

2016 NRHSAA PREZONE 4 Meet
Niagara Olympic Club - 2016-05-03
Results

Women 100 Meter Dash Midget

Name	Year School	Finals	H#
Finals			
1 Barnard, Mackenzie	GRIMSBY - GRIMSBY	13.27	1
2 Ricker-Singh, Ilena	BLESSED TRINITY H S	13.40	3
3 Phillips, Zoe	EHS-ST. CATHERIN	13.76	2
4 Small, Madison	GSSS-ST. CATHERI	14.35	3
5 Vanderkley, Belle	GSSS-ST. CATHERI	14.42	3
6 Adamson, Lauren	CMHS-ST. CATHERI	14.42	3
7 Deptuck, Lindsay	BLESSED TRINITY H S	14.42	3
8 McKinney, Madison	BLESSED TRINITY H S	14.50	1
9 Belford, Anna	LSSS-ST. CATHERI	14.84	2
10 Gabir, Rawan	SFSS-ST. CATHERI	14.96	2
11 DeKorte, Jennika	HCS-JORDAN STATI	15.36	2
12 Kathireson, Katie	SWCSS-ST. CATHER	15.41	1
13 Archer, Victoria	GSSS-ST. CATHERI	15.62	3
14 Joseph, Giya	CMHS-ST. CATHERI	15.80	1
15 Barton, Chelsea	GSSS-ST. CATHERI	16.97	3
16 Zelichowski, Madison	SWCSS-ST. CATHER	17.00	1
17 Amiri, Razia	THOROLD - THOROLD	17.09	2

Women 200 Meter Dash Midget

Name	Year School	Finals	H#
1 Phillips, Zoe	EHS-ST. CATHERIN	27.77	1
2 Ricker-Singh, Ilena	BLESSED TRINITY H S	27.81	2
3 Ludwig, Faith	SMITHVILLE CHS	28.60	2
4 McKinney, Madison	BLESSED TRINITY H S	29.40	1
5 Adamson, Lauren	CMHS-ST. CATHERI	30.35	2
6 Deptuck, Lindsay	BLESSED TRINITY H S	30.36	1
7 Belford, Anna	LSSS-ST. CATHERI	30.65	1
8 Douce, Kira	DSBN ACADEMY	32.22	2
9 Zelichowski, Madison	SWCSS-ST. CATHER	36.49	2

Women 400 Meter Dash Midget

Name	Year School	Finals	H#
1 McKinney, Madison	BLESSED TRINITY H S	1:11.49	2
2 Small, Madison	GSSS-ST. CATHERI	1:11.73	2
3 Yoder, Claire	GRIMSBY - GRIMSBY	1:14.71	1
4 Douce, Kira	DSBN ACADEMY	1:17.18	1
5 Zingano, Sahara	GRIMSBY - GRIMSBY	1:17.78	2
6 Deptuck, Lindsay	BLESSED TRINITY H S	1:24.64	1
7 Vallecilla, Luisamaria	SFSS-ST. CATHERI	1:27.87	2
8 Roberts, Meagan	GSSS-ST. CATHERI	1:31.22	2

Women 800 Meter Run Midget

Name	Year School	Finals
1 Hale, Lexi	LSSS-ST. CATHERI	2:41.31
2 Coles, Jenna	SWCSS-ST. CATHER	2:41.95
3 Breukelman, Charlize	GLCHS	2:42.60

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....Women 800 Meter Run Midget

4 Pressley, Kaitlyn	THOROLD - THOROLD	2:47.24
5 Noonan, Madalyn	GSSS-ST. CATHERI	2:47.65
6 Greenough, Abigail	SWCSS-ST. CATHER	2:51.28
7 Ricker, Shasta	SMITHVILLE CHS	3:07.70
8 Roberts, Meagan	GSSS-ST. CATHERI	3:48.03
-- Vallecilla, Luisamaria	SFSS-ST. CATHERI	DNF

Women 1500 Meter Run Midget

Name	Year School	Finals
1 Coles, Jenna	SWCSS-ST. CATHER	5:27.94
2 Damiano, Mackenzie	LSSS-ST. CATHERI	5:37.97
3 Hale, Lexi	LSSS-ST. CATHERI	5:40.40
4 Noonan, Madalyn	GSSS-ST. CATHERI	5:40.90
5 Greenough, Abigail	SWCSS-ST. CATHER	5:51.62
6 Huff, Taylor	GRIMSBY - GRIMSBY	5:53.83
7 Miotto, Andrea	CMHS-ST. CATHERI	5:54.82
8 Ricker, Shasta	SMITHVILLE CHS	6:13.68
9 Zingano, Sahara	GRIMSBY - GRIMSBY	6:24.48
10 Bachelor, Alysha	SWCSS-ST. CATHER	6:28.57
11 Peters, Payton	GRIMSBY - GRIMSBY	6:50.75
-- Vanderlee, Marlee	SMITHVILLE CHS	DNF

Women 3000 Meter Run Midget

Name	Year School	Finals
1 Damiano, Mackenzie	LSSS-ST. CATHERI	12:20.63
2 Coles, Jenna	SWCSS-ST. CATHER	12:58.21
3 Huff, Taylor	GRIMSBY - GRIMSBY	13:27.67
4 Greenough, Abigail	SWCSS-ST. CATHER	13:33.30
5 Vanderlee, Marlee	SMITHVILLE CHS	14:07.76

Women 80 Meter Hurdles Midget

Name	Year School	Finals	H#
1 Vanderkley, Belle	GSSS-ST. CATHERI	13.49	1
2 McDonald, Abi	BDSS-BEAMSVILLE	13.70	1
3 Ricker-Singh, Ava	BLESSED TRINITY H S	13.95	1
4 Scott, Alyssa	GRIMSBY - GRIMSBY	14.19	1
5 Belford, Anna	LSSS-ST. CATHERI	16.36	2
6 Pugh, Cassandra	SWCSS-ST. CATHER	17.16	2
7 Warren, Dana	BDSS-BEAMSVILLE	17.63	2
8 Wilson, Kerry	THOROLD - THOROLD	18.09	2
-- Barnard, Mackenzie	GRIMSBY - GRIMSBY	DNF	2

Women 300 Meter Hurdles Midget

Name	Year School	Finals
1 Ricker-Singh, Ava	BLESSED TRINITY H S	51.01
2 McDonald, Abi	BDSS-BEAMSVILLE	52.45
3 Pugh, Cassandra	SWCSS-ST. CATHER	55.27

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....Women 300 Meter Hurdles Midget

4 Pressley, Kaitlyn	THOROLD - THOROLD	59.17
5 Zingano, Sahara	GRIMSBY - GRIMSBY	1:00.22
6 Bachelor, Alysha	SWCSS-ST. CATHER	1:01.72

Women 4x100 Meter Relay Midget

School	Finals
1 BLESSED TRINITY H S 'A'	55.76
2 GOVERNOR SIMCOE-ST. CATHERINES 'A'	57.75
3 GRIMSBY - GRIMSBY 'A'	58.72
-- WINSTON CHURCHILL - ST. CATHER 'A'	DQ

Women High Jump Midget

Name	Year School	Finals
1 Autumn, Bigger	BDSS-BEAMSVILLE	1.55m
2 MacPherson, Gates	THOROLD - THOROLD	1.47m
3 Pugh, Cassandra	SWCSS-ST. CATHER	1.40m
4 Yoder, Claire	GRIMSBY - GRIMSBY	1.25m

Women Long Jump Midget

Name	Year School	Finals
1 Ricker-Singh, Ava	BLESSED TRINITY H S	4.62m
2 Ludwig, Faith	SMITHVILLE CHS	4.40m
3 Matveev, Katia	EHS-ST. CATHERIN	4.33m
3 Barnard, Mackenzie	GRIMSBY - GRIMSBY	4.33m
5 Humaniski, Riley	THOROLD - THOROLD	4.00m
6 Gabir, Rawan	SFSS-ST. CATHERI	3.92m
7 Archer, Victoria	GSSS-ST. CATHERI	3.79m
8 Pressley, Kaitlyn	THOROLD - THOROLD	3.78m
8 DeKorte, Jennika	HCS-JORDAN STATI	3.78m
10 Warren, Dana	BDSS-BEAMSVILLE	3.62m
11 Peters, Payton	GRIMSBY - GRIMSBY	3.54m
12 Joseph, Giya	CMHS-ST. CATHERI	3.45m
13 Kathireson, Katie	SWCSS-ST. CATHER	3.25m
14 Zelichowski, Madison	SWCSS-ST. CATHER	3.21m
15 Wilson, Kerry	THOROLD - THOROLD	3.15m
16 Wagter, Rachel	SMITHVILLE CHS	2.98m
17 Barton, Chelsea	GSSS-ST. CATHERI	2.86m
-- Scott, Alyssa	GRIMSBY - GRIMSBY	FOUL

Women Triple Jump Midget

Name	Year School	Finals
1 Matveev, Katia	EHS-ST. CATHERIN	10.23m
2 Scott, Alyssa	GRIMSBY - GRIMSBY	9.91m
3 Ricker-Singh, Ilena	BLESSED TRINITY H S	9.46m
4 Humaniski, Riley	THOROLD - THOROLD	9.02m
5 Wiens, Leah	EHS-ST. CATHERIN	8.35m
6 Peters, Payton	GRIMSBY - GRIMSBY	8.03m

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....Women Triple Jump Midget

7 Wilson, Kerry	THOROLD - THOROLD	7.82m
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Women Shot Put Midget

Name	Year School	Finals
1 Paterson, Colby	BLESSED TRINITY H S	9.65m
2 Balyk, Victoria	GSSS-ST. CATHERI	9.60m
3 Erin, Stockman	BDSS-BEAMSVILLE	8.93m
4 Cianco, Logan	CMHS-ST. CATHERI	8.80m
5 Bernier, Maggie	DSBN ACADEMY	8.76m
6 Cook, Abby	SWCSS-ST. CATHER	8.15m
7 Nicholson, Mia	THOROLD - THOROLD	7.83m
8 Wagter, Rebecca	SMITHVILLE CHS	7.42m
9 McRae, Dakota	DSBN ACADEMY	7.21m
10 Hanenberg, Welly	SMITHVILLE CHS	6.93m
11 Scheib, Ryann	SWCSS-ST. CATHER	6.84m
12 Roberts, Meagan	GSSS-ST. CATHERI	6.71m

Women Discus Throw Midget

Name	Year School	Finals
1 McDougall, Emma	GSSS-ST. CATHERI	24.77m
2 Paterson, Colby	BLESSED TRINITY H S	21.61m
3 Wagter, Rebecca	SMITHVILLE CHS	19.13m
4 Hanenberg, Welly	SMITHVILLE CHS	18.15m
5 Balyk, Victoria	GSSS-ST. CATHERI	16.94m
6 Cianco, Logan	CMHS-ST. CATHERI	16.91m
7 Cook, Abby	SWCSS-ST. CATHER	16.25m
8 Kathireson, Katie	SWCSS-ST. CATHER	16.20m
9 Wagter, Rachel	SMITHVILLE CHS	15.60m
10 MacPherson, Gates	THOROLD - THOROLD	15.20m
11 Bernier, Maggie	DSBN ACADEMY	14.96m
12 Nicholson, Mia	THOROLD - THOROLD	13.08m
13 Scheib, Ryann	SWCSS-ST. CATHER	13.00m
14 Douce, Kira	DSBN ACADEMY	8.22m

Women Javelin Throw Midget

Name	Year School	Finals
1 McDougall, Emma	GSSS-ST. CATHERI	29.08m
2 Balyk, Victoria	GSSS-ST. CATHERI	23.78m
3 Paterson, Colby	BLESSED TRINITY H S	19.97m
4 Wagter, Rachel	SMITHVILLE CHS	19.78m
5 MacPherson, Gates	THOROLD - THOROLD	19.71m
6 Gibson, Caitlin	THOROLD - THOROLD	18.34m
7 Wagter, Rebecca	SMITHVILLE CHS	18.19m
8 Hanenberg, Welly	SMITHVILLE CHS	16.29m
9 Cook, Abby	SWCSS-ST. CATHER	15.16m
10 Ricker, Shasta	SMITHVILLE CHS	15.02m
11 DeKorte, Jennika	HCS-JORDAN STATI	13.59m
12 McRae, Dakota	DSBN ACADEMY	13.17m
13 Bernier, Maggie	DSBN ACADEMY	12.84m

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....Women Javelin Throw Midget

14	Cianco, Logan	CMHS-ST. CATHERI	12.51m
15	Erin, Stockman	BDSS-BEAMSVILLE	10.13m
16	Nicholson, Mia	THOROLD - THOROLD	8.83m

Women 100 Meter Dash Junior

Name	Year School	Finals	H#
1 Emslie, Kaelyn	LSSS-ST. CATHERI	13.23	2
2 teBrake, Shannon	SMITHVILLE CHS	13.87	3
3 de Torres, Kirztyn	HCSS-ST. CATHERI	14.12	3
4 Talsma, Marissa	SMITHVILLE CHS	14.24	2
5 Ebrahim, Razan	SWCSS-ST. CATHER	14.40	1
6 Soji, Ife	SFSS-ST. CATHERI	14.73	3
7 Bland, Autumn	SWCSS-ST. CATHER	14.85	3
8 Maclean, Rebecca	GSSS-ST. CATHERI	14.95	2
9 Loon, Jordan	EHS-ST. CATHERIN	15.17	3
10 Pottie, Chantel	BDSS-BEAMSVILLE	15.18	3
11 Rahm, Rachel	SMITHVILLE CHS	15.18	1
12 Buist, Mayenn	GLCHS	15.29	2
13 Nwebube, Chioma	GLCHS	15.39	1
14 Taylor, Ella	EHS-ST. CATHERIN	15.55	1
15 Ledl, Mya	SFSS-ST. CATHERI	16.14	1
16 Mabon, Keanna	DSBN ACADEMY	17.05	1

Women 200 Meter Dash Junior

Name	Year School	Finals	H#
1 Emslie, Kaelyn	LSSS-ST. CATHERI	27.47	2
2 Pascall, Keisha	HCSS-ST. CATHERI	28.41	2
3 Alderson, Katelyn	BLESSED TRINITY H S	29.44	1
4 Bland, Autumn	SWCSS-ST. CATHER	30.22	1
5 Loon, Jordan	EHS-ST. CATHERIN	30.82	1
6 Parker, Taylor	EHS-ST. CATHERIN	30.82	2
7 Breukelman, Sierra	GLCHS	31.00	1
8 Rodriguez, Michelle	CMHS-ST. CATHERI	31.37	2
9 Bothen, Sarah	BLESSED TRINITY H S	31.68	1
10 Pottie, Chantel	BDSS-BEAMSVILLE	31.81	2
11 Rahm, Rachel	SMITHVILLE CHS	31.91	1

Women 400 Meter Dash Junior

Name	Year School	Finals	H#
1 Lalonde, Sienna	GRIMSBY - GRIMSBY	1:03.02	2
2 Hendriks, Tori	BLESSED TRINITY H S	1:06.74	1
3 Kuhlberg, Sydney	DSBN ACADEMY	1:07.55	1
4 Davies, Emma	SWCSS-ST. CATHER	1:08.19	2
5 Pascall, Keisha	HCSS-ST. CATHERI	1:09.67	2
6 Namvar, Katharine	SWCSS-ST. CATHER	1:10.85	1
7 Weninger, Brittany	GRIMSBY - GRIMSBY	1:11.26	1
8 Emslie, Kaelyn	LSSS-ST. CATHERI	1:11.56	2
9 Bland, Autumn	SWCSS-ST. CATHER	1:15.09	2
10 McDonald, Alex	BDSS-BEAMSVILLE	1:17.61	1

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....Women 400 Meter Dash Junior

11 Rodriguez, Michelle	CMHS-ST. CATHERI	1:18.87	2
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Women 800 Meter Run Junior

Name	Year School	Finals
1 Hendriks, Tori	BLESSED TRINITY H S	2:35.32
2 Smith, Payton	DSBN ACADEMY	2:45.89
3 Kuhlberg, Breanna	DSBN ACADEMY	2:49.25
4 Orlando, Danielle	CMHS-ST. CATHERI	2:52.88
5 Hesch, Hannah	EHS-ST. CATHERIN	2:52.91
6 Weninger, Brittany	GRIMSBY - GRIMSBY	2:56.95
7 Epp, Paige	GRIMSBY - GRIMSBY	3:06.63
8 Freeman-Coutts, Madeline	GSSS-ST. CATHERI	3:07.29

Women 1500 Meter Run Junior

Name	Year School	Finals
1 Smith, Payton	DSBN ACADEMY	5:33.51
2 Hesch, Hannah	EHS-ST. CATHERIN	5:46.02
3 Orlando, Danielle	CMHS-ST. CATHERI	5:53.44
4 Smith, Brittney	SWCSS-ST. CATHER	6:00.30
5 Weninger, Brittany	GRIMSBY - GRIMSBY	6:02.71
6 Epp, Paige	GRIMSBY - GRIMSBY	6:07.93
7 Freeman-Coutts, Madeline	GSSS-ST. CATHERI	6:10.77
8 Flynn, Clare	CMHS-ST. CATHERI	6:18.02

Women 3000 Meter Run Junior

Name	Year School	Finals
1 McPherson, Kira	SLHS-SMITHVILLE	13:07.84
2 Smith, Brittney	SWCSS-ST. CATHER	13:19.56
3 Flynn, Clare	CMHS-ST. CATHERI	13:55.18
4 Mellema, Shannon	SMITHVILLE CHS	14:08.70

Women 80 Meter Hurdles Junior

Name	Year School	Finals
1 Lalonde, Sienna	GRIMSBY - GRIMSBY	13.58
2 Gordon, Emma	GSSS-ST. CATHERI	15.62
3 Alderson, Katelyn	BLESSED TRINITY H S	17.16
4 Rahm, Rachel	SMITHVILLE CHS	17.36
5 Morris-Burke, Triniti	DSBN ACADEMY	18.38
6 Mellema, Shannon	SMITHVILLE CHS	18.90

Women 300 Meter Hurdles Junior

Name	Year School	Finals
1 Lalonde, Sienna	GRIMSBY - GRIMSBY	48.47
2 Kuhlberg, Sydney	DSBN ACADEMY	51.33
3 Kuhlberg, Breanna	DSBN ACADEMY	52.66

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....Women 300 Meter Hurdles Junior

4 Allister, Zoe	BDSS-BEAMSVILLE	57.29
5 Namvar, Katharine	SWCSS-ST. CATHER	58.45

Women 4x100 Meter Relay Junior

School	Finals
1 WINSTON CHURCHILL - ST. CATHER 'A'	55.03
2 SMITHVILLE CHRIST HS -SMITHVIL 'A'	55.46
3 BEAMSVILLE - BEAMSVILLE 'A'	58.30
4 GREAT LAKES CHRISTIAN HS 'A'	59.00

Women High Jump Junior

Name	Year School	Finals
1 Talsma, Marissa	SMITHVILLE CHS	1.45m
2 Dunda, Mimi	GRIMSBY - GRIMSBY	1.40m
2 Thompson, Courtney	LSSS-ST. CATHERI	1.40m
2 teBrake, Shannon	SMITHVILLE CHS	1.40m
5 Maclean, Rebecca	GSSS-ST. CATHERI	1.30m
-- Anson, Kady	BLESSED TRINITY H S	FAIL

Women Long Jump Junior

Name	Year School	Finals
1 Taylor, Mikala	EHS-ST. CATHERIN	4.33m
2 Veldman, Mikayla	SMITHVILLE CHS	4.20m
3 de Torres, Kirztyn	HCSS-ST. CATHERI	4.18m
4 Gordon, Emma	GSSS-ST. CATHERI	4.14m
5 Soji, Ife	SFSS-ST. CATHERI	4.07m
6 McDonald, Alex	BDSS-BEAMSVILLE	3.90m
7 Allister, Zoe	BDSS-BEAMSVILLE	3.69m
8 Taylor, Ella	EHS-ST. CATHERIN	3.62m
9 Parker, Taylor	EHS-ST. CATHERIN	3.58m
10 Anson, Kady	BLESSED TRINITY H S	3.54m
11 Ledl, Mya	SFSS-ST. CATHERI	3.48m
12 Seburn, Samantha	THOROLD - THOROLD	3.37m
13 Buist, Mayenn	GLCHS	3.27m
14 Rodriguez, Michelle	CMHS-ST. CATHERI	3.17m
15 Nwebube, Chioma	GLCHS	2.90m
16 John, Zoe	DSBN ACADEMY	2.72m
17 Thompson, Courtney	LSSS-ST. CATHERI	2.56m
18 Swinson, Shannon	BDSS-BEAMSVILLE	2.54m

Women Triple Jump Junior

Name	Year School	Finals
1 Taylor, Mikala	EHS-ST. CATHERIN	9.85m
2 Allister, Zoe	BDSS-BEAMSVILLE	8.96m
3 Veldman, Mikayla	SMITHVILLE CHS	8.92m
4 Epp, Paige	GRIMSBY - GRIMSBY	8.12m
5 Thompson, Courtney	LSSS-ST. CATHERI	7.72m

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Women Shot Put Junior

Name	Year School	Finals
1 Perron, Cierra	SWCSS-ST. CATHER	9.96m
2 Bright, Mikayla	THOROLD - THOROLD	8.76m
3 de Torres, Kirztyn	HCSS-ST. CATHERI	8.45m
4 Rahmoun, Tia	DSBN ACADEMY	8.35m
5 Rahmoun, Lia	DSBN ACADEMY	8.27m
6 Heinen, Leah	SLHS-SMITHVILLE	7.50m
7 Bermel, Jillian	GLCHS	7.46m
8 Mabon, Keanna	DSBN ACADEMY	5.37m
9 Swinson, Shannon	BDSS-BEAMSVILLE	4.29m

Women Discus Throw Junior

Name	Year School	Finals
1 Perron, Cierra	SWCSS-ST. CATHER	26.31m
2 Weber, Natalie	SWCSS-ST. CATHER	22.25m
3 Heinen, Leah	SLHS-SMITHVILLE	22.14m
4 Bright, Mikayla	THOROLD - THOROLD	20.28m
5 Rahmoun, Tia	DSBN ACADEMY	19.21m
6 Rahmoun, Lia	DSBN ACADEMY	18.26m
7 Bermel, Jillian	GLCHS	17.90m
8 Mabon, Keanna	DSBN ACADEMY	16.38m
9 John, Zoe	DSBN ACADEMY	12.18m
10 Udezue, Nanya	SMITHVILLE CHS	11.59m

Women Javelin Throw Junior

Name	Year School	Finals
1 Perron, Cierra	SWCSS-ST. CATHER	24.79m
2 Morris-Burke, Triniti	DSBN ACADEMY	19.36m
3 Breukelman, Sierra	GLCHS	17.97m
4 Rahmoun, Lia	DSBN ACADEMY	17.03m
5 John, Zoe	DSBN ACADEMY	16.62m
6 Dunda, Mimi	GRIMSBY - GRIMSBY	16.43m
7 Heinen, Leah	SLHS-SMITHVILLE	13.36m
8 Buist, Mayenn	GLCHS	13.10m
9 Udezue, Nanya	SMITHVILLE CHS	12.00m
10 Rahmoun, Tia	DSBN ACADEMY	10.98m
11 Nwebube, Chioma	GLCHS	9.08m

Women 100 Meter Dash Senior

Name	Year School	Finals	H#
1 VanZanten, Viktoria	HCS-JORDAN STATI	13.10	3
2 Coburn, Sarah	CMHS-ST. CATHERI	13.31	2
3 Beecroft, Ashlyn	EHS-ST. CATHERIN	13.33	1
4 White, Charlie	SWCSS-ST. CATHER	13.63	3
5 Davis, Olivia	GRIMSBY - GRIMSBY	14.18	3
6 Carter, Kate	SWCSS-ST. CATHER	14.30	2
7 Rahm, Sara	SMITHVILLE CHS	14.74	1
8 Lodewyk, Mattea	GLCHS	14.84	2

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9	Hines-Francis, Maya	LSSS-ST. CATHERI	14.96	3
10	Angrilli, Jenna	CMHS-ST. CATHERI	15.08	3
11	O'Rourke, Michelle	HCSS-ST. CATHERI	15.36	1
12	Flint, Samantha	SLHS-SMITHVILLE	15.38	1
13	Blake, Kamila	SWCSS-ST. CATHER	15.38	3
14	Bos, Miranda	SMITHVILLE CHS	15.56	2
15	Ellis, Mariah	SMITHVILLE CHS	15.66	1
16	Martel, Allyssah	LSSS-ST. CATHERI	15.70	2
17	Warner, Brynne	BLESSED TRINITY H S	15.84	2
18	Simminavong, Erica	CMHS-ST. CATHERI	15.93	1
19	Dick, Isabelle	SWCSS-ST. CATHER	16.07	2
20	Carriere, Tristian	SFSS-ST. CATHERI	17.23	2
21	Nsudila, Diane	HCSS-ST. CATHERI	17.52	3

Women 200 Meter Dash Senior

Name	Year	School	Finals	H#
1	Beecroft, Ashlyn	EHS-ST. CATHERIN	26.92	2
2	VanZanten, Viktoria	HCS-JORDAN STATI	27.42	2
3	Sonneberg, Mikayla	LSSS-ST. CATHERI	28.50	1
4	Davis, Olivia	GRIMSBY - GRIMSBY	29.25	2
5	Packingham-troth, Lexy	GRIMSBY - GRIMSBY	30.00	2
6	Lodewyk, Mattea	GLCHS	30.62	2
7	McNeil, Rileigh	HCSS-ST. CATHERI	31.54	1
8	O'Rourke, Michelle	HCSS-ST. CATHERI	31.68	1
9	Gill-Knack, Trinity	SFSS-ST. CATHERI	32.00	1
10	Hines-Francis, Maya	LSSS-ST. CATHERI	32.05	2
11	Warner, Brynne	BLESSED TRINITY H S	33.48	1
12	Nsudila, Diane	HCSS-ST. CATHERI	36.40	1

Women 400 Meter Dash Senior

Name	Year	School	Finals	H#
1	Kennedy, Thomson	SWCSS-ST. CATHER	1:01.66	1
2	Sonneberg, Mikayla	LSSS-ST. CATHERI	1:06.65	1
3	Packingham-troth, Lexy	GRIMSBY - GRIMSBY	1:09.75	1
4	Goudswaard, Skyler	GRIMSBY - GRIMSBY	1:13.27	2
5	McNeil, Rileigh	HCSS-ST. CATHERI	1:13.86	2
6	Rahm, Sara	SMITHVILLE CHS	1:14.32	1
7	Angrilli, Jenna	CMHS-ST. CATHERI	1:18.22	1
8	White, Kaylee	CMHS-ST. CATHERI	1:30.96	2
9	Carriere, Tristian	SFSS-ST. CATHERI	2:12.55	2

Women 800 Meter Run Senior

Name	Year	School	Finals
1	Kennedy, Thomson	SWCSS-ST. CATHER	2:29.47
2	Goertz, Avery	GSSS-ST. CATHERI	2:31.22
3	Nolan, Madeleine	SFSS-ST. CATHERI	2:37.30
4	McMillan, Hayley	GRIMSBY - GRIMSBY	2:48.49
5	Wills, Brenna	SWCSS-ST. CATHER	2:55.77
6	Yang, Hailey	GREAT LAKES	2:57.39

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....Women 800 Meter Run Senior

7 St. Angelo, Sarah	SWCSS-ST. CATHER	3:09.76
8 White, Kaylee	CMHS-ST. CATHERI	3:31.62

Women 1500 Meter Run Senior

Name	Year School	Finals
1 Greenough, Madison	SWCSS-ST. CATHER	5:20.48
2 Goertz, Avery	GSSS-ST. CATHERI	5:24.73
3 Mesfin, Ida	HCSS-ST. CATHERI	5:25.28
4 Kennedy, Thomson	SWCSS-ST. CATHER	5:25.52
5 Nolan, Madeleine	SFSS-ST. CATHERI	5:28.78
6 Esau, Haley	EHS-ST. CATHERIN	5:35.83
7 McMillan, Hayley	GRIMSBY - GRIMSBY	5:36.78
8 Ratkovsky, Natalie	HCSS-ST. CATHERI	5:43.76
9 Hackney, Sarah	BDSS-BEAMSVILLE	6:47.45
10 Bos, Miranda	SMITHVILLE CHS	7:39.24

Women 3000 Meter Run Senior

Name	Year School	Finals
1 Langelaan, Rachel	BLESSED TRINITY H S	11:36.85
2 Esau, Haley	EHS-ST. CATHERIN	12:05.07
3 Mesfin, Ida	HCSS-ST. CATHERI	12:31.13
4 Ratkovsky, Natalie	HCSS-ST. CATHERI	12:31.72
5 Greenough, Madison	SWCSS-ST. CATHER	12:55.94
-- McGowan, Kayla	EHS-ST. CATHERIN	DNF

Women 100 Meter Hurdles Senior

Name	Year School	Finals	H#
1 White, Carlie	SWCSS-ST. CATHER	16.44	1
2 Thomas, Rowan	GSSS-ST. CATHERI	18.81	1
3 Godin, Jami	GSSS-ST. CATHERI	19.38	2
4 Hackney, Sarah	BDSS-BEAMSVILLE	20.23	2
5 Lancaster, Tori	LSSS-ST. CATHERI	21.47	1
6 Ellis, Mariah	SMITHVILLE CHS	22.57	1
7 Bos, Miranda	SMITHVILLE CHS	22.83	2
-- Davis, Olivia	GRIMSBY - GRIMSBY	DNF	2
-- O'Rourke, Michelle	HCSS-ST. CATHERI	DNF	2

Women 400 Meter Hurdles Senior

Name	Year School	Finals
1 Packingham-troth, Lexy	GRIMSBY - GRIMSBY	1:19.56
2 Goudswaard, Skyler	GRIMSBY - GRIMSBY	1:23.41
3 Orosz, Hailey	SLHS-SMITHVILLE	1:30.22
-- Hackney, Sarah	BDSS-BEAMSVILLE	DNF

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Women 4x100 Meter Relay Senior

School	Finals
1 GOVERNOR SIMCOE-ST. CATHERINES 'A'	56.18
2 LAURA SECORD - ST. CATHERINES 'A'	56.30
3 HOLY CROSS - ST. CATHERINES 'A'	56.58
4 DENIS MORRIS CATHOLIC HS -ST. 'A'	57.08
5 ST. FRANCIS - ST. CATHERINES 'A'	59.62
-- WINSTON CHURCHILL - ST. CATHER 'A'	DQ

Women High Jump Senior

Name	Year School	Finals
1 Venus, Karsyn	THOROLD - THOROLD	1.45m
1 Thomas, Rowan	GSSS-ST. CATHERI	1.45m
1 Lancaster, Tori	LSSS-ST. CATHERI	1.45m
4 White, Charlie	SWCSS-ST. CATHER	1.35m

Women Pole Vault Senior

Name	Year School	Finals
1 Hines-Francis, Maya	LSSS-ST. CATHERI	2.00m

Women Long Jump Senior

Name	Year School	Finals
1 Oladipo, Jummy	SWCSS-ST. CATHER	4.35m
2 Lancaster, Tori	LSSS-ST. CATHERI	4.17m
3 Godin, Jami	GSSS-ST. CATHERI	3.96m
4 Rapita, Olga	CMHS-ST. CATHERI	3.88m
5 Coburn, Sarah	CMHS-ST. CATHERI	3.83m
6 Hunter, Katie	BDSS-BEAMSVILLE	3.72m
7 Martel, Allyssah	LSSS-ST. CATHERI	3.53m
8 Palinkas, Ivona	SFSS-ST. CATHERI	3.52m
9 Flint, Samantha	SLHS-SMITHVILLE	3.32m
10 Sneath, Eryka	THOROLD - THOROLD	3.28m
11 Roque, Jaelynn	SFSS-ST. CATHERI	3.25m
12 Nsudila, Diane	HCSS-ST. CATHERI	3.15m
13 Sonneberg, Mikayla	LSSS-ST. CATHERI	3.13m
14 Orosz, Hailey	SLHS-SMITHVILLE	3.12m
15 Simminavong, Erica	CMHS-ST. CATHERI	3.06m
16 Blake, Kamila	SWCSS-ST. CATHER	2.94m
-- Unrau, Ryleigh	BDSS-BEAMSVILLE	FOUL

Women Triple Jump Senior

Name	Year School	Finals
1 Thomas, Rowan	GSSS-ST. CATHERI	10.73m
2 Oladipo, Jummy	SWCSS-ST. CATHER	10.11m
3 Hunter, Katie	BDSS-BEAMSVILLE	8.90m
4 Martel, Allyssah	LSSS-ST. CATHERI	8.57m
5 Keddo, Simone	THOROLD - THOROLD	7.69m

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....Women Triple Jump Senior

6 Sneath, Eryka	THOROLD - THOROLD	7.68m
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Women Shot Put Senior

Name	Year School	Finals
1 Tennamt, Grace	SLHS-SMITHVILLE	12.04m
2 Plute, Cassandra	BLESSED TRINITY H S	9.70m
3 Stys, Tia	HCSS-ST. CATHERI	9.09m
4 Mires, Sydneyy	LSSS-ST. CATHERI	8.69m
5 Balyk, Rebecca	GSSS-ST. CATHERI	8.35m
6 Taylor, Emily	SLHS-SMITHVILLE	8.10m
7 Oladipo, Jummy	SWCSS-ST. CATHER	7.68m
8 DeKlerk, Kayla	SMITHVILLE CHS	5.77m
9 Yang, Hailey	GREAT LAKES	5.19m
10 Perron, Annelise	SWCSS-ST. CATHER	4.99m

Women Discus Throw Senior

Name	Year School	Finals
1 Tennamt, Grace	SLHS-SMITHVILLE	41.62m
2 Plute, Cassandra	BLESSED TRINITY H S	33.53m
3 Mires, Sydneyy	LSSS-ST. CATHERI	24.13m
4 Kenny, Erin	CMHS-ST. CATHERI	23.37m
5 Flint, Samantha	SLHS-SMITHVILLE	19.93m
6 Glasbergen, Morgan	SMITHVILLE CHS	19.60m
7 Taylor, Emily	SLHS-SMITHVILLE	19.34m
8 Balyk, Rebecca	GSSS-ST. CATHERI	18.60m
9 Brown, Chloe	SWCSS-ST. CATHER	18.28m
10 Perron, Annelise	SWCSS-ST. CATHER	17.48m
11 Franko, Olivia	HCSS-ST. CATHERI	17.06m
12 Garr, Jessica	GRIMSBY - GRIMSBY	12.03m
13 DeKlerk, Kayla	SMITHVILLE CHS	11.87m
14 Lyndon, Kayla	DSBN ACADEMY	11.70m
-- Sinnett, Chrissa	SCCIVS-ST. CATHE	FOUL

Women Javelin Throw Senior

Name	Year School	Finals
1 Tennamt, Grace	SLHS-SMITHVILLE	38.17m
2 Mires, Sydneyy	LSSS-ST. CATHERI	25.79m
3 Kenny, Erin	CMHS-ST. CATHERI	25.68m
4 Garr, Jessica	GRIMSBY - GRIMSBY	23.83m
5 Charette, Kallie	CMHS-ST. CATHERI	23.48m
6 Rapita, Olga	CMHS-ST. CATHERI	22.41m
7 Bouaban, Olivia	DSBN ACADEMY	22.21m
7 Stys, Tia	HCSS-ST. CATHERI	22.21m
9 Franko, Olivia	HCSS-ST. CATHERI	21.18m
10 Brown, Chloe	SWCSS-ST. CATHER	20.72m
11 Glasbergen, Morgan	SMITHVILLE CHS	20.68m
11 Bell, Madison	CMHS-ST. CATHERI	20.68m
13 Perron, Annelise	SWCSS-ST. CATHER	17.93m
14 Lyndon, Kayla	DSBN ACADEMY	16.64m

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....Women Javelin Throw Senior

15 Carter, Kate	SWCSS-ST. CATHER	15.15m
16 Warner, Brynne	BLESSED TRINITY H S	12.76m
17 Dick, Isabelle	SWCSS-ST. CATHER	11.75m

Women 1500 Meter Steeplechase Open

Name	Year School	Finals
1 Greenough, Madison	SWCSS-ST. CATHER	5:48.38
2 Langelaan, Rachel	BLESSED TRINITY H S	5:58.55
3 Goudswaard, Skyler	GRIMSBY - GRIMSBY	6:37.02
4 St. Angelo, Sarah	SWCSS-ST. CATHER	7:17.21

Women 4x400 Meter Relay Open

School	Finals
1 WINSTON CHURCHILL - ST. CATHER 'A'	4:21.91
2 DSBN ACADEMY 'A'	4:37.76
3 LAURA SECORD - ST. CATHERINES 'A'	4:45.61
4 GOVERNOR SIMCOE-ST. CATHERINES 'A'	4:47.49

Women 100 Meter Dash I I Intellectually Imp.

Name	Year School	Finals
1 Swinson, Shannon	BDSS-BEAMSVILLE	16.99

Women 200 Meter Run WC Wheelchair Wheelchair

Name	Year School	Finals
1 McLean, Kanice	GSSS-ST. CATHERI	3:09.36

Men 100 Meter Dash Midget

Name	Year School	Finals	H#
1 Jones, Owen	BLESSED TRINITY H S	12.29	2
2 McNamara, Callum	THOROLD - THOROLD	12.48	4
3 Neilson, Eric	SWCSS-ST. CATHER	12.51	1
4 Sandy-Wood, Owen	GSSS-ST. CATHERI	12.51	4
5 Reid, Josh	BDSS-BEAMSVILLE	12.54	1
6 Holland, Ryan	GRIMSBY - GRIMSBY	12.72	3
7 Hunter, Scott	BDSS-BEAMSVILLE	12.82	2
8 Berryman, Chris	THOROLD - THOROLD	12.83	1
9 Choi, AJ	DSBN ACADEMY	12.92	2
10 Brookson, Ash	EHS-ST. CATHERIN	12.94	3
11 Banic, Noah	SFSS-ST. CATHERI	12.96	3
12 Dennee, Adam	SMITHVILLE CHS	13.04	3
13 Dandato, Tinashe	HCSS-ST. CATHERI	13.15	1
14 Abernot, Cole	GRIMSBY - GRIMSBY	13.29	4
15 Boles, Jared	GRIMSBY - GRIMSBY	13.40	2
16 Bryans, Quinn	THOROLD - THOROLD	13.49	1
17 Travis, Zach	GRIMSBY - GRIMSBY	13.59	2

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....Men 100 Meter Dash Midget

18	VanWingerden, Shane	HCS-JORDAN STATI	13.63	3
19	Beijes, Bradyn	SLHS-SMITHVILLE	13.76	2
20	Baker, Kyle	DSBN ACADEMY	13.82	2
21	Bultje, Calvin	HCS-JORDAN STATI	13.89	3
22	Derenowski, Jacob	SLHS-SMITHVILLE	13.92	1
23	Bartlett, Noah	SLHS-SMITHVILLE	14.10	4
24	Dennie, Spencer	SLHS-SMITHVILLE	14.47	4
25	Bakker, Lee	HCS-JORDAN STATI	14.65	4

Men 200 Meter Dash Midget

Name	Year	School	Finals	H#
1	Pasaluko, Nick	GRIMSBY - GRIMSBY	24.98	1
2	Sandy-Wood, Owen	GSSS-ST. CATHERI	25.23	2
3	McNamara, Callum	THOROLD - THOROLD	25.25	2
4	Banic, Noah	SFSS-ST. CATHERI	26.01	1
5	Holland, Ryan	GRIMSBY - GRIMSBY	26.01	2
6	Brookson, Ash	EHS-ST. CATHERIN	26.03	2
7	Hunter, Scott	BDSS-BEAMSVILLE	26.09	1
8	Denee, Adam	SMITHVILLE CHS	26.24	1
9	Berryman, Chris	THOROLD - THOROLD	26.60	1
10	Choi, AJ	DSBN ACADEMY	26.87	2
11	Bryans, Quinn	THOROLD - THOROLD	27.66	2
12	Boles, Jared	GRIMSBY - GRIMSBY	27.79	2
13	Derenowski, Jacob	SLHS-SMITHVILLE	28.62	2
14	Bartlett, Noah	SLHS-SMITHVILLE	28.74	1
15	Patterson, Cameron	THOROLD - THOROLD	30.72	1

Men 400 Meter Dash Midget

Name	Year	School	Finals	H#
1	Young, Nicholas	SFSS-ST. CATHERI	56.79	2
2	Allan, Henry	SWCSS-ST. CATHER	59.18	1
3	Unruh, Samuel	GSSS-ST. CATHERI	1:01.01	1
4	Horsely, Max	SWCSS-ST. CATHER	1:03.33	1
5	Armstrong, Liam	SWCSS-ST. CATHER	1:04.57	2
6	Etherington, Ben	HCSS-ST. CATHERI	1:06.89	2
7	Patterson, Cameron	THOROLD - THOROLD	1:08.87	2
8	Beijes, Bradyn	SLHS-SMITHVILLE	1:09.40	1
9	Salisbury, Spencer	HCSS-ST. CATHERI	1:09.49	2
10	Hatu, Issa	BDSS-BEAMSVILLE	1:12.88	1

Men 800 Meter Run Midget

Name	Year	School	Finals
1	Young, Nicholas	SFSS-ST. CATHERI	2:10.00
2	Lupton, Chase	GRIMSBY - GRIMSBY	2:18.46
3	Maltby, Devon	THOROLD - THOROLD	2:28.69
4	Meffe, Alex	SWCSS-ST. CATHER	2:31.39
5	Allan, Henry	SWCSS-ST. CATHER	2:32.23
6	Armstrong, Liam	SWCSS-ST. CATHER	2:34.00
7	Etherington, Ben	HCSS-ST. CATHERI	2:37.23

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....Men 800 Meter Run Midget

8 Ando, Shuta	LSSS-ST. CATHERI	2:39.78
9 Patterson, Cameron	THOROLD - THOROLD	2:55.93
-- Attema, Jared	SMITHVILLE CHS	DNF
-- Girard, Ethan	SWCSS-ST. CATHER	DNF

Men 1500 Meter Run Midget

Name	Year School	Finals
1 Young, Nicholas	SFSS-ST. CATHERI	4:38.17
2 Lupton, Chase	GRIMSBY - GRIMSBY	4:42.41
3 Girard, Ethan	SWCSS-ST. CATHER	4:45.36
4 Attema, Jared	SMITHVILLE CHS	4:52.55
5 Graef, Sam	GRIMSBY - GRIMSBY	4:55.63
6 Fernandez, Ivan	GSSS-ST. CATHERI	4:56.08
7 Horsely, Max	SWCSS-ST. CATHER	4:59.31
8 Enns, Peyton	SWCSS-ST. CATHER	4:59.32
9 Meffe, Alex	SWCSS-ST. CATHER	5:00.20
10 Randall, Nolan	BDSS-BEAMSVILLE	5:03.47
11 Ahmed, Zinan	BLESSED TRINITY H S	5:22.87
12 Ando, Shuta	LSSS-ST. CATHERI	5:31.91
13 Appelman, Niko	BLESSED TRINITY H S	5:57.62

Men 3000 Meter Run Midget

Name	Year School	Finals
1 Attema, Jared	SMITHVILLE CHS	10:14.64
2 Graef, Sam	GRIMSBY - GRIMSBY	10:38.62
3 Lengyl, Harry	SWCSS-ST. CATHER	11:05.12
4 Reimer, Nick	SWCSS-ST. CATHER	11:05.42
5 Girard, Ethan	SWCSS-ST. CATHER	11:07.48
6 Enns, Peyton	SWCSS-ST. CATHER	11:10.96
7 Fernandez, Ivan	GSSS-ST. CATHERI	11:18.45
8 Lawr, Aidan	CMHS-ST. CATHERI	11:34.63
9 Ahmed, Zinan	BLESSED TRINITY H S	12:04.22
10 Ando, Shuta	LSSS-ST. CATHERI	12:27.94

Men 100 Meter Hurdles Midget

Name	Year School	Finals	H#
1 Davidson, Connor	THOROLD - THOROLD	16.53	2
2 Brooman, Jakob	THOROLD - THOROLD	17.03	1
3 Gavanac, Remy	GSSS-ST. CATHERI	17.42	2
4 Loum, Chamsie	BDSS-BEAMSVILLE	18.20	1
5 Ferreri, Giuseppe	BLESSED TRINITY H S	20.38	2
6 Dennie, Spencer	SLHS-SMITHVILLE	26.16	2
-- Pasaluko, Nick	GRIMSBY - GRIMSBY	DNF	1
-- Graef, Jake	GRIMSBY - GRIMSBY	DNF	1

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Men 300 Meter Hurdles Midget

Name	Year School	Finals	H#
1 Allan, Henry	SWCSS-ST. CATHER	45.87	2
2 Gavanac, Remy	GSSS-ST. CATHERI	47.04	2
3 McNamara, Callum	THOROLD - THOROLD	50.43	2
4 Davidson, Connor	THOROLD - THOROLD	50.45	1
5 Brooman, Jakob	THOROLD - THOROLD	51.34	1
6 Maltby, Devon	THOROLD - THOROLD	51.83	2
7 Unruh, Samuel	GSSS-ST. CATHERI	55.29	1
8 Ahmed, Zinan	BLESSED TRINITY H S	58.26	2

Men 4x100 Meter Relay Midget

School	Finals
1 WINSTON CHURCHILL - ST. CATHER 'A'	50.54
2 BEAMSVILLE - BEAMSVILLE 'A'	51.23
3 THOROLD - THOROLD 'A'	51.83
4 GOVERNOR SIMCOE-ST. CATHERINES 'A'	52.07
-- GRIMSBY - GRIMSBY 'A'	DQ

Men High Jump Midget

Name	Year School	Finals
1 Fournier, DeAndre	THOROLD - THOROLD	1.63m
2 Berisha, Andrew	DSBN ACADEMY	1.60m
3 Pasaluko, Nick	GRIMSBY - GRIMSBY	1.55m
3 Loum, Chamsie	BDSS-BEAMSVILLE	1.55m
3 Paleczny, Hawkin	SWCSS-ST. CATHER	1.55m
6 Maltby, Devon	THOROLD - THOROLD	1.45m
6 Baker, Kyle	DSBN ACADEMY	1.45m
8 Unruh, Samuel	GSSS-ST. CATHERI	1.40m
8 Bultje, Calvin	HCS-JORDAN STATI	1.40m
-- Sonnenberg, Kiefer	LSSS-ST. CATHERI	FAIL
-- Cook, Aaron	SMITHVILLE CHS	FAIL

Men Pole Vault Midget

Name	Year School	Finals
1 Paleczny, Hawkin	SWCSS-ST. CATHER	2.60m

Men Long Jump Midget

Name	Year School	Finals
1 Mitchell, Elijah	THOROLD - THOROLD	5.79m
2 Fournier, DeAndre	THOROLD - THOROLD	5.37m
3 Banic, Noah	SFSS-ST. CATHERI	5.15m
4 Reid, Josh	BDSS-BEAMSVILLE	4.85m
5 Choi, AJ	DSBN ACADEMY	4.73m
5 Jones, Owen	BLESSED TRINITY H S	4.73m
7 Garnace, Noah	SWCSS-ST. CATHER	4.46m
8 Crompton, Grayson	GRIMSBY - GRIMSBY	4.34m

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....Men Long Jump Midget

9	Gerryts, Lucas	SMITHVILLE CHS	4.32m
10	Bakker, Lee	HCS-JORDAN STATI	4.30m
11	Abernot, Cole	GRIMSBY - GRIMSBY	4.22m
12	Bultje, Calvin	HCS-JORDAN STATI	4.12m
13	Lagerstrom, Carter	THOROLD - THOROLD	4.00m
13	Salisbury, Spencer	HCSS-ST. CATHERI	4.00m
15	Boden, Gabriel	GLCHS	3.77m
16	Sonnenberg, Kiefer	LSSS-ST. CATHERI	3.56m
17	Hatu, Issa	BDSS-BEAMSVILLE	3.23m
18	Levesque, Mac	THOROLD - THOROLD	2.96m

Men Triple Jump Midget

Name	Year	School	Finals
1 Fournier, DeAndre		THOROLD - THOROLD	11.83m
2 Mitchell, Elijah		THOROLD - THOROLD	11.80m
3 Reid, Josh		BDSS-BEAMSVILLE	11.25m
4 Beijes, Bradyn		SLHS-SMITHVILLE	10.16m
5 Garnace, Noah		SWCSS-ST. CATHER	9.75m
6 Crompton, Grayson		GRIMSBY - GRIMSBY	9.03m
7 Gerryts, Lucas		SMITHVILLE CHS	8.74m

Men Shot Put Midget

Name	Year	School	Finals
1 Gough, Caleb		THOROLD - THOROLD	13.63m
2 Turner, Jacob		THOROLD - THOROLD	11.85m
3 Ramnarain, Josh		LSSS-ST. CATHERI	9.87m
4 Lagerstrom, Carter		THOROLD - THOROLD	9.55m
5 Martinek, David		BLESSED TRINITY H S	9.09m
6 VanWingerden, Shane		HCS-JORDAN STATI	8.95m
7 Hunt, Cameron		DSBN ACADEMY	8.41m
8 Cook, Aaron		SMITHVILLE CHS	8.39m

Men Discus Throw Midget

Name	Year	School	Finals
1 Gough, Caleb		THOROLD - THOROLD	34.79m
2 Baker, Kyle		DSBN ACADEMY	30.39m
3 Turner, Jacob		THOROLD - THOROLD	27.26m
4 Lagerstrom, Carter		THOROLD - THOROLD	21.79m
5 Levesque, Mac		THOROLD - THOROLD	20.81m
6 Ramnarain, Josh		LSSS-ST. CATHERI	16.92m
7 Warner, CJ		DSBN ACADEMY	15.94m
8 Hunt, Cameron		DSBN ACADEMY	12.63m

Men Javelin Throw Midget

Name	Year	School	Finals
1 Gough, Caleb		THOROLD - THOROLD	27.50m
2 Sonnenberg, Kiefer		LSSS-ST. CATHERI	26.92m

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....Men Javelin Throw Midget

3	Ramnarain, Josh	LSSS-ST. CATHERI	26.32m
4	Korpa, John	BLESSED TRINITY H S	23.53m
5	Turner, Jacob	THOROLD - THOROLD	23.51m
6	Dandato, Tinashe	HCSS-ST. CATHERI	22.00m
7	Baran, Jack	BLESSED TRINITY H S	21.41m
8	Ferreri, Giuseppe	BLESSED TRINITY H S	21.06m
9	Cook, Aaron	SMITHVILLE CHS	18.45m
10	Boles, Jared	GRIMSBY - GRIMSBY	18.22m
11	VanWingerden, Shane	HCS-JORDAN STATI	17.50m
12	Brooman, Jakob	THOROLD - THOROLD	16.99m
13	Hunt, Cameron	DSBN ACADEMY	16.15m
14	Warner, CJ	DSBN ACADEMY	15.30m
15	Boden, Gabriel	GLCHS	14.68m
16	Burton, Jordan	THOROLD - THOROLD	7.84m

Men 100 Meter Dash Junior

Name	Year School	Finals	H#
1 Osinga, Chase	SWCSS-ST. CATHER	11.48	1
2 Broderick, Tyler	THOROLD - THOROLD	11.79	1
3 Sarminento, Esteban	DSBN ACADEMY	12.10	2
4 Butler, Glenn	BLESSED TRINITY H S	12.31	2
5 Ruiz, Diego	SWCSS-ST. CATHER	12.33	1
6 Kornelson, Elijah	GSSS-ST. CATHERI	12.57	1
7 McAlonan, Isaac	BLESSED TRINITY H S	12.66	2
8 Topolinsky, Adam	HCSS-ST. CATHERI	12.75	2
9 VanSteekelenburg, Aidan	CMHS-ST. CATHERI	12.85	1
10 Haynes, Jordan	SCCIVS-ST. CATHE	12.92	2
11 Visser, Daniel	SWCSS-ST. CATHER	13.02	2
12 Tremonte, Anthony	CMHS-ST. CATHERI	13.25	1
13 Carbonel, Jimmy	HCSS-ST. CATHERI	13.29	1
14 Pendlebury, Richard	BLESSED TRINITY H S	14.09	2
15 Banic, Joshua	SFSS-ST. CATHERI	14.36	2
16 Gazaha, Nazar	CMHS-ST. CATHERI	14.43	1

Men 200 Meter Dash Junior

Name	Year School	Finals	H#
1 Sarminento, Esteban	DSBN ACADEMY	23.78	1
2 Butler, Glenn	BLESSED TRINITY H S	24.55	2
3 Osinga, Chase	SWCSS-ST. CATHER	24.57	1
4 Puskar, Chris	GSSS-ST. CATHERI	25.15	2
5 Ruigrok, Drew	BLESSED TRINITY H S	25.22	2
6 Topolinsky, Adam	HCSS-ST. CATHERI	25.49	1
7 Furnival, Shane	THOROLD - THOROLD	25.73	2
8 Hale, Marcus	LSSS-ST. CATHERI	25.86	1
9 Haynes, Jordan	SCCIVS-ST. CATHE	26.52	1
10 Switzer, Colton	SCCIVS-ST. CATHE	28.95	2

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Men 400 Meter Dash Junior

Name	Year School	Finals	H#
1 Sarminento, Esteban	DSBN ACADEMY	56.50	1
2 Ruigrok, Drew	BLESSED TRINITY H S	59.00	2
3 Guignard, Brendan	GSSS-ST. CATHERI	59.13	1
4 Hale, Marcus	LSSS-ST. CATHERI	1:02.42	1
5 Puskar, Chris	GSSS-ST. CATHERI	1:02.77	2
6 Roberts Ramos, Max	HCSS-ST. CATHERI	1:03.61	2
7 Bell, Eric	BDSS-BEAMSVILLE	1:11.00	2
8 Wills, Carson	SWCSS-ST. CATHER	1:13.89	1

Men 800 Meter Run Junior

Name	Year School	Finals
1 Guignard, Brendan	GSSS-ST. CATHERI	2:24.18
2 Gray, Robert	LSSS-ST. CATHERI	2:24.38
3 Diep, Kevin	LSSS-ST. CATHERI	2:29.03
4 Laveck (Hudspidth), Spen	LSSS-ST. CATHERI	2:34.80
5 Wills, Carson	SWCSS-ST. CATHER	2:55.91

Men 1500 Meter Run Junior

Name	Year School	Finals
1 Lee, Campbell	HCSS-ST. CATHERI	4:39.45
2 Gray, Robert	LSSS-ST. CATHERI	4:48.94
3 Laveck (Hudspidth), Spen	LSSS-ST. CATHERI	4:55.79
4 Stearns, Raymond	LSSS-ST. CATHERI	5:16.60
5 Friesen, Jackson	THOROLD - THOROLD	5:30.95

Men 3000 Meter Run Junior

Name	Year School	Finals
1 Lee, Campbell	HCSS-ST. CATHERI	10:03.98
2 Laveck (Hudspidth), Spen	LSSS-ST. CATHERI	10:26.48
3 McLaughlin, Gavin	EHS-ST. CATHERIN	10:35.65
4 Bagozzi, Donald	CMHS-ST. CATHERI	10:37.89
5 Ricker, Owen	SMITHVILLE CHS	11:10.59
6 Stearns, Raymond	LSSS-ST. CATHERI	11:11.09
7 Diep, Kevin	LSSS-ST. CATHERI	11:13.45
8 Dortono, Matthew	EHS-ST. CATHERIN	11:15.16
9 Gray, Robert	LSSS-ST. CATHERI	11:19.56
10 Friesen, Jackson	THOROLD - THOROLD	11:35.35
11 Roberts Ramos, Max	HCSS-ST. CATHERI	12:09.62

Men 100 Meter Hurdles Junior

Name	Year School	Finals
1 Spencer, Colton	THOROLD - THOROLD	15.46
2 Sneath, Nathan	SWCSS-ST. CATHER	16.28
3 Nichols, Matt	SWCSS-ST. CATHER	16.44
4 Othman, Jonathan	GSSS-ST. CATHERI	17.89

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....Men 100 Meter Hurdles Junior

5 Usuanlele, Osaze	HCSS-ST. CATHERI	18.09
6 Furnival, Shane	THOROLD - THOROLD	18.17

Men 300 Meter Hurdles Junior

Name	Year School	Finals
1 Sneath, Nathan	SWCSS-ST. CATHER	45.23
2 Furnival, Shane	THOROLD - THOROLD	47.40
3 Memme, Matthew	BLESSED TRINITY H S	47.80
4 Nichols, Matt	SWCSS-ST. CATHER	49.53
5 Othman, Jonathan	GSSS-ST. CATHERI	50.87
6 Stewart, Baily	THOROLD - THOROLD	53.54
7 Usuanlele, Osaze	HCSS-ST. CATHERI	53.82

Men 4x100 Meter Relay Junior

School	Finals
1 WINSTON CHURCHILL - ST. CATHER 'A'	48.30
2 BLESSED TRINITY H S 'A'	49.37
3 HOLY CROSS - ST. CATHERINES 'A'	52.96
4 DENIS MORRIS CATHOLIC HS -ST. 'A'	54.34
-- GOVERNOR SIMCOE-ST. CATHERINES 'A'	DQ

Men High Jump Junior

Name	Year School	Finals
1 Broderick, Tyler	THOROLD - THOROLD	1.75m
2 Ridgeway, Omar	DSBN ACADEMY	1.70m
2 Spencer, Colton	THOROLD - THOROLD	1.70m
4 Hyeum, Matt	SWCSS-ST. CATHER	1.65m
4 Mohamad, Abdul	SWCSS-ST. CATHER	1.65m
6 Kornelson, Elijah	GSSS-ST. CATHERI	1.60m
6 McAlonan, Isaac	BLESSED TRINITY H S	1.60m
8 Ricker, Owen	SMITHVILLE CHS	1.50m
-- Royal, Josiah	LSSS-ST. CATHERI	FAIL

Men Pole Vault Junior

Name	Year School	Finals
1 Royal, Josiah	LSSS-ST. CATHERI	2.90m
2 Osinga, Chase	SWCSS-ST. CATHER	2.85m

Men Long Jump Junior

Name	Year School	Finals
1 Broderick, Tyler	THOROLD - THOROLD	5.83m
2 Ruigrok, Drew	BLESSED TRINITY H S	5.48m
3 Salmond, Madison	EHS-ST. CATHERIN	5.23m
4 Guignard, Brendan	GSSS-ST. CATHERI	5.13m
5 Carbonel, Jimmy	HCSS-ST. CATHERI	5.04m

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....Men Long Jump Junior

6	McAlonan, Isaac	BLESSED TRINITY H S	4.91m
7	Memme, Matthew	BLESSED TRINITY H S	4.90m
8	Hunter, Matt	THOROLD - THOROLD	4.85m
9	Usuanlele, Osaze	HCSS-ST. CATHERI	4.81m
10	Ferguson, Evan	THOROLD - THOROLD	4.72m
11	Mohamad, Abdul	SWCSS-ST. CATHER	4.66m
11	Stewart, Baily	THOROLD - THOROLD	4.66m
13	Royal, Josiah	LSSS-ST. CATHERI	4.55m
14	Stricko, Nicholas	EHS-ST. CATHERIN	4.52m
15	Topolinsky, Adam	HCSS-ST. CATHERI	4.36m
16	MacCarl, Chris	BLESSED TRINITY H S	4.30m
17	Barnowski, Jacob	CMHS-ST. CATHERI	4.26m
18	Gazaha, Nazar	CMHS-ST. CATHERI	3.78m

Men Triple Jump Junior

Name	Year	School	Finals
1	Bell, Eric	BDSS-BEAMSVILLE	11.30m
2	Harrietha, Braydon	THOROLD - THOROLD	10.74m
3	Cojocari, Piotr	CMHS-ST. CATHERI	10.63m
4	Salmond, Madison	EHS-ST. CATHERIN	10.62m
5	Ferguson, Evan	THOROLD - THOROLD	10.08m
6	Love, Kyle	BLESSED TRINITY H S	9.28m
7	Hamidu, Xavier	BLESSED TRINITY H S	8.08m
--	Pendlebury, Richard	BLESSED TRINITY H S	FOUL

Men Shot Put Junior

Name	Year	School	Finals
1	Johnston, Matt	SWCSS-ST. CATHER	13.70m
2	Ferguson, Evan	THOROLD - THOROLD	13.27m
3	Wilson, Eric	LSSS-ST. CATHERI	12.45m
4	Mrkalj, Alex	SWCSS-ST. CATHER	12.04m
5	Burchell, Bayley	GRIMSBY - GRIMSBY	11.89m
6	Summerfield, Tyler	THOROLD - THOROLD	11.38m
7	Hunter, Matt	THOROLD - THOROLD	9.73m
8	Vanderende, Caleb	HCS-JORDAN STATI	9.58m
9	Hwang, Max	SMITHVILLE CHS	9.22m
10	Al-Jumaily, Aws	LSSS-ST. CATHERI	8.69m

Men Discus Throw Junior

Name	Year	School	Finals
1	Mrkalj, Alex	SWCSS-ST. CATHER	40.74m
2	Summerfield, Tyler	THOROLD - THOROLD	35.06m
3	Harrietha, Braydon	THOROLD - THOROLD	33.48m
4	Hunter, Matt	THOROLD - THOROLD	30.43m
5	Dolinski, Calvin	GSSS-ST. CATHERI	25.26m
6	Johnston, Matt	SWCSS-ST. CATHER	24.02m
7	Love, Kyle	BLESSED TRINITY H S	21.46m
8	Al-Jumaily, Aws	LSSS-ST. CATHERI	21.15m
9	Burchell, Bayley	GRIMSBY - GRIMSBY	20.26m

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....Men Discus Throw Junior

10 Wilson, Eric	LSSS-ST. CATHERI	20.06m
11 Lambert, Jack	GRIMSBY - GRIMSBY	19.92m
12 Hwang, Max	SMITHVILLE CHS	14.81m
-- Hamidu, Xavier	BLESSED TRINITY H S	FOUL

Men Javelin Throw Junior

Name	Year School	Finals
1 Spencer, Colton	THOROLD - THOROLD	49.07m
2 MacCarl, Chris	BLESSED TRINITY H S	38.17m
3 Barnowski, Jacob	CMHS-ST. CATHERI	37.26m
4 Dolinski, Calvin	GSSS-ST. CATHERI	31.73m
5 Cojocari, Piotr	CMHS-ST. CATHERI	31.46m
6 Jordan, Nathan	SWCSS-ST. CATHER	30.73m
7 Vanderende, Caleb	HCS-JORDAN STATI	30.56m
8 Hamidu, Xavier	BLESSED TRINITY H S	29.61m
9 Vail, Tanner	BDSS-BEAMSVILLE	26.97m
10 Stearns, Raymond	LSSS-ST. CATHERI	26.50m
11 Bagozzi, Donald	CMHS-ST. CATHERI	24.92m
12 Ridgeway, Omar	DSBN ACADEMY	24.76m
13 Harrietha, Braydon	THOROLD - THOROLD	24.66m
14 Friesen, Jackson	THOROLD - THOROLD	24.34m
15 Al-Jumaily, Aws	LSSS-ST. CATHERI	22.76m
16 Love, Kyle	BLESSED TRINITY H S	21.41m
17 Wilson, Eric	LSSS-ST. CATHERI	21.31m
18 Hale, Marcus	LSSS-ST. CATHERI	17.89m
19 Summerfield, Tyler	THOROLD - THOROLD	17.60m
20 Lambert, Jack	GRIMSBY - GRIMSBY	14.96m
-- Hwang, Max	SMITHVILLE CHS	FOUL

Men 100 Meter Dash Senior

Name	Year School	Finals	H#
1 Davis, Jerome	BLESSED TRINITY H S	11.32	3
2 Griffiths, Jovan	DSBN ACADEMY	11.39	1
3 Selman, Jaquan	CMHS-ST. CATHERI	11.46	2
4 Child, Holden	SWCSS-ST. CATHER	11.70	4
5 Scott, Cade	SWCSS-ST. CATHER	11.87	1
6 Avery, Tre	BLESSED TRINITY H S	11.94	3
7 Henry, Isiah	BDSS-BEAMSVILLE	11.97	4
8 Crawford, Bryan	SLHS-SMITHVILLE	11.98	3
9 Pasaluko, Peter	SLHS-SMITHVILLE	12.02	2
10 Snyder, Trent	GRIMSBY - GRIMSBY	12.04	1
11 Jones, Jason-Lee	HCSS-ST. CATHERI	12.24	3
12 Buljubasic, Kelvin	DSBN ACADEMY	12.25	3
13 Vanbuuren, Kyle	GRIMSBY - GRIMSBY	12.27	3
14 Mackinnon, Riley	SWCSS-ST. CATHER	12.43	1
15 Laflamme, Eric	HCSS-ST. CATHERI	12.56	1
16 Udezue, Endee	SMITHVILLE CHS	12.57	4
17 Zylstra, Darren	HCS-JORDAN STATI	12.69	4
18 Mueller, Mitch	BLESSED TRINITY H S	12.71	2
19 Andrew, Carter	LSSS-ST. CATHERI	12.72	2
20 D'Arrigo, Luis	SFSS-ST. CATHERI	12.80	4

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....Men 100 Meter Dash Senior

21 Lau-Daisley, Tyler	SFSS-ST. CATHERI	12.90	1
22 Loum, Chris	GRIMSBY - GRIMSBY	12.94	4
23 teBrake, Damian	SMITHVILLE CHS	13.06	2
24 Rees, Andrew	CMHS-ST. CATHERI	13.12	2
25 Dandato, Tatenda	HCSS-ST. CATHERI	13.41	2
26 Florez, Davinzon	HCSS-ST. CATHERI	13.44	1

Men 200 Meter Dash Senior

Name	Year School	Finals	H#
1 Davis, Jerome	BLESSED TRINITY H S	22.19	2
2 Griffiths, Jovan	DSBN ACADEMY	22.75	2
3 Selman, Jaquan	CMHS-ST. CATHERI	23.29	3
4 Child, Holden	SWCSS-ST. CATHER	23.70	3
5 Henry, Isiah	BDSS-BEAMSVILLE	24.12	2
6 Malaryk, Jacob	BLESSED TRINITY H S	24.13	1
7 Crawford, Bryan	SLHS-SMITHVILLE	24.24	1
8 Riley, John	SWCSS-ST. CATHER	24.39	2
9 Martin, (Avery) Quinn	BDSS-BEAMSVILLE	24.40	1
10 Pasaluko, Peter	SLHS-SMITHVILLE	24.42	2
11 Snyder, Trent	GRIMSBY - GRIMSBY	24.47	3
12 Jones, Jason-Lee	HCSS-ST. CATHERI	24.91	1
13 Mackinnon, Riley	SWCSS-ST. CATHER	25.21	3
14 Laflamme, Eric	HCSS-ST. CATHERI	25.26	1
15 Buljubasic, Kelvin	DSBN ACADEMY	25.41	2
16 Zylstra, Darren	HCS-JORDAN STATI	25.46	1
17 Burdan, Malik	BLESSED TRINITY H S	25.80	2
18 Udezue, Endee	SMITHVILLE CHS	26.22	3
19 Pietras, Zach	HCSS-ST. CATHERI	26.80	1
20 Andrew, Carter	LSSS-ST. CATHERI	26.83	1
21 Cruz, Axel	HCSS-ST. CATHERI	28.06	3
22 Galinda, Jethro	CMHS-ST. CATHERI	29.12	2

Men 400 Meter Dash Senior

Name	Year School	Finals	H#
1 Davis, Jerome	BLESSED TRINITY H S	51.91	1
2 Griffiths, Jovan	DSBN ACADEMY	54.16	2
3 Riley, John	SWCSS-ST. CATHER	54.70	1
4 Enns, Harrison	SWCSS-ST. CATHER	58.03	2
5 Holloway, Jackson	BLESSED TRINITY H S	58.12	2
6 Halfyard, Ross	SWCSS-ST. CATHER	58.68	1
7 Buljubasic, Kelvin	DSBN ACADEMY	59.91	1
8 Loughlin, Aidan	GSSS-ST. CATHERI	1:01.60	2
9 Hariri, Mohammad	CMHS-ST. CATHERI	1:02.66	1
10 Rudge, Carter	CMHS-ST. CATHERI	1:05.79	2
11 Fitzgerald, Evan	BDSS-BEAMSVILLE	1:06.16	2
12 Florez, Davinzon	HCSS-ST. CATHERI	1:06.29	1
13 Pietras, Zach	HCSS-ST. CATHERI	1:06.87	2

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Men 800 Meter Run Senior

Name	Year School	Finals
1 Coveney, Miller	SWCSS-ST. CATHER	2:02.90
2 Liban, Yahia	CMHS-ST. CATHERI	2:09.02
3 Smith, Gavin	GRIMSBY - GRIMSBY	2:12.19
4 Martineau, Logan	HCSS-ST. CATHERI	2:14.67
5 Enns, Harrison	SWCSS-ST. CATHER	2:19.07
6 Bastien, Tyler	CMHS-ST. CATHERI	2:22.08
7 Holloway, Jackson	BLESSED TRINITY H S	2:23.02
8 Davidson, Damon	CMHS-ST. CATHERI	2:33.80
9 Halfyard, Ross	SWCSS-ST. CATHER	2:46.70

Men 1500 Meter Run Senior

Name	Year School	Finals
1 Coveney, Miller	SWCSS-ST. CATHER	4:10.17
2 Smith, Gavin	GRIMSBY - GRIMSBY	4:12.19
3 Braun, Jonas	SWCSS-ST. CATHER	4:25.23
4 Liban, Yahia	CMHS-ST. CATHERI	4:28.14
5 Martineau, Logan	HCSS-ST. CATHERI	4:31.09
6 Sentance, Cal	CMHS-ST. CATHERI	4:36.88
7 Enns, Harrison	SWCSS-ST. CATHER	4:38.45
8 Altamirano, David	CMHS-ST. CATHERI	4:44.72
9 Voelkner, Nick	SWCSS-ST. CATHER	5:09.43
10 Davidson, Damon	CMHS-ST. CATHERI	5:12.14
11 Malaryk, Jacob	BLESSED TRINITY H S	5:32.90

Men 3000 Meter Run Senior

Name	Year School	Finals
1 Martineau, Logan	HCSS-ST. CATHERI	10:15.58
2 Rudge, Carter	CMHS-ST. CATHERI	10:15.92
3 Hassim, Theo	SWCSS-ST. CATHER	11:06.95
4 Coveney, Miller	SWCSS-ST. CATHER	11:08.71
5 Braun, Jonas	SWCSS-ST. CATHER	11:09.69
6 Sentance, Cal	CMHS-ST. CATHERI	11:12.36
7 Bachelor, Owen	SWCSS-ST. CATHER	11:15.42
8 Altamirano, David	CMHS-ST. CATHERI	11:16.69
9 Orlando, Gregory	CMHS-ST. CATHERI	11:19.77
10 Yoder, Jake	GRIMSBY - GRIMSBY	11:20.26
11 Wood, Josh	DSBN ACADEMY	11:25.88
12 Teeuwsen, Dan	SMITHVILLE CHS	11:52.37
13 D'Arrigo, Luis	SFSS-ST. CATHERI	13:36.34

Men 110 Meter Hurdles Senior

Name	Year School	Finals
1 Scott, Cade	SWCSS-ST. CATHER	16.08
2 Wolf, Oliver	THOROLD - THOROLD	16.15
3 Craig, Kyle	LSSS-ST. CATHERI	16.68
4 Vermolen, Tristan	LSSS-ST. CATHERI	17.91
5 Burrows, Liam	SLHS-SMITHVILLE	18.73

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....Men 110 Meter Hurdles Senior

6 Martin, (Avery) Quinn	BDSS-BEAMSVILLE	19.13
7 Udezue, Endee	SMITHVILLE CHS	21.62

Men 400 Meter Hurdles Senior

Name	Year School	Finals	H#
1 Riley, John	SWCSS-ST. CATHER	1:03.26	1
2 Vermolen, Tristan	LSSS-ST. CATHERI	1:06.93	1
3 Halfyard, Ross	SWCSS-ST. CATHER	1:09.79	1
4 Bachelor, Owen	SWCSS-ST. CATHER	1:10.50	2
5 Pasaluko, Peter	SLHS-SMITHVILLE	1:11.24	2
6 Mueller, Mitch	BLESSED TRINITY H S	1:11.78	1
7 Fitzgerald, Evan	BDSS-BEAMSVILLE	1:15.65	2
8 Callum, Cripps	BDSS-BEAMSVILLE	1:16.63	2
9 Carrier, Zach	BDSS-BEAMSVILLE	1:30.13	1

Men 4x100 Meter Relay Senior

School	Finals	H#
1 WINSTON CHURCHILL - ST. CATHER 'A'	45.59	2
2 THOROLD - THOROLD 'A'	47.51	2
3 BLESSED TRINITY H S 'A'	47.75	1
4 DSBN ACADEMY 'A'	47.77	1
5 BEAMSVILLE - BEAMSVILLE 'A'	48.33	1
6 SMITHVILLE CHRIST HS -SMITHVIL 'A'	49.54	2
7 LAURA SECORD - ST. CATHERINES 'A'	49.59	2
8 HOLY CROSS - ST. CATHERINES 'A'	49.91	1

Men High Jump Senior

Name	Year School	Finals
1 Lamb, Jake	GRIMSBY - GRIMSBY	1.85m
2 Forster, Cole	GRIMSBY - GRIMSBY	1.75m
3 Elsinga, Mendelt	EHS-ST. CATHERIN	1.70m
3 Benevento, Ryan	SWCSS-ST. CATHER	1.70m
5 Reil, Will	GRIMSBY - GRIMSBY	1.65m
5 Cosman, Chase	BDSS-BEAMSVILLE	1.65m
7 Hallas, Kameron	BLESSED TRINITY H S	1.50m
7 teBrake, Damian	SMITHVILLE CHS	1.50m

Men Pole Vault Senior

Name	Year School	Finals
1 Zammitt, Adam	LSSS-ST. CATHERI	3.10m
2 Day, Jake	LSSS-ST. CATHERI	3.00m

Men Long Jump Senior

Name	Year School	Finals
1 Craig, Kyle	LSSS-ST. CATHERI	6.33m

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....Men Long Jump Senior

2	Cartmell, Brian	THOROLD - THOROLD	5.94m
3	Loum, Chris	GRIMSBY - GRIMSBY	5.74m
4	Boekestyn, Alex	SMITHVILLE CHS	5.59m
5	Vanbuuren, Kyle	GRIMSBY - GRIMSBY	5.53m
6	Daniels, Riley	BDSS-BEAMSVILLE	5.52m
7	Malaryk, Jacob	BLESSED TRINITY H S	5.51m
8	Burrows, Liam	SLHS-SMITHVILLE	5.33m
9	Kedzierski, Alex	HCSS-ST. CATHERI	5.32m
10	VandenDool, Dale	SMITHVILLE CHS	5.31m
11	Florez, Davinzon	HCSS-ST. CATHERI	4.97m
12	Rabian, Sam	SWCSS-ST. CATHER	4.94m
13	Cosman, Chase	BDSS-BEAMSVILLE	4.93m
14	Day, Jake	LSSS-ST. CATHERI	4.84m
15	Konkle, Owen	BDSS-BEAMSVILLE	4.81m
16	Galinda, Jethro	CMHS-ST. CATHERI	4.72m
17	Stavinga, Curtis	GLCHS	4.58m
18	Knechtel, Brian	BDSS-BEAMSVILLE	4.29m
19	Lau-Daisley, Tyler	SFSS-ST. CATHERI	4.26m
20	Vega Jimenez, Rodrigo	HCSS-ST. CATHERI	3.40m

Men Triple Jump Senior

Name	Year	School	Finals
1	Selman, Jaquan	CMHS-ST. CATHERI	12.72m
2	Boekestyn, Alex	SMITHVILLE CHS	12.06m
3	Daniels, Riley	BDSS-BEAMSVILLE	12.03m
4	Craig, Kyle	LSSS-ST. CATHERI	11.98m
5	Vanbuuren, Kyle	GRIMSBY - GRIMSBY	11.69m
6	An, Victor	EHS-ST. CATHERIN	11.44m
7	Loum, Chris	GRIMSBY - GRIMSBY	11.40m
8	Zylstra, Darren	HCS-JORDAN STATI	11.37m
9	Cartmell, Brian	THOROLD - THOROLD	11.19m
10	Vermolen, Tristan	LSSS-ST. CATHERI	11.11m
11	VandenDool, Dale	SMITHVILLE CHS	10.94m
12	Day, Jake	LSSS-ST. CATHERI	10.85m
13	Crawford, Bryan	SLHS-SMITHVILLE	10.83m
14	Lapcevich, Cayden	SLHS-SMITHVILLE	10.30m

Men Shot Put Senior

Name	Year	School	Finals
1	Spedalieri, Carmine	SFSS-ST. CATHERI	12.96m
2	Collevecchio, Matteo	SFSS-ST. CATHERI	12.07m
3	Lepp, Riley	GSSS-ST. CATHERI	10.72m
4	Izzo, Anthony	BLESSED TRINITY H S	10.47m
5	Geddes, Tanner	CMHS-ST. CATHERI	10.42m
6	Nejman, Daniel	CMHS-ST. CATHERI	9.77m
7	Denbok, Jeremy	GLCHS	9.66m
8	Follick, Dakota	SFSS-ST. CATHERI	9.54m
9	Vandermolen, Dakotah	HCS-JORDAN STATI	9.51m
10	Albanese, Marco	CMHS-ST. CATHERI	9.44m
11	Osinga, Hunter	SWCSS-ST. CATHER	9.42m
12	Gordon, Zac	THOROLD - THOROLD	9.37m

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....Men Shot Put Senior

13 Humaniski, David	THOROLD - THOROLD	9.29m
14 Hallett, Devon	SFSS-ST. CATHERI	9.02m
15 VanKralingen, Nick	THOROLD - THOROLD	9.00m
16 Graf, Nick	LSSS-ST. CATHERI	8.34m
17 Kulilkowski, Ryan	BDSS-BEAMSVILLE	8.10m
18 Emmanuel-Kalu, Mitchell	GLCHS	7.93m

Men Discus Throw Senior

Name	Year School	Finals
1 Collevicchio, Matteo	SFSS-ST. CATHERI	45.15m
2 Humaniski, David	THOROLD - THOROLD	33.88m
3 Wagter, Tyson	SMITHVILLE CHS	33.20m
4 Spedalieri, Carmine	SFSS-ST. CATHERI	33.08m
5 Lapcevich, Cayden	SLHS-SMITHVILLE	32.07m
6 Bovine, Adam	EHS-ST. CATHERIN	30.51m
7 Nejman, Daniel	CMHS-ST. CATHERI	29.79m
8 Marshall, Troy	SLHS-SMITHVILLE	28.56m
9 Jarvis, Harrison	SWCSS-ST. CATHER	27.54m
10 Lepp, Riley	GSSS-ST. CATHERI	27.44m
11 VanKralingen, Nick	THOROLD - THOROLD	25.32m
12 Knizat, Joe	SWCSS-ST. CATHER	24.87m
13 Jones, Joseph	BLESSED TRINITY H S	23.77m
14 Denbok, Jeremy	GLCHS	23.33m
15 Geddes, Tanner	CMHS-ST. CATHERI	22.10m
16 Graf, Nick	LSSS-ST. CATHERI	21.71m
17 Mueller, Mitch	BLESSED TRINITY H S	20.04m
18 Dandato, Tatenda	HCSS-ST. CATHERI	19.49m
19 Harrietha, Zachary	DSBN ACADEMY	18.39m
20 Izzo, Anthony	BLESSED TRINITY H S	18.19m
-- Benjamin, Brandon	SMITHVILLE CHS	FOUL
-- Reil, Will	GRIMSBY - GRIMSBY	FOUL
-- Speller, Brock	SLHS-SMITHVILLE	FOUL
-- Houwer, Sean	SMITHVILLE CHS	FOUL

Men Javelin Throw Senior

Name	Year School	Finals
1 Martens, Jacob	EHS-ST. CATHERIN	43.16m
2 Follick, Dakota	SFSS-ST. CATHERI	39.98m
3 Wagter, Tyson	SMITHVILLE CHS	39.52m
4 Jones, Joseph	BLESSED TRINITY H S	38.25m
5 Lapcevich, Cayden	SLHS-SMITHVILLE	36.81m
6 Beaudouin, Max	SWCSS-ST. CATHER	36.01m
7 Humaniski, David	THOROLD - THOROLD	35.74m
8 Reil, Will	GRIMSBY - GRIMSBY	35.38m
9 Bunton, John	DSBN ACADEMY	34.89m
10 Marshall, Troy	SLHS-SMITHVILLE	34.30m
11 Jarvis, Harrison	SWCSS-ST. CATHER	33.51m
12 Hariri, Mohammad	CMHS-ST. CATHERI	32.43m
13 Hallas, Kameron	BLESSED TRINITY H S	32.01m
14 Izzo, Anthony	BLESSED TRINITY H S	30.90m
15 An, Victor	EHS-ST. CATHERIN	30.34m

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....Men Javelin Throw Senior

16 Houwer, Sean	SMITHVILLE CHS	28.92m
17 Harrietha, Zachary	DSBN ACADEMY	28.33m
18 Knizat, Joe	SWCSS-ST. CATHER	28.11m
19 Albanese, Marco	CMHS-ST. CATHERI	27.36m
20 Andrew, Carter	LSSS-ST. CATHERI	26.42m
21 Graf, Nick	LSSS-ST. CATHERI	24.39m
22 Cruz, Axel	HCSS-ST. CATHERI	24.04m
23 Hallett, Devon	SFSS-ST. CATHERI	23.75m
24 Fecik, Andrew	GLCHS	23.03m
25 Loucks, Fred	SWCSS-ST. CATHER	22.66m
26 Denbok, Jeremy	GLCHS	21.90m
27 Stavinga, Curtis	GLCHS	21.68m
28 Emmanuel-Kalu, Mitchell	GLCHS	20.68m
29 Vanbuuren, Kyle	GRIMSBY - GRIMSBY	14.18m
30 Gamboa, Minor	SFSS-ST. CATHERI	12.96m

Men 2000 Meter Steeplechase Open

Name	Year School	Finals
1 Hassim, Theo	SWCSS-ST. CATHER	6:44.86
2 Bachelor, Owen	SWCSS-ST. CATHER	6:54.27
3 Braun, Jonas	SWCSS-ST. CATHER	6:54.66
4 Sentance, Cal	CMHS-ST. CATHERI	7:24.82
5 McLaughlin, Gavin	EHS-ST. CATHERIN	7:31.57
6 Wood, Josh	DSBN ACADEMY	7:51.77
7 Diep, Kevin	LSSS-ST. CATHERI	7:51.86
8 Voelkner, Nick	SWCSS-ST. CATHER	7:53.89
9 Yoder, Jake	GRIMSBY - GRIMSBY	8:03.55
10 Ricker, Owen	SMITHVILLE CHS	8:04.34
11 Dortono, Matthew	EHS-ST. CATHERIN	8:16.87
12 Alvarez, Patrick	BLESSED TRINITY H S	8:29.41
13 Bell, Eric	BDSS-BEAMSVILLE	8:34.89
14 Graef, Jake	GRIMSBY - GRIMSBY	8:44.14
-- Stearns, Raymond	LSSS-ST. CATHERI	DNF

Men 4x400 Meter Relay Open

School	Finals
1 WINSTON CHURCHILL - ST. CATHER 'A'	3:52.03
2 DENIS MORRIS CATHOLIC HS -ST. 'A'	4:02.14
3 GOVERNOR SIMCOE-ST. CATHERINES 'A'	4:11.38
4 BEAMSVILLE - BEAMSVILLE 'A'	4:16.59

Men 100 Meter Dash I I Intellectually Imp.

Name	Year School	Finals
1 Konkle, Owen	BDSS-BEAMSVILLE	13.07
2 Knechtel, Brian	BDSS-BEAMSVILLE	14.10
3 Kulikowski, Ryan	BDSS-BEAMSVILLE	14.19
4 Birmingham, Tyler	BLESSED TRINITY H S	16.88

2016 NRHSAA PREZONE 4 Meet
Niagara Olympic Club - 2016-05-03
Results

Men 800 Meter Run I I Intellectually Imp.

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Name	Year School	Finals	
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1 Konkle, Owen	BDSS-BEAMSVILLE	2:37.52	
2 Knechtel, Brian	BDSS-BEAMSVILLE	2:51.41	
3 Kulikowski, Ryan	BDSS-BEAMSVILLE	3:18.99	
4 Birmingham, Tyler	BLESSED TRINITY H S	4:41.51	