DAWN	SMITHVILLE DISTRICT C H	13.84	13.30	6
2 ROSE SMITH, DEANNA	SOUTH LINCOLN H S	14.08	13.46	4

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Finals ... (Women 100 Meter Dash Senior)**

	Name	School	Prelims	Finals	Points
3	KASAMBA, LORETTE	DENIS MORRIS H S	14.30	13.67	3
4	GROSSKURTH, ALEX	LAURA SECORD S S	14.30	13.78	2
5	SCHOPPMANN, EMILY	BLESSED TRINITY H S	14.91	14.24	1
6	JANZEN, MEREDITH	EDEN HIGH SCHOOL	14.63	14.45	
7	VANEGMOND, ALYSHA	EDEN HIGH SCHOOL	15.82	14.83	
8	CLARK, ERIKA	DENIS MORRIS H S	15.42	14.95	

Women 200 Meter Dash Senior**Zone IV: 25.82 R 5/15/2008****CHELSEA DUNCAN, Sir Winston****Pre 2004: 25.40 R 1991****NSENGA BANSFIELD, Niagara District**

	Name	School	Seed	Finals	H#	Points
1	DUNCAN, CHELSEA	SIR WINSTON CHURCHILL	27.68	26.94	2	6
2	ELMERS, DAWN	SMITHVILLE DISTRICT C H	27.64	27.76	2	4
3	GILES, ALEX	GOVERNOR SIMCOE S S	27.96	27.83	2	3
4	ROSE SMITH, DEANNA	SOUTH LINCOLN H S	28.05	28.22	2	2
5	KASAMBA, LORETTE	DENIS MORRIS H S	28.54	28.99	2	1
6	BOYD, ALI	GOVERNOR SIMCOE S S	28.32	29.66	2	
7	KURPE, ERIN	GRIMSBY D S S	31.13	31.27	1	
8	FUENMAYOR, PAULA	DENIS MORRIS H S	31.93	31.38	1	
9	MOUSSA, HANAN	WEST PARK S S	29.90	31.99	2	
10	CANO, JENN	BLESSED TRINITY H S	31.94	32.07	1	
11	ANDERSON, KELSEY	BLESSED TRINITY H S	31.90	32.74	1	
12	ADAMS, CARLI	BLESSED TRINITY H S	31.20	33.14	1	
13	SHEEHAN, CAITLIN	DENIS MORRIS H S	31.85	34.40	1	

Women 400 Meter Dash Senior**Zone IV: 59.72 R 5/17/2007****ESTHER VERMEER, Smithville D****Pre 2004: 57.50 R 1991****NSENGA BANSFIELD, Niagara District**

	Name	School	Seed	Finals	H#	Points
1	DUNCAN, CHELSEA	SIR WINSTON CHURCHILL	59.20	59.88	2	6
2	GILES, ALEX	GOVERNOR SIMCOE S S	1:05.02	1:02.99	2	4
3	BOYD, ALI	GOVERNOR SIMCOE S S	1:07.74	1:09.18	2	3
4	KURPE, ERIN	GRIMSBY D S S	1:11.32	1:10.87	2	2
5	ADAMS, CARLI	BLESSED TRINITY H S	1:10.96	1:11.37	2	1
6	CANO, JENN	BLESSED TRINITY H S	1:14.93	1:13.77	1	
7	WHITE, AMANDA	DENIS MORRIS H S	1:22.21	1:16.16	1	
8	HAMILTON, JORDAN	BLESSED TRINITY H S	1:20.20	1:18.63	1	
9	HENNIGES, MARIEKE	SMITHVILLE DISTRICT C H	1:12.46	1:18.91	2	

Women 800 Meter Run Senior**Zone IV: 2:20.33 R 5/13/2004****MEGAN STEWART, Governor Sim****Pre 2004: 2:21.30 R 1990****KRISSY LOCKYER, Ridley College**

	Name	School	Seed	Finals	Points
1	ADAMS, PARIS	BLESSED TRINITY H S	2:30.10	2:27.53	6
2	DUNBAR, SHELBY	WEST PARK S S	2:33.57	2:30.41	4
3	HAMBLTON, JULIE	GRIMSBY D S S	2:33.36	2:32.64	3
4	GILES, ALEX	GOVERNOR SIMCOE S S	2:40.18	2:37.65	2
5	BRACKEN, KRISTIA	LAURA SECORD S S	2:48.69	2:41.78	1
6	STUIVE, MONIQUE	EDEN HIGH SCHOOL	2:46.30	2:42.81	
7	KURPE, ERIN	GRIMSBY D S S	2:49.64	2:49.94	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Women 800 Meter Run Senior)**

Name	School	Seed	Finals	Points
8 ADAMS, CARLI	BLESSED TRINITY H S	2:48.96	2:54.78	
9 HENNIGES, MARIEKE	SMITHVILLE DISTRICT C H	2:47.28	2:59.50	

Women 1500 Meter Run Senior**Zone IV: 4:59.37 R 5/13/2005****KAITLYN TALLMAM, Great Lakes CC****Pre 2004: 4:53.40 R 2003****MONIKA GRABOWIECKA, Sir Winston Churchill**

Name	School	Seed	Finals	Points
1 STUIVE, HEATHER	EDEN HIGH SCHOOL	5:01.51	5:03.85	6
2 ADAMS, PARIS	BLESSED TRINITY H S	5:08.10	5:07.50	4
3 HAMBLTON, JULIE	GRIMSBY D S S	5:07.76	5:08.51	3
4 STUIVE, MONIQUE	EDEN HIGH SCHOOL	5:45.01	5:38.75	2
--- BRASZ, DEANNA	HERITAGE CHRISTIAN SCH		DNS	

Women 3000 Meter Run Senior**Zone IV: 10:49.11 R 5/13/2005****KAITLYN TALLMAM, Great Lakes CC****Pre 2004: 10:48.30 R 1988****MARCI AITKEN, Denis Morris**

Name	School	Seed	Finals	Points
1 STUIVE, HEATHER	EDEN HIGH SCHOOL	10:47.45	10:42.29 R	6
2 HAMBLTON, BRITTANY	GRIMSBY D S S	12:01.58	11:58.39	4
3 STUIVE, MONIQUE	EDEN HIGH SCHOOL	12:09.37	12:28.69	3
4 KALVAITIS, GENNA	BLESSED TRINITY H S	12:44.65	12:48.38	2
--- BRASZ, DEANNA	HERITAGE CHRISTIAN SCH		DNS	

Women 100 Meter Hurdles Senior**Zone IV: 15.35 R 5/13/2004****LINDSAY WILLIAMSON, Grimsby DSS****Pre 2004: 15.53 R 2000****SARAH MILLER, St. Francis**

Name	School	Seed	Finals	Points
1 GLODZIAK, DEVON	GRIMSBY D S S	15.73	16.61	6
2 MIOTTO, JESSICA	LAURA SECORD S S	16.27	16.97	4
3 HICKS, HEATHER	GRIMSBY D S S	17.62	17.83	3
4 ELMERS, DAWN	SMITHVILLE DISTRICT C H	17.60	17.91	2
5 MACLEOD, TAYLOR	GRIMSBY D S S	17.84	18.61	1
6 SCHOPPMANN, EMILY	BLESSED TRINITY H S	18.76	19.02	
7 MACLEOD, MEGAN	GRIMSBY D S S	20.01	19.29	
8 GROSSKURTH, ALEX	LAURA SECORD S S	18.92	19.50	

Women 400 Meter Hurdles Senior**Zone IV: 1:07.28 R 5/13/2004****LAURA ECKER, Beamsville D****Pre 2004: 1:06.45 R 2000****KRISTY DEVRIES, Laura Secord Secondary**

Name	School	Seed	Finals	Points
1 SCHOPPMANN, EMILY	BLESSED TRINITY H S	1:17.02	1:12.05	6
2 HENNIGES, MARIEKE	SMITHVILLE DISTRICT C H	1:33.84	1:37.02	4

Women 4x100 Meter Relay Senior**Zone IV: 52.80 R 5/15/2008****LAURA SECORD, Laura Secord****K Tuckwell, A Friesen, A Grosskurth, L Veerman****Pre 2004: 51.60 R 1979****, Sir Winston Churchill**

Team	Relay	Seed	Finals	Points
1 GRIMSBY D S S	A	53.12	53.49	6
2 LAURA SECORD S S	A	58.53	58.07	4
3 DENIS MORRIS H S	A	58.30	59.03	3

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Women 4x100 Meter Relay Senior)**

Team	Relay	Seed	Finals	Points
--- GOVERNOR SIMCOE S S	A		DNS	

Women High Jump Senior**Zone IV: 1.52m R 5/13/2005****SAMANTHA MROZCEK, Holy Cross****Pre 2004: 1.80m R 1993****WANITA DYKSTRA, Beacon Christian**

Name	School	Seed	Finals	Points
1 HICKS, HEATHER	GRIMSBY D S S	1.50m	1.35m	6
2 YOLE, COURTNEY	BLESSED TRINITY H S	1.35m	1.30m	4
3 ANDERSON, KELSEY	BLESSED TRINITY H S	1.20m	1.25m	3

Women Pole Vault Senior**Zone IV: 2.30m R 5/17/2007****RENATA TRACEY, Beamsville D**

Name	School	Seed	Finals	Points
1 WARKHOLDT, ELLEN	LAURA SECORD S S	2.00m	1.80m	6
--- SZYMANSKI, STEPHANIE	LAURA SECORD S S	2.00m	FAIL	
--- ALI, SOPHIE	LAURA SECORD S S	2.00m	FAIL	

Women Long Jump Senior**Zone IV: 5.23m R 5/15/2008****CHELSEA DUNCAN, Sir Winston****Pre 2004: 5.38m R 1993****WANITA DYKSTRA, Beacon Christian**

Name	School	Seed	Finals	Points
1 DUNCAN, CHELSEA	SIR WINSTON CHURCHILL	5.15m	5.14m	6
2 HICKS, HEATHER	GRIMSBY D S S	4.85m	4.68m	4
3 MIOTTO, JESSICA	LAURA SECORD S S	4.49m	4.61m	3
4 GOUGH, SHYRELL	WEST PARK S S	4.06m	4.44m	2
5 GLODZIAK, DEVON	GRIMSBY D S S	4.60m	4.32m	1
6 ROSE SMITH, DEANNA	SOUTH LINCOLN H S	4.07m	4.31m	
7 MACLEOD, TAYLOR	GRIMSBY D S S	4.61m	4.27m	
8 BOESE, MARGIE	NIAGARA D S S	4.32m	4.10m	
9 VANEGMOND, ALYSHA	EDEN HIGH SCHOOL	4.09m	3.87m	
10 THOMAS, STACIE	HOLY CROSS H S	4.03m	3.85m	
11 KASAMBA, LORETTE	DENIS MORRIS H S	3.45m	3.54m	
12 FERNICK, LAUREN	BLESSED TRINITY H S	3.74m	3.49m	
13 MOUSSA, HANAN	WEST PARK S S	3.38m	3.41m	
14 GROSSKURTH, ALEX	LAURA SECORD S S	3.61m	3.40m	
15 ANDERSON, KELSEY	BLESSED TRINITY H S	3.67m	3.05m	
16 DOWNTON, ALICIA	GREAT LAKES CHRISTIAN	3.29m	2.98m	

Women Triple Jump Senior**Zone IV: 10.56m R 5/15/2008****LEIGH VEERMAN, Laura Secord****Pre 2004: 10.85m R 1993****JODY MONRO, Governor Simcoe**

Name	School	Seed	Finals	Points
1 MIOTTO, JESSICA	LAURA SECORD S S	10.21m	10.53m	6
2 GLODZIAK, DEVON	GRIMSBY D S S	10.36m	10.30m	4
3 GOUGH, SHYRELL	WEST PARK S S	9.99m	9.93m	3
4 BOESE, MARGIE	NIAGARA D S S	9.23m	9.45m	2
5 COMFORT, JUSTINE	SOUTH LINCOLN H S	5.63m	8.96m	1
6 KALVAITIS, GENNA	BLESSED TRINITY H S	8.20m	7.91m	
7 HAMILTON, JORDAN	BLESSED TRINITY H S	7.12m	7.62m	
8 SZYMANSKI, STEPHANIE	LAURA SECORD S S	7.26m	6.94m	
9 LESLIE, MADISON	GRIMSBY D S S	7.76m	6.68m	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Women Triple Jump Senior)**

Name	School	Seed	Finals	Points
--- MOUSSA, HANAN	WEST PARK S S	8.56m	FOUL	
--- ALI, SOPHIE	LAURA SECORD S S	6.09m	FOUL	

Women Shot Put Senior**Zone IV: 10.15m R 5/15/2008****AMANDA VOORBERG, Grimsby DSS****Pre 2004: 12.00m R 1982****LAURANN COL, Merritton High**

Name	School	Seed	Finals	Points
1 KOROLL, KORTNEY	GOVERNOR SIMCOE S S	9.28m	9.07m	6
2 MACKAY, KIMI	SIR WINSTON CHURCHILL	8.80m	9.06m	4
3 REILLY, KYRA	BLESSED TRINITY H S	7.81m	8.44m	3
4 MURRE, TERESA	EDEN HIGH SCHOOL	6.96m	7.29m	2
5 RIDDER, JEN	SOUTH LINCOLN H S	7.18m	6.77m	1
6 TRAVER, TRINKA	SMITHVILLE DISTRICT C H	6.29m	6.27m	
7 VOS, JULIE	SMITHVILLE DISTRICT C H	5.22m	5.62m	
8 COLANGELO, ALICIA	HOLY CROSS H S	6.21m	5.21m	
9 SENDZIK, KATRINA	HOLY CROSS H S	5.04m	4.69m	
10 WILSON-DEBOER, MARY/	SMITHVILLE DISTRICT C H	5.15m	4.10m	
11 OOSTERHOF, KRISTI	SMITHVILLE DISTRICT C H	3.76m	3.66m	

Women Discus Throw Senior**Zone IV: 41.21m R 5/17/2007****DANA BEE, Grimsby DSS****Pre 2004: 39.30m R 2000****ANGELA MACHAJ, Denis Morris**

Name	School	Seed	Finals	Points
1 KLODNICKI, KATIE	GRIMSBY D S S	40.61m	39.73m R	6
2 ALDERMAN, KARIE	GRIMSBY D S S	28.62m	29.82m	4
3 KOROLL, KORTNEY	GOVERNOR SIMCOE S S	24.37m	26.82m	3
4 COLLING, JEN	GRIMSBY D S S	17.41m	24.21m	2
5 HARRIS, KEESHA	BLESSED TRINITY H S	20.58m	23.45m	1
6 YOLE, COURTNEY	BLESSED TRINITY H S	19.28m	19.90m	
7 RIDDER, JEN	SOUTH LINCOLN H S	15.31m	19.80m	
8 MURRE, TERESA	EDEN HIGH SCHOOL	17.68m	17.15m	
9 VOS, JULIE	SMITHVILLE DISTRICT C H	16.28m	15.32m	
10 KALVAITIS, GENNA	BLESSED TRINITY H S	15.05m	15.25m	
11 FERNICK, LAUREN	BLESSED TRINITY H S	18.31m	14.03m	
12 OOSTERHOF, KRISTI	SMITHVILLE DISTRICT C H	6.52m	6.35m	

Women Javelin Throw Senior**Zone IV: 34.64m R 5/11/2006****JENNI BAUER, St. Francis****Pre 2004: 37.98m R 2003****SARAH KISH, St. Francis**

Name	School	Seed	Finals	Points
1 MACKAY, KIMI	SIR WINSTON CHURCHILL	27.74m	30.49m	6
2 KOROLL, KORTNEY	GOVERNOR SIMCOE S S	31.96m	27.18m	4
3 BOESE, MARGIE	NIAGARA D S S	22.75m	25.70m	3
4 HARRIS, KEESHA	BLESSED TRINITY H S	22.23m	21.91m	2
5 FUENMAYOR, PAULA	DENIS MORRIS H S	18.00m	21.63m	1
6 COLLING, JEN	GRIMSBY D S S	19.64m	19.51m	
7 MURRE, TERESA	EDEN HIGH SCHOOL	17.37m	19.44m	
8 RIDDER, JEN	SOUTH LINCOLN H S	18.42m	19.04m	
9 VOS, JULIE	SMITHVILLE DISTRICT C H	19.20m	17.94m	
10 FERNICK, LAUREN	BLESSED TRINITY H S	16.95m	17.91m	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Women Javelin Throw Senior)**

	Name	School	Seed	Finals	Points
11	TRAVER, TRINKA	SMITHVILLE DISTRICT C H	17.54m	16.16m	
12	COLANGELO, ALICIA	HOLY CROSS H S	15.79m	15.19m	
13	ALDERMAN, KARIE	GRIMSBY D S S	18.01m	14.40m	
14	WILSON-DEBOER, MARY/	SMITHVILLE DISTRICT C H	16.33m	14.12m	
---	DESPRES, TINA	ST. FRANCIS S S	17.20m	SCR	

Women 1500 Meter Steeplechase Open**Zone IV: 5:17.69 R 5/11/2006****KELSIE SLATER, Grimsby DSS**

	Name	School	Seed	Finals	Points
1	MOORADIAN, LAURA	DENIS MORRIS H S	5:51.91	5:53.00	6
2	HAMBLTON, BRITTANY	GRIMSBY D S S	6:17.12	6:16.00	4
3	BRACKEN, KRISTIA	LAURA SECORD S S	6:45.71	6:38.00	3

Women 4x400 Meter Relay Open**Zone IV: 4:16.91 R 5/11/2006****GRIMSBY D S S, Grimsby DSS****H Kurpe, A Drake, B Kadwell, K Slater****Pre 2004: 4:10.00 R 1980****, Grimsby Secondary**

	Team	Relay	Seed	Finals	Points
1	GRIMSBY D S S	A	4:39.43	4:34.88	6
2	LAURA SECORD S S	A	4:44.70	4:46.84	4

Men 100 Meter Dash Midget**Zone IV: 11.93 R 5/15/2008****JOSH FORESTER, Blessed Trinity****Pre 2004: 11.40 R 1970****TED DIDMUS, West Park**

	Name	School	Seed	Prelims	H#
Preliminaries					
1	MCPHERSON, BLAKE	GOVERNOR SIMCOE S S	12.23	12.58 Q	1
2	DOMAGALA, DANIEL	HOLY CROSS H S	12.49	12.80 Q	2
3	CHIA, RYAN	GOVERNOR SIMCOE S S	12.94	13.30 Q	2
4	TERRAUDS, PATRICK	GRIMSBY D S S	12.91	13.46 Q	1
5	CHRISTIANSEN, THOMAS	LAURA SECORD S S	12.91	13.41 q	2
6	RANA, OSMAN	SIR WINSTON CHURCHILL	12.90	13.51 q	1
7	MAINSE, DAVID	BLESSED TRINITY H S	12.78	13.53 q	2
8	TADESON, MARK	GRIMSBY D S S	13.55	13.69 q	2
9	SANDERCOTT, CHRISTIA	DENIS MORRIS H S	13.53	13.78	2
10	WARD, JALEEL	DENIS MORRIS H S	13.38	13.87	1
11	COWAN, BRADLEY	NIAGARA D S S	13.49	14.06	1
12	CHAPUT, MATT	ST. FRANCIS S S	13.83	14.09	1
13	PERALTA, ABRAHAM	GREAT LAKES CHRISTIAN		14.12	2
14	MCINTYRE, STEVE	HOLY CROSS H S	13.53	14.18	1
15	CHRISTIANSEN, DYLAN	LAURA SECORD S S	13.84	14.36	1
16	UPSHALL, TIM	NIAGARA D S S	13.56	14.44	2

Men 100 Meter Dash Midget**Zone IV: 11.93 R 5/15/2008****JOSH FORESTER, Blessed Trinity****Pre 2004: 11.40 R 1970****TED DIDMUS, West Park**

	Name	School	Prelims	Finals	Points
Finals					
1	MCPHERSON, BLAKE	GOVERNOR SIMCOE S S	12.58	12.16	6
2	DOMAGALA, DANIEL	HOLY CROSS H S	12.80	12.52	4
3	CHRISTIANSEN, THOMAS	LAURA SECORD S S	13.41	12.68	3

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Finals ... (Men 100 Meter Dash Midget)**

	Name	School	Prelims	Finals	Points
4	RANA, OSMAN	SIR WINSTON CHURCHILL	13.51	12.78	2
5	CHIA, RYAN	GOVERNOR SIMCOE S S	13.30	12.98	1
6	TERRAUDS, PATRICK	GRIMSBY D S S	13.46	13.03	
7	TADESON, MARK	GRIMSBY D S S	13.69	13.29	
---	MAINSE, DAVID	BLESSED TRINITY H S	13.53	DNS	

Men 200 Meter Dash Midget**Zone IV: 24.41 R 5/17/2007****MATT WOJAK, Holy Cross H****Pre 2004: 24.00 R 1979****RICK WILSON, Grantham**

	Name	School	Seed	Finals	H#	Points
1	KRZECZKOWSKI, ANDRE ¹	SIR WINSTON CHURCHILL	26.15	25.53	2	6
2	SLESSOR, KEN	GRIMSBY D S S	26.20	25.76	2	4
3	CHRISTIANSEN, THOMAS	LAURA SECORD S S	27.26	26.15	2	3
4	RANA, OSMAN	SIR WINSTON CHURCHILL	26.37	26.34	2	2
5	TADESON, MARK	GRIMSBY D S S	28.14	27.11	2	1
6	HOEKSTRA, ALEX	SMITHVILLE DISTRICT C H	27.72	27.31	2	
7	MCINTYRE, STEVE	HOLY CROSS H S	28.34	27.46	1	
8	SANDERCOTT, CHRISTIA ¹	DENIS MORRIS H S	28.33	27.59	2	
9	WARD, JALEEL	DENIS MORRIS H S	28.87	27.90	1	
10	SMITH, COLIN	BEAMSVILLE D S S	29.10	28.10	1	
11	SERRANO, FRANKLYN	KERNAHAN PARK S S	28.35	28.23	1	
12	LIVINSTONE, DAVID	LAURA SECORD S S	29.21	28.98	1	
13	TAN, HENRY	LAURA SECORD S S	29.15	29.01	1	
14	MATASJE, SPENCER	DENIS MORRIS H S	27.97	29.11	2	
15	TERRAUDS, PATRICK	GRIMSBY D S S	29.00	33.53	1	
---	FOLKERTS, JACOB	SMITHVILLE DISTRICT C H	28.82	DNF	1	

Men 400 Meter Dash Midget**Zone IV: 55.48 R 5/13/2004****JORDAN HECKMAN, Sir Winston****Pre 2004: 53.90 R 1982****TODD ANDERSON, Lakeport**

	Name	School	Seed	Finals	H#	Points
1	SLESSOR, KEN	GRIMSBY D S S	55.91	57.68	2	6
2	KRZECZKOWSKI, ANDRE ¹	SIR WINSTON CHURCHILL	58.42	57.70	2	4
3	MCKNIGHT, COLE	GRIMSBY D S S	58.04	58.23	2	3
4	MANICCIA, CHRIS	DENIS MORRIS H S	1:00.54	1:00.45	2	2
5	SAXTON, BRETT	SIR WINSTON CHURCHILL	1:00.70	1:01.25	2	1
6	WARD, JALEEL	DENIS MORRIS H S	1:04.86	1:01.35	1	
7	HOEKSTRA, ALEX	SMITHVILLE DISTRICT C H	1:00.81	1:02.04	2	
8	MATASJE, SPENCER	DENIS MORRIS H S	1:02.52	1:02.69	2	
9	CHRISTIANSEN, THOMAS	LAURA SECORD S S	1:07.76	1:03.61	1	
10	HONSBERGER, KUKE	LAURA SECORD S S	1:07.21	1:04.25	1	
11	TAN, HENRY	LAURA SECORD S S	1:05.36	1:05.06	1	
12	TIERSMA, TYLER	SMITHVILLE DISTRICT C H	1:07.44	1:06.16	1	
13	MORRIS, PATRICK	DENIS MORRIS H S	1:03.62	1:06.43	2	
14	THOMPSON, IAIN	NIAGARA D S S	1:07.93	1:10.09	1	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men 800 Meter Run Midget****Zone IV: 2:08.51 R 5/13/2004****DUSTIN DEMOE, Denis Morris****Pre 2004: 2:08.20 R 1994****NEIL O'REILLY, Sir Winston Churchill**

	Name	School	Seed	Finals	Points
1	HUTTON, CHRIS	SIR WINSTON CHURCHILL	2:09.87	2:10.41	6
2	MCKNIGHT, COLE	GRIMSBY D S S	2:18.18	2:15.44	4
3	MCKENZIE-LEFURGEY, B	SIR WINSTON CHURCHILL	2:19.88	2:16.51	3
4	MORRIS, PATRICK	DENIS MORRIS H S	2:28.67	2:20.95	2
5	MAHLER, MIKE	DENIS MORRIS H S	2:30.76	2:21.53	1
6	DOVER, MICHAEL	SIR WINSTON CHURCHILL	2:24.41	2:22.18	
7	ETZL, BRANDON	EDEN HIGH SCHOOL	2:34.81	2:22.81	
8	SAXTON, BRETT	SIR WINSTON CHURCHILL	2:29.29	2:25.84	
9	MANICCIA, CHRIS	DENIS MORRIS H S	2:29.29	2:29.92	
10	ZANTINGH, SETH	SMITHVILLE DISTRICT C H	2:30.03	2:32.22	
11	MATASJE, SPENCER	DENIS MORRIS H S	2:33.33	2:32.94	
12	HONSBERGER, KUKE	LAURA SECORD S S	2:31.88	2:37.46	
13	TIERSMA, TYLER	SMITHVILLE DISTRICT C H	2:41.63	2:37.93	
14	FOLKERTS, JACOB	SMITHVILLE DISTRICT C H	2:43.25	2:42.33	
15	KERKHOF, BRAD	SMITHVILLE DISTRICT C H	2:40.38	2:43.83	

Men 1500 Meter Run Midget**Zone IV: 4:20.74 R 5/13/2004****KEVIN MOORE, Sir Winston****Pre 2004: 4:17.10 R 1981****MIKE SMITH, Lakeport**

	Name	School	Seed	Finals	Points
1	HUTTON, CHRIS	SIR WINSTON CHURCHILL	4:52.86	4:40.90	6
2	MCKENZIE-LEFURGEY, B	SIR WINSTON CHURCHILL	4:52.56	4:41.64	4
3	MCKNIGHT, COLE	GRIMSBY D S S	4:43.87	4:46.09	3
4	PALFRAMAN, KYLE	SIR WINSTON CHURCHILL	4:57.22	4:52.92	2
5	DOVER, MICHAEL	SIR WINSTON CHURCHILL	5:00.93	4:56.43	1
6	ETZL, BRANDON	EDEN HIGH SCHOOL	5:06.30	5:00.61	
7	COPPOLA, MATT	DENIS MORRIS H S	5:01.61	5:04.69	
8	MORRIS, PATRICK	DENIS MORRIS H S	5:12.99	5:09.93	
9	WIGNALL, GRANT	DENIS MORRIS H S	5:18.14	5:13.94	
10	MAHLER, MIKE	DENIS MORRIS H S	5:17.83	5:16.22	
11	HONSBERGER, KUKE	LAURA SECORD S S	5:17.63	5:25.43	
12	BULL, EVAN	BEAMSVILLE D S S	5:36.55	5:28.74	
13	THOMPSON, IAIN	NIAGARA D S S	5:29.16	5:30.55	
14	GERAEDTS, MARK	GRIMSBY D S S	5:31.16	5:33.42	
---	ZANTINGH, SETH	SMITHVILLE DISTRICT C H	5:08.09	DNS	

Men 3000 Meter Run Midget**Zone IV: 9:42.21 R 5/11/2006****MOHAMED AHMED, St. Catharin****Pre 2004: 9:21.20 R 1981****MIKE SMITH, Lakeport**

	Name	School	Seed	Finals	Points
1	PALFRAMAN, KYLE	SIR WINSTON CHURCHILL	10:29.99	10:35.17	6
2	RAND, JACKSON	BLESSED TRINITY H S	11:28.59	10:53.43	4
3	COPPOLA, MATT	DENIS MORRIS H S	11:35.69	11:10.81	3
4	HUTTON, CHRIS	SIR WINSTON CHURCHILL	11:27.38	11:19.50	2
5	WIGNALL, GRANT	DENIS MORRIS H S	12:05.17	11:26.93	1

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men 100 Meter Hurdles Midget****Zone IV: 15.71 R 5/15/2008****JOSH FORESTER, Blessed Trinity****Pre 2004: 14.50 R 2001****TAI SPENCER-YAP, Laura Secord Secondary****Pre 2004: 14.50 R 1975****LEON ARENDSE, Laura Secord Secondary**

Name	School	Seed	Finals	Points
1 FALVO, VICTOR	LAURA SECORD S S	17.38	19.61	6
2 VAN WYCK, WILL	BLESSED TRINITY H S	19.78	19.94	4
3 SALTER, JOE	LAURA SECORD S S	17.90	20.44	3
4 YAKUBIW, ZACH	NIAGARA D S S	20.04	20.93	2
5 POZZEBON, AARON	NIAGARA D S S	20.04	21.18	1
6 LIVINSTONE, DAVID	LAURA SECORD S S	21.96	22.06	

Men 300 Meter Hurdles Midget**Zone IV: 43.95 R 5/13/2005****JORDAN GLANCIE, Laura Secord****Pre 2004: 42.49 R 2001****TAI SPENCER-YAP, Laura Secord Secondary**

Name	School	Seed	Finals	Points
1 SLESSOR, KEN	GRIMSBY D S S	48.60	46.54	6
2 THOMPSON, IAIN	NIAGARA D S S	56.10	50.97	4
3 YAKUBIW, ZACH	NIAGARA D S S	54.93	53.86	3
4 POZZEBON, AARON	NIAGARA D S S	56.36	55.09	2
5 SALTER, JOE	LAURA SECORD S S	48.69	1:08.59	1

Men 4x100 Meter Relay Midget**Zone IV: 48.88 R 5/13/2004****ST. FRANCIS S S, St. Francis****M Mckenna, T Goode, J Amadio, A Meyer****Pre 2004: 47.60 R 1979****, Denis Morris**

Team	Relay	Seed	Finals	Points
1 GRIMSBY D S S	A	51.03	49.53	6
2 SIR WINSTON CHURCHILL	A	50.66	49.82	4
3 LAURA SECORD S S	A	52.09	50.67	3
4 DENIS MORRIS H S	A	54.48	52.68	2
5 SMITHVILLE DISTRICT C H	A	55.06	54.97	1
--- BLESSED TRINITY H S	A	52.08	SCR	

Men High Jump Midget**Zone IV: 1.85m R 5/17/2007****JEFF WEBB, Eden High Sc****Pre 2004: 1.87m R 1995****MIKE PONIKVAR, Denis Morris**

Name	School	Seed	Finals	Points
1 DICK, AUSTIN	EDEN HIGH SCHOOL	1.80m	1.60m	6
2 VANHOFFEN, DEVON	SMITHVILLE DISTRICT C H	1.50m	1.55m	4
3 STIRTZINGER, JESSE	GRIMSBY D S S	1.55m	J1.55m	3
4 FALVO, VICTOR	LAURA SECORD S S	1.55m	J1.55m	2
5 SCHOLMAN, JOSHUA	SMITHVILLE DISTRICT C H	1.45m	1.50m	1
6 SNIPPE, NATHAN	SMITHVILLE DISTRICT C H	1.45m	J1.50m	
7 SCHONEWILLE, OWEN	BEAMSVILLE D S S	1.55m	J1.50m	
8 CHIA, RYAN	GOVERNOR SIMCOE S S	1.50m	J1.50m	
9 MANICCIA, CHRIS	DENIS MORRIS H S	1.45m	J1.50m	
10 SALTER, JOE	LAURA SECORD S S	1.45m	1.45m	
11 MCINTYRE, STEVE	HOLY CROSS H S	1.50m	1.40m	
--- CHRISTIANSEN, DYLAN	LAURA SECORD S S	1.40m	FAIL	
--- BANGS, ZACK	HOLY CROSS H S	1.45m	FAIL	
--- MARSHALL, TYLER	KERNAHAN PARK S S	1.45m	FAIL	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men Long Jump Midget****Zone IV: 5.66m R 5/15/2008****JOSH FORESTER, Blessed Trinity****Pre 2004: 6.20m R 1982****GREG BRISKIN, Lakeport**

Name	School	Seed	Finals	Points
1 MCPHERSON, BLAKE	GOVERNOR SIMCOE S S	5.42m	5.53m	6
2 STIRTZINGER, JESSE	GRIMSBY D S S	4.92m	5.31m	4
3 FALVO, VICTOR	LAURA SECORD S S	4.54m	5.19m	3
4 CHIA, RYAN	GOVERNOR SIMCOE S S	4.77m	4.89m	2
5 VELDMAN, MATTHEW	SMITHVILLE DISTRICT C H	4.90m	4.87m	1
6 UPSHALL, TIM	NIAGARA D S S	5.11m	4.85m	
7 SCHOLMAN, JOSHUA	SMITHVILLE DISTRICT C H	4.49m	4.42m	
8 VANHOFFEN, DEVON	SMITHVILLE DISTRICT C H	4.18m	4.30m	
9 VAN WYCK, WILL	BLESSED TRINITY H S	4.57m	4.08m	
10 BULL, EVAN	BEAMSVILLE D S S	4.36m	4.04m	
11 TERRAUDS, PATRICK	GRIMSBY D S S	4.26m	3.86m	
12 POZZEBON, AARON	NIAGARA D S S	4.96m	3.74m	
--- RAND, JACKSON	BLESSED TRINITY H S	4.25m	DNS	
--- PARKER, JOVAN	WEST PARK S S	4.61m	DNS	

Men Triple Jump Midget**Zone IV: 11.51m R 5/13/2004****THOMAS GLASBERGEN, Heritage Chr****Pre 2004: 12.73m R 1984****ANDY RYMSHA, Governor Simcoe**

Name	School	Seed	Finals	Points
1 MCPHERSON, BLAKE	GOVERNOR SIMCOE S S	11.69m	11.86m R	6
2 STIRTZINGER, JESSE	GRIMSBY D S S	10.89m	11.50m	4
3 VELDMAN, MATTHEW	SMITHVILLE DISTRICT C H	10.79m	10.99m	3
4 PARKER, JOVAN	WEST PARK S S	10.85m	10.98m	2
5 TADESON, MARK	GRIMSBY D S S	9.58m	9.99m	1
6 ANTONIDES, KALEB	SMITHVILLE DISTRICT C H	9.47m	9.28m	
7 SNIPPE, NATHAN	SMITHVILLE DISTRICT C H	9.14m	9.21m	
8 VANHOFFEN, DEVON	SMITHVILLE DISTRICT C H	8.89m	J9.21m	
--- BANGS, ZACK	HOLY CROSS H S	9.40m	FOUL	

Men Shot Put Midget**Zone IV: 14.24m R 5/17/2007****STEFAN PALIOS, Grimsby DSS****Pre 2004: 14.88m R 1981****JOHN WILLMS, Eden High School**

Name	School	Seed	Finals	Points
1 MAINSE, DAVID	BLESSED TRINITY H S	12.84m	11.88m	6
2 BRADFORD, BEN	GOVERNOR SIMCOE S S	11.09m	11.12m	4
3 BANGS, ZACK	HOLY CROSS H S	8.84m	10.01m	3
4 PERALTA, ABRAHAM	GREAT LAKES CHRISTIAN		9.90m	2
5 GLANCIE, JARRET	LAURA SECORD S S	9.74m	9.76m	1
6 LAROCHE, MATHEW	KERNAHAN PARK S S	9.72m	9.50m	
6 NIESINK, JOSH	DENIS MORRIS H S	9.34m	9.50m	
8 KORTEN, ETHAN	SMITHVILLE DISTRICT C H	8.64m	9.40m	
9 HILL, BRAEDAN	LAURA SECORD S S	10.28m	9.00m	
10 CINO, MARSHALL	BLESSED TRINITY H S	8.81m	8.72m	
11 DYKSTRA, TOM	GRIMSBY D S S	9.39m	8.50m	
12 AANTJES, DAVID	SMITHVILLE DISTRICT C H	6.42m	7.92m	
13 KERKHOF, BRAD	SMITHVILLE DISTRICT C H	7.51m	7.83m	
14 BOONE, DAVID	LAURA SECORD S S	7.05m	7.33m	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men Discus Throw Midget****Zone IV: 50.52m R 5/17/2007****STEFAN PALIOS, Grimsby DSS****Pre 2004: 49.92m R 2001****JOHNNIE AHLSTEDT, Laura Secord Secondary**

Name	School	Seed	Finals	Points
1 UPSHALL, TIM	NIAGARA D S S	37.04m	30.52m	6
2 BRADFORD, BEN	GOVERNOR SIMCOE S S	29.14m	29.39m	4
3 DYKSTRA, TOM	GRIMSBY D S S	24.69m	28.47m	3
4 AANTJES, DAVID	SMITHVILLE DISTRICT C H	23.45m	24.48m	2
5 HILL, BRAEDAN	LAURA SECORD S S	21.97m	23.75m	1
6 GLANCIE, JARRET	LAURA SECORD S S	20.15m	22.17m	
7 VELDMAN, MATTHEW	SMITHVILLE DISTRICT C H	19.01m	21.69m	
8 BOONE, DAVID	LAURA SECORD S S	19.31m	19.02m	
9 KORTEN, ETHAN	SMITHVILLE DISTRICT C H	16.49m	15.53m	

Men Javelin Throw Midget**Zone IV: 47.47m R 5/17/2007****RAY DYKSTRA, Grimsby DSS****Pre 2004: 49.32m R 2003****SHAWN BENCH, Laura Secord Secondary**

Name	School	Seed	Finals	Points
1 BLACKBOROW, JOE	BLESSED TRINITY H S		41.67m	6
2 BRIDE, NICK	SIR WINSTON CHURCHILL	37.50m	37.95m	4
3 GLANCIE, JARRET	LAURA SECORD S S	33.72m	35.84m	3
4 BRADFORD, BEN	GOVERNOR SIMCOE S S	24.24m	32.58m	2
5 ROBERTO, DEVON	WEST PARK S S	26.04m	30.25m	1
6 RAND, JACKSON	BLESSED TRINITY H S	28.75m	29.22m	
7 DYKSTRA, TOM	GRIMSBY D S S	21.13m	28.88m	
8 ZANTINGH, SETH	SMITHVILLE DISTRICT C H	22.97m	26.55m	
9 FOLKERTS, JACOB	SMITHVILLE DISTRICT C H	26.70m	25.90m	
10 BOONE, DAVID	LAURA SECORD S S	26.22m	23.40m	
11 HALL, BRAD	GOVERNOR SIMCOE S S	24.22m	22.12m	
12 KRZECZKOWSKI, ANDRE	SIR WINSTON CHURCHILL	22.93m	21.10m	
13 AANTJES, DAVID	SMITHVILLE DISTRICT C H	15.78m	20.46m	
14 CHRISTIANSEN, DYLAN	LAURA SECORD S S	17.89m	18.85m	
15 HILL, BRAEDAN	LAURA SECORD S S	21.98m	18.56m	
--- YAKUBIW, ZACH	NIAGARA D S S	26.70m	DNS	

Men 100 Meter Dash Junior**Zone IV: 11.43 R 5/13/2005****TANNER GOODE, St.Francis****Pre 2004: 11.04 R 2003****DIRK HOFMANN, S.W.C.**

Name	School	Seed	Prelims	H#
Preliminaries				
1 FORESTER, JOSH	BLESSED TRINITY H S	12.05	12.39 Q	1
2 MOSS, TYLER	ST. FRANCIS S S	12.27	13.20 Q	2
3 SPAGNUOLO, LUCAS	GRIMSBY D S S	12.83	12.92 Q	1
4 MCANDREWS, DYLAN	WEST PARK S S	12.44	13.80 Q	2
5 MCALPINE, TRAVIS	GOVERNOR SIMCOE S S	12.51	13.05 q	1
6 ROGERS, BRANDON	GOVERNOR SIMCOE S S	13.09	13.48 q	1
7 JESSOME, MATT	ST. FRANCIS S S	13.11	13.67 q	1
8 FEDDEMA, PETER	SMITHVILLE DISTRICT C H	13.25	13.71 q	1
9 LUPUL, ALEX	DENIS MORRIS H S	13.34	13.78	1
10 TEDESCO, JACOB	DENIS MORRIS H S	13.32	14.11	2
11 TURL, JAKE	GRIMSBY D S S	13.01	14.41	2

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Preliminaries ... (Men 100 Meter Dash Junior)**

	Name	School	Seed	Prelims	H#
12	EVANGELISTO, ANDREW	BLESSED TRINITY H S	13.11	14.42	2
13	SHARPE, STEPHON	DENIS MORRIS H S	12.89	14.45	2
14	AHMED, KADAR	ST. FRANCIS S S	13.31	14.94	2
---	WIELER, ISAAK	NIAGARA D S S	13.12	DNS	2
---	RUTHERFORD, KURT	SMITHVILLE DISTRICT C H	13.22	DNS	1

Men 100 Meter Dash Junior**Zone IV: 11.43 R 5/13/2005 TANNER GOODE, St.Francis****Pre 2004: 11.04 R 2003 DIRK HOFMANN, S.W.C.**

	Name	School	Prelims	Finals	Points
Finals					
1	FORESTER, JOSH	BLESSED TRINITY H S	12.39	11.95	6
2	MOSS, TYLER	ST. FRANCIS S S	13.20	12.17	4
3	MCALPINE, TRAVIS	GOVERNOR SIMCOE S S	13.05	12.43	3
4	SPAGNUOLO, LUCAS	GRIMSBY D S S	12.92	12.44	2
5	MCANDREWS, DYLAN	WEST PARK S S	13.80	12.63	1
6	JESSOME, MATT	ST. FRANCIS S S	13.67	12.80	
7	ROGERS, BRANDON	GOVERNOR SIMCOE S S	13.48	12.92	
8	FEDDEMA, PETER	SMITHVILLE DISTRICT C H	13.71	13.30	

Men 200 Meter Dash Junior**Zone IV: 23.54 R 5/15/2008 DYLAN GRANGER, Holy Cross****Pre 2004: 23.00 R 1972 VIC REMPEL, Niagara District**

	Name	School	Seed	Finals	H#	Points
1	FORESTER, JOSH	BLESSED TRINITY H S	24.45	24.24	2	6
2	MOSS, TYLER	ST. FRANCIS S S	25.26	25.27	2	4
3	SPAGNUOLO, LUCAS	GRIMSBY D S S	26.08	25.32	2	3
4	BOECK, JAKE	GRIMSBY D S S	25.88	26.07	2	2
5	MCALPINE, TRAVIS	GOVERNOR SIMCOE S S	26.14	26.18	2	1
6	JESSOME, MATT	ST. FRANCIS S S	27.37	26.54	1	
7	ROGERS, BRANDON	GOVERNOR SIMCOE S S	27.13	26.65	1	
8	DISIMONI, TYLER	DENIS MORRIS H S	27.28	26.83	1	
9	TURL, JAKE	GRIMSBY D S S	26.92	26.93	2	
10	LUPUL, ALEX	DENIS MORRIS H S	27.77	27.35	1	
11	YOO, KIMOON	DENIS MORRIS H S	30.58	29.82	1	
---	FEDDEMA, PETER	SMITHVILLE DISTRICT C H	26.91	DNS	2	
---	KRETZ, ALEX	DENIS MORRIS H S	29.55	DNS	1	
---	WILSHER, DANIEL	KERNAHAN PARK S S	29.15	DNS	1	
---	RUTHERFORD, KURT	SMITHVILLE DISTRICT C H	27.49	DNS	1	

Men 400 Meter Dash Junior**Zone IV: 53.86 R 5/11/2006 LEE MORI, Denis Morris****Pre 2004: 50.90 R 1986 BOB LYONS, Ridley College**

	Name	School	Seed	Finals	Points
1	MOSS, TYLER	ST. FRANCIS S S	57.84	56.34	6
2	JOHNSON, TYLER	WEST PARK S S	55.74	56.68	4
3	TURL, JAKE	GRIMSBY D S S	58.20	57.50	3
4	AHMED, KADAR	ST. FRANCIS S S	1:01.59	59.77	2
---	SELBY, MATT	DENIS MORRIS H S	1:11.61	DNS	
---	VANBUUREN, BRIAN	SMITHVILLE DISTRICT C H	1:00.00	DNS	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men 800 Meter Run Junior****Zone IV: 2:02.43 R 5/13/2004****MATTHEW BUTTERS, Denis Morris****Pre 2004: 1:58.69 R 1997****JEFF MALLYSH, Holy Cross**

Name	School	Seed	Finals	Points
1 GILES, CAM	EDEN HIGH SCHOOL	2:11.83	2:07.38	6
2 JANSSEN, TREVOR	EDEN HIGH SCHOOL	2:09.85	2:08.08	4
3 KROGMAN, ISAAC	GRIMSBY D S S	2:16.10	2:14.76	3
4 DOHERTY, CONNOR	SIR WINSTON CHURCHILL	2:18.96	2:16.83	2
5 KAMPHUIS, JORDAN	GRIMSBY D S S	2:21.55	2:19.71	1
6 TWEEDLE, DAN	GRIMSBY D S S	2:16.39	2:21.52	
7 AHMED, KADAR	ST. FRANCIS S S	2:26.19	2:26.90	
8 JOHNSON, TYLER	WEST PARK S S	2:17.72	2:32.39	
9 SMITH, BRENT	BLESSED TRINITY H S	2:45.74	2:33.64	
10 KENNY, JAKE	DENIS MORRIS H S	2:29.40	2:34.05	
11 GROSSI, CHAD	DENIS MORRIS H S	2:50.16	2:44.07	

Men 1500 Meter Run Junior**Zone IV: 4:17.52 R 5/17/2007****MOHAMED AHMED, St. Catharin****Pre 2004: 4:06.24 R 2002****JEFF SCULL, Beamsville Secondary**

Name	School	Seed	Finals	Points
1 JANSSEN, TREVOR	EDEN HIGH SCHOOL	4:31.68	4:34.69	6
2 GILES, CAM	EDEN HIGH SCHOOL	4:38.72	4:35.81	4
3 TWEEDLE, DAN	GRIMSBY D S S	4:53.04	4:45.00	3
4 CORCORAN, HUNTER	SIR WINSTON CHURCHILL		4:45.82	2
5 DOHERTY, CONNOR	SIR WINSTON CHURCHILL	4:57.15	4:46.17	1
6 KAUFHOLD, DAN	GRIMSBY D S S	4:45.27	4:46.22	
7 HODGSON, IAN	GRIMSBY D S S	4:46.64	4:48.10	
8 KAMPHUIS, JORDAN	GRIMSBY D S S	4:55.65	4:48.62	
9 AHMED, IBRAHIM	ST. FRANCIS S S	4:51.17	4:51.54	
10 VANBUUREN, BRIAN	SMITHVILLE DISTRICT C H	4:49.83	4:54.30	
11 POUSTIE, CAM	BLESSED TRINITY H S	4:57.59	5:15.71	
12 MCGEE, DAN	SIR WINSTON CHURCHILL	5:23.45	5:17.61	
13 GROSSI, NICK	DENIS MORRIS H S	5:23.34	5:18.54	
14 MCMURTRIE, ANDREW	BEAMSVILLE D S S	5:15.01	5:35.39	
15 PETERS, DANIEL	DENIS MORRIS H S	4:59.00	5:38.54	
16 WAUGH, ISAAC	BEAMSVILLE D S S	5:28.64	5:38.76	
17 GODDEN, JOHNNY	BEAMSVILLE D S S	5:37.61	5:39.63	

Men 3000 Meter Run Junior**Zone IV: 9:15.44 R 5/17/2007****MOHAMED AHMED, St. Catharin****Pre 2004: 9:04.70 R 1983****MIKE SMITH, Lakeport**

Name	School	Seed	Finals	Points
1 HODGSON, IAN	GRIMSBY D S S	10:28.87	10:04.05	6
2 AHMED, IBRAHIM	ST. FRANCIS S S	10:28.91	10:05.17	4
3 CORCORAN, HUNTER	SIR WINSTON CHURCHILL	10:39.54	10:30.39	3
4 KROGMAN, ISAAC	GRIMSBY D S S	10:55.86	10:36.85	2
5 THOMPSON, BEN	BLESSED TRINITY H S	11:09.56	10:56.66	1
6 POLLY, ADAM	DENIS MORRIS H S	11:28.59	11:02.54	
7 DOHERTY, CONNOR	SIR WINSTON CHURCHILL	11:54.87	11:18.61	
8 GROSSI, NICK	DENIS MORRIS H S	12:11.79	11:19.13	
9 PETERS, DANIEL	DENIS MORRIS H S	11:01.84	11:23.02	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Men 3000 Meter Run Junior)**

	Name	School	Seed	Finals	Points
10	NAPOLITANO, ANTONIO	LAURA SECORD S S	12:05.17	11:44.90	
11	KENNY, JAKE	DENIS MORRIS H S	12:14.82	11:47.85	
12	MC GEE, DAN	SIR WINSTON CHURCHILL	12:12.94	12:17.78	
---	BISHOP-BRANCH, JUNTIN	WEST PARK S S	12:56.77	DNS	

Men 100 Meter Hurdles Junior

Zone IV: 14.51 R 5/17/2007 TOWNSEND BENARD, Laura Secord
 Pre 2004: 14.67 R 2003 TAI SPENCER-YAP, Laura Secord Secondary

	Name	School	Seed	Finals	Points
1	FORESTER, JOSH	BLESSED TRINITY H S	15.94	16.34	6
2	LEE, VINH	HOLY CROSS H S	15.84	17.54	4
3	DEVISSER, JAMES	SMITHVILLE DISTRICT C H	18.16	19.02	3
4	BABB, COLIN	GRIMSBY D S S	18.17	19.06	2

Men 300 Meter Hurdles Junior

Zone IV: 44.00 R 5/13/2004 TYLER ROUSE, Grimsby DSS
 Pre 2004: 42.50 R 2003 ROB PETERS, Grimsby
 Pre 2004: 42.50 R 1994 JIM CORUPE, Denis Morris
 Pre 2004: 42.49 R 2001 TAI SPENCER-YAP, Laura Secord Secondary

	Name	School	Seed	Finals	Points
1	MCMURTRIE, ANDREW	BEAMSVILLE D S S	48.95	47.57	6
2	BABB, COLIN	GRIMSBY D S S	49.03	49.63	4
3	CHANTHAPHONH, SEASO	LAURA SECORD S S		50.51	3
4	BADDWI, AHMED	LAURA SECORD S S		54.68	2

Men 4x100 Meter Relay Junior

Zone IV: 47.59 R 5/13/2004 BEAMSVILLE D S S, Beamsville D
 S Michener, B Maitland, C Lemieux, R Phipps
 Pre 2004: 45.90 R 1980 , Grantham

	Team	Relay	Seed	Finals	Points
1	GOVERNOR SIMCOE S S	A	48.82	48.30	6
2	GRIMSBY D S S	A	49.43	48.97	4
3	DENIS MORRIS H S	A	50.02	49.49	3
4	BLESSED TRINITY H S	A	50.08	50.25	2
5	SMITHVILLE DISTRICT C	A	50.51	50.72	1
---	HOLY CROSS H S	A	51.11	DNF	
---	ST. FRANCIS S S	A	54.36	DNF	

Men High Jump Junior

Zone IV: 1.88m R 5/13/2004 JAMES BRODHAGEN, Thorold SS-T
 Pre 2004: 2.11m R 1997 MIKE PONIKVAR, Denis Morris

	Name	School	Seed	Finals	Points
1	BARKWAY, BRANDON	EDEN HIGH SCHOOL	1.55m	1.65m	6
2	LEE, ALEX	HOLY CROSS H S	1.60m	1.60m	4
3	LAHAIE, CODY	GOVERNOR SIMCOE S S	1.50m	1.55m	3
4	AWRAM, NATHANYL	GRIMSBY D S S	1.45m	J1.55m	2
5	VANDERMEER, NICK	SMITHVILLE DISTRICT C H	1.45m	J1.55m	1
6	DEVELLIS, DAVID	HOLY CROSS H S	1.45m	1.45m	
---	SPAGNUOLO, LUCAS	GRIMSBY D S S	1.45m	FAIL	
---	WIELER, ISAAK	NIAGARA D S S	1.50m	FAIL	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men Pole Vault Junior****Zone IV: 3.30m R 5/17/2007****TOWNSEND BENARD, Laura Secord****Pre 2004: 3.91m R 1986****DAN PEROSSA, West Park**

	Name	School	Seed	Finals	Points
1	CHANTHAPHONH, SEASO	LAURA SECORD S S	2.00m	2.40m	6
2	NAPOLITANO, ANTONIO	LAURA SECORD S S	2.00m	1.80m	4

Men Long Jump Junior**Zone IV: 6.05m R 5/17/2007****SHAWN HIND, Holy Cross H****Pre 2004: 6.55m R 1992****ANDREW BELL, St Catharines Collegiate**

	Name	School	Seed	Finals	Points
1	MCANDREWS, DYLAN	WEST PARK S S	5.15m	5.69m	6
2	SELBY, MATT	DENIS MORRIS H S	4.60m	5.65m	4
3	LEE, VINH	HOLY CROSS H S	5.91m	5.64m	3
4	MCALPINE, TRAVIS	GOVERNOR SIMCOE S S	5.22m	5.35m	2
5	BOECK, JAKE	GRIMSBY D S S	4.79m	5.18m	1
6	JESSOME, MATT	ST. FRANCIS S S	4.76m	5.10m	
7	TEDESCO, JACOB	DENIS MORRIS H S	4.94m	4.88m	
8	FEDDEMA, PETER	SMITHVILLE DISTRICT C H	4.82m	4.71m	
9	MUTOMBO, KEVIN	HOLY CROSS H S	4.91m	4.66m	
10	THOMPSON, BEN	BLESSED TRINITY H S	4.81m	4.60m	
11	WILLIAMS, BRANDON	HOLY CROSS H S	4.63m	4.56m	
12	KRETZ, ALEX	DENIS MORRIS H S	4.92m	4.49m	
13	DEMELO, JUSTIN	BLESSED TRINITY H S	4.63m	4.45m	
14	RIEBOT, BRAD	SMITHVILLE DISTRICT C H	4.72m	4.16m	
15	CHANTHAPHONH, SEASO	LAURA SECORD S S	4.66m	4.12m	
16	VANDERMEER, NICK	SMITHVILLE DISTRICT C H	5.01m	3.93m	

Men Triple Jump Junior**Zone IV: 12.89m R 5/13/2005****DAVID TEBBUTT, Eden Highschool****Pre 2004: 13.65m R 2003****TUMELO MOLEKO, Ridley**

	Name	School	Seed	Finals	Points
1	LEE, VINH	HOLY CROSS H S	12.16m	12.78m	6
2	WIELER, ISAAK	NIAGARA D S S	9.43m	10.76m	4
3	BOECK, JAKE	GRIMSBY D S S	11.02m	10.50m	3
4	LAHAIE, CODY	GOVERNOR SIMCOE S S	10.50m	10.45m	2
5	RIEBOT, BRAD	SMITHVILLE DISTRICT C H	10.28m	10.19m	1
6	LAHAIE, ZACH	GOVERNOR SIMCOE S S	9.90m	10.00m	

Men Shot Put Junior**Zone IV: 16.35m R 5/15/2008****STEFAN PALIOS, Grimsby DSS****Pre 2004: 16.03m R 1990****RICK FRIESEN, Lakeport**

	Name	School	Seed	Finals	Points
1	SCOTT, NICO	WEST PARK S S	13.11m	13.38m	6
2	HOGVEEN, CHAD	SMITHVILLE DISTRICT C H	11.53m	11.48m	4
3	GIROUX, CRAIG	GOVERNOR SIMCOE S S	11.80m	11.47m	3
4	SELBY, MATT	DENIS MORRIS H S	11.13m	11.38m	2
5	PROVOST, AARON	KERNAHAN PARK S S	11.37m	11.21m	1
6	HARDER, STEVEN	BEAMSVILLE D S S	10.93m	11.20m	
7	SPYKER, TYLER	SMITHVILLE DISTRICT C H	10.72m	10.74m	
8	ZWIER, PHIL	SMITHVILLE DISTRICT C H	10.46m	10.58m	
9	DEHAAN, NICK	SMITHVILLE DISTRICT C H	9.97m	9.61m	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Men Shot Put Junior)**

	Name	School	Seed	Finals	Points
10	DOWD, CONNOR	HOLY CROSS H S	9.28m	9.51m	
11	POBRIC, AMIR	GOVERNOR SIMCOE S S	9.58m	9.47m	
12	RANKIN, BRIAN	ST. FRANCIS S S	9.39m	9.34m	
13	AWRAM, NATHANYL	GRIMSBY D S S	9.05m	9.33m	
14	SIRIGNANO, MATT	ST. FRANCIS S S	9.37m	9.20m	
15	EVANGELISTO, ANDREW	BLESSED TRINITY H S	9.20m	9.14m	
16	SKIBA, GREG	ST. FRANCIS S S	9.01m	8.17m	

Men Discus Throw Junior**Zone IV: 54.43m R 5/15/2008****STEFAN PALIOS, Grimsby DSS****Pre 2004: 45.62m R 1990****RICK FRIESEN, Lakeport**

	Name	School	Seed	Finals	Points
1	GIROUX, CRAIG	GOVERNOR SIMCOE S S	37.28m	38.92m	6
2	HOGVEEN, CHAD	SMITHVILLE DISTRICT C H	27.12m	38.44m	4
3	KUKNTA, BRANDON	BLESSED TRINITY H S	34.04m	38.34m	3
4	RUTHERFORD, KURT	SMITHVILLE DISTRICT C H	23.56m	32.12m	2
5	POBRIC, AMIR	GOVERNOR SIMCOE S S	22.00m	27.23m	1
6	SKIBA, GREG	ST. FRANCIS S S	18.38m	25.69m	
7	ZWIER, PHIL	SMITHVILLE DISTRICT C H	24.48m	23.85m	
8	HARDER, STEVEN	BEAMSVILLE D S S	21.70m	23.02m	
9	ZARUK, DAN	GRIMSBY D S S	17.61m	22.43m	
10	SIRIGNANO, MATT	ST. FRANCIS S S	21.46m	22.32m	
11	AWRAM, NATHANYL	GRIMSBY D S S	22.53m	22.00m	
12	SPYKER, TYLER	SMITHVILLE DISTRICT C H	20.48m	21.56m	
13	RANKIN, BRIAN	ST. FRANCIS S S	21.52m	21.40m	
14	KUNDAI, KAHARI	LAURA SECORD S S	18.92m	19.44m	
15	CROOKS, JAMES	BLESSED TRINITY H S	17.02m	16.20m	

Men Javelin Throw Junior**Zone IV: 55.45m R 5/15/2008****RAY DYKSTRA, Grimsby DSS****Pre 2004: 51.16m R 2003****RICKY POWELL, Laura Secord Secondary**

	Name	School	Seed	Finals	Points
1	BABB, COLIN	GRIMSBY D S S	39.75m	44.79m	6
2	VANDERMEER, NICK	SMITHVILLE DISTRICT C H	43.80m	43.19m	4
3	DONNELLY, DAVID	ST. FRANCIS S S	32.18m	39.45m	3
4	BADDWI, AHMED	LAURA SECORD S S	35.68m	38.24m	2
5	DEVISSER, JAMES	SMITHVILLE DISTRICT C H	40.26m	35.39m	1
6	GIROUX, CRAIG	GOVERNOR SIMCOE S S	36.90m	34.27m	
7	SCOTT, NICO	WEST PARK S S	30.45m	33.93m	
8	HARDER, STEVEN	BEAMSVILLE D S S	33.97m	33.04m	
9	SIRIGNANO, MATT	ST. FRANCIS S S	27.32m	32.10m	
10	ZARUK, DAN	GRIMSBY D S S	28.36m	30.29m	
11	POBRIC, AMIR	GOVERNOR SIMCOE S S	27.35m	24.80m	
12	DEHAAN, NICK	SMITHVILLE DISTRICT C H	23.50m	21.93m	
13	SKIBA, GREG	ST. FRANCIS S S	21.89m	18.27m	
14	MCANDREWS, DYLAN	WEST PARK S S	18.40m	16.64m	
---	KUNDAI, KAHARI	LAURA SECORD S S	24.56m	DNS	
---	SOSA, RODRIGO	SMITHVILLE DISTRICT C H	24.43m	DNS	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men 100 Meter Dash Senior**

Zone IV: 11.20 R 5/13/2004 **CHRIS GERIMIA, St. Francis**
Pre 2004: 10.77 R 2003 **ALWYN COX, Ridley**
Pre 2004: 10.80 R 1973 **VIC REMPEL, Niagara District**

Name	School	Seed	Prelims	H#
Preliminaries				
1 SELMAN, JABARI	LAURA SECORD S S	11.84	12.53 Q	1
2 EMSLIE, STEVE	HOLY CROSS H S	12.16	12.64 Q	2
3 WILLIAMS, AKINO	GRIMSBY D S S	12.46	12.65 Q	1
4 ST. JEAN, MICHAEL	DENIS MORRIS H S	12.17	12.68 Q	2
5 AKHTAR, AAZAIN	SIR WINSTON CHURCHILL	12.27	12.81 q	1
6 SFERRAZZA, SANDRO	ST. FRANCIS S S	12.28	12.82 q	1
7 KEEN, ANTHONY	SMITHVILLE DISTRICT C H	12.49	12.95 q	1
8 HARO, BEN	HOLY CROSS H S	12.46	12.98 q	2
9 GIRALDI, JOHN	BLESSED TRINITY H S	12.33	13.01	2
10 GRANT, BEN	HOLY CROSS H S	12.53	13.02	2
11 WHITEHOUSE, KYLE	KERNAHAN PARK S S	12.39	13.11	1
--- ZASUCHA, TOMMY	BLESSED TRINITY H S	12.52	DNS	1
--- OCONNER, CHRIS	ST. FRANCIS S S	12.47	DNS	2

Men 100 Meter Dash Senior

Zone IV: 11.20 R 5/13/2004 **CHRIS GERIMIA, St. Francis**
Pre 2004: 10.77 R 2003 **ALWYN COX, Ridley**
Pre 2004: 10.80 R 1973 **VIC REMPEL, Niagara District**

Name	School	Prelims	Finals	Points
Finals				
1 SELMAN, JABARI	LAURA SECORD S S	12.53	11.74	6
2 WILLIAMS, AKINO	GRIMSBY D S S	12.65	11.85	4
3 ST. JEAN, MICHAEL	DENIS MORRIS H S	12.68	12.07	3
4 EMSLIE, STEVE	HOLY CROSS H S	12.64	12.12	2
5 SFERRAZZA, SANDRO	ST. FRANCIS S S	12.82	12.20	1
6 AKHTAR, AAZAIN	SIR WINSTON CHURCHILL	12.81	12.26	
7 KEEN, ANTHONY	SMITHVILLE DISTRICT C H	12.95	12.30	
8 HARO, BEN	HOLY CROSS H S	12.98	12.42	

Men 200 Meter Dash Senior

Zone IV: 22.25 R 5/17/2007 **CODY BOYD, Sir Winston**
Pre 2004: 22.60 R 1991 **BOB COLES, Holy Cross**

Name	School	Seed	Finals	H#	Points
1 SELMAN, JABARI	LAURA SECORD S S	23.84	23.96	2	6
2 EASTERBROOK, DOUG	GRIMSBY D S S	23.93	23.99	2	4
3 WILLIAMS, AKINO	GRIMSBY D S S	25.69	24.62	1	3
4 WOJCIK, MATT	HOLY CROSS H S	24.77	24.86	2	2
5 GRANT, BEN	HOLY CROSS H S	25.29	24.96	1	1
6 AKHTAR, AAZAIN	SIR WINSTON CHURCHILL	25.23	25.12	2	
7 TROJNER, MAT	GRIMSBY D S S	24.99	25.21	2	
8 DEBRUYNE, DAN	BEACON CHRISTIAN H S	25.03	25.37	2	
9 FINORA, BLAKE	WEST PARK S S	25.57	25.65	1	
10 KEEN, ANTHONY	SMITHVILLE DISTRICT C H	25.72	25.69	1	
11 ST. JEAN, MICHAEL	DENIS MORRIS H S	25.50	26.00	1	
12 MCDONALD, SHANE	DENIS MORRIS H S	25.58	26.30	1	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Men 200 Meter Dash Senior)**

Name	School	Seed	Finals	H#	Points
--- HARO, BEN	HOLY CROSS H S	26.03	DNS	1	

Men 400 Meter Dash Senior**Zone IV: 49.81 R 5/17/2007****CODY BOYD, Sir Winston****Pre 2004: 49.40 R 1991****BRYAN HENRY, Ridley College**

Name	School	Seed	Finals	H#	Points
1 MACDONALD, MATT	ST. FRANCIS S S	50.75	50.30	2	6
2 EASTERBROOK, DOUG	GRIMSBY D S S	50.98	50.72	2	4
3 MORI, LEE	DENIS MORRIS H S	52.05	51.32	2	3
4 KERRY, DONOVAN	DENIS MORRIS H S	52.66	53.10	2	2
5 WOJCIK, MATT	HOLY CROSS H S	55.51	54.37	2	1
6 AKHTAR, AAZAIN	SIR WINSTON CHURCHILL	55.27	55.08	2	
7 FINORA, BLAKE	WEST PARK S S	56.64	55.35	1	
8 MCDONALD, SHANE	DENIS MORRIS H S	55.56	55.73	2	
9 LANGENDOEN, TIM	BEACON CHRISTIAN H S	58.20	57.27	1	
10 PARK, BROGHAN	GRIMSBY D S S	56.59	57.72	1	
11 WHITEHOUSE, KYLE	KERNAHAN PARK S S	57.88	57.77	1	
12 HOEKSTRA, GREG	SMITHVILLE DISTRICT C H	58.28	59.27	1	
--- ROUSSEAU, JULIEN	SIR WINSTON CHURCHILL	53.82	DNF	2	
--- BYSKOV, BRANDON	SIR WINSTON CHURCHILL	55.95	DNS	1	

Men 800 Meter Run Senior**Zone IV: 1:58.96 R 5/15/2008****LEE MORI, Denis Morris****Pre 2004: 1:54.00 R 1991****BRYAN HENRY, Ridley College**

Name	School	Seed	Finals	Points
1 EASTERBROOK, DOUG	GRIMSBY D S S	2:08.20	1:58.78 R	6
2 ROUSSEAU, JULIEN	SIR WINSTON CHURCHILL	2:02.66	1:59.93	4
3 MACDONALD, MATT	ST. FRANCIS S S	2:03.08	2:01.11	3
4 BYSKOV, BRANDON	SIR WINSTON CHURCHILL	2:24.20	2:14.48	2
5 WOJCIK, MATT	HOLY CROSS H S	2:33.39	2:15.66	1
6 BERGSHOEFF, JON	GRIMSBY D S S	2:18.56	2:17.29	
7 PARK, BROGHAN	GRIMSBY D S S	2:22.08	2:26.19	
8 AHMED, AHMED	ST. FRANCIS S S	2:38.15	2:31.50	
9 GRUBBER, PATRICK	DENIS MORRIS H S	2:45.08	2:31.71	
--- DIELEMAN, CAMERON	SMITHVILLE DISTRICT C H	2:47.58	DNS	
--- SCHOLL, PAUL	SIR WINSTON CHURCHILL	2:07.17	DNS	

Men 1500 Meter Run Senior**Zone IV: 3:59.31 R 5/13/2004****JEFF SCULL, Beamsville D****Pre 2004: 3:59.70 R 1991****JEFF LOCKYER, Sir Winston Churchill**

Name	School	Seed	Finals	Points
1 AHMED, MOHAMMED	ST. CATHARINES C I & V S	4:02.78	4:09.94	6
2 ROUSSEAU, JULIEN	SIR WINSTON CHURCHILL	4:20.77	4:23.26	4
3 MURPHY, CONNOR	SIR WINSTON CHURCHILL	4:37.92	4:38.51	3
4 BERGSHOEFF, JON	GRIMSBY D S S	4:43.21	4:49.46	2
5 ROMANO, JOSH	DENIS MORRIS H S	5:30.27	5:26.90	1
6 CHARLTON, JOSH	DENIS MORRIS H S	5:40.11	5:33.50	
7 DALE, JOSEPH	GREAT LAKES CHRISTIAN	5:44.70	5:53.58	
--- MORRISON, BILLY	NIAGARA D S S	5:03.53	DNS	
--- SCHOLL, PAUL	SIR WINSTON CHURCHILL	4:21.99	DNS	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men 3000 Meter Run Senior****Zone IV: 8:59.84 R 5/17/2007****TERENCE ATTEMA, Smithville D****Pre 2004: 8:40.20 R 1991****JEFF LOCKYER, Sir Winston Churchill**

Name	School	Seed	Finals	Points
1 AHMED, MOHAMMED	ST. CATHARINES C I & V S	8:38.82	8:30.12 R	6
2 THOMAS, RYAN	GRIMSBY D S S	11:32.59	10:02.57	4
3 MURPHY, CONNOR	SIR WINSTON CHURCHILL	10:47.07	10:07.13	3
4 ALBERS, JOHN	GRIMSBY D S S	10:05.03	10:08.93	2
5 MACKETT, MIKE	ST. FRANCIS S S	12:00.65	11:31.37	1
6 ASHBOURNE, CHARLIE	EDEN HIGH SCHOOL	12:30.82	12:11.82	
7 MACKETT, STEVE	EDEN HIGH SCHOOL	13:07.95	12:14.06	
8 CHARLTON, JOSH	DENIS MORRIS H S	12:33.31	12:18.23	
--- MORRISON, BILLY	NIAGARA D S S	11:01.01	DNF	
--- SCHOLL, PAUL	SIR WINSTON CHURCHILL	9:56.81	DNS	

Men 110 Meter Hurdles Senior**Zone IV: 14.85 R 5/15/2008****TOWNSEND BENARD, Laura Secord****Pre 2004: 15.30 R 1988****BRAD CARROLL, Grimsby Secondary**

Name	School	Seed	Finals	Points
1 BENARD, TOWNSEND	LAURA SECORD S S	14.85	17.00	6
2 HIND, SHAWN	HOLY CROSS H S	18.77	19.82	4
3 SELMAN, JABARI	LAURA SECORD S S	16.06	19.86	3

Men 400 Meter Hurdles Senior**Zone IV: 59.84 R 5/17/2007****TYLER ROUSE, Grimsby DSS****Pre 2004: 57.20 R 1995****JIM CORUPE, Denis Morris**

Name	School	Seed	Finals	Points
1 SULKOWSKI, BRYSON	HOLY CROSS H S	1:07.07	1:04.62	6
2 GRANT, BEN	HOLY CROSS H S	1:10.96	1:10.50	4

Men 4x100 Meter Relay Senior**Zone IV: 45.47 R 5/17/2007****SIR WINSTON CHURCHILL S S, Sir Winston****Pre 2004: 44.60 R 1971****C Boyd, J Heckman, B Earp-Lynch, S Earp-Lynch****, Ridley College**

Team	Relay	Seed	Finals	Points
1 ST. FRANCIS S S	A	47.35	46.85	6
2 LAURA SECORD S S	A	47.03	46.98	4
3 GRIMSBY D S S	A	48.60	47.34	3
--- DENIS MORRIS H S	A	47.79	DNF	
--- HERITAGE CHRISTIAN SC	A	48.30	DNS	

Men High Jump Senior**Zone IV: 1.95m R 5/11/2006****NICK GLOVER, Beamsville D****Pre 2004: 2.07m R 1998****MIKE PONIKVAR, Denis Morris**

Name	School	Seed	Finals	Points
1 SCHRAM, MIKE	LAURA SECORD S S	1.65m	1.65m	6
2 AHMED, AHMED	ST. FRANCIS S S	1.65m	1.60m	3.50
2 VANDENBOOGAARD, DAI	BEACON CHRISTIAN H S	1.55m	1.60m	3.50
4 WEBB, JEFFERY	EDEN HIGH SCHOOL	1.50m	1.55m	2
5 ROBERTO, MATT	WEST PARK S S	1.55m	1.50m	1
--- ZASUCHA, TOMMY	BLESSED TRINITY H S	1.60m	DNS	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men Pole Vault Senior****Zone IV: 3.15m R 5/15/2008 TROY HARKER, Laura Secord****Pre 2004: 4.10m R 1988 DAN PEROSSA, West Park**

Name	School	Seed	Finals	Points
1 BENARD, TOWNSEND	LAURA SECORD S S	2.00m	3.60m R	6
2 SHIN, HYUN BIN	LAURA SECORD S S	2.00m	2.10m	4
3 HAENI, ALEX	LAURA SECORD S S	2.00m	1.95m	3

Men Long Jump Senior**Zone IV: 6.22m R 5/15/2008 DANIK JOHNSTON, St. Catharines Collegiat****Pre 2004: 6.75m R 1992 RICH DUNCAN, St Catharines Collegiate**

Name	School	Seed	Finals	Points
1 HIND, SHAWN	HOLY CROSS H S	6.10m	6.11m	6
2 DEBRUYNE, DAN	BEACON CHRISTIAN H S	5.30m	5.84m	4
3 ATKINSON, CAM	GRIMSBY D S S	5.87m	5.59m	3
4 SCHRAM, MIKE	LAURA SECORD S S	4.95m	5.49m	2
5 TROJNER, MAT	GRIMSBY D S S	5.77m	5.35m	1
6 VANDENBOOGAARD, DAI	BEACON CHRISTIAN H S	4.97m	5.33m	
7 MACFARLANE, JOSH	GREAT LAKES CHRISTIAN	5.04m	5.24m	
8 DALE, JOSEPH	GREAT LAKES CHRISTIAN	5.15m	5.08m	
9 DEJONGE, EDWIN	SMITHVILLE DISTRICT C H	4.60m	4.33m	
10 ROBERTO, MATT	WEST PARK S S	4.45m	4.19m	
--- GIRALDI, JOHN	BLESSED TRINITY H S	5.10m	DNS	
--- TERRYBERRY, TJ	LAURA SECORD S S	4.23m	DNS	
--- BOMMARITO, SAM	BLESSED TRINITY H S	4.43m	DNS	
--- ZWAAN, MARC	SMITHVILLE DISTRICT C H	4.23m	DNS	

Men Triple Jump Senior**Zone IV: 13.20m R 5/11/2006 DAVID TEBBUIT, Eden High Sc****Zone IV: 13.20m R 5/15/2008 DANIK JOHNSTON, St. Catharines Collegiat****Pre 2004: 13.77m R 1992 RICH DUNCAN, St Catharines Collegiate**

Name	School	Seed	Finals	Points
1 ATKINSON, CAM	GRIMSBY D S S	12.39m	12.14m	6
2 MACFARLANE, JOSH	GREAT LAKES CHRISTIAN	11.07m	11.65m	4
3 DEBRUYNE, DAN	BEACON CHRISTIAN H S	11.07m	11.49m	3
4 SCHRAM, MIKE	LAURA SECORD S S	10.85m	11.35m	2
5 ROBERTO, MATT	WEST PARK S S	10.39m	10.88m	1
6 MCKEEN, JASON	SOUTH LINCOLN H S	10.36m	10.60m	
--- SOLOUYEV, ALEX	LAURA SECORD S S	8.15m	DNS	
--- BOMMARITO, SAM	BLESSED TRINITY H S	8.90m	DNS	

Men Shot Put Senior**Zone IV: 14.25m R 5/13/2004 RICH JOHNSON, Governor Sim****Pre 2004: 16.92m R 1991 RICK FRIESEN, Lakeport**

Name	School	Seed	Finals	Points
1 PALIOS, STEFAN	GRIMSBY D S S	14.63m	14.70m R	6
2 DYKSTRA, RAY	GRIMSBY D S S	13.33m	13.17m	4
3 DUGUAY, ZACK	DENIS MORRIS H S	13.33m	13.09m	3
4 LANGDON, CHRIS	HOLY CROSS H S	13.29m	12.59m	2
5 BAIRD, AARON	ST. FRANCIS S S	11.35m	11.83m	1
6 PLETT, WILL	ST. CATHARINES C I & V S	10.10m	11.12m	
7 DOIG, DILLON	WEST PARK S S	10.83m	10.90m	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****(Men Shot Put Senior)**

	Name	School	Seed	Finals	Points
8	GILBEY, DUSTIN	ST. CATHARINES C I & V S	10.22m	10.78m	
9	JIMENEZ, GABE	LAURA SECORD S S	9.17m	9.68m	
10	HOEKSTRA, NICK	SMITHVILLE DISTRICT C H	8.77m	9.48m	
11	NUNN, JESSE	HOLY CROSS H S	10.30m	9.44m	
12	SIRIGNANO, DAN	ST. FRANCIS S S	9.06m	9.19m	
13	DEJONGE, EDWIN	SMITHVILLE DISTRICT C H	8.68m	9.01m	
14	GONZALEZ-HAWKINS, MICHAEL	LAURA SECORD S S	8.84m	8.98m	
15	SCHOLMAN, JUSTIN	SMITHVILLE DISTRICT C H	9.12m	8.75m	
---	TAYLOR, JAMES	ST. CATHARINES C I & V S	8.89m	DNS	

Men Discus Throw Senior**Zone IV: 48.52m R 5/13/2004****RICH JOHNSON, Governor Sim****Pre 2004: 46.86m R 1987****DAVE DMYTRAS, Denis Morris**

	Name	School	Seed	Finals	Points
1	PALIOS, STEFAN	GRIMSBY D S S	45.06m	46.90m R	6
2	DYKSTRA, RAY	GRIMSBY D S S	36.93m	35.62m	4
3	MCKEEN, JASON	SOUTH LINCOLN H S	29.33m	33.24m	3
4	BRADFORD, KENNY	EDEN HIGH SCHOOL	30.75m	32.31m	2
5	BAIRD, AARON	ST. FRANCIS S S	27.85m	28.88m	1
6	WEBB, JEFFERY	EDEN HIGH SCHOOL	28.20m	28.36m	
7	DUGUAY, ZACK	DENIS MORRIS H S	25.37m	26.60m	
8	HOEKSTRA, NICK	SMITHVILLE DISTRICT C H	23.05m	26.22m	
9	HAENI, ALEX	LAURA SECORD S S	23.34m	25.76m	
10	JIMENEZ, GABE	LAURA SECORD S S	25.50m	24.79m	
11	STRZALKOWSKI, PATRICIA	SIR WINSTON CHURCHILL	29.20m	24.34m	
12	GONZALEZ-HAWKINS, MICHAEL	LAURA SECORD S S	21.34m	24.19m	
13	SIRIGNANO, DAN	ST. FRANCIS S S	26.82m	23.89m	
14	PASTERNAK, MICHAL	SIR WINSTON CHURCHILL	23.37m	21.51m	
---	MCQUIGGAN, CURTIS	EDEN HIGH SCHOOL	20.25m	DNS	

Men Javelin Throw Senior**Zone IV: 53.61m R 5/13/2004****RICKY POWELL, Laura Secord****Pre 2004: 49.30m R 2001****PIERRE ROBINSON, Ridley College**

	Name	School	Seed	Finals	Points
1	DYKSTRA, RAY	GRIMSBY D S S	55.99m	60.10m R	6
2	BRADFORD, KENNY	EDEN HIGH SCHOOL	46.23m	50.22m R	4
3	CALABRESE, NICK	WEST PARK S S	42.54m	43.15m	3
4	BAIRD, AARON	ST. FRANCIS S S	40.72m	42.80m	2
5	STRZALKOWSKI, PATRICIA	SIR WINSTON CHURCHILL	39.05m	40.49m	1
6	BENARD, TOWNSEND	LAURA SECORD S S	39.85m	38.36m	
7	GONZALEZ-HAWKINS, MICHAEL	LAURA SECORD S S	29.87m	33.89m	
8	WITTIG, JACK	ST. FRANCIS S S	31.82m	31.28m	
9	THOMPSON, DYLAN	GRIMSBY D S S	30.91m	30.41m	
10	GIVEN, DUNCAN	SOUTH LINCOLN H S	31.35m	28.38m	
11	ZWAAN, MARC	SMITHVILLE DISTRICT C H	30.01m	27.68m	
---	HIND, SHAWN	HOLY CROSS H S	37.24m	FOUL	
---	JIMENEZ, GABE	LAURA SECORD S S	31.80m	FOUL	
---	DEJONGE, EDWIN	SMITHVILLE DISTRICT C H	31.21m	FOUL	
---	DIELEMAN, CAMERON	SMITHVILLE DISTRICT C H	33.73m	DNS	

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results****Men 2000 Meter Steeplechase Open****Zone IV: 6:24.17 R 5/15/2008****RYAN THOMAS, Grimsby DSS****Pre 2004: 6:17.40 R 1988****TIM MCNEIL, West Park**

Name	School	Seed	Finals	Points
1 THOMAS, RYAN	GRIMSBY D S S	6:44.48	6:59.00	6
2 MURPHY, CONNOR	SIR WINSTON CHURCHILL	6:53.35	7:06.00	4
3 ALBERS, JOHN	GRIMSBY D S S	6:54.41	7:19.00	3
4 KAUFHOLD, DAN	GRIMSBY D S S	7:35.63	7:53.00	2
5 PANASIUK, AARON	BLESSED TRINITY H S	8:04.82	8:03.00	1
6 MACKETT, MIKE	ST. FRANCIS S S	7:53.79	8:09.00	

Men 4x400 Meter Relay Open**Zone IV: 3:33.01 R 5/15/2008****GRIMSBY D S S, Grimsby DSS****D Easterbrook, C Short, K Park, C Michaud****Pre 2004: 3:31.90 R 1990****, Ridley College**

Team	Relay	Seed	Finals	Points
1 DENIS MORRIS H S	A	3:51.28	3:39.27	6
2 SIR WINSTON CHURCHILL	A	3:41.41	3:39.89	4
3 LAURA SECORD S S	A	4:02.08	4:04.03	3
4 GRIMSBY D S S	A	3:52.14	4:07.55	2
--- SMITHVILLE DISTRICT C H S	A	4:12.15	DNS	
--- HOLY CROSS H S	A	3:53.62	DNS	

Zone IV: 59.84 R 5/17/2007**TYLER ROUSE, Grimsby DSS****Pre 2004: 57.20 R 1995****JIM CORUPE, Denis Morris****Women - Midget - Team Rankings - 15 Events Scored**

1) Laura Secord S S	45	2) Grimsby D S S	35
3) Smithville District C H S	31	4) Sir Winston Churchill S S	23
5) Denis Morris H S	21	6) Governor Simcoe S S	16
6) Blessed Trinity H S	16	8) South Lincoln H S	15
8) Holy Cross H S	15	10) Beamsville D S S	4
10) Eden High School	4	10) Heritage Christian School	4
10) St. Francis S S	4	14) West Park S S	3
15) Niagara D S S	1		

Zone IV: 59.84 R 5/17/2007**TYLER ROUSE, Grimsby DSS****Pre 2004: 57.20 R 1995****JIM CORUPE, Denis Morris****Women - Junior - Team Rankings - 16 Events Scored**

1) Grimsby D S S	67	2) South Lincoln H S	31
3) Laura Secord S S	27	4) Denis Morris H S	22
4) Beamsville D S S	22	6) Smithville District C H S	15
7) Beacon Christian H S	13	8) Sir Winston Churchill S S	10
8) Niagara D S S	10	10) Blessed Trinity H S	9
11) St. Francis S S	8	12) Heritage Christian School	7
13) Eden High School	4		

Zone IV: 59.84 R 5/17/2007**TYLER ROUSE, Grimsby DSS****Pre 2004: 57.20 R 1995****JIM CORUPE, Denis Morris****Women - Senior - Team Rankings - 16 Events Scored**

1) Grimsby D S S	55	2) Blessed Trinity H S	33
3) Sir Winston Churchill S S	28	4) Laura Secord S S	26
5) Governor Simcoe S S	25	6) Eden High School	19
7) Smithville District C H S	16	8) West Park S S	9

2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009

Results

9) South Lincoln H S	8	9) Denis Morris H S	8
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2009 SOSSA ZONE IV T. & F. CHAMPIONSHIP MEET - 5/14/2009**5/14/2009****Results**

11) Niagara D S S

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Zone IV: 59.84 R 5/17/2007 TYLER ROUSE, Grimsby DSS**Pre 2004: 57.20 R 1995 JIM CORUPE, Denis Morris**Women - Open - Team Rankings - 2 Events Scored

1) Grimsby D S S	10	2) Laura Secord S S	7
3) Denis Morris H S	6		

Zone IV: 59.84 R 5/17/2007 TYLER ROUSE, Grimsby DSS**Pre 2004: 57.20 R 1995 JIM CORUPE, Denis Morris**Men - Midget - Team Rankings - 15 Events Scored

1) Sir Winston Churchill S S	53	2) Grimsby D S S	48
3) Governor Simcoe S S	31	4) Laura Secord S S	29
5) Blessed Trinity H S	20	6) Niagara D S S	18
7) Smithville District C H S	12	8) Denis Morris H S	11
9) Holy Cross H S	7	10) Eden High School	6
11) West Park S S	3	12) Great Lakes Christian Col	2

Zone IV: 59.84 R 5/17/2007 TYLER ROUSE, Grimsby DSS**Pre 2004: 57.20 R 1995 JIM CORUPE, Denis Morris**Men - Junior - Team Rankings - 16 Events Scored

1) Grimsby D S S	47	2) Governor Simcoe S S	27
3) Eden High School	26	4) Blessed Trinity H S	24
5) St. Francis S S	23	6) Smithville District C H S	21
7) Holy Cross H S	17	7) Laura Secord S S	17
7) West Park S S	17	10) Denis Morris H S	9
11) Sir Winston Churchill S S	8	12) Beamsville D S S	6
13) Niagara D S S	4	14) Kernahan Park S S	1

Zone IV: 59.84 R 5/17/2007 TYLER ROUSE, Grimsby DSS**Pre 2004: 57.20 R 1995 JIM CORUPE, Denis Morris**Men - Senior - Team Rankings - 16 Events Scored

1) Grimsby D S S	68	2) Laura Secord S S	48
3) Holy Cross H S	29	4) St. Francis S S	24.5
5) Sir Winston Churchill S S	17	6) St. Catharines C I & V S	12
6) Denis Morris H S	12	8) Beacon Christian H S	10.5
9) Eden High School	8	10) West Park S S	5
11) Great Lakes Christian Col	4	12) South Lincoln H S	3

Zone IV: 59.84 R 5/17/2007 TYLER ROUSE, Grimsby DSS**Pre 2004: 57.20 R 1995 JIM CORUPE, Denis Morris**Men - Open - Team Rankings - 2 Events Scored

1) Grimsby D S S	13	2) Sir Winston Churchill S S	8
3) Denis Morris H S	6	4) Laura Secord S S	3
5) Blessed Trinity H S	1		