The District School Board of Niagara (DSBN) supports the use of Applied Behaviour Analysis (ABA) instructional practices to support students with Autism Spectrum Disorder (ASD). The DSBN also recognizes that ABA instructional techniques may also be effective for students with other Special Education needs.

**Applied Behaviour Analysis**

ABA uses methods based on scientific principles of learning and behaviour to build useful repertoires of appropriate behaviour and reduce problematic ones. In this approach the behaviours to be changed are clearly defined for each student and recorded.

Interventions based on behavioural principles are designed to develop appropriate behaviours. Progress is assessed and the program is altered if necessary. ABA can be used with students of any age. It can be applied in a variety of situations and it can be used for limited and specific purposes or for broader purposes to reinforce appropriate behaviour. ABA can be used for students with ASD and it can also be used for students who have varying degrees of intensity of ASD along the learning continuum.